

**BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA**

**In the Matter of the Accusation  
Against:**

**Carolyn Marie Parma, M.D.**

**Physician's & Surgeon's  
Certificate No A157074**

**Respondent.**

**Case No. 800-2018-051077**

**DECISION**

**The attached Stipulated Settlement and Disciplinary Order for Public Reprimand is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.**

**This Decision shall become effective at 5:00 p.m. on October 16, 2020.**

**IT IS SO ORDERED September 18, 2020.**

**MEDICAL BOARD OF CALIFORNIA**

**By:**

  
**Kristina D. Lawson, J.D., Chair  
Panel B**

1 XAVIER BECERRA  
Attorney General of California  
2 JANE ZACK SIMON  
Supervising Deputy Attorney General  
3 ANA GONZALEZ  
Deputy Attorney General  
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7 *Attorneys for Complainant*

8  
9 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
10 **DEPARTMENT OF CONSUMER AFFAIRS**  
11 **STATE OF CALIFORNIA**

12 In the Matter of the Accusation Against:

Case No. 800-2018-051077

13 **CAROLYN MARIE PARMA, M.D.**

14 Epic Care  
15 3003 Oak Road  
Suite 104  
16 Walnut Creek CA 94597

**STIPULATED SETTLEMENT AND  
DISCIPLINARY ORDER FOR PUBLIC  
REPRIMAND**

17 Physician's and Surgeon's Certificate No. A  
18 157074

19 Respondent.

20  
21 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-  
22 entitled proceedings that the following matters are true:

23 **PARTIES**

24 1. William Prasifka (Complainant) is the Executive Director of the Medical Board of  
25 California (Board). He brought this action solely in his official capacity and is represented in this  
26 matter by Xavier Becerra, Attorney General of the State of California, by Ana Gonzalez, Deputy  
27 Attorney General.  
28

2. Respondent Carolyn Marie Parma, M.D. (Respondent) is represented in this proceeding by attorney Stephen M. Boreman, whose address is: One Embarcadero Center, Ste 400, San Francisco, CA 94111.

3. On or about July 16, 2018, the Board issued Physician's and Surgeon's Certificate No. A 157074 to Carolyn Marie Parma, M.D. (Respondent). The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2018-051077, and will expire on July 31, 2022, unless renewed.

#### **JURISDICTION**

4. Accusation No. 800-2018-051077 was filed before the Board, and is currently pending against Respondent. The Accusation and all other statutorily required documents were properly served on Respondent on March 11, 2020. Respondent timely filed her Notice of Defense contesting the Accusation.

5. A copy of Accusation No. 800-2018-051077 is attached as exhibit A and incorporated herein by reference.

#### **ADVISEMENT AND WAIVERS**

6. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in Accusation No. 800-2018-051077. Respondent has also carefully read, fully discussed with her counsel, and understands the effects of this Stipulated Settlement and Disciplinary Order.

7. Respondent is fully aware of her legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to confront and cross-examine the witnesses against her; the right to present evidence and to testify on her own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.

8. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

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1 CULPABILITY

2 9. Respondent agrees that, at an administrative hearing, Complainant could establish  
3 a *prima facie* case with respect to the charges and allegations contained in Accusation No. 800-  
4 2018-051077 and that she has thereby subjected her Physician's and Surgeon's Certificate to  
5 disciplinary action. Respondent further agrees to be bound by the Board's imposition of  
6 discipline as set forth in the Disciplinary Order below.

7 10. Respondent further agrees that if she fails to successfully complete the  
8 professionalism program, which is more fully described below, within the required time, all of the  
9 charges and allegations contained in Accusation No. 800-2018-051077, shall be deemed true,  
10 correct, and fully admitted by Respondent for purposes of any further proceeding before the  
11 Board, and that her failure to complete the professionalism program shall constitute  
12 unprofessional conduct and grounds for further disciplinary action.

13 CONTINGENCY

14 11. This stipulation shall be subject to approval by the Medical Board of California.  
15 Respondent understands and agrees that counsel for Complainant and the staff of the Medical  
16 Board of California may communicate directly with the Board regarding this stipulation and  
17 settlement, without notice to or participation by Respondent or her counsel. By signing the  
18 stipulation, Respondent understands and agrees that she may not withdraw her agreement or seek  
19 to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails  
20 to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary  
21 Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal  
22 action between the parties, and the Board shall not be disqualified from further action by having  
23 considered this matter.

24 12. The parties understand and agree that Portable Document Format (PDF) and facsimile  
25 copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile  
26 signatures thereto, shall have the same force and effect as the originals.  
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13. In consideration of the foregoing admissions and stipulations, the parties agree that the Board may, without further notice or opportunity to be heard by the Respondent, issue and enter the following Disciplinary Order:

**DISCIPLINARY ORDER**

**A. PUBLIC REPRIMAND**

IT IS HEREBY ORDERED: that Physician's and Surgeon's Certificate No. A 157074 issued to Respondent Carolyn Marie Parma, M.D., shall be and is hereby Publicly Reprimanded pursuant to California Business and Professions Code section 2227, subdivision (a)(4). This Public Reprimand is issued in connection with Respondent's driving under the influence conviction on October 28, 2018 as set forth in Accusation No. 800-2018-051077 (exhibit A).

**B. PROFESSIONALISM PROGRAM (ETHICS COURSE).** Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a professionalism program, that meets the requirements of Title 16, California Code of Regulations (CCR) section 1358.1. Respondent shall participate in and successfully complete that program. Respondent shall provide any information and documents that the program may deem pertinent. Respondent shall successfully complete the classroom component of the program not later than six (6) months after Respondent's initial enrollment, and the longitudinal component of the program not later than the time specified by the program, but no later than one (1) year after attending the classroom component. The professionalism program shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A professionalism program taken after the acts that gave rise to the charges in the Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the program would have been approved by the Board or its designee had the program been taken after the effective date of this Decision.

Respondent shall submit a certification of successful completion to the Board or its designee not later than 15 calendar days after successfully completing the program or not later than 15 calendar days after the effective date of the Decision, whichever is later.

1 ACCEPTANCE

2 I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully  
3 discussed it with my attorney, Stephen M. Boreman. I understand the stipulation and the effect it  
4 will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and  
5 Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the  
6 Decision and Order of the Medical Board of California.

7  
8 DATED: 08 / 11 / 2020



CAROLYN MARIE PARMA, M.D.  
Respondent

10 I have read and fully discussed with Respondent Carolyn Marie Parma, M.D. the terms and  
11 conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order.  
12 I approve its form and content.

13 DATED: 08 / 11 / 2020



STEPHEN M. BOREMAN  
Attorney for Respondent

15  
16 ENDORSEMENT

17 The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully  
18 submitted for consideration by the Medical Board of California.

19  
20 DATED: 8/12/2020

Respectfully submitted,

21 XAVIER BECERRA  
Attorney General of California  
22 JANE ZACK SIMON  
Supervising Deputy Attorney General

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24 ANA GONZALEZ  
Deputy Attorney General  
25 Attorneys for Complainant

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**Exhibit A**

**Accusation No. 800-2018-051077**

1 XAVIER BECERRA  
Attorney General of California  
2 JANE ZACK SIMON  
Supervising Deputy Attorney General  
3 State Bar No. 116564  
4 455 Golden Gate Avenue, Suite 11000  
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Telephone: (415) 510-3521  
5 Facsimile: (415) 703-5480  
E-mail: Janezack.simon@doj.ca.gov  
6 Attorneys for Complainant

7  
8 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
9 **DEPARTMENT OF CONSUMER AFFAIRS**  
10 **STATE OF CALIFORNIA**

11 In the Matter of the Accusation Against:

Case No. 800-2018-051077

12 **Carolyn Marie Parma, M.D.**

**A C C U S A T I O N**

13 Epic Care  
14 3003 Oak Road  
Suite 104  
Walnut Creek CA 94597

15 Physician's and Surgeon's Certificate  
16 No. A 157074,

17 Respondent.

18  
19 **PARTIES**

20 1. Christine J. Lally (Complainant) brings this Accusation solely in her official capacity  
21 as the Interim Executive Director of the Medical Board of California, Department of Consumer  
22 Affairs (Board).

23 2. On July 16, 2018, the Medical Board issued Physician's and Surgeon's Certificate  
24 Number A 157074 to Carolyn Marie Parma, M.D. (Respondent). The Physician's and Surgeon's  
25 Certificate was in full force and effect at all times relevant to the charges brought herein and will  
26 expire on July 31, 2020, unless renewed.

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9. In various communications after her arrest, Respondent explained that she had been drinking with a friend until approximately 2 a.m., then was driven to her home where she fell asleep. She awoke at 3 a.m. and could not locate her friend or her cell phone. She became upset and worried about her friend's well-being and drove to a nearby gas station to call for help.

10. Criminal charges were filed charging Respondent with driving under the influence of alcohol, driving with a blood alcohol level greater than the legal limit, and driving with a blood alcohol level of more than .20%. On July 23, 2019, Respondent entered into a plea agreement under which she was found guilty and convicted of reckless driving involving alcohol.

11. Respondent's criminal conviction for reckless driving involving the use of alcohol, and her driving with a very high blood alcohol level constitutes a conviction substantially related to the qualifications, functions and duties of a physician and surgeon, and cause for discipline for unprofessional conduct pursuant to sections 2234 and/or 2236 of the Code.

12. Respondent's conduct in driving while under the influence of alcohol and driving with a high blood alcohol content constitutes unprofessional conduct and the use of alcohol in a dangerous manner, and cause for discipline pursuant to sections 2234 and/or 2239 of the Code.

## PRAYER

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

1. Revoking or suspending Physician's and Surgeon's Certificate Number A 157074,  
issued to Carolyn-Marie Parma, M.D., \_\_\_\_\_

2. Revoking, suspending or denying approval of Carolyn Marie Parma, M.D.'s authority to supervise physician assistants and advanced practice nurses;

3. Ordering Carolyn Marie Parma, M.D., if placed on probation, to pay the Board the costs of probation monitoring; and

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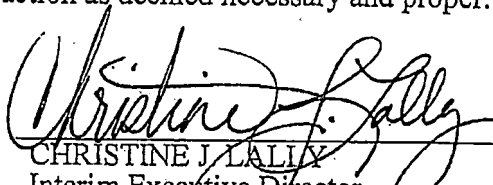
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4. Taking such other and further action as deemed necessary and proper.

DATED: MAR 11 2020

  
CHRISTINE J. LALLY  
Interim Executive Director  
Medical Board of California  
Department of Consumer Affairs  
State of California  
*Complainant*

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