

BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA

In the Matter of the Accusation Against:

Fields Nelson, P.T.R.N

Polysomnographic Trainee  
No. 1055

Respondent.

Case No. 800-2021-084035

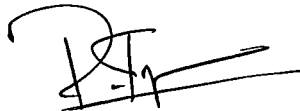
DECISION

The attached Stipulated Surrender License and Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on JUL 22 2025.

IT IS SO ORDERED JUL 15 2025.

MEDICAL BOARD OF CALIFORNIA



Reji Varghese  
Executive Director

1 ROB BONTA  
Attorney General of California  
2 GREG W. CHAMBERS  
Supervising Deputy Attorney General  
3 NILUFAR K. MAJD  
Deputy Attorney General  
4 State Bar No. 246017  
455 Golden Gate Avenue, Suite 11000  
5 San Francisco, CA 94102-7004  
Telephone: (415) 229-0114  
6 Facsimile: (415) 703-5480  
E-mail: Nilu.Majd@doj.ca.gov  
7 *Attorneys for Complainant*

8 **BEFORE THE**  
9 **MEDICAL BOARD OF CALIFORNIA**  
10 **DEPARTMENT OF CONSUMER AFFAIRS**  
11 **STATE OF CALIFORNIA**

11 In the Matter of the Accusation Against:  
12 **FIELDS NELSON, P.T.R.N.**  
13 **768 Yuba Street,**  
**Richmond, CA 94805-1569**  
14 **Polysomnographic Trainee No. 1055**  
15 Respondent.

Case No. 800-2021-084035  
**STIPULATED SURRENDER OF  
LICENSE AND ORDER**

17 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-  
18 entitled proceedings that the following matters are true:

19 **PARTIES**

20 1. Reji Varghese (Complainant) is the Executive Director of the Medical Board of  
21 California (Board). Complainant brought this action solely in his official capacity and is  
22 represented in this matter by Rob Bonta, Attorney General of the State of California, by Nilufar  
23 K. Majd, Deputy Attorney General.

24 2. FIELDS NELSON, P.T.R.N. (Respondent) is represented in this proceeding by  
25 attorney Adam B. Brown, whose address is: 3848 W. Carson Street, Suite 206, Torrance, CA  
26 90503.

27 3. On or about August 10, 2018, the Board issued Polysomnographic Trainee License  
28 No. 1055 to Respondent. The Polysomnographic Trainee License was in full force and effect at

1 all times relevant to the charges brought in Accusation No. 800-2021-084035 and will expire on  
2 August 31, 2026, unless renewed.

3 **JURISDICTION**

4 4. Accusation No. 800-2021-084035 was filed before the Board and is currently pending  
5 against Respondent. The Accusation and all other statutorily required documents were properly  
6 served on Respondent on December 5, 2024. Respondent timely filed his Notice of Defense  
7 contesting the Accusation. A copy of Accusation No. 800-2021-084035 is attached as Exhibit A  
8 and incorporated by reference.

9 **ADVISEMENT AND WAIVERS**

10 5. Respondent has carefully read, fully discussed with counsel, and understands the  
11 charges and allegations in Accusation No. 800-2021-084035. Respondent also has carefully read,  
12 fully discussed with counsel, and understands the effects of this Stipulated Surrender of License  
13 and Order.

14 6. Respondent is fully aware of his legal rights in this matter, including the right to a  
15 hearing on the charges and allegations in the Accusation; the right to confront and cross-examine  
16 the witnesses against him; the right to present evidence and to testify on his own behalf; the right  
17 to the issuance of subpoenas to compel the attendance of witnesses and the production of  
18 documents; the right to reconsideration and court review of an adverse decision; and all other  
19 rights accorded by the California Administrative Procedure Act and other applicable laws.

20 7. Respondent voluntarily, knowingly, and intelligently waives and gives up each and  
21 every right set forth above.

22 **CULPABILITY**

23 8. Respondent understands and agrees that the charges and allegations in Accusation  
24 No. 800-2021-084035, if proven at a hearing, constitute cause for imposing discipline upon his  
25 Polysomnographic Trainee License, No. 1055.

26 9. For the purpose of resolving the Accusation without the expense and uncertainty of  
27 further proceedings, Respondent agrees that, at a hearing, Complainant could establish a factual  
28 basis for the allegations in the Accusation and that those charges constitute cause for discipline.

1 Respondent hereby gives up his right to contest that cause for discipline exists based on those  
2 charges.

3 10. Respondent understands that by signing this stipulation he enables the Board to issue  
4 an order accepting the surrender of his Polysomnographic Trainee License without further  
5 process.

6 **CONTINGENCY**

7 11. This stipulation shall be subject to approval by the Board. Respondent understands  
8 and agrees that counsel for Complainant and the staff of the Board may communicate directly  
9 with the Board regarding this stipulation and surrender, without notice to or participation by  
10 Respondent or his counsel. By signing the stipulation, Respondent understands and agrees that he  
11 may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board  
12 considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order,  
13 the Stipulated Surrender and Disciplinary Order shall be of no force or effect, except for this  
14 paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not  
15 be disqualified from further action by having considered this matter.

16 12. The parties understand and agree that Portable Document Format (PDF) and facsimile  
17 copies of this Stipulated Surrender of License and Order, including PDF and facsimile signatures  
18 thereto, shall have the same force and effect as the originals.

19 13. In consideration of the foregoing admissions and stipulations, the parties agree that  
20 the Board may, without further notice or formal proceeding, issue and enter the following Order:

21 **ORDER**

22 IT IS HEREBY ORDERED that Polysomnographic Trainee License No. 1055, issued to  
23 Respondent FIELDS NELSON, P.T.R.N., is surrendered and accepted by the Board.

24 1. The surrender of Respondent's Polysomnographic Trainee License and the  
25 acceptance of the surrendered license by the Board shall constitute the imposition of discipline  
26 against Respondent. This stipulation constitutes a record of the discipline and shall become a part  
27 of Respondent's license history with the Board.

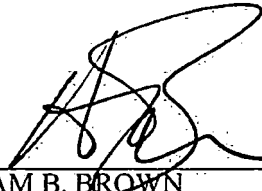
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I have read and fully discussed with Respondent FIELDS NELSON, P.T.R.N. the terms and conditions and other matters contained in this Stipulated Surrender of License and Order. I approve its form and content.

DATED: 6/19/25

  
ADAM B. BROWN  
*Attorney for Respondent*

**ENDORSEMENT**

The foregoing Stipulated Surrender of License and Order is hereby respectfully submitted for consideration by the Medical Board of California of the Department of Consumer Affairs.

DATED: 6/30/2025

Respectfully submitted,  
ROB BONTA  
Attorney General of California  
GREG W. CHAMBERS  
Supervising Deputy Attorney General  
*/s/ Nilufar K. Majd*

NILUFAR K. MAJD  
Deputy Attorney General  
*Attorneys for Complainant*

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Stipulated Surrender of License and Order.docx

**Exhibit A**

**Accusation No. 800-2021-084035**

1 ROB BONTA  
Attorney General of California  
2 GREG W. CHAMBERS  
Supervising Deputy Attorney General  
3 NILUFAR K. MAJD  
Deputy Attorney General  
4 State Bar No. 246017  
455 Golden Gate Avenue, Suite 11000  
5 San Francisco, CA 94102-7004  
Telephone: (415) 229-0114  
6 Facsimile: (415) 703-5480  
E-mail: Nilu.Majd@doj.ca.gov  
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8 **BEFORE THE**  
9 **MEDICAL BOARD OF CALIFORNIA**  
10 **DEPARTMENT OF CONSUMER AFFAIRS**  
11 **STATE OF CALIFORNIA**

12 In the Matter of the Accusation Against:

Case No. 800-2021-084035

13 **Fields Nelson, P.T.R.N**  
768 Yuba Street  
14 **Richmond, CA 94805-1569**

**ACCUSATION**

15 **Polysomnographic Trainee**  
16 **No. 1055,**

Respondent.

17  
18 **PARTIES**

19 1. Reji Varghese (Complainant) brings this Accusation solely in his official capacity as  
20 the Executive Director of the Medical Board of California, Department of Consumer Affairs  
21 (Board).

22 2. On or about August 10, 2018, the Medical Board issued Polysomnographic Trainee  
23 Number 1055 to Fields Nelson, P.T.R.N (Respondent). Respondent's Polysomnographic Trainee  
24 license will expire on August 31, 2026, unless renewed.

25 **JURISDICTION**

26 3. This Accusation is brought before the Board, under the authority of the following  
27 laws. All section references are to the Business and Professions Code (Code) unless otherwise  
28 indicated.



1           4. Section 2227 of the Code provides that a licensee who is found guilty under the  
2 Medical Practice Act may have his or her license revoked, suspended for a period not to exceed  
3 one year, placed on probation and required to pay the costs of probation monitoring, or such other  
4 action taken in relation to discipline as the board deems proper.

5           5. Section 2228 of the Code states:

6           The authority of the board or the California Board of Podiatric Medicine to discipline a  
7 licensee by placing him or her on probation includes, but is not limited to, the following:

8           (a) Requiring the licensee to obtain additional professional training and to pass an  
9 examination upon the completion of the training. The examination may be written or oral, or  
10 both, and may be a practical or clinical examination, or both, at the option of the board or the  
11 administrative law judge.

12           (b) Requiring the licensee to submit to a complete diagnostic examination by one or  
13 more physicians and surgeons appointed by the board. If an examination is ordered, the board  
14 shall receive and consider any other report of a complete diagnostic examination given by one or  
15 more physicians and surgeons of the licensee's choice.

16           (c) Restricting or limiting the extent, scope, or type of practice of the licensee, including  
17 requiring notice to applicable patients that the licensee is unable to perform the indicated  
18 treatment, where appropriate.

19           (d) Providing the option of alternative community service in cases other than violations  
20 relating to quality of care.

21           6. Section 3575 of the Code States:

22           “ . . . ”

23           (b)(1) Within one year after the effective date of this chapter, the board shall promulgate  
24 regulations relative to the qualifications for the registration of individuals as certified  
25 polysomnographic technologists, polysomnographic technicians, and polysomnographic trainees.  
26 The qualifications for a certified polysomnographic technologist shall include all of the  
27 following:  
28

1 (A) He or she shall have valid, current credentials as a polysomnographic  
2 technologist issued by a national accrediting agency approved by the board.

3 7. Section 3576 of the Code states:

4 (a) A registration under this chapter may be denied, suspended, revoked, placed on  
5 probation, or otherwise subjected to discipline for any of the following by the holder:

6 (1) Incompetence, gross negligence, or repeated similar negligent acts performed by  
7 the registrant.

8 "..."

9 8. Section 3576.3 of the Code states:

10 (a) The board may suspend or revoke the registration of a polysomnographic  
11 technologist, polysomnographic technician, or polysomnographic trainee for unprofessional  
12 conduct as described in this section.

13 9. Section 3577(d) provides that the fee for monitoring a registrant on probation shall be  
14 the cost of monitoring, as fixed by the board.

15 **COST RECOVERY**

16 10. Section 125.3 of the Code provides, in pertinent part, that the Board may request the  
17 administrative law judge to direct a licensee found to have committed a violation or violations of  
18 the licensing act to pay a sum not to exceed the reasonable costs of the investigation and  
19 enforcement of the case, with failure of the licensee to comply subjecting the license to not being  
20 renewed or reinstated. If a case settles, recovery of investigation and enforcement costs may be  
21 included in a stipulated settlement.

22 **FACTUAL ALLEGATIONS**

23 11. On or about November 23, 2021, a 75-year-old female patient,<sup>1</sup> underwent an  
24 overnight split protocol polysomnography (hereinafter referred to as "sleep study") at the  
25 Redwood Sleep Centers, Inc. Respondent was Patient 1's Polysomnographic Trainee at the time  
26 of the sleep study.

27 \_\_\_\_\_  
28 <sup>1</sup> The patient is identified as Patient 1 to preserve confidentiality. The patient's name will  
be provided to Respondent in discovery.

1           12. At the time Patient 1 underwent this sleep study, she had a history of multiple medical  
2 conditions, including diabetes, hyperlipidemia, hypertension, insomnia, diarrhea, weight gain,  
3 irritable bowel syndrome, spastic colon, fibromyalgia, chronic fatigue syndrome, mild obstructive  
4 apnea hypopneas syndrome, depression and anxiety. Patient 1 was also on multiple medications at  
5 the time of the sleep study.

6           13. During the sleep study, Patient 1 woke up from sleep due to severe chest pains.  
7 Patient 1 attempted to call Respondent for assistance but did not get a response from him.  
8 Subsequently, Patient 1 pushed the door open to call Respondent for assistance. Once Respondent  
9 came into the room, Patient 1 complained of chest pain, however Respondent became furious  
10 with Patient 1, told Patient 1 she did not have to take her CPAP<sup>2</sup> mask off and that she was not  
11 having a heart attack and demanded for an apology from Patient 1. Respondent failed to assess a  
12 Patient 1's condition and failed to call his supervisor regarding Patient 1's condition.

13           14. Despite her symptoms, Patient 1 continued with the sleep study but woke up dizzy  
14 and nauseated with severe abdominal pain. Patient 1 went to the bathroom to vomit. Upon Patient  
15 1's return, Respondent became enraged and did not permit Patient 1 to speak, continually  
16 interrupting Patient 1. Respondent told Patient 1 that her sleep study was over and that Patient 1  
17 had ruined it. When Patient 1 complained that she felt like throwing up again, Respondent threw  
18 a trash can on the floor next to her. Respondent also reacted to Patient 1 when she said "oh boy",  
19 alleging Patient 1 made a racist remark, despite Patient 1 explaining to Respondent it was not  
20 targeted towards him.

21           15. Later, Respondent returned with some paperwork for Patient 1 to fill out and threw it  
22 on the bed, then stormed out of the room.

23           16. The sleep study was completed, and Patient 1 was given a diagnosis of Mild  
24 Obstructive Sleep Apnea.

25           17. Respondent's polysomnographic license expired on August 31, 2020. At the time  
26 Respondent conducted the November 23, 2021, polysomnography on Patient 1, Respondent did  
27

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28           <sup>2</sup> CPAP stands for Continuous Positive Airway Pressure.

1 not have a valid California registration by the Board. Respondent's polysomnographic license  
2 was renewed on September 6, 2024.

3 **FIRST CAUSE FOR DISCIPLINE**

4 (Unprofessional Conduct – Gross Negligence and Repeated Negligent Acts)

5 18. Paragraphs 11 through 17 are incorporated by referenced as if fully set forth.

6 19. Respondent Fields Nelson, P.T.R.N is subject to disciplinary action under sections  
7 3576, subdivision (a)(1), and 3576.3, subdivision (a), of the Code, in that he engaged in  
8 unprofessional conduct and was grossly negligent and repeatedly negligent in his care and  
9 treatment of Patient 1.

10 **SECOND CAUSE FOR DISCIPLINE**

11 (Practicing Without Valid Registration)

12 20. Paragraphs 11 through 17 are incorporated by referenced as if fully set forth.

13 21. Respondent has subjected his Polysomnographic Trainee Number 1055 to  
14 disciplinary action under section 3575, subdivision (b)(1)(A), of the Code, in that Respondent did  
15 not have a current and valid license when treating Patient 1.

16 **PRAYER**

17 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,  
18 and that following the hearing, the Medical Board of California issue a decision:

19 1. Revoking or suspending Polysomnographic Trainee Number 1055, issued to  
20 Respondent Fields Nelson, P.T.R.N;

21 2. Ordering Respondent Fields Nelson, P.T.R.N, to pay the Board the costs of the  
22 investigation and enforcement of this case, and if placed on probation, the costs of probation  
23 monitoring; and

24 3. Taking such other and further action as deemed necessary and proper.

25 DATED: DEC 05 2024

26   
27 \_\_\_\_\_  
28 RAJ VARGHESE  
Executive Director  
Medical Board of California  
Department of Consumer Affairs  
State of California  
Complainant