

BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA

In the Matter of the Accusation Against:

Gurleen Singh Jamarai, M.D.

Physician's and Surgeon's
Certificate No. A 106286

Case No.: 800-2021-082488

Respondent.

DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on May 27, 2025.

IT IS SO ORDERED: April 25, 2025.

MEDICAL BOARD OF CALIFORNIA

Michelle A. Bholat, MD

Michelle A. Bholat, M.D. , Chair
Panel A

1 ROB BONTA
Attorney General of California
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10 **BEFORE THE**
MEDICAL BOARD OF CALIFORNIA
11 **DEPARTMENT OF CONSUMER AFFAIRS**
STATE OF CALIFORNIA
12

13 In the Matter of the Accusation Against:
14 **Gurleen Singh Jamarai, M.D.**
15 **899 Cleveland Way**
16 **Corona, CA 92881-5903**
17 **Physician's and Surgeon's Certificate**
No. A 106286,
18 Respondent.

Case No. 800-2021-082488

OAH No. 2024090023

**STIPULATED SETTLEMENT AND
DISCIPLINARY ORDER**

19
20 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-
21 entitled proceedings that the following matters are true:

22 **PARTIES**

23 1. Reji Varghese (Complainant) is the Executive Director of the Medical Board of
24 California (Board). He brought this action solely in his official capacity and is represented in this
25 matter by Rob Bonta, Attorney General of the State of California, by Rosemary F. Luzon, Deputy
26 Attorney General.

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1 2. Respondent Gurleen Singh Jamarai, M.D. (Respondent) is represented in this
2 proceeding by attorney Lindsay M. Johnson, Esq., whose address is: Ray & Bishop, PLC, 4100
3 Newport Place, Suite 670, Newport Beach, CA 92660.

4 3. On or about December 13, 2008, the Board issued Physician's and Surgeon's
5 Certificate No. A 106286 to Respondent. The Physician's and Surgeon's Certificate expired on
6 September 30, 2022, and has since been renewed. The Physician's and Surgeon's Certificate will
7 expire on September 30, 2026, unless renewed.

8 **JURISDICTION**

9 4. On or about April 4, 2024, Accusation No. 800-2021-082488 was filed before the
10 Board, and is currently pending against Respondent. The Accusation and all other statutorily
11 required documents were properly served on Respondent on or about April 4, 2024, at his address
12 of record. Respondent timely filed his Notice of Defense contesting the Accusation.

13 5. A true and correct copy of Accusation No. 800-2021-082488 is attached as Exhibit A
14 and incorporated by reference as if fully set forth herein.

15 **ADVISEMENT AND WAIVERS**

16 6. Respondent has carefully read, fully discussed with counsel, and understands the
17 charges and allegations in Accusation No. 800-2021-082488. Respondent has also carefully read,
18 fully discussed with his counsel, and understands the effects of this Stipulated Settlement and
19 Disciplinary Order.

20 7. Respondent is fully aware of his legal rights in this matter, including the right to a
21 hearing on the charges and allegations in the Accusation; the right to confront and cross-examine
22 the witnesses against him; the right to present evidence and to testify on his own behalf; the right
23 to the issuance of subpoenas to compel the attendance of witnesses and the production of
24 documents; the right to reconsideration and court review of an adverse decision; and all other
25 rights accorded by the California Administrative Procedure Act and other applicable laws, having
26 been fully advised of same by his attorney, Lindsay M. Johnson, Esq.

27 8. Having the benefit of counsel, Respondent voluntarily, knowingly, and intelligently
28 waives and gives up each and every right set forth above.

1 **CULPABILITY**

2 9. Respondent admits the truth of each and every charge and allegation in Accusation
3 No. 800-2021-082488.

4 10. Respondent acknowledges the Disciplinary Order below, requiring the disclosure of
5 probation pursuant to Business and Professions Code section 2228.1, serves to protect the public
6 interest.

7 11. Respondent agrees that his Physician's and Surgeon's Certificate No. A 106286 is
8 subject to discipline and he agrees to be bound by the Board's imposition of discipline as set forth
9 in the Disciplinary Order below.

10 **CONTINGENCY**

11 12. This stipulation shall be subject to approval by the Medical Board of California.
12 Respondent understands and agrees that counsel for Complainant and the staff of the Medical
13 Board of California may communicate directly with the Board regarding this stipulation and
14 settlement, without notice to or participation by Respondent or his counsel. By signing the
15 stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek
16 to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails
17 to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary
18 Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal
19 action between the parties, and the Board shall not be disqualified from further action by having
20 considered this matter.

21 **ADDITIONAL PROVISIONS**

22 13. This Stipulated Settlement and Disciplinary Order is intended by the parties herein to
23 be an integrated writing representing the complete, final, and exclusive embodiment of the
24 agreement of the parties in this above entitled matter.

25 14. The parties understand and agree that Portable Document Format (PDF) and facsimile
26 copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile
27 signatures thereto, shall have the same force and effect as the originals.

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1 15. In consideration of the foregoing admissions and stipulations, the parties agree that
2 the Board may, without further notice or opportunity to be heard by Respondent, issue and enter
3 the following Disciplinary Order:

4 **DISCIPLINARY ORDER**

5 IT IS HEREBY ORDERED that Physician’s and Surgeon’s Certificate No. A 106286
6 issued to Respondent Gurleen Singh Jamarai, M.D., is revoked. However, the revocation is
7 stayed and Respondent is placed on probation for seven (7) years from the effective date of the
8 Decision on the following terms and conditions:

- 9 1. **PATIENT DISCLOSURE.** Before a patient’s first visit following the effective date
10 of this order and while Respondent is on probation, Respondent must provide all patients, or
11 patient’s guardian or health care surrogate, with a separate disclosure that includes Respondent’s
12 probation status, the length of the probation, the probation end date, all practice restrictions
13 placed on Respondent by the Board, the Board’s telephone number, and an explanation of how
14 the patient can find further information on Respondent’s probation on Respondent’s profile page
15 on the Board’s website. Respondent shall obtain from the patient, or the patient’s guardian or
16 health care surrogate, a separate, signed copy of that disclosure. Respondent shall not be required
17 to provide a disclosure if any of the following applies: (1) the patient is unconscious or otherwise
18 unable to comprehend the disclosure and sign the copy of the disclosure and a guardian or health
19 care surrogate is unavailable to comprehend the disclosure and sign the copy; (2) the visit occurs
20 in an emergency room or an urgent care facility or the visit is unscheduled, including
21 consultations in inpatient facilities; (3) Respondent is not known to the patient until immediately
22 prior to the start of the visit; (4) Respondent does not have a direct treatment relationship with the
23 patient.

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1 2. CONTROLLED SUBSTANCES - ABSTAIN FROM USE. Respondent shall abstain
2 completely from the personal use or possession of controlled substances as defined in the
3 California Uniform Controlled Substances Act, dangerous drugs as defined by Business and
4 Professions Code section 4022, and any drugs requiring a prescription. This prohibition does not
5 apply to medications lawfully prescribed to Respondent by another practitioner for a bona fide
6 illness or condition.

7 Within 15 calendar days of receiving any lawfully prescribed medications, Respondent
8 shall notify the Board or its designee of the: issuing practitioner's name, address, and telephone
9 number; medication name, strength, and quantity; and issuing pharmacy name, address, and
10 telephone number.

11 3. ALCOHOL - ABSTAIN FROM USE. Respondent shall abstain completely from the
12 use of products or beverages containing alcohol.

13 4. PROFESSIONALISM PROGRAM (ETHICS COURSE). Within 60 calendar days of
14 the effective date of this Decision, Respondent shall enroll in a professionalism program, that
15 meets the requirements of Title 16, California Code of Regulations (CCR) section 1358.1.
16 Respondent shall participate in and successfully complete that program. Respondent shall
17 provide any information and documents that the program may deem pertinent. Respondent shall
18 successfully complete the classroom component of the program not later than six (6) months after
19 Respondent's initial enrollment, and the longitudinal component of the program not later than the
20 time specified by the program, but no later than one (1) year after attending the classroom
21 component. The professionalism program shall be at Respondent's expense and shall be in
22 addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

23 A professionalism program taken after the acts that gave rise to the charges in the
24 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board
25 or its designee, be accepted towards the fulfillment of this condition if the program would have
26 been approved by the Board or its designee had the program been taken after the effective date of
27 this Decision.

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1 Respondent shall submit a certification of successful completion to the Board or its
2 designee not later than 15 calendar days after successfully completing the program or not later
3 than 15 calendar days after the effective date of the Decision, whichever is later.

4 5. CLINICAL COMPETENCE ASSESSMENT PROGRAM. Within 60 calendar days
5 of the effective date of this Decision, Respondent shall enroll in a clinical competence assessment
6 program approved in advance by the Board or its designee. Respondent shall successfully
7 complete the program not later than six (6) months after Respondent's initial enrollment unless
8 the Board or its designee agrees in writing to an extension of that time.

9 The program shall consist of a comprehensive assessment of Respondent's physical and
10 mental health and the six general domains of clinical competence as defined by the Accreditation
11 Council on Graduate Medical Education and American Board of Medical Specialties pertaining to
12 Respondent's current or intended area of practice. The program shall take into account data
13 obtained from the pre-assessment, self-report forms and interview, and the Decision(s),
14 Accusation(s), and any other information that the Board or its designee deems relevant. The
15 program shall require Respondent's on-site participation as determined by the program for the
16 assessment and clinical education and evaluation. Respondent shall pay all expenses associated
17 with the clinical competence assessment program.

18 At the end of the evaluation, the program will submit a report to the Board or its designee
19 which unequivocally states whether the Respondent has demonstrated the ability to practice
20 safely and independently. Based on Respondent's performance on the clinical competence
21 assessment, the program will advise the Board or its designee of its recommendation(s) for the
22 scope and length of any additional educational or clinical training, evaluation or treatment for any
23 medical condition or psychological condition, or anything else affecting Respondent's practice of
24 medicine. Respondent shall comply with the program's recommendations.

25 Determination as to whether Respondent successfully completed the clinical competence
26 assessment program is solely within the program's jurisdiction.

27 If Respondent fails to enroll, participate in, or successfully complete the clinical
28 competence assessment program within the designated time period, Respondent shall receive a

1 notification from the Board or its designee to cease the practice of medicine within three (3)
2 calendar days after being so notified. Respondent shall not resume the practice of medicine until
3 enrollment or participation in the outstanding portions of the clinical competence assessment
4 program have been completed. If Respondent did not successfully complete the clinical
5 competence assessment program, Respondent shall not resume the practice of medicine until a
6 final decision has been rendered on the accusation and/or a petition to revoke probation. The
7 cessation of practice shall not apply to the reduction of the probationary time period.

8 6. PSYCHIATRIC EVALUATION. Within 30 calendar days of the effective date of
9 this Decision, and on whatever periodic basis thereafter may be required by the Board or its
10 designee, Respondent shall undergo and complete a psychiatric evaluation (and psychological
11 testing, if deemed necessary) by a Board-appointed board certified psychiatrist, who shall
12 consider any information provided by the Board or designee and any other information the
13 psychiatrist deems relevant, and shall furnish a written evaluation report to the Board or its
14 designee. Psychiatric evaluations conducted prior to the effective date of the Decision shall not
15 be accepted towards the fulfillment of this requirement. Respondent shall pay the cost of all
16 psychiatric evaluations and psychological testing.

17 Respondent shall comply with all restrictions or conditions recommended by the evaluating
18 psychiatrist within 15 calendar days after being notified by the Board or its designee.

19 Respondent shall not engage in the practice of medicine until notified by the Board or its
20 designee that Respondent is mentally fit to practice medicine safely. The period of time that
21 Respondent is not practicing medicine shall not be counted toward completion of the term of
22 probation.

23 7. PSYCHOTHERAPY. Within 60 calendar days of the effective date of this Decision,
24 Respondent shall submit to the Board or its designee for prior approval the name and
25 qualifications of a California-licensed board certified psychiatrist or a licensed psychologist who
26 has a doctoral degree in psychology and at least five years of postgraduate experience in the
27 diagnosis and treatment of emotional and mental disorders. Upon approval, Respondent shall

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1 undergo and continue psychotherapy treatment, including any modifications to the frequency of
2 psychotherapy, until the Board or its designee deems that no further psychotherapy is necessary.

3 The psychotherapist shall consider any information provided by the Board or its designee
4 and any other information the psychotherapist deems relevant and shall furnish a written
5 evaluation report to the Board or its designee. Respondent shall cooperate in providing the
6 psychotherapist with any information and documents that the psychotherapist may deem
7 pertinent.

8 Respondent shall have the treating psychotherapist submit quarterly status reports to the
9 Board or its designee. The Board or its designee may require Respondent to undergo psychiatric
10 evaluations by a Board-appointed board certified psychiatrist. If, prior to the completion of
11 probation, Respondent is found to be mentally unfit to resume the practice of medicine without
12 restrictions, the Board shall retain continuing jurisdiction over Respondent's license and the
13 period of probation shall be extended until the Board determines that Respondent is mentally fit
14 to resume the practice of medicine without restrictions.

15 Respondent shall pay the cost of all psychotherapy and psychiatric evaluations.

16 8. MONITORING - PRACTICE. Within 30 calendar days of the effective date of this
17 Decision, Respondent shall submit to the Board or its designee for prior approval as a practice
18 monitor, the name and qualifications of one or more licensed physicians and surgeons whose
19 licenses are valid and in good standing, and who are preferably American Board of Medical
20 Specialties (ABMS) certified. A monitor shall have no prior or current business or personal
21 relationship with Respondent, or other relationship that could reasonably be expected to
22 compromise the ability of the monitor to render fair and unbiased reports to the Board, including
23 but not limited to any form of bartering, shall be in Respondent's field of practice, and must agree
24 to serve as Respondent's monitor. Respondent shall pay all monitoring costs.

25 The Board or its designee shall provide the approved monitor with copies of the Decision(s)
26 and Accusation(s), and a proposed monitoring plan. Within 15 calendar days of receipt of the
27 Decision(s), Accusation(s), and proposed monitoring plan, the monitor shall submit a signed
28 statement that the monitor has read the Decision(s) and Accusation(s), fully understands the role

1 of a monitor, and agrees or disagrees with the proposed monitoring plan. If the monitor disagrees
2 with the proposed monitoring plan, the monitor shall submit a revised monitoring plan with the
3 signed statement for approval by the Board or its designee.

4 Within 60 calendar days of the effective date of this Decision, and continuing throughout
5 probation, Respondent's practice shall be monitored by the approved monitor. Respondent shall
6 make all records available for immediate inspection and copying on the premises by the monitor
7 at all times during business hours and shall retain the records for the entire term of probation.

8 If Respondent fails to obtain approval of a monitor within 60 calendar days of the effective
9 date of this Decision, Respondent shall receive a notification from the Board or its designee to
10 cease the practice of medicine within three (3) calendar days after being so notified. Respondent
11 shall cease the practice of medicine until a monitor is approved to provide monitoring
12 responsibility.

13 The monitor shall submit a quarterly written report to the Board or its designee which
14 includes an evaluation of Respondent's performance, indicating whether Respondent's practices
15 are within the standards of practice of medicine and whether Respondent is practicing medicine
16 safely. It shall be the sole responsibility of Respondent to ensure that the monitor submits the
17 quarterly written reports to the Board or its designee within 10 calendar days after the end of the
18 preceding quarter.

19 If the monitor resigns or is no longer available, Respondent shall, within 5 calendar days of
20 such resignation or unavailability, submit to the Board or its designee, for prior approval, the
21 name and qualifications of a replacement monitor who will be assuming that responsibility within
22 15 calendar days. If Respondent fails to obtain approval of a replacement monitor within 60
23 calendar days of the resignation or unavailability of the monitor, Respondent shall receive a
24 notification from the Board or its designee to cease the practice of medicine within three (3)
25 calendar days after being so notified. Respondent shall cease the practice of medicine until a
26 replacement monitor is approved and assumes monitoring responsibility.

27 In lieu of a monitor, Respondent may participate in a professional enhancement program
28 approved in advance by the Board or its designee that includes, at minimum, quarterly chart

1 review, semi-annual practice assessment, and semi-annual review of professional growth and
2 education. Respondent shall participate in the professional enhancement program at Respondent's
3 expense during the term of probation.

4 9. SOLO PRACTICE PROHIBITION. Respondent is prohibited from engaging in the
5 solo practice of medicine. Prohibited solo practice includes, but is not limited to, a practice
6 where: 1) Respondent merely shares office space with another physician but is not affiliated for
7 purposes of providing patient care, or 2) Respondent is the sole physician practitioner at that
8 location.

9 If Respondent fails to establish a practice with another physician or secure employment in
10 an appropriate practice setting within 60 calendar days of the effective date of this Decision,
11 Respondent shall receive a notification from the Board or its designee to cease the practice of
12 medicine within three (3) calendar days after being so notified. Respondent shall not resume
13 practice until an appropriate practice setting is established.

14 If, during the course of the probation, Respondent's practice setting changes and
15 Respondent is no longer practicing in a setting in compliance with this Decision, Respondent
16 shall notify the Board or its designee within five (5) calendar days of the practice setting change.
17 If Respondent fails to establish a practice with another physician or secure employment in an
18 appropriate practice setting within 60 calendar days of the practice setting change, Respondent
19 shall receive a notification from the Board or its designee to cease the practice of medicine within
20 three (3) calendar days after being so notified. Respondent shall not resume practice until an
21 appropriate practice setting is established.

22 10. NOTICE OF EMPLOYER OR SUPERVISOR INFORMATION. Within seven (7)
23 days of the effective date of this Decision, Respondent shall provide to the Board the names,
24 physical addresses, mailing addresses, and telephone numbers of any and all employers and
25 supervisors. Respondent shall also provide specific, written consent for the Board, Respondent's
26 worksite monitor, and Respondent's employers and supervisors to communicate regarding
27 Respondent's work status, performance, and monitoring.

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1 For purposes of this section, "supervisors" shall include the Chief of Staff and Health or
2 Well Being Committee Chair, or equivalent, if applicable, when the Respondent has medical staff
3 privileges.

4 11. BIOLOGICAL FLUID TESTING. Respondent shall immediately submit to
5 biological fluid testing, at Respondent's expense, upon request of the Board or its designee.
6 "Biological fluid testing" may include, but is not limited to, urine, blood, breathalyzer, hair
7 follicle testing, or similar drug screening approved by the Board or its designee. Respondent shall
8 make daily contact with the Board or its designee to determine whether biological fluid testing is
9 required. Respondent shall be tested on the date of the notification as directed by the Board or its
10 designee. The Board may order a Respondent to undergo a biological fluid test on any day, at
11 any time, including weekends and holidays. Except when testing on a specific date as ordered by
12 the Board or its designee, the scheduling of biological fluid testing shall be done on a random
13 basis. The cost of biological fluid testing shall be borne by Respondent.

14 During the first year of probation, Respondent shall be subject to 52 to 104 random tests.
15 During the second year of probation and for the duration of the probationary term, up to five (5)
16 years, Respondent shall be subject to 36 to 104 random tests per year. Only if there has been no
17 positive biological fluid tests in the previous five (5) consecutive years of probation, may testing
18 be reduced to one (1) time per month. Nothing precludes the Board from increasing the number
19 of random tests to the first-year level of frequency for any reason.

20 Prior to practicing medicine, Respondent shall contract with a laboratory or service,
21 approved in advance by the Board or its designee, that will conduct random, unannounced,
22 observed, biological fluid testing and meets all of the following standards:

23 (a) Its specimen collectors are either certified by the Drug and Alcohol Testing Industry
24 Association or have completed the training required to serve as a collector for the United
25 States Department of Transportation.

26 (b) Its specimen collectors conform to the current United States Department of
27 Transportation Specimen Collection Guidelines.

28 (c) Its testing locations comply with the Urine Specimen Collection Guidelines published

1 by the United States Department of Transportation without regard to the type of test
2 administered.

3 (d) Its specimen collectors observe the collection of testing specimens.

4 (e) Its laboratories are certified and accredited by the United States Department of Health
5 and Human Services.

6 (f) Its testing locations shall submit a specimen to a laboratory within one (1) business day
7 of receipt and all specimens collected shall be handled pursuant to chain of custody
8 procedures. The laboratory shall process and analyze the specimens and provide legally
9 defensible test results to the Board within seven (7) business days of receipt of the
10 specimen. The Board will be notified of non-negative results within one (1) business day
11 and will be notified of negative test results within seven (7) business days.

12 (g) Its testing locations possess all the materials, equipment, and technical expertise
13 necessary in order to test Respondent on any day of the week.

14 (h) Its testing locations are able to scientifically test for urine, blood, and hair specimens
15 for the detection of alcohol and illegal and controlled substances.

16 (i) It maintains testing sites located throughout California.

17 (j) It maintains an automated 24-hour toll-free telephone system and/or a secure on-line
18 computer database that allows the Respondent to check in daily for testing.

19 (k) It maintains a secure, HIPAA-compliant website or computer system that allows staff
20 access to drug test results and compliance reporting information that is available 24 hours a
21 day.

22 (l) It employs or contracts with toxicologists that are licensed physicians and have
23 knowledge of substance abuse disorders and the appropriate medical training to interpret
24 and evaluate laboratory biological fluid test results, medical histories, and any other
25 information relevant to biomedical information.

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1 (m) It will not consider a toxicology screen to be negative if a positive result is obtained
2 while practicing, even if Respondent holds a valid prescription for the substance.

3 Prior to changing testing locations for any reason, including during vacation or other travel,
4 alternative testing locations must be approved by the Board and meet the requirements above.

5 The contract shall require that the laboratory directly notify the Board or its designee of
6 non-negative results within one (1) business day and negative test results within seven (7)
7 business days of the results becoming available. Respondent shall maintain this laboratory or
8 service contract during the period of probation.

9 A certified copy of any laboratory test result may be received in evidence in any
10 proceedings between the Board and Respondent.

11 If a biological fluid test result indicates Respondent has used, consumed, ingested, or
12 administered to himself a prohibited substance, the Board shall order Respondent to cease
13 practice and instruct Respondent to leave any place of work where Respondent is practicing
14 medicine or providing medical services. The Board shall immediately notify all of Respondent's
15 employers, supervisors and work monitors, if any, that Respondent may not practice medicine or
16 provide medical services while the cease-practice order is in effect.

17 A biological fluid test will not be considered negative if a positive result is obtained while
18 practicing, even if the practitioner holds a valid prescription for the substance. If no prohibited
19 substance use exists, the Board shall lift the cease-practice order within one (1) business day.

20 After the issuance of a cease-practice order, the Board shall determine whether the positive
21 biological fluid test is in fact evidence of prohibited substance use by consulting with the
22 specimen collector and the laboratory, communicating with the licensee, his treating physician(s),
23 other health care provider, or group facilitator, as applicable.

24 For purposes of this condition, the terms "biological fluid testing" and "testing" mean the
25 acquisition and chemical analysis of a Respondent's urine, blood, breath, or hair.

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1 For purposes of this condition, the term "prohibited substance" means an illegal drug, a
2 lawful drug not prescribed or ordered by an appropriately licensed health care provider for use by
3 Respondent and approved by the Board, alcohol, or any other substance the Respondent has been
4 instructed by the Board not to use, consume, ingest, or administer to himself.

5 If the Board confirms that a positive biological fluid test is evidence of use of a prohibited
6 substance, Respondent has committed a major violation, as defined in section 1361.52(a), and the
7 Board shall impose any or all of the consequences set forth in section 1361.52(b), in addition to
8 any other terms or conditions the Board determines are necessary for public protection or to
9 enhance Respondent's rehabilitation.

10 12. SUBSTANCE ABUSE SUPPORT GROUP MEETINGS. Within thirty (30) days of
11 the effective date of this Decision, Respondent shall submit to the Board or its designee, for its
12 prior approval, the name of a substance abuse support group which he shall attend for the duration
13 of probation. Respondent shall attend substance abuse support group meetings at least once per
14 week, or as ordered by the Board or its designee. Respondent shall pay all substance abuse
15 support group meeting costs.

16 The facilitator of the substance abuse support group meeting shall have a minimum of three
17 (3) years experience in the treatment and rehabilitation of substance abuse, and shall be licensed
18 or certified by the state or nationally certified organizations. The facilitator shall not have a
19 current or former financial, personal, or business relationship with Respondent within the last five
20 (5) years. Respondent's previous participation in a substance abuse group support meeting led by
21 the same facilitator does not constitute a prohibited current or former financial, personal, or
22 business relationship.

23 The facilitator shall provide a signed document to the Board or its designee showing
24 Respondent's name, the group name, the date and location of the meeting, Respondent's
25 attendance, and Respondent's level of participation and progress. The facilitator shall report any
26 unexcused absence by Respondent from any substance abuse support group meeting to the Board,
27 or its designee, within twenty-four (24) hours of the unexcused absence.

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1 13. WORKSITE MONITOR FOR SUBSTANCE-ABUSING LICENSEE. Within thirty
2 (30) calendar days of the effective date of this Decision, Respondent shall submit to the Board or
3 its designee for prior approval as a worksite monitor, the name and qualifications of one or more
4 licensed physician and surgeon, other licensed health care professional if no physician and
5 surgeon is available, or, as approved by the Board or its designee, a person in a position of
6 authority who is capable of monitoring Respondent at work.

7 The worksite monitor shall not have a current or former financial, personal, or familial
8 relationship with Respondent, or any other relationship that could reasonably be expected to
9 compromise the ability of the monitor to render impartial and unbiased reports to the Board or its
10 designee. If it is impractical for anyone but Respondent's employer to serve as the worksite
11 monitor, this requirement may be waived by the Board or its designee, however, under no
12 circumstances shall Respondent's worksite monitor be an employee or supervisee of the licensee.

13 The worksite monitor shall have an active unrestricted license with no disciplinary action
14 within the last five (5) years, and shall sign an affirmation that he or she has reviewed the terms
15 and conditions of Respondent's disciplinary order and agrees to monitor Respondent as set forth
16 by the Board or its designee.

17 Respondent shall pay all worksite monitoring costs.

18 The worksite monitor shall have face-to-face contact with Respondent in the work
19 environment on as frequent a basis as determined by the Board or its designee, but not less than
20 once per week; interview other staff in the office regarding Respondent's behavior, if requested
21 by the Board or its designee; and review Respondent's work attendance.

22 The worksite monitor shall verbally report any suspected substance abuse to the Board and
23 Respondent's employer or supervisor within one (1) business day of occurrence. If the suspected
24 substance abuse does not occur during the Board's normal business hours, the verbal report shall
25 be made to the Board or its designee within one (1) hour of the next business day. A written
26 report that includes the date, time, and location of the suspected abuse; Respondent's actions; and
27 any other information deemed important by the worksite monitor shall be submitted to the Board
28 or its designee within 48 hours of the occurrence.

1 The worksite monitor shall complete and submit a written report monthly or as directed by
2 the Board or its designee which shall include the following: (1) Respondent's name and
3 Physician's and Surgeon's Certificate number; (2) the worksite monitor's name and signature;
4 (3) the worksite monitor's license number, if applicable; (4) the location or location(s) of the
5 worksite; (5) the dates Respondent had face-to-face contact with the worksite monitor; (6) the
6 names of worksite staff interviewed, if applicable; (7) a report of Respondent's work attendance;
7 (8) any change in Respondent's behavior and/or personal habits; and (9) any indicators that can
8 lead to suspected substance abuse by Respondent. Respondent shall complete any required
9 consent forms and execute agreements with the approved worksite monitor and the Board, or its
10 designee, authorizing the Board, or its designee, and worksite monitor to exchange information.

11 If the worksite monitor resigns or is no longer available, Respondent shall, within five (5)
12 calendar days of such resignation or unavailability, submit to the Board or its designee, for prior
13 approval, the name and qualifications of a replacement monitor who will be assuming that
14 responsibility within fifteen (15) calendar days. If Respondent fails to obtain approval of a
15 replacement monitor within sixty (60) calendar days of the resignation or unavailability of the
16 monitor, Respondent shall receive a notification from the Board or its designee to cease the
17 practice of medicine within three (3) calendar days after being so notified. Respondent shall
18 cease the practice of medicine until a replacement monitor is approved and assumes monitoring
19 responsibility.

20 14. VIOLATION OF PROBATION CONDITION FOR SUBSTANCE ABUSING
21 LICENSEES. Failure to fully comply with any term or condition of probation is a violation of
22 probation.

23 A. If Respondent commits a major violation of probation as defined by section
24 1361.52, subdivision (a), of Title 16 of the California Code of Regulations, the Board shall take
25 one or more of the following actions:

26 (1) Issue an immediate cease-practice order and order Respondent to undergo a clinical
27 diagnostic evaluation to be conducted in accordance with section 1361.5, subdivision (c)(1), of
28 Title 16 of the California Code of Regulations, at Respondent's expense. The cease-practice

1 order issued by the Board or its designee shall state that Respondent must test negative for at least
2 a month of continuous biological fluid testing before being allowed to resume practice. For
3 purposes of determining the length of time a Respondent must test negative while undergoing
4 continuous biological fluid testing following issuance of a cease-practice order, a month is
5 defined as thirty calendar (30) days. Respondent may not resume the practice of medicine until
6 notified in writing by the Board or its designee that he may do so.

7 (2) Increase the frequency of biological fluid testing.

8 (3) Refer Respondent for further disciplinary action, such as suspension, revocation, or
9 other action as determined by the Board or its designee.

10 B. If Respondent commits a minor violation of probation as defined by section
11 1361.52, subdivision (c), of Title 16 of the California Code of Regulations, the Board shall take
12 one or more of the following actions:

13 (1) Issue a cease-practice order;

14 (2) Order practice limitations;

15 (3) Order or increase supervision of Respondent;

16 (4) Order increased documentation;

17 (5) Issue a citation and fine, or a warning letter;

18 (6) Order Respondent to undergo a clinical diagnostic evaluation to be conducted in
19 accordance with section 1361.5, subdivision (c)(1), of Title 16 of the California Code of
20 Regulations, at Respondent's expense;

21 (7) Take any other action as determined by the Board or its designee.

22 C. Nothing in this Decision shall be considered a limitation on the Board's authority
23 to revoke Respondent's probation if he has violated any term or condition of probation. If
24 Respondent violates probation in any respect, the Board, after giving Respondent notice and the
25 opportunity to be heard, may revoke probation and carry out the disciplinary order that was
26 stayed. If an Accusation, or Petition to Revoke Probation, or an Interim Suspension Order is filed
27 against Respondent during probation, the Board shall have continuing jurisdiction until the matter
28 is final, and the period of probation shall be extended until the matter is final.

1 15. NOTIFICATION. Within seven (7) days of the effective date of this Decision, the
2 Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the
3 Chief Executive Officer at every hospital where privileges or membership are extended to
4 Respondent, at any other facility where Respondent engages in the practice of medicine,
5 including all physician and locum tenens registries or other similar agencies, and to the Chief
6 Executive Officer at every insurance carrier which extends malpractice insurance coverage to
7 Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15
8 calendar days.

9 This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

10 16. SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE
11 NURSES. During probation, Respondent is prohibited from supervising physician assistants and
12 advanced practice nurses.

13 17. OBEY ALL LAWS. Respondent shall obey all federal, state and local laws, all rules
14 governing the practice of medicine in California and remain in full compliance with any court
15 ordered criminal probation, payments, and other orders.

16 18. INVESTIGATION/ENFORCEMENT COST RECOVERY. Respondent is hereby
17 ordered to reimburse the Board its costs of investigation and enforcement in the amount of
18 \$54,788.75 (fifty-four thousand seven hundred eighty-eight dollars and seventy-five cents). Costs
19 shall be payable to the Medical Board of California. Failure to pay such costs shall be considered
20 a violation of probation.

21 Payment must be made in full within 30 calendar days of the effective date of the Order, or
22 by a payment plan approved by the Medical Board of California. Any and all requests for a
23 payment plan shall be submitted in writing by Respondent to the Board. Failure to comply with
24 the payment plan shall be considered a violation of probation.

25 The filing of bankruptcy by Respondent shall not relieve Respondent of the responsibility
26 to repay investigation and enforcement costs.

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1 19. QUARTERLY DECLARATIONS. Respondent shall submit quarterly declarations
2 under penalty of perjury on forms provided by the Board, stating whether there has been
3 compliance with all the conditions of probation.

4 Respondent shall submit quarterly declarations not later than 10 calendar days after the end
5 of the preceding quarter.

6 20. GENERAL PROBATION REQUIREMENTS.

7 Compliance with Probation Unit

8 Respondent shall comply with the Board's probation unit.

9 Address Changes

10 Respondent shall, at all times, keep the Board informed of Respondent's business and
11 residence addresses, email address (if available), and telephone number. Changes of such
12 addresses shall be immediately communicated in writing to the Board or its designee. Under no
13 circumstances shall a post office box serve as an address of record, except as allowed by Business
14 and Professions Code section 2021, subdivision (b).

15 Place of Practice

16 Respondent shall not engage in the practice of medicine in Respondent's or patient's place
17 of residence, unless the patient resides in a skilled nursing facility or other similar licensed
18 facility.

19 License Renewal

20 Respondent shall maintain a current and renewed California physician's and surgeon's
21 license.

22 Travel or Residence Outside California

23 Respondent shall immediately inform the Board or its designee, in writing, of travel to any
24 areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty
25 (30) calendar days.

26 In the event Respondent should leave the State of California to reside or to practice
27 Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of
28 departure and return.

1 21. INTERVIEW WITH THE BOARD OR ITS DESIGNEE. Respondent shall be
2 available in person upon request for interviews either at Respondent's place of business or at the
3 probation unit office, with or without prior notice throughout the term of probation.

4 22. NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or
5 its designee in writing within 15 calendar days of any periods of non-practice lasting more than
6 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is
7 defined as any period of time Respondent is not practicing medicine as defined in Business and
8 Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct
9 patient care, clinical activity or teaching, or other activity as approved by the Board. If
10 Respondent resides in California and is considered to be in non-practice, Respondent shall
11 comply with all terms and conditions of probation. All time spent in an intensive training
12 program which has been approved by the Board or its designee shall not be considered non-
13 practice and does not relieve Respondent from complying with all the terms and conditions of
14 probation. Practicing medicine in another state of the United States or Federal jurisdiction while
15 on probation with the medical licensing authority of that state or jurisdiction shall not be
16 considered non-practice. A Board-ordered suspension of practice shall not be considered as a
17 period of non-practice.

18 In the event Respondent's period of non-practice while on probation exceeds 18 calendar
19 months, Respondent shall successfully complete the Federation of State Medical Boards' Special
20 Purpose Examination, or, at the Board's discretion, a clinical competence assessment program
21 that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model
22 Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.

23 Respondent's period of non-practice while on probation shall not exceed two (2) years.

24 Periods of non-practice will not apply to the reduction of the probationary term.

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1 Periods of non-practice for a Respondent residing outside of California will relieve
2 Respondent of the responsibility to comply with the probationary terms and conditions with the
3 exception of this condition and the following terms and conditions of probation: Obey All Laws;
4 General Probation Requirements; Quarterly Declarations; Abstain from the Use of Alcohol and/or
5 Controlled Substances; and Biological Fluid Testing.

6 23. COMPLETION OF PROBATION. Respondent shall comply with all financial
7 obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the
8 completion of probation. This term does not include cost recovery, which is due within 30
9 calendar days of the effective date of the Order, or by a payment plan approved by the Medical
10 Board and timely satisfied. Upon successful completion of probation, Respondent's certificate
11 shall be fully restored.

12 24. VIOLATION OF PROBATION. Failure to fully comply with any term or condition
13 of probation is a violation of probation. If Respondent violates probation in any respect, the
14 Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and
15 carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke
16 Probation, or an Interim Suspension Order is filed against Respondent during probation, the
17 Board shall have continuing jurisdiction until the matter is final, and the period of probation shall
18 be extended until the matter is final.

19 25. LICENSE SURRENDER. Following the effective date of this Decision, if
20 Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy
21 the terms and conditions of probation, Respondent may request to surrender his license. The
22 Board reserves the right to evaluate Respondent's request and to exercise its discretion in
23 determining whether or not to grant the request, or to take any other action deemed appropriate
24 and reasonable under the circumstances. Upon formal acceptance of the surrender, Respondent
25 shall within 15 calendar days deliver Respondent's wallet and wall certificate to the Board or its
26 designee and Respondent shall no longer practice medicine. Respondent will no longer be subject
27 to the terms and conditions of probation. If Respondent re-applies for a medical license, the
28 application shall be treated as a petition for reinstatement of a revoked certificate.

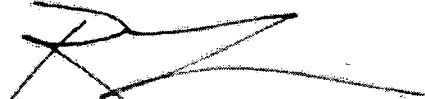
ENDORSEMENT

The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California.

DATED: 2/11/25

Respectfully submitted,

ROB BONTA
Attorney General of California
ALEXANDRA M. ALVAREZ
Supervising Deputy Attorney General



ROSEMARY F. LUZON
Deputy Attorney General
Attorneys for Complainant

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Exhibit A

Accusation No. 800-2021-082488

1 ROB BONTA
Attorney General of California
2 ALEXANDRA M. ALVAREZ
Supervising Deputy Attorney General
3 ROSEMARY F. LUZON
Deputy Attorney General
4 State Bar No. 221544
600 West Broadway, Suite 1800
5 San Diego, CA 92101
P.O. Box 85266
6 San Diego, CA 92186-5266
Telephone: (619) 738-9074
7 Facsimile: (619) 645-2061
8 *Attorneys for Complainant*

9
10 **BEFORE THE**
MEDICAL BOARD OF CALIFORNIA
11 **DEPARTMENT OF CONSUMER AFFAIRS**
12 **STATE OF CALIFORNIA**

13 In the Matter of the Accusation Against:	Case No. 800-2021-082488
14 Gurleen Singh Jamarai, M.D.	A C C U S A T I O N
15 899 Cleveland Way	
16 Corona, CA 92881-5903	
17 Physician's and Surgeon's Certificate	
18 No. A 106286,	
19 Respondent.	

20 **PARTIES**

- 21 1. Reji Varghese (Complainant) brings this Accusation solely in his official capacity as
22 the Executive Director of the Medical Board of California, Department of Consumer Affairs
23 (Board).
- 24 2. On or about December 13, 2008, the Medical Board issued Physician's and Surgeon's
25 Certificate No. A 106286 to Gurleen Singh Jamarai, M.D. (Respondent). The Physician's and
26 Surgeon's Certificate expired on September 30, 2022, and has not been renewed.

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JURISDICTION

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3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.

4. Section 118 of the Code states:

...

(b) The suspension, expiration, or forfeiture by operation of law of a license issued by a board in the department, or its suspension, forfeiture, or cancellation by order of the board or by order of a court of law, or its surrender without the written consent of the board, shall not, during any period in which it may be renewed, restored, reissued, or reinstated, deprive the board of its authority to institute or continue a disciplinary proceeding against the licensee upon any ground provided by law or to enter an order suspending or revoking the license or otherwise taking disciplinary action against the licensee on any such ground.

...

5. Section 2220 of the Code states:

Except as otherwise provided by law, the board may take action against all persons guilty of violating this chapter. . .

6. Section 2227 of the Code states:

(a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:

(1) Have his or her license revoked upon order of the board.

(2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.

(3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.

(4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.

(5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.

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7. Section 2234 of the Code states:

The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

(a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the violation of, or conspiring to violate any provision of this chapter.

...

8. Section 2236 of the Code states:

(a) The conviction of any offense substantially related to the qualifications, functions, or duties of a physician and surgeon constitutes unprofessional conduct within the meaning of this chapter [Chapter 5, the Medical Practice Act]. The record of conviction shall be conclusive evidence only of the fact that the conviction occurred.

(b) The district attorney, city attorney, or other prosecuting agency shall notify the Medical Board of the pendency of an action against a licensee charging a felony or misdemeanor immediately upon obtaining information that the defendant is a licensee. The notice shall identify the licensee and describe the crimes charged and the facts alleged. The prosecuting agency shall also notify the clerk of the court in which the action is pending that the defendant is a licensee, and the clerk shall record prominently in the file that the defendant holds a license as a physician and surgeon.

(c) The clerk of the court in which a licensee is convicted of a crime shall, within 48 hours after the conviction, transmit a certified copy of the record of conviction to the board. The division may inquire into the circumstances surrounding the commission of a crime in order to fix the degree of discipline or to determine if the conviction is of an offense substantially related to the qualifications, functions, or duties of a physician and surgeon.

(d) A plea or verdict of guilty or a conviction after a plea of nolo contendere is deemed to be a conviction within the meaning of this section and Section 2236.1. The record of conviction shall be conclusive evidence of the fact that the conviction occurred.

9. Section 2239 of the Code states:

(a) The use or prescribing for or administering to himself or herself, of any controlled substance; or the use of any of the dangerous drugs specified in Section 4022, or of alcoholic beverages, to the extent, or in such a manner as to be dangerous or injurious to the licensee, or to any other person or to the public, or to the extent that such use impairs the ability of the licensee to practice medicine safely or more than one misdemeanor or any felony involving the use, consumption, or self-administration of any of the substances referred to in this section, or any combination thereof, constitutes unprofessional conduct. The record of the conviction is conclusive evidence of such unprofessional conduct.

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1 (b) A plea or verdict of guilty or a conviction following a plea of nolo
2 contendere is deemed to be a conviction within the meaning of this section. The
3 Medical Board may order discipline of the licensee in accordance with Section 2227
4 or the Medical Board may order the denial of the license when the time for appeal has
5 elapsed or the judgment of conviction has been affirmed on appeal or when an order
6 granting probation is made suspending imposition of sentence, irrespective of a
7 subsequent order under the provisions of Section 1203.4 of the Penal Code allowing
8 such person to withdraw his or her plea of guilty and to enter a plea of not guilty, or
9 setting aside the verdict of guilty, or dismissing the accusation, complaint,
10 information, or indictment.

11 10. California Code of Regulations, title 16, section 1360, states:

12 (a) For the purposes of denial, suspension or revocation of a license pursuant to
13 Section 141 or Division 1.5 (commencing with Section 475) of the code, a crime,
14 professional misconduct, or act shall be considered to be substantially related to the
15 qualifications, functions or duties of a person holding a license if to a substantial
16 degree it evidences present or potential unfitness of a person holding a license to
17 perform the functions authorized by the license in a manner consistent with the public
18 health, safety or welfare. Such crimes, professional misconduct, or acts shall include
19 but not be limited to the following: Violating or attempting to violate, directly or
20 indirectly, or assisting in or abetting the violation of, or conspiring to violate any
21 provision of state or federal law governing the applicant's or licensee's professional
22 practice.

23 ...

24 11. Unprofessional conduct under section 2234 of the Code is conduct which breaches
25 the rules or ethical code of the medical profession, or conduct which is unbecoming a member in
26 good standing of the medical profession, and which demonstrates an unfitness to practice
27 medicine. (*Shea v. Board of Medical Examiners* (1978) 81 Cal.App.3d 564, 575.)

28 12. Section 820 of the Code states:

Whenever it appears that any person holding a license, certificate or permit
under this division or under any initiative act referred to in this division may be
unable to practice his or her profession safely because the licentiate's ability to
practice is impaired due to mental illness, or physical illness affecting competency,
the licensing agency may order the licentiate to be examined by one or more
physicians and surgeons or psychologists designated by the agency. The report of the
examiners shall be made available to the licentiate and may be received as direct
evidence in proceedings conducted pursuant to Section 822.

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1 13. Section 822 of the Code states:

2 If a licensing agency determines that its licentiate's ability to practice his or her
3 profession safely is impaired because the licentiate is mentally ill, or physically ill
4 affecting competency, the licensing agency may take action by any one of the
5 following methods:

6 (a) Revoking the licentiate's certificate or license.

7 (b) Suspending the licentiate's right to practice.

8 (c) Placing the licentiate on probation.

9 (d) Taking such other action in relation to the licentiate as the licensing agency
10 in its discretion deems proper.

11 The licensing section shall not reinstate a revoked or suspended certificate or
12 license until it has received competent evidence of the absence or control of the
13 condition which caused its action and until it is satisfied that with due regard for the
14 public health and safety the person's right to practice his or her profession may be
15 safely reinstated.

16 14. Section 2228.1 of the Code states.

17 (a) On and after July 1, 2019, except as otherwise provided in subdivision (c),
18 the board and the Podiatric Medical Board of California shall require a licensee to
19 provide a separate disclosure that includes the licensee's probation status, the length
20 of the probation, the probation end date, all practice restrictions placed on the licensee
21 by the board, the board's telephone number, and an explanation of how the patient
22 can find further information on the licensee's probation on the licensee's profile page
23 on the board's online license information internet web site, to a patient or the
24 patient's guardian or health care surrogate before the patient's first visit following the
25 probationary order while the licensee is on probation pursuant to a probationary order
26 made on and after July 1, 2019, in any of the following circumstances:

27 (1) A final adjudication by the board following an administrative hearing or
28 admitted findings or prima facie showing in a stipulated settlement establishing any
of the following:

...

(B) Drug or alcohol abuse directly resulting in harm to patients or the extent
that such use impairs the ability of the licensee to practice safely.

...

(2) An accusation or statement of issues alleged that the licensee committed any
of the acts described in subparagraphs (A) to (D), inclusive, of paragraph (1), and a
stipulated settlement based upon a nolo contendere or other similar compromise that
does not include any prima facie showing or admission of guilt or fact but does
include an express acknowledgment that the disclosure requirements of this section
would serve to protect the public interest.

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1 (b) A licensee required to provide a disclosure pursuant to subdivision (a) shall
2 obtain from the patient, or the patient's guardian or health care surrogate, a separate,
3 signed copy of that disclosure.

4 ...

5 (d) On and after July 1, 2019, the board shall provide the following
6 information, with respect to licensees on probation and licensees practicing under
7 probationary licenses, in plain view on the licensee's profile page on the board's
8 online license information internet web site.

9 (1) For probation imposed pursuant to a stipulated settlement, the causes
10 alleged in the operative accusation along with a designation identifying those causes
11 by which the licensee has expressly admitted guilt and a statement that acceptance of
12 the settlement is not an admission of guilt.

13 (2) For probation imposed by an adjudicated decision of the board, the causes
14 for probation stated in the final probationary order.

15 (3) For a licensee granted a probationary license, the causes by which the
16 probationary license was imposed.

17 (4) The length of the probation and end date.

18 (5) All practice restrictions placed on the license by the board.

19 ...

20 COST RECOVERY

21 15. Section 125.3 of the Code states:

22 (a) Except as otherwise provided by law, in any order issued in resolution of a
23 disciplinary proceeding before any board within the department or before the
24 Osteopathic Medical Board, upon request of the entity bringing the proceeding, the
25 administrative law judge may direct a licensee found to have committed a violation or
26 violations of the licensing act to pay a sum not to exceed the reasonable costs of the
27 investigation and enforcement of the case.

28 (b) In the case of a disciplined licensee that is a corporation or a partnership, the
order may be made against the licensed corporate entity or licensed partnership.

(c) A certified copy of the actual costs, or a good faith estimate of costs where
actual costs are not available, signed by the entity bringing the proceeding or its
designated representative shall be prima facie evidence of reasonable costs of
investigation and prosecution of the case. The costs shall include the amount of
investigative and enforcement costs up to the date of the hearing, including, but not
limited to, charges imposed by the Attorney General.

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1 (d) The administrative law judge shall make a proposed finding of the amount
2 of reasonable costs of investigation and prosecution of the case when requested
3 pursuant to subdivision (a). The finding of the administrative law judge with regard
4 to costs shall not be reviewable by the board to increase the cost award. The board
5 may reduce or eliminate the cost award, or remand to the administrative law judge if
6 the proposed decision fails to make a finding on costs requested pursuant to
7 subdivision (a).

8 (e) If an order for recovery of costs is made and timely payment is not made as
9 directed in the board's decision, the board may enforce the order for repayment in any
10 appropriate court. This right of enforcement shall be in addition to any other rights
11 the board may have as to any licensee to pay costs.

12 (f) In any action for recovery of costs, proof of the board's decision shall be
13 conclusive proof of the validity of the order of payment and the terms for payment.

14 (g) (1) Except as provided in paragraph (2), the board shall not renew or
15 reinstate the license of any licensee who has failed to pay all of the costs ordered
16 under this section.

17 (2) Notwithstanding paragraph (1), the board may, in its discretion,
18 conditionally renew or reinstate for a maximum of one year the license of any
19 licensee who demonstrates financial hardship and who enters into a formal agreement
20 with the board to reimburse the board within that one-year period for the unpaid
21 costs.

22 (h) All costs recovered under this section shall be considered a reimbursement
23 for costs incurred and shall be deposited in the fund of the board recovering the costs
24 to be available upon appropriation by the Legislature.

25 (i) Nothing in this section shall preclude a board from including the recovery of
26 the costs of investigation and enforcement of a case in any stipulated settlement.

27 (j) This section does not apply to any board if a specific statutory provision in
28 that board's licensing act provides for recovery of costs in an administrative
disciplinary proceeding.

FIRST CAUSE FOR DISCIPLINE

(Use of Alcoholic Beverages to the Extent, or in a Manner, as to be Dangerous to Respondent, Another Person, or the Public)

16. Respondent has subjected his Physician's and Surgeon's Certificate No. A 106286 to
disciplinary action under sections 2227 and 2234, as defined by section 2239, subdivision (a), of
the Code, in that he has used, or administered to himself, alcoholic beverages to the extent, or in
such a manner, as to be dangerous or injurious to himself, another person, or the public, as more
particularly alleged hereinafter:

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1 **June 16, 2023 – Alcohol Abuse Resulting in Battery Conviction**

2 17. On or about October 6, 2021, at approximately 3:15 p.m. in Irvine, California,
3 Respondent entered Restaurant 1 extremely intoxicated. Approximately one hour earlier,
4 Respondent had attempted to go to Restaurant 2, but he was refused service because he was
5 intoxicated, and he was subsequently provided a ride home by police officers from the Irvine
6 Police Department.

7 18. Upon entering Restaurant 1, Respondent was asked if he wanted any food, but
8 Respondent stated that he only wanted alcohol. An employee refused to serve him alcohol,
9 causing Respondent to become very angry. Respondent proceeded to yell at the employee and
10 throw various objects throughout the restaurant. Respondent threw a wine bottle at a wall,
11 causing the bottle to shatter. Respondent continued to shout and subsequently threw various
12 computer monitors and receipt printing devices onto the ground. Respondent caused
13 approximately \$2,050 in property damage. The employee retreated to the rear of the restaurant
14 and notified the Irvine Police Department. Respondent left the restaurant.

15 19. After leaving Restaurant 1, Respondent entered a third restaurant, Restaurant 3.
16 Respondent was extremely intoxicated and placed a one hundred dollar bill on the bar table. He
17 was refused service again. Respondent became upset, began to yell, and stated that he would call
18 the police. At or around approximately 3:47 p.m., Officers M.R. and J.K. arrived at Restaurant 3.
19 When they approached the bar, they observed Respondent leaning on his arm with his eyes
20 closed.

21 20. According to Officers M.R. and J.K., Respondent's intoxication appeared to have
22 worsened and he was unable to safely take care of himself. Respondent was slurring his words,
23 had impaired gait, and his eyes were bloodshot and watery. In addition, Respondent would not
24 comply with the officers' request that he exit Restaurant 3 in order to interview him. Officers
25 M.R. and J.K. brought him outside of Restaurant 3 and to their patrol cars. Respondent was then
26 detained, handcuffed, and placed in the backseat of Officer M.R.'s patrol car.

27 21. After Respondent was detained, Officers M.R. and J.K. learned of an earlier incident
28 involving Respondent. A female individual, Jane Doe, reported that while she was at a bank

1 ATM located in the same area as Restaurants 1 and 3, Respondent approached her and stood
2 approximately within one foot of her. Jane Doe asked Respondent to take a step back, however,
3 Respondent proceeded to slap and then grab her right buttocks. Jane Doe immediately stepped
4 back and confronted Respondent and, after a brief verbal altercation, Respondent left the scene.

5 22. Respondent was placed under arrest for (1) public intoxication, in violation of Penal
6 Code section 647, subdivision (f); (2) felony vandalism, in violation of Penal Code section 594,
7 subdivision (b)(1); and (3) sexual battery, in violation of Penal Code section 243.4, subdivision
8 (a).

9 23. Officer M.R. attempted to question Respondent about the incident at Restaurant 1, but
10 Respondent was extremely uncooperative and denied causing any property damage. Officer J.K.
11 also attempted to question Respondent about the incident involving Jane Doe. Respondent was
12 again extremely uncooperative and denied touching her.

13 24. Respondent was subsequently transported to the police custody facility. While
14 awaiting processing, Respondent complained of chest pain. Respondent was evaluated by fire
15 authority personnel and transported by ambulance to the hospital for medical attention, where he
16 was medically cleared.

17 25. Prior to the fire authority's arrival at the police custody facility, Respondent
18 attempted to spit on Officer M.R. and cursed at officers. As a result, a spit mask was placed on
19 Respondent.

20 26. On or about March 23, 2022, the Orange County District Attorney filed a felony
21 criminal complaint against Respondent in the matter of *The People of the State of California vs.*
22 *Gurleen Singh Jamarai*, Orange County Superior Court, Case No. 22HF0512. Count One of the
23 complaint charged Respondent with vandalism resulting in damage in the amount of \$400 or
24 more, in violation of California Penal Code section 594 (a) and (b)(1), a felony. Count Two of
25 the complaint charged Respondent with sexual battery, in violation of California Penal Code
26 section 243.4 (e)(1), a misdemeanor.

27 27. On or about June 16, 2023, Respondent was convicted upon his plea of guilty to an
28 amended charge of willful and unlawful use of force or violence upon the person of another, in

1 violation of Penal Code section 242, a misdemeanor. Respondent stated the following as the
2 factual basis for his guilty plea: "In Orange County, on October 6, 2021, I willfully and
3 unlawfully [sic] use force and violence upon the person of Jane Doe."

4 28. On or about the same date, Respondent was sentenced to probation for one year on
5 the following terms and conditions: (1) complete a 60-day outpatient alcohol-related program;
6 (2) complete 80 hours of community service; (3) violate no laws; (4) obey all orders, rules,
7 regulations, and directives of the Court, jail, and probation; (5) submit to search and seizure by
8 any law enforcement, probation, or mandatory supervision officer with or without a warrant,
9 probable cause, or reasonable suspicion; (6) use true name and date of birth at all times; (7) carry
10 valid government issued identification at all times; (8) disclose the terms and conditions of
11 probation when asked by any law enforcement or probation officer; (9) pay restitution; (10) pay
12 various fines and fees; and (11) stay 100 yards away from Restaurant 1.

13 **April 4, 2021 – Prior Incident Involving Alcohol Abuse**

14 29. On or about April 4, 2021, Officer A.P. from the Irvine Police Department was
15 dispatched to Restaurant 1¹ regarding an altercation involving Respondent.

16 30. Officer A.P. interviewed multiple employees of Restaurant 1, who reported that
17 Respondent entered Restaurant 1 appearing intoxicated. After being served approximately two
18 drinks, Respondent was refused more alcohol due to his behavior and level of intoxication. As a
19 result, Respondent became agitated and began to yell at employees.

20 31. Upon being told to leave the restaurant, Respondent threw a 16-ounce beer glass at
21 the main fridge located behind the counter. As he left the restaurant, Respondent also threw a
22 dinner-sized dish from a table, causing it to shatter on the ground. In addition, Respondent
23 aggressively bumped into the shoulder of an employee and pushed the shoulder of another
24 employee.

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28 ¹ Restaurant 1 is the same restaurant that Respondent went to on or about October 6, 2021.

1 **Board's Investigation**

2 32. On or about December 27, 2021, as part of the Board's investigation, Respondent was
3 asked to provide a letter of explanation regarding the events surrounding his October 6, 2021,
4 arrest.

5 33. On or about December 30, 2021, the Board's investigator spoke with Respondent's
6 relative by phone. The relative advised that Respondent had been in a deep depression since the
7 prior year. The relative further stated that Respondent's family had attempted to talk to him about
8 the letter request, but Respondent was not responsive. According to the relative, Respondent was
9 not practicing medicine. The relative also advised that another relative could act as a contact for
10 Respondent.

11 34. On or about January 18, 2022, the Board's investigator received a letter signed by
12 Respondent. The letter did not include any explanation of his October 6, 2021, arrest and only
13 authorized the investigator to speak with two relatives about his case.

14 35. On or about May 3, 2022, Respondent attended a mental evaluation by a Board-
15 appointed psychiatrist. The evaluation was performed pursuant to the Board's order under
16 Business and Professions Code section 820 to determine whether Respondent is mentally
17 impaired to such an extent as to affect his ability to practice medicine safely.

18 36. On or about June 3, 2022, the Board-appointed psychiatrist prepared a report of his
19 evaluation and found that Respondent suffers from psychiatric disorders impairing his ability to
20 practice medicine safely. The psychiatrist further opined that Respondent requires restrictions in
21 the form of monitoring, oversight, and treatment in order to practice medicine safely.

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SECOND CAUSE FOR DISCIPLINE

(Conviction of a Crime Substantially Related to the Qualifications, Functions, or Duties of a Physician and Surgeon)

37. Respondent has subjected his Physician's and Surgeon's Certificate No. A 106286 to disciplinary action under sections 2227 and 2234, as defined by section 2236, of the Code, in that he has been convicted of a crime substantially related to the qualifications, functions, or duties of a physician, as more particularly alleged in paragraphs 17 through 28, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

THIRD CAUSE FOR DISCIPLINE

(General Unprofessional Conduct)

38. Respondent has subjected his Physician's and Surgeon's Certificate No. A 106286 to disciplinary action under sections 2227 and 2234 of the Code, in that he has engaged in conduct which breaches the rules or ethical code of the medical profession, or conduct which is unbecoming to a member in good standing of the medical profession, and which demonstrates an unfitness to practice medicine, as more particularly alleged in paragraphs 17 through 31, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

FOURTH CAUSE FOR DISCIPLINE

(Violating or Attempting to Violate Any Provision of the Medical Practice Act)

39. Respondent has subjected his Physician's and Surgeon's Certificate No. A 106286 to disciplinary action under sections 2227 and 2234, subdivision (a), of the Code, in that he has violated or attempted to violate, directly or indirectly, provisions or terms of the Medical Practice Act, as more particularly alleged in paragraphs 17 through 31, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

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1 SECTION 822 CAUSE FOR ACTION

2 (Mental Illness Affecting Competency)

3 40. Respondent has subjected his Physician's and Surgeon's Certificate No. A 106286 to
4 action under section 822 of the Code in that his ability to practice medicine safely is impaired
5 because he is mentally ill affecting competency, as more particularly alleged in paragraphs 17
6 through 36, above, which are hereby incorporated by reference and realleged as if fully set forth
7 herein.

8 PRAYER

9 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,
10 and that following the hearing, the Medical Board of California issue a decision:

- 11 1. Revoking or suspending Physician's and Surgeon's Certificate No. A 106286, issued
12 to Respondent Gurleen Singh Jamarai, M.D.;
- 13 2. Revoking, suspending or denying approval of Respondent Gurleen Singh Jamarai,
14 M.D.'s authority to supervise physician assistants and advanced practice nurses;
- 15 3. Taking action as authorized by section 822 of the Code as the Board, in its discretion,
16 deems necessary and proper;
- 17 4. Ordering Respondent Gurleen Singh Jamarai, M.D., to pay the Board the costs of the
18 investigation and enforcement of this case, and if placed on probation, the costs of probation
19 monitoring;
- 20 5. Ordering Respondent Gurleen Singh Jamarai, M.D., if placed on probation, to provide
21 patient notification in accordance with Business and Professions Code section 2228.1; and
- 22 6. Taking such other and further action as deemed necessary and proper.

23
24 DATED: APR 04 2024



REJI VARGHESE
Executive Director
Medical Board of California
Department of Consumer Affairs
State of California
Complainant

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