

**BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA**

**In the Matter of the First** )  
**Amended Accusation Against:** )  
 )  
 )  
**Annamalai Ashokan, M.D.** )  
 )  
**Physician's and Surgeon's** )  
**Certificate No. A 43142** )  
 )  
**Respondent** )  
\_\_\_\_\_ )

**Case No. 800-2017-032152**

**DECISION**

**The attached Stipulated Surrender of License and Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.**

**This Decision shall become effective at 5:00 p.m. on November 27, 2019.**

**IT IS SO ORDERED November 20, 2019.**

**MEDICAL BOARD OF CALIFORNIA**

By:   
**Christine J. Lally**  
**Interim Executive Director**

1 XAVIER BECERRA  
Attorney General of California  
2 JANE ZACK SIMON  
Supervising Deputy Attorney General  
3 LAWRENCE MERCER  
Deputy Attorney General  
4 State Bar No. 111898  
455 Golden Gate Avenue, Suite 11000  
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*Attorneys for Complainant*

7  
8 **BEFORE THE**  
9 **MEDICAL BOARD OF CALIFORNIA**  
10 **DEPARTMENT OF CONSUMER AFFAIRS**  
11 **STATE OF CALIFORNIA**

11 In the Matter of the First Amended Accusation  
Against:

Case No. 800-2017-032152

12 **ANNAMALAI ASHOKAN, M.D.**  
13 **581 McCray Street, Ste. E**  
14 **Hollister, CA 95023**

**STIPULATED SURRENDER OF  
LICENSE AND ORDER**

15 **Physician's and Surgeon's Certificate No. A 43142**

16 Respondent.

17 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-  
18 entitled proceedings that the following matters are true:

19 **PARTIES**

20 1. Christine J. Lally (Complainant) is the Interim Executive Director of the Medical  
21 Board of California (Board). She brought this action solely in her official capacity and is  
22 represented in this matter by Xavier Becerra, Attorney General of the State of California, by  
23 Lawrence Mercer, Deputy Attorney General.

24 2. Annamalai Ashokan, M.D. (Respondent) is represented in this proceeding by his  
25 attorney, Philip Heithecker, 1560 Humboldt Road, Suite 1, Chico, California 95928.

26 3. On or about September 29, 1986, the Board issued Physician's and Surgeon's  
27 Certificate No. A 43142 to Annamalai Ashokan, M.D. (Respondent). The certificate was in full  
28 force and effect at all times relevant to the charges brought in Accusation No. 800-2017-032152

1 and will expire on June 30, 2020, unless renewed. On June 5, 2019, an Interim Suspension Order  
2 was entered, prohibiting Respondent from practicing medicine pending a final decision in this  
3 disciplinary action.

#### 4 JURISDICTION

5 4. First Amended Accusation No. 800-2017-032152 (“Accusation”) was filed before the  
6 Board, and is currently pending against Respondent. The Accusation and all other statutorily  
7 required documents were properly served on Respondent on July 1, 2019. Respondent timely  
8 filed his Notice of Defense contesting the Accusation. A copy of Accusation No. 800-2017-  
9 032152 is attached as Exhibit A and incorporated by reference.

#### 10 ADVISEMENT AND WAIVERS

11 5. Respondent has carefully read, fully discussed with counsel, and understands the  
12 charges and allegations in Accusation No. 800-2017-032152. Respondent also has carefully read,  
13 fully discussed with counsel, and understands the effects of this Stipulated Surrender of License  
14 and Order.

15 6. Respondent is fully aware of his legal rights in this matter, including the right to a  
16 hearing on the charges and allegations in the Accusation; the right to confront and cross-examine  
17 the witnesses against him; the right to present evidence and to testify on his own behalf; the right  
18 to the issuance of subpoenas to compel the attendance of witnesses and the production of  
19 documents; the right to reconsideration and court review of an adverse decision; and all other  
20 rights accorded by the California Administrative Procedure Act and other applicable laws.

21 7. Respondent voluntarily, knowingly, and intelligently waives and gives up each and  
22 every right set forth above.

#### 23 CULPABILITY

24 8. Respondent understands that the charges and allegations in Accusation No. 800-2017-  
25 032152, if proven at a hearing, constitute cause for imposing discipline upon his Physician’s and  
26 Surgeon’s Certificate.

27 9. For the purpose of resolving the Accusation without the expense and uncertainty of  
28 further proceedings, Respondent agrees that, at a hearing, Complainant could establish a factual

1 basis for the charges in the Accusation and that those charges constitute cause for discipline.  
2 Respondent hereby gives up his right to contest that cause for discipline exists based on those  
3 charges.

4 10. Respondent understands that by signing this stipulation he enables the Board to issue  
5 an order accepting the surrender of his Physician's and Surgeon's Certificate without further  
6 process.

7 **CONTINGENCY**

8 11. This stipulation shall be subject to approval by the Board. Respondent understands  
9 and agrees that counsel for Complainant and the staff of the Board may communicate directly  
10 with the Board regarding this stipulation and surrender, without notice to or participation by  
11 Respondent or his counsel. By signing the stipulation, Respondent understands and agrees that he  
12 may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board  
13 considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order,  
14 the Stipulated Surrender and Disciplinary Order shall be of no force or effect, except for this  
15 paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not  
16 be disqualified from further action by having considered this matter.

17 12. The parties understand and agree that Portable Document Format (PDF) and facsimile  
18 copies of this Stipulated Surrender of License and Order, including PDF and facsimile signatures  
19 thereto, shall have the same force and effect as the originals.

20 13. In consideration of the foregoing admissions and stipulations, the parties agree that  
21 the Board may, without further notice or formal proceeding, issue and enter the following Order:

22 **ORDER**

23 IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A 43142, issued  
24 to Respondent Annamalai Ashokan, M.D., is surrendered and accepted by the Board.

25 1. The surrender of Respondent's Physician's and Surgeon's Certificate and the  
26 acceptance of the surrendered license by the Board shall constitute the imposition of discipline  
27 against Respondent. This stipulation constitutes a record of the discipline and shall become a part  
28 of Respondent's license history with the Board.

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2. Respondent shall lose all rights and privileges as a physician and surgeon in California as of the effective date of the Board's Decision and Order.

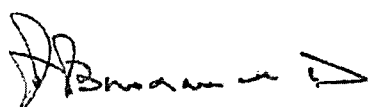
3. Respondent shall cause to be delivered to the Board his pocket license and, if one was issued, his wall certificate on or before the effective date of the Decision and Order.

4. If Respondent ever files an application for licensure or a petition for reinstatement in the State of California, the Board shall treat it as a petition for reinstatement. Respondent must comply with all the laws, regulations and procedures for reinstatement of a revoked or surrendered license in effect at the time the petition is filed, and all of the charges and allegations contained in Accusation No. 800-2017-032152 shall be deemed to be true, correct and admitted by Respondent when the Board determines whether to grant or deny the petition.

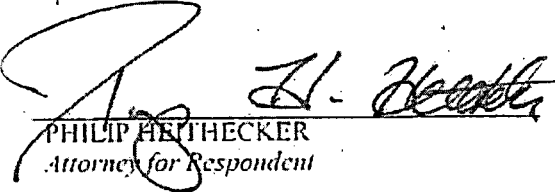
5. If Respondent should ever apply or reapply for a new license or certification, or petition for reinstatement of a license, by any other health care licensing agency in the State of California, all of the charges and allegations contained in Accusation, No. 800-2017-032152 shall be deemed to be true, correct, and admitted by Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or restrict licensure.

ACCEPTANCE

I have carefully read the above Stipulated Surrender of License and Order and have fully discussed it with my attorney. I understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Surrender of License and Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order of the Medical Board of California.

DATED: 11/8/19   
ANNAMALAI ASHOKAN, M.D.  
*Respondent*

I have read and fully discussed with Respondent Annamalai Ashokan, M.D. the terms and conditions and other matters contained in this Stipulated Surrender of License and Order. I approve its form and content.

DATED: 11/11/19   
PHILIP HETTHECKER  
*Attorney for Respondent*

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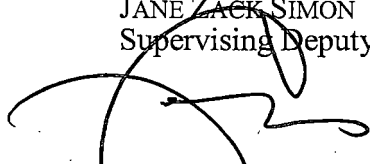
**ENDORSEMENT**

The foregoing Stipulated Surrender of License and Order is hereby respectfully submitted for consideration by the Medical Board of California of the Department of Consumer Affairs.

DATED: Nov 12 2019

Respectfully submitted,

XAVIER BECERRA  
Attorney General of California  
JANE ZACK SIMON  
Supervising Deputy Attorney General



LAWRENCE MERCER  
Deputy Attorney General  
*Attorneys for Complainant*

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**Exhibit A**

**Accusation No. 800-2017-032152**



1 XAVIER BECERRA  
Attorney General of California  
2 JANE ZACK SIMON  
Supervising Deputy Attorney General  
3 LAWRENCE MERCER  
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8 **BEFORE THE**  
9 **MEDICAL BOARD OF CALIFORNIA**  
10 **DEPARTMENT OF CONSUMER AFFAIRS**  
11 **STATE OF CALIFORNIA**

12 In the Matter of the First Amended Accusation  
Against:

13 **Annamalai Ashokan, M.D.**  
14 581 McCray Street, Ste. E  
Hollister, CA 95023

15  
16 Physician's and Surgeon's Certificate No. A 43142,  
17 Respondent.

Case No. 800-2017-032152  
(Consolidated with Case  
No. 800-2018-045205)

**FIRST AMENDED ACCUSATION**

18  
19 Complainant alleges:

20 **PARTIES**

21 1. Kimberly Kirchmeyer (Complainant) brings this First Amended Accusation solely in  
22 her official capacity as the Executive Director of the Medical Board of California, Department of  
23 Consumer Affairs (Board).

24 2. On or about September 29, 1986, the Medical Board issued Physician's and  
25 Surgeon's Certificate No. A 43142 to Annamalai Ashokan, M.D. (Respondent). Effective  
26 September 24, 2001, said certificate was revoked, the revocation stayed, and Respondent was  
27 placed on probation for five years, with terms and conditions. Respondent completed the  
28 probation and his certificate was restored to clear status, effective September 24, 2006. The

1 certificate was in full force and effect at all times relevant to the charges brought herein and will  
2 expire on June 30, 2020, unless renewed. On June 5, 2019, an Administrative Law Judge issued  
3 an Interim Suspension Order, suspending the certificate until the Board enters a decision on the  
4 charges in this Accusation.

### 5 JURISDICTION

6 3. This First Amended Accusation is brought before the Board under the authority of the  
7 following laws. All section references are to the Business and Professions Code unless otherwise  
8 indicated.

9 4. Section 2227 of the Code states:

10 “(a) A licensee whose matter has been heard by an administrative law judge of the Medical  
11 Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default  
12 has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary  
13 action with the board, may, in accordance with the provisions of this chapter:

14 “(1) Have his or her license revoked upon order of the board.

15 “(2) Have his or her right to practice suspended for a period not to exceed one year upon  
16 order of the board.

17 “(3) Be placed on probation and be required to pay the costs of probation monitoring upon  
18 order of the board.

19 “(4) Be publicly reprimanded by the board. The public reprimand may include a  
20 requirement that the licensee complete relevant educational courses approved by the board.

21 “(5) Have any other action taken in relation to discipline as part of an order of probation, as  
22 the board or an administrative law judge may deem proper.

23 “(b) Any matter heard pursuant to subdivision (a), except for warning letters, medical  
24 review or advisory conferences, professional competency examinations, continuing education  
25 activities, and cost reimbursement associated therewith that are agreed to with the board and  
26 successfully completed by the licensee, or other matters made confidential or privileged by  
27 existing law, is deemed public, and shall be made available to the public by the board pursuant to  
28 Section 803.1.”



1           9.     At all relevant times, Respondent was board-certified in pain management.

2           10.    On or about October 17, 2011, Patient 1<sup>1</sup>, a 31 year old male, came under  
3 Respondent's care and treatment for chronic pain. The patient's presenting complaint was back  
4 pain that radiated into his left leg, was aggravated by bending and ascending/descending stairs,  
5 and had associated symptoms, which included nocturnal awakening, nocturnal pain, spasms and  
6 tingling in the legs.

7           11.    Respondent obtained a brief medical, family and social history from the patient, but  
8 did not review prior treatment records or refer to CURES reports<sup>2</sup> regarding his past medications.  
9 Patient 1 told Respondent that he had been treated by multiple providers, who had prescribed  
10 oxycodone, 30 mg, QID.<sup>3</sup>

11          12.    Respondent performed a physical examination which included the back and  
12 shoulders, but did not constitute the comprehensive examination that should precede initiation of  
13 potent opioid therapy. Respondent noted that the patient was morbidly obese, weighing 331 lbs.

14          13.    Respondent diagnosed the patient with an unspecified disorder of the lumbar region,  
15 hip arthritis and morbid obesity. He stated that ideally the patient's condition could be improved  
16 with weight loss, epidurals, steroid and facet injections; however, Respondent prescribed the  
17 opioid medication oxycodone, 30 mg, QID, #120 for pain relief, and Medrol, 4 mg, a steroid anti-  
18 inflammatory.

19          14.    Respondent also obtained a urine sample, which was subsequently analyzed and  
20 reported to be positive for oxycodone, as well as non-prescribed opiates and marijuana.  
21 Respondent did not document a discussion with the patient regarding the positive test results.  
22 Respondent did not document an informed consent discussion with the patient regarding the risks  
23 of opioid therapy, nor did he establish a medication agreement with the patient by which the  
24 patient agreed not to abuse his medications or to take non-prescribed drugs.

25           <sup>1</sup> Patient's names are redacted to protect privacy interests.

26           <sup>2</sup> CURES (Controlled Substance Utilization Review and Evaluation System) is a database  
27 of Schedule II, III and IV controlled substance prescriptions dispensed in California serving the  
28 public health, regulatory oversight agencies, and law enforcement.

<sup>3</sup> Oxycodone is a narcotic analgesic with multiple actions similar to those of morphine.  
Oxycodone is a controlled substance and is available in combination with other drugs or alone. It  
can produce drug dependence and, therefore has the potential for being abused.

1           15. Respondent continued to treat Patient 1 from October 17, 2011, through April 8,  
2 2013. His treatment plan consisted primarily of opioid therapy utilizing oxycodone, 30 mg, #120,  
3 albeit the patient did not improve on this regimen. In October, 2012, Patient 1 again tested  
4 positive for non-prescribed medications, i.e. marijuana and benzodiazepines, but Respondent did  
5 not document a discussion with the patient regarding the risks of taking non-prescribed  
6 medications in addition to his opioid regimen. In December, 2012, the patient requested an  
7 increased dosage because "he runs out early" and Respondent complied with this request,  
8 increasing the amount prescribed to #140/month. While Respondent did discuss alternative  
9 treatments with the patient, Patient 1 either rejected these (e.g., steroid injections and/or  
10 orthopedic evaluation) or was non-compliant (e.g., weight loss and exercise). Respondent did not  
11 seek a specialty consultation or refer the patient to a pain management clinic.

12           16. On April 22, 2013, Patient 1 was seen by another physician, who performed a more  
13 complete physical examination, provided Patient 1 with a final refill of his medications and  
14 referred him to a pain management clinic. On May 12, 2013, Patient 1 died after a heroin  
15 overdose.

16           17. Respondent is guilty of unprofessional conduct and Respondent's certificate is subject  
17 to disciplinary action based on his repeated negligent acts and/or unprofessional conduct as set  
18 forth above and including, but not limited to, the following:

- 19           A. Respondent failed to perform the comprehensive physical examination of the patient  
20           before initiating long-term opioid medication management;
- 21           B. Respondent failed to provide and/or document informed consent and failed to establish  
22           a medication agreement with Patient 1;
- 23           C. Respondent failed to follow up on positive drug screen tests, failed to utilize the  
24           CURES system and failed to discuss why Patient 1 was running out of his prescribed  
25           narcotics early;
- 26           D. Respondent continued the patient's medication management for back pain over many  
27           months, despite his lack of improvement, without requesting a specialty consultation or  
28           referring the patient to a pain management clinic.



1 DISCIPLINARY CONSIDERATIONS

2 24. To determine the degree of discipline, if any, to be imposed on Respondent  
3 Annamalai Ashokan, M.D., Complainant alleges that on or about September 24, 2001, in a prior  
4 disciplinary action entitled: *In the Matter of the Accusation Against Annamalai Ashokan, M.D.*  
5 before the Medical Board of California, in Case Number 03-1999-95983, Respondent's certificate  
6 was revoked, the revocation stayed, and Respondent was placed on probation for five years, with  
7 terms and conditions. That decision is final and is incorporated by reference as if fully set forth  
8 herein. Attached to and incorporated into the Decision is the underlying Accusation, which set  
9 forth the charges brought against Respondent. That document alleged that Respondent  
10 administered bilateral occipital injections to a female patient on February 23, 1999, after which  
11 she became dizzy and nauseated. Respondent had the patient lay down on an examination table,  
12 at which time he proceeded to caress her hand and the exposed skin on her midriff while he  
13 rubbed his erect penis, through his clothing, against her bare right arm. He also allegedly caressed  
14 the patient's nipples with his hand under her blouse. When the patient tried to rise from the table,  
15 she felt dizzy and Respondent allegedly grabbed her around the waist and, while holding her  
16 against his body, rubbed his erect penis against her groin area and kissed her cheek.

17 PRAYER

18 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,  
19 and that following the hearing, the Medical Board of California issue a decision:

- 20 1. Revoking or suspending Physician's and Surgeon's Certificate No. A 43142, issued  
21 to Respondent;
- 22 2. Revoking, suspending or denying approval of Respondent's authority to supervise  
23 physician assistants and advanced practice nurses;
- 24 3. Ordering Respondent, if placed on probation, to pay the Board the costs of probation  
25 monitoring; and

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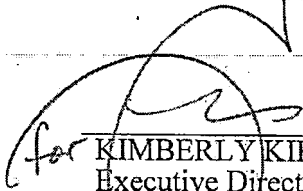
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4. Taking such other and further action as deemed necessary and proper.

DATED:

*July 1, 2019*



**KIMBERLY KIRCHMEYER**  
Executive Director  
Medical Board of California  
Department of Consumer Affairs  
State of California  
*Complainant*

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