

BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA

In the Matter of the Accusation  
Against:

Hyder Husain Arastu, M.D.

Physician's and Surgeon's  
Certificate No. A 42456

Case No.: 800-2020-068915

Respondent.

DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on December 16, 2021.

IT IS SO ORDERED: November 16, 2021.

MEDICAL BOARD OF CALIFORNIA



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Laurie Rose Lubiano, J.D., Chair  
Panel A

1 ROB BONTA  
Attorney General of California  
2 MARY CAIN-SIMON  
Supervising Deputy Attorney General  
3 HANSA M. MURTHY  
Deputy Attorney General  
4 State Bar No. 274745  
455 Golden Gate Avenue, Suite 11000  
5 San Francisco, CA 94102-7004  
Telephone: (415) 510-3495  
6 Facsimile: (415) 703-5480  
E-mail: Hamsa.Murthy@doj.ca.gov  
7 *Attorneys for Complainant*

8  
9 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
10 **DEPARTMENT OF CONSUMER AFFAIRS**  
11 **STATE OF CALIFORNIA**

12 In the Matter of the Accusation Against:

13 **HYDER HUSAIN ARASTU, M.D.**  
14 **112 Cardinal Dr.**  
**Greenville NC 27858**

15  
16 **Physician's and Surgeon's Certificate No. A**  
**42456**

17 Respondent.

Case No. 800-2020-068915

OAH No. 2021040504

18  
19  
20 **STIPULATED SETTLEMENT AND**  
**DISCIPLINARY ORDER**

21 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-  
entitled proceedings that the following matters are true:

22 **PARTIES**

23 1. William Prasifka (Complainant) is the Executive Director of the Medical Board of  
24 California (Board). He brought this action solely in his official capacity and is represented in this  
25 matter by Rob Bonta, Attorney General of the State of California, by Hamsa M. Murthy, Deputy  
26 Attorney General.

27 2. Respondent Hyder Husain Arastu, M.D. (Respondent) is represented in this  
28 proceeding by attorney Michael A. Dubin, whose business address is: 275 Battery Street, Suite

1 2000, San Francisco, CA 94111. On or about February 3, 1986, the Board issued Physician's and  
2 Surgeon's Certificate No. A 42456 to Hyder Husain Arastu, M.D. (Respondent). The Physician's  
3 and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought  
4 in Accusation No. 800-2020-68915, and will expire on January 31, 2022, unless renewed.

5 **JURISDICTION**

6 3. Accusation No. 800-2020-68915 was filed before the Board, and is currently pending  
7 against Respondent. The Accusation and all other statutorily required documents were properly  
8 served on Respondent on October 29, 2020. Respondent timely filed his Notice of Defense  
9 contesting the Accusation.

10 4. A copy of Accusation No. 800-2020-68915 is attached as Exhibit A and incorporated  
11 herein by reference.

12 **ADVISEMENT AND WAIVERS**

13 5. Respondent has carefully read, fully discussed with counsel, and understands the  
14 charges and allegations in Accusation No. 800-2020-68915. Respondent has also carefully read,  
15 fully discussed with his counsel, and understands the effects of this Stipulated Settlement and  
16 Disciplinary Order.

17 6. Respondent is fully aware of his legal rights in this matter, including the right to a  
18 hearing on the charges and allegations in the Accusation; the right to confront and cross-examine  
19 the witnesses against him; the right to present evidence and to testify on his own behalf; the right  
20 to the issuance of subpoenas to compel the attendance of witnesses and the production of  
21 documents; the right to reconsideration and court review of an adverse decision; and all other  
22 rights accorded by the California Administrative Procedure Act and other applicable laws.

23 7. Respondent voluntarily, knowingly, and intelligently waives and gives up each and  
24 every right set forth above.

25 **CULPABILITY**

26 8. Respondent admits the truth of each and every charge and allegation in Accusation  
27 No. 800-2020-68915.

28



1 and Respondent is placed on probation for three (3) years on the following terms and conditions:

2 1. PRESCRIBING PRACTICES COURSE. Within 60 calendar days of the effective date of  
3 this Decision, Respondent shall enroll in a course in prescribing practices approved in advance by  
4 the Board or its designee. Respondent shall provide the approved course provider with any  
5 information and documents that the approved course provider may deem pertinent. Respondent  
6 shall participate in and successfully complete the classroom component of the course not later  
7 than six (6) months after Respondent's initial enrollment. Respondent shall successfully  
8 complete any other component of the course within one (1) year of enrollment. The prescribing  
9 practices course shall be at Respondent's expense and shall be in addition to the Continuing  
10 Medical Education (CME) requirements for renewal of licensure.

11 A prescribing practices course taken after the acts that gave rise to the charges in the  
12 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board  
13 or its designee, be accepted towards the fulfillment of this condition if the course would have  
14 been approved by the Board or its designee had the course been taken after the effective date of  
15 this Decision.

16 Respondent shall submit a certification of successful completion to the Board or its  
17 designee not later than 15 calendar days after successfully completing the course, or not later than  
18 15 calendar days after the effective date of the Decision, whichever is later.

19 2. MEDICAL RECORD KEEPING COURSE. Within 60 calendar days of the effective date  
20 of this Decision, Respondent shall enroll in a course in medical record keeping approved in  
21 advance by the Board or its designee. Respondent shall provide the approved course provider  
22 with any information and documents that the approved course provider may deem pertinent.  
23 Respondent shall participate in and successfully complete the classroom component of the course  
24 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully  
25 complete any other component of the course within one (1) year of enrollment. The medical  
26 record keeping course shall be at Respondent's expense and shall be in addition to the Continuing  
27 Medical Education (CME) requirements for renewal of licensure.

28 A medical record keeping course taken after the acts that gave rise to the charges in the

1 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board  
2 or its designee, be accepted towards the fulfillment of this condition if the course would have  
3 been approved by the Board or its designee had the course been taken after the effective date of  
4 this Decision.

5 Respondent shall submit a certification of successful completion to the Board or its  
6 designee not later than 15 calendar days after successfully completing the course, or not later than  
7 15 calendar days after the effective date of the Decision, whichever is later.

8 3. PROFESSIONALISM PROGRAM (ETHICS COURSE). Within 60 calendar days of the  
9 effective date of this Decision, Respondent shall enroll in a professionalism program, that meets  
10 the requirements of Title 16, California Code of Regulations (CCR) section 1358.1. Respondent  
11 shall participate in and successfully complete that program. Respondent shall provide any  
12 information and documents that the program may deem pertinent. Respondent shall successfully  
13 complete the classroom component of the program not later than six (6) months after  
14 Respondent's initial enrollment, and the longitudinal component of the program not later than the  
15 time specified by the program, but no later than one (1) year after attending the classroom  
16 component. The professionalism program shall be at Respondent's expense and shall be in  
17 addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

18 A professionalism program taken after the acts that gave rise to the charges in the  
19 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board  
20 or its designee, be accepted towards the fulfillment of this condition if the program would have  
21 been approved by the Board or its designee had the program been taken after the effective date of  
22 this Decision.

23 Respondent shall submit a certification of successful completion to the Board or its  
24 designee not later than 15 calendar days after successfully completing the program or not later  
25 than 15 calendar days after the effective date of the Decision, whichever is later.

26 4. NOTIFICATION. Within seven (7) days of the effective date of this Decision, the  
27 Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the  
28 Chief Executive Officer at every hospital where privileges or membership are extended to

1 Respondent, at any other facility where Respondent engages in the practice of medicine,  
2 including all physician and locum tenens registries or other similar agencies, and to the Chief  
3 Executive Officer at every insurance carrier which extends malpractice insurance coverage to  
4 Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15  
5 calendar days.

6 This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

7 5. SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE  
8 NURSES. During probation, Respondent is prohibited from supervising physician assistants and  
9 advanced practice nurses.

10 6. OBEY ALL LAWS. Respondent shall obey all federal, state and local laws, all rules  
11 governing the practice of medicine in California and remain in full compliance with any court  
12 ordered criminal probation, payments, and other orders.

13 7. QUARTERLY DECLARATIONS. Respondent shall submit quarterly declarations under  
14 penalty of perjury on forms provided by the Board, stating whether there has been compliance  
15 with all the conditions of probation.

16 Respondent shall submit quarterly declarations not later than 10 calendar days after the end  
17 of the preceding quarter.

18 8. GENERAL PROBATION REQUIREMENTS.

19 Compliance with Probation Unit

20 Respondent shall comply with the Board's probation unit.

21 Address Changes

22 Respondent shall, at all times, keep the Board informed of Respondent's business and  
23 residence addresses, email address (if available), and telephone number. Changes of such  
24 addresses shall be immediately communicated in writing to the Board or its designee. Under no  
25 circumstances shall a post office box serve as an address of record, except as allowed by Business  
26 and Professions Code section 2021, subdivision (b).

27 Place of Practice

28 Respondent shall not engage in the practice of medicine in Respondent's or patient's place

1 of residence, unless the patient resides in a skilled nursing facility or other similar licensed  
2 facility.

3 License Renewal

4 Respondent shall maintain a current and renewed California physician's and surgeon's  
5 license.

6 Travel or Residence Outside California

7 Respondent shall immediately inform the Board or its designee, in writing, of travel to any  
8 areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty  
9 (30) calendar days.

10 In the event Respondent should leave the State of California to reside or to practice  
11 ,Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of  
12 departure and return.

13 9. INTERVIEW WITH THE BOARD OR ITS DESIGNEE. Respondent shall be available  
14 in person upon request for interviews either at Respondent's place of business or at the probation  
15 unit office, with or without prior notice throughout the term of probation.

16 10. NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or its  
17 designee in writing within 15 calendar days of any periods of non-practice lasting more than 30  
18 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is  
19 defined as any period of time Respondent is not practicing medicine as defined in Business and  
20 Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct  
21 patient care, clinical activity or teaching, or other activity as approved by the Board. If  
22 Respondent resides in California and is considered to be in non-practice, Respondent shall  
23 comply with all terms and conditions of probation. All time spent in an intensive training  
24 program which has been approved by the Board or its designee shall not be considered non-  
25 practice and does not relieve Respondent from complying with all the terms and conditions of  
26 probation. Practicing medicine in another state of the United States or Federal jurisdiction while  
27 on probation with the medical licensing authority of that state or jurisdiction shall not be  
28 considered non-practice. A Board-ordered suspension of practice shall not be considered as a



1 period of non-practice.

2 In the event Respondent's period of non-practice while on probation exceeds 18 calendar  
3 months, Respondent shall successfully complete the Federation of State Medical Boards's Special  
4 Purpose Examination, or, at the Board's discretion, a clinical competence assessment program  
5 that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model  
6 Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.

7 Respondent's period of non-practice while on probation shall not exceed two (2) years. Periods  
8 of non-practice will not apply to the reduction of the probationary term. Periods of non-practice  
9 for a Respondent residing outside of California will relieve Respondent of the responsibility to  
10 comply with the probationary terms and conditions with the exception of this condition and the  
11 following terms and conditions of probation: Obey All Laws; General Probation Requirements;  
12 Quarterly Declarations.

13 11. COMPLETION OF PROBATION. Respondent shall comply with all financial  
14 obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the  
15 completion of probation. Upon successful completion of probation, Respondent's certificate shall  
16 be fully restored.

17 12. VIOLATION OF PROBATION. Failure to fully comply with any term or condition of  
18 probation is a violation of probation. If Respondent violates probation in any respect, the Board,  
19 after giving Respondent notice and the opportunity to be heard, may revoke probation and carry  
20 out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke Probation, or an  
21 Interim Suspension Order is filed against Respondent during probation, the Board shall have  
22 continuing jurisdiction until the matter is final, and the period of probation shall be extended until  
23 the matter is final.

24 13. LICENSE SURRENDER. Following the effective date of this Decision, if Respondent  
25 ceases practicing due to retirement or health reasons or is otherwise unable to satisfy the terms  
26 and conditions of probation, Respondent may request to surrender his license. The Board reserves  
27 the right to evaluate Respondent's request and to exercise its discretion in determining whether or  
28 not to grant the request, or to take any other action deemed appropriate and reasonable under the

1 circumstances. Upon formal acceptance of the surrender, Respondent shall within 15 calendar  
2 days deliver Respondent's wallet and wall certificate to the Board or its designee and Respondent  
3 shall no longer practice medicine. Respondent will no longer be subject to the terms and  
4 conditions of probation. If Respondent re-applies for a medical license, the application shall be  
5 treated as a petition for reinstatement of a revoked certificate.

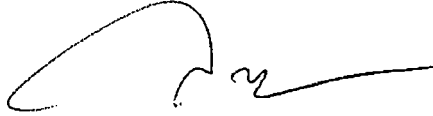
6 14. PROBATION MONITORING COSTS. Respondent shall pay the costs associated with  
7 probation monitoring each and every year of probation, as designated by the Board, which may be  
8 adjusted on an annual basis. Such costs shall be payable to the Medical Board of California and  
9 delivered to the Board or its designee no later than January 31 of each calendar year.

10 15. FUTURE ADMISSIONS CLAUSE. If Respondent should ever apply or reapply for a  
11 new license or certification, or petition for reinstatement of a license, by any other health care  
12 licensing action agency in the State of California, all of the charges and allegations contained in  
13 Accusation No. 800-2020-68915 shall be deemed to be true, correct, and admitted by Respondent  
14 for the purpose of any Statement of Issues or any other proceeding seeking to deny or restrict  
15 license.

1 ACCEPTANCE

2 I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully  
3 discussed it with my attorney. I understand the stipulation and the effect it will have on my  
4 Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and Disciplinary  
5 Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order  
6 of the Medical Board of California.

7  
8 DATED: October 1, 2021



9 HYDER HUSAIN ARASTU, M.D.  
*Respondent*

10 I have read and fully discussed with Respondent Hyder Husain Arastu, M.D. the terms and  
11 conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order.

12 I approve its form and content.

13 DATED: October 1, 2021



14 *Attorney for Respondent*


15  
16 ENDORSEMENT

17 The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully  
18 submitted for consideration by the Medical Board of California.

19  
20 DATED: 10-6-21

Respectfully submitted,

21 ROB BONTA  
Attorney General of California  
22 MARY CAIN-SIMON  
Supervising Deputy Attorney General



23  
24 HAMSA M. MURTHY  
25 Deputy Attorney General  
*Attorneys for Complainant*

# Exhibit A

1 XAVIER BECERRA  
Attorney General of California  
2 MARY CAIN-SIMON  
Supervising Deputy Attorney General  
3 HANSA M. MURTHY  
Deputy Attorney General  
4 State Bar No. 274745  
455 Golden Gate Avenue, Suite 11000  
5 San Francisco, CA 94102-7004  
Telephone: (415) 510-3495  
6 Facsimile: (415) 703-5480  
E-mail: Hamsa.Murthy@doj.ca.gov  
7 *Attorneys for Complainant*

8  
9 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
10 **DEPARTMENT OF CONSUMER AFFAIRS**  
11 **STATE OF CALIFORNIA**

12 In the Matter of the Accusation Against:

Case No. 800-2020-068915

13 **Hyder Husain Arastu, M.D.**  
14 **112 Cardinal Dr.**  
**Greenville, NC 27858**

**ACCUSATION**

15  
16 **Physician's and Surgeon's Certificate**  
**No. A 42456,**

17 Respondent.  
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19  
20 **PARTIES**

21 1. William Prasifka (Complainant) brings this Accusation solely in his official capacity  
22 as the Executive Director of the Medical Board of California, Department of Consumer Affairs  
23 (Board).

24 2. On or about February 3, 1986, the Board issued Physician's and Surgeon's Certificate  
25 Number A 42456 to Hyder Husain Arastu, M.D. (Respondent). The Physician's and Surgeon's  
26 Certificate was in full force and effect at all times relevant to the charges brought herein and will  
27 expire on January 31, 2022, unless renewed.  
28

1           3. This Accusation is brought before the Board, under the authority of the following  
2 laws. All section references are to the Business and Professions Code (Code) unless otherwise  
3 indicated.

4           4. Section 2227 of the Code provides that a licensee who is found guilty under the  
5 Medical Practice Act may have his or her license revoked, suspended for a period not to exceed  
6 one year, placed on probation and required to pay the costs of probation monitoring, or such other  
7 action taken in relation to discipline as the Board deems proper.

8           5. Section 2234 of the Code provides that the Board shall take action against any  
9 licensee who is charged with "unprofessional conduct," which includes but is not limited to,  
10 "[v]iolating . . . any provision of this chapter."

11           6. Section 2305 of the Code provides, in pertinent part, that the revocation, suspension,  
12 or other discipline, restriction, or limitation imposed by another state upon a license to practice  
13 medicine issued by that state, or the revocation, suspension, or restriction of the authority to  
14 practice medicine by any agency of the federal government, that would have been grounds for  
15 discipline in California, shall constitute grounds for disciplinary action for unprofessional  
16 conduct.

17           7. Section 141 of the Code provides:

18               (a) For any licensee holding a license issued by a board under the jurisdiction of  
19 the department, a disciplinary action taken by another state, by any agency of the  
20 federal government, or by another country for any act substantially related to the  
21 practice regulated by the California license, may be a ground for disciplinary action  
22 by the respective state licensing board. A certified copy of the record of the  
disciplinary action taken against the licensee by another state, an agency of the  
federal government, or another country shall be conclusive evidence of the events  
related therein.

23               (b) Nothing in this section shall preclude a board from applying a specific  
24 statutory provision in the licensing act administered by that board that provides for  
discipline based upon a disciplinary action taken against the licensee by another state,  
an agency of the federal government, or another country.

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1 FIRST CAUSE FOR DISCIPLINE

2 (Discipline, Restriction, or Limitation Imposed by Another State)

3 8. On June 2, 2020, the North Carolina Medical Board (North Carolina Board) entered a  
4 Consent Order against Respondent (attached herewith as Exhibit A). The North Carolina Board  
5 found that between 2013 and 2017, Respondent wrote and authorized twenty-two prescriptions  
6 for controlled substances for his colleague and his colleague's family, even though he did not  
7 have an established physician/patient relationship with any of these individuals. (Exhibit A at p.  
8 2 of 6.) Respondent also did not properly document any of the above-referenced prescriptions.  
9 (*Ibid.*) Respondent acknowledged that his conduct constituted unprofessional conduct in North  
10 Carolina. (Exhibit A at p. 3 of 6.) The North Carolina Board suspended Respondent's license to  
11 practice medicine in North Carolina for one year, beginning on November 17, 2019, and it  
12 immediately stayed the suspension. (*Id.* at p. 4 of 6.) The North Carolina Board ordered that  
13 Respondent obey all rules and regulations involving the practice of medicine in that state, and  
14 also that Respondent meet with members of the North Carolina Board for investigative interviews  
15 as requested, among other conditions. (*Ibid.*)

16 9. Respondent's alleged conduct with respect to his prescribing of controlled substances,  
17 and the subsequent actions of the North Carolina Board, as set forth in paragraph 8, above, and  
18 Exhibits A, constitute cause for discipline in California, pursuant to section 2234 and/or section  
19 2305 and/or section 141, subdivision (a) of the Code.

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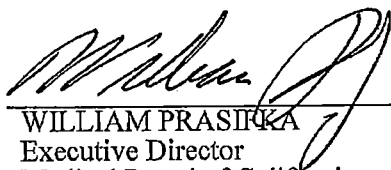
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PRAYER

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

1. Revoking or suspending Physician's and Surgeon's Certificate Number A 42456, issued to Hyder Husain Arastu, M.D.;
2. Revoking, suspending or denying approval of Hyder Husain Arastu, M.D.'s authority to supervise physician assistants and advanced practice nurses;
3. Ordering Hyder Husain Arastu, M.D., if placed on probation, to pay the Board the costs of probation monitoring; and
4. Taking such other and further action as deemed necessary and proper.

DATED: OCT 29 2020

  
\_\_\_\_\_  
WILLIAM PRASIRKA  
Executive Director  
Medical Board of California  
Department of Consumer Affairs  
State of California  
*Complainant*



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Exhibit A



## North Carolina Medical Board

Bryant A. Murphy, MD: President | Venkata Jonnalagadda, MD: President-Elect | John W. Rusher, MD: Secretary/Treasurer

Re: Hyder Husain Arastu, M.D.  
[REDACTED]

The attached six (6) pages are certified to be a true copy of Dr. Arastu's official record of the North Carolina Medical Board kept under my custody and control.

This the 20<sup>th</sup> day of July 2020.

*R. David Henderson*

---

R. David Henderson  
Chief Executive Officer

SEAL

BEFORE THE  
NORTH CAROLINA MEDICAL BOARD

In re: )  
Hyder Husain Arastu, M.D., ) CONSENT ORDER  
Respondent. )

This matter is before the North Carolina Medical Board ("Board") regarding information provided to the Board concerning Hyder Husain Arastu, M.D. ("Dr. Arastu"). Dr. Arastu makes the following admissions and the Board makes the following findings and conclusions:

STATUTORY AUTHORITY

The Board is a body duly organized under the laws of North Carolina and is the proper party to bring this proceeding under the authority granted to it in Article 1 of Chapter 90 of the North Carolina General Statutes and the rules and regulations promulgated thereto.

FINDINGS OF FACT

Dr. Arastu was first issued a license to practice medicine by the Board on or about June 26, 1996, license number 9600808.

At all times relevant hereto, Dr. Arastu practiced radiation oncology in Greenville, North Carolina.

In March 2017, the Board received information from law enforcement that Dr. Arastu had prescribed controlled substances

to a colleague and the colleague's spouse without a documented medical reason.

During the course of the Board's investigation, it was revealed that Dr. Arastu wrote twenty-two (22) prescriptions for controlled substances to his colleague and his colleague's family members from January 2013 to January 2017. During that same time, Dr. Arastu also prescribed multiple non-controlled substances to his colleague and his colleague's spouse.

Dr. Arastu admitted to the Board that he had authorized the prescriptions for his colleague. Dr. Arastu also admitted that he did not have an established physician/patient relationship with the colleague or the colleague's family members and did not prepare any documentation or medical charting for any of the prescriptions.

Dr. Arastu has completed seven (7) hours of continuing medical education on prescribing and a three-day intensive course on controlled substance prescribing from June 10, 2019, to June 12, 2019.

At the request of the Board, Dr. Arastu completed the Professional/Problem-Based Ethics (ProBE) course, an education course offered by the Center for Personalized Education for Professionals on November 17, 2019.

### CONCLUSIONS OF LAW

Dr. Arastu acknowledges that his conduct, as described above, constitutes unprofessional conduct, including, but not limited to, a departure from, or the failure to conform to, the standards of acceptable and prevailing medical practice, or the ethics of the medical profession, within the meaning of N.C. Gen. Stat. § 90-14(a)(6) which is grounds under that section of the North Carolina General Statutes for the Board to annul, suspend, revoke, condition, or limit Dr. Arastu's license to practice medicine or to deny any application he may make in the future.

### PROCEDURAL STIPULATIONS

Dr. Arastu acknowledges and agrees that the Board has jurisdiction over him and over the subject matter of this case.

Dr. Arastu knowingly waives his right to any hearing and to any judicial review or appeal in this case.

Dr. Arastu, with the advice of legal counsel, acknowledges that he has read and understands this Consent Order and enters into it voluntarily.

Dr. Arastu desires to resolve this matter without the need for more formal proceedings.

The Board has determined that it is in the public interest to resolve this case as set forth below.

ORDER

NOW, THEREFORE, with Dr. Arastu's consent, it is ORDERED that:

1. Dr. Arastu's North Carolina license to practice medicine is hereby SUSPENDED for ONE (1) YEAR. The suspension is hereby STAYED. The suspension is set to run from November 17, 2019, the date of Dr. Arastu's completion of the ProBE course, until November 17, 2020. During the time period this Consent Order shall be in effect, Dr. Arastu shall be authorized to continue to practice medicine in accordance with the terms of his medical license as it existed prior to the entry of this Consent Order.

2. Dr. Arastu shall obey all laws. Likewise, he shall obey all rules and regulations involving the practice of medicine.

3. Dr. Arastu shall meet with the Board or members of the Board for an investigative interview at such times as requested by the Board.

4. Upon request, Dr. Arastu shall provide the Board with any information the Board deems necessary to verify compliance with the terms and conditions of this Consent Order.

5. If Dr. Arastu fails to comply with any of the terms of this Consent Order, that failure shall constitute unprofessional conduct within the meaning of N.C. Gen. Stat. § 90-14(a)(6) and shall be grounds, after any required notice and hearing, for the Board to annul, suspend, or revoke his license to practice medicine

and to deny any application he might make in the future or then have pending for a license to practice medicine.

6. This Consent Order shall take effect immediately upon its execution by both Dr. Arastu and the Board, and it shall continue in effect until specifically ordered otherwise by the Board.

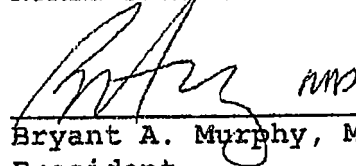
7. Dr. Arastu hereby waives any requirement under any law or rule that this Consent Order be served on him.

8. Upon execution by Dr. Arastu and the Board, this Consent Order shall become a public record within the meaning of Chapter 132 of the North Carolina General Statutes and shall be subject to public inspection and dissemination pursuant to the provisions thereof. Additionally, it will be reported to persons, entities, agencies, and clearinghouses as required and permitted by law including, but not limited to, the Federation of State Medical Boards and the National Practitioner Data Bank.

By Order of the North Carolina Medical Board this the 2nd day of June, 2020.

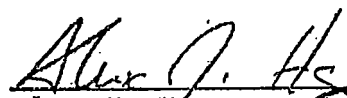
NORTH CAROLINA MEDICAL BOARD

By:

  
Bryant A. Murphy, M.D.  
President

Consented to this the 29<sup>th</sup> day of MAY, 2020.

  
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Hyder Husain Arastu, M.D.

  
\_\_\_\_\_  
Alex J. Hagan  
Counsel for Hyder Husain Arastu, M.D.

6/1/2020  
Date