

**BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA**

**In the Matter of the Accusation Against:**

**Stephen Fredrick Knox, M.D.**

**Physician's and Surgeon's  
Certificate No. A 50875**

**Case No. 800-2021-082605**

**Respondent.**

**DECISION**

**The attached Stipulated Surrender of License and Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.**

**This Decision shall become effective at 5:00 p.m. on JUN 27 2024.**

**IT IS SO ORDERED JUN 20 2024.**

**MEDICAL BOARD OF CALIFORNIA**



**Reji Varghese, Executive Director**

1 ROB BONTA  
Attorney General of California  
2 MICHAEL C. BRUMMEL  
Supervising Deputy Attorney General  
3 JANNSEN TAN  
Deputy Attorney General  
4 State Bar No. 237826  
1300 I Street, Suite 125  
5 P.O. Box 944255  
Sacramento, CA 94244-2550  
6 Telephone: (916) 210-7549  
Facsimile: (916) 327-2247  
7 *Attorneys for Complainant*

8  
9 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
10 **DEPARTMENT OF CONSUMER AFFAIRS**  
11 **STATE OF CALIFORNIA**

12 In the Matter of the Accusation Against:

13 **STEPHEN FREDRICK KNOX, M.D.**  
14 **11908 S Carson Way,**  
**Gold River CA 95670-4484**

15 **Physician's and Surgeon's Certificate**  
16 **No. A 50875**

17 **Respondent.**

Case No. 800-2021-082605

OAH No. 2023120584

**STIPULATED SURRENDER OF  
LICENSE AND ORDER**

18 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-  
19 entitled proceedings that the following matters are true:

20 **PARTIES**

21 1. Reji Varghese (Complainant) is the Executive Director of the Medical Board of  
22 California (Board). He brought this action solely in his official capacity and is represented in this  
23 matter by Rob Bonta, Attorney General of the State of California, by Jannsen Tan, Deputy  
24 Attorney General.

25 2. Stephen Fredrick Knox, M.D. (Respondent) is represented in this proceeding by  
26 attorney Shannon V. Baker, Esq., whose address is: 765 University Avenue, Sacramento, CA  
27 95825.  
28

3. On or about June 16, 1992, the Board issued Physician's and Surgeon's Certificate No. A 50875 to Respondent. That license was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2021-082605 and will expire on May 31, 2024, unless renewed.

## JURISDICTION

4. Accusation No. 800-2021-082605 was filed before the Board, and is currently pending against Respondent. The Accusation and all other statutorily required documents were properly served on Respondent on August 22, 2023. Respondent timely filed his Notice of Defense contesting the Accusation. A copy of Accusation No. 800-2021-082605 is attached as Exhibit A and incorporated by reference.

## ADVISEMENT AND WAIVERS

5. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in Accusation No. 800-2021-082605. Respondent also has carefully read, fully discussed with counsel, and understands the effects of this Stipulated Surrender of License and Order.

6. Respondent is fully aware of his legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to confront and cross-examine the witnesses against him; the right to present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.

7. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

## CULPABILITY

8. Respondent understands that the charges and allegations in Accusation No. 800-2021-082605, if proven at a hearing, constitute cause for imposing discipline upon his Physician's and Surgeon's Certificate.



1 and agrees that he may not withdraw his agreement or seek to rescind this stipulation prior to the  
2 time the Executive Director, on behalf of the Medical Board, considers and acts upon it.

3 15. The parties agree that this Stipulated Surrender of License and Disciplinary Order  
4 shall be null and void and not binding upon the parties unless approved and adopted by the  
5 Executive Director on behalf of the Board, except for this paragraph, which shall remain in full  
6 force and effect. Respondent fully understands and agrees that in deciding whether or not to  
7 approve and adopt this Stipulated Surrender of License and Disciplinary Order, the Executive  
8 Director and/or the Board may receive oral and written communications from its staff and/or the  
9 Attorney General's Office. Communications pursuant to this paragraph shall not disqualify the  
10 Executive Director, the Board, any member thereof, and/or any other person from future  
11 participation in this or any other matter affecting or involving respondent. In the event that the  
12 Executive Director on behalf of the Board does not, in his discretion, approve and adopt this  
13 Stipulated Surrender of License and Disciplinary Order, with the exception of this paragraph, it  
14 shall not become effective, shall be of no evidentiary value whatsoever, and shall not be relied  
15 upon or introduced in any disciplinary action by either party hereto. Respondent further agrees  
16 that should this Stipulated Surrender of License and Disciplinary Order be rejected for any reason  
17 by the Executive Director on behalf of the Board, Respondent will assert no claim that the  
18 Executive Director, the Board, or any member thereof, was prejudiced by its/his/her review,  
19 discussion and/or consideration of this Stipulated Surrender of License and Disciplinary Order or  
20 of any matter or matters related hereto.

#### 21 ADDITIONAL PROVISIONS

22 16. This Stipulated Surrender of License and Disciplinary Order is intended by the parties  
23 herein to be an integrated writing representing the complete, final and exclusive embodiment of  
24 the agreements of the parties in the above-entitled matter.

25 17. The parties agree that copies of this Stipulated Surrender of License and Disciplinary  
26 Order, including copies of the signatures of the parties, may be used in lieu of original documents  
27 and signatures and, further, that such copies shall have the same force and effect as originals.  
28

18. In consideration of the foregoing admissions and stipulations, the parties agree the Executive Director of the Board may, without further notice to or opportunity to be heard by Respondent, issue and enter the following Disciplinary Order on behalf of the Board:

**ORDER**

IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A 50875, issued to Respondent Stephen Fredrick Knox, M.D., is surrendered and accepted by the Board.

1. The surrender of Respondent's Physician's and Surgeon's Certificate and the acceptance of the surrendered license by the Board shall constitute the imposition of discipline against Respondent. This stipulation constitutes a record of the discipline and shall become a part of Respondent's license history with the Board.

2. Respondent shall lose all rights and privileges as a Physician and Surgeon in California as of the effective date of the Board's Decision and Order.

3. Respondent shall cause to be delivered to the Board his pocket license and, if one was issued, his wall certificate on or before the effective date of the Decision and Order.

4. If Respondent ever files an application for licensure or a petition for reinstatement in the State of California, the Board shall treat it as a petition for reinstatement. Respondent must comply with all the laws, regulations and procedures for reinstatement of a revoked or surrendered license in effect at the time the petition is filed, and all of the charges and allegations contained in Accusation No. 800-2021-082605 shall be deemed to be true, correct and admitted by Respondent when the Board determines whether to grant or deny the petition.

5. Respondent shall pay the agency its costs of investigation and enforcement in the amount of \$34,038.75 prior to issuance of a new or reinstated license.

6. If Respondent should ever apply or reapply for a new license or certification, or petition for reinstatement of a license, by any other health care licensing agency in the State of California, all of the charges and allegations contained in Accusation No. 800-2021-082605 shall be deemed to be true, correct, and admitted by Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or restrict licensure.

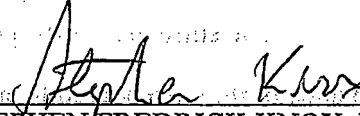
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**ACCEPTANCE**

I have carefully read the above Stipulated Surrender of License and Order and have fully discussed it with my attorney Shannon V. Baker, Esq. I understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Surrender of License and Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order of the Medical Board of California.

DATED:

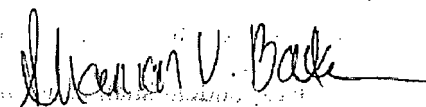
5/10/2024

  
STEPHEN FREDRICK KNOX, M.D.  
Respondent

I have read and fully discussed with Respondent Stephen Fredrick Knox, M.D. the terms and conditions and other matters contained in this Stipulated Surrender of License and Order. I approve its form and content.

DATED:

May 10, 2024

  
SHANNON V. BAKER  
Attorney for Respondent

**ENDORSEMENT**

The foregoing Stipulated Surrender of License and Order is hereby respectfully submitted for consideration by the Medical Board of California of the Department of Consumer Affairs.

DATED: 5/24/2024

Respectfully submitted,

ROB BONTA  
Attorney General of California  
MICHAEL C. BRUMMEL  
Supervising Deputy Attorney General

*Jannsen Tan*  
JANNSEN TAN  
Deputy Attorney General  
*Attorneys for Complainant*

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**Exhibit A**

**Accusation No. 800-2021-082605**

1 ROB BONTA  
Attorney General of California  
2 ALEXANDRA M. ALVAREZ  
Supervising Deputy Attorney General  
3 JANNSEN TAN  
Deputy Attorney General  
4 State Bar No. 237826  
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Facsimile: (916) 327-2247  
7 *Attorneys for Complainant*

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9 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
10 **DEPARTMENT OF CONSUMER AFFAIRS**  
11 **STATE OF CALIFORNIA**

12 In the Matter of the Accusation Against:

Case No. 800-2021-082605

13 **Stephen Fredrick Knox, M.D.**  
14 **PO BOX 118**  
15 **11230 Gold Express Dr. #310**  
**Gold River CA 95670-4484**

**A C C U S A T I O N**

16 **Physician's and Surgeon's Certificate**  
17 **No. A 50875,**

Respondent.

18  
19  
20 **PARTIES**

21 1. Reji Varghese (Complainant) brings this Accusation solely in his official capacity as  
22 the Executive Director of the Medical Board of California, Department of Consumer Affairs  
23 (Board).

24 2. On or about June 16, 1992, the Medical Board issued Physician's and Surgeon's  
25 Certificate No. A 50875 to Stephen Fredrick Knox, M.D. (Respondent). The Physician's and  
26 Surgeon's Certificate was in full force and effect at all times relevant to the charges brought  
27 herein and will expire on May 31, 2024, unless renewed.  
28

## JURISDICTION

3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.

4. Section 2227 of the Code states:

(a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:

(1) Have his or her license revoked upon order of the board.

(2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.

(3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.

(4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.

(5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.

(b) Any matter heard pursuant to subdivision (a), except for warning letters, medical review or advisory conferences, professional competency examinations, continuing education activities, and cost reimbursement associated therewith that are agreed to with the board and successfully completed by the licensee, or other matters made confidential or privileged by existing law, is deemed public, and shall be made available to the public by the board pursuant to Section 803.1.

5. Section 2220 of the Code states:

Except as otherwise provided by law, the board may take action against all persons guilty of violating this chapter. The board shall enforce and administer this article as to physician and surgeon certificate holders, including those who hold certificates that do not permit them to practice medicine, such as, but not limited to, retired, inactive, or disabled status certificate holders, and the board shall have all the powers granted in this chapter for these purposes including, but not limited to:

(a) Investigating complaints from the public, from other licensees, from health care facilities, or from the board that a physician and surgeon may be guilty of unprofessional conduct. The board shall investigate the circumstances underlying a report received pursuant to Section 805 or 805.01 within 30 days to determine if an interim suspension order or temporary restraining order should be issued. The board shall otherwise provide timely disposition of the reports received pursuant to Section 805 and Section 805.01.

1 (b) Investigating the circumstances of practice of any physician and surgeon  
2 where there have been any judgments, settlements, or arbitration awards requiring the  
3 physician and surgeon or his or her professional liability insurer to pay an amount in  
4 damages in excess of a cumulative total of thirty thousand dollars (\$30,000) with  
5 respect to any claim that injury or damage was proximately caused by the physician's  
6 and surgeon's error, negligence, or omission.

7 (c) Investigating the nature and causes of injuries from cases which shall be  
8 reported of a high number of judgments, settlements, or arbitration awards against a  
9 physician and surgeon.

10 6. Section 2228 of the Code states:

11 The authority of the board or the California Board of Podiatric Medicine to  
12 discipline a licensee by placing him or her on probation includes, but is not limited to,  
13 the following:

14 (a) Requiring the licensee to obtain additional professional training and to pass  
15 an examination upon the completion of the training. The examination may be written  
16 or oral, or both, and may be a practical or clinical examination, or both, at the option  
17 of the board or the administrative law judge.

18 (b) Requiring the licensee to submit to a complete diagnostic examination by  
19 one or more physicians and surgeons appointed by the board. If an examination is  
20 ordered, the board shall receive and consider any other report of a complete  
21 diagnostic examination given by one or more physicians and surgeons of the  
22 licensee's choice.

23 (c) Restricting or limiting the extent, scope, or type of practice of the licensee,  
24 including requiring notice to applicable patients that the licensee is unable to perform  
25 the indicated treatment, where appropriate.

26 (d) Providing the option of alternative community service in cases other than  
27 violations relating to quality of care.

## 28 STATUTORY PROVISIONS

7. Section 2234 of the Code, states:

The board shall take action against any licensee who is charged with  
unprofessional conduct. In addition to other provisions of this article, unprofessional  
conduct includes, but is not limited to, the following:

(a) Violating or attempting to violate, directly or indirectly, assisting in or  
abetting the violation of, or conspiring to violate any provision of this chapter.

(b) Gross negligence.

(c) Repeated negligent acts. To be repeated, there must be two or more  
negligent acts or omissions. An initial negligent act or omission followed by a  
separate and distinct departure from the applicable standard of care shall constitute  
repeated negligent acts.

(1) An initial negligent diagnosis followed by an act or omission medically

appropriate for that negligent diagnosis of the patient shall constitute a single negligent act.

(2) When the standard of care requires a change in the diagnosis, act, or omission that constitutes the negligent act described in paragraph (1), including, but not limited to, a reevaluation of the diagnosis or a change in treatment, and the licensee's conduct departs from the applicable standard of care, each departure constitutes a separate and distinct breach of the standard of care.

(d) Incompetence.

(e) The commission of any act involving dishonesty or corruption that is substantially related to the qualifications, functions, or duties of a physician and surgeon.

(f) Any action or conduct that would have warranted the denial of a certificate.

(g) The failure by a certificate holder, in the absence of good cause, to attend and participate in an interview by the board. This subdivision shall only apply to a certificate holder who is the subject of an investigation by the board.

8. Unprofessional conduct under Business and Professions Code section 2234 is conduct which breaches the rules or ethical code of the medical profession, or conduct which is unbecoming a member in good standing of the medical profession, and which demonstrates an unfitness to practice medicine. (*Shea v. Board of Medical Examiners* (1978) 81 Cal.App.3d 564, 575.)

9. Section 2228.1 of the Code states.

(a) On and after July 1, 2019, except as otherwise provided in subdivision (c), the board and the Podiatric Medical Board of California shall require a licensee to provide a separate disclosure that includes the licensee's probation status, the length of the probation, the probation end date, all practice restrictions placed on the licensee by the board, the board's telephone number, and an explanation of how the patient can find further information on the licensee's probation on the licensee's profile page on the board's online license information internet web site, to a patient or the patient's guardian or health care surrogate before the patient's first visit following the probationary order while the licensee is on probation pursuant to a probationary order made on and after July 1, 2019, in any of the following circumstances:

(1) A final adjudication by the board following an administrative hearing or admitted findings or prima facie showing in a stipulated settlement establishing any of the following:

(A) The commission of any act of sexual abuse, misconduct, or relations with a patient or client as defined in Section 726 or 729.

(B) Drug or alcohol abuse directly resulting in harm to patients or the extent that such use impairs the ability of the licensee to practice safely.

(C) Criminal conviction directly involving harm to patient health.

1 (D) Inappropriate prescribing resulting in harm to patients and a probationary  
2 period of five years or more.

3 (2) An accusation or statement of issues alleged that the licensee committed any  
4 of the acts described in subparagraphs (A) to (D), inclusive, of paragraph (1); and a  
5 stipulated settlement based upon a nolo contendere or other similar compromise that  
6 does not include any prima facie showing or admission of guilt or fact but does  
7 include an express acknowledgment that the disclosure requirements of this section  
8 would serve to protect the public interest.

9 (b) A licensee required to provide a disclosure pursuant to subdivision (a) shall  
10 obtain from the patient, or the patient's guardian or health care surrogate, a separate,  
11 signed copy of that disclosure.

12 (c) A licensee shall not be required to provide a disclosure pursuant to  
13 subdivision (a) if any of the following applies:

14 (1) The patient is unconscious or otherwise unable to comprehend the  
15 disclosure and sign the copy of the disclosure pursuant to subdivision (b) and a  
16 guardian or health care surrogate is unavailable to comprehend the disclosure and  
17 sign the copy.

18 (2) The visit occurs in an emergency room or an urgent care facility or the visit  
19 is unscheduled, including consultations in inpatient facilities.

20 (3) The licensee who will be treating the patient during the visit is not known to  
21 the patient until immediately prior to the start of the visit.

22 (4) The licensee does not have a direct treatment relationship with the patient.

23 (d) On and after July 1, 2019, the board shall provide the following  
24 information, with respect to licensees on probation and licensees practicing under  
25 probationary licenses, in plain view on the licensee's profile page on the board's  
26 online license information internet web site.

27 (1) For probation imposed pursuant to a stipulated settlement, the causes  
28 alleged in the operative accusation along with a designation identifying those causes  
by which the licensee has expressly admitted guilt and a statement that acceptance of  
the settlement is not an admission of guilt.

(2) For probation imposed by an adjudicated decision of the board, the causes  
for probation stated in the final probationary order.

(3) For a licensee granted a probationary license, the causes by which the  
probationary license was imposed.

(4) The length of the probation and end date.

(5) All practice restrictions placed on the license by the board.

(e) Section 2314 shall not apply to this section.

10. Section 726 of the Code states:

(a) The commission of any act of sexual abuse, misconduct, or relations with a

1 patient, client, or customer constitutes unprofessional conduct and grounds for  
disciplinary action for any person licensed under this or under any initiative act  
2 referred to in this division.

3 (b) This section shall not apply to consensual sexual contact between a licensee  
and his or her spouse or person in an equivalent domestic relationship when that  
4 licensee provides medical treatment, to his or her spouse or person in an equivalent  
domestic relationship.

5 11. Section 729 of the Code states:

6 (a) Any physician and surgeon, psychotherapist, alcohol and drug abuse  
counselor or any person holding himself or herself out to be a physician and surgeon,  
7 psychotherapist, or alcohol and drug abuse counselor, who engages in an act of sexual  
intercourse, sodomy, oral copulation, or sexual contact with a patient or client, or  
8 with a former patient or client when the relationship was terminated primarily for the  
purpose of engaging in those acts, unless the physician and surgeon, psychotherapist,  
9 or alcohol and drug abuse counselor has referred the patient or client to an  
independent and objective physician and surgeon, psychotherapist, or alcohol and  
10 drug abuse counselor recommended by a third-party physician and surgeon,  
psychotherapist, or alcohol and drug abuse counselor for treatment, is guilty of sexual  
11 exploitation by a physician and surgeon, psychotherapist, or alcohol and drug abuse  
counselor.

12 (b) Sexual exploitation by a physician and surgeon, psychotherapist, or alcohol  
13 and drug abuse counselor is a public offense:

14 (1) An act in violation of subdivision (a) shall be punishable by imprisonment  
in a county jail for a period of not more than six months, or a fine not exceeding one  
15 thousand dollars (\$1,000), or by both that imprisonment and fine.

16 (2) Multiple acts in violation of subdivision (a) with a single victim, when the  
offender has no prior conviction for sexual exploitation, shall be punishable by  
17 imprisonment in a county jail for a period of not more than six months, or a fine not  
exceeding one thousand dollars (\$1,000), or by both that imprisonment and fine.

18 (3) An act or acts in violation of subdivision (a) with two or more victims shall  
be punishable by imprisonment pursuant to subdivision (h) of Section 1170 of the  
19 Penal Code for a period of 16 months, two years, or three years, and a fine not  
exceeding ten thousand dollars (\$10,000); or the act or acts shall be punishable by  
20 imprisonment in a county jail for a period of not more than one year, or a fine not  
exceeding one thousand dollars (\$1,000), or by both that imprisonment and fine.

21 (4) Two or more acts in violation of subdivision (a) with a single victim, when  
the offender has at least one prior conviction for sexual exploitation, shall be  
22 punishable by imprisonment pursuant to subdivision (h) of Section 1170 of the Penal  
Code for a period of 16 months, two years, or three years, and a fine not exceeding  
23 ten thousand dollars (\$10,000); or the act or acts shall be punishable by imprisonment  
in a county jail for a period of not more than one year, or a fine not exceeding one  
24 thousand dollars (\$1,000), or by both that imprisonment and fine.

25 (5) An act or acts in violation of subdivision (a) with two or more victims, and  
the offender has at least one prior conviction for sexual exploitation, shall be  
26 punishable by imprisonment pursuant to subdivision (h) of Section 1170 of the Penal  
Code for a period of 16 months, two years, or three years, and a fine not exceeding  
27 ten thousand dollars (\$10,000).

1 For purposes of subdivision (a), in no instance shall consent of the patient or  
2 client be a defense. However, physicians and surgeons shall not be guilty of sexual  
3 exploitation for touching any intimate part of a patient or client unless the touching is  
4 outside the scope of medical examination and treatment, or the touching is done for  
5 sexual gratification.

6 (c) For purposes of this section:

7 (1) "Psychotherapist" has the same meaning as defined in Section 728.

8 (2) "Alcohol and drug abuse counselor" means an individual who holds himself  
9 or herself out to be an alcohol or drug abuse professional or paraprofessional.

10 (3) "Sexual contact" means sexual intercourse or the touching of an intimate  
11 part of a patient for the purpose of sexual arousal, gratification, or abuse.

12 (4) "Intimate part" and "touching" have the same meanings as defined in  
13 Section 243.4 of the Penal Code.

14 (d) In the investigation and prosecution of a violation of this section, no person  
15 shall seek to obtain disclosure of any confidential files of other patients, clients, or  
16 former patients or clients of the physician and surgeon, psychotherapist, or alcohol  
17 and drug abuse counselor.

18 (e) This section does not apply to sexual contact between a physician and  
19 surgeon and his or her spouse or person in an equivalent domestic relationship when  
20 that physician and surgeon provides medical treatment, other than psychotherapeutic  
21 treatment, to his or her spouse or person in an equivalent domestic relationship.

22 (f) If a physician and surgeon, psychotherapist, or alcohol and drug abuse  
23 counselor in a professional partnership or similar group has sexual contact with a  
24 patient in violation of this section, another physician and surgeon, psychotherapist, or  
25 alcohol and drug abuse counselor in the partnership or group shall not be subject to  
26 action under this section solely because of the occurrence of that sexual contact.

## 27 COST RECOVERY

28 12. Section 125.3 of the Code provides, in pertinent part, that the Board may request the  
administrative law judge to direct a licensee found to have committed a violation or violations of  
the licensing act to pay a sum not to exceed the reasonable costs of the investigation and  
enforcement of the case, with failure of the licensee to comply subjecting the license to not being  
renewed or reinstated. If a case settles, recovery of investigation and enforcement costs may be  
included in a stipulated settlement.

## 29 FACTUAL ALLEGATIONS

30 13. Respondent is a physician and surgeon, board certified in neurology and internal  
31 medicine, who practices at the Sutter Medical Group in Sacramento, CA.



1 **Patient A<sup>1</sup>**

2 14. Patient A was then a 36-year-old-female with multiple complaints, including seizures  
3 with loss of consciousness, myasthenia gravis S/P thymectomy, chronic migraine, cognitive  
4 disturbances, and chronic pain. Patient A had been a long time patient with Sutter neurology,  
5 since June 2007. She was diagnosed with myasthenia gravis in 2016, in addition to her already  
6 established diagnosis of seizure and migraine. She first saw Respondent as a patient on or about  
7 March 2, 2017, after Respondent took over her care from another Sutter provider. Respondent  
8 saw Patient A multiple times between 2017 and November 2019 for various medical issues.

9 15. On or about November 5, 2019, Respondent saw Patient A for a clinic visit.  
10 Neurological examination revealed among other things, "No weakenss [sic] either arm incl is no  
11 winging."

12 16. On or about August 23, 2021, Patient A filed a complaint stating that Respondent had  
13 her in an uncomfortable position when Respondent asked her to remove her shirt and was leaning  
14 on her legs. Respondent pushed his legs against Patient A's knees—, leaned forward and made  
15 contact with her legs.

16 **Patient B**

17 17. Patient B was then a 65-year-old woman who saw Respondent for an office visit on or  
18 about May 28, 2021. She had a six-month history of numbness of the arms. She had bilateral  
19 carpal tunnel surgery. Her neurological exam was normal. Respondent recommended follow up  
20 after nerve conduction studies, and electromyography.

21 18. Patient B saw Respondent regarding ongoing shoulder and arm pain. Patient B  
22 subsequently filed a complaint against Respondent.

23 19. Patient B complained that during the May 28, 2021 clinic visit, the medical assistant  
24 took Patient B's vitals, and when the medical assistant was leaving the room, Respondent was  
25 leaning against the door outside of the room and waived to Patient B, which she thought was nice  
26 of him. After waiting a few minutes, Respondent entered her room, and sat down on a little chair

27 \_\_\_\_\_  
28 <sup>1</sup> References to "Patients" are used to protect patient privacy.

1 next to the exam table and started asking questions about her arms, shoulders, pain levels, and  
2 length of time she's been experiencing pain. Respondent began talking about his daughter and  
3 how she had just graduated medical school. Respondent then asked Patient B to come and look at  
4 some photos he had hanging on the wall that depicted his buddies and himself. He then asked  
5 Patient B, "do you see something unusual about this photo?" He then said that there's an empty  
6 bottle of scotch that he and his buddies finished before taking this hike.

7 20. Patient B observed that Respondent's behavior was so jovial and asked if  
8 Respondent's wife knew how much fun he has at work, and Respondent replied that she did not,  
9 and that is why he is never retiring.

10 21. Respondent started the examination, and began to twist Patient B's arms in an  
11 aggressive manner causing her much discomfort. When Patient B said "ouch, you're hurting  
12 me", Respondent stood off to the side a little and rubbed his penis against her leg. She thought  
13 maybe it was just accidental, due to the position she was in, and partly because of where he was  
14 standing performing her arm extensions and rotations, so she repositioned herself, and again,  
15 Respondent moved with her, and again she could feel his penis rubbing against her leg. Patient B  
16 was able to see a partial erection through his pants. He then finished the examination and walked  
17 to the door and told Patient B to make a follow up appointment because she will need further  
18 testing.

19 Patient C

20 22. Patient C was then a 55-year-old female who was a patient of Respondent since  
21 September 10, 2014. She complained of burning, aching and sensitive feet and numbness of the  
22 fingertips, especially the left 5th digit. He treated her symptomatically for presumed diabetic  
23 neuropathy and planned nerve conduction studies.

24 23. On or about March 2, 2020, Respondent noted that Patient C had been diagnosed with  
25 ocular myasthenia gravis and had received both Mestinon<sup>2</sup> and IVIG<sup>3</sup> with benefit; she also had  
26

27 <sup>2</sup> Mestinon- generic name pyridostigmine, a medication used to improve muscle strength  
28 in patients with certain muscle diseases.

<sup>3</sup> Intravenous immunoglobulin (IVIG) - a treatment for myasthenia gravis.

1 an autoimmune liver disease. She was found to have a thymoma and underwent thymectomy and  
2 radiation therapy.

3 24. Respondent saw Patient C on March 13, April 2, May 12, May 29, June 12, July 1,  
4 December 29, 2020; and March 29, May 25, and June 17, 2021. Respondent's notes reveal  
5 several neurological examinations.

6 25. Patient C filed a complaint with Sutter Medical Group that on her May 25, 2021  
7 appointment, Respondent was very close to her and put her legs in between his so that her knees  
8 were touching his crotch. She was not able to move her legs and she felt very uncomfortable and  
9 violated. During her last appointment on or about June 17, 2021, she complained that  
10 Respondent rubbed her upper thigh twice and told her something like, "We'll get through this."

#### 11 **FIRST CAUSE FOR DISCIPLINE**

##### 12 **(Gross Negligence)**

13 26. Respondent has subjected his Physician's and Surgeon's Certificate No. A 50875 to  
14 disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (b), of  
15 the Code, in that he committed gross negligence in his care and treatment of Patient B and Patient  
16 C, as more particularly alleged hereinafter:

17 (a) Paragraphs 17 through 25, above, are hereby incorporated by reference  
18 and realleged as if fully set forth herein;

19 (b) Respondent rubbed his penis against Patient B during a neurological examination.

20 (c) Respondent pinned Patient C's legs and pressed her knees against his crotch.

#### 21 **SECOND CAUSE FOR DISCIPLINE**

##### 22 **(Repeated Negligent Acts)**

23 27. Respondent has further subjected his Physician's and Surgeon's Certificate No.  
24 A 50875 to disciplinary action under sections 2227 and 2234, as defined by section 2234,  
25 subdivision (c), of the Code, in that he committed repeated negligent acts in his care and  
26 treatment of Patient A and Patient B, as more particularly alleged herein:

27 (a) Paragraphs 14 through 21, above, are hereby incorporated by reference  
28 and realleged as if fully set forth herein;

1 (b) Respondent pressed his groin against Patient A during a neurological examination.

2 **THIRD CAUSE FOR DISCIPLINE**

3 **(Sexual Misconduct)**

4 28.. Respondent has subjected his Physician's and Surgeon's Certificate No. A 50875  
5 to disciplinary action under section 726 of the Code, in that he engaged in sexual misconduct with  
6 Patients A, B, and C, as more particularly alleged hereinafter:

7 29. Paragraphs 14 through 26, above, are hereby incorporated by reference and  
8 realleged as if fully set forth herein.

9 **FOURTH CAUSE FOR DISCIPLINE**

10 **(Sexual Exploitation of Patients)**

11 30. Respondent has subjected his Physician's and Surgeon's Certificate No. A 50875  
12 to disciplinary action under section 729, of the Code, in that he sexually exploited Patients A, B,  
13 and C, as more particularly alleged hereinafter:

14 31. Paragraphs 12 through 26, above, is hereby incorporated by reference and realleged  
15 as if fully set forth herein.

16 **FIFTH CAUSE FOR DISCIPLINE**

17 **(General Unprofessional Conduct)**

18 32. Respondent has further subjected his Physician's and Surgeon's Certificate No. A  
19 50875 to disciplinary action under sections 2227 and 2234 of the Code, in that he has engaged in  
20 conduct which breaches the rules or ethical code of the medical profession, or conduct which is  
21 unbecoming to a member in good standing of the medical profession, and which demonstrates an  
22 unfitness to practice medicine, as more particularly alleged in paragraphs 14 through 25, above,  
23 which are hereby incorporated by reference as if fully set forth herein.

24 **PRAYER**

25 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,  
26 and that following the hearing, the Medical Board of California issue a decision:

27 1. Revoking or suspending Physician's and Surgeon's Certificate No. A 50875, issued  
28 to Stephen Fredrick Knox, M.D.;

1           2.    Revoking, suspending or denying approval of Stephen Fredrick Knox, M.D.'s  
2 authority to supervise physician assistants and advanced practice nurses;

3           3.    Ordering Stephen Fredrick Knox, M.D., to pay the Board the costs of the  
4 investigation and enforcement of this case, and if placed on probation, the costs of probation  
5 monitoring;

6           4.    Ordering Respondent Stephen Fredrick Knox, M.D., if placed on probation, to  
7 provide patient notification in accordance with Business and Professions Code section 2228.1;  
8 and

9           5.    Taking such other and further action as deemed necessary and proper.

10                   AUG 22 2023

11       DATED: \_\_\_\_\_



REJI VARGHESE  
Executive Director Medical  
Board of California  
Department of Consumer  
Affairs State of California

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