# BEFORE THE MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA

In the Matter of the First Amended Accusation Against:

Arian S. Mowlavi, M.D.

Physician's and Surgeon's Certificate No. A 85870

Respondent.

# DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on October 7, 2022.

IT IS SO ORDERED: September 8, 2022.

MEDICAL BOARD OF CALIFORNIA

Case No.: 800-2018-048259

Richard E. Thorp, M.D., Chair

Panel B

	,	
1	ROB BONTA	
2	Attorney General of California ALEXANDRA M. ALVAREZ	
3	Supervising Deputy Attorney General ROSEMARY F. LUZON	
4	Deputy Attorney General State Bar No. 221544	
5	600 West Broadway, Suite 1800 San Diego, CA 92101	
6	P.O. Box 85266 San Diego, CA 92186-5266	
7	Telephone: (619) 738-9074 Facsimile: (619) 645-2061	
8	Attorneys for Complainant	
9	PEROP	
10	BEFORE THE MEDICAL BOARD OF CALIFORNIA	
11	DEPARTMENT OF CO STATE OF C	•
12		
13	In the Matter of the First Amended Accusation	Case No. 800-2018-048259
14	Against:	OAH No. 2021100047
15	ARIAN S. MOWLAVI, M.D. 32406 South Coast Highway	STIPULATED SETTLEMENT AND
16	Laguna Beach, CA 92651	DISCIPLINARY ORDER
17	Physician's and Surgeon's Certificate No. A 85870,	·
18	Respondent.	
19		
20		
21	IT IS HEREBY STIPULATED AND AGR	EED by and between the parties to the above-
22	entitled proceedings that the following matters are	e true:
23	PART	TIES
24	1. William Prasifka (Complainant) is the Executive Director of the Medical Board of	
25	California (Board). He brought this action solely in his official capacity and is represented in this	
26	matter by Rob Bonta, Attorney General of the State of California, by Rosemary F. Luzon, Deputy	
27	Attorney General.	
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- 2. Respondent Arian S. Mowlavi, M.D. (Respondent) is represented in this proceeding by attorney Raymond J. McMahon, Esq., whose address is: DOYLE SCHAFER McMAHON, LLP, 5440 Trabuco Road, Irvine, CA 92620.
- 3. On or about February 4, 2004, the Board issued Physician's and Surgeon's Certificate No. A 85870 to Respondent. The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in First Amended Accusation No. 800-2018-048259, and will expire on February 29, 2024, unless renewed.

### **JURISDICTION**

- 4. On or about February 3, 2022, First Amended Accusation No. 800-2018-048259 was filed before the Board, and is currently pending against Respondent. The First Amended Accusation and all other statutorily required documents were properly served on Respondent on or about February 3, 2022, at his address of record. Respondent timely filed his Notice of Defense contesting the First Amended Accusation.
- 5. A true and correct copy of First Amended Accusation No. 800-2018-048259 is attached as Exhibit A and incorporated herein by reference as if fully set forth herein.

# **ADVISEMENT AND WAIVERS**

- 6. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in First Amended Accusation No. 800-2018-048259. Respondent has also carefully read, fully discussed with his counsel, and understands the effects of this Stipulated Settlement and Disciplinary Order.
- 7. Respondent is fully aware of his legal rights in this matter, including the right to a hearing on the charges and allegations in the First Amended Accusation; the right to confront and cross-examine the witnesses against him; the right to present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws, having been fully advised of same by his attorney, Raymond J. McMahon, Esq.

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8. Having the benefit of counsel, Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

## **CULPABILITY**

- 9. Respondent does not contest that, at an administrative hearing, Complainant could establish a prima facie case with respect to the charges and allegations in First Amended Accusation No. 800-2018-048259, and Respondent hereby gives up his rights to contest those charges. Respondent further agrees that he has thereby subjected his Physician's and Surgeon's Certificate No. A 85870 to disciplinary action.
- Respondent agrees that if he ever petitions for early termination or modification of probation, or if an accusation and/or petition to revoke probation is filed against him before the Board, all of the charges and allegations contained in First Amended Accusation No. 800-2018-048259 shall be deemed true, correct, and fully admitted by Respondent for purposes of any such proceeding or any other licensing proceeding involving Respondent in the State of California.
- Respondent agrees that his Physician's and Surgeon's Certificate No. A 85870 is 11. subject to discipline and he agrees to be bound by the Board's imposition of discipline as set forth in the Disciplinary Order below.

# CONTINGENCY

12. This stipulation shall be subject to approval by the Medical Board of California. Respondent understands and agrees that counsel for Complainant and the staff of the Medical Board of California may communicate directly with the Board regarding this stipulation and settlement, without notice to or participation by Respondent or his counsel. By signing the stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.

- 13. This Stipulated Settlement and Disciplinary Order is intended by the parties herein to be an integrated writing representing the complete, final, and exclusive embodiment of the agreements of the parties in the above-entitled matter.
- 14. The parties understand and agree that Portable Document Format (PDF) and facsimile copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile signatures thereto, shall have the same force and effect as the originals.
- 15. In consideration of the foregoing admissions and stipulations, the parties agree that the Board may, without further notice or opportunity to be heard by the Respondent, issue and enter the following Disciplinary Order:

## **DISCIPLINARY ORDER**

IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A 85870 issued to Respondent Arian S. Mowlavi, M.D., is revoked. However, the revocation is stayed and Respondent is placed on probation for ten (10) years from the effective date of the Decision on the following terms and conditions:

- 1. <u>ACTUAL SUSPENSION</u>. As part of probation, Respondent is suspended from the practice of medicine for ninety (90) days beginning on the effective date of this Decision.
- 2. <u>EDUCATION COURSE</u>. Within 60 calendar days of the effective date of this Decision, and on an annual basis thereafter, Respondent shall submit to the Board or its designee for its prior approval educational program(s) or course(s) which shall not be less than 40 hours per year, for each year of probation. The educational program(s) or course(s) shall be aimed at correcting any areas of deficient practice or knowledge and shall be Category I certified. The educational program(s) or course(s) shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure. Following the completion of each course, the Board or its designee may administer an examination to test Respondent's knowledge of the course. Respondent shall provide proof of attendance for 65 hours of CME of which 40 hours were in satisfaction of this condition.
- 3. <u>MEDICAL RECORD KEEPING COURSE</u>. Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a course in medical record keeping approved in

advance by the Board or its designee. Respondent shall provide the approved course provider with any information and documents that the approved course provider may deem pertinent. Respondent shall participate in and successfully complete the classroom component of the course not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully complete any other component of the course within one (1) year of enrollment. The medical record keeping course shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A medical record keeping course taken after the acts that gave rise to the charges in the First Amended Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the course would have been approved by the Board or its designee had the course been taken after the effective date of this Decision.

Respondent shall submit a certification of successful completion to the Board or its designee not later than 15 calendar days after successfully completing the course, or not later than 15 calendar days after the effective date of the Decision, whichever is later.

4. PROFESSIONALISM PROGRAM (ETHICS COURSE). Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a professionalism program, that meets the requirements of Title 16, California Code of Regulations (CCR) section 1358.1. Respondent shall participate in and successfully complete that program. Respondent shall provide any information and documents that the program may deem pertinent. Respondent shall successfully complete the classroom component of the program not later than six (6) months after Respondent's initial enrollment, and the longitudinal component of the program not later than the time specified by the program, but no later than one (1) year after attending the classroom component. The professionalism program shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A professionalism program taken after the acts that gave rise to the charges in the First Amended Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the program

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would have been approved by the Board or its designee had the program been taken after the effective date of this Decision.

Respondent shall submit a certification of successful completion to the Board or its designee not later than 15 calendar days after successfully completing the program or not later than 15 calendar days after the effective date of the Decision, whichever is later.

5. <u>CLINICAL COMPETENCE ASSESSMENT PROGRAM</u>. Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a clinical competence assessment program approved in advance by the Board or its designee. Respondent shall successfully complete the program not later than six (6) months after Respondent's initial enrollment unless the Board or its designee agrees in writing to an extension of that time.

The program shall consist of a comprehensive assessment of Respondent's physical and mental health and the six general domains of clinical competence as defined by the Accreditation Council on Graduate Medical Education and American Board of Medical Specialties pertaining to Respondent's current or intended area of practice. The program shall take into account data obtained from the pre-assessment, self-report forms and interview, and the Decision, First Amended Accusation, and any other information that the Board or its designee deems relevant. The program shall require Respondent's on-site participation for a minimum of three (3) and no more than five (5) days as determined by the program for the assessment and clinical education evaluation. Respondent shall pay all expenses associated with the clinical competence assessment program.

At the end of the evaluation, the program will submit a report to the Board or its designee which unequivocally states whether the Respondent has demonstrated the ability to practice safely and independently. Based on Respondent's performance on the clinical competence assessment, the program will advise the Board or its designee of its recommendation(s) for the scope and length of any additional educational or clinical training, evaluation or treatment for any medical condition or psychological condition, or anything else affecting Respondent's practice of medicine. Respondent shall comply with the program's recommendations.

Determination as to whether Respondent successfully completed the clinical competence assessment program is solely within the program's jurisdiction.

If Respondent fails to enroll, participate in, or successfully complete the clinical competence assessment program within the designated time period, Respondent shall receive a notification from the Board or its designee to cease the practice of medicine within three (3) calendar days after being so notified. The Respondent shall not resume the practice of medicine until enrollment or participation in the outstanding portions of the clinical competence assessment program have been completed. If the Respondent did not successfully complete the clinical competence assessment program, the Respondent shall not resume the practice of medicine until a final decision has been rendered on the accusation and/or a petition to revoke probation. The cessation of practice shall not apply to the reduction of the probationary time period.

6. MONITORING - PRACTICE. Within 30 calendar days of the effective date of this Decision, Respondent shall submit to the Board or its designee for prior approval as a practice monitor, the name and qualifications of one or more licensed physicians and surgeons whose licenses are valid and in good standing, and who are preferably American Board of Medical Specialties (ABMS) certified. A monitor shall have no prior or current business or personal relationship with Respondent, or other relationship that could reasonably be expected to compromise the ability of the monitor to render fair and unbiased reports to the Board, including but not limited to any form of bartering, shall be in Respondent's field of practice, and must agree to serve as Respondent's monitor. Respondent shall pay all monitoring costs.

The Board or its designee shall provide the approved monitor with copies of the Decision and First Amended Accusation, and a proposed monitoring plan. Within 15 calendar days of receipt of the Decision, First Amended Accusation, and proposed monitoring plan, the monitor shall submit a signed statement that the monitor has read the Decision and First Amended Accusation, fully understands the role of a monitor, and agrees or disagrees with the proposed monitoring plan. If the monitor disagrees with the proposed monitoring plan, the monitor shall submit a revised monitoring plan with the signed statement for approval by the Board or its designee.

Within 60 calendar days of the effective date of this Decision, and continuing throughout probation, Respondent's practice shall be monitored by the approved monitor. Respondent shall make all records available for immediate inspection and copying on the premises by the monitor at all times during business hours and shall retain the records for the entire term of probation.

If Respondent fails to obtain approval of a monitor within 60 calendar days of the effective date of this Decision, Respondent shall receive a notification from the Board or its designee to cease the practice of medicine within three (3) calendar days after being so notified. Respondent shall cease the practice of medicine until a monitor is approved to provide monitoring responsibility.

The monitor(s) shall submit a quarterly written report to the Board or its designee which includes an evaluation of Respondent's performance, indicating whether Respondent's practices are within the standards of practice of medicine, and whether Respondent is practicing medicine safely. It shall be the sole responsibility of Respondent to ensure that the monitor submits the quarterly written reports to the Board or its designee within 10 calendar days after the end of the preceding quarter.

If the monitor resigns or is no longer available, Respondent shall, within 5 calendar days of such resignation or unavailability, submit to the Board or its designee, for prior approval, the name and qualifications of a replacement monitor who will be assuming that responsibility within 15 calendar days. If Respondent fails to obtain approval of a replacement monitor within 60 calendar days of the resignation or unavailability of the monitor, Respondent shall receive a notification from the Board or its designee to cease the practice of medicine within three (3) calendar days after being so notified. Respondent shall cease the practice of medicine until a replacement monitor is approved and assumes monitoring responsibility.

In lieu of a monitor, Respondent may participate in a professional enhancement program approved in advance by the Board or its designee that includes, at minimum, quarterly chart review, semi-annual practice assessment, and semi-annual review of professional growth and education. Respondent shall participate in the professional enhancement program at Respondent's expense during the term of probation.

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7. PROHIBITED PRACTICE. During probation, Respondent is prohibited from performing and/or participating in VASER® liposuction surgeries/procedures until Respondent has successfully completed the clinical competence assessment program. After the effective date of this Decision, and until Respondent has successfully completed the clinical competence assessment program, all patients being treated by Respondent shall be notified that Respondent is prohibited from performing and/or participating in VASER® liposuction surgeries/procedures. Prior to Respondent's successful completion of the clinical assessment program, any new patients must be provided this notification at the time of their initial appointment.

Respondent shall maintain a log of all patients to whom the required oral notification was made. The log shall contain the: 1) patient's name, address and phone number; 2) patient's medical record number, if available; 3) the full name of the person making the notification; 4) the date the notification was made; and 5) a description of the notification given. Respondent shall keep this log in a separate file or ledger, in chronological order, shall make the log available for immediate inspection and copying on the premises at all times during business hours by the Board or its designee, and shall retain the log for the entire term of probation.

8. <u>NOTIFICATION</u>. Within seven (7) days of the effective date of this Decision, the Respondent shall provide a true copy of this Decision and First Amended Accusation to the Chief of Staff or the Chief Executive Officer at every hospital where privileges or membership are extended to Respondent, at any other facility where Respondent engages in the practice of medicine, including all physician and locum tenens registries or other similar agencies, and to the Chief Executive Officer at every insurance carrier which extends malpractice insurance coverage to Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15 calendar days.

This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

9. <u>SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE</u>

<u>NURSES.</u> During probation, Respondent is prohibited from supervising physician assistants and advanced practice nurses.

- 10. <u>OBEY ALL LAWS</u>. Respondent shall obey all federal, state and local laws, all rules governing the practice of medicine in California and remain in full compliance with any court ordered criminal probation, payments, and other orders.
- 11. <u>INVESTIGATION/ENFORCEMENT COST RECOVERY</u>. Respondent is hereby ordered to reimburse the Board its costs of investigation and enforcement in the amount of \$16,103.75 (sixteen thousand one hundred three dollars and seventy-five cents). Costs shall be payable to the Medical Board of California. Failure to pay such costs shall be considered a violation of probation.

Any and all requests for a payment plan shall be submitted in writing by Respondent to the Board.

The filing of bankruptcy by Respondent shall not relieve Respondent of the responsibility to repay investigation and enforcement costs.

12. QUARTERLY DECLARATIONS. Respondent shall submit quarterly declarations under penalty of perjury on forms provided by the Board, stating whether there has been compliance with all the conditions of probation.

Respondent shall submit quarterly declarations not later than 10 calendar days after the end of the preceding quarter.

# 13. <u>GENERAL PROBATION REQUIREMENTS.</u>

# Compliance with Probation Unit

Respondent shall comply with the Board's probation unit.

## **Address Changes**

Respondent shall, at all times, keep the Board informed of Respondent's business and residence addresses, email address (if available), and telephone number. Changes of such addresses shall be immediately communicated in writing to the Board or its designee. Under no circumstances shall a post office box serve as an address of record, except as allowed by Business and Professions Code section 2021, subdivision (b).

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## Place of Practice

Respondent shall not engage in the practice of medicine in Respondent's or patient's place of residence, unless the patient resides in a skilled nursing facility or other similar licensed facility.

### License Renewal

Respondent shall maintain a current and renewed California physician's and surgeon's license.

# Travel or Residence Outside California

Respondent shall immediately inform the Board or its designee, in writing, of travel to any areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty (30) calendar days.

In the event Respondent should leave the State of California to reside or to practice, Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of departure and return.

- 14. <u>INTERVIEW WITH THE BOARD OR ITS DESIGNEE</u>. Respondent shall be available in person upon request for interviews either at Respondent's place of business or at the probation unit office, with or without prior notice throughout the term of probation.
- 15. NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or its designee in writing within 15 calendar days of any periods of non-practice lasting more than 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is defined as any period of time Respondent is not practicing medicine as defined in Business and Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct patient care, clinical activity or teaching, or other activity as approved by the Board. If Respondent resides in California and is considered to be in non-practice, Respondent shall comply with all terms and conditions of probation. All time spent in an intensive training program which has been approved by the Board or its designee shall not be considered non-practice and does not relieve Respondent from complying with all the terms and conditions of probation. Practicing medicine in another state of the United States or Federal jurisdiction while

on probation with the medical licensing authority of that state or jurisdiction shall not be considered non-practice. A Board-ordered suspension of practice shall not be considered as a period of non-practice.

In the event Respondent's period of non-practice while on probation exceeds 18 calendar months, Respondent shall successfully complete the Federation of State Medical Boards' Special Purpose Examination, or, at the Board's discretion, a clinical competence assessment program that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.

Respondent's period of non-practice while on probation shall not exceed two (2) years.

Periods of non-practice will not apply to the reduction of the probationary term.

Periods of non-practice for a Respondent residing outside of California will relieve Respondent of the responsibility to comply with the probationary terms and conditions with the exception of this condition and the following terms and conditions of probation: Obey All Laws; General Probation Requirements; Quarterly Declarations; Abstain from the Use of Alcohol and/or Controlled Substances; and Biological Fluid Testing.

- 16. <u>COMPLETION OF PROBATION</u>. Respondent shall comply with all financial obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the completion of probation. Upon successful completion of probation, Respondent's certificate shall be fully restored.
- 17. <u>VIOLATION OF PROBATION</u>. Failure to fully comply with any term or condition of probation is a violation of probation. If Respondent violates probation in any respect, the Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke Probation, or an Interim Suspension Order is filed against Respondent during probation, the Board shall have continuing jurisdiction until the matter is final, and the period of probation shall be extended until the matter is final.
- 18. <u>LICENSE SURRENDER</u>. Following the effective date of this Decision, if Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy

# **ACCEPTANCE**

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I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully ee

3 ∥	discussed it with my attorney, Raymond J. McMahon, Esq. I understand the stipulation and the			
4	effect it will have on my Physician's and Surgeon's Certificate No. A 85870. I enter into this			
5	Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agre			
6	to be bound by the Decision and Order of the Medical Board of California.			
7 8	DATED: 5 Q 22 MML			
9	ARIAN S. MOWLAVI, M.D. Respondent			
10	I have read and fully discussed with Respondent Arian S. Mowlavi, M.D., the terms and			
11	conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order.			
12				
1	4 DATED: May 12, 2022			
1	RAYMOND J. MCMAHON, ESQ. Attorney for Respondent			
1	1			
13	ENDORSEMENT			
18	The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully			
19	submitted for consideration by the Medical Board of California.			
20	DATED: Respectfully submitted,			
21	ROB BONTA -			
22	Attorney General of California ALEXANDRA M. ALVAREZ			
23	Supervising Deputy Attorney General			
24				
25	ROSEMARY F. LUZON			
26	Deputy Attorney General  Attorneys for Complainant			
27	SD2021800807 83365046.docx			
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1	<u>ACCEPTANCE</u>	
2	I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully	
3	discussed it with my attorney, Raymond J. McMahon, Esq. I understand the stipulation and the	
4	effect it will have on my Physician's and Surgeon's Certificate No. A 85870. I enter into this	
5	Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agre	
6	to be bound by the Decision and Order of the Medical Board of California.	
7		
8	DATED:	
9	ARIAN S. MOWLAVI, M.D. Respondent	
10	I have read and fully discussed with Respondent Arian S. Mowlavi, M.D., the terms and	
11	conditions and other matters contained in the above Stipulated Settlement and Disciplinary Orde	
12	I approve its form and content.	
13		
4	DATED:	
5	RAYMOND J. MCMAHON, ESQ.  Attorney for Respondent	
6		
7	ENDORSEMENT	
.8	The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully	
9	submitted for consideration by the Medical Board of California.	
20	DATED: May 13, 2022 Respectfully submitted,	
1	ROB BONTA	
22	Attorney General of California ALEXANDRA M. ALVAREZ	
.3	Supervising Deputy Attorney General	
4		
5	ROSEMARY F. LUZON Deputy Attorney General	
6	Attorneys for Complainant	
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1	ROB BONTA			
2	Attorney General of California ALEXANDRA M. ALVAREZ			
3	Supervising Deputy Attorney General ROSEMARY F. LUZON			
4	Deputy Attorney General State Bar No. 221544			
5	600 West Broadway, Suite 1800			
	San Diego, CA 92101 P.O. Box 85266			
6	San Diego, CA 92186-5266 Telephone: (619) 738-9074			
7	Facsimile: (619) 645-2061			
8	Attorneys for Complainant			
9	PEEOD	ימובצרידי ימו		
10	BEFORE THE  MEDICAL BOARD OF CALIFORNIA  DEPARTMENT OF CONSUMER AFFAIRS  STATE OF CALIFORNIA			
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12		,		
13	In the Matter of the First Amended Accusation	Case No. 800-2018-048259		
14	Against:			
15	ARIAN S. MOWLAVI, M.D. 32406 South Coast Highway	FIRST AMENDED ACCUSATION		
16	Laguna Beach, CA 92651			
17	Physician's and Surgeon's Certificate No. A 85870,			
18	Respondent.			
19	D.A.D.C.	TTDC		
20	<u>PART</u>	<u>IES</u>		
21	1. William Prasifka (Complainant) bring	s this First Amended Accusation solely in his		
22	official capacity as the Executive Director of the M	Medical Board of California, Department of		
23	Consumer Affairs (Board).			
24	2. On or about February 4, 2004, the Boa	ard issued Physician's and Surgeon's Certificate		
25	No. A 85870 to Arian S. Mowlavi, M.D. (Respond	lent). The Physician's and Surgeon's		
26	Certificate was in full force and effect at all times relevant to the charges brought herein and will			
27	expire on February 29, 2024, unless renewed.			
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#### **JURISDICTION**

- 3. This First Amended Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.
  - Section 2220 of the Code states:

Except as otherwise provided by law, the board may take action against all persons guilty of violating this chapter. . .

- 5. Section 2227 of the Code states:
- (a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:
  - (1) Have his or her license revoked upon order of the board.
- (2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.
- (3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.
- (4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.
- (5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.
- 6. Section 2234 of the Code states:

The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

- (a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the violation of, or conspiring to violate any provision of this chapter.
  - (b) Gross negligence.

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1	(e) The commission of any act involving dishonesty or corruption that is	
2	li.	substantially related to the qualifications, functions, or duties of a physician and surgeon.
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4		7. Section 2052 of the Code states:
5		(a) Notwithstanding Section 146, any person who practices or attempts to
6		practice, or who advertises or holds himself or herself out as practicing, any system of mode of treating the sick or afflicted in this state, or who diagnoses, treats, operates
7		for, or prescribes for any ailment, blemish, deformity, disease, disfigurement, disorder, injury, or other physical or mental condition of any person, without having
8		at the time of so doing a valid, unrevoked, or unsuspended certificate as provided in this chapter [Chapter 5, the Medical Practice Act], or without being authorized to
9		perform the act pursuant to a certificate obtained in accordance with some other provision of law, is guilty of a public offense, punishable by a fine not exceeding ten
10		thousand dollars (\$10,000), by imprisonment pursuant to subdivision (h) of Section 1170 of the Penal Code, by imprisonment in a county jail not exceeding one year, or by both the fine and either imprisonment.
11		
12	<u>.</u>	(b) Any person who conspires with or aids or abets another to commit any act described in subdivision (a) is guilty of a public offense, subject to the punishment described in that subdivision.
13 14		(c) The remedy provided in this section shall not preclude any other remedy provided by law.
15		8. Section 2264 of the Code states:
16 17		The employing, directly or indirectly, the aiding, or the abetting of any unlicensed person or any suspended, revoked, or unlicensed practitioner to engage in the practice of medicine or any other mode of treating the sick or afflicted which
18		requires a license to practice constitutes unprofessional conduct.
19		9. Section 2261 of the Code states:
20	•	Knowingly making or signing any certificate or other document directly or
21		indirectly related to the practice of medicine or podiatry which falsely represents the existence or nonexistence of a state of facts, constitutes unprofessional conduct.
22	1//	
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24.	111	
25	111	
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27	///	
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#### 10. Section 651 of the Code states:

- (a) It is unlawful for any person licensed under this division or under any initiative act referred to in this division to disseminate or cause to be disseminated any form of public communication containing a false, fraudulent, misleading, or deceptive statement, claim, or image for the purpose of or likely to induce, directly or indirectly, the rendering of professional services or furnishing of products in connection with the professional practice or business for which he or she is licensed. A "public communication" as used in this section includes, but is not limited to, communication by means of mail, television, radio, motion picture, newspaper, book, list or directory of healing arts practitioners, Internet, or other electronic communication.
- (b) A false, fraudulent, misleading, or deceptive statement, claim, or image includes a statement or claim that does any of the following:
  - (1) Contains a misrepresentation of fact.
  - (2) Is likely to mislead or deceive because of a failure to disclose material facts.
- (5) Contains other representations or implications that in reasonable probability will cause an ordinarily prudent person to misunderstand or be deceived.
- (8) Includes any statement, endorsement, or testimonial that is likely to mislead or deceive because of a failure to disclose material facts.
- (g) Any violation of this section by a person so licensed shall constitute good cause for revocation or suspension of his or her license or other disciplinary action.

#### 11. Section 2216.3 of the Code states:

- (a) An outpatient setting accredited pursuant to Section 1248.1 of the Health and Safety Code shall report an adverse event to the board no later than five days after the adverse event has been detected, or, if that event is an ongoing urgent or emergent threat to the welfare, health, or safety of patients, personnel, or visitors, not later than 24 hours after the adverse event has been detected. Disclosure of individually identifiable patient information shall be consistent with applicable law.
- (b) For the purposes of this section, "adverse event" includes any of the following:
  - (1) Surgical or other invasive procedures, including the following:

(ARIAN S. MOWLAVI, M.D.) FIRST AMENDED ACCUSATION CASE NO. 800-2018-048259

# Respondent's VASER® Liposuction Practice

- 16. Respondent is a Board-certified plastic surgeon. At all times relevant to the allegations herein, Respondent was a solo practitioner at the Laguna Surgery Institute, an outpatient surgical center located in Laguna Beach, California.
- 17. According to Respondent, approximately 80 to 90 percent of his practice constitutes VASER® liposuction. Respondent describes VASER® liposuction as a high definition liposuction procedure involving the infusion of tumescent solution, followed by cavitation (or melting) of the fat, and then aspiration (or siphoning) of the liquid fat. According to Respondent, the VASER® procedure enables the infiltration of both the deep and superficial layers of fat, thereby leading to "stunning results" and "more high defined muscle patterns and . . . etching" than traditional liposuction.
- 18. Respondent began utilizing the VASER® liposuction procedure in or about March 2017, when he first purchased the VASER® liposuction machine. Since then, Respondent states that he has become well regarded for the VASER® liposuction procedure and has trained more than 50 surgeons on the procedure.
- 19. Prior to August 30, 2018, Respondent performed approximately 150 to 180 VASER<sup>®</sup> liposuction cases. After August 30, 2018, Respondent performed in excess of approximately 100 VASER<sup>®</sup> liposuction cases. For VASER<sup>®</sup> liposuction procedures performed at Respondent's surgical facility, surgical technicians<sup>2</sup> are present and provide assistance to Respondent during the procedures.

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<sup>&</sup>lt;sup>2</sup> Surgical technicians are also referred to as "surgical technologists," "surgical techs," or "scrub techs." Surgical technicians work in the operating room with surgeons, anesthesiologists, and nurses. Preoperatively, their tasks and duties include sterilizing the equipment and operating room; gathering, counting, and arranging the equipment and surgical tools needed during the surgery; and preparing patients for the procedure. Intraoperatively, surgical techs keep the operating room sterile; pass surgical tools to the surgeon and the surgeon's assistant; and assist in retracting tissues from the patient. Postoperatively, their tasks and duties include counting all of the tools and instruments used during the surgery; applying dressings to surgical sites; disposing of needles and gauze; and maintaining the sterile environment of the operating room until the patient is brought to the recovery room. Surgical technicians must possess a high school diploma (or equivalent) and complete an accredited surgical technology training program, typically lasting 12 to 24 months.

Surgical techs assist Respondent during VASER® liposuction procedures by, inter 20. alia, performing liposuction on patients, including surgical techs J.G. and A.J.R.

# Respondent's "High Definition Liposuction" Book

- Sometime after Respondent began performing VASER® liposuction procedures, 21. Respondent authored a book entitled, "High Definition Liposuction." The book starts by describing Respondent's distinctions and credentials, awards, lectures, and articles published. The book states that Respondent "is considered one of the top body sculptors around the world," has performed "over 15,000 procedures[,]" and is "well-regarded as a world-renowned face, body, and breast sculptor because of his superior outcomes and body transformations."
- The book then provides an introduction to high definition liposuction, describing it as a "'Game Changer' in the body contouring arena as it allows your surgeon to precisely sculpt your body to previously unattainable results." To obtain such results, the book identifies two critical factors, one of which is "mastery in the use of VASER technology." According to the book, "Mastery requires: Understanding VASER capacity[;] Intimate knowledge of muscle anatomy[;] Appropriate training in VASER application[;] Surgical experience with VASER technology[;] Artistic approach to sculpting the body[;] 360 degree or circumferential body contouring[;] Accurate preoperative high definition markings[;] [and] Strategically sound operative plan[.]"
- Thereafter, the book discusses patient selection, the second critical factor for attaining high definition liposuction results, and related considerations, including body scale and surgical algorithm and body scale case studies. A section on preoperative markings follows, along with a discussion of specific procedures for various areas of the body and complications relating to body contouring and a photo gallery of before and after body contouring cases.

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- 24. At the end of the book, Respondent's services and staff are highlighted. The book states, "To ensure optimum high definition liposuction results, it is critical to choose a surgeon that offers a full spectrum high definition liposuction body contouring center." It further states that Respondent's surgical facility offers "state of the art equipment," a state-certified operating room that provides "a safe operative and postoperative recovery center[,]" and an experienced staff, including a front office coordinator, a patient coordinator, and a surgical tech.
- 25. Respondent's book does not include any statement that for VASER<sup>®</sup> liposuction procedures performed at Respondent's surgical facility, surgical techs, including surgical techs J.G. and A.J.R., also perform liposuction on patients.
- 26. Respondent's book is disseminated on his website, which includes a webpage that prominently features the book.<sup>3</sup> The webpage states, "Dr. Mowlavi's High Definition Liposuction patient guide is available with a consultation appointment. [] You may also purchase the book online for \$49.95 here: www.lulu.com."

#### Patient A

- 27. On or about August 2, 2018, Patient A had a consultation with Respondent regarding possible liposuction of the abdomen, back, flanks, and thighs as well as a breast implant replacement, a medial thigh tuck, and a tummy tuck. Respondent recommended high definition VASER® liposuction of the abdomen, back, and flanks, an abdominoplasty incision line revision (or "mini tummy tuck"), and a medial and lateral thigh tuck. In addition, Respondent recommended a right breast capsulorrhaphy with implant reposition and fat grafting to the buttocks.
- 28. On or about August 30, 2018, Patient A underwent surgery at the Laguna Surgery Institute. Respondent was the operating surgeon. Also present were Dr. E.A., the anesthesiologist; Nurse R.D., the Registered Nurse First Assist; Nurse N.R., the circulating registered nurse; surgical tech J.G.; and surgical tech A.J.R. Multiple procedures were performed during the surgery, including high definition liposuction of the abdomen, back, flanks, and lateral

<sup>&</sup>lt;sup>3</sup> See <a href="https://cosmeticplasticsurgeryinstitute.com/dr-mowlavi-high-definition-lipo-booklet/">https://cosmeticplasticsurgeryinstitute.com/dr-mowlavi-high-definition-lipo-booklet/</a>.

thighs; right breast implant removal, capsulorrhaphy, and replacement; mini abdominoplasty incision line revision; lateral and medial thigh tuck; and fat grafting to the buttocks and breasts.

- 29. During the surgery, surgical techs J.G. and A.J.R. assisted Respondent by, *inter alia*, performing liposuction on Patient A. Surgical tech J.G. infused the tumescent solution, and surgical tech A.J.R. removed the fat.
- 30. Patient A was discharged home at approximately 8:02 p.m. on the same day. At approximately 1:06 a.m., on or about August 31, 2018, Patient A was admitted to the hospital. According to the Emergency Department Report, Patient A suffered a syncopal episode at home after complaining of shortness of breath and collapsing. She was brought to the Emergency Department by ambulance and arrived unresponsive.
- 31. On or about August 31, 2018, Respondent saw Patient A in the intensive care unit of the hospital. The next day, on or about September 1, 2018, Respondent wrote a postoperative note documenting Patient A's hospitalization and condition. Respondent noted that Patient A decompensated at home following her surgery and suffered anoxic brain injury with a "devastating prognosis."
- 32. On or about September 2, 2018, Patient A passed away at the hospital. The final diagnosis was hemorrhage from surgical intervention leading to cardiac arrest and cerebral anoxia.
- 33. On or about September 14, 2018, Respondent submitted an "Outpatient Surgery Patient Death Reporting Form" to the Board, advising of Patient A's death and identifying the name and location of the hospital where Patient A was transferred. Respondent failed to report Patient A's transfer and hospitalization to the Board within five days of learning of this fact.
- 34. Respondent committed gross negligence in his care and treatment of Patient A, which included, but was not limited to, the following:
  - A. Respondent allowed surgical techs J.G. and A.J.R. to perform liposuction surgery on Patient A.

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# SECOND CAUSE FOR DISCIPLINE

# (Aiding and Abetting Unlicensed Practice of Medicine)

35. Respondent has subjected his Physician's and Surgeon's Certificate No. A 85870 to disciplinary action under sections 2227, 2264, and 2234, subdivision (a), as defined by section 2052, subdivision (b), of the Code, in that he aided and abetted the unlicensed practice of medicine, as more particularly alleged in paragraphs 16 through 34, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

# THIRD CAUSE FOR DISCIPLINE

# (False Representations)

36. Respondent has subjected his Physician's and Surgeon's Certificate No. A 85870 to disciplinary action under sections 2227, 2261, 2234, subdivision (a), of the Code, in that he knowingly made a document related to the practice of medicine which falsely represents the existence or nonexistence of a state of facts, as more particularly alleged in paragraphs 16 through 34, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

# FOURTH CAUSE FOR DISCIPLINE

# (Dissemination of Public Communication Containing False Representations)

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37. Respondent has subjected his Physician's and Surgeon's Certificate No. A 85870 to
disciplinary action under sections 2227, 651, subdivisions (a), (b), and (g), and 2234, subdivision
(a), of the Code, in that he disseminated or caused to be disseminated a public communication
containing a false, misleading, or deceptive statement for the purpose of or with the likelihood of
inducing the rendering of medical services, as more particularly alleged in paragraphs 16 through
34, above, which are hereby incorporated by reference and realleged as if fully set forth herein.
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## FIFTH CAUSE FOR DISCIPLINE

# (Dishonesty or Corruption)

38. Respondent has subjected his Physician's and Surgeon's Certificate No. A 85870 to disciplinary action under sections 2227 and 2234, subdivision (e), of the Code, in that he engaged in an act or acts involving dishonesty that are substantially related to the qualifications, functions, or duties of a physician and surgeon, as more particularly alleged in paragraphs 16 through 34, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

## SIXTH CAUSE FOR DISCIPLINE

## (Failure to Timely Report Adverse Event)

39. Respondent has subjected his Physician's and Surgeon's Certificate No. A 85870 to disciplinary action under sections 2227 and 2234, subdivision (a), as defined by section 2216.3, subdivisions (a) and (b), of the Code, in that Respondent failed to timely report an adverse event relating to Patient A to the Board after detecting the adverse event, as more particularly alleged in paragraphs 27 through 33, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

### SEVENTH CAUSE FOR DISCIPLINE

## (General Unprofessional Conduct)

40. Respondent has subjected his Physician's and Surgeon's Certificate No. A 85870 to disciplinary action under sections 2227 and 2234 of the Code, in that he has engaged in conduct which breaches the rules or ethical code of the medical profession, or conduct which is unbecoming to a member in good standing of the medical profession, and which demonstrates an unfitness to practice medicine, as more particularly alleged in paragraphs 16 through 39, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

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### **PRAYER**

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

- 1. Revoking or suspending Physician's and Surgeon's Certificate No. A 85870, issued to Respondent Arian S. Mowlavi, M.D.;
- 2. Revoking, suspending or denying approval of Respondent Arian S. Mowlavi, M.D.'s authority to supervise physician assistants, pursuant to section 3527 of the Code, and advanced practice nurses;
- 3. Ordering Respondent Arian S. Mowlavi, M.D., to pay the Board the costs of the investigation and enforcement of this case, and if placed on probation, the costs of probation monitoring; and
  - 4. Taking such other and further action as deemed necessary and proper.

**FEB 0 3 2022** DATED:

WILLIAM PRASIFKA

Executive Director

Medical Board of California
Department of Consumer Affairs

State of California Complainant

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