

BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA

In the Matter of the Second Amended
Accusation Against

Alisa Allene Cross, M.D.

Physician's and Surgeon's
License No. A55002

Case No. 800-2015-014879

Respondent.

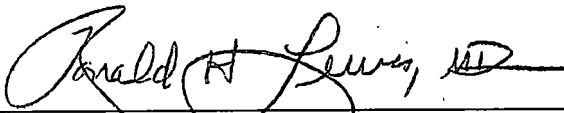
DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on October 2, 2020.

IT IS SO ORDERED: September 4, 2020.

MEDICAL BOARD OF CALIFORNIA



Ronald H. Lewis, M.D., Chair
Panel A

1 XAVIER BECERRA
Attorney General of California
2 E. A. JONES III
Supervising Deputy Attorney General
3 CHRISTINE R. FRIAR
Deputy Attorney General
4 State Bar No. 228421
California Department of Justice
5 300 So. Spring Street, Suite 1702
Los Angeles, CA 90013
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7 *Attorneys for Complainant*

8
9 **BEFORE THE**
MEDICAL BOARD OF CALIFORNIA
10 **DEPARTMENT OF CONSUMER AFFAIRS**
11 **STATE OF CALIFORNIA**

12 In the Matter of the Second Amended
13 Accusation Against:
14 **ALISA ALLENE CROSS, M.D.**
3816 S. Clear Creek Road, Suite B
15 Killeen, Texas 76549
16 Physician's and Surgeon's Certificate
No. A 55002,
17
18 Respondent.

Case No. 800-2015-014879
OAH No. 2019061055

**STIPULATED SETTLEMENT AND
DISCIPLINARY ORDER**

19
20 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-
21 entitled proceedings that the following matters are true:

22 **PARTIES**

23 1. William Prasifka (Complainant) is the Executive Director of the Medical Board of
24 California (Board). He brought this action solely in his official capacity and is represented in this
25 matter by Xavier Becerra, Attorney General of the State of California, by Christine R. Friar,
26 Deputy Attorney General.

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28 ///

1 2. Respondent Alisa Allene Cross, M.D. (Respondent) is represented in this proceeding
2 by attorney Gary Wittenberg, Esq., whose office is located at 1901 Avenue of the Stars, Suite
3 1750, Los Angeles, CA 90067.

4 3. On or about October 18, 1995, the Board issued Physician's and Surgeon's Certificate
5 No. A 55002 to Alisa Allene Cross, M.D. (Respondent). The Physician's and Surgeon's
6 Certificate was in full force and effect at all times relevant to the charges brought in Second
7 Amended Accusation No. 800-2015-014879, and will expire on May 31, 2021, unless renewed.

8 **JURISDICTION**

9 4. Second Amended Accusation No. 800-2015-014879 was filed before the Board, on or
10 about March 27, 2020, and is currently pending against Respondent. The original Accusation and
11 all other statutorily required documents were properly served on Respondent on or about April
12 27, 2018. Respondent timely filed her Notice of Defense contesting the Accusation.

13 5. A copy of Second Amended Accusation No. 800-2015-014879 is attached as Exhibit
14 A and incorporated herein by reference.

15 **ADVISEMENT AND WAIVERS**

16 6. Respondent has carefully read, fully discussed with counsel, and understands the
17 charges and allegations in Second Amended Accusation No. 800-2015-014879. Respondent has
18 also carefully read, fully discussed with her counsel, and understands the effects of this Stipulated
19 Settlement and Disciplinary Order.

20 7. Respondent is fully aware of her legal rights in this matter, including the right to a
21 hearing on the charges and allegations in the Second Amended Accusation; the right to confront
22 and cross-examine the witnesses against her; the right to present evidence and to testify on her
23 own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the
24 production of documents; the right to reconsideration and court review of an adverse decision;
25 and all other rights accorded by the California Administrative Procedure Act and other applicable
26 laws.

27 8. Respondent voluntarily, knowingly, and intelligently waives and gives up each and
28 every right set forth above.

1 CULPABILITY

2 9. Respondent understands and agrees that the charges and allegations in Second
3 Amended Accusation No. 800-2015-014879, if proven at a hearing, constitute cause for imposing
4 discipline upon her Physician's and Surgeon's Certificate.

5 10. Respondent admits the truth of the charges and allegations in the Second Cause for
6 Discipline as set forth in Second Amended Accusation No. 800-2015-014879. Respondent denies
7 the truth of the charges and allegations in the First, Third and Fourth Causes for Discipline as set
8 forth in Second Amended Accusation No. 800-2015-014879.

9 11. Respondent agrees that her Physician's and Surgeon's Certificate is subject to
10 discipline and she agrees to be bound by the Board's probationary terms as set forth in the
11 Disciplinary Order below.

12 CONTINGENCY

13 12. This stipulation shall be subject to approval by the Medical Board of California.
14 Respondent understands and agrees that counsel for Complainant and the staff of the Medical
15 Board of California may communicate directly with the Board regarding this stipulation and
16 settlement, without notice to or participation by Respondent or her counsel. By signing the
17 stipulation, Respondent understands and agrees that she may not withdraw her agreement or seek
18 to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails
19 to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary
20 Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal
21 action between the parties, and the Board shall not be disqualified from further action by having
22 considered this matter.

23 13. Respondent agrees that if she ever petitions for early termination or modification of
24 probation, or if an accusation and/or petition to revoke probation is filed against her before the
25 Board, all of the charges and allegations contained in Second Amended Accusation No. 800-
26 2015-014879 shall be deemed true, correct and fully admitted by Respondent for purposes of any
27 such proceeding or any other licensing proceeding involving Respondent in the State of
28 California.

1 14. The parties understand and agree that Portable Document Format (PDF) and facsimile
2 copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile
3 signatures thereto, shall have the same force and effect as the originals.

4 15. In consideration of the foregoing admissions and stipulations, the parties agree that
5 the Board may, without further notice or opportunity to be heard by the Respondent, issue and
6 enter the following Disciplinary Order:

7 **DISCIPLINARY ORDER**

8 IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A 55002 issued
9 to Respondent Alisa Allene Cross, M.D. is revoked. However, the revocation is stayed and
10 Respondent is placed on probation for thirty-five (35) months on the following terms and
11 conditions:

12 1. EDUCATION COURSE. Within 60 calendar days of the effective date of this
13 Decision, and on an annual basis thereafter, Respondent shall submit to the Board or its designee
14 for its prior approval educational program(s) or course(s) which shall not be less than 40 hours
15 per year, for each year of probation. The educational program(s) or course(s) shall be aimed at
16 correcting any areas of deficient practice or knowledge and shall be Category I certified. The
17 educational program(s) or course(s) shall be at Respondent's expense and shall be in addition to
18 the Continuing Medical Education (CME) requirements for renewal of licensure. Following the
19 completion of each course, the Board or its designee may administer an examination to test
20 Respondent's knowledge of the course. Respondent shall provide proof of attendance for 65
21 hours of CME of which 40 hours were in satisfaction of this condition.

22 2. PRESCRIBING PRACTICES COURSE. Within 60 calendar days of the effective
23 date of this Decision, Respondent shall enroll in a course in prescribing practices approved in
24 advance by the Board or its designee. Respondent shall provide the approved course provider
25 with any information and documents that the approved course provider may deem pertinent.
26 Respondent shall participate in and successfully complete the classroom component of the course
27 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully
28 complete any other component of the course within one (1) year of enrollment. The prescribing

1 practices course shall be at Respondent's expense and shall be in addition to the Continuing
2 Medical Education (CME) requirements for renewal of licensure.

3 A prescribing practices course taken after the acts that gave rise to the charges in the
4 Second Amended Accusation, but prior to the effective date of the Decision may, in the sole
5 discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the
6 course would have been approved by the Board or its designee had the course been taken after the
7 effective date of this Decision.

8 Respondent shall submit a certification of successful completion to the Board or its
9 designee not later than 15 calendar days after successfully completing the course, or not later than
10 15 calendar days after the effective date of the Decision, whichever is later.

11 3. MEDICAL RECORD KEEPING COURSE. Within 60 calendar days of the effective
12 date of this Decision, Respondent shall enroll in a course in medical record keeping approved in
13 advance by the Board or its designee. Respondent shall provide the approved course provider
14 with any information and documents that the approved course provider may deem pertinent.
15 Respondent shall participate in and successfully complete the classroom component of the course
16 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully
17 complete any other component of the course within one (1) year of enrollment. The medical
18 record keeping course shall be at Respondent's expense and shall be in addition to the Continuing
19 Medical Education (CME) requirements for renewal of licensure.

20 A medical record keeping course taken after the acts that gave rise to the charges in the
21 Second Amended Accusation, but prior to the effective date of the Decision may, in the sole
22 discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the
23 course would have been approved by the Board or its designee had the course been taken after the
24 effective date of this Decision.

25 Respondent shall submit a certification of successful completion to the Board or its
26 designee not later than 15 calendar days after successfully completing the course, or not later than
27 15 calendar days after the effective date of the Decision, whichever is later.

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1 4. PROFESSIONALISM PROGRAM (ETHICS COURSE). Within 60 calendar days of
2 the effective date of this Decision, Respondent shall enroll in a professionalism program, that
3 meets the requirements of Title 16, California Code of Regulations (CCR) section 1358.1.
4 Respondent shall participate in and successfully complete that program. Respondent shall
5 provide any information and documents that the program may deem pertinent. Respondent shall
6 successfully complete the classroom component of the program not later than six (6) months after
7 Respondent's initial enrollment, and the longitudinal component of the program not later than the
8 time specified by the program, but no later than one (1) year after attending the classroom
9 component. The professionalism program shall be at Respondent's expense and shall be in
10 addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

11 A professionalism program taken after the acts that gave rise to the charges in the Second
12 Amended Accusation, but prior to the effective date of the Decision may, in the sole discretion of
13 the Board or its designee, be accepted towards the fulfillment of this condition if the program
14 would have been approved by the Board or its designee had the program been taken after the
15 effective date of this Decision.

16 Respondent shall submit a certification of successful completion to the Board or its
17 designee not later than 15 calendar days after successfully completing the program or not later
18 than 15 calendar days after the effective date of the Decision, whichever is later.

19 5. NOTIFICATION. Within seven (7) days of the effective date of this Decision, the
20 Respondent shall provide a true copy of this Decision and Second Amended Accusation to the
21 Chief of Staff or the Chief Executive Officer at every hospital where privileges or membership
22 are extended to Respondent, at any other facility where Respondent engages in the practice of
23 medicine, including all physician and locum tenens registries or other similar agencies, and to the
24 Chief Executive Officer at every insurance carrier which extends malpractice insurance coverage
25 to Respondent. Respondent shall submit proof of compliance to the Board or its designee within
26 15 calendar days.

27 This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

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1 6. SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE
2 NURSES. During probation, Respondent is prohibited from supervising physician assistants and
3 advanced practice nurses.

4 7. OBEY ALL LAWS. Respondent shall obey all federal, state and local laws, all rules
5 governing the practice of medicine in California and remain in full compliance with any court
6 ordered criminal probation, payments, and other orders.

7 8. QUARTERLY DECLARATIONS. Respondent shall submit quarterly declarations
8 under penalty of perjury on forms provided by the Board, stating whether there has been
9 compliance with all the conditions of probation.

10 Respondent shall submit quarterly declarations not later than 10 calendar days after the end
11 of the preceding quarter.

12 9. GENERAL PROBATION REQUIREMENTS.

13 Compliance with Probation Unit

14 Respondent shall comply with the Board's probation unit.

15 Address Changes

16 Respondent shall, at all times, keep the Board informed of Respondent's business and
17 residence addresses, email address (if available), and telephone number. Changes of such
18 addresses shall be immediately communicated in writing to the Board or its designee. Under no
19 circumstances shall a post office box serve as an address of record, except as allowed by Business
20 and Professions Code section 2021, subdivision (b).

21 Place of Practice

22 Respondent shall not engage in the practice of medicine in Respondent's or patient's place
23 of residence, unless the patient resides in a skilled nursing facility or other similar licensed
24 facility.

25 License Renewal

26 Respondent shall maintain a current and renewed California physician's and surgeon's
27 license.

28 Travel or Residence Outside California

1 Respondent shall immediately inform the Board or its designee, in writing, of travel to any
2 areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty
3 (30) calendar days.

4 In the event Respondent should leave the State of California to reside or to practice
5 ,Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of
6 departure and return.

7 10. INTERVIEW WITH THE BOARD OR ITS DESIGNEE. Respondent shall be
8 available in person upon request for interviews either at Respondent's place of business or at the
9 probation unit office, with or without prior notice throughout the term of probation.

10 11. NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or
11 its designee in writing within 15 calendar days of any periods of non-practice lasting more than
12 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is
13 defined as any period of time Respondent is not practicing medicine as defined in Business and
14 Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct
15 patient care, clinical activity or teaching, or other activity as approved by the Board. If
16 Respondent resides in California and is considered to be in non-practice, Respondent shall
17 comply with all terms and conditions of probation. All time spent in an intensive training
18 program which has been approved by the Board or its designee shall not be considered non-
19 practice and does not relieve Respondent from complying with all the terms and conditions of
20 probation. Practicing medicine in another state of the United States or Federal jurisdiction while
21 on probation with the medical licensing authority of that state or jurisdiction shall not be
22 considered non-practice. A Board-ordered suspension of practice shall not be considered as a
23 period of non-practice.

24 In the event Respondent's period of non-practice while on probation exceeds 18 calendar
25 months, Respondent shall successfully complete the Federation of State Medical Boards's Special
26 Purpose Examination, or, at the Board's discretion, a clinical competence assessment program
27 that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model
28 Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.

1 Respondent's period of non-practice while on probation shall not exceed two (2) years.

2 Periods of non-practice will not apply to the reduction of the probationary term.

3 Periods of non-practice for a Respondent residing outside of California will relieve

4 Respondent of the responsibility to comply with the probationary terms and conditions with the

5 exception of this condition and the following terms and conditions of probation: Obey All Laws;

6 General Probation Requirements; Quarterly Declarations; Abstain from the Use of Alcohol and/or

7 Controlled Substances; and Biological Fluid Testing..

8 12. COMPLETION OF PROBATION. Respondent shall comply with all financial
9 obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the
10 completion of probation. Upon successful completion of probation, Respondent's certificate shall
11 be fully restored.

12 13. VIOLATION OF PROBATION. Failure to fully comply with any term or condition
13 of probation is a violation of probation. If Respondent violates probation in any respect, the
14 Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and
15 carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke
16 Probation, or an Interim Suspension Order is filed against Respondent during probation, the
17 Board shall have continuing jurisdiction until the matter is final, and the period of probation shall
18 be extended until the matter is final.

19 14. LICENSE SURRENDER. Following the effective date of this Decision, if
20 Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy
21 the terms and conditions of probation, Respondent may request to surrender his or her license.
22 The Board reserves the right to evaluate Respondent's request and to exercise its discretion in
23 determining whether or not to grant the request, or to take any other action deemed appropriate
24 and reasonable under the circumstances. Upon formal acceptance of the surrender, Respondent
25 shall within 15 calendar days deliver Respondent's wallet and wall certificate to the Board or its
26 designee and Respondent shall no longer practice medicine. Respondent will no longer be subject
27 to the terms and conditions of probation. If Respondent re-applies for a medical license, the
28 application shall be treated as a petition for reinstatement of a revoked certificate.


1 15. PROBATION MONITORING COSTS. Respondent shall pay the costs associated
2 with probation monitoring each and every year of probation, as designated by the Board, which
3 may be adjusted on an annual basis. Such costs shall be payable to the Medical Board of
4 California and delivered to the Board or its designee no later than January 31 of each calendar
5 year.

6 16. FUTURE ADMISSIONS CLAUSE. If Respondent should ever apply or reapply for
7 a new license or certification, or petition for reinstatement of a license, by any other health care
8 licensing action agency in the State of California, all of the charges and allegations contained in
9 Second Amended Accusation No. 800-2015-014879 shall be deemed to be true, correct, and
10 admitted by Respondent for the purpose of any Statement of Issues or any other proceeding
11 seeking to deny or restrict license.

12 ACCEPTANCE

13 I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully
14 discussed it with my attorney, Gary Wittenberg, Esq. I understand the stipulation and the effect it
15 will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and
16 Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the
17 Decision and Order of the Medical Board of California.

18
19 DATED: 7.27.2020



ALISA ALLENE CROSS, M.D.
Respondent

20
21 I have read and fully discussed with Respondent Alisa Allene Cross, M.D. the terms and
22 conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order.
23 I approve its form and content.

24
25 DATED: _____

GARY WITTENBERG, ESQ.
Attorney for Respondent

1 15. PROBATION MONITORING COSTS. Respondent shall pay the costs associated
2 with probation monitoring each and every year of probation, as designated by the Board, which
3 may be adjusted on an annual basis. Such costs shall be payable to the Medical Board of
4 California and delivered to the Board or its designee no later than January 31 of each calendar
5 year.

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17 Decision and Order of the Medical Board of California.

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19 DATED: _____


ALISA ALLENE CROSS, M.D.
Respondent

21 I have read and fully discussed with Respondent Alisa Allene Cross, M.D. the terms and
22 conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order.
23 I approve its form and content.

24
25 DATED: 7-27-20


GARY WITTENBERG, ESQ.
Attorney for Respondent

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ENDORSEMENT

The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California.

DATED: July 29, 2020

Respectfully submitted,

XAVIER BECERRA
Attorney General of California
E. A. JONES III
Supervising Deputy Attorney General



CHRISTINE R. FRIAR
Deputy Attorney General
Attorneys for Complainant

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Exhibit A

Second Amended Accusation No. 800-2015-014879

1 XAVIER BECERRA
Attorney General of California
2 E. A. JONES III
Supervising Deputy Attorney General
3 CHRISTINE R. FRIAR
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6 Telephone: (213) 269-6472
Facsimile: (213) 897-9395
7 *Attorneys for Complainant*

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9 **BEFORE THE**
MEDICAL BOARD OF CALIFORNIA
10 **DEPARTMENT OF CONSUMER AFFAIRS**
11 **STATE OF CALIFORNIA**

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13 In the Matter of the Second Amended
Accusation Against:

Case No. 800-2015-014879

14 **Alisa Allene Cross, M.D.**
15 **3816 S. Clear Creek Road, Suite B**
Killeen, TX 76549

OAH No. 2019061055

SECOND AMENDED ACCUSATION

16 **Physician's and Surgeon's Certificate**
17 **No. A 55002,**

18 Respondent.

19
20 Complainant alleges:

21 **PARTIES**

22 1. Christine J. Lally (Complainant) brings this Second Amended Accusation solely in
23 her official capacity as the Interim Executive Director of the Medical Board of California,
24 Department of Consumer Affairs (Board).

25 2. On or about October 18, 1995, the Medical Board issued Physician's and Surgeon's
26 Certificate Number A 55002 to Alisa Allene Cross, M.D. (Respondent). The Physician's and
27 Surgeon's Certificate was in full force and effect at all times relevant to the charges brought
28 herein and will expire on May 31, 2021, unless renewed.

JURISDICTION

1
2 3. This Second Amended Accusation is brought before the Board, under the authority of
3 the following laws. All section references are to the Business and Professions Code unless
4 otherwise indicated.

5 4. Section 2227 of the Code provides that a licensee who is found guilty under the
6 Medical Practice Act may have his or her license revoked, suspended for a period not to exceed
7 one year, placed on probation and required to pay the costs of probation monitoring, or such other
8 action taken in relation to discipline as the Board deems proper.

9 5. Section 2234 of the Code states:

10 The board shall take action against any licensee who is charged with
11 unprofessional conduct. In addition to other provisions of this article, unprofessional
12 conduct includes, but is not limited to, the following:

12 ...

13 (b) Gross negligence.

14 (c) Repeated negligent acts. To be repeated, there must be two or more
15 negligent acts or omissions. An initial negligent act or omission followed by a
16 separate and distinct departure from the applicable standard of care shall constitute
17 repeated negligent acts.

18 (1) An initial negligent diagnosis followed by an act or omission
19 medically appropriate for that negligent diagnosis of the patient shall constitute a
20 single negligent act.

21 (2) When the standard of care requires a change in the diagnosis, act, or
22 omission that constitutes the negligent act described in paragraph (1), including, but
23 not limited to, a reevaluation of the diagnosis or a change in treatment, and the
24 licensee's conduct departs from the applicable standard of care, each departure
25 constitutes a separate and distinct breach of the standard of care.

26

27 6. Section 2242 of the Code provides, "[p]rescribing, dispensing, or furnishing
28 dangerous drugs as defined in Section 4022 without an appropriate examination and a medical
indication, constitutes unprofessional conduct."

 7. Section 2266 of the Code states: "The failure of a physician and surgeon to maintain
adequate and accurate records relating to the provision of services to their patients constitutes
unprofessional conduct."

1 8. Section 2305 of the Code states:

2 The revocation, suspension, or other discipline, restriction or limitation imposed
3 by another state upon a license or certificate to practice medicine issued by that state, or the
4 revocation, suspension, or restriction of the authority to practice medicine by any agency of
5 the federal government, that would have been grounds for discipline in California of a
6 licensee under this chapter [Chapter 5, the Medical Practice Act] shall constitute grounds
7 for disciplinary action for unprofessional conduct against the licensee in this state.

8 9. Section 141 of the Code states:

9 (a) For any licensee holding a license issued by a board under the jurisdiction
10 of the department, a disciplinary action taken by another state, by any agency of the
11 federal government, or by another country for any act substantially related to the practice
12 regulated by the California license, may be a ground for disciplinary action by the
13 respective state licensing board. A certified copy of the record of the disciplinary action
14 taken against the licensee by another state, an agency of the federal government, or
15 another country shall be conclusive evidence of the events related therein.

16 (b) Nothing in this section shall preclude a board from applying a specific
17 statutory provision in the licensing act administered by that board that provides for
18 discipline based upon a disciplinary action taken against the licensee by another state, an
19 agency of the federal government, or another country.

20 **FIRST CAUSE FOR DISCIPLINE**

21 **(Repeated Negligent Acts)**

22 10. Respondent is subject to disciplinary action under Code section 2234, subdivision (c),
23 in that she was negligent in her care and treatment of three patients.¹ The circumstances are as
24 follows:

25 A. During the relevant time period, Respondent was engaged in the private practice of
26 adult psychiatry and psychopharmacology in both the State of California and the State of Texas.

27 B. The Board opened an investigation into Respondent's prescribing practices after it
28 received a complaint that Respondent may be excessively and improperly prescribing controlled
substances to one of her family members.

C. During the course of the investigation, the Board identified three patients to whom
Respondent had inappropriately prescribed medications. Each of those patients was diagnosed

¹ The identity of the three patients is being withheld here to protect their privacy.
Respondent is aware of their identities, which were disclosed to Respondent during the course of
the Board's investigation and again in the Board's discovery production(s) in this action.

1 with Attention Deficit Disorder (ADD). Respondent prescribed the three patients Adderall,
2 dextroamphetamine and Vyvanse, which are central nervous system stimulants used in the
3 treatment of ADD. Respondents' care and treatment of each of the three patients departed from
4 the applicable standard of care in the medical community.

5 D. Specifically with regards to each of the three patients,

6 (1) The patient's record is devoid of evidence to support the diagnosis of ADD. Namely,
7 the patient's records are devoid of any comprehensive evaluations for ADD, including any
8 evidence that the patient suffered from ADD as a child, a necessary pre-requisite, and at least
9 moderate impairment in the core criteria of the diagnosis such as inattention, distractibility, task
10 completion, procrastination, impulsivity, interrupting, forgetfulness, losing things and
11 organizational capacity.

12 (2) Respondent prescribed suprathreshold doses of Adderall in combination with
13 Vyvanse without any documentation to support the failure of lower doses of stimulants or side
14 effect profiles in relation to these high doses.

15 E. Respondent's care and treatment of each of the three patients represents a simple
16 departure from the standard of care.

17 **SECOND CAUSE FOR DISCIPLINE**

18 **(Out of State Discipline)**

19 11. Respondent is subject to disciplinary action under sections 2305 and 141 of the Code
20 in that she was disciplined in Texas for prescribing controlled substances and other medications
21 to a person with whom she had a close, personal relationship, without a demonstrated or
22 documented immediate need. The circumstances are as follows:

23 A. On June 12, 2015, the Texas Medical Board issued an Agreed Order regarding
24 Respondent's license to practice medicine in Texas. The Agreed Order contains findings that
25 Respondent admitted to prescribing controlled substances and other medications to a person with
26 whom she has a close, personal relationship, without a demonstrated or documented immediate
27 need. The Texas Medical Board concluded that Respondent's conduct constituted unprofessional
28 conduct and failure to adhere to acceptable practice standards under various provisions of Texas

1 law. Respondent's Texas medical license was publicly reprimanded. She was prohibited from
2 treating or serving as a physician for her immediate family, and ordered not to prescribe any
3 controlled substances or dangerous drugs with addictive potential or potential for abuse to herself
4 or her immediate family. Respondent was ordered to take and pass the Texas Board's Medical
5 Jurisprudence Examination, to complete courses in prescribing practices and medical
6 recordkeeping, as well as continuing medical education in the areas of risk management and
7 ethics. A \$3,000 administrative penalty was imposed.

8 **THIRD CAUSE FOR DISCIPLINE**

9 **(Prescribing Dangerous Drugs Without an Examination)**

10 12. Respondent is subject to disciplinary action under section 2242, subdivision (a), of
11 the Code, in that Respondent prescribed dangerous drugs to each of the three patients above,
12 without appropriate prior examinations and/or medical indications. The circumstances are as
13 follows:

14 A. The allegations contained in paragraph 10 herein is incorporated by reference as if
15 fully set forth, and represent the prescribing of dangerous drugs without an appropriate prior
16 examination and/or medical indication.

17 **FOURTH CAUSE FOR DISCIPLINE**

18 **(Failure to Maintain Adequate and Accurate Records)**

19 14. Respondent is subject to disciplinary action under section 2266 of the Code, in that
20 she failed to maintain adequate and accurate records relating to the provision of services to the
21 three patients. The circumstances are as follows:

22 A. The allegations contained in paragraph 10 herein are incorporated by reference as if
23 fully set forth, and represent the failure to maintain adequate and accurate records.

24 **PRAYER**

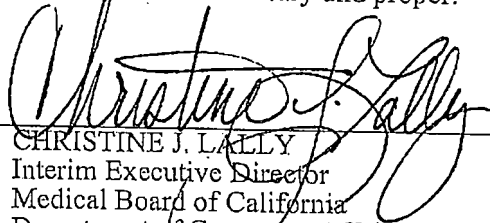
25 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,
26 and that following the hearing, the Medical Board of California issue a decision:

27 1. Revoking or suspending Physician's and Surgeon's Certificate Number A 55002,
28 issued to Alisa Allene Cross, M.D.;

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2. Revoking, suspending or denying approval of Alisa Allene Cross, M.D.'s authority to supervise physician assistants and advanced practice nurses;
3. Ordering Alisa Allene Cross, M.D., if placed on probation, to pay the Board the costs of probation monitoring; and
4. Taking such other and further action as deemed necessary and proper.

DATED: **MAR 27 2020**


CHRISTINE J. LALLY
Interim Executive Director
Medical Board of California
Department of Consumer Affairs
State of California
Complainant

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