

**BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA**

In the Matter of the Accusation)
Against:)
)
)
Robert L. Uslander, M.D.)
)
Physician's and Surgeon's)
Certificate No. G83484)
)
Respondent)
_____)

Case No. 800-2016-026076

DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on April 10, 2020.

IT IS SO ORDERED March 11, 2020.

MEDICAL BOARD OF CALIFORNIA

By: 

**Kristina D. Lawson, J.D., Chair
Panel B**

1 XAVIER BECERRA
Attorney General of California
2 MATTHEW M. DAVIS
Supervising Deputy Attorney General
3 JASON J. AHN
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8 *Attorneys for Complainant*

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**BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA**

In the Matter of the Accusation Against:
ROBERT L. USLANDER, M.D
Integrated MD Care
2262 Carmel Valley Rd., Ste. H
Del Mar, CA 92014-3742

Physician's and Surgeon's Certificate
No. G 83484

Respondent.

Case No. 800-2016-026076
OAH No. 2019060025
**STIPULATED SETTLEMENT AND
DISCIPLINARY ORDER**

20
21 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-
22 entitled proceedings that the following matters are true:

23 **PARTIES**

24 1. Christine J. Lally (Complainant) is the Interim Executive Director of the Medical
25 Board of California (Board). Former Executive Director Kimberly Kirchmeyer brought this
26 action solely in her official capacity as Executive Director of the Board.¹ Christine J. Lally is

27
28 ¹ Kimberly Kirchmeyer became Director of the California Department of Consumer
Affairs, effective October 28, 2019.

1 represented in this matter by Xavier Becerra, Attorney General of the State of California, by
2 Jason J. Ahn, Deputy Attorney General.

3 2. Respondent Robert L. Uslander, M.D (Respondent) is represented in this proceeding
4 by attorney David Rosenberg, Esq., whose address is: 10815 Rancho Bernardo Road, Suite 310
5 San Diego, CA 92127.

6 3. On or about November 27, 1996, the Board issued Physician's and Surgeon's
7 Certificate No. G 83484 to Robert L. Uslander, M.D (Respondent). The Physician's and
8 Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in
9 Accusation No. 800-2016-026076, and will expire on August 31, 2020, unless renewed.

10 **JURISDICTION**

11 4. On May 15, 2019, Accusation No. 800-2016-026076 was filed before the Board, and
12 is currently pending against Respondent. The Accusation and all other statutorily required
13 documents were properly served on Respondent on May 15, 2019. Respondent timely filed his
14 Notice of Defense contesting the Accusation.

15 5. A copy of Accusation No. 800-2016-026076 is attached as exhibit A and incorporated
16 herein by reference.

17 **ADVISEMENT AND WAIVERS**

18 6. Respondent has carefully read, fully discussed with counsel, and understands the
19 charges and allegations in Accusation No. 800-2016-026076. Respondent has also carefully read,
20 fully discussed with counsel, and fully understands the effects of this Stipulated Settlement and
21 Disciplinary Order.

22 7. Respondent is fully aware of his legal rights in this matter, including the right to a
23 hearing on the charges and allegations in the Accusation; the right to confront and cross-examine
24 the witnesses against him; the right to present evidence and to testify on his own behalf; the right
25 to the issuance of subpoenas to compel the attendance of witnesses and the production of
26 documents; the right to reconsideration and court review of an adverse decision; and all other
27 rights accorded by the California Administrative Procedure Act and other applicable laws.

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1 agrees that in deciding whether or not to approve and adopt this Stipulated Settlement and
2 Disciplinary Order, the Board may receive oral and written communications from its staff and/or
3 the Attorney General's Office. Communications pursuant to this paragraph shall not disqualify
4 the Board, any member thereof, and/or any other person from future participation in this or any
5 other matter affecting or involving Respondent. In the event that the Board does not, in its
6 discretion, approve and adopt this Stipulated Settlement and Disciplinary Order, with the
7 exception of this paragraph, it shall not become effective, shall be of no evidentiary value
8 whatsoever, and shall not be relied upon or introduced in any disciplinary action by either party
9 hereto. Respondent further agrees that should this Stipulated Settlement and Disciplinary Order
10 be rejected for any reason by the Board, Respondent will assert no claim that the Board, or any
11 member thereof, was prejudiced by its/his/her review, discussion and/or consideration of this
12 Stipulated Settlement and Disciplinary Order or of any matter or matters related hereto.

13 **ADDITIONAL PROVISIONS**

14 14. This Stipulated Settlement and Disciplinary Order is intended by the parties herein
15 to be an integrated writing representing the complete, final, and exclusive embodiment of the
16 agreements of the parties in the above-entitled matter.

17 15. The parties agree that copies of this Stipulated Settlement and Disciplinary Order,
18 including copies of the signatures of the parties, may be used in lieu of original documents and
19 signatures and, further, that such copies shall have the same force and effect as originals.

20 16. In consideration of the foregoing admissions and stipulations, the parties agree the
21 Board may, without further notice to or opportunity to be heard by Respondent, issue and enter
22 the following Disciplinary Order:

23 **DISCIPLINARY ORDER**

24 IT IS HEREBY ORDERED that Respondent, Robert L. Uslander, M.D., holder of
25 Physician's and Surgeon's Certificate No. G 83484, shall be and hereby is Publicly Reprimanded
26 pursuant to Business and Professions Code section 2227. This Public Reprimand, which is issued
27 in connection with the allegations as set forth in Accusation No. 800-2016-026076, is as follows:

28 1. Between July 2016 through September 2016, Respondent departed from the standard

1 of care in documenting his care and treatment of Patient A, as more fully described in Accusation
2 No. 800-2016-026076.

3 2. MEDICAL RECORD KEEPING COURSE. Within 60 calendar days of the effective
4 date of this Decision, Respondent shall enroll in a course in medical record keeping approved in
5 advance by the Board or its designee. Respondent shall provide the approved course provider
6 with any information and documents that the approved course provider may deem pertinent.
7 Respondent shall participate in and successfully complete the classroom component of the course
8 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully
9 complete any other component of the course within one (1) year of enrollment. The medical
10 record keeping course shall be at Respondent's expense and shall be in addition to the Continuing
11 Medical Education (CME) requirements for renewal of licensure.

12 A medical record keeping course taken after the acts that gave rise to the charges in the
13 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board
14 or its designee, be accepted towards the fulfillment of this condition if the course would have
15 been approved by the Board or its designee had the course been taken after the effective date of
16 this Decision.

17 Respondent shall submit a certification of successful completion to the Board or its
18 designee not later than 15 calendar days after successfully completing the course, or not later than
19 15 calendar days after the effective date of the Decision, whichever is later.

20 3. FAILURE TO COMPLY.

21 Any failure by Respondent to comply with the terms and conditions of the Disciplinary
22 Order set forth above shall constitute unprofessional conduct and grounds for further disciplinary
23 action.

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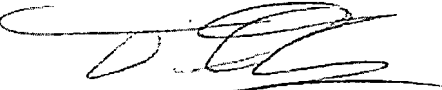
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ACCEPTANCE

I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully discussed it with my attorney, David Rosenberg, Esq. I fully understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and fully agree to be bound by the Decision and Order of the Medical Board of California.

DATED: 1/28/20 
ROBERT L. USLANDER, M.D.
Respondent

I have read and fully discussed with Respondent Robert L. Uslander, M.D the terms and conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order. I approve its form and content.

DATED: 1/28/20 
DAVID ROSENBERG, ESQ.
Attorney for Respondent

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ENDORSEMENT

The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California.

DATED: 1/29/20

Respectfully submitted,
XAVIER BECERRA
Attorney General of California
MATTHEW M. DAVIS
Supervising Deputy Attorney General



JASON J. AHN
Deputy Attorney General
Attorneys for Complainant

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8 *Attorneys for Complainant*

FILED
STATE OF CALIFORNIA
MEDICAL BOARD OF CALIFORNIA
SACRAMENTO, Sept 12 20 19
BY [Signature] ANALYST

10 BEFORE THE
11 MEDICAL BOARD OF CALIFORNIA
12 DEPARTMENT OF CONSUMER AFFAIRS
13 STATE OF CALIFORNIA

14 In the Matter of the First Amended Accusation
Against:

Case No. 800-2016-026076

15 Robert L. Uslander, M.D.
16 INTEGRATED MD CARE
2262 CARMEL VALLEY RD., STE. H
17 DEL MAR, CA 92014-3742

FIRST AMENDED ACCUSATION

18 Physician's and Surgeon's Certificate
19 No. G 83484,

20 Respondent.

21
22 Complainant alleges:

23 PARTIES

24 1. Kimberly Kirchmeyer (Complainant) brings this First Amended Accusation solely in
25 her official capacity as the Executive Director of the Medical Board of California, Department of
26 Consumer Affairs (Board).

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1 FIRST CAUSE FOR DISCIPLINE

2 (Gross Negligence)

3 8. Respondent has subjected his Physician's and Surgeon's Certificate No. G 83484 to
4 disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (b), of
5 the Code, in that he committed gross negligence in his care and treatment of Patient A,¹ as more
6 particularly alleged hereinafter:

7 9. On or about July 8, 2016, Patient A, a 72 year-old male who was diagnosed with
8 dementia with Lewy bodies,² was admitted to Sonata Hospice. Respondent became the attending
9 doctor for Patient A, who was prescribed Geodon³ 40 mg, twice a day.

10 10. On or about July 11, 2016, Patient A was prescribed trazodone 100 mg to be taken at
11 bedtime.

12 11. On or about July 18, 2016, Patient A was prescribed trazodone 25 mg every three
13 hours, prn.⁴

14 12. On or about July 21, 2016, Respondent prescribed BuSpar⁵ 7.5 mg twice a day by
15 mouth for four days, for anxiety. Both BuSpar and Geodon were continued together.

16 13. On or about July 25, 2016, the prescription of BuSpar for Patient A was increased to
17 10 mg, twice a day.

18 14. On or about August 10, 2016, a registered nurse made a routine visit and noted that
19 Patient A was pleasant, cooperative, alert, and "oriented X 2 with confusion." Patient A was also
20 noted to be ambulatory, but required assistance due to poor balance and safety insight. No
21 agitation was noted and there were no signs or complaints of being in pain.

22 _____
23 ¹ References to "Patient A" are used to protect patient privacy.

24 ² Lewy body dementia, also known as dementia with Lewy bodies, is the second most
25 common type of progressive dementia after Alzheimer's disease dementia.

26 ³ Geodon (ziprasidone) is an antipsychotic that can be used to treat schizophrenia and
27 bipolar disorder.

28 ⁴ PRN is an abbreviation for the Latin term, "*pro re nata*," which means "as needed."

⁵ BuSpar (buspirone) is a medication that may be used to treat anxiety.

1 15. On or about August 11, 2016, the prescription of BuSpar to Patient A was increased
2 to 12.5 mg, twice a day.

3 16. On or about August 13, 2016, Patient A was prescribed Ativan 1 mg, every four
4 hours, prn, an increase from Ativan 1 mg twice a day that Patient A had been on since on or about
5 July 8, 2016.

6 17. On or about August 17, 2016, the prescription of BuSpar for Patient A was increased
7 to 15 mg, twice a day.

8 18. On or about August 19, 2016, Patient A was prescribed ABH cream,⁶ every four
9 hours, prn.

10 19. On or about August 24, 2016, Patient A barred his door at the Sonata Hospice and
11 falsely claimed that he had killed his wife. A caregiver was able to calm him down.

12 20. On or about August 25, 2016, it was documented in the Interdisciplinary Team (IDT)
13 notes that Patient A is "alert, oriented X 2, with confusion, pleasant, and cooperative." It was
14 also noted that Patient A was able to perform 3 out of 6 activities of daily living (ADL).

15 21. On or about August 31, 2016, Respondent placed three separate orders for Ativan,
16 one for 2 mg every eight hours "routinely," one for 1 mg every two hours, prn, and another one
17 for 2 mg every two hours, prn. On the same day, Respondent prescribed fentanyl 25 mcg for
18 Patient A's pain. Respondent failed to ascertain and/or failed to document having ascertained
19 whether or not the fentanyl dose was appropriate. Respondent prescribed fentanyl without any
20 documented pain indication. Respondent failed to justify in the medical record his non-standard,

21 _____
22 ⁶ ABH cream is a mixture of Ativan (lorazepam), Benadryl (diphenhydramine), and
23 Haldol (haloperidol). Ativan® (lorazepam), a benzodiazepine, is a centrally acting hypnotic-
24 sedative that is a Schedule IV controlled substance pursuant to Health and Safety Code section
25 11057, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section
26 4022. When properly prescribed and indicated, it is used for the management of anxiety disorders
27 or for the short term relief of anxiety or anxiety associated with depressive symptoms.
28 Concomitant use of Ativan® with opioids "may result in profound sedation, respiratory
depression, coma, and death." The Drug Enforcement Administration (DEA) has identified
benzodiazepines, such as Ativan®, as a drug of abuse. (Drugs of Abuse, DEA Resource Guide
(2011 Edition), at p. 53). Benadryl is an antihistamine used to relieve symptoms of allergy, hay
fever, and the common cold. Haldol is an antipsychotic that can be used to treat certain types of
mental disorders.

1 off-label use of fentanyl. In addition, Respondent placed three separate orders of Roxanol⁷
2 prescriptions for Patient A, 10 mg every two hours, prn, for "mild pain / SOB,"⁸ 20 mg every two
3 hours, prn, for "moderate pain / SOB," and 30 mg every two hours, prn, for "severe pain / SOB."

4 22. Skilled nursing notes for September 1, 2016 stated, among other things, that Patient A
5 had shown "a semi-dramatic change of condition since the implementation of the fentanyl patch
6 on August 31, 2016." Patient A had suffered a fall. Patient A "now requires max assist for all
7 transfers." Patient A had slept all night on August 31, 2016 and much of the day on September 1,
8 2016.

9 23. On or about September 2, 2016, a care conference was held with Respondent and
10 other healthcare professionals who were involved with Patient A's care. During the meeting,
11 Patient A's wife stated that her priority was treating Patient A's agitation and that she did not
12 want Patient A to be offered food unless he asked. Respondent agreed and ordered that Patient A
13 shall not be given food or fluids unless Patient A specifically asked for them. Thereafter, food or
14 fluids were withheld from Patient A, unless Patient A specifically asked for them. Patient A was
15 noted to have a very unsteady gait.

16 24. On or about September 3, 2016, Respondent placed a telephone order increasing
17 Patient A's fentanyl patch from 25 mcg to 50 mcg, increasing trazodone to 100 mg and increasing
18 "routine Ativan" to 2 mg every 6 hours, despite evidence that Patient A was heavily sedated on
19 the current dose. On the same day, ABH cream was increased to 2 ml, every 4 hours, prn. The
20 order did not specify whether ABH or liquid Ativan should be used or whether both should be
21 used concurrently.

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25 ⁷ Roxanol (morphine sulfate) is a highly concentrated solution of the narcotic analgesic
26 morphine sulfate for oral administration used for the treatment of severe, chronic pain. It is a
27 Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision
(b), and a dangerous drug pursuant to Business and Professions Code section 4022.

28 ⁸ SOB refers to shortness of breath.

1 25. Hospice aide notes for July 20, 2016, August 1, 2016, September 2, 2016, September
2 7, 2016, September 9, 2016, and September 12, 2016 indicated that Patient A was not in pain and
3 there were no comments of aggressive or concerning behavior noted under the "Observations"
4 section.

5 26. On or about September 7, 2016, a routine registered nurse visit on Patient A was
6 completed. No discomfort was noted. There were no complaints or signs of being in pain.

7 27. On or about September 8, 2016, it was documented in the Interdisciplinary Team
8 (IDT) notes that Patient A was becoming weaker and had not eaten in several days. Patient A
9 was noted to be non-ambulatory, but alert, oriented X 2, with confusion, and "declining fast."

10 28. During the time period Respondent provided care and treatment to Patient A, from on
11 or about July 8, 2016 to on or about September 13, 2016, Respondent repeatedly failed to
12 document in the medical records adequate justifications for the care and treatment he provided to
13 Patient A, including, but not limited to: Respondent prescribed medications that were not
14 supported by Patient A's conditions; Respondent sedated Patient A without adequate evidence
15 that Patient A had severe agitation; Respondent ordered more sedating medications when sedating
16 medications already caused Patient A sedation and affected his safety; and Respondent prescribed
17 fentanyl without adequate evidence of Patient A experiencing pain and increased the fentanyl
18 prescription, after just one dose.

19 29. Respondent committed gross negligence in his care and treatment of Patient A, which
20 included, but was not limited to, the following:

21 (a) Respondent inappropriately prescribed fentanyl;

22 (b) Respondent used multiple sedating medications concurrently and/or in
23 increasing amounts, despite a reduction in Patient A's functioning;

24 (c) Respondent repeatedly failed to document adequate justifications for the care
25 and treatment he was providing Patient A; and

26 (d) Respondent failed to ensure that Patient A was receiving adequate nutrition and
27 hydration.

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1 **FOURTH CAUSE FOR DISCIPLINE**

2 **(General Unprofessional Conduct)**


3 33. Respondent has further subjected his Physician's and Surgeon's Certificate No.
4 G 83484 to disciplinary action under sections 2227 and 2234 of the Code, in that he has engaged
5 in conduct which breaches the rules or ethical code of the medical profession, or conduct which is
6 unbecoming of a member in good standing of the medical profession, and which demonstrates an
7 unfitness to practice medicine, as more particularly alleged in paragraphs 8 through 32, above,
8 which are hereby incorporated by reference as if fully set forth herein.

9 **PRAYER**

10 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,
11 and that following the hearing, the Medical Board of California issue a decision:

- 12 1. Revoking or suspending Physician's and Surgeon's Certificate Number G 83484,
13 issued to Robert L. Uslander, M.D;
- 14 2. Revoking, suspending or denying approval of Robert L. Uslander, M.D's authority to
15 supervise physician assistants and advanced practice nurses;
- 16 3. Ordering Robert L. Uslander, M.D, if placed on probation, to pay the Board the costs
17 of probation monitoring; and
- 18 4. Taking such other and further action as deemed necessary and proper.

19
20 DATED: September 12, 2019

21 
22 KIMBERLY KIRCHMEYER
23 Executive Director
24 Medical Board of California
25 Department of Consumer Affairs
26 State of California
27 Complainant
28