

**BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA**

In the Matter of the Accusation Against:

J Duc Ngoc Nguyen, M.D.

Physician's and Surgeon's
Certificate No. A 62436

Respondent.

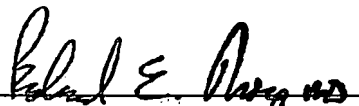
MBC File # 800-2022-086223

**ORDER CORRECTING NUNC PRO TUNC
CLERICAL ERROR IN "LICENSE NUMBER" PORTION OF DECISION**

On its own motion, the Medical Board of California (hereafter "Board") finds that there is a clerical error in the "license number" portion of the Decision in the above-entitled matter and that such clerical error should be corrected so that the license number will conform to the Board's issued license.

IT IS HEREBY ORDERED that the license number contained on the Disciplinary Order page in the above-entitled matter be and hereby is amended and corrected nunc pro tunc as of the date of entry of the decision to read as A 62436.

Date: August 27, 2024


Richard E. Thorp, M.D., Chair
Panel B

**BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA**

**In the Matter of the Accusation
Against:**

J Duc Ngoc Nguyen, M.D.

**Physician's and Surgeon's
Certificate No. G 62436**

Respondent.

Case No.: 800-2022-086223

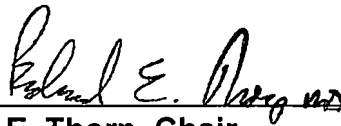
DECISION

The attached Stipulated Settlement and Disciplinary is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on June 21, 2024.

IT IS SO ORDERED: May 24, 2024.

MEDICAL BOARD OF CALIFORNIA



**Richard E. Thorp, Chair
Panel B**

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Attorney General of California
2 ALEXANDRA M. ALVAREZ
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9
10 **BEFORE THE**
11 **MEDICAL BOARD OF CALIFORNIA**
12 **DEPARTMENT OF CONSUMER AFFAIRS**
13 **STATE OF CALIFORNIA**

14 In the Matter of the Accusation Against:
15 **J Duc Ngoc Nguyen, M.D.**
16 **8110 Mango Avenue**
Fontana, CA 92335
17 **Physician's and Surgeon's Certificate**
No. A 62436,
18
19 Respondent.

Case No. 800-2022-086223
OAH No. 2023110918
**STIPULATED SETTLEMENT AND
DISCIPLINARY ORDER**

20
21 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-
22 entitled proceedings that the following matters are true:

23 **PARTIES**

24 1. Reji Varghese (Complainant) is the Executive Director of the Medical Board of
25 California (Board). He brought this action solely in his official capacity and is represented in this
26 matter by Rob Bonta, Attorney General of the State of California, by Rosemary F. Luzon, Deputy
27 Attorney General.

28 *///*

1 CULPABILITY

2 9. Respondent does not contest that, at an administrative hearing, Complainant could
3 establish a *prima facie* case with respect to the charges and allegations contained in Accusation
4 No. 800-2022-086223, and Respondent hereby gives up his rights to contest those charges.
5 Respondent further agrees that he has thereby subjected his Physician's and Surgeon's Certificate
6 No. A 62436 to disciplinary action.

7 10. Respondent agrees that if he ever petitions for early termination or modification of
8 probation, or if an accusation and/or petition to revoke probation is filed against him before the
9 Board, all of the charges and allegations contained in Accusation No. 800-2022-086223 shall be
10 deemed true, correct, and fully admitted by Respondent for purposes of any such proceeding or
11 any other licensing proceeding involving Respondent in the State of California.

12 11. Respondent agrees that his Physician's and Surgeon's Certificate No. A 62436 is
13 subject to discipline and he agrees to be bound by the Board's imposition of discipline as set forth
14 in the Disciplinary Order below.

15 CONTINGENCY

16 12. This stipulation shall be subject to approval by the Medical Board of California.
17 Respondent understands and agrees that counsel for Complainant and the staff of the Medical
18 Board of California may communicate directly with the Board regarding this stipulation and
19 settlement, without notice to or participation by Respondent or his counsel. By signing the
20 stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek
21 to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails
22 to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary
23 Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal
24 action between the parties, and the Board shall not be disqualified from further action by having
25 considered this matter.

26 13. This Stipulated Settlement and Disciplinary Order is intended by the parties herein to
27 be an integrated writing representing the complete, final, and exclusive embodiment of the
28 agreements of the parties in the above-entitled matter.

1 practices course shall be at Respondent's expense and shall be in addition to the Continuing
2 Medical Education (CME) requirements for renewal of licensure.

3 A prescribing practices course taken after the acts that gave rise to the charges in the
4 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board
5 or its designee, be accepted towards the fulfillment of this condition if the course would have
6 been approved by the Board or its designee had the course been taken after the effective date of
7 this Decision.

8 Respondent shall submit a certification of successful completion to the Board or its
9 designee not later than 15 calendar days after successfully completing the course, or not later than
10 15 calendar days after the effective date of the Decision, whichever is later.

11 3. MEDICAL RECORD KEEPING COURSE. Within 60 calendar days of the effective
12 date of this Decision, Respondent shall enroll in a course in medical record keeping approved in
13 advance by the Board or its designee. Respondent shall provide the approved course provider
14 with any information and documents that the approved course provider may deem pertinent.
15 Respondent shall participate in and successfully complete the classroom component of the course
16 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully
17 complete any other component of the course within one (1) year of enrollment. The medical
18 record keeping course shall be at Respondent's expense and shall be in addition to the Continuing
19 Medical Education (CME) requirements for renewal of licensure.

20 A medical record keeping course taken after the acts that gave rise to the charges in the
21 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board
22 or its designee, be accepted towards the fulfillment of this condition if the course would have
23 been approved by the Board or its designee had the course been taken after the effective date of
24 this Decision.

25 Respondent shall submit a certification of successful completion to the Board or its
26 designee not later than 15 calendar days after successfully completing the course, or not later than
27 15 calendar days after the effective date of the Decision, whichever is later.

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1 4. PROFESSIONALISM PROGRAM (ETHICS COURSE). Within 60 calendar days of
2 the effective date of this Decision, Respondent shall enroll in a professionalism program, that
3 meets the requirements of Title 16, California Code of Regulations (CCR) section 1358.1.
4 Respondent shall participate in and successfully complete that program. Respondent shall
5 provide any information and documents that the program may deem pertinent. Respondent shall
6 successfully complete the classroom component of the program not later than six (6) months after
7 Respondent's initial enrollment, and the longitudinal component of the program not later than the
8 time specified by the program, but no later than one (1) year after attending the classroom
9 component. The professionalism program shall be at Respondent's expense and shall be in
10 addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

11 A professionalism program taken after the acts that gave rise to the charges in the
12 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board
13 or its designee, be accepted towards the fulfillment of this condition if the program would have
14 been approved by the Board or its designee had the program been taken after the effective date of
15 this Decision.

16 Respondent shall submit a certification of successful completion to the Board or its
17 designee not later than 15 calendar days after successfully completing the program or not later
18 than 15 calendar days after the effective date of the Decision, whichever is later.

19 5. MONITORING - PRACTICE. Within 30 calendar days of the effective date of this
20 Decision, Respondent shall submit to the Board or its designee for prior approval as a practice
21 monitor, the name and qualifications of one or more licensed physicians and surgeons whose
22 licenses are valid and in good standing, and who are preferably American Board of Medical
23 Specialties (ABMS) certified. A monitor shall have no prior or current business or personal
24 relationship with Respondent, or other relationship that could reasonably be expected to
25 compromise the ability of the monitor to render fair and unbiased reports to the Board, including
26 but not limited to any form of bartering, shall be in Respondent's field of practice, and must agree
27 to serve as Respondent's monitor. Respondent shall pay all monitoring costs.

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1 The Board or its designee shall provide the approved monitor with copies of the Decision(s)
2 and Accusation(s), and a proposed monitoring plan. Within 15 calendar days of receipt of the
3 Decision(s), Accusation(s), and proposed monitoring plan, the monitor shall submit a signed
4 statement that the monitor has read the Decision(s) and Accusation(s), fully understands the role
5 of a monitor, and agrees or disagrees with the proposed monitoring plan. If the monitor disagrees
6 with the proposed monitoring plan, the monitor shall submit a revised monitoring plan with the
7 signed statement for approval by the Board or its designee.

8 Within 60 calendar days of the effective date of this Decision, and continuing throughout
9 probation, Respondent's practice shall be monitored by the approved monitor. Respondent shall
10 make all records available for immediate inspection and copying on the premises by the monitor
11 at all times during business hours and shall retain the records for the entire term of probation.

12 If Respondent fails to obtain approval of a monitor within 60 calendar days of the effective
13 date of this Decision, Respondent shall receive a notification from the Board or its designee to
14 cease the practice of medicine within three (3) calendar days after being so notified. Respondent
15 shall cease the practice of medicine until a monitor is approved to provide monitoring
16 responsibility.

17 The monitor(s) shall submit a quarterly written report to the Board or its designee which
18 includes an evaluation of Respondent's performance, indicating whether Respondent's practices
19 are within the standards of practice of medicine, and whether Respondent is practicing medicine
20 safely. It shall be the sole responsibility of Respondent to ensure that the monitor submits the
21 quarterly written reports to the Board or its designee within 10 calendar days after the end of the
22 preceding quarter.

23 If the monitor resigns or is no longer available, Respondent shall, within 5 calendar days of
24 such resignation or unavailability, submit to the Board or its designee, for prior approval, the
25 name and qualifications of a replacement monitor who will be assuming that responsibility within
26 15 calendar days. If Respondent fails to obtain approval of a replacement monitor within 60
27 calendar days of the resignation or unavailability of the monitor, Respondent shall receive a
28 notification from the Board or its designee to cease the practice of medicine within three (3)

1 calendar days after being so notified. Respondent shall cease the practice of medicine until a
2 replacement monitor is approved and assumes monitoring responsibility.

3 In lieu of a monitor, Respondent may participate in a professional enhancement program
4 approved in advance by the Board or its designee that includes, at minimum, quarterly chart
5 review, semi-annual practice assessment, and semi-annual review of professional growth and
6 education. Respondent shall participate in the professional enhancement program at
7 Respondent's expense during the term of probation.

8 6. SOLO PRACTICE PROHIBITION. Respondent is prohibited from engaging in the
9 solo practice of medicine. Prohibited solo practice includes, but is not limited to, a practice
10 where: 1) Respondent merely shares office space with another physician but is not affiliated for
11 purposes of providing patient care, or 2) Respondent is the sole physician practitioner at that
12 location.

13 If Respondent fails to establish a practice with another physician or secure employment in
14 an appropriate practice setting within 60 calendar days of the effective date of this Decision,
15 Respondent shall receive a notification from the Board or its designee to cease the practice of
16 medicine within three (3) calendar days after being so notified. The Respondent shall not resume
17 practice until an appropriate practice setting is established.

18 If, during the course of the probation, the Respondent's practice setting changes and the
19 Respondent is no longer practicing in a setting in compliance with this Decision, the Respondent
20 shall notify the Board or its designee within five (5) calendar days of the practice setting change.
21 If Respondent fails to establish a practice with another physician or secure employment in an
22 appropriate practice setting within 60 calendar days of the practice setting change, Respondent
23 shall receive a notification from the Board or its designee to cease the practice of medicine within
24 three (3) calendar days after being so notified. The Respondent shall not resume practice until an
25 appropriate practice setting is established.

26 7. NOTIFICATION. Within seven (7) days of the effective date of this Decision, the
27 Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the
28 Chief Executive Officer at every hospital where privileges or membership are extended to

1 Respondent, at any other facility where Respondent engages in the practice of medicine,
2 including all physician and locum tenens registries or other similar agencies, and to the Chief
3 Executive Officer at every insurance carrier which extends malpractice insurance coverage to
4 Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15
5 calendar days.

6 This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

7 8. SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE
8 NURSES. During probation, Respondent is prohibited from supervising physician assistants and
9 advanced practice nurses.

10 9. OBEY ALL LAWS. Respondent shall obey all federal, state and local laws, all rules
11 governing the practice of medicine in California and remain in full compliance with any court
12 ordered criminal probation, payments, and other orders.

13 10. INVESTIGATION/ENFORCEMENT COST RECOVERY. Respondent is hereby
14 ordered to reimburse the Board its costs of investigation and enforcement in the amount of
15 \$42,658.74 (forty-two thousand six hundred fifty-eight dollars and seventy-four cents). Costs
16 shall be payable to the Medical Board of California. Failure to pay such costs shall be considered
17 a violation of probation.

18 Payment must be made in full within 30 calendar days of the effective date of the Order, or
19 by a payment plan approved by the Medical Board of California. Any and all requests for a
20 payment plan shall be submitted in writing by Respondent to the Board. Failure to comply with
21 the payment plan shall be considered a violation of this Disciplinary Order.

22 The filing of bankruptcy by Respondent shall not relieve Respondent of the responsibility
23 to repay investigation and enforcement costs.

24 11. QUARTERLY DECLARATIONS. Respondent shall submit quarterly declarations
25 under penalty of perjury on forms provided by the Board, stating whether there has been
26 compliance with all the conditions of probation.

27 Respondent shall submit quarterly declarations not later than 10 calendar days after the end
28 of the preceding quarter.

1 12. GENERAL PROBATION REQUIREMENTS.

2 Compliance with Probation Unit

3 Respondent shall comply with the Board's probation unit.

4 Address Changes

5 Respondent shall, at all times, keep the Board informed of Respondent's business and
6 residence addresses, email address (if available), and telephone number. Changes of such
7 addresses shall be immediately communicated in writing to the Board or its designee. Under no
8 circumstances shall a post office box serve as an address of record, except as allowed by Business
9 and Professions Code section 2021, subdivision (b).

10 Place of Practice

11 Respondent shall not engage in the practice of medicine in Respondent's or patient's place
12 of residence, unless the patient resides in a skilled nursing facility or other similar licensed
13 facility.

14 License Renewal

15 Respondent shall maintain a current and renewed California physician's and surgeon's
16 license.

17 Travel or Residence Outside California

18 Respondent shall immediately inform the Board or its designee, in writing, of travel to any
19 areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty
20 (30) calendar days.

21 In the event Respondent should leave the State of California to reside or to practice
22 Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of
23 departure and return.

24 13. INTERVIEW WITH THE BOARD OR ITS DESIGNEE. Respondent shall be
25 available in person upon request for interviews either at Respondent's place of business or at the
26 probation unit office, with or without prior notice throughout the term of probation.

27 14. NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or
28 its designee in writing within 15 calendar days of any periods of non-practice lasting more than

1 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is
2 defined as any period of time Respondent is not practicing medicine as defined in Business and
3 Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct
4 patient care, clinical activity or teaching, or other activity as approved by the Board. If
5 Respondent resides in California and is considered to be in non-practice, Respondent shall
6 comply with all terms and conditions of probation. All time spent in an intensive training
7 program which has been approved by the Board or its designee shall not be considered non-
8 practice and does not relieve Respondent from complying with all the terms and conditions of
9 probation. Practicing medicine in another state of the United States or Federal jurisdiction while
10 on probation with the medical licensing authority of that state or jurisdiction shall not be
11 considered non-practice. A Board-ordered suspension of practice shall not be considered as a
12 period of non-practice.

13 In the event Respondent's period of non-practice while on probation exceeds 18 calendar
14 months, Respondent shall successfully complete the Federation of State Medical Boards' Special
15 Purpose Examination, or, at the Board's discretion, a clinical competence assessment program
16 that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model
17 Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.

18 Respondent's period of non-practice while on probation shall not exceed two (2) years.

19 Periods of non-practice will not apply to the reduction of the probationary term.

20 Periods of non-practice for a Respondent residing outside of California will relieve
21 Respondent of the responsibility to comply with the probationary terms and conditions with the
22 exception of this condition and the following terms and conditions of probation: Obey All Laws;
23 General Probation Requirements; Quarterly Declarations; Abstain from the Use of Alcohol and/or
24 Controlled Substances; and Biological Fluid Testing.

25 15. COMPLETION OF PROBATION. Respondent shall comply with all financial
26 obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the
27 completion of probation. This term does not include cost recovery, which is due within 30
28 calendar days of the effective date of the Order, or by a payment plan approved by the Medical

1 Board and timely satisfied. Upon successful completion of probation, Respondent's certificate
2 shall be fully restored.

3 16. VIOLATION OF PROBATION. Failure to fully comply with any term or condition
4 of probation is a violation of probation. If Respondent violates probation in any respect, the
5 Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and
6 carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke
7 Probation, or an Interim Suspension Order is filed against Respondent during probation, the
8 Board shall have continuing jurisdiction until the matter is final, and the period of probation shall
9 be extended until the matter is final.

10 17. LICENSE SURRENDER. Following the effective date of this Decision, if
11 Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy
12 the terms and conditions of probation, Respondent may request to surrender his license. The
13 Board reserves the right to evaluate Respondent's request and to exercise its discretion in
14 determining whether or not to grant the request, or to take any other action deemed appropriate
15 and reasonable under the circumstances. Upon formal acceptance of the surrender, Respondent
16 shall within 15 calendar days deliver Respondent's wallet and wall certificate to the Board or its
17 designee and Respondent shall no longer practice medicine. Respondent will no longer be subject
18 to the terms and conditions of probation. If Respondent re-applies for a medical license, the
19 application shall be treated as a petition for reinstatement of a revoked certificate.


20 18. PROBATION MONITORING COSTS. Respondent shall pay the costs associated
21 with probation monitoring each and every year of probation, as designated by the Board, which
22 may be adjusted on an annual basis. Such costs shall be payable to the Medical Board of
23 California and delivered to the Board or its designee no later than January 31 of each calendar
24 year.

25 19. FUTURE ADMISSIONS CLAUSE. If Respondent should ever apply or reapply for
26 a new license or certification, or petition for reinstatement of a license, by any other health care
27 licensing action agency in the State of California, all of the charges and allegations contained in
28 Accusation No. 800-2022-086223 shall be deemed to be true, correct, and admitted by


1 Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or
2 restrict license.

3 ACCEPTANCE

4 I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully
5 discussed it with my attorney, Steven B. Goldstein, Esq. I understand the stipulation and the
6 effect it will have on my Physician's and Surgeon's Certificate No. A 62436. I enter into this
7 Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree
8 to be bound by the Decision and Order of the Medical Board of California.

9
10 DATED: 04/01/2024 
11 J DUC NGO NGUYEN, M.D.
Respondent

12 I have read and fully discussed with Respondent J Duc Ngoc Nguyen, M.D. the terms and
13 conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order.
14 I approve its form and content.

15
16 DATED: 4-3-24 
17 STEVEN B. GOLDSTEIN, ESQ.
Attorney for Respondent

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ENDORSEMENT

The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California.

DATED: 4/3/24

Respectfully submitted,

ROB BONTA
Attorney General of California
ALEXANDRA M. ALVAREZ
Supervising Deputy Attorney General



ROSEMARY F. LUZON
Deputy Attorney General
Attorneys for Complainant

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**BEFORE THE
MEDICAL BOARD OF CALIFORNIA
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Fontana, CA 92335

Physician's and Surgeon's Certificate
No. A 62436,

Respondent.

Case No. 800-2022-086223

ACCUSATION

PARTIES

1. Reji Varghese (Complainant) brings this Accusation solely in his official capacity as the Executive Director of the Medical Board of California, Department of Consumer Affairs (Board).

2. On or about May 23, 1997, the Medical Board issued Physician's and Surgeon's Certificate No. A 62436 to J Duc Ngoc Nguyen, M.D. (Respondent). The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought herein and will expire on March 31, 2025, unless renewed.

///

1 JURISDICTION

2 3. This Accusation is brought before the Board, under the authority of the following
3 laws. All section references are to the Business and Professions Code (Code) unless otherwise
4 indicated.

5 4. Section 2220 of the Code states:

6 Except as otherwise provided by law, the board may take action against all
7 persons guilty of violating this chapter. . .

8 5. Section 2227 of the Code states:

9 (a) A licensee whose matter has been heard by an administrative law judge of
10 the Medical Quality Hearing Panel as designated in Section 11371 of the Government
11 Code, or whose default has been entered, and who is found guilty, or who has entered
into a stipulation for disciplinary action with the board, may, in accordance with the
provisions of this chapter:

12 (1) Have his or her license revoked upon order of the board.

13 (2) Have his or her right to practice suspended for a period not to exceed one
14 year upon order of the board.

15 (3) Be placed on probation and be required to pay the costs of probation
monitoring upon order of the board.

16 (4) Be publicly reprimanded by the board. The public reprimand may include a
17 requirement that the licensee complete relevant educational courses approved by the
board.

18 (5) Have any other action taken in relation to discipline as part of an order of
19 probation, as the board or an administrative law judge may deem proper.

20 . . .

21 6. Section 2234 of the Code states:

22 The board shall take action against any licensee who is charged with
23 unprofessional conduct. In addition to other provisions of this article, unprofessional
conduct includes, but is not limited to, the following:

24 (a) Violating or attempting to violate, directly or indirectly, assisting in or
25 abetting the violation of, or conspiring to violate any provision of this chapter.

26 (b) Gross negligence.

27 (c) Repeated negligent acts. To be repeated, there must be two or more
28 negligent acts or omissions. An initial negligent act or omission followed by a
separate and distinct departure from the applicable standard of care shall constitute
repeated negligent acts.

1 (1) An initial negligent diagnosis followed by an act or omission medically
2 appropriate for that negligent diagnosis of the patient shall constitute a single
3 negligent act.

4 (2) When the standard of care requires a change in the diagnosis, act, or
5 omission that constitutes the negligent act described in paragraph (1), including, but
6 not limited to, a reevaluation of the diagnosis or a change in treatment, and the
7 licensee's conduct departs from the applicable standard of care, each departure
8 constitutes a separate and distinct breach of the standard of care.

9 ...

10 7. Section 725 of the Code states:

11 (a) Repeated acts of clearly excessive prescribing, furnishing, dispensing, or
12 administering of drugs or treatment, repeated acts of clearly excessive use of
13 diagnostic procedures, or repeated acts of clearly excessive use of diagnostic or
14 treatment facilities as determined by the standard of the community of licensees is
15 unprofessional conduct for a physician and surgeon . . .

16 8. Section 2266 of the Code states:

17 The failure of a physician and surgeon to maintain adequate and accurate
18 records relating to the provision of services to their patients constitutes unprofessional
19 conduct.

20 9. Unprofessional conduct under section 2234 of the Code is conduct which breaches
21 the rules or ethical code of the medical profession, or conduct which is unbecoming a member in
22 good standing of the medical profession, and which demonstrates an unfitness to practice
23 medicine. (*Shea v. Board of Medical Examiners* (1978) 81 Cal.App.3d 564, 575.)

24 10. Section 2228.1 of the Code states:

25 (a) On and after July 1, 2019, except as otherwise provided in subdivision (c),
26 the board and the Podiatric Medical Board of California shall require a licensee to
27 provide a separate disclosure that includes the licensee's probation status, the length
28 of the probation, the probation end date, all practice restrictions placed on the licensee
by the board, the board's telephone number, and an explanation of how the patient
can find further information on the licensee's probation on the licensee's profile page
on the board's online license information internet web site, to a patient or the
patient's guardian or health care surrogate before the patient's first visit following the
probationary order while the licensee is on probation pursuant to a probationary order
made on and after July 1, 2019, in any of the following circumstances:

(1) A final adjudication by the board following an administrative hearing or
admitted findings or prima facie showing in a stipulated settlement establishing any
of the following:

...

(D) Inappropriate prescribing resulting in harm to patients and a probationary
period of five years or more.

1 (2) An accusation or statement of issues alleged that the licensee committed any
2 of the acts described in subparagraphs (A) to (D), inclusive, of paragraph (1), and a
3 stipulated settlement based upon a nolo contendere or other similar compromise that
4 does not include any prima facie showing or admission of guilt or fact but does
5 include an express acknowledgment that the disclosure requirements of this section
6 would serve to protect the public interest.

7 (b) A licensee required to provide a disclosure pursuant to subdivision (a) shall
8 obtain from the patient, or the patient's guardian or health care surrogate, a separate,
9 signed copy of that disclosure.

10 (c) A licensee shall not be required to provide a disclosure pursuant to
11 subdivision (a) if any of the following applies:

12 (1) The patient is unconscious or otherwise unable to comprehend the
13 disclosure and sign the copy of the disclosure pursuant to subdivision (b) and a
14 guardian or health care surrogate is unavailable to comprehend the disclosure and
15 sign the copy.

16 (2) The visit occurs in an emergency room or an urgent care facility or the visit
17 is unscheduled, including consultations in inpatient facilities.

18 (3) The licensee who will be treating the patient during the visit is not known to
19 the patient until immediately prior to the start of the visit.

20 (4) The licensee does not have a direct treatment relationship with the patient.

21 (d) On and after July 1, 2019, the board shall provide the following
22 information, with respect to licensees on probation and licensees practicing under
23 probationary licenses, in plain view on the licensee's profile page on the board's
24 online license information internet web site.

25 (1) For probation imposed pursuant to a stipulated settlement, the causes
26 alleged in the operative accusation along with a designation identifying those causes
27 by which the licensee has expressly admitted guilt and a statement that acceptance of
28 the settlement is not an admission of guilt.

(2) For probation imposed by an adjudicated decision of the board, the causes
for probation stated in the final probationary order.

(3) For a licensee granted a probationary license, the causes by which the
probationary license was imposed.

(4) The length of the probation and end date.

(5) All practice restrictions placed on the license by the board.

...

COST RECOVERY

11. Section 125.3 of the Code states:

(a) Except as otherwise provided by law, in any order issued in resolution of a
disciplinary proceeding before any board within the department or before the
Osteopathic Medical Board, upon request of the entity bringing the proceeding, the

1 administrative law judge may direct a licensee found to have committed a violation or
2 violations of the licensing act to pay a sum not to exceed the reasonable costs of the
3 investigation and enforcement of the case.

4 (b) In the case of a disciplined licensee that is a corporation or a partnership, the
5 order may be made against the licensed corporate entity or licensed partnership.

6 (c) A certified copy of the actual costs, or a good faith estimate of costs where
7 actual costs are not available, signed by the entity bringing the proceeding or its
8 designated representative shall be prima facie evidence of reasonable costs of
9 investigation and prosecution of the case. The costs shall include the amount of
10 investigative and enforcement costs up to the date of the hearing, including, but not
11 limited to, charges imposed by the Attorney General.

12 (d) The administrative law judge shall make a proposed finding of the amount
13 of reasonable costs of investigation and prosecution of the case when requested
14 pursuant to subdivision (a). The finding of the administrative law judge with regard
15 to costs shall not be reviewable by the board to increase the cost award. The board
16 may reduce or eliminate the cost award, or remand to the administrative law judge if
17 the proposed decision fails to make a finding on costs requested pursuant to
18 subdivision (a).

19 (e) If an order for recovery of costs is made and timely payment is not made as
20 directed in the board's decision, the board may enforce the order for repayment in any
21 appropriate court. This right of enforcement shall be in addition to any other rights
22 the board may have as to any licensee to pay costs.

23 (f) In any action for recovery of costs, proof of the board's decision shall be
24 conclusive proof of the validity of the order of payment and the terms for payment.

25 (g) (1) Except as provided in paragraph (2), the board shall not renew or
26 reinstate the license of any licensee who has failed to pay all of the costs ordered
27 under this section.

28 (2) Notwithstanding paragraph (1), the board may, in its discretion,
conditionally renew or reinstate for a maximum of one year the license of any
licensee who demonstrates financial hardship and who enters into a formal agreement
with the board to reimburse the board within that one-year period for the unpaid
costs.

(h) All costs recovered under this section shall be considered a reimbursement
for costs incurred and shall be deposited in the fund of the board recovering the costs
to be available upon appropriation by the Legislature.

(i) Nothing in this section shall preclude a board from including the recovery of
the costs of investigation and enforcement of a case in any stipulated settlement.

(j) This section does not apply to any board if a specific statutory provision in
that board's licensing act provides for recovery of costs in an administrative
disciplinary proceeding.

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1 FIRST CAUSE FOR DISCIPLINE

2 (Gross Negligence)

3 12. Respondent has subjected his Physician's and Surgeon's Certificate No. A 62436 to
4 disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (b), of
5 the Code, in that he committed gross negligence in his care and treatment of Patients A, B, and C,
6 as more particularly alleged hereinafter:¹

7 Patient A

8 13. On or about December 3, 2014, Patient A first presented to Respondent for chronic
9 lower back pain.² Respondent started Patient A on oxycodone³ 30 mg, at a quantity of 90 tablets
10 and frequency of every 4-6 hours daily as needed.

11 14. Between in or about April 2015, and June 2016, Patient A had five encounters with
12 Respondent, including on or about April 9, 2015, October 16, 2015, April 15, 2016, June 8, 2016,
13 and June 9, 2016. During the April 9, 2015, encounter, Respondent started Patient A on
14 hydroxyzine⁴ for itching. Except for the June 8, 2016, encounter, Respondent continued to
15 prescribe oxycodone 30 mg to Patient A at the same quantity (90 tablets) and frequency (every 4-
16 6 hours daily as needed) on each of these encounters. On or about June 8, 2016, Respondent also
17 started Patient A on paroxetine⁵ 20 mg for depression. During the June 9, 2016, visit, Respondent
18 noted in his Assessment and Plan that he wanted to send Patient A to Pain Management and that
19 Patient A told him she was not abusing her pain medication. Respondent referred Patient A to a
20 pain management specialist for follow-up and treatment.

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23 ¹ References to "Patient A," "Patient B," and "Patient C" herein are used to protect patient
24 privacy.

25 ² Any medical care or treatment rendered by Respondent more than seven years prior to
26 the filing of the instant Accusation is described for informational and contextual purposes only
27 and not pleaded as a basis for disciplinary action.

28 ³ Oxycodone is a Schedule II controlled substance pursuant to Health and Safety Code
section 11055, subdivision (b), and a dangerous drug pursuant to Code section 4022.

⁴ Hydroxyzine is an antihistamine used to treat itching caused by allergies.

⁵ Paroxetine is an antidepressant medication.

1 15. On or about June 22, 2016, pursuant to a referral from Respondent, Patient A was
2 seen by a neurologist for headache, dizziness, and disorientation.

3 16. Beginning on or about August 26, 2016, Patient A continued to be treated by
4 Respondent for approximately two and a half years. During the August 26, 2016, visit,
5 Respondent noted the presence of back pain, joint pain, joint stiffness, and muscle pain in his
6 Review of Systems. He also noted the presence of anxiety and depression. Patient A's active
7 medications continued to include oxycodone for pain and paroxetine for depression, as well as
8 hydroxyzine for itching. In his Assessment and Plan, Respondent noted that Patient A was stable
9 on her current regimen for her chronic lower back pain and depression, respectively, and he
10 would continue to monitor her. The progress notes for this visit, and all subsequent visits, lacked
11 any follow-up on the status of the pain specialist referral from June 9, 2016, including whether an
12 appointment was made or took place.

13 17. On or about December 1, 2016, Respondent had a follow-up visit with Patient A.
14 Respondent again noted the presence of back and muscle pain in his Review of Systems, but no
15 joint pain or swelling. He also noted the presence of depression, but no anxiety. Patient A's
16 active medications continued to include oxycodone, paroxetine, and hydroxyzine. In his
17 Assessment and Plan, Respondent noted that Patient A was stable on her current regimen for her
18 chronic lower back pain and he would continue to monitor her. With respect to Patient A's
19 depression, Respondent noted that she was seeing a therapist and had an appointment with a
20 psychiatrist on December 19. Respondent increased Patient A's paroxetine dosage from 20 mg to
21 40 mg, and educated her on depression, including its symptoms and treatment. During this visit,
22 and all subsequent visits, Respondent made no attempts to coordinate care with Patient A's
23 psychiatric provider, including by communicating with the provider and/or requesting treatment
24 records from them.

25 18. On or about March 10, 2017, during a prescription only encounter, Respondent
26 started Patient A on diphenhydramine⁶ for allergy symptoms.

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28 ⁶ Diphenhydramine (Banophen) is an antihistamine used to relieve allergy symptoms.

1 19. On or about April 4, 2017, Patient A's active medications continued to include
2 oxycodone, paroxetine, hydroxyzine, and diphenhydramine. In his Assessment and Plan,
3 Respondent addressed the subject of opioid dependence with Patient A, specifically, ways to
4 avoid side effects from long-term use. He offered to slowly wean Patient A off of oxycodone, but
5 she declined. Respondent noted that Patient A was stable with respect to opioid dependence and
6 he would continue to monitor her.

7 20. On or about July 5, 2017, Respondent referred Patient A to a pain management
8 specialist for follow-up and treatment of her chronic lower back pain. The progress notes for all
9 subsequent visits, however, lacked any follow-up on the status of this pain specialist referral,
10 including whether an appointment was made or took place.

11 21. On or about September 1, 2017, Patient A's active medications continued to include
12 oxycodone, paroxetine, hydroxyzine, and diphenhydramine. In his Assessment and Plan,
13 Respondent noted that he was continuing Patient A on oxycodone for right ankle sprain issues.
14 He again noted addressing the subject of opioid dependence with Patient A and offering to slowly
15 wean her off of oxycodone, which she declined. Respondent also noted educating Patient A on
16 the symptoms and treatment of depression. Lastly, Respondent noted that Patient A was stable
17 with respect to opioid dependence and depression, respectively, and he would continue to monitor
18 her.

19 22. During prescription only encounters that took place on or about February 28, 2018,
20 and March 8, 2018, respectively, Respondent prescribed naloxone⁷ to Patient A. However, in the
21 progress notes for these visits, and all subsequent visits, Respondent failed to document any
22 discussion educating Patient A about the use of naloxone.

23 23. On or about May 15, 2018, Patient A's active medications continued to include
24 oxycodone, paroxetine, hydroxyzine, and diphenhydramine, as well as naloxone. The progress
25 notes for this visit reflected an adjustment of Patient's A oxycodone regimen from every 4-6
26 hours to every 6-8 hours daily as needed, beginning on or about April 30, 2018. However,
27 Respondent failed to document the rationale for this adjustment. Respondent again noted

28 ⁷ Naloxone (Narcan) is a medication that rapidly reverses an opioid overdose.

1 addressing the subject of opioid dependence with Patient A and offering to slowly wean her off of
2 oxycodone, which she declined. A urine drug screen (UDS) was ordered for fentanyl, but not
3 oxycodone. Respondent again noted educating Patient A on the symptoms and treatment of
4 depression, and that she had a follow-up appointment with her psychiatrist in a month.

5 24. On or about August 6, 2018, Patient A's active medications continued to include
6 oxycodone, paroxetine, hydroxyzine, diphenhydramine, and naloxone. The progress notes for
7 this visit reflected a further adjustment of Patient A's oxycodone regimen from 90 tablets to 60
8 tablets per month, beginning on or about July 5, 2018. Respondent noted that the reason for this
9 decrease was Patient A's report that she was only taking the medication twice a day. In his
10 Assessment and Plan, Respondent noted that Patient A denied abusing her pain medication or
11 experiencing any side effects. He again noted educating Patient A on the symptoms and
12 treatment of depression. He further noted that Patient A was stable with respect to opioid
13 dependence, chronic lower back pain, and depression, respectively, and he would continue to
14 monitor her. Respondent continued Patient A on oxycodone, but at the higher quantity of 90
15 tablets per month, not 60 tablets. Despite increasing Patient A's oxycodone regimen, Respondent
16 failed to document the rationale for this further adjustment.

17 25. On or about October 3, 2018, Patient A's active medications continued to include
18 oxycodone, paroxetine, hydroxyzine, diphenhydramine, and naloxone. In his Assessment and
19 Plan for this visit, Respondent noted that Patient A was mostly depressed, with occasional good
20 days. He performed a depression screening and planned to continue educating Patient A on the
21 symptoms and treatment of depression. Respondent again noted that Patient A denied abusing
22 her pain medication or experiencing any significant side effects, but she told Respondent that she
23 cannot function without it. Respondent noted that Patient A was stable with respect to opioid
24 dependence and he would continue to monitor her. Although Respondent noted ordering a UDS,
25 no corresponding test results are included in Patient A's chart.

26 26. According to the Controlled Substance Utilization Review and Evaluation System
27 (CURES) report for Patient A, between in or about November 2016, and January 2019, Patient A
28 continuously filled prescriptions of oxycodone, which Respondent prescribed as follows:

Date Filled	Drug Name	Strength	Quantity	Days Supplied	MME Daily	MME Total
11-16-2016	Oxycodone HCL	30 mg	90	15	270	4050
12-14-2016	Oxycodone HCL	30 mg	90	15	270	4050
1-12-2017	Oxycodone HCL	30 mg	90	15	270	4050
2-13-2017	Oxycodone HCL	30 mg	90	15	270	4050
3-13-2017	Oxycodone HCL	30 mg	90	15	270	4050
4-13-2017	Oxycodone HCL	30 mg	90	15	270	4050
5-12-2017	Oxycodone HCL	30 mg	90	15	270	4050
6-9-2017	Oxycodone HCL	30 mg	90	15	270	4050
7-8-2017	Oxycodone HCL	30 mg	90	15	270	4050
8-5-2017	Oxycodone HCL	30 mg	90	15	270	4050
9-6-2017	Oxycodone HCL	30 mg	90	15	270	4050
10-6-2017	Oxycodone HCL	30 mg	90	15	270	4050
11-8-2017	Oxycodone HCL	30 mg	90	15	270	4050
12-7-2017	Oxycodone HCL	30 mg	90	15	270	4050
1-4-2018	Oxycodone HCL	30 mg	90	22	184	4048
2-2-2018	Oxycodone HCL	30 mg	90	22	184	4048
2-28-2018	Oxycodone HCL	30 mg	90	22	184	4048
3-28-2018	Oxycodone HCL	30 mg	90	22	184	4048
5-3-2018	Oxycodone HCL	30 mg	90	22	184	4048
6-1-2018	Oxycodone HCL	30 mg	90	22	184	4048
7-5-2018	Oxycodone HCL	30 mg	60	15	180	2700
8-6-2018	Oxycodone HCL	30 mg	90	22	184	4048
9-4-2018	Oxycodone HCL	30 mg	90	22	184	4048
10-3-2018	Oxycodone HCL	30 mg	90	22	184	4048
11-5-2018	Oxycodone HCL	30 mg	90	22	184	4048
12-4-2018	Oxycodone HCL	30 mg	90	22	184	4048
1-4-2019	Oxycodone HCL	30 mg	90	22	184	4048

27. In addition to oxycodone, Patient A filled multiple prescriptions of benzodiazepine medications, which other providers prescribed as follows:

Date Filled	Drug Name	Strength	Quantity	Days Supplied
1-24-2017	Clonazepam	0.5 mg	60	30
8-22-2017	Temazepam	30 mg	30	30

Date Filled	Drug Name	Strength	Quantity	Days Supplied
8-22-2017	Clonazepam	1 mg	90	30
9-27-2017	Temazepam	30 mg	30	30
9-27-2017	Clonazepam	1 mg	90	30
10-26-2017	Temazepam	30 mg	30	30
1-3-2018	Temazepam	30 mg	30	30
1-3-2018	Clonazepam	1 mg	90	30
2-1-2018	Temazepam	30 mg	30	30
2-1-2018	Clonazepam	1 mg	90	30
4-5-2018	Clonazepam	1 mg	90	30
4-5-2018	Temazepam	30 mg	30	30
5-3-2018	Clonazepam	1 mg	90	30
5-3-2018	Temazepam	30 mg	30	30
6-5-2018	Alprazolam	1 mg	90	30
10-18-2018	Alprazolam	1 mg	90	30
11-26-2018	Alprazolam	1 mg	90	30

28. On or about January 22, 2019, Patient A passed away at her home. The cause of death was accidental acute fentanyl intoxication and the mechanism of death involved respiratory depression. Several medications were found at Patient A's home, including Narcan, hydroxyzine, banophen, and paroxetine, as well as benzodiazepines.

29. Between in or about August 2016, and January 2019, Respondent continuously prescribed oxycodone to Patient A, but did not attempt to try a long-acting opioid medication for better pain control.

30. Between in or about August 2016, and January 2019, Respondent continuously prescribed oxycodone to Patient A, but did not attempt to wean the dosage.

31. Between in or about August 2016, and January 2019, Respondent continuously prescribed oxycodone to Patient A, but did not review the CURES database to check Patient A's use of other controlled substances prescribed by other providers.

32. Between in or about August 2016, and January 2019, Respondent did not document any discussion with Patient A regarding the risks and benefits of high-dose opioids, whether taken alone or with benzodiazepines.

1 33. Between in or about August 2016, and January 2019, Respondent did not order a
2 UDS for oxycodone.

3 34. Between in or about August 2016, and January 2019, except for the pain management
4 referral on or about July 5, 2017, Respondent did not provide any other referrals to Patient A for
5 the diagnosis and management of her chronic lower back pain.

6 35. Between in or about August 2016, and January 2019, Respondent did not attempt any
7 non-opioid modalities to assist with controlling Patient A's pain.

8 36. Between in or about August 2016, and January 2019, Respondent prescribed two
9 antihistamines, hydroxyzine and diphenhydramine, to Patient A on a concurrent basis, but did not
10 document any discussion with Patient A regarding the effects of antihistamines on the central
11 nervous system when used in combination with opioids.

12 37. Between in or about August 2016, and January 2019, Respondent did not document
13 any discussion with Patient A about the potential side effects of her medication regimen, such as
14 dizziness.

15 38. Respondent committed gross negligence in his care and treatment of Patient A, which
16 included, but was not limited to, the following:

17 A. Between in or about August 2016, and January 2019, Respondent failed
18 to properly prescribe controlled substances for pain to Patient A, to wit:

19 (1) Respondent continuously prescribed oxycodone without attempting to try a
20 long-acting opioid medication for better pain control;

21 (2) Respondent continuously prescribed oxycodone without attempting to wean
22 the dosage;

23 (3) Respondent failed to document the rationale for adjustments to Patient A's
24 oxycodone regimen;

25 (4) Respondent continuously prescribed oxycodone without reviewing the
26 CURES database to check Patient A's use of other controlled substances prescribed
27 by other providers;

28 ///

1 (5) Respondent failed to coordinate care with Patient A's psychiatric provider,
2 including by communicating with the provider and/or requesting their treatment
3 records;

4 (6) Respondent failed to document any discussion with Patient A regarding the
5 risks and benefits of high-dose opioids, whether taken alone or with benzodiazepines;

6 (7) Respondent failed to document any discussion educating Patient A about
7 the use of naloxone;

8 (8) Respondent failed to order a UDS for oxycodone;

9 (9) Respondent failed to ascertain and document whether Patient A followed
10 through with referrals for pain management, including whether an appointment was
11 made or took place;

12 (10) With the exception of the July 5, 2017, pain management referral,
13 Respondent failed to provide any other referrals for the diagnosis and management of
14 Patient A's chronic lower back pain;

15 (11) Respondent failed to attempt any non-opioid pain control modalities;

16 (12) Respondent prescribed two antihistamines, hydroxyzine and
17 diphenhydramine, concurrently without documenting any discussion with Patient A
18 regarding the effects of antihistamines on the central nervous system when used in
19 combination with opioids; and

20 (13) Respondent did not document any discussion with Patient A about the
21 potential side effects of her medication regimen, such as dizziness.

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1 **Patient B**

2 39. On or about September 20, 2016, Patient B had his first office visit with Respondent.
3 He presented for evaluation and management of his hypertension. Patient B was noted to have
4 chronic right shoulder pain and surgery in 2012, as well as attention deficit hyperactivity disorder
5 (ADHD). In addition, his alcohol use history included drinking two beers a night. In his
6 Assessment and Plan, Respondent referred Patient B to physical therapy for follow-up and
7 treatment of his right shoulder pain. He also started Respondent on tramadol⁸ 50 mg, at a
8 quantity of 120 tablets and frequency of 4-6 hours daily. In addition to tramadol, Patient B was
9 noted to actively be on Norco⁹ 5-325 mg, at a frequency of one tablet as needed. Despite
10 prescribing tramadol concurrently with Norco, Respondent did not provide a rationale for doing
11 so, nor did he establish a plan going forward, including scheduling a timely follow-up visit with
12 Patient B to assess the progress of his opioid regimen. Respondent also started Patient B on
13 amphetamine-dextroamphetamine¹⁰ 15mg for ADHD, at a quantity of 60 tablets and frequency of
14 two times daily.

15 40. On or about October 11, 2016, during a prescription only encounter, Respondent
16 prescribed Norco 5-325 mg to Patient B, at a quantity of 90 tablets and frequency of every 4-6
17 hours as needed. He also started Patient B on Soma¹¹ 350 mg, at a quantity of 30 tablets and
18 frequency of three times daily as needed with two refills. Other than noting "CHRONIC RIGHT
19 SHOULDER PAIN" and "surgery 2012," Respondent did not document any other history or
20 information about the diagnosis or the rationale for prescribing Norco and Soma.

21 _____
22 ⁸ Tramadol is a Schedule IV controlled substance pursuant to Health and Safety Code
section 11057, subdivision (c), and a dangerous drug pursuant to Code section 4022.

23 ⁹ Hydrocodone and acetaminophen (Norco) is a Schedule II controlled substance pursuant
24 to Health and Safety Code section 11055, subdivision (b), and a dangerous drug pursuant to Code
section 4022.

25 ¹⁰ Amphetamine-dextroamphetamine (Adderall) is a Schedule II controlled substance
26 pursuant to Health and Safety Code section 11055, subdivision (d), and a dangerous drug
pursuant to Code section 4022.

27 ¹¹ Soma (carisoprodol) is a Schedule IV controlled substance pursuant to 21 Code of
28 Federal Regulations, part 1308.14, subdivision (c), and a dangerous drug pursuant to Code section
4022.

1 41. On or about October 24, 2016, during a prescription only encounter, Respondent
2 started Patient B on Percocet¹² 10-325 mg, at a quantity of 90 tablets and frequency of every 4-6
3 hours as needed. Other than noting that the switch from Norco to Percocet was “for better pain
4 control,” Respondent did not document any other history or information justifying the medication
5 adjustment.

6 42. On or about March 9, 2017, Respondent prepared and signed a progress report. The
7 only note appearing in the Historical Summary and Assessment and Plan sections was “OPIOID
8 DEPENDENCE.” No other information about this issue was documented, including any
9 discussions with Patient B about the risk of developing a tolerance to his pain medications.

10 43. On or about October 6, 2017, Patient B had his second office visit with Respondent.
11 He presented with a complaint of lower back pain. Patient B’s active medication list included
12 tramadol, amphetamine-dextroamphetamine, Soma, and Percocet. His alcohol use history
13 continued to include drinking two beers a night. Respondent noted a reduction in his Percocet
14 regimen from a quantity of 120 tablets to 90 tablets pursuant to the patient’s request, starting on
15 or about October 5, 2017. However, Respondent did not document the prior adjustment from 90
16 tablets to 120 tablets or the rationale for the adjustment, nor did Respondent document the
17 rationale for the subsequent adjustment back to 90 tablets other than that Patient B had requested
18 it. In his Assessment and Plan, Respondent referred Patient B to physical therapy to address the
19 recent flare-up of his chronic lower back pain. Regarding the subject of opioid dependence,
20 Respondent noted that he discussed ways to avoid side effects from long-term use with Patient B.
21 Respondent offered to slowly wean Patient B off of his pain medications, but he declined.
22 Respondent noted that Patient B was stable with respect to opioid dependence and he would
23 continue to monitor him. In addition, Respondent noted that Patient B was better overall with
24 respect to his chronic right shoulder pain, “though he still needs to take analgesics.” He noted
25 that Patient B was stable regarding this issue as well and would continue to monitor him.

26
27 ¹² Oxycodone and acetaminophen (Percocet) is a Schedule II controlled substance
28 pursuant to Health and Safety Code section 11055, subdivision (b), and a dangerous drug
pursuant to Code section 4022.

1 44. On or about October 9, 2017, Patient B presented to Respondent for a physical.
2 Respondent's notes regarding Patient B's active medication list and alcohol use history were the
3 same as the prior visit on or about October 6, 2017. So, too, were the notes in his Assessment and
4 Plan regarding Patient B's chronic shoulder pain and opioid dependence. In addition, Respondent
5 noted that Patient B's ADHD and chronic lower back pain, respectively, were stable and he
6 would continue to monitor him. Respondent performed an alcoholism screening. In response to
7 the question as to whether he ever felt the need to cut down on his drinking, Patient B responded,
8 "Yes."

9 45. On or about August 23, 2018, during a prescription only encounter, Respondent
10 started Patient B on Ambien¹³ 10 mg, at a quantity of 30 tablets and frequency of 1 tablet at
11 bedtime with two refills. Other than noting "INSOMNIA," Respondent did not document any
12 other history or information about the diagnosis. Nor did Respondent provide the rationale for
13 starting Ambien at the higher maximum dosage.

14 46. On or about June 3, 2019, Patient B presented to Respondent for evaluation and
15 management of his hypertension. Patient B's active medication list continued to include
16 tramadol, amphetamine-dextroamphetamine, Soma, and Percocet. The list did not include
17 Ambien. Starting on or about May 28, 2019, the frequency of Patient B's Percocet regimen
18 changed from every 4-6 hours to every 6-8 hours as needed. However, Respondent did not
19 document the rationale for this medication adjustment. Respondent noted in the History of
20 Present Illness section that Patient B had no alcohol use, however, his alcohol use history
21 continued to state that he drank two beers a night. In his Assessment and Plan, Respondent noted
22 that on the subject of opioid dependence, Patient B claimed he was not abusing his pain
23 medications, had no significant side effects, but could not function without them. Respondent
24 ordered an alcohol and drug screen, as well as fentanyl and tramadol drug screens. He noted that
25 Patient B was stable with respect to his opioid dependence and ADHD, respectively, and he
26 would continue to monitor him. Regarding Patient B's chronic lower back pain, Respondent

27 ¹³ Ambien (zolpidem tartrate) is a Schedule IV controlled substance pursuant to Health
28 and Safety Code section 11057, subdivision (d), and a dangerous drug pursuant to Code section
4022.

1 educated him on lower back exercises. Respondent also performed an alcoholism screening. In
2 response to the question as to whether he ever felt the need to cut down on his drinking, Patient
3 B's response changed to "No."

4 47. On or about June 26, 2019, Patient B had an alcohol and drug screen and tramadol
5 screen performed, which Respondent ordered. The results were negative for opiates and positive
6 for amphetamines and tramadol. The drug screen results included an annotation that Patient B
7 had not been on Percocet for one week. In subsequent visits with Patient B, Respondent did not
8 address the negative opiate result with him or document any such discussion.

9 48. During a visit that took place on or about October 24, 2019, Respondent noted in his
10 Assessment and Plan regarding chronic right shoulder pain that Patient B was still stable on his
11 current medication regimen and would continue to monitor him.

12 49. On or about October 26, 2019, Patient B had another alcohol and drug screen and
13 tramadol screen performed. The results were negative for opiates and positive for amphetamines
14 and tramadol. In subsequent visits with Patient B, Respondent did not address the negative opiate
15 result with him or document any such discussion.

16 50. On or about December 12, 2019, Patient B presented to Respondent with a complaint
17 of gradually worsening, moderate to severe shoulder pain. Patient B's active medication list
18 continued to include tramadol, amphetamine-dextroamphetamine, Soma, and Percocet, as well as
19 Ambien. He continued to drink two beers a night. In his Assessment and Plan, Respondent noted
20 that the severe pain kept Patient B from sleeping. However, no other history or information about
21 Patient B's sleep issues were documented, and Respondent did not consider his concurrent use of
22 amphetamines as a possible factor. He ordered an x-ray and MRI, and he discussed and provided
23 information to Patient B about pain and shoulder injuries and disorders.

24 51. On or about December 16, 2019, Patient B had an alcohol and drug screen and
25 tramadol screen performed. The results were negative for opiates and positive for amphetamines
26 and tramadol. In subsequent visits with Patient B, Respondent did not address the negative opiate
27 result with him or document any such discussion.

28 ///

1 52. On or about January 9, 2020, and January 29, 2020, respectively, Respondent referred
2 Patient B to an orthopedic specialist and pain management specialist for chronic right shoulder
3 pain.

4 53. On or about September 21, 2020, Patient B had a visit with Respondent. Patient B's
5 active medication list continued to include tramadol, amphetamine-dextroamphetamine, Soma,
6 Percocet, and Ambien.

7 54. On or about June 17, 2021, Respondent was notified by Patient B's health plan that
8 the prescription for Soma was being denied. The health plan advised that their protocol required
9 the trial and failure of two safer muscle relaxers (cyclobenzaprine, methocarbamol, or tizanidine)
10 before prescribing Soma. In addition, the health plan advised that they required documentation
11 showing that Respondent discussed with Patient B the additional risks of taking Soma, Percocet,
12 and tramadol concurrently in accordance with the FDA's Black Box warning. Lastly, the health
13 plan advised that they required documentation of the treatment plan supporting Patient B's
14 continued use of Soma. The health plan noted that the drug was limited to short-term use only
15 and the FDA recommended against using Soma longer than three weeks. Respondent failed to
16 heed these warnings, and he failed to document any discussion with Patient B about this
17 information.

18 55. On or about November 3, 2021, Respondent referred Patient B to an orthopedic
19 specialist for chronic right shoulder pain.

20 56. On or about November 11, 2021, Patient B presented to Respondent with recurring
21 moderate shoulder pain. Patient B's active medication list continued to include tramadol,
22 amphetamine-dextroamphetamine, Soma, Percocet, and Ambien. Patient B was still drinking two
23 beers a night. In his Assessment and Plan, Respondent noted that Patient B was concerned about
24 becoming tolerant to his pain medications. No other information about this concern was
25 documented, including any discussion with Patient B educating him on the subject of tolerance.
26 Respondent proceeded to note that Patient B was stable with respect to his opioid dependence and
27 ADHD, respectively, and he would continue to monitor him. Regarding Patient B's chronic
28 shoulder pain, Respondent noted that the pain was frequent with decreased range of motion and

1 “really affected his daily function.” Patient B asked for a referral to an orthopedic specialist for
2 possible shoulder replacement surgery, which Respondent provided. Respondent also performed
3 an alcoholism screening. In response to the question as to whether he ever felt the need to cut
4 down on his drinking, Patient B responded, “No.”

5 57. On or about April 1, 2022, Patient B presented to Respondent with a complaint of
6 disorientation. Patient B’s active medication list continued to include tramadol, amphetamine-
7 dextroamphetamine, Soma, Percocet, and Ambien. In his Assessment and Plan, Respondent
8 noted that Patient B was seen in the emergency room six days earlier after experiencing
9 disorientation and blurry vision without any unusual activities. Respondent noted that Patient B
10 was stable and he would continue to monitor him. During this visit and all other visits with
11 Patient B, Respondent did not document any discussion with Patient B about the potential side
12 effects of his medication regimen, such as disorientation.

13 58. As of on or about May 19, 2022, Patient B’s active medication list continued to
14 include tramadol, amphetamine-dextroamphetamine, Soma, Percocet, and Ambien.

15 59. According to the CURES report for Patient B, between in or about September 2017,
16 and May 2022, Patient B continuously filled the following prescriptions, which Respondent
17 prescribed:

Date Filled	Drug Name	Strength	Quantity	Days Supplied	MME Daily	MME Total
9-13-2017	Carisoprodol	350 mg	90	30	N/A	N/A
9-20-2017	Dextroamphetamine- Amphetamine	15 mg	60	30	N/A	N/A
9-26-2017	Tramadol	50 mg	120	20	30	600
10-6-2017	Oxycodone HCL- Acetaminophen	325-10 mg	90	15	90	1350
10-9-2017	Carisoprodol	350 mg	90	30	N/A	N/A
10-16-2017	Dextroamphetamine- Amphetamine	15 mg	60	30	N/A	N/A
10-23-2017	Tramadol	50 mg	120	20	30	600
11-3-2017	Oxycodone HCL- Acetaminophen	325-10 mg	90	15	90	1350
11-6-2017	Carisoprodol	350 mg	90	30	N/A	N/A

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Date Filled	Drug Name	Strength	Quantity	Days Supplied	MME Daily	MME Total
11-16-2017	Dextroamphetamine-Amphetamine	15 mg	60	30	N/A	N/A
11-17-2017	Tramadol	50 mg	120	20	30	600
12-2-2017	Carisoprodol	350 mg	90	30	N/A	N/A
12-3-2017	Tramadol	50 mg	120	20	30	600
12-4-2017	Oxycodone HCL-Acetaminophen	325-10 mg	90	15	90	1350
12-24-2017	Tramadol	50 mg	120	20	30	600
12-30-2017	Carisoprodol	350 mg	90	30	N/A	N/A
1-4-2018	Oxycodone HCL-Acetaminophen	325-10 mg	90	23	58	1334
1-10-2018	Dextroamphetamine-Amphetamine	15 mg	60	30	N/A	N/A
1-17-2018	Tramadol	50 mg	120	20	30	600
1-23-2018	Carisoprodol	350 mg	90	30	N/A	N/A
2-1-2018	Oxycodone HCL-Acetaminophen	325-10 mg	90	22	61	1342
2-9-2018	Tramadol	50 mg	120	20	30	600
2-16-2018	Dextroamphetamine-Amphetamine	15 mg	60	30	N/A	N/A
2-18-2018	Carisoprodol	350 mg	90	30	N/A	N/A
3-2-2018	Oxycodone HCL-Acetaminophen	325-10 mg	90	22	61	1342
3-11-2018	Tramadol	50 mg	120	20	30	600
3-19-2018	Carisoprodol	350 mg	90	30	N/A	N/A
3-23-2018	Amphetamine	15 mg	60	30	N/A	N/A
3-30-2018	Oxycodone HCL-Acetaminophen	325-10 mg	90	23	58	1334
4-9-2018	Tramadol	50 mg	120	20	30	600
4-15-2018	Carisoprodol	350 mg	90	30	N/A	N/A
4-24-2018	Amphetamine	15 mg	60	30	N/A	N/A
4-27-2018	Oxycodone HCL-Acetaminophen	325-10 mg	90	22	61	1342
4-27-2018	Tramadol	50 mg	120	20	30	600
5-11-2018	Carisoprodol	350 mg	90	30	N/A	N/A
5-16-2018	Tramadol	50 mg	120	20	30	600
5-22-2018	Amphetamine	15 mg	60	30	N/A	N/A

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Date Filled	Drug Name	Strength	Quantity	Days Supplied	MME Daily	MME Total
5-24-2018	Oxycodone HCL-Acetaminophen	325-10 mg	90	22	61	1342
6-8-2018	Carisoprodol	350 mg	90	30	N/A	N/A
6-19-2018	Tramadol	50 mg	120	20	30	600
6-22-2018	Oxycodone HCL-Acetaminophen	325-10 mg	120	20	90	1800
6-22-2018	Amphetamine	15 mg	60	30	N/A	N/A
7-6-2018	Carisoprodol	350 mg	90	30	N/A	N/A
7-7-2018	Tramadol	50 mg	120	20	30	600
7-17-2018	Oxycodone HCL-Acetaminophen	325-10 mg	90	22	61	1342
7-23-2018	Amphetamine	15 mg	60	30	N/A	N/A
8-1-2018	Tramadol	50 mg	120	20	30	600
8-3-2018	Carisoprodol	350 mg	90	30	N/A	N/A
8-16-2018	Tramadol	50 mg	120	20	30	600
8-20-2018	Oxycodone HCL-Acetaminophen	325-10 mg	90	22	61	1342
8-20-2018	Amphetamine	15 mg	60	30	N/A	N/A
8-23-2018	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
9-1-2018	Carisoprodol	350 mg	90	30	N/A	N/A
9-4-2018	Tramadol	50 mg	120	20	30	600
9-19-2018	Amphetamine	15 mg	60	30	N/A	N/A
9-21-2018	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
9-26-2018	Carisoprodol	350 mg	90	30	N/A	N/A
9-26-2018	Tramadol	50 mg	120	20	30	600
10-15-2018	Tramadol	50 mg	120	20	30	600
10-17-2018	Oxycodone HCL-Acetaminophen	325-10 mg	90	23	58	1334
10-23-2018	Amphetamine	15 mg	60	30	N/A	N/A
10-25-2018	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
10-25-2018	Carisoprodol	350 mg	90	30	N/A	N/A
11-4-2018	Tramadol	50 mg	120	20	30	600
11-15-2018	Oxycodone HCL-Acetaminophen	325-10 mg	90	22	61	1342
11-27-2018	Tramadol	50 mg	120	20	30	600
11-27-2018	Carisoprodol	350 mg	90	30	N/A	N/A

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Date Filled	Drug Name	Strength	Quantity	Days Supplied	MME Daily	MME Total
12-11-2018	Oxycodone HCL-Acetaminophen	325-10 mg	90	22	61	1342
12-19-2018	Tramadol	50 mg	120	20	30	600
12-27-2018	Carisoprodol	350 mg	90	30	N/A	N/A
12-28-2018	Amphetamine	15 mg	60	30	N/A	N/A
1-7-2019	Tramadol	50 mg	120	20	30	600
1-10-2019	Oxycodone HCL-Acetaminophen	325-10 mg	90	22	61	1342
1-21-2019	Carisoprodol	350 mg	90	30	N/A	N/A
1-30-2019	Tramadol	50 mg	120	20	30	600
1-30-2019	Amphetamine	15 mg	60	30	N/A	N/A
2-7-2019	Oxycodone HCL-Acetaminophen	325-10 mg	90	22	61	1342
2-17-2019	Tramadol	50 mg	120	20	30	600
2-19-2019	Carisoprodol	350 mg	90	30	N/A	N/A
2-27-2019	Amphetamine	15 mg	60	30	N/A	N/A
3-5-2019	Oxycodone HCL-Acetaminophen	325-10 mg	90	22	61	1342
3-8-2019	Tramadol	50 mg	120	20	30	600
3-19-2019	Carisoprodol	350 mg	90	30	N/A	N/A
4-1-2019	Oxycodone HCL-Acetaminophen	325-10 mg	90	23	58	1334
4-1-2019	Amphetamine	15 mg	60	30	N/A	N/A
4-4-2019	Tramadol	50 mg	120	20	30	600
4-19-2019	Carisoprodol	350 mg	90	30	N/A	N/A
4-23-2019	Tramadol	50 mg	120	20	30	600
4-30-2019	Oxycodone HCL-Acetaminophen	325-10 mg	90	23	58	1334
5-7-2019	Amphetamine	15 mg	60	30	N/A	N/A
5-9-2019	Tramadol	50 mg	120	20	30	600
5-16-2019	Carisoprodol	350 mg	90	30	N/A	N/A
5-28-2019	Oxycodone HCL-Acetaminophen	325-10 mg	90	23	58	1334
5-31-2019	Tramadol	50 mg	120	20	30	600
6-9-2019	Amphetamine	15 mg	60	30	N/A	N/A
6-10-2019	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
6-21-2019	Tramadol	50 mg	120	20	30	600

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Date Filled	Drug Name	Strength	Quantity	Days Supplied	MME Daily	MME Total
6-26-2019	Carisoprodol	350 mg	90	30	N/A	N/A
7-3-2019	Oxycodone HCL-Acetaminophen	325-10 mg	90	23	58	1334
7-9-2019	Tramadol	50 mg	120	20	30	600
7-17-2019	Amphetamine	15 mg	60	30	N/A	N/A
7-22-2019	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
7-24-2019	Carisoprodol	350 mg	90	30	N/A	N/A
7-26-2019	Oxycodone HCL-Acetaminophen	325-10 mg	90	23	58	1334
8-3-2019	Tramadol	50 mg	120	20	30	600
8-15-2019	Amphetamine	15 mg	60	30	N/A	N/A
8-17-2019	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
8-20-2019	Tramadol	50 mg	120	20	30	600
8-20-2019	Carisoprodol	350 mg	90	30	N/A	N/A
8-23-2019	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
9-10-2019	Tramadol	50 mg	120	20	30	600
9-17-2019	Carisoprodol	350 mg	90	30	N/A	N/A
9-20-2019	Amphetamine	15 mg	60	30	N/A	N/A
9-20-2019	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
10-2-2019	Tramadol	50 mg	120	30	20	600
10-15-2019	Carisoprodol	350 mg	90	30	N/A	N/A
10-16-2019	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
10-17-2019	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
10-18-2019	Amphetamine	15 mg	60	30	N/A	N/A
10-31-2019	Tramadol	50 mg	120	30	20	600
11-12-2019	Carisoprodol	350 mg	90	30	N/A	N/A
11-14-2019	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
11-27-2019	Tramadol	50 mg	120	30	20	600
12-7-2019	Amphetamine	15 mg	60	30	N/A	N/A
12-9-2019	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
12-11-2019	Carisoprodol	350 mg	90	30	N/A	N/A
12-11-2019	Zolpidem Tartrate	10 mg	30	30	N/A	N/A

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Date Filled	Drug Name	Strength	Quantity	Days Supplied	MME Daily	MME Total
12-21-2019	Tramadol	50 mg	120	30	20	600
1-4-2020	Carisoprodol	350 mg	90	30	N/A	N/A
1-8-2020	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
1-19-2020	Tramadol	50 mg	120	30	20	600
1-21-2020	Amphetamine	15 mg	60	30	N/A	N/A
1-24-2020	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
2-3-2020	Carisoprodol	350 mg	90	30	N/A	N/A
2-6-2020	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
2-14-2020	Tramadol	50 mg	120	30	20	600
3-3-2020	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
3-6-2020	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
3-10-2020	Carisoprodol	350 mg	90	30	N/A	N/A
3-17-2020	Tramadol	50 mg	120	30	20	600
3-31-2020	Amphetamine	15 mg	60	30	N/A	N/A
4-1-2020	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
4-8-2020	Carisoprodol	350 mg	90	30	N/A	N/A
4-8-2020	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
4-15-2020	Tramadol	50 mg	120	30	20	600
4-29-2020	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
5-7-2020	Carisoprodol	350 mg	90	30	N/A	N/A
5-7-2020	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
5-11-2020	Tramadol	50 mg	120	30	20	600
5-18-2020	Amphetamine	15 mg	60	30	N/A	N/A
5-27-2020	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
6-5-2020	Carisoprodol	350 mg	90	30	N/A	N/A
6-8-2020	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
6-11-2020	Tramadol	50 mg	120	30	20	600
6-26-2020	Amphetamine	15 mg	60	30	N/A	N/A
6-26-2020	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350

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Date Filled	Drug Name	Strength	Quantity	Days Supplied	MME Daily	MME Total
7-3-2020	Carisoprodol	350 mg	90	30	N/A	N/A
7-6-2020	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
7-11-2020	Tramadol	50 mg	120	30	20	600
7-24-2020	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
7-29-2020	Amphetamine	15 mg	60	30	N/A	N/A
8-1-2020	Carisoprodol	350 mg	90	30	N/A	N/A
8-9-2020	Tramadol	50 mg	120	30	20	600
8-9-2020	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
8-21-2020	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
8-30-2020	Carisoprodol	350 mg	90	30	N/A	N/A
9-8-2020	Tramadol	50 mg	120	30	20	600
9-8-2020	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
9-11-2020	Amphetamine	15 mg	60	30	N/A	N/A
9-18-2020	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
9-29-2020	Carisoprodol	350 mg	90	30	N/A	N/A
10-7-2020	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
10-7-2020	Tramadol	50 mg	120	30	20	600
10-17-2020	Amphetamine	15 mg	60	30	N/A	N/A
10-21-2020	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
10-28-2020	Carisoprodol	350 mg	90	30	N/A	N/A
11-5-2020	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
11-5-2020	Tramadol	50 mg	120	30	20	600
11-17-2020	Amphetamine	15 mg	60	30	N/A	N/A
11-19-2020	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
12-1-2020	Carisoprodol	350 mg	90	30	N/A	N/A
12-4-2020	Tramadol	50 mg	120	30	20	600
12-18-2020	Amphetamine	15 mg	60	30	N/A	N/A
12-19-2020	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
12-30-2020	Carisoprodol	350 mg	90	30	N/A	N/A
1-2-2021	Tramadol	50 mg	120	30	20	600

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Date Filled	Drug Name	Strength	Quantity	Days Supplied	MME Daily	MME Total
1-17-2021	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
1-19-2021	Amphetamine	15 mg	60	30	N/A	N/A
1-31-2021	Carisoprodol	350 mg	90	30	N/A	N/A
1-31-2021	Tramadol	50 mg	120	30	20	600
2-4-2021	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
2-16-2021	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
2-27-2021	Amphetamine	15 mg	60	30	N/A	N/A
3-1-2021	Carisoprodol	350 mg	90	30	N/A	N/A
3-1-2021	Tramadol	50 mg	120	30	20	600
3-8-2021	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
3-17-2021	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
3-31-2021	Carisoprodol	350 mg	90	30	N/A	N/A
3-31-2021	Tramadol	50 mg	120	30	20	600
4-2-2021	Amphetamine	15 mg	60	30	N/A	N/A
4-16-2021	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
4-29-2021	Carisoprodol	350 mg	90	30	N/A	N/A
4-29-2021	Tramadol	50 mg	120	30	20	600
5-3-2021	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
5-6-2021	Amphetamine	15 mg	60	30	N/A	N/A
5-15-2021	Oxycodone HCL-Acetaminophen	325-10 mg	90	22	61	1342
5-24-2021	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
5-29-2021	Tramadol	50 mg	120	30	20	600
6-11-2021	Amphetamine	15 mg	60	30	N/A	N/A
6-13-2021	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
6-21-2021	Carisoprodol	350 mg	90	30	N/A	N/A
6-22-2021	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
6-27-2021	Tramadol	50 mg	120	30	20	600
7-12-2021	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
7-19-2021	Amphetamine	15 mg	60	30	N/A	N/A

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Date Filled	Drug Name	Strength	Quantity	Days Supplied	MME Daily	MME Total
7-22-2021	Carisoprodol	350 mg	90	30	N/A	N/A
7-26-2021	Tramadol	50 mg	120	30	20	600
8-10-2021	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
8-22-2021	Carisoprodol	350 mg	90	30	N/A	N/A
8-26-2021	Amphetamine	15 mg	60	30	N/A	N/A
8-28-2021	Tramadol	50 mg	120	30	20	600
9-9-2021	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
9-26-2021	Tramadol	50 mg	120	30	20	600
9-28-2021	Amphetamine	15 mg	60	30	N/A	N/A
10-8-2021	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
10-27-2021	Tramadol	50 mg	120	30	20	600
10-27-2021	Carisoprodol	350 mg	90	30	N/A	N/A
10-28-2021	Amphetamine	15 mg	60	30	N/A	N/A
11-6-2021	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
11-23-2021	Carisoprodol	350 mg	90	30	N/A	N/A
11-29-2021	Tramadol	50 mg	120	30	20	600
12-3-2021	Amphetamine	15 mg	10	5	N/A	N/A
12-6-2021	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
12-6-2021	Amphetamine	15 mg	50	25	N/A	N/A
12-26-2021	Carisoprodol	350 mg	90	30	N/A	N/A
12-28-2021	Tramadol	50 mg	120	30	20	600
12-29-2021	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
1-5-2022	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
1-7-2022	Amphetamine	15 mg	60	30	N/A	N/A
1-28-2022	Carisoprodol	350 mg	90	30	N/A	N/A
1-28-2022	Tramadol	50 mg	120	30	20	600
2-3-2022	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
2-8-2022	Amphetamine	15 mg	60	30	N/A	N/A
2-25-2022	Zolpidem Tartrate	10 mg	30	30	N/A	N/A

Date Filled	Drug Name	Strength	Quantity	Days Supplied	MME Daily	MME Total
2-25-2022	Carisoprodol	350 mg	90	30	N/A	N/A
2-26-2022	Tramadol	50 mg	120	30	20	600
3-5-2022	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
3-15-2022	Amphetamine	15 mg	60	30	N/A	N/A
3-28-2022	Tramadol	50 mg	120	30	20	600
4-3-2022	Oxycodone HCL-Acetaminophen	325-10 mg	90	30	45	1350
4-14-2022	Carisoprodol	350 mg	90	30	N/A	N/A
4-19-2022	Amphetamine	15 mg	60	30	N/A	N/A
4-23-2022	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
5-2-2022	Oxycodone HCL-Acetaminophen	325-10 mg	90	22	61	1342
5-12-2022	Tramadol	50 mg	120	30	20	600
5-22-2022	Zolpidem Tartrate	10 mg	30	30	N/A	N/A
5-23-2022	Carisoprodol	350 mg	90	30	N/A	N/A
5-23-2022	Amphetamine	15 mg	60	30	N/A	N/A
5-28-2022	Hydrocodone Bitartrate-Acetaminophen	325-10 mg	90	30	30	900

60. Between in or about September 2016, and May 2022, Respondent regularly prescribed oxycodone and tramadol to Patient B over a prolonged period without appropriate justification.

61. Between in or about September 2016, and May 2022, Respondent did not attempt to try a long-acting opioid medication for better pain control.

62. Between in or about September 2016, and May 2022, Respondent did not attempt to wean the baselines dosages for the opioids he prescribed.

63. Between in or about September 2016, and May 2022, Respondent failed to properly document any discussion with Patient B regarding the issue of developing a tolerance to his controlled substance medications.

64. Between in or about September 2016, and May 2022, Respondent failed to educate Patient B about the risks of alcohol use in combination with his medications.

1 65. Between in or about September 2016, and May 2022, Respondent regularly
2 prescribed Ambien to Patient B, but he failed to include insomnia in his Assessment and Plans
3 and failed to consider Patient B's concurrent use of amphetamines in relation to his sleep issues.

4 66. Between in or about September 2016, and May 2022, Respondent failed to review the
5 CURES database despite continuously prescribing multiple controlled substances to Patient B
6 over a prolonged period.

7 67. Between in or about September 2016, and May 2022, Respondent failed to offer
8 naloxone to Patient B and/or document any discussion educating Patient B about the use of
9 naloxone.

10 68. Between in or about September 2016, and May 2022, Respondent failed to ascertain
11 and document whether Patient B followed through with referrals for orthopedics, pain
12 management, and physical therapy, including whether an appointment was made or took place.

13 69. Respondent committed gross negligence in his care and treatment of Patient B, which
14 included, but was not limited to, the following:

15 A. Between in or about September 2016, and May 2022, Respondent failed
16 to properly prescribe controlled substances for pain to Patient B, to wit:

17 (1) Respondent regularly prescribed multiple short-acting opioids, including
18 oxycodone and tramadol, over a prolonged period without appropriate justification;

19 (2) Respondent started tramadol concurrently with Norco without appropriate
20 justification, without any plan, and without scheduling a timely follow-up visit;

21 (3) Respondent did not attempt to try a long-acting opioid medication for better
22 pain control;

23 (4) Respondent did not attempt to wean the baselines dosages for the opioids
24 he prescribed;

25 (5) Respondent prescribed three different short-acting opioids, together with
26 Ambien, an amphetamine, and Soma in a single month, i.e., May 2022;

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1 (6) Notwithstanding Patient's B health plan protocol for the prescribing of
2 Soma, Respondent continuously prescribed Soma without first attempting to try two
3 other safer muscle relaxers;

4 (7) Notwithstanding the FDA's Black Box warning, Respondent continuously
5 prescribed Soma concurrently with oxycodone and tramadol without documenting
6 any discussion with Patient B regarding the risks of such concurrent use;

7 (8) Notwithstanding the FDA's guidance, Respondent continuously prescribed
8 Soma for longer than three weeks without justification and without documenting any
9 discussion with Patient B regarding the risks of such long-term use;

10 (9) Respondent failed to properly document any discussion with Patient B
11 regarding the issue of developing a tolerance to his controlled substance medications;

12 (10) Respondent failed to address with Patient B the inconsistent drug screen
13 results showing the absence of opiates despite Respondent's continuous prescriptions
14 of Percocet;

15 (11) Respondent failed to educate Patient B about the risks of alcohol use in
16 combination with his medications;

17 (12) Respondent did not document any discussion with Patient B about the
18 potential side effects of his medication regimen, such as disorientation;

19 (13) Respondent started Ambien at the maximum dose without documenting
20 the rationale for the higher dosage;

21 (14) Despite continuously prescribing Ambien on a monthly basis, Respondent
22 did not include insomnia in his Assessment and Plans and he failed to consider
23 Patient B's concurrent use of amphetamines in relation to Patient B's sleep issues;

24 (15) Respondent failed to review the CURES database despite continuously
25 prescribing multiple controlled substances to Patient B over a prolonged period;

26 (16) Respondent failed to offer naloxone to Patient B and/or document any
27 discussion educating Patient B about the use of naloxone; and

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1 (17) Respondent failed to ascertain and document whether Patient B followed
2 through with referrals for orthopedics, pain management, and physical therapy,
3 including whether an appointment was made or took place.

4 **Patient C**

5 70. Beginning on or about December 19, 2014, Patient C was seen by Respondent
6 for multiple conditions, including chronic lower back and hip pain, type 2 diabetes, and
7 diabetic chronic kidney disease.

8 71. On or about November 4, 2016, Patient C presented to Respondent with a
9 complaint of worsening lower back pain. Patient C's active medication list included Norco
10 10-325 mg as needed. In his Assessment and Plan, Respondent noted that Patient C had
11 been advised in the past to have surgery for her back issues and she wanted to revisit that
12 option. Respondent administered Toradol¹⁴ 60 mg (IM injection) to Patient C and referred
13 her to an orthopedic specialist for follow-up and treatment of her lower back pain.
14 Respondent continued Patient C on Norco 10-325 mg, at a quantity of 60 tablets and
15 frequency of every 4-6 hours as needed.

16 72. On or about November 8, 2016, Respondent referred Patient C to a nephrologist
17 for follow-up and treatment of stage 3 chronic kidney disease.

18 73. Between on or about December 7, 2016, and September 16, 2022, Patient C
19 continued to be seen by Respondent. During this timeframe, according to the CURES
20 report for Patient C, Patient C continuously filled near-monthly prescriptions of Percocet
21 10-325 mg, which Respondent prescribed. The quantity of each Percocet prescription was
22 90 tablets and the days supplied ranged between 15 and 30 days.

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27 ¹⁴ Toradol (ketorolac) is a nonsteroidal anti-inflammatory drug (NSAID) used for the
28 short-term relief of moderately severe acute pain. It is contraindicated in patients with advanced
renal impairment and in patients at risk for renal failure due to volume depletion. High quantities
or prolonged use of ketorolac can lead to renal toxicity.

1 74. During a visit that took place on or about February 17, 2017, Respondent
2 started Patient C on Linzess for chronic constipation. During this visit, and all subsequent
3 visits, Respondent did not document any discussion with Patient C about constipation as a
4 potential side effect of her opioid medications.

5 75. On or about March 29, 2017, Patient C had a renal function consultation
6 pursuant to a referral from Respondent. The consultation note, which was faxed to
7 Respondent and received on or about March 30, 2017, is included in Patient C's chart. In
8 the Assessment section of the consultation note, the nephrologist noted as follows:
9 "Chronic kidney disease, stage 3 (moderate): secondary to diabetic nephropathy. Her
10 eGFR runs in the 30 to 40 ml/min. She has significant proteinuria which is a poor
11 prognostic sign that her kidney disease will progress. She needs better management of her
12 sugars and to keep her SBP in the 120 to 130 range." In the Plan section, the nephrologist
13 then stated: "Avoid nephrotoxic drugs..."

14 76. Despite this warning, during multiple visits between on or about April 14, 2017,
15 and June 13, 2022, Respondent continuously administered Toradol 60 mg to Patient C.
16 This included the June 13, 2022, visit, when Patient C's creatinine level was 3.18 mg/dL
17 and eGFR was 16 mL/min.¹⁵ On this day, Respondent noted that Patient C had stage 5
18 chronic kidney disease and was close to requiring dialysis, but he nevertheless administered
19 60 mg of Toradol to Patient C.

20 77. During a visit that took place on or about June 14, 2019, Respondent noted in
21 his Assessment and Plan that Patient C was being followed by pain management for her
22 back pain and planning for the implantation of a spinal cord stimulator. For this visit, and
23 multiple visits between 2017 and 2022, Respondent repeatedly documented that Patient C
24 was on Soma, tramadol, and voltaren gel. However, except for a single fill of tramadol in
25 or about October 2019, Soma and tramadol were not listed in the CURES report for Patient
26 C during this timeframe.

27 ¹⁵ Creatinine levels and eGFRs (or estimated glomerular filtration rates) measure a
28 patient's level of kidney function and stage of kidney disease. As a patient's chronic kidney
disease worsens, the eGFR number will go down.

1 78. On or about July 25, 2019, Patient C had a renal function consultation. The
2 consultation note, which was faxed to Respondent and received on or about the same day, is
3 included in Patient C's chart. In the consultation note, the nephrologist included the
4 following precaution: "If GFR < 30 ml/min[,] cannot stay on metformin."¹⁶ Despite this
5 warning, Respondent continued Patient C on metformin notwithstanding multiple eGFR
6 results that were below 30 mL/min.

7 79. During a visit that took place on or about April 21, 2020, Respondent noted that
8 Patient C would be undergoing a psychotherapist evaluation to determine if she was a
9 candidate for an implantable device for her lower back pain.

10 80. On or about April 22, 2020, Patient C had a renal function consultation. The
11 consultation note, which was faxed to Respondent and received on or about April 27, 2020,
12 is included in Patient C's chart. In the consultation note, the nephrologist stated that
13 lansoprazole¹⁷ should be discontinued in light of Patient C's chronic kidney disease and
14 end-stage renal disease. Despite this order, Respondent continued Patient C on
15 lansoprazole for daily use. In doing so, Respondent failed to discuss the potential risks of
16 such use and alternative medications with Patient C.

17 81. On or about November 5, 2020, Patient C had another renal function
18 consultation. The consultation note, which was faxed to Respondent and received on or
19 about the same day, is included in Patient C's chart. In the consultation note, the
20 nephrologist stated that the dosage of Lyrica¹⁸ should be reduced to 100 mg daily. Despite
21 this order, Respondent continued Patient C on Lyrica 100 mg at frequency of two times per
22 day, for a total daily dosage of 200 mg.

23 82. According to a pain management note from on or about February 22, 2021,
24 Patient C had an implant placed for her lower back pain on or about December 3, 2020.

26 ¹⁶ Metformin is used to treat high blood sugar levels in patients with type 2 diabetes.

27 ¹⁷ Lansoprazole is a proton pump inhibitor medication used to reduce the amount of acid
in the stomach.

28 ¹⁸ Lyrica (pregabalin) is used for diabetic nerve pain and other types of pain.

1 The implant provided 90% relief of pain, resulting in a decrease of Patient C's Percocet use
2 to approximately 25% of her prior amount.

3 83. Patient C's next visit with Respondent took place on or about March 10, 2021,
4 during which she reported suffering from withdrawal symptoms without her opioid
5 medication. In his Assessment and Plan regarding opioid dependence, Respondent noted
6 that Patient C was concerned about becoming tolerant to Percocet. He also noted that
7 Patient C was stable and he would continue to monitor her. However, Respondent failed to
8 acknowledge and note Patient C's successful implant or the resulting decrease of her
9 Percocet use. Moreover, Respondent failed to assist with weaning Patient C's Percocet use.
10 Instead, during this visit, and in all subsequent visits, Patient C's active medications
11 continued to include Percocet 10-325 mg as needed, which Respondent regularly prescribed
12 at a frequency of three times per day.

13 84. On or about March 21, 2022, similar to the March 10, 2021, visit, Respondent
14 noted that Patient C was suffering from withdrawal symptoms without her opioid
15 medication, but was also concerned about becoming tolerant to opioids. On or about
16 September 16, 2022, Respondent again noted Patient C's concern about opioid tolerance.
17 During these visits, Respondent did not document any details or information about these
18 issues.

19 85. During a visit that took place on or about June 13, 2022, Patient C completed a
20 health assessment form in which she responded that she recently had a car accident.
21 Respondent signed the form and indicated that he counseled the patient on safety.
22 However, Respondent did not obtain any additional details or information about the car
23 accident to assess whether it was related to Patient C's opioid use.

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1 86. As of on or about September 16, 2022, Patient C's active medications
2 continued to include Percocet and lansoprazole, as well as fenofibrate.¹⁹ At the time,
3 Patient C's eGFR result was 13 mL/min. Respondent continuously prescribed fenofibrate
4 to Patient C for daily use notwithstanding multiple eGFR results that were less than 30
5 mL/min, including results ranging between 15 to 19 mL/min.

6 87. Between in or about November 2016, and September 2022, except for one
7 occasion on or about August 19, 2022, Respondent continuously prescribed Percocet to
8 Patient C without reviewing the CURES database.

9 88. Between in or about November 2016, and September 2022, Respondent
10 continuously prescribed Percocet to Patient C without ordering any UDS tests.

11 89. Between in or about November 2016, and September 2022, Respondent
12 continuously prescribed Percocet without having any pain agreements in place.

13 90. Respondent committed gross negligence in his care and treatment of Patient C,
14 which included, but was not limited to, the following:

15 A. Between in or about November 2016, and September 2022, Respondent
16 failed to properly prescribe controlled substances for pain to Patient C, to wit:

17 (1) Respondent continuously prescribed Percocet over a prolonged period
18 without attempting to coordinate care with Patient C's pain management care,
19 including after Patient C's successful device implant in or about December 2020 and
20 resulting decrease in her use of Percocet;

21 (2) Respondent failed to appropriately document the opioid withdrawal and
22 tolerance issues raised by Patient C;

23 (3) Respondent failed to appropriately document Patient C's active
24 medications, including Soma and tramadol;

25 (4) Respondent did not document any discussion with Patient C about
26 constipation as a potential side effect of her opioid medications;

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28 ¹⁹ Fenofibrate is used to treat high cholesterol and high triglyceride levels in the blood.

1 (5) Respondent failed to obtain any additional details or information about
2 Patient C's car accident in or about 2022 to assess whether it was related to Patient
3 C's opioid use;

4 (6) Respondent continuously prescribed Percocet without reviewing the
5 CURES database;

6 (7) Respondent continuously prescribed Percocet without ordering any UDS
7 tests; and

8 (8) Respondent continuously prescribed Percocet without having any pain
9 agreements in place.

10 B. Between in or about November 2016, and September 2022, Respondent
11 inappropriately prescribed and administered medications to Patient C without
12 consideration of Patient C's renal function, to wit:

13 (1) Despite a Renal Function consultation note from in or about March 2017
14 stating that nephrotoxic drugs should be avoided, Respondent continuously
15 administered Toradol to Patient C at nearly every visit;

16 (2) Despite a Renal Function consultation note from in or about July 2019
17 stating that metformin should be stopped, Respondent continuously prescribed
18 metformin to Patient C;

19 (3) Despite a Renal Function consultation note from in or about April 2020
20 stating that the use of lansoprazole should be stopped, Respondent continuously
21 prescribed lansoprazole to Patient C for daily use without any discussion with Patient
22 C about the potential risks of such use and alternative medications;

23 (4) Despite a Renal Function consultation note from in or about November
24 2020 stating that the dosage of Lyrica should be decreased to 100 mg daily, and
25 despite Patient C's declining renal function, Respondent continued to prescribe
26 Lyrica to Patient C at a dosage of 200 mg per day; and

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1 (5) Despite being contraindicated in patients with GFR results of less than 30
2 mL/min such as Patient C, Respondent continuously prescribed fenofibrate to Patient
3 C for daily use.

4 **SECOND CAUSE FOR DISCIPLINE**

5 **(Repeated Negligent Acts)**

6 91. Respondent has subjected his Physician's and Surgeon's Certificate No. A 62436 to
7 disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (c), of
8 the Code, in that he committed repeated negligent acts in his care and treatment of Patients A, B,
9 and C, as more particularly alleged hereinafter:

10 **Patient A**

11 92. Paragraphs 13 through 38, above, are hereby incorporated by reference and re-alleged
12 as if fully set forth herein.

13 **Patient B**

14 93. Paragraphs 39 through 69, above, are hereby incorporated by reference and re-alleged
15 as if fully set forth herein.

16 **Patient C**

17 94. Paragraphs 70 through 90, above, are hereby incorporated by reference and re-alleged
18 as if fully set forth herein.

19 **THIRD CAUSE FOR DISCIPLINE**

20 **(Excessive Prescribing of Controlled Substances)**

21 95. Respondent has subjected his Physician's and Surgeon's Certificate No. A 62436 to
22 disciplinary action under sections 2227 and 2234, as defined by section 725, subdivision (a), of
23 the Code, in that he committed repeated acts of clearly excessive prescribing of controlled
24 substances to Patients A, B, and C, as more particularly alleged in paragraphs 13 through 90,
25 above, which are hereby incorporated by reference and re-alleged as if fully set forth herein.

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FOURTH CAUSE FOR DISCIPLINE

(Failure to Maintain Adequate and Accurate Medical Records)

96. Respondent has subjected his Physician's and Surgeon's Certificate No. A 62436 to disciplinary action under sections 2227 and 2234, as defined by section 2266, of the Code, in that he failed to maintain adequate and accurate records regarding his care and treatment of Patients A, B, and C, as more particularly alleged in paragraphs 13 through 90, above, which are hereby incorporated by reference and re-alleged as if fully set forth herein.

FIFTH CAUSE FOR DISCIPLINE

(Violating or Attempting to Violate Any Provision of the Medical Practice Act)

97. Respondent has subjected his Physician's and Surgeon's Certificate No. A 62436 to disciplinary action under sections 2227 and 2234, subdivision (a), of the Code, in that he has violated or attempted to violate, directly or indirectly, provisions or terms of the Medical Practice Act, as more particularly alleged in paragraphs 13 through 96, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

SIXTH CAUSE FOR DISCIPLINE

(General Unprofessional Conduct)

98. Respondent has subjected his Physician's and Surgeon's Certificate No. A 62436 to disciplinary action under sections 2227 and 2234 of the Code, in that he has engaged in conduct which breaches the rules or ethical code of the medical profession, or conduct which is unbecoming to a member in good standing of the medical profession, and which demonstrates an unfitness to practice medicine, as more particularly alleged in paragraphs 13 through 97, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

PRAYER

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

- 1. Revoking or suspending Physician's and Surgeon's Certificate No. A 62436, issued to Respondent J Duc Ngoc Nguyen, M.D.;

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1 2. Revoking, suspending or denying approval of Respondent J Duc Ngoc Nguyen,
2 M.D.'s authority to supervise physician assistants, pursuant to section 3527 of the Code, and
3 advanced practice nurses;

4 3. Ordering Respondent J Duc Ngoc Nguyen, M.D., to pay the Board the costs of the
5 investigation and enforcement of this case, and if placed on probation, the costs of probation
6 monitoring;

7 4. Ordering Respondent J Duc Ngoc Nguyen, M.D., if placed on probation, to provide
8 patient notification in accordance with Business and Professions Code section 2228.1; and

9 5. Taking such other and further action as deemed necessary and proper.

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11 DATED: AUG 22 2023

JENNA JONES FOR
REJI VARGHESE
Executive Director
Medical Board of California
Department of Consumer Affairs
State of California
Complainant

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