

**BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA**

In the Matter of the Accusation Against:

John Timothy Waring, M.D.

Physician's and Surgeon's  
Certificate No. A 109920

Respondent.


MBC File # 800-2019-061707

**ORDER CORRECTING NUNC PRO TUNC  
CLERICAL ERROR IN "SIGNATURE BLOCK" PORTION OF DECISION**

On its own motion, the Medical Board of California (hereafter "Board") finds that there is a clerical error in the "signature block" portion of the Decision in the above-entitled matter and that such clerical error should be corrected so that the Board member's name conforms to the Board's issued Decision.

IT IS HEREBY ORDERED that the signature block contained on the Decision Order Page in the above-entitled matter be and hereby is amended and corrected nunc pro tunc as of the date of entry of the decision to read as *Richard E. Thorp, M.D., Chair, Panel B.*

January 31, 2022

  
\_\_\_\_\_  
William Prasifka  
Executive Director  
Medical Board of California

BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA

In the Matter of the Accusation  
Against:

John Timothy Waring, M.D.

Physician's & Surgeon's  
Certificate No A 109920

Respondent.

Case No. 800-2019-061707

DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on February 25, 2022

IT IS SO ORDERED January 27, 2022

MEDICAL BOARD OF CALIFORNIA



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Kristina Lawson, J.D.  
Panel B

1 ROB BONTA  
Attorney General of California  
2 STEVEN D. MUNI  
Supervising Deputy Attorney General  
3 JANNSEN TAN  
Deputy Attorney General  
4 State Bar No. 237826  
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8 *Attorneys for Complainant*

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**BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA**

In the Matter of the Accusation Against:	Case No. 800-2019-061707
<b>JOHN TIMOTHY WARING, M.D.</b> 5530 Birdcage St., Ste 145, Citrus Heights, CA 95610-7621	OAH No. 2021060546
Physician's and Surgeon's Certificate No. A 109920	<b>STIPULATED SETTLEMENT AND DISCIPLINARY ORDER</b>
Respondent.	

**IT IS HEREBY STIPULATED AND AGREED** by and between the parties to the above-entitled proceedings that the following matters are true:

**PARTIES**

1. William Prasifka ("Complainant") is the Executive Director of the Medical Board of California ("Board"). He brought this action solely in his official capacity and is represented in this matter by Rob Bonta, Attorney General of the State of California, by Jannsen Tan, Deputy Attorney General.

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1 14. In consideration of the foregoing admissions and stipulations, the parties agree that  
2 the Board may, without further notice or opportunity to be heard by the Respondent, issue and  
3 enter the following Disciplinary Order:

4 **DISCIPLINARY ORDER**

5 **A. PUBLIC REPRIMAND**

6 **IT IS HEREBY ORDERED** that Physician's and Surgeon's Certificate No. A 109920  
7 issued to Respondent John Timothy Waring, M.D. shall be and is hereby publically reprimanded  
8 pursuant to California Business and Professions Code section 2227, subdivision (a)(4). This  
9 Public Reprimand, which is issued in connection with Accusation No. 800-2019-061707, is as  
10 follows:

11 "On or about June through August 2019, while treating four patients, you committed a  
12 series of repeated negligent acts as more fully described in the Accusation No. 800-2019-  
13 061707."

14 **B. CLINICAL COMPETENCE ASSESSMENT PROGRAM**

15 Within ninety (90) days of the effective date of this Decision, Respondent shall enroll in a  
16 clinical competence assessment program approved in advance by the Board or its designee.  
17 Respondent shall successfully complete the program not later than nine (9) months after  
18 Respondent's initial enrollment unless the Board or its designee agrees in writing to an extension  
19 of that time.

20 The program shall consist of a comprehensive assessment of Respondent's physical and  
21 mental health and the six general domains of clinical competence as defined by the Accreditation  
22 Council on Graduate Medical Education and American Board of Medical Specialties pertaining to  
23 Respondent's current or intended area of practice. The program shall take into account data  
24 obtained from the pre-assessment, self-report forms and interview, and the Decision(s),  
25 Accusation(s), and any other information that the Board or its designee deems relevant. The  
26 program shall require Respondent's on-site participation for a minimum of three (3) and no more  
27 than five (5) days as determined by the program for the assessment and clinical education  
28 evaluation. Respondent shall pay all expenses associated with the clinical competence

1 assessment program.

2 At the end of the evaluation, the program will submit a report to the Board or its designee  
3 which unequivocally states whether the Respondent has demonstrated the ability to practice  
4 safely and independently. Based on Respondent's performance on the clinical competence  
5 assessment, the program will advise the Board or its designee of its recommendation(s) for the  
6 scope and length of any additional educational or clinical training, evaluation or treatment for any  
7 medical condition or psychological condition, or anything else affecting Respondent's practice of  
8 medicine. Respondent shall comply with the program's recommendations.

9 Determination as to whether Respondent successfully completed the clinical competence  
10 assessment program is solely within the program's jurisdiction.

11 **C. FAILURE TO COMPLY**

12 If Respondent fails to enroll in, participate in, or successfully complete the clinical  
13 competence assessment program as described in condition B within the designated time period,  
14 Respondent shall receive a notification from the Board or its designee to cease the practice of  
15 medicine within three (3) calendar days after being so notified. The Respondent shall not resume  
16 the practice of medicine until enrollment or participation in the outstanding portions of the  
17 clinical competence assessment program have been completed and comply with the cease practice  
18 order. If the Respondent does not successfully complete the clinical competence assessment  
19 program and the Board has issued a cease practice order, the Respondent shall not resume the  
20 practice of medicine until a final decision has been rendered on an Accusation. Failure to comply  
21 with a cease practice order issued by the Board under this term and condition shall be considered  
22 unprofessional conduct.

23 Any violation of condition B as described above by Respondent, including but not limited  
24 to, a failure to successfully complete the competence assessment program and/or follow the  
25 program recommendations, shall constitute general unprofessional conduct. Respondent  
26 understands and agrees that a violation of condition B shall be grounds for the filing of further  
27 immediate disciplinary action against Respondent's license.

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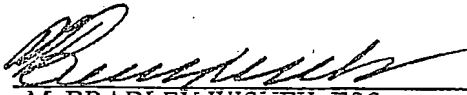
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ACCEPTANCE

I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully discussed it with my attorney, M. Bradley Wishek, Esq. I understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order of the Medical Board of California.

DATED: 12/17/21   
JOHN TIMOTHY WARING, M.D.  
*Respondent*

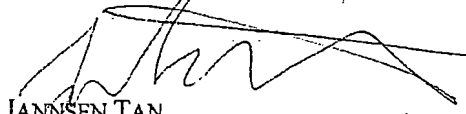

I have read and fully discussed with Respondent John Timothy Waring, M.D. the terms and conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order. I approve its form and content.

DATED: 12-17-21   
M. BRADLEY WISHEK, ESQ.  
*Attorney for Respondent*

ENDORSEMENT

The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California.

DATED: 12-17-21                      Respectfully submitted,  
ROB BONTA  
Attorney General of California  
STEVEN D. MUNI  
Supervising Deputy Attorney General

  
JANNSEN TAN  
Deputy Attorney General  
*Attorneys for Complainant*  


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7 *Attorneys for Complainant*

8  
9 **BEFORE THE**  
10 **MEDICAL BOARD OF CALIFORNIA**  
11 **DEPARTMENT OF CONSUMER AFFAIRS**  
12 **STATE OF CALIFORNIA**

13 In the Matter of the Accusation Against:

Case No. 800-2019-061707

14 **John Timothy Waring, M.D.**  
15 **5530 Birdcage St., Ste. 145**  
16 **Citrus Heights, CA 95610-7621**

**ACCUSATION**

17 **Physician's and Surgeon's Certificate**  
18 **No. A 109920,**

19 Respondent.

20 **PARTIES**

21 1. William Prasifka (Complainant) brings this Accusation solely in his official  
22 capacity as the Executive Director of the Medical Board of California, Department of Consumer  
23 Affairs (Board).

24 2. On or about November 4, 2009, the Medical Board issued Physician's and  
25 Surgeon's Certificate Number A 109920 to John Timothy Waring, M.D. (Respondent). The  
26 Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the  
27 charges brought herein and will expire on July 31, 2021, unless renewed.  
28

1 JURISDICTION

2 3. This Accusation is brought before the Board, under the authority of the following  
3 laws. All section references are to the Business and Professions Code (Code) unless otherwise  
4 indicated.

5 4. Section 2227 of the Code states:

6 (a) A licensee whose matter has been heard by an administrative law judge  
7 of the Medical Quality Hearing Panel as designated in Section 11371 of the  
8 Government Code, or whose default has been entered, and who is found guilty, or  
9 who has entered into a stipulation for disciplinary action with the board, may, in  
10 accordance with the provisions of this chapter:

11 (1) Have his or her license revoked upon order of the board.

12 (2) Have his or her right to practice suspended for a period not to exceed one  
13 year upon order of the board.

14 (3) Be placed on probation and be required to pay the costs of probation  
15 monitoring upon order of the board.

16 (4) Be publicly reprimanded by the board. The public reprimand may  
17 include a requirement that the licensee complete relevant educational courses  
18 approved by the board.

19 (5) Have any other action taken in relation to discipline as part of an order of  
20 probation, as the board or an administrative law judge may deem proper.

21 (b) Any matter heard pursuant to subdivision (a), except for warning letters,  
22 medical review or advisory conferences, professional competency examinations,  
23 continuing education activities, and cost reimbursement associated therewith that  
24 are agreed to with the board and successfully completed by the licensee, or other  
25 matters made confidential or privileged by existing law, is deemed public, and shall  
26 be made available to the public by the board pursuant to Section 803.1.

27 STATUTORY PROVISIONS

28 5. Section 2234 of the Code, states:

The board shall take action against any licensee who is charged with  
unprofessional conduct. In addition to other provisions of this article, unprofessional  
conduct includes, but is not limited to, the following:

(a) Violating or attempting to violate, directly or indirectly, assisting in or  
abetting the violation of, or conspiring to violate any provision of this chapter.

(b) Gross negligence.

(c) Repeated negligent acts. To be repeated, there must be two or more  
negligent acts or omissions. An initial negligent act or omission followed by a  
separate and distinct departure from the applicable standard of care shall constitute  
repeated negligent acts.

1 (1) An initial negligent diagnosis followed by an act or omission medically  
2 appropriate for that negligent diagnosis of the patient shall constitute a single  
3 negligent act.

4 (2) When the standard of care requires a change in the diagnosis, act, or  
5 omission that constitutes the negligent act described in paragraph (1), including, but  
6 not limited to, a reevaluation of the diagnosis or a change in treatment, and the  
7 licensee's conduct departs from the applicable standard of care, each departure  
8 constitutes a separate and distinct breach of the standard of care.

9 (d) Incompetence.

10 (e) The commission of any act involving dishonesty or corruption that is  
11 substantially related to the qualifications, functions, or duties of a physician and  
12 surgeon.

13 (f) Any action or conduct that would have warranted the denial of a  
14 certificate.

15 (g) The failure by a certificate holder, in the absence of good cause, to attend  
16 and participate in an interview by the board. This subdivision shall only apply to a  
17 certificate holder who is the subject of an investigation by the board.

18 6. Section 2266 of the Code states: The failure of a physician and surgeon to  
19 maintain adequate and accurate records relating to the provision of services to their patients  
20 constitutes unprofessional conduct.

21 **FACTUAL ALLEGATIONS**

22 **FIRST CAUSE FOR DISCIPLINE**  
23 **(Repeated Negligent Acts)**

24 7. Respondent is a physician and surgeon, board certified in anesthesiology, who at  
25 all times relevant to the charges brought herein worked in Mercy General Hospital (Mercy) in  
26 Sacramento, California.

27 8. Respondent's license is subject to disciplinary action under section 2234,  
28 subdivision (c), of the Code, in that he committed repeated negligent acts during the care and  
treatment of Patients 9383<sup>1</sup>, 7481, 2148, and 3355, as more particularly alleged hereinafter.

**Patient 9383**

9. On or about July 3, 2019, Patient 9383 was at the time, a 75-year-old woman who  
underwent a 12-hour general anesthetic for lumbar scoliosis reconstruction surgery. Her past

<sup>1</sup> Patient names have been redacted to protect patient confidentiality.

1 medical history was pertinent for a BMI = 24, hypertension, sooliosis, and hyponatremia (Na+ =  
2 124).

3 10. On or about July 3, 2019, Patient 9383 underwent surgery. The total anesthesia  
4 time was 0745-2204 hours. Respondent did not begin the anesthetic, but was the relief  
5 anesthesiologist at the 9-hour mark at 1715 hours. The first anesthesiologist (Dr. P) placed a 20  
6 gauge IV in the left hand and a 20 gauge arterial line in the right radlal artery preoperatively, but  
7 no central venous pressure catheter (CVP) line was inserted. Dr. P induced general anesthesia,  
8 and Patient 9383 was turned prone. Anesthesia included sevoflurane and nitrous oxide, as well as  
9 propofol and sufentanil infusions. Three IV infusions were run through the 20 gauge left hand  
10 IV. These infusions, started at 0800 hours, were propofol, sufentanil, and phenylephrine. In  
11 addition, cell saver blood transfusions were administered through this same IV.

12 11. At around 1715 hours, Respondent took over the anesthetic, Dr. P told Respondent  
13 the blood pressure had been consistently low, requiring the vasopressor infusions, and that he was  
14 about to add a dopamine infusion. Respondent was concerned with four infusions being delivered  
15 through a small gauge peripheral IV, so he started a new 2nd IV, an 18-gauge IV in the right  
16 hand, at 1745 hours.

17 12. Respondent began a dopamine infusion at 2 – 3 micrograms/kg/min through the  
18 new 2nd IV. The hypotension remained resistant to the dopamine and phenylephrine. At around  
19 1830 hours Respondent added a vasopressin IV infusion through the new 2nd IV to support the  
20 blood pressure. Over the next hours, Respondent noted that the arterial line tracing from the right  
21 radial artery was dampened, and that the right hand became dusky and swollen. Ultimately,  
22 Respondent wound up using the noninvasive blood pressure cuff to monitor the blood pressure.

23 13. At 1825 hours the chart reads "noted RUE ? infiltrated PIV," meaning right upper  
24 extremity ? infiltrated peripheral IV. It appeared that the dopamine and the vasopressin pressor  
25 infusions had extravasated into the soft tissues. Respondent called for help, and a third  
26 anesthesiologist came to his assistance. At or around 1846 hours the third anesthesiologist started  
27 a 3rd IV in the right antecubital fossa. After the surgery ended and Patient 9383 was turned  
28

1 supine, Respondent inserted a central venous pressure (CVP) line, and Patient 9383 was  
2 transferred to the ICU. The estimated blood loss for the case was 1500 – 1800 ml.

3 14. Postoperatively, Patient 9383 was intubated overnight and extubated the next day.  
4 Vascular surgery was consulted regarding the dusky right hand. On the first post-op day, July 4,  
5 2019, Patient 9383 was returned to the operating room and vascular surgeons performed a  
6 thrombectomy on the arterial supply to the right hand. The vascular surgery diagnosis was “IV  
7 infiltration with infiltration of vasopressor agents.” The right hand had returned to normal  
8 function on discharge on or about July 11, 2019.

9 15. Respondent committed repeated negligent acts in that he failed to correctly place a  
10 peripheral IV. Respondent infused the powerful pressors dopamine and vasopressin into an  
11 incorrectly placed peripheral IV that was not inside the peripheral vein.

12 Patient 7481

13 16. On or about June 20, 2019, Patient 7481 was at the time, a 79-year-old male with  
14 severe aortic insufficiency (AI), dilated cardiomyopathy, pulmonary hypertension, congestive  
15 heart failure, a pacemaker, diabetes, cirrhosis, and asthma/COPD, for an aortic valve replacement  
16 (AVR), possible coronary artery bypass, and possible aortic root replacement surgery. His  
17 preoperative workup was also positive for a cardiac catheterization showing an ejection fraction  
18 of 30%, and an echo showing dilated left and right ventricles and moderate mitral regurgitation  
19 and tricuspid regurgitation. Patient 7481 was also prescribed and took Ativan 2 mg the night  
20 before his operation.

21 17. Respondent was the anesthesiologist. The anesthesia start time was 0643 hours.  
22 Patient 7481 was awake enough to move himself over from the gurney to the operating room  
23 table when he arrived in the operating room at 0643. His nasal oxygen cannula was removed and  
24 replaced by the oxygen mask from the anesthesia machine. Routine monitors were placed. IV  
25 sedation of fentanyl 25 micrograms and midazolam 1 mg was administered, and Respondent  
26 began attempts at a right radial arterial line.

27 18. At around 0715 hours, the pulse oximeter stopped working. Oxygen saturation of  
28 100% was recorded on the anesthesia record until 0715 hours. Respondent asked the circulating

1 nurse to attempt to reposition the non-functioning pulse oximeter. Respondent requested the  
2 scrub tech to give a chin lift to improve the airway. Respondent realized there was no pulse in the  
3 radial artery, and he requested an ultrasound so he could locate the artery. He also began to  
4 assess the right brachial artery location for an arterial line.

5 19. The surgeon then entered the room and began to assist by helping Respondent  
6 place a brachial arterial line. Patient 7481 had a pacemaker, so the EKG still read electrical  
7 activity of paced beats. While the surgeon was attempting the arterial line, Respondent turned his  
8 attention to the Patient 7481's airway, and realized he was not breathing. He felt for a carotid  
9 pulse and could not detect a pulse. He administered naloxone (Narcan) and flumazenil reversal  
10 with no improvement. Patient 7481 developed ventricular fibrillation. A code was called and  
11 CPR was begun at 0739 hours. Patient 7481's blood pressure and respiratory rate was not  
12 recorded on the anesthesia record from 0643 until 0739 hours, when CPR was initiated.

13 20. Patient 7481 was shocked, with no improvement. Respondent intubated the  
14 Patient 7481's trachea. Patient 7481 was placed on emergency cardiopulmonary bypass, and his  
15 chest was opened. The surgery proceeded, and Patient 7481 was eventually taken to the ICU for  
16 an anesthesia stop time of 1343 hours. Postoperatively Patient 7481 had a hypoxic brain injury,  
17 and was declared dead on June 26, 2019.

18 21. Respondent committed repeated negligent acts in that he failed to vigilantly  
19 monitor Patient 7481's airway, breathing and circulation.

20 **Patient 2148**

21 22. On or about August 8, 2019, Patient 2148 was a 25-year-old female with a history  
22 of morbid obesity, obstructive sleep apnea, Graves disease, and asthma, who presented for a total  
23 thyroidectomy.

24 23. Respondent was the anesthesiologist. The anesthesia time was 0733 – 1059 hours.  
25 Respondent induced anesthesia with propofol, and paralyzed the patient with doses of 10 mg  
26 rocuronium/200 mg succinylcholine/40 mg rocuronium at approximately 0745 hours. He  
27 intubated the trachea using a Glidescope. The endotracheal tube was a NIM (neuro integrity  
28 monitor) tube. There was no neuromonitoring tech—the monitoring was done by the surgeon.

1 Maintenance anesthesia was sevoflurane 2 – 2.5% and fentanyl 350 micrograms. The initial  
2 paralysis would have worn off within about 45 minutes.

3 24. At around 0900 hours, Respondent administered another dose of rocuronium 30  
4 mg because he was worried the patient could buck or move. The mid-surgery dose of the  
5 paralytic rendered the NIM monitor ineffective. Respondent failed to inform the surgeon that he  
6 administered rocuronium mid-surgery. The surgeon noted that when he stimulated the right  
7 recurrent laryngeal nerve, the NIM monitor did not work. For this reason, the surgeon decided to  
8 terminate the remainder of the surgery, and did not remove the left lobe of the thyroid.

9 25. At around 1030 hours, Respondent gave sugammadex 200 micrograms to reverse  
10 the paralysis prior to awakening the patient. Patient 2148 was discharged to home the same day.

11 26. In a subsequent case that day involving Patient 3355's parotidectomy, the surgeon  
12 learned that Respondent also administered rocuronium mid-surgery to prevent bucking which  
13 resulted in the NIM monitor being ineffective.

14 27. Respondent committed repeated negligent acts in that he administered rocuronium  
15 mid-surgery to "prevent bucking", blocking the efficacy of the neuromuscular monitoring.  
16 Respondent also failed to inform the surgeon that he administered a neuromuscular blocking drug  
17 while a neuromonitoring device was in place.

18 **Patient 3355**

19 28. On or about August 8, 2019, Patient 3355 was at the time, a 46-year-old female  
20 who presented for a left parotidectomy. Her past history was positive for a seizure disorder, with  
21 the last seizure occurring over one year in the past.

22 29. Respondent was the anesthesiologist. The anesthesia time was 1131 hours – 1500  
23 hours. The anesthetic was propofol, sevoflurane, nitrous oxide, and 350 micrograms of fentanyl.  
24 Respondent administered rocuronium 50 mg at 1145 hours to intubate the trachea and once again  
25 in mid-case at 1250 hours. Respondent failed to inform the surgeon that he administered  
26 rocuronium mid-surgery.

27  
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