

**BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA**

**In the Matter of the Accusation  
Against:**

**Kenneth Carl Russ, M.D.**

**Physician's & Surgeon's  
Certificate No A48224**

**Respondent**

**Case No. 800-2018-046138**

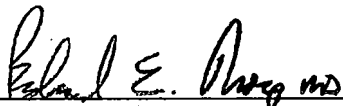
**DECISION**

**The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.**

**This Decision shall become effective at 5:00 p.m. on March 26, 2021.**

**IT IS SO ORDERED February 25, 2021**

**MEDICAL BOARD OF CALIFORNIA**

By:   
\_\_\_\_\_  
**Richard E. Thorp, M.D., Chair  
Panel B**

1 XAVIER BECERRA  
Attorney General of California  
2 MATTHEW M. DAVIS  
Supervising Deputy Attorney General  
3 GIOVANNI F. MEJIA  
Deputy Attorney General  
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8 *Attorneys for Complainant*

9  
10 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
11 **DEPARTMENT OF CONSUMER AFFAIRS**  
12 **STATE OF CALIFORNIA**

13 In the Matter of the Accusation Against:

Case No. 800-2018-046138

14 **KENNETH CARL RUSS, M.D.**  
490 South Farrell Drive, Suite C 106  
15 Palm Springs, CA 92262

OAH No. 2020070548

16 **Physician's and Surgeon's Certificate**  
No. A 48224,

**STIPULATED SETTLEMENT AND  
DISCIPLINARY ORDER**

17  
18 Respondent.

19 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-  
20 entitled proceedings that the following matters are true:

21 **PARTIES**

22 1. William Prasifka (Complainant) is the Executive Director of the Medical Board of  
23 California (Board). This action was previously brought by Christine J. Lally solely in her prior  
24 official capacity as Interim Executive Director of the Board. Complainant is represented in this  
25 matter by Xavier Becerra, Attorney General of the State of California, by Giovanni F. Mejia,  
26 Deputy Attorney General.

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2. Respondent Kenneth Carl Russ, M.D. (Respondent) is represented in this proceeding by attorneys Dennis K. Ames, Esq. and Poge Henderson, Esq., whose address is: La Follette, Johnson, DeHaas, Fesler & Ames, 2677 North Main Street, Suite 901, Santa Ana, CA 92705.

3. On or about April 30, 1990, the Board issued Physician's and Surgeon's Certificate No. A 48224 to Respondent. The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2018-046138, and will expire on March 31, 2022, unless renewed.

## JURISDICTION

4. Accusation No. 800-2018-046138 was filed before the Board, and is currently pending against Respondent. The Accusation and all other statutorily required documents were properly served on Respondent on March 23, 2020. Respondent timely filed his Notice of Defense contesting the Accusation.

5. A copy of Accusation No. 800-2018-046138 is attached as exhibit A and incorporated herein by reference.

## ADVISEMENT AND WAIVERS

6. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in Accusation No. 800-2018-046138. Respondent has also carefully read, fully discussed with his counsel, and understands the effects of this Stipulated Settlement and Disciplinary Order.

7. Respondent is fully aware of his legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to confront and cross-examine the witnesses against him; the right to present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.

8. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

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1 CULPABILITY

2 9. Respondent agrees that, at an administrative hearing, Complainant could establish a  
3 prima facie case with respect to the charges and allegations in Accusation No. 800-2018-046138,  
4 and Respondent hereby gives up his right to contest those charges.

5 10. Respondent agrees that if an accusation and/or petition to revoke probation is filed  
6 against him before the Board, or, if he ever petitions for early termination or modification of any  
7 term or condition of probation, all of the charges and allegations contained in Accusation  
8 No. 800-2018-046138 shall be deemed true, correct and fully admitted by Respondent for  
9 purposes of any such proceeding or any other licensing proceeding involving Respondent in the  
10 State of California.

11 11. Respondent agrees that his Physician's and Surgeon's Certificate is subject to  
12 discipline and to be bound by the Disciplinary Order below, and that failure to comply with the  
13 Disciplinary Order shall constitute unprofessional conduct and grounds for further disciplinary  
14 action.

15 CONTINGENCY

16 12. This stipulation shall be subject to approval by the Medical Board of California.  
17 Respondent understands and agrees that counsel for Complainant and the staff of the Medical  
18 Board of California may communicate directly with the Board regarding this stipulation and  
19 settlement, without notice to or participation by Respondent or his counsel. By signing the  
20 stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek  
21 to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails  
22 to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary  
23 Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal  
24 action between the parties, and the Board shall not be disqualified from further action by having  
25 considered this matter.

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1 A prescribing practices course taken after the acts that gave rise to the charges in the  
2 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board  
3 or its designee, be accepted towards the fulfillment of this condition if the course would have  
4 been approved by the Board or its designee had the course been taken after the effective date of  
5 this Decision.

6 Respondent shall submit a certification of successful completion to the Board or its  
7 designee not later than 15 calendar days after successfully completing the course, or not later than  
8 15 calendar days after the effective date of the Decision, whichever is later.

9 3. MEDICAL RECORD KEEPING COURSE. Within 60 calendar days of the effective  
10 date of this Decision, Respondent shall enroll in a course in medical record keeping approved in  
11 advance by the Board or its designee. Respondent shall provide the approved course provider  
12 with any information and documents that the approved course provider may deem pertinent.  
13 Respondent shall participate in and successfully complete the classroom component of the course  
14 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully  
15 complete any other component of the course within one (1) year of enrollment. The medical  
16 record keeping course shall be at Respondent's expense and shall be in addition to the Continuing  
17 Medical Education (CME) requirements for renewal of licensure.

18 A medical record keeping course taken after the acts that gave rise to the charges in the  
19 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board  
20 or its designee, be accepted towards the fulfillment of this condition if the course would have  
21 been approved by the Board or its designee had the course been taken after the effective date of  
22 this Decision.

23 Respondent shall submit a certification of successful completion to the Board or its  
24 designee not later than 15 calendar days after successfully completing the course, or not later than  
25 15 calendar days after the effective date of the Decision, whichever is later.

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1 ACCEPTANCE

2 I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully  
3 discussed it with my attorneys, Dennis K. Ames, Esq. or Poge Henderson, Esq., or both. I  
4 understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate.  
5 I enter into this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and  
6 intelligently, and agree to be bound by the Decision and Order of the Medical Board of  
7 California.

8 DATED: Kenneth Russ, M.D.

9 1.27.21

KENNETH CARL RUSS, M.D.  
Respondent

10 I have read and fully discussed with Respondent Kenneth Carl Russ, M.D. the terms and  
11 conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order.  
12 I approve its form and content.

13 DATED: 1/27/2021

Poge Henderson  
DENNIS K. AMES, ESQ.  
POGEY HENDERSON, ESQ.  
Attorneys for Respondent

16 ENDORSEMENT

17 The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully  
18 submitted for consideration by the Medical Board of California.

20 DATED: January 28, 2021

Respectfully submitted,

21 XAVIER BECERRA  
22 Attorney General of California  
23 MATTHEW M. DAVIS  
Supervising Deputy Attorney General

24 Giovanni F. Mejia  
25 GIOVANNI F. MEJIA  
26 Deputy Attorney General  
27 Attorneys for Complainant  
28

1 XAVIER BECERRA  
Attorney General of California  
2 MATTHEW M. DAVIS  
Supervising Deputy Attorney General  
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7 Facsimile: (619) 645-2061

8 *Attorneys for Complainant*

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10 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
11 **DEPARTMENT OF CONSUMER AFFAIRS**  
12 **STATE OF CALIFORNIA**

13 In the Matter of the Accusation Against:

Case No. 800-2018-046138

14 **Kenneth Carl Russ, M.D.**  
490 South Farrell Drive, Suite C 106  
15 Palm Springs, CA 92262,

**A C C U S A T I O N**

16 **Physician's and Surgeon's Certificate**  
No. A 48224,

17 Respondent.  
18

19 **PARTIES**

20 1. Christine J. Lally (Complainant) brings this Accusation solely in her official capacity  
21 as the Interim Executive Director of the Medical Board of California, Department of Consumer  
22 Affairs (Board).

23 2. On or about April 30, 1990, the Medical Board issued Physician's and Surgeon's  
24 Certificate No. A 48224 to Kenneth Carl Russ, M.D. (Respondent). The Physician's and  
25 Surgeon's Certificate was in full force and effect at all times relevant to the charges brought  
26 herein and will expire on March 31, 2020, unless renewed.

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**JURISDICTION**

3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.

4. Section 2227 of the Code states:

(a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:

(1) Have his or her license revoked upon order of the board.

(2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.

(3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.

(4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.

(5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.

(b) Any matter heard pursuant to subdivision (a), except for warning letters, medical review or advisory conferences, professional competency examinations, continuing education activities, and cost reimbursement associated therewith that are agreed to with the board and successfully completed by the licensee, or other matters made confidential or privileged by existing law, is deemed public, and shall be made available to the public by the board pursuant to Section 803.1.

5. Section 2234 of the Code, states:

The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

(a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the violation of, or conspiring to violate any provision of this chapter.

...

(c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or omissions. An initial negligent act or omission followed by a separate and distinct departure from the applicable standard of care shall constitute repeated negligent acts.

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1 (1) An initial negligent diagnosis followed by an act or omission medically  
2 appropriate for that negligent diagnosis of the patient shall constitute a single  
negligent act.

3 (2) When the standard of care requires a change in the diagnosis, act, or  
4 omission that constitutes the negligent act described in paragraph (1), including, but  
5 not limited to, a reevaluation of the diagnosis or a change in treatment, and the  
licensee's conduct departs from the applicable standard of care, each departure  
constitutes a separate and distinct breach of the standard of care.

6 ....  
7 **FIRST CAUSE FOR DISCIPLINE**

8 **(Repeated Negligent Acts)**

9 6. Respondent Kenneth Carl Russ, M.D. has subjected his Physician's and Surgeon's  
10 Certificate No. A 48224 to disciplinary action under section 2234, as defined by section 2234,  
11 subdivision (c), of the Code in that in that he committed repeated negligent acts in his care and  
12 treatment of one or more patients. The circumstances are as follows:

13 **Patient A**

14 7. On multiple occasions beginning in or around 2007,<sup>1</sup> Respondent rendered medical  
15 care and treatment to "Patient A,"<sup>2</sup> an adult female patient with a history of ailments including,  
16 but not limited to, kidney stones, urinary tract infections and ureteral and bladder spasms.

17 8. On multiple occasions in or around August 2015 to January 2020, Respondent issued  
18 a prescription for Norco<sup>3</sup> 10 mg/325 mg, in a quantity corresponding to approximately eight to  
19 twelve tablets per day, to Patient A for chronic pain.

20 / / / /

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22 <sup>1</sup> Any act or omission of Respondent alleged herein to have occurred more than seven  
23 years prior to the filing of the instant Accusation is included for informational purposes only, and  
is not alleged as a basis for disciplinary action.

24 <sup>2</sup> Patients' true names are not used in the instant Accusation to maintain patient  
25 confidentiality. The patients' true identities are known to Respondent or will be disclosed to  
Respondent upon receipt of a duly-issued request for discovery in accordance with Government  
Code section 11507.6.

26 <sup>3</sup> Norco is a brand name for the drug combination of hydrocodone (5 mg, 7.5 mg, or 10  
27 mg) and acetaminophen (325 mg). It is a Schedule II controlled substance pursuant to Health and  
28 Safety Code section 11055, subdivision (b), and a dangerous drug pursuant to Business and  
Professions Code section 4022. Hydrocodone belongs to a class of drugs known as opioids. When  
properly prescribed and indicated, it is used for the treatment of moderate to moderately severe  
pain.

9. Respondent's medical records for Patient A fail to document the establishment or existence of an adequate opioid therapy treatment plan during the course of Respondent's prescribing of Norco to Patient A in or around August 2015 to January 2020.

10. Respondent's medical records for Patient A fail to document that Respondent obtained adequate informed consent from Patient A for long-term opioid therapy during the course of Respondent's prescribing of Norco to Patient A in or around August 2015 to January 2020.

11. Respondent's medical records for Patient A fail to document that Respondent adequately counseled Patient A regarding the overdose risks of opioid therapy during the course of Respondent's prescribing of Norco to Patient A in or around August 2015 to January 2020.

12. In or around August 2015 to January 2020, Respondent committed negligent acts related to his prescribing of Norco to Patient A for chronic pain including, but not limited to, failing to adequately:

- (a) Establish or document a treatment plan and objectives for opioid therapy;
- (b) Obtain or document informed consent for long-term opioid therapy; or
- (c) Counsel or document counseling of the patient regarding the risks of opioid overdose.

### Patient B

13. On multiple occasions beginning on or about January 6, 2012, Respondent rendered medical care and treatment to "Patient B," an adult female patient with a history of ailments including, but not limited to, chronic pain related to orthopedic deformities resulting from post-polio syndrome.

14. On multiple occasions in or around January 2012 to January 2020, Respondent issued a prescription for Norco 10 mg/325 mg to Patient B, in a quantity corresponding to approximately eight to ten tablets per day, to Patient B for chronic pain.

15. Respondent's medical records for Patient B fail to document the establishment or existence of an adequate opioid therapy treatment plan during the course of Respondent's prescribing of Norco to Patient B in or around January 2012 to January 2020.

1 16. Respondent's medical records for Patient B fail to document that Respondent  
2 obtained adequate informed consent from Patient B for long-term opioid therapy during the  
3 course of Respondent's prescribing of Norco to Patient B in or around January 2012 to  
4 January 2020.

5 17. Respondent's medical records for Patient B fail to document that Respondent  
6 adequately counseled Patient B regarding the overdose risks of opioid therapy during the course  
7 of Respondent's prescribing of Norco to Patient B in or around January 2012 to January 2020.

8 18. In or around January 2012 to January 2020, Respondent committed negligent acts  
9 related to his prescribing of Norco to Patient B for chronic pain including, but not limited to,  
10 failing to adequately:

- 11 (a) Establish or document a treatment plan and objectives for opioid therapy;  
12 (b) Obtain or document informed consent for long-term opioid therapy; or  
13 (c) Counsel or document counseling of the patient regarding the risks of  
14 opioid overdose.

15 **Patient C**

16 19. On multiple occasions beginning in or around 2006, Respondent rendered medical  
17 care and treatment to "Patient C," a male adult patient with a history of ailments including, but  
18 not limited to, chronic pain, degenerative disc disease, degenerative joint disease, and opioid  
19 dependence.

20 20. On multiple occasions in or around November 2010 to January 2020, Respondent  
21 issued an opioid prescription to Patient C for chronic pain. This included, but was not limited to,  
22 the issuance of multiple prescriptions for methadone,<sup>4</sup> in quantities ranging from  
23 approximately 60 mg to 150 mg per day.

24 21. Respondent's medical records for Patient C fail to document that Respondent  
25 obtained adequate informed consent from Patient C for long-term opioid therapy during the  
26 / / / /

27 <sup>4</sup> Methadone is a Schedule II controlled substance pursuant to Health and Safety Code  
28 section 11055, subdivision (c), and a dangerous drug pursuant to Business and Professions Code  
section 4022.

1 course of Respondent's prescribing of opioids to Patient C in or around November 2010 to  
2 January 2020.

3 22. Respondent's medical records for Patient C fail to document that Respondent  
4 adequately counseled Patient C regarding the overdose risks of opioid therapy during the course  
5 of Respondent's prescribing of opioids to Patient C in or around November 2010 to January 2020.

6 23. In or around November 2010 to January 2020, Respondent committed negligent acts  
7 related to his prescribing of one or more controlled substance medications to Patient C for pain  
8 including, but not limited to, failing to adequately:

9 (a) Obtain or document informed consent for long-term opioid therapy; or

10 (b) Counsel or document counseling of the patient regarding the risks of  
11 opioid overdose.

## 12 **SECOND CAUSE FOR DISCIPLINE**

### 13 **(Violating the Medical Practice Act)**

14 24. Respondent Kenneth Carl Russ, M.D. has further subjected his Physician's and  
15 Surgeon's Certificate No. A 48224 to disciplinary action under section 2234, as defined by  
16 section 2234, subdivision (a), of the Code in that he violated or attempted to violate, directly or  
17 indirectly, one or more provisions of the Medical Practice Act as more particularly alleged in  
18 paragraphs 6 to 23, above, which are hereby incorporated by reference as if fully set forth herein.

## 19 **DISCIPLINARY CONSIDERATIONS**

20 25. To determine the degree of discipline, if any, to be imposed on Respondent Kenneth  
21 Carl Russ, M.D., Complainant alleges that on or about February 17, 2012, in a prior disciplinary  
22 action titled *In the Matter of the Accusation Against Kenneth Russ, M.D.* before the Medical  
23 Board of California, in Case No. 17-2008-189728, the Board issued a decision and disciplinary  
24 order whereby it publicly reprimanded Respondent's Physician's and Surgeon's Certificate No. A  
25 48224 as follows:

26 During the interval between February 2008 and October 2008 you were the sole  
27 physician practicing medicine at the PMS Treatment Clinic, a medical clinic owned  
28 and operated by Helen Anderson, a person not licensed to render professional

1 services. Your practice of medicine at the PMS Treatment Clinic promoted and  
2 furthered the corporate practice of medicine, in violation of both the Moscone-Knox  
3 Professional Corporation Act and the Medical Practice Act, which constitutes  
4 unprofessional conduct.

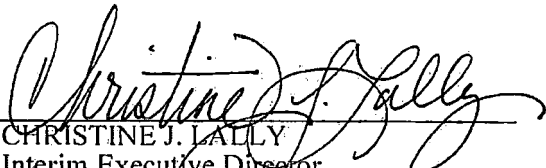
5 That decision is now final and is incorporated by reference as if fully set forth herein.

6 **PRAYER**

7 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,  
8 and that following the hearing, the Medical Board of California issue a decision:

- 9 1. Revoking or suspending Physician's and Surgeon's Certificate No. A 48224, issued  
10 to Respondent Kenneth Carl Russ, M.D.;
- 11 2. Revoking, suspending or denying approval of Respondent Kenneth Carl Russ, M.D.'s  
12 authority to supervise physician assistants and advanced practice nurses;
- 13 3. Ordering Respondent Kenneth Carl Russ, M.D., if placed on probation, to pay the  
14 Board the costs of probation monitoring; and
- 15 4. Taking such other and further action as deemed necessary and proper.

16 DATED: MAR 23 2020

17   
18 CHRISTINE J. LALLY  
19 Interim Executive Director  
20 Medical Board of California  
21 Department of Consumer Affairs  
22 State of California  
23 Complainant