

BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA

In the Matter of the Accusation
Against:

Sinikka Liisa Green, M.D.

Physician's and Surgeon's
Certificate No. A 89983

Case No.: 800-2021-080539

Respondent.

DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on November 27, 2024.

IT IS SO ORDERED: October 28, 2024.

MEDICAL BOARD OF CALIFORNIA

Michelle A. Bholat, MD
Michelle Bholat, M.D., Interim-Chair
Panel A

1 ROB BONTA
Attorney General of California
2 MATTHEW M. DAVIS
Supervising Deputy Attorney General
3 TESSA L. HEUNIS
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8 *Attorneys for Complainant*

9
10 **BEFORE THE**
MEDICAL BOARD OF CALIFORNIA
11 **DEPARTMENT OF CONSUMER AFFAIRS**
STATE OF CALIFORNIA

12
13 In the Matter of the Accusation Against:

Case No. 800-2021-080539

14 **SINIKKA LIISA GREEN, M.D.**
1301 W 10TH ST
15 AUSTIN TX 78703-4815

**STIPULATED SETTLEMENT AND
DISCIPLINARY ORDER**

16 **Physician's and Surgeon's Certificate**
No. A 89983

17 Respondent.
18

19 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-
20 entitled proceedings that the following matters are true:

21 **PARTIES**

22 1. Reji Varghese (Complainant) is the Executive Director of the Medical Board of
23 California (Board). He brought this action solely in his official capacity and is represented in this
24 matter by Rob Bonta, Attorney General of the State of California, by Tessa L. Heunis, Deputy
25 Attorney General.

26 2. Respondent Sinikka Liisa Green, M.D. (Respondent) is represented in this proceeding
27 by attorney Storm P. Anderson, Esq., whose address is: 4660 La Jolla Village Drive, Suite 670,
28 San Diego, CA 92122.

3. On or about January 28, 2005, the Board issued Physician's and Surgeon's Certificate No. A 89983 to Sinikka Liisa Green, M.D. (Respondent). The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2021-080539, and will expire on September 30, 2026, unless renewed.

JURISDICTION

4. On August 5, 2024, Accusation No. 800-2021-080539 was filed before the Board and is currently pending against Respondent. A true and correct copy of the Accusation and all other statutorily required documents were properly served on Respondent on August 5, 2024. Respondent timely filed her Notice of Defense contesting the Accusation. A true and correct copy of Accusation No. 800-2021-080539 is attached as Exhibit A and incorporated herein by reference.

ADVISEMENT AND WAIVERS

5. Respondent has carefully read, fully discussed with counsel, and fully understands the charges and allegations in Accusation No. 800-2021-080539. Respondent has also carefully read, fully discussed with her counsel, and fully understands the effects of this Stipulated Settlement and Disciplinary Order.

6. Respondent is fully aware of her legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to confront and cross-examine the witnesses against her; the right to present evidence and to testify on her own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.

7. Having the benefit of counsel, Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

CULPABILITY

8. Respondent does not contest that, at an administrative hearing, Complainant could establish a *prima facie* case with respect to the charges and allegations contained in Accusation

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1 No. 800-2021-080539 and that her Physician's and Surgeon's Certificate No. A 89983 is
2 therefore subject to discipline.

3 9. Respondent agrees that if she ever petitions for modification of the Board's
4 disciplinary Order, or if an accusation is filed against her before the Board, all of the charges and
5 allegations contained in Accusation No. 800-2021-080539 shall be deemed true, correct and fully
6 admitted by Respondent for purposes of any such proceeding or any other licensing proceeding
7 involving Respondent in the State of California or elsewhere.

8 10. Respondent agrees to be bound by the Board's imposition of discipline as set forth in
9 the Disciplinary Order below.

10 CONTINGENCY

11 11. This stipulation shall be subject to approval by the Medical Board of California.
12 Respondent understands and agrees that counsel for Complainant and the staff of the Medical
13 Board of California may communicate directly with the Board regarding this stipulation and
14 settlement, without notice to or participation by Respondent or her counsel. By signing the
15 stipulation, Respondent understands and agrees that she may not withdraw her agreement or seek
16 to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails
17 to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary
18 Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal
19 action between the parties, and the Board shall not be disqualified from further action by having
20 considered this matter.

21 12. This Stipulated Settlement and Disciplinary Order is intended by the parties herein to
22 be an integrated writing representing the complete, final and exclusive embodiment of the
23 agreement of the parties in this above-entitled matter.

24 13. The parties understand and agree that Portable Document Format (PDF) and facsimile
25 copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile
26 signatures thereto, shall have the same force and effect as the originals.

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28 ////

1 14. In consideration of the foregoing admissions and stipulations, the parties agree that
2 the Board may, without further notice or opportunity to be heard by the Respondent, issue and
3 enter the following Disciplinary Order:

4 **DISCIPLINARY ORDER**

5 IT IS HEREBY ORDERED that Respondent Sinikka Liisa Green, M.D., holder of
6 Physician's and Surgeon's Certificate No. A 89983, shall be and hereby is Publicly Reprimanded
7 pursuant to Business and Professions Code section 2227. This Public Reprimand, which is issued
8 in connection with the allegation as set forth in Accusation No. 800-2021-080539, is as follows:

9 From August 2017 through April 2019, you committed repeated negligent acts in
10 your care and treatment of Patient 1 and failed to maintain adequate and accurate
11 records relating to your provision of services to Patient 1, as more particularly
12 alleged in Accusation No. 800-2021-080539.

13 1. **MEDICAL RECORD KEEPING COURSE.** Within 60 calendar days of the effective
14 date of this Decision, Respondent shall enroll in a course in medical record keeping approved in
15 advance by the Board or its designee. Respondent shall provide the approved course provider
16 with any information and documents that the approved course provider may deem pertinent.
17 Respondent shall participate in and successfully complete the classroom component of the course
18 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully
19 complete any other component of the course within one (1) year of enrollment. The medical
20 record keeping course shall be at Respondent's expense and shall be in addition to the Continuing
21 Medical Education (CME) requirements for renewal of licensure.

22 A medical record keeping course taken after the acts that gave rise to the charges in the
23 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board
24 or its designee, be accepted towards the fulfillment of this condition if the course would have
25 been approved by the Board or its designee had the course been taken after the effective date of
26 this Decision.

27 ////

28 ////

1 Respondent shall submit a certification of successful completion to the Board or its
2 designee not later than 15 calendar days after successfully completing the course; or not later than
3 15 calendar days after the effective date of the Decision, whichever is later.

4 2. INVESTIGATION/ENFORCEMENT COST RECOVERY. Respondent is hereby
5 ordered to reimburse the Board its costs of investigation and enforcement, including, but not
6 limited to, expert review, accusation, legal reviews, investigation, and subpoena enforcement, as
7 applicable, in the amount of \$25,785.40 (twenty-five thousand seven hundred eighty-five dollars
8 and forty cents). Costs shall be payable to the Medical Board of California. Failure to pay such
9 costs shall constitute unprofessional conduct and grounds for further disciplinary action.

10 Payment must be made in full within 30 calendar days of the effective date of the Order, or
11 by a payment plan approved by the Medical Board of California. Any and all requests for a
12 payment plan shall be submitted in writing by respondent to the Board. Failure to comply with the
13 payment plan shall be considered unprofessional conduct and grounds for further disciplinary
14 action.

15 The filing of bankruptcy by Respondent shall not relieve Respondent of the responsibility
16 to repay investigation and enforcement costs, including expert review costs (if applicable).

17 3. FUTURE ADMISSIONS CLAUSE. If Respondent should ever apply or reapply for
18 a new license or certification, or petition for reinstatement of a license, by any other health care
19 licensing action agency in the State of California, all of the charges and allegations contained in
20 Accusation No. 800-2021-080539 shall be deemed to be true, correct, and admitted by
21 Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or
22 restrict license.

23 4. FAILURE TO COMPLY. Any failure by Respondent to comply with terms and
24 conditions of the Stipulated Settlement and Disciplinary Order set forth above shall constitute
25 unprofessional conduct and grounds for further disciplinary action.

26 ACCEPTANCE

27 I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully
28 discussed it with my attorney, Storm P. Anderson, Esq. I fully understand the stipulation and the

1 effect it will have on my Physician's and Surgeon's Certificate No. A 89983. I enter into this
2 Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree
3 to be bound by the Decision and Order of the Medical Board of California.

4
5 DATED: 10/3/24


6 SINIKKA LIISA GREEN, M.D.
Respondent

7 I have read and fully discussed with Respondent Sinikka Liisa Green, M.D., the terms and
8 conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order.
9 I approve its form and content.

10 DATED: 10-3-24


11 STORM P. ANDERSON, ESQ.
Attorney for Respondent


12
13 **ENDORSEMENT**

14 The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully
15 submitted for consideration by the Medical Board of California.

16 DATED: 10/4/24

Respectfully submitted,

17 ROB BONTA
Attorney General of California
18 MATTHEW M. DAVIS
Supervising Deputy Attorney General

19
20 
21 TESSA L. HEUNIS
Deputy Attorney General
22 Attorneys for Complainant

1 ROB BONTA
Attorney General of California
2 MATTHEW M. DAVIS
Supervising Deputy Attorney General
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13 In the Matter of the Accusation Against:

Case No. 800-2021-080539

14 **SINIKKA LIISA GREEN, M.D.**
15 **1301 W 10th St**
Austin, TX 78703-4815

A C C U S A T I O N

16 **Physician's and Surgeon's Certificate**
17 **No. A 89983,**

18 Respondent.

19
20 **PARTIES**

21 1. Reji Varghese (Complainant) brings this Accusation solely in his official capacity as
22 the Executive Director of the Medical Board of California, Department of Consumer Affairs
23 (Board).

24 2. On or about January 28, 2005, the Medical Board issued Physician's and Surgeon's
25 Certificate No. A 89983 to Sinikka Liisa Green, M.D. (Respondent). The Physician's and
26 Surgeon's Certificate was in full force and effect at all times relevant to the charges brought
27 herein and will expire on September 30, 2026, unless renewed.

28 ////

JURISDICTION

3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.

4. Section 2004 of the Code states:

The board shall have the responsibility for the following:

(a) The enforcement of the disciplinary and criminal provisions of the Medical Practice Act.

(b) The administration and hearing of disciplinary actions.

(c) Carrying out disciplinary actions appropriate to findings made by a panel or an administrative law judge.

(d) Suspending, revoking, or otherwise limiting certificates after the conclusion of disciplinary actions.

(e) Reviewing the quality of medical practice carried out by physician and surgeon certificate holders under the jurisdiction of the board.

...

5. Section 2220 of the Code states:

Except as otherwise provided by law, the board may take action against all persons guilty of violating this chapter. The board shall enforce and administer this article as to physician and surgeon certificate holders, including those who hold certificates that do not permit them to practice medicine, such as, but not limited to, retired, inactive, or disabled status certificate holders, and the board shall have all the powers granted in this chapter for these purposes ...

6. Section 2227 of the Code states:

(a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:

(1) Have his or her license revoked upon order of the board.

(2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.

(3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.

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1 (4) Be publicly reprimanded by the board. The public reprimand may include a
2 requirement that the licensee complete relevant educational courses approved by the
3 board.

4 (5) Have any other action taken in relation to discipline as part of an order of
5 probation, as the board or an administrative law judge may deem proper.

6 ...

7 **STATUTORY PROVISIONS**

8 7. Section 2234 of the Code states:

9 The board shall take action against any licensee who is charged with
10 unprofessional conduct. In addition to other provisions of this article, unprofessional
11 conduct includes, but is not limited to, the following:

12 (a) Violating or attempting to violate, directly or indirectly, assisting in or
13 abetting the violation of, or conspiring to violate any provision of this chapter.

14 ...

15 (c) Repeated negligent acts. To be repeated, there must be two or more
16 negligent acts or omissions. An initial negligent act or omission followed by a
17 separate and distinct departure from the applicable standard of care shall constitute
18 repeated negligent acts.

19 (1) An initial negligent diagnosis followed by an act or omission medically
20 appropriate for that negligent diagnosis of the patient shall constitute a single
21 negligent act.

22 (2) When the standard of care requires a change in the diagnosis, act, or
23 omission that constitutes the negligent act described in paragraph (1), including, but
24 not limited to, a reevaluation of the diagnosis or a change in treatment, and the
25 licensee's conduct departs from the applicable standard of care, each departure
26 constitutes a separate and distinct breach of the standard of care.

27 ...

28 (f) Any action or conduct that would have warranted the denial of a certificate.

...

8. Section 2266 of the Code states:

The failure of a physician and surgeon to maintain adequate and accurate
records relating to the provision of services to their patients constitutes unprofessional
conduct.

9 **COST RECOVERY**

9. Section 125.3 of the Code provides, in pertinent part, that the Board may request the
administrative law judge to direct a licensee found to have committed a violation or violations of
the licensing act to pay a sum not to exceed the reasonable costs of the investigation and

1 enforcement of the case, with failure of the licensee to comply subjecting the license to not being
2 renewed or reinstated. If a case settles, recovery of investigation and enforcement costs may be
3 included in a stipulated settlement.

4 **FACTUAL ALLEGATIONS**

5 10. At all relevant times, Respondent was the owner and medical director of a Spa and
6 Wellness Center ("Wellness Center").

7 11. Patient 1, then a 32-year old male, attended the Wellness Center in December 2013
8 and met with Respondent regarding various complaints, including managing his obesity.¹

9 12. Respondent prescribed Lipotropic injections for Patient 1 to alleviate his fatigue, aid
10 in his weight management, and enhance his athletic performance.

11 13. Patient 1 received regular Lipotropic injections from December 2013 until September
12 2019.

13 14. In April 2014, Patient 1 sought and received Testosterone Replacement Therapy
14 (TRT) from Respondent. Respondent prescribed and dispensed to Patient 1 weekly intramuscular
15 self-injections of 105 mg testosterone, as well as Sermorelin² and anastrozole.³

16 15. Between April 2014 and April 2019, Patient 1 received a prescription for testosterone
17 from Respondent. Patient 1 continued to received testosterone from Respondent until July 6,
18 2018, and received Sermorelin until November 9, 2018.

19 16. Respondent did not consider other measures to address Patient 1's obesity and
20 hypotestosteronemia, such as dietary factors, nutrient balance, stress management, genetic
21 predispositions, and metabolic adaptations.

22 17. Addressing the root causes of Patient 1's hormone dysregulations was crucial for his
23 overall health and well-being. Respondent failed to take a detailed lifestyle history from Patient 1
24

25 ¹ Conduct occurring outside the statute of limitations period is for informational purposes
26 only and is not alleged as a basis for disciplinary action.

27 ² Sermorelin is a synthetic growth hormone.

28 ³ Anastrozole is a nonsteroidal estrogen suppressant medication that can be used in
conjunction with testosterone replacement to prevent a corresponding increase in estrogen levels.

1 and make lifestyle interventions alongside her pharmacological management with lipotropic
2 injections and TRT.

3 18. In April 2014, Patient 1 signed Respondent's "Bioidentical Hormone Replacement
4 Therapy Consent," which listed adverse effects of TRT. These included acne, chronic priapism,
5 change in libido, angina, heart attack, voice change, and water retention. The informed consent
6 form did not mention infertility as a possible adverse effect of the therapy.

7 19. Respondent did not ask Patient 1 about fertility planning.

8 20. On or about November 3, 2017, the informed consent was updated to include a clause
9 stating, "I understand that Testosterone therapy may decrease my fertility/ability to reproduce."

10 21. Respondent's chart for Patient 1 is sparse and lacking in detail, has errors and
11 corrections with dates of treatment and/or signature, and is generally difficult to follow.

12 **FIRST CAUSE FOR DISCIPLINE**

13 **(Repeated Negligent Acts)**

14 22. Respondent is subject to disciplinary action under sections 2227 and 2234, as defined
15 by section 2234, subdivision (c), of the Code, in that she committed repeated negligent acts in her
16 care and treatment of Patient 1, as more particularly alleged in paragraphs 10 through 21, above,
17 which are hereby realleged and incorporated by this reference as if fully set forth herein.

18 23. Respondent failed to ask Patient 1 about fertility planning and/or failed to obtain
19 Patient 1's informed consent regarding the potential infertility that could result from testosterone
20 replacement therapy (TRT), before or while prescribing the TRT to Patient 1.

21 24. Respondent failed to advise, recommend and/or discuss a more comprehensive
22 approach to address Respondent's hormone dysregulation, including performing a root cause
23 analysis and/or recommending lifestyle changes, before resorting to Lipogenic injections.

24 **SECOND CAUSE FOR DISCIPLINE**

25 **(Failure to Maintain Adequate and Accurate Records)**

26 25. Respondent is further subject to disciplinary action under sections 2227 and 2234, as
27 defined by section 2266, of the Code, in that she failed to maintain adequate and accurate records
28 relating to her provision of services to Patient 1, as more particularly alleged in paragraphs 10

1 through 21, above, which are hereby realleged and incorporated by this reference as if fully set
2 forth herein

3 PRAYER

4 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,
5 and that following the hearing, the Medical Board of California issue a decision:

6 1. Revoking or suspending Physician's and Surgeon's Certificate No. A 89983, issued
7 to Respondent Sinikka Liisa Green, M.D.;

8 2. Revoking, suspending or denying approval of Respondent Sinikka Liisa Green,
9 M.D.'s authority to supervise physician assistants and advanced practice nurses;

10 3. Ordering Respondent Sinikka Liisa Green, M.D., to pay the Board the costs of the
11 investigation and enforcement of this case, and if placed on probation, the costs of probation
12 monitoring; and

13 5. Taking such other and further action as deemed necessary and proper.

14
15 DATED: 8/5/24

REJI VARGHESE
REJI VARGHESE
Executive Director
Medical Board of California
Department of Consumer Affairs
State of California
Complainant