

**BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA**

In the Matter of the Accusation Against:

Robert James Troell, M.D.

**Physician's & Surgeon's
Certificate No. G 70005**

Respondent.

Case No. 800-2023-096625

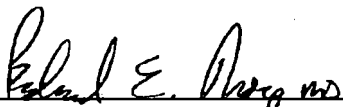
DECISION

**The attached Decision is hereby adopted as the Decision and Order of the
Medical Board of California, Department of Consumer Affairs, State of California.**

This Decision shall become effective at 5:00 p.m. on November 3, 2025.

IT IS SO ORDERED: October 3, 2025.

MEDICAL BOARD OF CALIFORNIA



**Richard E. Thorp, M.D., Chair
Panel B**

1 ROB BONTA
Attorney General of California
2 ALEXANDRA M. ALVAREZ
Supervising Deputy Attorney General
3 KEITH C. SHAW
Deputy Attorney General
4 State Bar No. 227029
600 West Broadway, Suite 1800
5 San Diego, CA 92101
Telephone: (619) 738-9515
6 Facsimile: (916) 732-7920
E-mail: Keith.Shaw@doj.ca.gov

7 *Attorneys for Complainant*
8

9 **BEFORE THE**
10 **MEDICAL BOARD OF CALIFORNIA**
11 **DEPARTMENT OF CONSUMER AFFAIRS**
12 **STATE OF CALIFORNIA**

13 In the Matter of the Accusation Against:

Case No. 800-2023-096625

14 **ROBERT JAMES TROELL, M.D.**

OAH No. 2025031058

15 **2801 East PCH, Ste. E**
Corona Del Mar, CA 92625

**STIPULATED SETTLEMENT AND
DISCIPLINARY ORDER**

16 **Physician's and Surgeon's Certificate**
17 **No. G 70005,**

18 **Respondent.**
19

20 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-
21 entitled proceedings that the following matters are true:

22 **PARTIES**

23 1. Reji Varghese (Complainant) is the Executive Director of the Medical Board of
24 California (Board). He brought this action solely in his official capacity and is represented in this
25 matter by Rob Bonta, Attorney General of the State of California, by Keith C. Shaw, Deputy
26 Attorney General.

27 2. Respondent Robert James Troell, M.D. (Respondent) is representing himself in this
28 proceeding and has chosen not to exercise his right to be represented by counsel.

3. On or about October 9, 1990, the Board issued Physician's and Surgeon's Certificate No. G 70005 to Robert James Troell, M.D. (Respondent). The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2023-096625, and will expire on January 31, 2026, unless renewed.

JURISDICTION

4. Accusation No. 800-2023-096625 was filed before the Board and is currently pending against Respondent. The Accusation and all other statutorily required documents were properly served on Respondent on February 12, 2025. Respondent timely filed his Notice of Defense contesting the Accusation.

5. A copy of Accusation No. 800-2023-096625 is attached as Exhibit A and incorporated herein by reference.

ADVISEMENT AND WAIVERS

6. Respondent has carefully read and understands the charges and allegations in Accusation No. 800-2023-096625. Respondent has also carefully read and understands the effects of this Stipulated Settlement and Disciplinary Order.

7. Respondent is fully aware of his legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to be represented by counsel at his own expense; the right to confront and cross-examine the witnesses against him; the right to present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.

8. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

CULPABILITY

9. Respondent understands and agrees that the charges and allegations in Accusation No. 800-2023-096625, if proven at a hearing, constitute cause for imposing discipline upon his Physician's and Surgeon's Certificate.

10. For the purpose of resolving the Accusation without the expense and uncertainty of further proceedings, Respondent gives up his right to contest that, at a hearing, Complainant could establish a *prima facie* case with respect to the charges and allegations contained in the Accusation.

11. Respondent agrees that if an accusation is ever filed against him before the Medical Board of California, all of the charges and allegations contained in Accusation No. 800-2023-096625 shall be deemed true, correct and fully admitted by Respondent for purposes of any such proceeding or any other licensing proceeding involving Respondent in the State of California.

12. Respondent agrees that his Physician's and Surgeon's Certificate is subject to discipline, and he agrees to be bound by the Board's terms as set forth in the Disciplinary Order below.

CONTINGENCY

13. This stipulation shall be subject to approval by the Medical Board of California. Respondent understands and agrees that counsel for Complainant and the staff of the Medical Board of California may communicate directly with the Board regarding this stipulation and settlement, without notice to or participation by Respondent. By signing the stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.

14. This Stipulated Settlement and Disciplinary Order is intended by the parties herein to be an integrated writing representing the complete, final and exclusive embodiment of the agreement of the parties in this above-entitled matter.

15. The parties understand and agree that Portable Document Format (PDF) and facsimile copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile signatures thereto, shall have the same force and effect as the originals.

1 16. In consideration of the foregoing admissions and stipulations, the parties agree that
2 the Board may, without further notice or opportunity to be heard by the Respondent, issue and
3 enter the following Disciplinary Order:

4 **DISCIPLINARY ORDER**

5 IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. G 70005 issued
6 to Respondent Robert James Troell, M.D., shall be and is hereby publicly reprimanded pursuant
7 to California Business and Professions Code, section 2227, subdivision (a)(4). This public
8 reprimand, which is issued in connection to Respondent's care and treatment of Patient A, as set
9 forth in Accusation No. 800-2023-096625, is as follows:

10 During a breast reduction surgery for Patient A on or about February 14, 2018, Respondent
11 inaccurately placed the nipple/areolar complex higher than indicated, as well as committed
12 other repeated negligent acts more fully described in Accusation No. 800-2023-096625.

13 1. **EDUCATION COURSE.** Within 60 calendar days of the effective date of this
14 Decision, Respondent shall submit to the Board or its designee for its prior approval educational
15 program(s) or course(s) which shall not be less than 40 hours. The educational program(s) or
16 course(s) shall be aimed at correcting any areas of deficient practice or knowledge and shall be
17 Category I certified. The educational program(s) or course(s) shall be at Respondent's expense
18 and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of
19 licensure. Following the completion of each course, the Board or its designee may administer an
20 examination to test Respondent's knowledge of the course. Respondent shall provide proof of
21 attendance for 65 hours of CME of which 40 hours were in satisfaction of this condition.

22 2. **MEDICAL RECORD KEEPING COURSE.** Within 60 calendar days of the effective
23 date of this Decision, Respondent shall enroll in a course in medical record keeping approved in
24 advance by the Board or its designee. Respondent shall provide the approved course provider
25 with any information and documents that the approved course provider may deem pertinent.
26 Respondent shall participate in and successfully complete the classroom component of the course
27 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully
28 complete any other component of the course within one (1) year of enrollment. The medical

1 record keeping course shall be at Respondent's expense and shall be in addition to the Continuing
2 Medical Education (CME) requirements for renewal of licensure.

3 A medical record keeping course taken after the acts that gave rise to the charges in the
4 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board
5 or its designee, be accepted towards the fulfillment of this condition if the course would have
6 been approved by the Board or its designee had the course been taken after the effective date of
7 this Decision.

8 Respondent shall submit a certification of successful completion to the Board or its
9 designee not later than 15 calendar days after successfully completing the course, or not later than
10 15 calendar days after the effective date of the Decision, whichever is later.

11 3. PROFESSIONALISM PROGRAM (ETHICS COURSE). Within 60 calendar days
12 of the effective date of this Decision, Respondent shall enroll in a professionalism program, that
13 meets the requirements of Title 16, California Code of Regulations (CCR) section 1358.1.
14 Respondent shall participate in and successfully complete that program. Respondent shall provide
15 any information and documents that the program may deem pertinent. Respondent shall
16 successfully complete the classroom component of the program not later than six (6) months after
17 Respondent's initial enrollment, and the longitudinal component of the program not later than the
18 time specified by the program, but no later than one (1) year after attending the classroom
19 component. The professionalism program shall be at Respondent's expense and shall be in addition
20 to the Continuing Medical Education (CME) requirements for renewal of licensure.

21 A professionalism program taken after the acts that gave rise to the charges in the
22 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board
23 or its designee, be accepted towards the fulfillment of this condition if the program would have
24 been approved by the Board or its designee had the program been taken after the effective date of
25 this Decision.

26 Respondent shall submit a certification of successful completion to the Board or its
27 designee not later than 15 calendar days after successfully completing the program or not later
28 than 15 calendar days after the effective date of the Decision, whichever is later.

1 4. INVESTIGATION/ENFORCEMENT COST RECOVERY. Respondent is hereby
2 ordered to reimburse the Board its costs of investigation and enforcement, including, but not
3 limited to, expert review, accusations, legal reviews, and investigation(s), as applicable, in the
4 amount of \$13,759 (thirteen thousand seven hundred and fifty-nine dollars). Costs shall be
5 payable to the Medical Board of California. Failure to pay such costs shall be considered
6 unprofessional conduct and may serve as the grounds for further disciplinary action.

7 Payment must be made in full within 30 calendar days of the effective date of the Decision
8 and Order, or by a payment plan approved by the Medical Board of California. Any and all
9 requests for a payment plan shall be submitted in writing by Respondent to the Board. Failure to
10 comply with the payment plan shall be considered unprofessional conduct and may serve as the
11 grounds for further disciplinary action.

12 The filing of bankruptcy by respondent shall not relieve respondent of the responsibility to
13 repay investigation and enforcement costs, including expert review costs.

14 5. FUTURE ADMISSIONS CLAUSE. If Respondent should ever apply or reapply
15 for a new license or certification, or petition for reinstatement of a license, by any other health
16 care licensing action agency in the State of California, all of the charges and allegations contained
17 in Accusation No. 800-2023-096625 shall be deemed to be true, correct, and admitted by
18 Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or
19 restrict license.

20 6. FAILURE TO COMPLY CLAUSE. If Respondent fails to enroll in, participate
21 in, or successfully complete the agreed upon program(s) and/or course(s), and/or complete the
22 term(s) and condition(s) as described above, within the designated time period as set forth in the
23 Decision and Order, Respondent shall receive and comply with a notification from the Board or
24 its designee to cease the practice of medicine within three (3) calendar days after being so
25 notified. Respondent shall not resume the practice of medicine until enrollment or participation or
26 fulfillment in the educational program(s) and/or course(s), and/or completion of the term(s) and
27 condition(s) has been provided to the Board as required by the express language of the Decision
28 and Order. In addition, failure to successfully complete the educational program(s) and/or

1 course(s), and/or complete the term(s) and condition(s) outlined above shall also constitute
2 separate grounds for general unprofessional conduct and will be grounds for further immediate
3 disciplinary action against Respondent's license.

4 **ACCEPTANCE**

5 I have carefully read the Stipulated Settlement and Disciplinary Order. I understand the
6 stipulation and the effect it will have on my Physician's and Surgeon's Certificate. I enter into
7 this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and
8 agree to be bound by the Decision and Order of the Medical Board of California.

9
10 DATED: 07/25/25 Robert J Troell
11 ROBERT JAMES TROELL, M.D.
12 Respondent

13 **ENDORSEMENT**

14 The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully
15 submitted for consideration by the Medical Board of California.

16 DATED: 7/25/2025

Respectfully submitted,

18 ROB BONTA
19 Attorney General of California
20 ALEXANDRA M. ALVAREZ
21 Supervising Deputy Attorney General

Keith Shaw

22 KEITH C. SHAW
23 Deputy Attorney General
24 Attorneys for Complainant

25 SD2025800089
26 85253771

Exhibit A

Accusation No. 800-2023-096625

1 ROB BONTA
Attorney General of California
2 ALEXANDRA M. ALVAREZ
Supervising Deputy Attorney General
3 KEITH C. SHAW
Deputy Attorney General
4 State Bar No. 227029
600 West Broadway, Suite 1800
5 San Diego, CA 92101
P.O. Box 85266
6 San Diego, CA 92186-5266
Telephone: (619) 738-9515
7 Facsimile: (619) 645-2012
E-mail: Keith.Shaw@doj.ca.gov

8
9 *Attorneys for Complainant*

10 **BEFORE THE**
11 **MEDICAL BOARD OF CALIFORNIA**
12 **DEPARTMENT OF CONSUMER AFFAIRS**
13 **STATE OF CALIFORNIA**

14 In the Matter of the Accusation Against:

Case No. 800-2023-096625

15 **ROBERT JAMES TROELL, M.D.**

A C C U S A T I O N

16 **2801 East PCH, Ste. E**
Corona Del Mar, CA 92625

17 **Physician's and Surgeon's Certificate**
18 **No. G 70005,**

19 **Respondent.**

20
21 **PARTIES**

22 1. Reji Varghese (Complainant) brings this Accusation solely in his official capacity as
23 the Executive Director of the Medical Board of California, Department of Consumer Affairs
24 (Board).

25 2. On or about October 9, 1990, the Medical Board issued Physician's and Surgeon's
26 Certificate No. G 70005 to Robert James Troell, M.D. (Respondent). The Physician's and
27 Surgeon's Certificate was in full force and effect at all times relevant to the charges brought
28 herein and will expire on January 31, 2026, unless renewed.

JURISDICTION

3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.

4. Section 2227 of the Code states:

“(a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:

“(1) Have his or her license revoked upon order of the board.

“(2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.

“(3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.

“(4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.

“(5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.

“(b) Any matter heard pursuant to subdivision (a), except for warning letters, medical review or advisory conferences, professional competency examinations, continuing education activities, and cost reimbursement associated therewith that are agreed to with the board and successfully completed by the licensee, or other matters made confidential or privileged by existing law, is deemed public, and shall be made available to the public by the board pursuant to Section 803.1.”

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"The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

“(b) Gross negligence.

“(1) An initial negligent diagnosis followed by an act or omission medically appropriate for that negligent diagnosis of the patient shall constitute a single negligent act.

“(d) Incompetence.

6. Section 2266 of the Code states:

7. Section 2271 of the Code states: "Any advertising in violation of Section 17500, relating to false or misleading advertising, constitutes unprofessional conduct."

8. Section 651 of the Code, subdivision (h), states that a physician is prohibited from disseminating any form of public communication or advertising as "board certified" unless certified by 1) an American Board of Medical Specialties (ABMS) member specialty board; 2) a specialty board with an Accreditation Council for Graduate Medical Education (ACGME)

1 accredited postgraduate training program; or 3) a specialty board with equivalent requirements
2 approved by the Board prior to January 1, 2019.

3 9. Section 2229 of the Code states that the protection of the public shall be the highest
4 priority for the Board in exercising their disciplinary authority. While attempts to rehabilitate a
5 licensee should be made when possible, Section 2229, subdivision (c), states that when
6 rehabilitation and protection are inconsistent, protection shall be paramount.

7 **COST RECOVERY**

8 10. Section 125.3 of the Code provides, in pertinent part, that the Board may request the
9 administrative law judge to direct a licensee found to have committed a violation or violations of
10 the licensing act to pay a sum not to exceed the reasonable costs of the investigation and
11 enforcement of the case, with failure of the licensee to comply subjecting the license to not being
12 renewed or reinstated. If a case settles, recovery of investigation and enforcement costs may be
13 included in a stipulated settlement.

14 **FIRST CAUSE FOR DISCIPLINE**

15 **(Gross Negligence)**

16 11. Respondent is subject to disciplinary action under section 2234, subdivision (b), of
17 the Code, in that he committed gross negligence in his care and treatment of Patient A,¹ as more
18 particularly alleged hereinafter:

19 **PATIENT A**

20 12. On or about January 24, 2018, Patient A, a then 46-year-old female, met with
21 Respondent, a cosmetic surgeon, to explore a potential breast reduction due to chronic back pain.
22 Respondent noted Patient A's large breast size, mild nipple asymmetry, and the right breast was
23 larger than the left. Respondent suggested breast reduction surgery, as well as liposuction of the
24 breast, axilla, lateral chest wall, and upper back.

25 ///

26
27 ¹ The patient listed in this document is unnamed to protect her privacy. Respondent
28 knows the name of the patient and can confirm her identity through discovery.

1 13. On or about February 14, 2018, Respondent performed bilateral breast reduction
2 surgery on Patient A. Preoperative pictures were taken and showed large, full breasts with
3 minimal nipple ptosis (sagging), with the right nipple being slightly lower than the left.
4 Respondent also planned to operatively lift the nipple location on each breast several centimeters
5 above the existing location.

6 14. During the surgery, Respondent removed breast tissue and skin from each breast, as
7 well as removed fat from each breast using liposuction. In total, 467 grams of tissue was
8 removed from the left breast, while 217 grams of tissue was removed from the right breast.²
9 Additionally, 500 ml of fat was removed from the left breast compared to 350 ml for the right
10 breast. Next, 140 ml of fat was transferred to the upper pole of each breast. Finally, the breast
11 skin was sutured resulting in a periareolar and infra-areolar incision line.

12 15. The following day, Patient A returned for her post-op appointment. Post-surgical
13 photographs revealed a high-riding nipple deformity³ and an extended nipple to inframammary
14 fold distance.⁴ The nipple deformity persisted postoperatively whereas approximately four
15 months following surgery, the sternal notch to nipple distances measured at 1920 cm and the
16 nipple to inframammary fold (IMF) distance measured at 13.5 cm. Photographs depicted Patient
17 A's nipple/areolar complex (NAC) pointing upwards in the upper portion of the breast, with the
18 NAC to IMF distance overly long. An anterior view illustrated the NAC location to be nearly the
19 same level as the axilla, rather than the typical mid-position of the humerus.⁵

20 16. Respondent elected to utilize a vertical technique on Patient A's already bottom-
21 heavy breasts, rather than the more appropriate Wise pattern technique, especially considering

22
23 ² Even though breast tissue removed during a reduction surgery should always be sent for
24 pathological evaluation, Respondent failed to do so for Patient A.

25 ³ A high riding nipple deformity refers to a condition where the nipple is positioned
26 noticeably higher on the breast than is considered typical, often appearing above the natural curve
27 of the breast.

28 ⁴ The nipple to inframammary fold distance refers to the measurement between the center
point of the nipple to the lowest point of the inframammary fold (the crease under the breast).

⁵ While pre-operative photos showed that very minimal NAC elevation would be
surgically necessary, post-operative measurements revealed an elevation of the NAC by 8-9 cm.

1 Patient A's NAC-IMF distance.⁶ As a result of Respondent failing to employ proper surgical
2 techniques and relocation of Patient A's NAC, Patient A sustained a significant and permanent
3 nipple location deformity that also caused her nipples to regularly pop out of her bra and bathing
4 suit. This error is very difficult to surgically correct and would create even greater scarring on the
5 breast skin.

6 17. On or about May 23, 2018, Respondent surgically removed a lesion from Patient A's
7 right shoulder using a local anesthetic. However, Respondent failed to obtain a signed consent
8 form from Patient A prior to surgery.

9 18. During a subsequent interview, Respondent claimed that prior to the breast reduction
10 surgery, Patient A was "not as concerned with the aesthetic appearance of the breast," but instead
11 primarily concerned with reducing her back pain. Prior to the interview, Respondent provided a
12 copy of his curriculum vitae, which improperly included seven credentials under his
13 "Certifications" that were not ABMS or equivalent boards, nor recognized by the Board to be
14 board-certified.

15 19. Respondent is subject to disciplinary action under section 2234, subdivision (b), of
16 the Code in that Respondent was grossly negligent, including but not limited to the following:

- 17 a) Respondent erroneously placed the nipple/areolar complex far higher than
18 indicated for Patient A during breast reduction surgery.

19 **SECOND CAUSE FOR DISCIPLINE**

20 **(Repeated Negligent Acts)**

21 20. Respondent is further subject to disciplinary action under sections 2227 and 2234, as
22 defined by section 2234, subdivision (c), of the Code, in that Respondent committed repeated
23 negligent acts, including but not limited to the following:

24 ///

25 _____
26 ⁶ The "Wise pattern technique" is a surgical method used for breast reduction, particularly
27 effective for women with bottom-heavy breasts (significant sagging) as it removes excess skin
28 both vertically down the center of the breast and horizontally along the inframammary fold,
essentially "lifting" the breast and reshaping it to a more lifted, rounded appearance.

- 1 (a) Paragraphs 11 through 19, above, are hereby incorporated by reference and
2 realleged as if fully set forth herein;
- 3 (b) Respondent utilized an improper vertical surgical technique on already
4 bottom-heavy breasts;
- 5 (c) Respondent failed to send breast tissue removed from the reduction surgery
6 for a pathological evaluation;
- 7 (d) Respondent failed to obtain a signed consent form for Patient A's lesion-
8 removal surgery; and
- 9 (e) Respondent improperly included seven credentials as "Certifications" in his
10 curriculum vitae that were not ABMS or equivalent boards, nor recognized by
11 the Board to be board-certified.

12 **THIRD CAUSE FOR DISCIPLINE**

13 **(Failure to Maintain Adequate and Accurate Records)**

14 21. Respondent is further subject to disciplinary action under sections 2227 and 2234, as
15 defined by section 2266, of the Code, in that Respondent failed to maintain adequate and accurate
16 records, as more particularly alleged in paragraphs 11 through 20, above, which are hereby
17 incorporated by reference and realleged as if fully set forth herein.

18 **FOURTH CAUSE FOR DISCIPLINE**

19 **(Lack of Knowledge)**

20 22. Respondent is further subject to disciplinary action under sections 2227 and 2234, as
21 defined by section 2234, subdivision (d), of the Code, in that Respondent demonstrated a lack of
22 knowledge during his care and treatment of Patient A, as more particularly alleged in paragraphs
23 11 through 20, above, which are hereby incorporated by reference and realleged as if fully set
24 forth herein.

25 **FIFTH CAUSE FOR DISCIPLINE**

26 **(False Advertising)**

27 23. Respondent is further subject to disciplinary action under sections 2271 and 651,
28 subdivision (h), of the Code, in that Respondent committed false advertising, as more particularly

1 alleged in paragraph 18, above, which is hereby incorporated by reference and realleged as if
2 fully set forth herein.

3 PRAYER

4 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,
5 and that following the hearing, the Medical Board of California issue a decision:

- 6 1. Revoking or suspending Physician's and Surgeon's Certificate No. G 70005, issued
7 to Respondent Robert James Troell, M.D.;
- 8 2. Revoking, suspending or denying approval of Respondent Robert James Troell,
9 M.D.'s authority to supervise physician assistants and advanced practice nurses;
- 10 3. Ordering Respondent Robert James Troell, M.D., to pay the Board the costs of the
11 investigation and enforcement of this case, and if placed on probation, the costs of probation
12 monitoring; and
- 13 4. Taking such other and further action as deemed necessary and proper.

14
15 DATED: FEB 12 2025


REJI VARGHESE
Executive Director
Medical Board of California
Department of Consumer Affairs
State of California
Complainant

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