

**BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA**

In the Matter of the Accusation)
Against:)
)
)
Robert Alan Mott, M.D.)
)
Physician's and Surgeon's)
Certificate No. G 41724)
)
Respondent)
_____)

Case No. 800-2018-046588


DECISION

The attached Stipulated Surrender of License and Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on December 26, 2019.

IT IS SO ORDERED December 19, 2019.

MEDICAL BOARD OF CALIFORNIA


Christine J. Lally
Interim Executive Director

1 XAVIER BECERRA
Attorney General of California
2 MARY CAIN-SIMON
Supervising Deputy Attorney General
3 GREG W. CHAMBERS
Deputy Attorney General
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Attorneys for Complainant
7

8 **BEFORE THE**
9 **MEDICAL BOARD OF CALIFORNIA**
10 **DEPARTMENT OF CONSUMER AFFAIRS**
11 **STATE OF CALIFORNIA**

11 In the Matter of the Accusation Against:
12 **ROBERT ALAN MOTT, M.D.**
13 **50 Scenic Drive**
14 **Trinidad, California 95570**
15 **Physician's and Surgeons Certificate No.**
16 **G41724,**
Respondent.

Case No. 800-2018-046588
**STIPULATED SURRENDER OF
LICENSE AND ORDER**

17
18 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-
19 entitled proceedings that the following matters are true:

20 **PARTIES**

21 1. Christine J. Lally (Complainant) is the Interim Executive Director of the Medical
22 Board of California (Board). She brings this action solely in her official capacity and is
23 represented in this matter by Xavier Becerra, Attorney General of the State of California, by Greg
24 W. Chambers, Deputy Attorney General.

25 2. Robert Alan Mott, M.D. (Respondent) is representing himself in this proceeding and
26 has chosen not to exercise his right to be represented by counsel.

27 3. On or about March 31, 1980, the Board issued Physician's and Surgeon's Certificate
28 No. G 41724 to Respondent. The Physician's and Surgeon's Certificate was in full force and

1 effect at all times relevant to the charges brought in Accusation No. 800-2018-046588 and will
2 expire on February 29, 2020, unless renewed.

3 **JURISDICTION**

4 4. Accusation No. 800-2018-046588 was filed before the Board, and is currently
5 pending against Respondent. The Accusation and all other statutorily required documents were
6 properly served on Respondent on November 4, 2019. Respondent timely filed his Notice of
7 Defense contesting the Accusation. A copy of Accusation No. 800-2018-046588 is attached as
8 Exhibit A and incorporated by reference.

9 **ADVISEMENT AND WAIVERS**

10 5. Respondent has carefully read, and understands the charges and allegations in
11 Accusation No. 800-2018-046588. Respondent also has carefully read, and understands the
12 effects of this Stipulated Surrender of License and Order.

13 6. Respondent is fully aware of his legal rights in this matter, including the right to a
14 hearing on the charges and allegations in the Accusation; the right to be represented by counsel, at
15 his own expense; the right to confront and cross-examine the witnesses against him; the right to
16 present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel
17 the attendance of witnesses and the production of documents; the right to reconsideration and
18 court review of an adverse decision; and all other rights accorded by the California
19 Administrative Procedure Act and other applicable laws.

20 7. Respondent voluntarily, knowingly, and intelligently waives and gives up each and
21 every right set forth above.

22 **CULPABILITY**

23 8. Respondent understands that the charges and allegations in Accusation No. 800-2018-
24 046588, if proven at a hearing, constitute cause for imposing discipline upon his Physician's and
25 Surgeon's Certificate, No. G 41724.

26 9. For the purpose of resolving the Accusation without the expense and uncertainty of
27 further proceedings, Respondent agrees that, at a hearing, Complainant could establish a factual
28 basis for the charges in the Accusation and that those charges constitute cause for discipline.

1 Respondent hereby gives up his right to contest that cause for discipline exists based on those
2 charges.

3 10. Respondent understands that by signing this stipulation he enables the Board to issue
4 an order accepting the surrender of his Physician's and Surgeon's Certificate without further
5 process.

6 **CONTINGENCY**

7 11. This stipulation shall be subject to approval by the Board. Respondent understands
8 and agrees that counsel for Complainant and the staff of the Board may communicate directly
9 with the Board regarding this stipulation and surrender, without notice to or participation by
10 Respondent. By signing the stipulation, Respondent understands and agrees that he may not
11 withdraw his agreement or seek to rescind the stipulation prior to the time the Board considers
12 and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the
13 Stipulated Surrender and Disciplinary Order shall be of no force or effect, except for this
14 paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not
15 be disqualified from further action by having considered this matter.

16 12. The parties understand and agree that Portable Document Format (PDF) and facsimile
17 copies of this Stipulated Surrender of License and Order, including PDF and facsimile signatures
18 thereto, shall have the same force and effect as the originals.

19 13. In consideration of the foregoing admissions and stipulations, the parties agree that
20 the Board may, without further notice or formal proceeding, issue and enter the following Order:

21 **ORDER**

22 IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. G 41724, issued
23 to Respondent Robert Alan Mott, M.D., is surrendered and accepted by the Board.

24 1. The surrender of Respondent's Physician's and Surgeon's Certificate No. G 41724 and
25 the acceptance of the surrendered license by the Board shall constitute the imposition of
26 discipline against Respondent. This stipulation constitutes a record of the discipline and shall
27 become a part of Respondent's license history with the Board.

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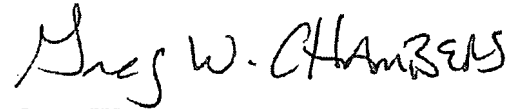
ENDORSEMENT

The foregoing Stipulated Surrender of License and Order is hereby respectfully submitted for consideration by the Medical Board of California of the Department of Consumer Affairs.

DATED: 12/13/2019

Respectfully submitted,

XAVIER BECERRA
Attorney General of California
MARY CAIN-SIMON
Supervising Deputy Attorney General



GREG W. CHAMBERS
Deputy Attorney General
Attorneys for Complainant

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Exhibit A

Accusation No. 800-2018-046588

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FILED
STATE OF CALIFORNIA
MEDICAL BOARD OF CALIFORNIA
SACRAMENTO Nov. 4 20 19
BY A. GERRA ANALYST

8
9 **BEFORE THE**
10 **MEDICAL BOARD OF CALIFORNIA**
11 **DEPARTMENT OF CONSUMER AFFAIRS**
12 **STATE OF CALIFORNIA**

12 In the Matter of the Accusation Against:

Case No. 800-2018-046588

13 **ROBERT ALAN MOTT, M.D.**
14 **50 Scenic Drive**
Trinidad, California 95570

ACCUSATION

15 **Physician's and Surgeons Certificate No.**
16 **G41724,**

17 Respondent.

18
19 **PARTIES**

20 1. Kimberly Kirchmeyer (Complainant) brings this Accusation solely in her official
21 capacity as the Executive Director of the Medical Board of California, Department of Consumer
22 Affairs (Board).

23 2. On or about March 31, 1980, the Board issued Physician's and Surgeon's Certificate
24 No. G 41724 to Respondent. The Physician's and Surgeon's Certificate was in full force and
25 effect at all times relevant to the charges brought in Accusation No. 800-2018-046588 and will
26 expire on February 29, 2020, unless renewed.

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1 JURISDICTION

2 3. This Accusation is brought before the Board, under the authority of the following
3 laws. All section references are to the Business and Professions Code (Code) unless otherwise
4 indicated.

5 4. Section 2004 of the Code states:

6 "The board shall have the responsibility for the following:

7 "(a) The enforcement of the disciplinary and criminal provisions of the Medical Practice
8 Act.

9 "(b) The administration and hearing of disciplinary actions.

10 "(c) Carrying out disciplinary actions appropriate to findings made by a panel or an
11 administrative law judge.

12 "(d) Suspending, revoking, or otherwise limiting certificates after the conclusion of
13 disciplinary actions.

14 "(e) Reviewing the quality of medical practice carried out by physician and surgeon
15 certificate holders under the jurisdiction of the board.

16 "(f) Approving undergraduate and graduate medical education programs.

17 "(g) Approving clinical clerkship and special programs and hospitals for the programs in
18 subdivision (f).

19 "(h) Issuing licenses and certificates under the board's jurisdiction.

20 "(i) Administering the board's continuing medical education program."

21 5. Section 2227 of the Code provides that a licensee who is found guilty under the
22 Medical Practice Act may have his or her license revoked, suspended for a period not to exceed
23 one year, placed on probation and required to pay the costs of probation monitoring, or such other
24 action taken in relation to discipline as the Board deems proper.

25 6. Section 2234 of the Code states, in part:

26 "The board shall take action against any licensee who is charged with unprofessional
27 conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not
28 limited to, the following:

1 (a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the
2 violation of, or conspiring to violate any provision of this chapter.

3 (b) Gross negligence.

4 (c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or
5 omissions. An initial negligent act or omission followed by a separate and distinct departure from
6 the applicable standard of care shall constitute repeated negligent acts.”

7 7. Section 2242(a) of the Code provides that prescribing, dispensing or furnishing
8 dangerous drugs without an appropriate prior examination and a medical indication constitutes
9 unprofessional conduct.

10 8. Section 2266 of the Code states: “The failure of a physician and surgeon to maintain
11 adequate and accurate records relating to the provision of services to their patients constitutes
12 unprofessional conduct.”

13 PERTINENT DRUGS

14 9. **Ambien**, a trade name for zolpidem tartrate, is a non-benzodiazepine hypnotic of the
15 imidazopyridine class. It is a dangerous drug as defined in section 4022 of the Business and
16 Professions Code, and a schedule IV controlled substance as defined by section 11057 of the
17 Health and Safety Code. It is indicated for the short-term treatment of insomnia. It is a central
18 nervous system depressant and should be used cautiously in combination with other central
19 nervous system depressants. Any central nervous system depressant could potentially enhance
20 the CNS depressive effects of Ambien. It should be administered cautiously to patients exhibiting
21 signs or symptoms of depression because of the risk of suicide. Because of the risk of habituation
22 and dependence, individuals with a history of addiction to or abuse of drugs or alcohol should be
23 carefully monitored while receiving Ambien. The recommended dosage for adults is 10 mg.
24 immediately before bedtime.

25 10. **Carisoprodol**, also known by the trade name SOMA, is a muscle-relaxant and
26 sedative. It is a dangerous drug as defined in section 4022 of the Business and Professions Code,
27 and a schedule IV controlled substance as defined by section 11057 of the Health and Safety
28 Code. Since the effects of carisoprodol and alcohol or carisoprodol and other central nervous

1 system depressants or psychotropic drugs may be additive, appropriate caution should be
2 exercised with patients who take more than one of these agents simultaneously. Carisoprodol is
3 metabolized in the liver and excreted by the kidneys; to avoid its excess accumulation, caution
4 should be exercised in administration to patients with compromised liver or kidney functions.

5 11. **Oxycodone** with acetaminophen and oxycodone with aspirin both contain
6 oxycodone, a white odorless crystalline powder derived from the opium alkaloid, thebaine.
7 Oxycodone is a semisynthetic narcotic analgesic with multiple actions qualitatively similar to
8 those of morphine. It is a dangerous drug as defined in section 4022 and a schedule II controlled
9 substance and narcotic as defined by section 11055, subdivision (b)(1) of the Health and Safety
10 Code. Oxycodone can produce drug dependence of the morphine type and, therefore, has the
11 potential for being abused.

12 **FIRST CAUSE FOR DISCIPLINE**

13 (Unprofessional Conduct: Gross Negligence, Repeated Negligent Acts; and/or Excessive
14 Prescribing Without an Appropriate Medical Examination/Medical Indication; and/or Inadequate
15 Medical Record Keeping in the care provided to Patient #1)

15 12. Respondent Robert Alan Mott, M.D. is subject to disciplinary action under sections
16 2234, and/or 2234(b), and/or 2234(c); and/or 2266 of the Code in that Respondent committed
17 unprofessional conduct amounting to gross negligence, and/or repeated negligent acts, in the care
18 and treatment of Patient #1,¹ and/or excessively dispensed dangerous drugs without medical
19 indication, and/or failed to maintain adequate and accurate records for Patient #1. The
20 circumstances are as follows:

21 13. On or about January 30, 2019, Respondent prescribed to Patient #1, Ambien, 10 mg.,
22 #30, without examination and without maintaining accurate and adequate records regarding the
23 prescribing.

24 14. On or about February 4, 2019, Respondent prescribed Patient #1, Oxycodone, 10
25 mg./325mg., #90, without examination and without maintaining accurate and adequate records
26 regarding the prescribing.

27 ¹ The patient is identified herein as Patient #1 to preserve confidentiality. The name of
28 this patient and all other persons referenced in the Accusation will be provided to Respondent in
discovery.

1 15. On or about February 28, 2019, Respondent prescribed to Patient #1, Carisoprodol,
2 10 mg./325mg., #60, without examination and without maintaining accurate and adequate records
3 regarding the prescribing.

4 **SECOND CAUSE FOR DISCIPLINE**
5 (Unprofessional Conduct Regarding Co-Worker #1)

6 16. Respondent Robert Alan Mott, M.D. is subject to disciplinary action under section
7 2234 of the Code in that Respondent committed unprofessional conduct regarding Co-Worker #1.
8 The circumstances are as follows:

9 17. Between January 1, 2016, and November 28, 2018, Respondent's words and actions,
10 including unwelcome comments and unwanted touching, created an environment within the
11 workplace that interfered with the ability of Co-Worker #1 to perform her duties and contributed
12 to or caused harassment in that workplace.

13 **THIRD CAUSE FOR DISCIPLINE**
14 (Unprofessional Conduct Regarding Co-Worker #2)

15 18. Respondent Robert Alan Mott, M.D. is subject to disciplinary action under section
16 2234 of the Code in that Respondent committed unprofessional conduct regarding Co-Worker #2.
17 The circumstances are as follows:

18 19. On or about August 3, 2018, while at work at Seaview Rehabilitation and Wellness
19 Center, Respondent's unwelcome touching of Co-Worker #2 created an environment within the
20 workplace that interfered with the ability of Co-Worker #2 to perform her duties and contributed
21 to or caused harassment in that workplace.

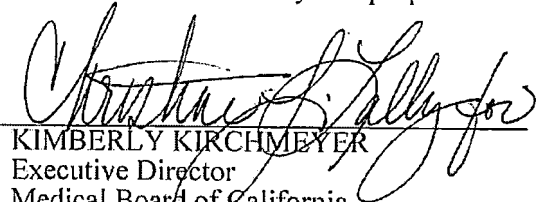
22 **FOURTH CAUSE FOR DISCIPLINE**
23 (Unprofessional Conduct Regarding Co-Worker #3)

24 20. Respondent Robert Alan Mott, M.D. is subject to disciplinary action under section
25 2234 of the Code in that Respondent committed unprofessional conduct regarding Co-Worker #3.
26 The circumstances are as follows:
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2. Revoking, suspending or denying approval of Robert Alan Mott, M.D.'s authority to supervise physician assistants and advanced practice nurses;
3. Ordering Robert Alan Mott, M.D., if placed on probation, to pay the Board the costs of probation monitoring; and
4. Taking such other and further action as deemed necessary and proper.

DATED: November 4, 2019


KIMBERLY KIRCHMEYER
Executive Director
Medical Board of California
Department of Consumer Affairs
State of California
Complainant