BEFORE THE MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA

In the Matter of the Accusation Against:

Kathy Mirzabozorg Anderson, M.D.

Case No. 800-2019-061581

Physician's and Surgeon's Certificate No. G 78317

Respondent.

DECISION

The attached Stipulated Surrender of License and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on December 31, 2022.

IT IS SO ORDERED September 27, 2022.

MEDICAL BOARD OF CALIFORNIA

William Prasifika Executive Director

1	Rob Bonta	
2	Attorney General of California ALEXANDRA M. ALVAREZ	
3	Supervising Deputy Attorney General ROSEMARY F. LUZON	
4	Deputy Attorney General State Bar No. 221544	
5	600 West Broadway, Suite 1800 San Diego, CA 92101	
6	P.O. Box 85266 San Diego, CA 92186-5266	
7	Telephone: (619) 738-9074 Facsimile: (619) 645-2061	
8	Attorneys for Complainant	
9		
10	BEFORE T MEDICAL BOARD OF	
11	DEPARTMENT OF CON STATE OF CAL	SUMER AFFAIRS
12		
13	In the Matter of the Accusation Against:	Case No. 800-2019-061581
14	KATHY MIRZABOZORG ANDERSON, M.D.	OAH No. 2022020712
15	4545 Orrington Road Corona Del Mar, CA 92625	STIPULATED SURRENDER OF
16	Physician's and Surgeon's Certificate	LICENSE AND DISCIPLINARY ORDER
17	No. G 78317,	ORDER
18	Respondent.	
19		
20	IT IS HEREBY STIPULATED AND AGREEI) by and between the parties to the above-
21	entitled proceedings that the following matters are tru	e:
22	<u>PARTIE</u>	<u>S</u>
23	1. William Prasifka (Complainant) is the Ex	ecutive Director of the Medical Board of
24	California (Board). He brought this action solely in h	is official capacity and is represented in this
25	matter by Rob Bonta, Attorney General of the State o	f California, by Rosemary F. Luzon, Deputy
26	Attorney General.	
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- 2. Kathy Mirzabozorg Anderson, M.D. (Respondent) is represented in this proceeding by attorney Raymond J. McMahon, Esq., whose address is: DOYLE SCHAFER McMAHON, LLP, 5440 Trabuco Road, Irvine, CA 92620.
- 3. On or about February 2, 1994, the Board issued Physician's and Surgeon's Certificate No. G 78317 to Respondent. The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2019-061581, and will expire on February 29, 2024, unless renewed.

JURISDICTION

- 4. On or about January 18, 2022, Accusation No. 800-2019-061581 was filed before the Board, and is currently pending against Respondent. The Accusation and all other statutorily required documents were properly served on Respondent on or about January 18, 2022, at her address of record. Respondent timely filed her Notice of Defense contesting the Accusation.
- 5. A true and correct copy of Accusation No. 800-2019-061581 is attached as Exhibit A and incorporated by reference as if fully set forth herein.

ADVISEMENT AND WAIVERS

- 6. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in Accusation No. 800-2019-061581. Respondent also has carefully read, fully discussed with counsel, and understands the effects of this Stipulated Surrender of License and Order.
- 7. Respondent is fully aware of her legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to confront and cross-examine the witnesses against her; the right to present evidence and to testify on her own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws, having been fully advised of same by her attorney, Raymond J. McMahon, Esq.
- 8. Having the benefit of counsel, Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

CULPABILITY

- 9. Respondent does not contest that, at an administrative hearing, Complainant could establish a *prima facie* case with respect to the charges and allegations in Accusation No. 800-2019-061581, and Respondent hereby gives up her rights to contest those charges. Respondent further agrees that she has thereby subjected her Physician's and Surgeon's Certificate No. G 78317 to disciplinary action. Respondent hereby surrenders her Physician's and Surgeon's Certificate No. G 78317 for the Board's formal acceptance with an agreed upon effective date of December 31, 2022.
- 10. Respondent agrees that her Physician's and Surgeon's Certificate No. G 78317 is subject to discipline and she agrees to be bound the Board's imposition of discipline as set forth in the Discipline Order below.
- 11. Respondent further agrees that if she ever petitions for reinstatement of her Physician's and Surgeon's Certificate No. G 78317, or if an accusation or petition to revoke probation is ever filed against her before the Medical Board of California, all of the charges and allegations contained in Accusation No. 800-2019-061581 shall be deemed true, correct, and fully admitted by Respondent for purposes of any such proceeding or any other licensing proceeding involving Respondent in the State of California or elsewhere.
- 12. Respondent understands that, by signing this stipulation, she enables the Executive Director of the Board to issue an order, on behalf of the Board, accepting the surrender of her Physician's and Surgeon's Certificate No. G 78317 without further notice to, or opportunity to be heard by, Respondent.

CONTINGENCY

13. This stipulation shall be subject to approval by the Medical Board of California. Respondent understands and agrees that counsel for Complainant and the staff of the Medical Board may communicate directly with the Board regarding this stipulation and surrender, without notice to or participation by Respondent or her counsel. By signing the stipulation, Respondent understands and agrees that she may not withdraw her agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation

as its Decision and Order, the Stipulated Surrender and Disciplinary Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.

- 14. This Stipulated Surrender of License and Disciplinary Order is intended by the parties herein to be an integrated writing representing the complete, final, and exclusive embodiment of the agreements of the parties in the above-entitled matter.
- 15. The parties understand and agree that Portable Document Format (PDF) and facsimile copies of this Stipulated Surrender of License and Order, including PDF and facsimile signatures thereto, shall have the same force and effect as the originals.
- 16. In consideration of the foregoing admissions and stipulations, the parties agree that the Board may, without further notice or opportunity to be heard by the Respondent, issue and enter the following Disciplinary Order:

DISCIPLINARY ORDER

IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. G 78317, issued to Respondent Kathy Mirzabozorg Anderson, M.D., is surrendered effective December 31, 2022, and accepted by the Medical Board of California.

- 1. The surrender of Respondent's Physician's and Surgeon's Certificate No. G 78317 and the acceptance of the surrendered license by the Medical Board shall constitute the imposition of discipline against Respondent. This stipulation constitutes a record of the discipline and shall become a part of Respondent's license history with the Medical Board of California.
- 2. Respondent shall lose all rights and privileges as a Physician and Surgeon in California as of the effective date of the Medical Board's Decision and Order.
- 3. Respondent shall cause to be delivered to the Medical Board her pocket license and, if one was issued, her wall certificate on or before the effective date of the Medical Board's Decision and Order.
- 4. If Respondent ever files an application for licensure or a petition for reinstatement in the State of California, the Medical Board shall treat it as a petition for reinstatement.

 Respondent must comply with all the laws, regulations, and procedures for reinstatement of a

revoked or surrendered license in effect at the time the petition is filed, and all of the charges and allegations contained in Accusation No. 800-2019-061581 shall be deemed to be true, correct, and admitted by Respondent when the Board determines whether to grant or deny the petition.

- 5. Respondent shall pay the Medical Board a portion of its costs of investigation and enforcement in this matter in the amount of \$15,748.75 (fifteen thousand seven hundred forty-eight dollars and seventy-five cents) prior to issuance of a new or reinstated license.
- 6. If Respondent should ever apply or reapply for a new license or certification, or petition for reinstatement of a license, by any other health care licensing agency in the State of California, all of the charges and allegations contained in Accusation No. 800-2019-061581 shall be deemed to be true, correct, and admitted by Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or restrict licensure.

ACCEPTANCE

I have carefully read the above Stipulated Surrender of License and Disciplinary Order and have fully discussed it with my attorney, Raymond J. McMahon, Esq. I understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate No. G 78317. I enter into this Stipulated Surrender of License and Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order of the Medical Board of California.

DATED: 8-25-22

KATHY MIRZABOZORG ANDERSON, M.D. Respondent

I have read and fully discussed with Respondent Kathy Mirzabozorg Anderson, M.D., the terms and conditions and other matters contained in this Stipulated Surrender of License and Disciplinary Order. Lapprove its form and content.

DATED: August 25, 2022

RAYMOND & MCMAHON, ESQ. Attorney for Respondent

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ENDORSEMENT The foregoing Stipulated Surrender of License and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California of the Department of Consumer Affairs. DATED: 8/25/22 Respectfully submitted, ROB BONTA Attorney General of California ALEXANDRA M. ALVAREZ Supervising Deputy Attorney General ROSEMARY F. LUZON Deputy Attorney General Attorneys for Complainant SD2021802148 83571814.docx

Exhibit A

Accusation No. 800-2019-061581

1	ROB BONTA	
2	Attorney General of California ALEXANDRA M. ALVAREZ	
3	Supervising Deputy Attorney General ROSEMARY F. LUZON	
4	Deputy Attorney General State Bar No. 221544	
5	600 West Broadway, Suite 1800 San Diego, CA 92101	
6	P.O. Box 85266 San Diego, CA 92186-5266	
7	Telephone: (619) 738-9074 Facsimile: (619) 645-2061	•
8	Attorneys for Complainant	
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10	BEFORE T MEDICAL BOARD OF	
11	DEPARTMENT OF CON- STATE OF CAL	
12		
13	In the Matter of the Accusation Against:	Case No. 800-2019-061581
14	KATHY MIRZABOZORG ANDERSON, M.D.	ACCUSATION
15	4545 Orrington Road Corona Del Mar, CA 92625	
16	Physician's and Surgeon's Certificate	
17	No. G 78317,	
18	Respondent.	
19		•
20	PARTIE	_
21		is Accusation solely in his official capacity
22	as the Executive Director of the Medical Board of Ca	lifornia, Department of Consumer Affairs
23	(Board).	
24	2. On or about February 2, 1994, the Board	issued Physician's and Surgeon's Certificate
25	No. G 78317 to Kathy Mirzabozorg Anderson, M.D.	(Respondent). The Physician's and
26	Surgeon's Certificate was in full force and effect at al	l times relevant to the charges brought
27	herein and will expire on February 29, 2024, unless re	enewed.
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JURISDICTION

- 3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.
 - 4. Section 2220 of the Code states:

Except as otherwise provided by law, the board may take action against all persons guilty of violating this chapter. . .

- 5. Section 2227 of the Code states:
- (a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:
 - (1) Have his or her license revoked upon order of the board.
- (2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.
- (3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.
- (4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.
- (5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.

6. Section 2234 of the Code states:

. . .

The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

- (b) Gross negligence.
- (c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or omissions. An initial negligent act or omission followed by a separate and distinct departure from the applicable standard of care shall constitute repeated negligent acts.

- (1) An initial negligent diagnosis followed by an act or omission medically appropriate for that negligent diagnosis of the patient shall constitute a single negligent act.
- (2) When the standard of care requires a change in the diagnosis, act, or omission that constitutes the negligent act described in paragraph (1), including, but not limited to, a reevaluation of the diagnosis or a change in treatment, and the licensee's conduct departs from the applicable standard of care, each departure constitutes a separate and distinct breach of the standard of care.

7. Section 2238 of the Code states:

A violation of any federal statute or federal regulation or any of the statutes or regulations of this state regulating dangerous drugs or controlled substances constitutes unprofessional conduct.

8. Section 2242 of the Code states:

- (a) Prescribing, dispensing, or furnishing dangerous drugs as defined in Section 4022 without an appropriate prior examination and a medical indication, constitutes unprofessional conduct. An appropriate prior examination does not require a synchronous interaction between the patient and the licensee and can be achieved through the use of telehealth, including, but not limited to, a self-screening tool or a questionnaire, provided that the licensee complies with the appropriate standard of care.
- (b) No licensee shall be found to have committed unprofessional conduct within the meaning of this section if, at the time the drugs were prescribed, dispensed, or furnished, any of the following applies:
- (1) The licensee was a designated physician and surgeon or podiatrist serving in the absence of the patient's physician and surgeon or podiatrist, as the case may be, and if the drugs were prescribed, dispensed, or furnished only as necessary to maintain the patient until the return of the patient's practitioner, but in any case no longer than 72 hours.
- (2) The licensee transmitted the order for the drugs to a registered nurse or to a licensed vocational nurse in an inpatient facility, and if both of the following conditions exist:
- (A) The practitioner had consulted with the registered nurse or licensed vocational nurse who had reviewed the patient's records.
- (B) The practitioner was designated as the practitioner to serve in the absence of the patient's physician and surgeon or podiatrist, as the case may be.
- (3) The licensee was a designated practitioner serving in the absence of the patient's physician and surgeon or podiatrist, as the case may be, and was in possession of or had utilized the patient's records and ordered the renewal of a medically indicated prescription for an amount not exceeding the original prescription in strength or amount or for more than one refill.

(4) The licensee was acting in accordance with Section 120582 of the Health and Safety Code.

9. Health and Safety Code section 11152 states:

No person shall write, issue, fill, compound, or dispense a prescription that does not conform to this division.

10. Health and Safety Code section 11153 states:

(a) A prescription for a controlled substance shall only be issued for a legitimate medical purpose by an individual practitioner acting in the usual course of his or her professional practice. The responsibility for the proper prescribing and dispensing of controlled substances is upon the prescribing practitioner, but a corresponding responsibility rests with the pharmacist who fills the prescription. Except as authorized by this division, the following are not legal prescriptions: (1) an order purporting to be a prescription which is issued not in the usual course of professional treatment or in legitimate and authorized research; or (2) an order for an addict or habitual user of controlled substances, which is issued not in the course of professional treatment or as part of an authorized narcotic treatment program, for the purpose of providing the user with controlled substances, sufficient to keep him or her comfortable by maintaining customary use.

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11. Health and Safety Code section 11154 states:

(a) Except in the regular practice of his or her profession, no person shall knowingly prescribe, administer, dispense, or furnish a controlled substance to or for any person or animal which is not under his or her treatment for a pathology or condition other than addiction to a controlled substance, except as provided in this division.

. .

12. Section 2266 of the Code states:

The failure of a physician and surgeon to maintain adequate and accurate records relating to the provision of services to their patients constitutes unprofessional conduct.

13. Unprofessional conduct under section 2234 of the Code is conduct which breaches the rules or ethical code of the medical profession, or conduct which is unbecoming a member in good standing of the medical profession, and which demonstrates an unfitness to practice medicine. (Shea v. Board of Medical Examiners (1978) 81 Cal.App.3d 564, 575.)

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14. Section 125.3 of the Code provides, in pertinent part, that the Board may request the administrative law judge to direct a licensee found to have committed a violation or violations of the licensing act to pay a sum not to exceed the reasonable costs of the investigation and enforcement of the case, with failure of the licensee to comply subjecting the license to not being renewed or reinstated. If a case settles, recovery of investigation and enforcement costs may be included in a stipulated settlement.

15. Section 125.3 of the Code states:

- (a) Except as otherwise provided by law, in any order issued in resolution of a disciplinary proceeding before any board within the department or before the Osteopathic Medical Board, upon request of the entity bringing the proceeding, the administrative law judge may direct a licensee found to have committed a violation or violations of the licensing act to pay a sum not to exceed the reasonable costs of the investigation and enforcement of the case.
- (b) In the case of a disciplined licensee that is a corporation or a partnership, the order may be made against the licensed corporate entity or licensed partnership.
- (c) A certified copy of the actual costs, or a good faith estimate of costs where actual costs are not available, signed by the entity bringing the proceeding or its designated representative shall be prima facie evidence of reasonable costs of investigation and prosecution of the case. The costs shall include the amount of investigative and enforcement costs up to the date of the hearing, including, but not limited to, charges imposed by the Attorney General.
- (d) The administrative law judge shall make a proposed finding of the amount of reasonable costs of investigation and prosecution of the case when requested pursuant to subdivision (a). The finding of the administrative law judge with regard to costs shall not be reviewable by the board to increase the cost award. The board may reduce or eliminate the cost award, or remand to the administrative law judge if the proposed decision fails to make a finding on costs requested pursuant to subdivision (a).
- (e) If an order for recovery of costs is made and timely payment is not made as directed in the board's decision, the board may enforce the order for repayment in any appropriate court. This right of enforcement shall be in addition to any other rights the board may have as to any licensee to pay costs.
- (f) In any action for recovery of costs, proof of the board's decision shall be conclusive proof of the validity of the order of payment and the terms for payment.
- (g) (1) Except as provided in paragraph (2), the board shall not renew or reinstate the license of any licensee who has failed to pay all of the costs ordered under this section.
- (2) Notwithstanding paragraph (1), the board may, in its discretion, conditionally renew or reinstate for a maximum of one year the license of any

Respondent's Use of Shared Prescription Pads

- 20. At all times relevant to the allegations and charges herein, Respondent shared an office with two other doctors, Dr. A.M. and Dr. N.F., who are also her parents. Dr. A.M. is a family practitioner and Dr. N.F. is a gynecologist.
- 21. Respondent used the same prescription pads as Dr. A.M. and Dr. N.F. when writing prescriptions for her patients. In Patient A's case, Respondent wrote and signed off on multiple prescriptions for various medications using the prescription pads she shared with Dr. A.M. and Dr. N.F. For example:

Prescription Date	Prescription No.	Drug Name	Prescription Written & Signed By	Prescription Attributed To
10-14-2016	200430	Oxycodone- Acetaminophen ² 325 mg - 5 mg	Respondent	Dr. A.M.
11-22-2016	200551	Oxycodone HCL 5 mg	Respondent	Dr. A.M.
1-23-2017	200738	Oxycodone- Acetaminophen 325 mg - 5 mg	Respondent	Dr. A.M.
2-22-2017	604837	Paroxetine HCL ³ 10 mg	Respondent	Dr. A.M.
3-9-2017	605181	Venlafaxine HCL ER ⁴ 37.5 mg	Respondent	Dr. A.M.
3-9-2017	605182	Tamsulosin HCL ⁵ 0.4 mg	Respondent	Dr. A.M.
5-31-2017	607037	Hydrochlorothiazide ⁶ 12.5 mg	Respondent	Dr. A.M.

² Oxycodone-acetaminophen (Percocet) is a combination medication used to relieve moderate to severe pain. Oxycodone is a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (b), and a dangerous drug pursuant to Business and Professions Code section 4022.

³ Paroxetine (Paxil) is used to treat depression, panic attacks, obsessive-compulsive disorder, anxiety disorders, and post-traumatic stress disorder.

⁴ Venlafaxine (Effexor) is used to treat depression. It is also used to treat general anxiety disorder, social anxiety disorder, and panic disorder.

⁵ Tamsulosin is used in men to treat the symptoms of an enlarged prostate, including difficulty urinating, painful urination, and urinary frequency and urgency.

⁶ Hydrochlorothiazide is used to treat high blood pressure as well as swelling caused by heart failure, liver damage, and certain medications.

Prescription Date	Prescription No.	Drug Name	Prescription Written & Signed By	Prescription Attributed To	
5-31-2017	607038	Fluticasone propionate nasal spray ⁷ 50 mcg	Respondent	Dr. A.M.	
7-31-2017	608371	Fluticasone propionate nasal spray 50 mcg	Respondent	Dr. N.F.	
7-31-2017	608373	Dexamethasone ⁸ 4 mg/ml	Respondent	Dr. N.F.	
7-31-2017	608372	Clobetasol ⁹ 0.05%	Respondent	Dr. N.F.	
3-14-2018	202903	Hydrocodone- Acetaminophen ¹⁰ 325 mg - 5 mg	Respondent	Dr. A.M.	

22. Although Respondent wrote and signed these prescriptions for Patient A, the prescriptions were incorrectly attributed to Dr. A.M. or Dr. N.F., not Respondent.

Respondent's Care and Treatment of Patient A

23. Respondent treated Patient A for multiple medical issues between in or about 2009 and 2019. Between in or about November 2015 and January 2019, Patient A received the following controlled substances, which Respondent prescribed:

Date Filled	Drug Name	Form	Strength	Quantity	Days Supplied	Refills
11-29-2015	Hydrocodone Bitartrate- Acetaminophen	TAB	300 mg -7.5 mg	40	5	0
5-15-2016	Hydrocodone Bitartrate- Acetaminophen	TAB	300 mg-5 mg	30	4	0

⁷ Fluticasone propionate is a corticosteroid used to relieve seasonal and year-round allergic and non-allergic nasal symptoms.

⁸ Dexamethasone is a corticosteroid used to relieve inflammation and treat certain forms of arthritis, asthma, and skin, blood, kidney, eye, thyroid, and intestinal disorders.

⁹ Clobetasol is a corticosteroid used to relieve redness, itching, swelling, or other discomfort caused by certain skin conditions.

¹⁰ Hydrocodone-acetaminophen (Norco, Vicodin) is a combination medication used to relieve moderate to severe pain. Hydrocodone is a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (b), and a dangerous drug pursuant to Business and Professions Code section 4022.

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Date Filled	Drug Name	Form	Strength	Quantity	Days Supplied	Refills
6-16-2016	Oxycodone HCL- Acetaminophen	TAB	325 mg-5 mg	40	5	0
7-6-2016	Oxycodone HCL- Acetaminophen	TAB	325 mg-5 mg	40	5	0
7-26-2016	Oxycodone HCL- Acetaminophen	TAB	325 mg-5 mg	60	5	0
2-11-2017	Alprazolam 11	TAB	1 mg	30	8	0
2-28-2017	Alprazolam	TAB	1 mg	30	8	1
3-15-2017	Alprazolam	TAB	1 mg	30	8	$-{2}$
4-3-2017	Alprazolam	TAB	1 mg	40	20	0
4-3-2017	Oxycodone HCL- Acetaminophen	TAB	325 mg-5 mg	40	4	0
4-29-2017	Alprazolam	TAB	1 mg	40	20	1.
5-22-2017	Alprazolam	TAB	1 mg	40	20	2
6-26-2017	Alprazolam	TAB	1 mg	40	20	3
9-2-2017	Lorazepam 12	TAB	1 mg	50	12	0
9-9-2017	Alprazolam	TAB	1 mg	40	20	0
11-3-2017	Hydrocodone Bitartrate- Acetaminophen	TAB	300 mg-5 mg	40	5	0
12-18-2017	Alprazolam	TAB	1 mg	40	13	0
4-14-2018	Acetaminophen- Hydrocodone Bitartrate	TAB	325 mg-5 mg	40	4	0
1-22-2019	Alprazolam	TAB	2 mg	30	30	0

24. According to Respondent, as of on or about October 28, 2015, Respondent was concerned about Patient A's use of pain medications and believed he was developing a tolerance to them. Nevertheless, Respondent continued to prescribe pain medications to Patient A.

Alprazolam (Xanax) is a benzodiazepine used to treat anxiety and panic disorder. Alprazolam is a Schedule IV controlled substance pursuant to Health and Safety Code section 11057, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section 4022.

¹² Lorazepam is a benzodiazepine used to treat anxiety. Lorazepam is a Schedule IV controlled substance pursuant to Health and Safety Code section 11057, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section 4022.

25. During this timeframe, Patient A also continuously received controlled substances prescriptions for hydrocodone bitartrate-acetaminophen, oxycodone HCL-acetaminophen, alprazolam, phentermine HCL, ¹³ and Qsymia (phentermine-topiramate), with the prescribing physician identified as Dr. A.M. For an alprazolam prescription filled by Patient A on or about September 11, 2017, however, Respondent wrote and signed the prescription, not Dr. A.M.

26. In addition to controlled substances, Respondent regularly prescribed antidepressant medications to Patient A as follows:

Date Filled	Drug Name	Form	Strength	Quantity
12-27-2016	Bupropion HCL XL ¹⁴	TAB	150 mg	30
1-21-2017	Bupropion HCL XL	TAB	150 mg	30
2-15-2017	Bupropion HCL XL	TAB	150 mg	30
3-15-2017	Bupropion HCL XL	TAB	150 mg	30
4-25-2017	Bupropion HCL XL	TAB	150 mg	30
5-22-2017	Bupropion HCL XL	TAB	150 mg	30
6-26-2017	Bupropion HCL XL	TAB	150 mg	30
8-25-2017	Bupropion HCL XL	TAB	150 mg	30
6-27-2018	Bupropion HCL XL	TAB	150 mg	30
8-7-2018	Bupropion HCL XL	ТАВ	150 mg	30
9-17-2018	Bupropion HCL XL	TAB	150 mg	30
10-22-2018	Bupropion HCL XL	TAB	150 mg	30

27. Lastly, Respondent prescribed additional medications to Patient A for depression and anxiety, hypertension, diabetes, and other medical issues. For example:

Date Filled	Drug Name
2-22-2017	Paroxetine HCL 10 mg
3-9-2017	Venlafaxine HCL ER 37.5 mg
3-9-2017	Tamsulosin HCL 0.4 mg
5-31-2017	Hydrochlorothiazide 12,5 mg

¹³ Phentermine is amphetamine-like prescription medication used to suppress appetite and promote weight loss. It is a Schedule IV controlled substance pursuant to Health and Safety Code section 11057, subdivision (f), and a dangerous drug pursuant to Business and Professions Code section 4022.

¹⁴ Bupropion is an antidepressant medication used to treat major depressive disorder and seasonal affective disorder.

Date Filled	Drug Name
5-31-2017	Fluticasone propionate nasal spray 50 mcg
7-31-2017	Fluticasone propionate nasal spray 50 mcg
7-31-2017	Dexamethasone 4 mg/ml
7-31-2017	Clobetasol 0.05%
2-20-2018	Trulicity ¹⁵ 0.75 mg/0.5 ml
4-2-2018	Trulicity 0.75 mg/0.5 ml
4-9-2018	Trulicity 0.75 mg/0.5 ml
5-7-2018	Trulicity 0.75 mg/0.5 ml
6-27-2018	Ciprofloxacin HCL ¹⁶ 500 mg

- 28. Despite already receiving contemporaneous prescriptions for paroxetine and venlafaxine in February 2017 and March 2017, respectively, Patient A was also prescribed a third similar antidepressant medication, sertraline, ¹⁷ on or about February 28, 2017, without any documentation of the rationale for the prescriptions, their concurrent usage, or the close timing of the prescriptions to each other.
- 29. Notwithstanding Respondent's continuous prescribing of multiple controlled substances and other medications to Patient A during the period of 2015 to 2019, Respondent failed to perform formal evaluations and follow-ups of Patient A, refer him to appropriate specialists, monitor and manage his medications, obtain informed consent, or properly document the care and treatment she provided to him.
- 30. Respondent's medical chart for Patient A contained progress notes for encounters occurring on or about October 28, 2015, November 28, 2015, January 18, 2016, May 14, 2016, June 15, 2016, July 5, 2016, August 25, 2016, September 22, 2016, October 14, 2016, December 16, 2016, January 24, 2017, March 30, 2017, November 3, 2017, January 18, 2018, January 25, 2018, March 1, 2018, and April 12, 2018, respectively.

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¹⁵ Trulicity is a diabetes medication for adults with type 2 diabetes.

¹⁶ Ciprofloxacin is an antibiotic used to treat bacterial infections.

¹⁷ Sertraline (Zoloft) is used to treat depression, panic attacks, obsessive compulsive disorder, post-traumatic stress disorder, social anxiety disorder, and premenstrual dysphoric disorder.

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- 31. With the exception of the visit that took place on or about January 25, 2018, Respondent's progress notes were handwritten on a template document entitled, "Gynecology Flow Record," the vast majority of which included sparse details regarding her encounters with Patient A. One such document, for example, contained Respondent's handwritten entries for 11 separate encounters with Patient A occurring between in or about October 2015 and January 2017. During the encounters, Respondent prescribed narcotics to him, including Vicodin, Norco, or Percocet. At most, Respondent's notations included the name of the narcotic prescribed, the quantity, and a brief reference to Patient A's back pain, kidney stones, or other issues raised by the patient. Respondent failed to have, *inter alia*, assessments and documentation of Patient A's complaints, objective findings, diagnoses and impressions, a treatment plan, a medication list with corresponding justifications, evaluations, and documentation of the medications prescribed, a plan for follow-up care, or assessments and documentation of Patient A's chronic medical conditions.
- 32. On or about January 25, 2018, Patient A saw Respondent to formally establish care for his regenerative needs. During this visit, extensive laboratory tests were ordered and the results were provided to Respondent on or about February 6, 2018. Respondent failed to document any interpretation or follow-up of the lab results.
- 33. Respondent's medical chart for Patient A also contained notes relating to a minor, inoffice surgical procedure that took place on or about July 11, 2016, as well as visits for laser
 procedures occurring on or about October 27, 2016, December 5, 2016, and May 3, 2017,
 respectively. Respondent's chart failed to include any informed consent from Patient A for these
 procedures. Respondent's notes also failed to include a preoperative history and physical or a
 postoperative plan for follow-up care.

34. Respondent committed gross negligence in her care and treatment of Patient A, which included, but was not limited to the following:

A. Respondent prescribed narcotic medications to Patient A on a regular basis between 2015 and 2019, without proper evaluations, referrals to appropriate specialists to address chronic medical conditions, proper documentation, or close monitoring;

- B. Respondent failed to document her care and treatment of Patient A, including patient encounters, prescribed medications, surgical procedures, laboratory tests, and the status and management of chronic medical conditions;
- C. Respondent treated Patient A, a relative, on a non-emergent basis over a prolonged period of time, during which Respondent prescribed multiple medications to Patient A without proper evaluations, justifications for use, follow-up, assessment and mitigation of risks, informed consent, referrals to appropriate specialists, or documentation of the plan of treatment and its implementation; and
- D. Respondent concurrently prescribed multiple medications to Patient A, for a variety of medical conditions, including, *inter alia*, narcotics, benzodiazepines, antidepressants, diabetes medications, anti-hypertension medications, and steroids, without appropriate documentation, assessment, monitoring of the medications, or avoidance of interactions of the medications.

Respondent's Care and Treatment of Patient B

35. Between on or about September 8, 2017, and February 4, 2019, Patient B received the following controlled substances, which Respondent prescribed:

Date Filled	Drug Name	Form	Strength	Quantity	Days Supplied
9-8-2017	Vyvanse ¹⁸	CAP	30 mg	30	30
10-7-2017	Vyvanse	CAP	30 mg	90	90
1-10-2018	Vyvanse	CAP	60 mg	90	90

¹⁸ Vyvanse (lisdexamfetamine) is a stimulant medication used to treat ADHD. Vyvanse is a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section 4022.

Date Filled	Drug Name	Form	Strength	Quantity	Days Supplied
7-20-2018	Vyvanse	CAP	60 mg	90	90
10-19-2018	Vyvanse	CAP	60 mg	90	90
2-4-2019	Vyvanse	CAP	60 mg	90	90

- 36. Patient B filled the prescriptions at multiple pharmacies located outside of Southern California, including three different Kaiser pharmacies and one Costco pharmacy.
- 37. According to Respondent, Patient B was not an "official" patient of hers. Respondent initially prescribed Vyvanse to Patient B for his depression and ADHD following the sudden passing of a family member. Respondent continued to prescribe Vyvanse to Patient B on a regular basis thereafter, until in or about February 2019.
- 38. Notwithstanding these prescriptions, Respondent had no medical chart for Patient B. Respondent never formally examined or evaluated Patient B, reviewed his medical history, or made objective findings or diagnoses. Respondent never ordered testing or other follow-up for Patient B, developed a treatment plan, provided a psychiatrist referral, or obtained informed consent from him. Respondent never documented any aspect of the care and treatment she provided to Patient B.
- 39. Respondent committed gross negligence in her care and treatment of Patient B, which included, but was not limited to the following:
 - A. Respondent repeatedly prescribed a controlled substance, Vyvanse, to Patient B without any documentation.

SECOND CAUSE FOR DISCIPLINE

(Repeated Negligent Acts)

- 40. Respondent has subjected her Physician's and Surgeon's Certificate No. G 78317 to disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (c), of the Code, in that she committed repeated negligent acts in her care and treatment of Patient A and Patient B, as more particularly alleged hereinafter:
- 41. Paragraphs 17 through 39, above, are hereby incorporated by reference and re-alleged as if fully set forth herein.

- 42. Respondent committed repeated negligent acts in her care and treatment of Patient A, which included, but were not limited to, the following:
 - A. Respondent wrote and signed a prescription for oxycodone-acetaminophen dated on or about October 14, 2016, using a shared prescription pad, which resulted in the prescription being incorrectly attributed to Dr. A.M.;
 - B. Respondent wrote and signed a prescription for oxycodone-acetaminophen dated on or about November 22, 2016, using a shared prescription pad, which resulted in the prescription being incorrectly attributed to Dr. A.M.;
 - C. Respondent wrote and signed a prescription for oxycodoneacetaminophen dated on or about January 23, 2017, using a shared prescription pad, which resulted in the prescription being incorrectly attributed to Dr. A.M.;
 - D. Respondent wrote and signed a prescription for paroxetine dated on or about February 22, 2017, using a shared prescription pad, which resulted in the prescription being incorrectly attributed to Dr. A.M.;
 - E. Respondent wrote and signed a prescription for venlafaxine dated on or about March 9, 2017, using a shared prescription pad, which resulted in the prescription being incorrectly attributed to Dr. A.M.;
 - F. Respondent wrote and signed a prescription for tamsulosin dated on or about March 9, 2017, using a shared prescription pad, which resulted in the prescription being incorrectly attributed to Dr. A.M.;
 - G. Respondent wrote and signed a prescription for hydrochlorothiazide dated on or about May 31, 2017, using a shared prescription pad, which resulted in the prescription being incorrectly attributed to Dr. A.M.;
 - H. Respondent wrote and signed a prescription for fluticasone propionate dated on or about May 31, 2017, using a shared prescription pad, which resulted in the prescription being incorrectly attributed to Dr. A.M.;

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THIRD CAUSE FOR DISCIPLINE

(Prescribing Without Prior Examination and Medical Indication)

44. Respondent has subjected her Physician's and Surgeon's Certificate No. G 78317 to disciplinary action under sections 2227 and 2234, as defined by section 2242, subdivision (a), of the Code, in that she prescribed, dispensed, or furnished dangerous drugs, as defined in section 4022, to Patient A and Patient B without an appropriate prior examination and a medical indication, as more particularly alleged in paragraphs 17 through 43, above, which are hereby incorporated by reference and re-alleged as if fully set forth herein.

FOURTH CAUSE FOR DISCIPLINE

(Violation of State Laws Regulating Dangerous Drugs and/or Controlled Substances)

- 45. Respondent has subjected her Physician's and Surgeon's Certificate No. G 78317 to disciplinary action under sections 2227 and 2234, as defined by section 2238, of the Code, in that she violated a state law or laws regulating dangerous drugs and/or controlled substances, as more particularly alleged hereinafter:
 - A. Paragraphs 17 through 44, above, are hereby incorporated by reference and re-alleged as if fully set forth herein.
 - B. Respondent issued prescriptions to Patient A and Patient B for controlled substances outside the usual course of her professional practice, in violation of Health and Safety Code sections 11152 and 11153.
 - C. Respondent issued prescriptions to Patient A and Patient B for controlled substances, even though Patient A and Patient B were not under her treatment for a pathology or condition, in violation of Health and Safety Code sections 11152 and 11154.
 - D. Respondent issued prescriptions to Patient A and Patient B for dangerous drugs without an appropriate prior examination and a medical indication, in violation of section 2242, subdivision (a), of the Code.

FIFTH CAUSE FOR DISCIPLINE

(Failure to Maintain Adequate and Accurate Records)

46. Respondent has subjected her Physician's and Surgeon's Certificate No. G 78317 to disciplinary action under sections 2227 and 2234, as defined by section 2266, of the Code, in that she failed to maintain adequate and accurate records regarding her care and treatment of Patient A and Patient B, as more particularly alleged in paragraphs 17 through 43, above, which are hereby incorporated by reference and re-alleged as if fully set forth herein.

SIXTH CAUSE FOR DISCIPLINE

(General Unprofessional Conduct)

47. Respondent has subjected her Physician's and Surgeon's Certificate No. G 78317 to disciplinary action under sections 2227 and 2234 of the Code, in that she has engaged in conduct which breaches the rules or ethical code of the medical profession, or conduct which is unbecoming to a member in good standing of the medical profession, and which demonstrates an unfitness to practice medicine, as more particularly alleged in paragraphs 17 through 46, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

PRAYER

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

- 1. Revoking or suspending Physician's and Surgeon's Certificate No. G 78317, issued to Respondent Kathy Mirzabozorg Anderson, M.D.;
- 2. Revoking, suspending or denying approval of Respondent Kathy Mirzabozorg Anderson, M.D.'s authority to supervise physician assistants, pursuant to section 3527 of the Code, and advanced practice nurses;
- 3. Ordering Respondent Kathy Mirzabozorg Anderson, M.D., to pay the Board the costs of the investigation and enforcement of this case, and if placed on probation, the costs of probation monitoring; and

· 1	4. Taking such other and fu	orther action as deemed necessary and proper.
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3	DATED: JAN 1 8 2022	Milleurs
4		WILLIAM PRASIFKA Executive Director
5		Medical Board of California Department of Consumer Affairs
6		Executive Director Medical Board of California Department of Consumer Affairs State of California Complainant
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