# BEFORE THE MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA

Case No.: 800-2021-076672

In the Matter of the Accusation Against:

Sarabjit Singh Sandhu, M.D.

Physician's and Surgeon's Certificate No. A 47774

Respondent.

# **DECISION**

The attached Stipulated Settlement and Disciplinary is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on September 13, 2024.

IT IS SO ORDERED: August 16, 2024.

MEDICAL BOARD OF CALIFORNIA

Richard E. Thorp, Chair

Panel B

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1 2 3 4 5 6 7 8	ROB BONTA Attorney General of California MATTHEW M. DAVIS Supervising Deputy Attorney General JASON J. AHN Deputy Attorney General State Bar No. 253172 600 West Broadway, Suite 1800 San Diego, CA 92101 P.O. Box 85266 San Diego, CA 92186-5266 Telephone: (619) 738-9433 Facsimile: (619) 645-2061  Attorneys for Complainant	
10	BEFOR	E THE
11	MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS	
12	STATE OF CALIFORNIA	
13	In the Matter of the Accusation Against:	Case No. 800-2021-076672
14	SARABJIT SINGH SANDHU, M.D.	OAH No. 2024020256
15	3 Corporate Plaza Dr., Suite 140 Newport Beach, CA 92660	STIPULATED SETTLEMENT AND
16	Physician's and Surgeon's Certificate No. A 47774	DISCIPLINARY ORDER
17	Respondent.	
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19	, '	
20	•	EED by and between the parties to the above-
21	entitled proceedings that the following matters are true:	
22	PARTIES	
23	1. Reji Varghese (Complainant) is the Executive Director of the Medical Board of	
24	California (Board). He brought this action solely in his official capacity and is represented in this	
25	matter by Rob Bonta, Attorney General of the State of California, by Jason J. Ahn, Deputy	
26	Attorney General.	
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28	///	
		1.
	STIPULATED SETTLEME	NT AND DISCIPLINARY ORDER (800-2021-076672)

- 2. Respondent Sarabjit Singh Sandhu, M.D. (Respondent) is represented in this proceeding by attorney Paul Chan, Esq., whose address is: 1851 Heritage Lane, Suite 128 Sacramento, CA 95815-4996.
- 3. On or about November 27, 1989, the Board issued Physician's and Surgeon's Certificate No. A 47774 to Respondent. The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2021-076672, and will expire on November 30, 2025, unless renewed.

#### **JURISDICTION**

- 4. On January 12, 2024, Accusation No. 800-2021-076672 was filed before the Board, and is currently pending against Respondent. The Accusation and all other statutorily required documents were properly served on Respondent on or about January 12, 2024. Respondent timely filed his Notice of Defense contesting the Accusation.
- 5. A copy of Accusation No. 800-2021-076672 is attached as exhibit A and incorporated herein by reference.

## ADVISEMENT AND WAIVERS

- 6. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in Accusation No. 800-2021-076672. Respondent has also carefully read, fully discussed with his counsel, and fully understands the effects of this Stipulated Settlement and Disciplinary Order.
- 7. Respondent is fully aware of his legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to confront and cross-examine the witnesses against him; the right to present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.
- 8. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

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#### **CULPABILITY**

- 9. Respondent does not contest that, at an administrative hearing, Complainant could establish a *prima facie* case with respect to the charges and allegations contained in Accusation No. 800-2021-076672, a copy of which is attached hereto as Exhibit A, and that he has thereby subjected his Physician's and Surgeon's Certificate No. A 47774 to disciplinary action.
- 10. Respondent agrees that if an accusation is ever filed against him before the Medical Board of California, all of the charges and allegations contained in Accusation No. 800-2021-076672 shall be deemed true, correct, and fully admitted by Respondent for purposes of that proceeding or any other licensing proceeding involving Respondent in the State of California.
- 11. Respondent agrees that his Physician's and Surgeon's Certificate No. A 47774 is subject to discipline and he agrees to be bound by the Board's imposition of discipline as set forth in the Disciplinary Order below.

### **CONTINGENCY**

- 12. This stipulation shall be subject to approval by the Medical Board of California. Respondent understands and agrees that counsel for Complainant and the staff of the Medical Board of California may communicate directly with the Board regarding this stipulation and settlement, without notice to or participation by Respondent or his counsel. By signing the stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.
- 13. Respondent agrees that if he ever petitions for early termination or modification of probation, or if an accusation and/or petition to revoke probation is filed against him before the Board, all of the charges and allegations contained in Accusation No. 800-2021-076672 shall be deemed true, correct and fully admitted by respondent for purposes of any such proceeding or any other licensing proceeding involving Respondent in the State of California.

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## **ADDITIONAL PROVISIONS**

- 14. This Stipulated Settlement and Disciplinary Order is intended by the parties herein to be an integrated writing representing the complete, final, and exclusive embodiment of the agreements of the parties in the above-entitled matter.
- 15. The parties agree that copies of this Stipulated Settlement and Disciplinary Order, including copies of the signatures of the parties, may be used in lieu of original documents and signatures and, further, that such copies shall have the same force and effect as originals.
- 16. In consideration of the foregoing admissions and stipulations, the parties agree that the Board may, without further notice or opportunity to be heard by the Respondent, issue and enter the following Disciplinary Order:

## **DISCIPLINARY ORDER**

IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A 47774 issued to Respondent Sarabjit Singh Sandhu, M.D. is revoked. However, the revocation is stayed and Respondent is placed on probation for four (4) years on the following terms and conditions:

1. <u>EDUCATION COURSE</u>. Within 60 calendar days of the effective date of this Decision, and on an annual basis thereafter, Respondent shall submit to the Board or its designee for its prior approval educational program(s) or course(s) which shall not be less than 40 hours per year, for each year of probation. The educational program(s) or course(s) shall be aimed at correcting any areas of deficient practice or knowledge and shall be Category I certified. The educational program(s) or course(s) shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure. Following the completion of each course, the Board or its designee may administer an examination to test Respondent's knowledge of the course. Respondent shall provide proof of attendance for 65 hours of CME of which 40 hours were in satisfaction of this condition.

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2. PRESCRIBING PRACTICES COURSE. Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a course in prescribing practices approved in advance by the Board or its designee. Respondent shall provide the approved course provider with any information and documents that the approved course provider may deem pertinent. Respondent shall participate in and successfully complete the classroom component of the course not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully complete any other component of the course within one (1) year of enrollment. The prescribing practices course shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A prescribing practices course taken after the acts that gave rise to the charges in the Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the course would have been approved by the Board or its designee had the course been taken after the effective date of this Decision.

Respondent shall submit a certification of successful completion to the Board or its designee not later than 15 calendar days after successfully completing the course, or not later than 15 calendar days after the effective date of the Decision, whichever is later.

3. MEDICAL RECORD KEEPING COURSE. Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a course in medical record keeping approved in advance by the Board or its designee. Respondent shall provide the approved course provider with any information and documents that the approved course provider may deem pertinent. Respondent shall participate in and successfully complete the classroom component of the course not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully complete any other component of the course within one (1) year of enrollment. The medical record keeping course shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A medical record keeping course taken after the acts that gave rise to the charges in the Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the course would have been approved by the Board or its designee had the course been taken after the effective date of this Decision.

Respondent shall submit a certification of successful completion to the Board or its designee not later than 15 calendar days after successfully completing the course, or not later than 15 calendar days after the effective date of the Decision, whichever is later.

4. <u>CLINICAL COMPETENCE ASSESSMENT PROGRAM</u>. Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a clinical competence assessment program approved in advance by the Board or its designee. Respondent shall successfully complete the program not later than six (6) months after Respondent's initial enrollment unless the Board or its designee agrees in writing to an extension of that time.

The program shall consist of a comprehensive assessment of Respondent's physical and mental health and the six general domains of clinical competence as defined by the Accreditation Council on Graduate Medical Education and American Board of Medical Specialties pertaining to Respondent's current or intended area of practice. The program shall take into account data obtained from the pre-assessment, self-report forms and interview, and the Decision(s), Accusation(s), and any other information that the Board or its designee deems relevant. The program shall require Respondent's on-site participation as determined by the program for the assessment and clinical education and evaluation. Respondent shall pay all expenses associated with the clinical competence assessment program.

At the end of the evaluation, the program will submit a report to the Board or its designee which unequivocally states whether the Respondent has demonstrated the ability to practice safely and independently. Based on Respondent's performance on the clinical competence assessment, the program will advise the Board or its designee of its recommendation(s) for the scope and length of any additional educational or clinical training, evaluation or treatment for any medical condition or psychological condition, or anything else affecting Respondent's practice of

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medicine. Respondent shall comply with the program's recommendations.

Determination as to whether Respondent successfully completed the clinical competence assessment program is solely within the program's jurisdiction.

If Respondent fails to enroll, participate in, or successfully complete the clinical competence assessment program within the designated time period, Respondent shall receive a notification from the Board or its designee to cease the practice of medicine within three (3) calendar days after being so notified. The Respondent shall not resume the practice of medicine until enrollment or participation in the outstanding portions of the clinical competence assessment program have been completed. If the Respondent did not successfully complete the clinical competence assessment program, the Respondent shall not resume the practice of medicine until a final decision has been rendered on the accusation and/or a petition to revoke probation. The cessation of practice shall not apply to the reduction of the probationary time period.

5. <u>NOTIFICATION</u>. Within seven (7) days of the effective date of this Decision, the Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the Chief Executive Officer at every hospital where privileges or membership are extended to Respondent, at any other facility where Respondent engages in the practice of medicine, including all physician and locum tenens registries or other similar agencies, and to the Chief Executive Officer at every insurance carrier which extends malpractice insurance coverage to Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15 calendar days.

This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

- 6. <u>SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE</u>

  <u>NURSES.</u> During probation, Respondent is prohibited from supervising physician assistants and advanced practice nurses.
- 7. <u>OBEY ALL LAWS</u>. Respondent shall obey all federal, state and local laws, all rules governing the practice of medicine in California and remain in full compliance with any court ordered criminal probation, payments, and other orders.

8. <u>INVESTIGATION/ENFORCEMENT COST RECOVERY</u>. Respondent is hereby ordered to reimburse the Board its costs of investigation and enforcement, including, but not limited to, expert review, legal reviews, and investigation(s), in the amount of \$28,412.75 (Twenty-eight thousand four hundred twelve dollars and seventy-five cents). Costs shall be payable to the Medical Board of California. Failure to pay such costs shall be considered a violation of probation.

Payment must be made in full within 30 calendar days of the effective date of the Order, or by a payment plan approved by the Medical Board of California. Any and all requests for a payment plan shall be submitted in writing by respondent to the Board. Failure to comply with the payment plan shall be considered a violation of probation.

The filing of bankruptcy by respondent shall not relieve respondent of the responsibility to repay investigation and enforcement costs, including expert review costs.

9. <u>QUARTERLY DECLARATIONS</u>. Respondent shall submit quarterly declarations under penalty of perjury on forms provided by the Board, stating whether there has been compliance with all the conditions of probation.

Respondent shall submit quarterly declarations not later than 10 calendar days after the end of the preceding quarter.

## 10. GENERAL PROBATION REQUIREMENTS.

Compliance with Probation Unit

Respondent shall comply with the Board's probation unit.

# Address Changes

Respondent shall, at all times, keep the Board informed of Respondent's business and residence addresses, email address (if available), and telephone number. Changes of such addresses shall be immediately communicated in writing to the Board or its designee. Under no circumstances shall a post office box serve as an address of record, except as allowed by Business and Professions Code section 2021, subdivision (b).

#### Place of Practice

Respondent shall not engage in the practice of medicine in Respondent's or patient's place of residence, unless the patient resides in a skilled nursing facility or other similar licensed facility.

#### License Renewal

Respondent shall maintain a current and renewed California physician's and surgeon's license.

#### Travel or Residence Outside California

Respondent shall immediately inform the Board or its designee, in writing, of travel to any areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty (30) calendar days.

In the event Respondent should leave the State of California to reside or to practice Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of departure and return.

- 11. <u>INTERVIEW WITH THE BOARD OR ITS DESIGNEE</u>. Respondent shall be available in person upon request for interviews either at Respondent's place of business or at the probation unit office, with or without prior notice throughout the term of probation.
- its designee in writing within 15 calendar days of any periods of non-practice lasting more than 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is defined as any period of time Respondent is not practicing medicine as defined in Business and Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct patient care, clinical activity or teaching, or other activity as approved by the Board. If Respondent resides in California and is considered to be in non-practice, Respondent shall comply with all terms and conditions of probation. All time spent in an intensive training program which has been approved by the Board or its designee shall not be considered non-practice and does not relieve Respondent from complying with all the terms and conditions of probation. Practicing medicine in another state of the United States or Federal jurisdiction while

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on probation with the medical licensing authority of that state or jurisdiction shall not be considered non-practice. A Board-ordered suspension of practice shall not be considered as a period of non-practice.

In the event Respondent's period of non-practice while on probation exceeds 18 calendar months, Respondent shall successfully complete the Federation of State Medical Boards' Special Purpose Examination, or, at the Board's discretion, a clinical competence assessment program that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.

Respondent's period of non-practice while on probation shall not exceed two (2) years. Periods of non-practice will not apply to the reduction of the probationary term.

Periods of non-practice for a Respondent residing outside of California will relieve Respondent of the responsibility to comply with the probationary terms and conditions with the exception of this condition and the following terms and conditions of probation: Obey All Laws; General Probation Requirements; Quarterly Declarations.

- 13. <u>COMPLETION OF PROBATION</u>. Respondent shall comply with all financial obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the completion of probation. This term does not include cost recovery, which is due within 30 calendar days of the effective date of the Order, or by a payment plan approved by the Medical Board and timely satisfied. Upon successful completion of probation, Respondent's certificate shall be fully restored.
- 14. <u>VIOLATION OF PROBATION</u>. Failure to fully comply with any term or condition of probation is a violation of probation. If Respondent violates probation in any respect, the Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke Probation, or an Interim Suspension Order is filed against Respondent during probation, the Board shall have continuing jurisdiction until the matter is final, and the period of probation shall be extended until the matter is final.

- LICENSE SURRENDER. Following the effective date of this Decision, if 15. Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy the terms and conditions of probation, Respondent may request to surrender his or her license. The Board reserves the right to evaluate Respondent's request and to exercise its discretion in determining whether or not to grant the request, or to take any other action deemed appropriate and reasonable under the circumstances. Upon formal acceptance of the surrender, Respondent shall within 15 calendar days deliver Respondent's wallet and wall certificate to the Board or its designee and Respondent shall no longer practice medicine. Respondent will no longer be subject to the terms and conditions of probation. If Respondent re-applies for a medical license, the application shall be treated as a petition for reinstatement of a revoked certificate.
- PROBATION MONITORING COSTS. Respondent shall pay the costs associated 16. with probation monitoring each and every year of probation, as designated by the Board, which may be adjusted on an annual basis. Such costs shall be payable to the Medical Board of California and delivered to the Board or its designee no later than January 31 of each calendar year.
- FUTURE ADMISSIONS CLAUSE. If Respondent should ever apply or reapply for 17. a new license or certification, or petition for reinstatement of a license, by any other health care licensing action agency in the State of California, all of the charges and allegations contained in Accusation No. 800-2021-076672 shall be deemed to be true, correct, and admitted by Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or restrict license.

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# **ACCEPTANCE**

I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully discussed it with my attorney, Paul Chan, Esq. I fully understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and fully agree to be bound by the Decision and Order of the Medical Board of California.

DATED:	7/25/2024	Standle my	
		SARABJIT SINGH SANDHU, M.D. Respondent	

I have read and fully discussed with Respondent Sarabjit Singh Sandhu, M.D. the terms and conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order.

I approve its form and content.

DATED: 7.25.24 PAUL CHAN

Attorney for Respondent

# **ENDORSEMENT** The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California. DATED: July 25, 2024 Respectfully submitted, ROB BONTA Attorney General of California MATTHEW M. DAVIS Supervising Deputy Attorney General JASON J. AHN Deputy Attorney General Attorneys for Complainant SD2023803706 84619416.docx

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1	ROB BONTA			
2	Attorney General of California MATTHEW M. DAVIS			
3	Supervising Deputy Attorney General JASON J. AHN			
4	Deputy Attorney General State Bar No. 253172			
5	600 West Broadway, Suite 1800 San Diego, CA 92101			
6	P.O. Box 85266 San Diego, CA 92186-5266			
7	Telephone: (619) 738-9433 Facsimile: (619) 645-2061			
8	Attorneys for Complainant			
9				
10	BEFORE THE			
11	MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS			
12	STATE OF CALIFORNIA			
13	In the Matter of the Accusation Against:	Case No. 800-2021-076672		
14	Sarabjit Singh Sandhu, M.D. 3.CORPORATE PLAZA DR., STE, 140	ACCUSATION		
15	NEWPORT BEACH CA 92660-7980			
16	Physician's and Surgeon's Certificate No. A 47774,			
17	Respondent.			
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19	DAD	n A Devent		
20	PARTIES			
21	1. Reji Varghese (Complainant) brings this Accusation solely in his official capacity as			
22	the Executive Director of the Medical Board of California, Department of Consumer Affairs			
23	(Board).			
24	2. On or about November 27, 1989, the Medical Board issued Physician's and			
25	Surgeon's Certificate No. A 47774 to Sarabjit Singh Sandhu, M.D. (Respondent). The			
26		Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the		
27	charges brought herein and will expire on November 30, 2025, unless renewed.			
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	1	100 100 100 100 100 100 100 100 100 100		
	(SARABJIT SINGH S	ANDHU, M.D.) ACCUSATION NO. 800-2021-076672		

#### JURISDICTION

- 3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.
  - 4. Section 2227 of the Code states:
  - (a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:
    - (1) Have his or her license revoked upon order of the board.
  - (2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.
  - (3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.
  - (4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.
  - (5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.
  - (b) Any matter heard pursuant to subdivision (a), except for warning letters, medical review or advisory conferences, professional competency examinations, continuing education activities, and cost reimbursement associated therewith that are agreed to with the board and successfully completed by the licensee, or other matters made confidential or privileged by existing law, is deemed public, and shall be made available to the public by the board pursuant to Section 803.1.
  - 5. Section 2234 of the Code, states:

The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

- (a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the violation of, or conspiring to violate any provision of this chapter.
  - (b) Gross negligence.
- (c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or omissions. An initial negligent act or omission followed by a separate and distinct departure from the applicable standard of care shall constitute repeated negligent acts.
  - (1) An initial negligent diagnosis followed by an act or omission medically

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	limited to, ch	narges imposed by the Attorney General.	
1	(d) The	e administrative law judge shall make a proposed finding of the amount	
2	pursuant to s	e costs of investigation and prosecution of the case when requested subdivision (a). The finding of the administrative law judge with regard to	
3	costs shall no reduce or eli	of the reviewable by the board to increase the cost award. The board may minate the cost award, or remand to the administrative law judge if the cision fails to make a finding on costs requested pursuant to subdivision	
ļ	(a).	bision rans to make a finding on costs requested parsuant to succession	
5	(e) If a	in order for recovery of costs is made and timely payment is not made as	
7	appropriate of	ne board's decision, the board may enforce the order for repayment in any court. This right of enforcement shall be in addition to any other rights by have as to any licensee to pay costs.	
8	(f) In any action for recovery of costs, proof of the board's decision shall be conclusive proof of the validity of the order of payment and the terms for payment.		
9	(g) (1) Except as provided in paragraph (2), the board shall not renew or		
0	reinstate the under this se	reinstate the license of any licensee who has failed to pay all of the costs ordered under this section.	
1	(2) No	twithstanding paragraph (1), the board may, in its discretion,	
2	conditionally renew or reinstate for a maximum of one year the license of any licensee who demonstrates financial hardship and who enters into a formal agreement with the board to reimburse the board within that one-year period for the unpaid costs.  (h) All costs recovered under this section shall be considered a reimbursement		
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15	for costs incurred and shall be deposited in the fund of the board recovering the costs to be available upon appropriation by the Legislature.		
16 17	(i) Nothing in this section shall preclude a board from including the recovery of the costs of investigation and enforcement of a case in any stipulated settlement.		
18	(j) Thi	is section does not apply to any board if a specific statutory provision in	
19	that board's disciplinary	licensing act provides for recovery of costs in an administrative proceeding.	
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(Repeated Negligent Acts)

9. Respondent has subjected his Physician's and Surgeon's Certificate No. A 47774 to disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (c), of the Code, in that he committed repeated negligent acts in his care and treatment of Patient A, Patient B, Patient C, Patient D, and Patient E, as more particularly alleged herein:

#### Patient A

- 10. In around 2014 or 2015<sup>2</sup>, Respondent began treating Patient A. Patient A then moved out of the area and returned to Respondent in or around 2017.
- 11. On or about August 6, 2019, Patient A was evaluated for the status of psychiatric medication use related to a diagnosis of attention-deficit hyperactivity disorder,<sup>3</sup> and major depressive disorder,<sup>4</sup> recurrent, moderate. Medical records showed "current medications" as Adderall<sup>5</sup> 20 mg, three times per day. The plan was to continue this medication and return to Respondent in one month. Medical records for this visit were deficient in one or more of the following ways, including, but not limited to: a lack of adequate history of Patient A's recent outpatient treatment or status; a lack of reference to clonazepam [Klonopin] or sertraline [Zoloft];

<sup>&</sup>lt;sup>1</sup> References to "Patients A~ E" are used to protect patient privacy.

<sup>&</sup>lt;sup>2</sup> Conduct occurring more than seven (7) years from the filing date of this Accusation is for informational purposes only and is not alleged as a basis for disciplinary action.

<sup>&</sup>lt;sup>3</sup> Attention Deficit /Hyperactivity Disorder (ADHD) is marked by ongoing pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development.

<sup>&</sup>lt;sup>4</sup> Major Depressive Disorder (Clinical Depression) causes a persistently low or depressed mood and a loss of interest in activities a person used to enjoy.

<sup>&</sup>lt;sup>5</sup> Adderall®, a mixture of d-amphetamine and l-amphetamine salts in a ratio of 3:1, is a central nervous system stimulant of the amphetamine class, and is a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated, it is used for attention-deficit hyperactivity disorder and narcolepsy. According to the DEA, amphetamines, such as Adderall®, are considered a drug of abuse. "The effects of amphetamines and methamphetamine are similar to cocaine, but their onset is slower and their duration is longer." (Drugs of Abuse – A DEA Resource Guide (2011), at p. 44.) Adderall and other stimulants are contraindicated for patients with a history of drug abuse.

a lack of history of Patient A's depressive illness or any information about any medications used, such as sertraline [Zoloft], even though Patient A was diagnosed with major depressive disorder; a lack of history regarding Patient A's use of clonazepam [Klonopin], assessment of Patient A's symptoms of anxiety, and/or a discussion of any medical decision-making related to Respondent's prescription of clonazepam [Klonopin].

- 12. On or about August 6, 2019, Respondent prescribed to Patient A, Adderall 20 mg, four (4) times daily, Klonopin<sup>6</sup> 1 mg daily, and Zoloft<sup>7</sup> 200 mg daily. Prior to prescribing these medications to Patient A, Respondent failed to check CURES reports and/or failed to document having checked CURES reports.
- 13. On or about August 9, 2019, Respondent prescribed to Patient A, another prescription of Adderall 20 mg, four tablets daily, quantity of 120. Respondent failed to document this prescription or justification for the prescription in the medical records, and Respondent failed to document a clinical visit for Patient A on this date, if one had occurred.
- 14. On or about August 19, 2019, Patient A was found deceased at his parents' home. Following an examination, the Orange County Coroner determined that the cause of Patient A's death was "Acute polydrug intoxication" due to "combined toxic effects of methamphetamine,

<sup>&</sup>lt;sup>6</sup> Klonopin® (clonazepam), a benzodiazepine, is a centrally acting hypnotic-sedative that is a Schedule IV controlled substance pursuant to Health and Safety Code section 11057, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated, it is used to treat seizure disorders and panic disorders. Concomitant use of Klonopin® with opioids "may result in profound sedation, respiratory depression, coma, and death." The Drug Enforcement Administration (DEA) has identified benzodiazepines, such as Klonopin®, as drugs of abuse. (Drugs of Abuse, DEA Resource Guide (2011 Edition), at p. 53.)

<sup>&</sup>lt;sup>7</sup> Zoloft (Sertraline) is a Selective Serotonin Reuptake Inhibitor (SSRI), which can treat depression, obsessive-compulsive disorder (OCD), posttraumatic stress disorder (PTSD), premenstrual dysphoric disorder (PMDD), social anxiety disorder, and panic disorder.

amphetamine, fentanyl, 8 norfentanyl, 9 4-ANNP, 10 and 7-aminoclonazepam."11

- 15. Respondent committed repeated negligent acts in his care and/or treatment of Patient A, including, but not limited to:
- a. On or about August 6, 2019, Respondent prescribed controlled substances to Patient A, without reviewing CURES database and/or having documented a review of CURES database.
- b. On or about August 6, 2019, Respondent failed to adequately document Patient A's history and/or discussion of medical decision-making process for the treatment provided that day.
- c. On or about August 6, 2019, Respondent prescribed Adderall and Klonopin to Patient A, without an adequate history and/or a review of CURES report(s).
- d. On or about August 9, 2019, Respondent prescribed controlled substances to Patient A, without reviewing CURES database and/or having documented a review of CURES database.
- e. On or about August 9, 2019, Respondent failed to generate a clinical encounter which led to Respondent's prescription of Adderall to Patient A.
- f. On or about August 9, 2019, Respondent prescribed Adderall to Patient A, without a documentation of complete history or sufficient clinical information justifying the need.

#### Patient B

16. Respondent treated Patient B from on or about January 19, 2018 through October 9, 2019 for diagnoses of major depressive disorder, recurrent, and generalized anxiety disorder. Patient B had a history of psychiatric hospitalization. The medication treatment plan initially

<sup>&</sup>lt;sup>8</sup> Fentanyl is a powerful synthetic (lab-made) opioid that is FDA-approved to treat severe pain related to surgery or complex pain conditions.

<sup>&</sup>lt;sup>9</sup> Norfentanyl is a major metabolite of fentanyl.

<sup>&</sup>lt;sup>10</sup> 4-ANPP also known as 4-anilino-N-phenethylpiperidine (4-ANPP), 4-aminophenyl-1-phenthypiperidine, or despropionly fentanyl, is a direct precursor to fentanyl and some fentanyl analgoues such as acetyfentanyl. It is commonly found as a contaminant in samples of drugs containing fentanyl.

<sup>11 7-</sup>Aminoclonazepam is structurally categorized as a benzodiazepine and it is the primary metabolite of clonazepam.

included Trintellix, <sup>12</sup> 20 mg daily, Vraylar <sup>13</sup> 1.5 mg daily, Wellbutrin <sup>14</sup> sustained-release, 100 mg tablet daily, and Klonopin 1 mg daily.

- 17. On or about October 5, 2018, Respondent changed the prescription of Trintellix to Zoloft, due to the cost of Trintellix.
- 18. On or about November 30, 2018, Respondent added a prescription of Trileptal, 15 to address Patient B's complaints of nausea.
- 19. On or about January 7, 2019, Respondent prescribed Klonopin to Patient B, without reviewing the CURES database and/or having documented a review of the CURES database.
- 20. On or about February 8, 2019, Respondent prescribed Pamelor<sup>16</sup> to Patient B, 25 mg for continued nausea, depression, and anxiety.
- 21. On or about February 27, 2019, Patient B returned to Respondent with increased anxiety and feeling in a crisis. Respondent increased prescription for Klonopin from 1 mg daily to twice daily, though the recorded instructions were to take 0.5 mg in the morning, 0.5 mg in the afternoon, and 1 mg at night.
- 22. On or about March 2, 2019, Respondent prescribed Klonopin to Patient B, without reviewing CURES database and/or having documented a review of CURES database.
- 23. On or about March 8, 2019, Respondent lowered his prescription of Klonopin to Patient B, from 1 mg twice daily, to 1 mg daily, because of Patient B's sedation and lack of benefit at the higher dose. Respondent discontinued prescription for Trileptal. Respondent

<sup>&</sup>lt;sup>12</sup> Trintellix (vortioxetine) is a prescription medication used in adults to treat a certain type of depression called Major Dperssive Disorder.

<sup>&</sup>lt;sup>13</sup> Vraylar is a prescription medication used along with antidepressant medicines to treat major depressive disorder for short-term (acute) treatment of manic or mixed episodes that happen with bipolar I disorder.

<sup>&</sup>lt;sup>14</sup> Wellbutrin (Bupropion) is an antidepressant which can be used to treat depression.

<sup>&</sup>lt;sup>15</sup> Trileptal (Oxcarbazepine) is an anticonvulsant, which can be used to treat epileptic seizures.

<sup>&</sup>lt;sup>16</sup> Pamelor (Nortriptyline) is an antidepressant and nerve pain mediation, which can be used to treat depression.

prescribed Zofran<sup>17</sup> for Patient B's continued nausea. Patient B continued to have anxiety and also had gastrointestinal complaints in March 2019.

- On or about April 12, 2019, Respondent prescribed lamotrigine 18 to Patient B, to address Patient B's residual anxiety symptoms. Respondent also prescribed Klonopin to Patient B, without reviewing CURES database and/or having documented a review of CURES database.
  - In or around June 2019, Patient B had improved and had returned to work. 25.
- On or about June 21, 2019, Respondent prescribed, Klonopin to Patient B, without 26. reviewing CURES database and/or having documented a review of CURES database.
- On or about July 25, 2019, Respondent prescribed Klonopin to Patient B, without 27. reviewing CURES database and/or having documented a review of CURES database.
- Respondent committed repeated negligent acts in his care and/or treatment of Patient 28. B, including, but not limited to:
- On or about January 7, 2019, Respondent prescribed Klonopin to Patient B, without a a. review and/or documentation of a review of CURES database.
- On or about March 2, 2019, Respondent prescribed Klonopin to Patient B, without a b. review and/or documentation of a review of CURES database.
- On or about April 12, 2019, Respondent prescribed Klonopin to Patient B, without a review and/or documentation of a review of CURES database.
- On or about June 21, 2019, Respondent prescribed Klonopin to Patient B, without a d. review and/or documentation of a review of CURES database.
- On or about July 25, 2019, Respondent prescribed Klonopin to Patient B, without a review and/or documentation of a review of CURES database.

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18 Lamotrigine (common brands including Lamictal XR, Lamictal ODT) is an anticonvulsant, which can be used to treat seizures and bipolar disorder.

<sup>17</sup> Zofran (Ondansetron) is a medication, which can prevent nausea and vomiting.

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#### Patient C

- 29. Respondent provided care and/or treatment to Patient C from on or about January 22, 2018 through on or about March 13, 2023. Patient C was seen at regular, follow-up intervals during this period. Patient C, a sixty-nine (69) year-old woman was treated by Respondent for diagnoses of major depressive order, generalized anxiety disorder, and panic disorder.
- 30. Respondent's treatment of Patient C oriented around depression, anxiety, and Patient C's response to stress. Respondent treated Patient C with antidepressant medications including bupropion, Cymbalta, <sup>19</sup> trazodone, <sup>20</sup> and Klonopin 0.5 mg, four times a day, and alprazolam 0.25 mg twice a day, as needed, for breakthrough anxiety. According to the medical records, Patient C's anxiety and response to benzodiazepine medication (Klonopin) were a primary focus of the treatment. Patient C had variable levels of anxiety and her symptoms fluctuated over time.
- 31. On or about October 5, 2018, Respondent prescribed Klonopin to Patient C, without reviewing CURES database and/or having documented a review of CURES database.
- 32. On or about October 11, 2018, Respondent prescribed alprazolam to Patient C, without reviewing CURES database and/or having documented a review of CURES database.
- 33. On or about October 17, 2018, Respondent prescribed Ritalin<sup>21</sup> to Patient C, for Patient C's fatigue.
- 34. On or about November 3, 2018, Respondent prescribed Klonopin to Patient C, without reviewing CURES database and/or having documented a review of CURES database.
- 35. On or about November 18, 2018, Respondent prescribed alprazolam to Patient C, without reviewing CURES database and/or having documented a review of CURES database.

<sup>&</sup>lt;sup>19</sup> Cymbalta (Duloxetine) is an antidepressant and nerve pain medication, which can be used to treat depression, anxiety, diabetic peripheral neuropathy, fibromyalgia, and chronic muscle and bone pain.

<sup>&</sup>lt;sup>20</sup> Trazodone is an antidepressant and sedative, which can be used to treat depression.

<sup>&</sup>lt;sup>21</sup> Ritalin (Methylphenidate) is a stimulant, which can be used to treat ADHD and narcolepsy.

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(2011 Edition), at p. 53.)

On or about January 11, 2019, Respondent prescribed alprazolam to Patient C without

- On or about July 30, 2019, Respondent prescribed to Patient C, Klonopin, without reviewing CURES database and/or having documented a review of CURES database.
- On or about September 4, 2019, Respondent prescribed to Patient C, alprazolam, without reviewing CURES database and/or having documented a review of CURES database.
- On or about September 4, 2019, Respondent prescribed to Patient C, Klonopin, without reviewing CURES database and/or having documented a review of CURES database.
- On or about October 30, 2019, Respondent prescribed to Patient C, alprazolam, without reviewing CURES database and/or having documented a review of CURES database.
- On or about November 3, 2019, Respondent prescribed to Patient C, Klonopin, without reviewing CURES database and/or having documented a review of CURES database.
- On or about November 13, 2019, Respondent prescribed to Patient C, Klonopin, without reviewing CURES database and/or having documented a review of CURES database.
- On or about December 1, 2019, Respondent prescribed to Patient C, alprazolam, without reviewing CURES database and/or having documented a review of CURES database.
- On or about January 8, 2020, Respondent prescribed to Patient C, alprazolam, without reviewing CURES database and/or having documented a review of CURES database.
- On or about February 29, 2020, Respondent prescribed to Patient C, alprazolam, without reviewing CURES database and/or having documented a review of CURES database.
- On or about March 27, 2020, Respondent prescribed to Patient C, alprazolam, without reviewing CURES database and/or having documented a review of CURES database.
- On or about April 25, 2020, Respondent prescribed to Patient C, alprazolam, without reviewing CURES database and/or having documented a review of CURES database.
- On or about July 1, 2020, Respondent prescribed to Patient C, alprazolam, without reviewing CURES database and/or having documented a review of CURES database.
- On or about July 31, 2020, Respondent prescribed to Patient C, alprazolam, without reviewing CURES database and/or having documented a review of CURES database.

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- 58. On or about September 8, 2020, Respondent prescribed to Patient C, alprazolam, without reviewing CURES database and/or having documented a review of CURES database.
- 59. On or about October 6, 2020, Respondent prescribed to Patient C, alprazolam, without reviewing CURES database and/or having documented a review of CURES database.
- 60. On or about January 15, 2021, Respondent prescribed to Patient C, alprazolam, without having checked CURES database and/or without having documented that Respondent checked CURES database, before doing so.
- 61. Respondent committed repeated negligent acts in his care and treatment of Patient C, including, but not limited to:
- a. On or about October 5, 2018, Respondent prescribed to Patient C, Klonopin, without a review and/or documentation of a review of CURES database.
- b. On or about October 11, 2018, Respondent prescribed to Patient C, alprazolam, without a review and/or documentation of a review of CURES database.
- c. On or about November 3, 2018, Respondent prescribed to Patient C, Klonopin, without a review and/or documentation of a review of CURES database.
- d. On or about November 18, 2018, Respondent prescribed to Patient C, alprazolam, without a review and/or documentation of a review of CURES database.
- e. On or about January 11, 2019, Respondent prescribed to Patient C, alprazolam, without a review and/or documentation of a review of CURES database.
- f. On or about March 30, 2019, Respondent prescribed to Patient C, alprazolam, without a review and/or documentation of a review of CURES database.
- g. On or about April 30, 2019, Respondent prescribed to Patient C, alprazolam, without a review and/or documentation of a review of CURES database.
- h. On or about April 30, 2019, Respondent prescribed to Patient C, Klonopin, without a review and/or documentation of a review of CURES database.
- i. On or about May 6, 2019, Respondent prescribed to Patient C, alprazolam, without a review and/or documentation of a review of CURES database.

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x. On or about April 25, 2020, Respondent prescribed to Patient C, alprazolam, without a review and/or documentation of a review of CURES database.

- y. On or about July 1, 2020, Respondent prescribed to Patient C, alprazolam, without a review and/or documentation of a review of CURES database.
- z. On or about July 31, 2020, Respondent prescribed to Patient C, alprazolam, without a review and/or documentation of a review of CURES database.
- aa. On or about September 8, 2020, Respondent prescribed to Patient C, alprazolam, without a review and/or documentation of a review of CURES database.
- bb. On or about October 6, 2020, Respondent prescribed to Patient C, alprazolam, without a review and/or documentation of a review of CURES database.
- cc. On or about January 15, 2021, Respondent prescribed to Patient C, alprazolam, without a review and/or documentation of a review of CURES database.

#### Patient D

- 62. Respondent treated Patient D from on or about March 2, 2018 through on or about June 5, 2018. Patient D was maintained on Latuda<sup>23</sup> 80 mg daily, Lithium carbonate<sup>24</sup> 600 mg twice a day, Viibryd<sup>25</sup> 40 mg, and Klonopin 0.5 mg twice daily. Patient D is a thirty-nine (39) year-old male with a diagnosis of bipolar I disorder at the time of Respondent's treatment.
- 63. On or about March 2, 2018, Patient D presented to Respondent. Respondent prescribed Lithium Carbonate ER 300 mg to Patient D, oral tablet extended release, two (2) tablets orally, two (2) times a day. Respondent failed to order and/or failed to document having ordered laboratory testing of lithium level, kidney functioning, or thyroid functioning. Respondent failed to review and/or failed to document having reviewed recent laboratory testing results, or failed to consider and/or failed to document having considered the necessity of laboratory testing.

<sup>&</sup>lt;sup>23</sup> Latuda (Lurasidone) is an antipsychotic, which can be used to treat schizophrenia.

<sup>&</sup>lt;sup>24</sup> Lithium carbonate is a medication used to treat manic-depressive (bipolar disorder).

<sup>&</sup>lt;sup>25</sup> Viibryd (Vilazodone) is an antidepressant, which can be used to treat depression.

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On or about June 5, 2018, Patient D returned to Respondent. Respondent prescribed Lithium Carbonate ER 300 mg, two (2) tablets orally, twice daily. Respondent failed to order and/or failed to document having ordered laboratory testing of lithium level, kidney functioning, or thyroid functioning. Respondent failed to review and/or failed to document having reviewed recent laboratory testing results, or failed to consider and/or failed to document having considered the necessity of laboratory testing.

- 65. Respondent committed repeated negligent acts in his care and/or treatment of Patient D, including, but not limited to:
- On or about March 2, 2018, Respondent failed to order and/or failed to document having ordered laboratory testing, and/or failed to review and/or failed to document having reviewed recent laboratory results, and/or failed to consider and/or failed to document having considered the necessity of laboratory testing, even though Respondent prescribed Lithium Carbonate to Patient D.
- On or about June 5, 2018, Respondent failed to order and/or failed to document having ordered laboratory testing, and/or failed to review and/or failed to document having reviewed recent laboratory results, and/or failed to consider and/or failed to document having considered the necessity of laboratory testing, even though Respondent prescribed Lithium Carbonate to Patient D.

#### Patient E

- From on or about January 10, 2018 through December 18, 2018, Respondent provided care and treatment to Patient E, a fifty-eight (58) year-old woman, who had a diagnosis of major depressive disorder, recurrent, moderate, and generalized anxiety disorder, during the treatment period.
- 67. Initially, Respondent treated Patient E with bupropion XL 300 mg daily, venlafaxine<sup>26</sup> ER 150 mg daily, Abilify<sup>27</sup> 5 mg daily, and Klonopin 1 mg, three times daily.

<sup>&</sup>lt;sup>26</sup> Venlafaxine (common brand Effexor XR) is an antidepressant and nerve pain medication, which can be used to treat depression, generalized anxiety disorder, panic disorder, and social anxiety disorder.

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WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

- 1. Revoking or suspending Physician's and Surgeon's Certificate No. A 47774, issued to Respondent Sarabjit Singh Sandhu, M.D.;
- 2. Revoking, suspending or denying approval of Respondent Sarabjit Singh Sandhu, M.D.'s authority to supervise physician assistants and advanced practice nurses;
- 3. Ordering Respondent Sarabjit Singh Sandhu, M.D., to pay the Board the costs of the investigation and enforcement of this case, and if placed on probation, the costs of probation monitoring; and
  - 4. Taking such other and further action as deemed necessary and proper.

DATED: JAN 1-1 2024

JENIO JONES FOR REJI VARGHESE

Executive Director
Medical Board of California
Department of Consumer Affairs
State of California
Complainant