# BEFORE THE MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA

In the Matter of the Accusation Against:

Genara Turallo Dela Roca, M.D.

Physician's and Surgeon's Certificate No. A 74083 Case No. 800-2020-070176

Respondent.

#### DECISION

The attached Stipulated Surrender of License and Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on December 31, 2024.

IT IS SO ORDERED JUN 1 1 2024

## **MEDICAL BOARD OF CALIFORNIA**

(

**Reji Varghese, Executive Director** 

1	*	1
1	ROB BONTA	
2	Attorney General of California STEVE DIEHL	
3	Supervising Deputy Attorney General LYNETTE D. HECKER	
4	Deputy Attorney General State Bar No. 182198	
5	California Department of Justice 2550 Mariposa Mall, Room 5090	
6	Fresno, CA 93721 Telephone: (559) 705-2320	
7	Facsimile: (559) 445-5106 Attorneys for Complainant	
8		
. 9	BEFOR MEDICAL BOARD	
10	DEPARTMENT OF C	ONSUMER AFFAIRS
11	STATE OF C	ALIFORNIA
12	In the Matter of the Accusation Against:	Case No. 800-2020-070176
13	GENARA TURALLO DELA ROCA, M.D.	OAH No. 2023120663
14	11509 Haydock Ct. Bakersfield, CA 93311-9284	STIPULATED SURRENDER OF LICENSE AND ORDER
15	Physician's and Surgeon's Certificate No. A 74083	
16	Respondent.	
17		
18		
19	IT IS HEREBY STIPULATED AND AG	REED by and between the parties to the
20	above-entitled proceedings that the following r	natters are true:
21	PAR	<u>ries</u>
22	1. Reji Varghese (Complainant) is the E	xecutive Director of the Medical Board of
23	California (Board). He brought this action solely	in his official capacity and is represented in this
24	matter by Rob Bonta, Attorney General of the Sta	te of California, by Lynette D. Hecker, Deputy
25	Attorney General.	
26	2. GENARA TURALLO DELA ROCA	, M.D. (Respondent) is represented in this
27	proceeding by attorney Raymond J. McMahon, E	sq., whose address is: 5440 Trabuco Road,
28	Irvine, CA 92620.	
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		icense and Order - MBC (Case No. 800-2020-070176)

On or about March 15, 2001, the Board issued Physician's and Surgeon's Certificate 3. 1 2 No. A 74083 to Respondent. That license was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2020-070176 and will expire on September 30, 2024, 3 unless renewed. 4 JURISDICTION 5 4. Accusation No. 800-2020-070176 was filed before the Board, and is currently 6 pending against Respondent. The Accusation and all other statutorily required documents were 7 8 properly served on Respondent on August 14, 2023. Respondent timely filed her Notice of Defense contesting the Accusation. A copy of Accusation No. 800-2020-070176 is attached as 9 "Exhibit A" and incorporated by reference. 10 **ADVISEMENT AND WAIVERS** 11 5. Respondent has carefully read, fully discussed with counsel, and understands the 12 charges and allegations in Accusation No. 800-2020-070176. Respondent also has carefully read, 13 fully discussed with counsel, and understands the effects of this Stipulated Surrender of License 14 and Order. 15 6. Respondent is fully aware of her legal rights in this matter, including the right to a 16 hearing on the charges and allegations in the Accusation; the right to confront and cross-examine 17 the witnesses against her; the right to present evidence and to testify on her own behalf; the right 18 to the issuance of subpoenas to compel the attendance of witnesses and the production of 19 documents; the right to reconsideration and court review of an adverse decision; and all other 20 rights accorded by the California Administrative Procedure Act and other applicable laws. 21 Respondent voluntarily, knowingly, and intelligently waives and gives up each and 22 7. every right set forth above. 23 **CULPABILITY** 24 8. Respondent understands that the charges and allegations in Accusation No. 800-2020-25 070176, if proven at a hearing, constitute cause for imposing discipline upon her Physician's and 26 Surgeon's Certificate. 27 111 28 2

1	9. For the purpose of resolving the Accusation without the expense and uncertainty of	
2	further proceedings, Respondent agrees that, at a hearing, Complainant could establish a factual	
3	basis for the charges in the Accusation and that those charges constitute cause for discipline.	
4	Respondent hereby gives up her right to contest that cause for discipline exists based on those	
5	charges.	
6	10. Respondent understands that by signing this stipulation she enables the Board to issue	
7	an order accepting the surrender of her Physician's and Surgeon's Certificate without further	
8	process.	
9	RESERVATION	
10	11. The admissions made by Respondent herein are only for the purposes of this	
11	proceeding, or any other proceedings in which the Medical Board of California or other	
12	professional licensing agency is involved, and shall not be admissible in any other criminal or	
13	civil proceeding.	
14	CONTINGENCY	
15	12. Business and Professions Code section 2224, subdivision (b), provides, in pertinent	
16	part, that the Medical Board "shall delegate to its executive director the authority to adopt a	
17	stipulation for surrender of a license."	
18	13. Respondent understands that, by signing this stipulation, she enables the Executive	
19	Director of the Board to issue an order, on behalf of the Board, accepting the surrender of her	
20	Physician's and Surgeon's Certificate No. A 74083 without further notice to, or opportunity to be	
21	heard by, Respondent.	
22	14. This Stipulated Surrender of License and Disciplinary Order shall be subject to the	
23	approval of the Executive Director on behalf of the Board. The parties agree that this Stipulated	
24	Surrender of License and Disciplinary Order shall be submitted to the Executive Director for his	
25	consideration in the above-entitled matter and, further, that the Executive Director shall have a	
26	reasonable period of time in which to consider and act on this Stipulated Surrender of License and	
27	Disciplinary Order after receiving it. By signing this stipulation, Respondent fully understands	
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	3	

1 2 and agrees that she may not withdraw her agreement or seek to rescind this stipulation prior to the time the Executive Director, on behalf of the Medical Board, considers and acts upon it.

15. The parties agree that this Stipulated Surrender of License and Disciplinary Order 3 shall be null and void and not binding upon the parties unless approved and adopted by the 4 Executive Director on behalf of the Board, except for this paragraph, which shall remain in full 5 6 force and effect. Respondent fully understands and agrees that in deciding whether or not to 7 approve and adopt this Stipulated Surrender of License and Disciplinary Order, the Executive Director and/or the Board may receive oral and written communications from its staff and/or the 8 Attorney General's Office. Communications pursuant to this paragraph shall not disqualify the 9 Executive Director, the Board, any member thereof, and/or any other person from future 10 participation in this or any other matter affecting or involving Respondent. In the event that the 11 Executive Director on behalf of the Board does not, in his discretion, approve and adopt this 12 Stipulated Surrender of License and Disciplinary Order, with the exception of this paragraph, it 13 shall not become effective, shall be of no evidentiary value whatsoever, and shall not be relied 14 upon or introduced in any disciplinary action by either party hereto. Respondent further agrees 15 that should this Stipulated Surrender of License and Disciplinary Order be rejected for any reason 16 by the Executive Director on behalf of the Board, Respondent will assert no claim that the 17 Executive Director, the Board, or any member thereof, was prejudiced by its/his/her review, 18 discussion and/or consideration of this Stipulated Surrender of License and Disciplinary Order or 19 of any matter or matters related hereto. 20

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## ADDITIONAL PROVISIONS

16. This Stipulated Surrender of License and Disciplinary Order is intended by the parties
herein to be an integrated writing representing the complete, final and exclusive embodiment of
the agreements of the parties in the above-entitled matter.

17. The parties agree that Portable Document Format (PDF) and facsimile copies of this
Stipulated Surrender of License and Disciplinary Order, including PDF and facsimile copies of
the signatures of the parties, may be used in lieu of original documents and signatures and,
further, that such copies shall have the same force and effect as originals.

1	18. In consideration of the foregoing admissions and stipulations, the parties agree the	
2	Executive Director of the Board may, without further notice to or opportunity to be heard by	
3	Respondent, issue and enter the following Disciplinary Order on behalf of the Board:	
4	ORDER	
5	IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A 74083, issued	
6	to Respondent GENARA TURALLO DELA ROCA, M.D., is surrendered and accepted by the	
7	Board.	
8	1. The surrender of Respondent's Physician's and Surgeon's Certificate and the	
9	acceptance of the surrendered license by the Board shall constitute the imposition of discipline	
10	against Respondent. This stipulation constitutes a record of the discipline and shall become a part	
11	of Respondent's license history with the Board.	
12	2. Respondent shall lose all rights and privileges as a physician in California as of the	
13	effective date of the Board's Decision and Order.	
14	3. Respondent shall cause to be delivered to the Board her pocket license and, if one was	
15	issued, her wall certificate on or before the effective date of the Decision and Order. The	
16	effective date of the Board's Decision and Order shall be on the date specified by the Board, but	
17	in no event shall it be earlier than December 31, 2024.	
18	4. If Respondent ever files an application for licensure or a petition for reinstatement in	
19	the State of California, the Board shall treat it as a petition for reinstatement. Respondent must	
20	comply with all the laws, regulations and procedures for reinstatement of a revoked or	
21	surrendered license in effect at the time the petition is filed, and all of the charges and allegations	
22	contained in Accusation No. 800-2020-070176 shall be deemed to be true, correct and admitted	
23	by Respondent when the Board determines whether to grant or deny the petition.	
24	5. Respondent shall pay the agency its costs of investigation and enforcement in the	
25	amount of \$67,980.25 (sixty-seven thousand, nine hundred, eighty dollars and twenty-five cents)	
26	prior to issuance of a new or reinstated license.	
27	6. If Respondent should ever apply or reapply for a new license or certification, or	
28	petition for reinstatement of a license, by any other health care licensing agency in the State of	
	5	
	Stimulated Surrouder of License and Order MPC (Case No. 800, 2020, 070176)	

1	California, all of the charges and allegations contained in Accusation No. 800-2020-070176 shall	
2	be deemed to be true, correct, and admitted by Respondent for the purpose of any Statement of	
3	Issues or any other proceeding seeking to deny or restrict licensure.	
4	ACCEPTANCE	
5	I have carefully read the above Stipulated Surrender of License and Order and have fully	
6	discussed it with my attorney Raymond J. McMahon, Esq. I understand the stipulation and the	
7	effect it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated	
8	Surrender of License and Order voluntarily, knowingly, and intelligently, and agree to be bound	
9	by the Decision and Order of the Medical Board of California.	
10	DATED: 30/05/24	
11	GENARA TURALLO DELA ROCA, M.D. Respondent	
12	I have read and fully discussed with Respondent GENARA TURALLO DELA ROCA,	
13	M.D. the terms and conditions and other matters contained in this Stipulated Surrender of License	
14	and Order. I approve its form and content.	
15	DATED:	
16	RAYMOND J. McMAHON, ESQ. Attorney for Respondent	
17		
18	ENDORSEMENT	
19	The foregoing Stipulated Surrender of License and Order is hereby respectfully submitted	
20	for consideration by the Medical Board of California of the Department of Consumer Affairs.	
21	DATED: Respectfully submitted,	
22	ROB BONTA Attorney General of California	
23	STEVE DIEHL Supervising Deputy Attorney General	
24		
25		
26	LYNETTE D. HECKER Deputy Attorney General Attorneys for Complainant	
27	Attorneys for Complainant FR2023302571/95570724.docx	
28	T 1/202530257 1755570724.000A	
	6	
	Stipulated Surrender of License and Order - MBC (Case No. 800-2020-070176)	

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7	effect it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated	
8	Surrender of License and Order voluntarily, knowingly, and intelligently, and agree to be bound	
9	by the Decision and Order of the Medical Board of California.	
10	DATED:	
11	GENARA TURALLO DELA ROCA, M.D. Respondent	
12	I have read and fully discussed with Respondent GENARA TURALLO DELA ROCA,	
13	M.D. the terms and conditions and other matters contained in this Stipulated Surrender of License	
14	and Order. I approve its form and content.	
15	DATED: May 30, 2024	
16	RAYMOND J. McMAHON, ESQ. Attorney for Respondent	
17		
18	ENDORSEMENT	
19.	The foregoing Stipulated Surrender of License and Order is hereby respectfully submitted	
20	for consideration by the Medical Board of California of the Department of Consumer Affairs.	
21	DATED: Respectfully submitted,	
22	ROB BONTA Attorney General of California	
23	STEVE DIEHL Supervising Deputy Attorney General	
24		
25	Lynette D. Hecker	
26	Deputy Attorney General Attorneys for Complainant	
27	FR2023302571/95570724.docx	
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	Stipulated Surrender of License and Order - MBC (Case No. 800-2020-070176)	

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7	effect it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated	
8	Surrender of License and Order voluntarily, knowingly, and intelligently, and agree to be bound	
9	by the Decision and Order of the Medical Board of California.	
10	DATED:	
11	GENARA TURALLO DELA ROCA, M.D. Respondent	
12	I have read and fully discussed with Respondent GENARA TURALLO DELA ROCA,	
13	M.D. the terms and conditions and other matters contained in this Stipulated Surrender of License	
14	and Order. I approve its form and content.	
15	DATED:	
16	RAYMOND J. McMAHON, ESQ. Attorney for Respondent	
17		
18	ENDORSEMENT	
19	The foregoing Stipulated Surrender of License and Order is hereby respectfully submitted	
20	for consideration by the Medical Board of California of the Department of Consumer Affairs.	
21	DATED: <u>5/31/2024</u> Respectfully submitted,	
22	ROB BONTA Attorney General of California STEVE DIEHL	
23	Sieve Dienc Supervising Deputy Attorney General	
24	Synettite	
25	A grant of the	
26 27	LYNETTE D. HECKER Deputy Attorney General	
27	Attorneys for Complainant	
20	FR2023302571/95570724.docx	
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# Exhibit A

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Accusation No. 800-2020-070176

1	Rob Bonta		
	Attorney General of California		
3	STEVE DIEHL Supervising Deputy Attorney General		
	LYNETTE D. HECKER Deputy Attorney General		
4	State Bar No. 182198 California Department of Justice		
5	2550 Mariposa Mall, Room 5090 Fresno, CA 93721		
6	Telephone: (559) 705-2320 Facsimile: (559) 445-5106		
7	E-mail: Lynette.Hecker@doj.ca.gov Attorneys for Complainant		
8			
9	BEFORI MEDICAL BOARD		
10	DEPARTMENT OF CO	DNSUMER AFFAIRS	
11	STATE OF CA	ALIFORNIA	
21_			
13	In the Matter of the Accusation Against:	Case No. 800-2020-070176	
14	Genara Turallo Dela Roca, M.D.	ACCUSATION	
15	11509 Haydock Ct. Bakersfield, CA 93311		
16	Physician's and Surgeon's Certificate No. A 74083,		
17	Respondent.		
18			
19			
20	Complainant alleges:		
21	PAR'		
22		his Accusation solely in his official capacity as	
23	the Executive Director of the Medical Board of C	alifornia, Department of Consumer Affairs	
24	(Board).		
25	2. On or about March 15, 2001, the Medical Board issued Physician's and Surgeon's		
26	Certificate Number A 74083 to Genara Turallo Dela Roca, M.D. (Respondent). The Physician's		
27	and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought		
28	herein and will expire on September 30, 2024, unless renewed.		
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	(GENARA TURALLO DEL	A ROCA, M.D.) ACCUSATION NO. 800-2020-070176	

1	JURISDICTION
2	3. This Accusation is brought before the Board, under the authority of the following
3	laws. All section references are to the Business and Professions Code (Code) unless otherwise
4	indicated.
5	4. Section 2227 of the Code states:
6	(a) A licensee whose matter has been heard by an administrative law judge of
7	the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered
8	into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:
9	(1) Have his or her license revoked upon order of the board.
10	(2) Have his or her right to practice suspended for a period not to exceed one
11	year upon order of the board.
12	(3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.
13	(4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the
14	board.
15	(5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.
16	(b) Any matter heard pursuant to subdivision (a), except for warning letters,
17	medical review or advisory conferences, professional competency examinations, continuing education activities, and cost reimbursement associated therewith that are
18	agreed to with the board and successfully completed by the licensee, or other matters made confidential or privileged by existing law, is deemed public, and shall be made
19	available to the public by the board pursuant to Section 803.1.
20	STATUTORY PROVISIONS
21	5. Section 2234 of the Code, states:
22	The board shall take action against any licensee who is charged with
23	unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:
24	(a) Violating or attempting to violate, directly or indirectly, assisting in or
25	abetting the violation of, or conspiring to violate any provision of this chapter.
26	(b) Gross negligence.
27 28	(c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or omissions. An initial negligent act or omission followed by a separate and distinct departure from the applicable standard of care shall constitute
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	(GENARA TURALLO DELA ROCA, M.D.) ACCUSATION NO. 800-2020-070176

repeated negligent acts.

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(1) An initial negligent diagnosis followed by an act or omission medically appropriate for that negligent diagnosis of the patient shall constitute a single negligent act.

(2) When the standard of care requires a change in the diagnosis, act, or omission that constitutes the negligent act described in paragraph (1), including, but not limited to, a reevaluation of the diagnosis or a change in treatment, and the licensee's conduct departs from the applicable standard of care, each departure constitutes a separate and distinct breach of the standard of care.

(d) Incompetence.

(e) The commission of any act involving dishonesty or corruption that is substantially related to the qualifications, functions, or duties of a physician and surgeon.

(f) Any action or conduct that would have warranted the denial of a certificate.

(g) The failure by a certificate holder, in the absence of good cause, to attend and participate in an interview by the board. This subdivision shall only apply to a certificate holder who is the subject of an investigation by the board.

6. Section 2266 of the Code states: The failure of a physician and surgeon to maintain adequate and accurate records relating to the provision of services to their patients constitutes unprofessional conduct.

## COST RECOVERY

7. Section 125.3 of the Code provides, in pertinent part, that the Board may request the
administrative law judge to direct a licensee found to have committed a violation or violations of
the licensing act to pay a sum not to exceed the reasonable costs of the investigation and
enforcement of the case, with failure of the licensee to comply subjecting the license to not being
renewed or reinstated. If a case settles, recovery of investigation and enforcement costs may be
included in a stipulated settlement.

#### **DEFINITIONS**

8. The American Society of Anesthesiologists (ASA) physical status classification system is a grading system to determine the health of a person before a surgical procedure that requires anesthesia. It helps predict the patient's risk of surgical complications, along with other factors like the type of surgery, the patient's age, the extent of the procedure, surgery timeframe and more. ASA classification uses a grading system of 1 (one) through 5 (five), with 1 identifying a person in good health and 5 as a person with a severe, life-threatening condition.

3 9. An arrhythmia, or irregular heartbeat, is a problem with the rate or rhythm of a
4 patient's heartbeat. The heart may beat too quickly, too slowly, or with an irregular rhythm.

10. Asystole is a type of cardiac arrest, which is when the heart stops beating entirely.

6 11. Atrial fibrillation (AF or Afib) is a type of arrhythmia, or abnormal heartbeat, which
7 is caused by extremely fast and irregular beats from the upper chambers of the heart (usually
8 more than 400 beats per minute).

9 12. Atropine is a medication given before aesthesia to decrease mucus secretions, such as
10 saliva. During anesthesia and surgery, atropine is used to help keep the heart beat normal.

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13. Bradycardia is a low heart rate.

12 14. Calcium chloride is a mineral indicated in the immediate treatment patients with
abnormally low levels of calcium in the body that cause muscle spasm. It is also used in cardiac
resuscitation after a heart attack which causes decreased cardiac contraction, resulting in the use
of calcium as a treatment in cardiac surgery.

16 15. Debridement is removal of dead or unhealthy tissue from a wound. Doctors do this to 17 help a wound heal.

18 16. Dopamine is a chemical released in the brain that makes people feel good. Having
19 the right amount of dopamine is important both for the body and the brain. Dopamine helps
20 nerve cells to send messages to each other. It is useful both during surgery and post-surgery
21 treatment of patients with low cardiac output states after open-heart surgery.

General anesthesia is a state of controlled unconsciousness where medicines are used
to send a patient to sleep, so the patient is unaware of surgery and does not move or feel pain
while it's carried out.

18. Electrocardiogram (ECG or EKG) records the electrical signal from the heart to check
for different heart conditions. Electrodes are placed on the chest to record the heart's electrical
signals, which cause the heart to beat.

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19. An endotracheal tube is a tube that is placed between the vocal cords through the trachea. It serves to provide oxygen and inhaled gases to the lungs and protects the lungs from contamination, such as gastric contents or blood.

20. Ephedrine is FDA-approved primarily for the treatment of clinically significant
hypotension perioperatively. Induction of general anesthesia and ongoing anesthesia during
operative cases results in vasodilatation and hypotension, requiring treatment with vasopressors.

7 21. Epinephrine is a medication commonly used in surgeries to reduce the blood loss; the
8 lowest and the most effective dosage of epinephrine can improve the results of the surgery.

9 22. Gangrene is a serious condition where a loss of blood supply causes body tissue to 10 die. Wet gangrene occurs if bacteria invade this tissue. This makes the area swell, drain fluid, 11 and smell bad. It may develop after a severe burn, frostbite, or other injury. It often occurs in 12 people with diabetes who unknowingly injure a toe or foot.

13 23. Gastroesophageal reflux (GER or GERDs or reflux) happens when a patient's
14 stomach contents come back up into their esophagus.

Glycopyrrolate has been widely used as a preoperative medication to inhibit salivary
gland and respiratory secretions. The most frequent reasons for administering it is to create a
sedative and amnesic effect, and to prevent reflex bradycardia.

18 25. Intubate means to insert a tube into (a person or a body part, especially the trachea for
19 ventilation).

26. Lidocaine belongs to the family of medicines called local anesthetics. It prevents
pain by blocking the signals at the nerve endings in the skin. It does not cause unconsciousness as
general anesthetics do when used for surgery.

23 27. Neuromonitoring is used during surgery to assess the functional integrity of the brain,
24 brainstem, spinal cord, or peripheral and cranial nerves.

28. Neuromuscular blockade is frequently used in anesthesia to facilitate endotracheal
intubation, optimize surgical conditions, and assist with mechanical ventilation in patients who
have reduced lung compliance.

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29. Non-shockable rhythms are rhythms of the heart that are not amenable to shock, including pulseless electrical activity and asystole. In these cases, identifying primary causation, performing good CPR, and administering epinephrine are the only tools to resuscitate the patient.

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30. Pepcid or Tagamet reduce the flow of stomach acid and help prevent an upset stomach from medications before, during, and after surgery.

31. Towards the end of pregnancy, a hormone called oxytocin stimulates the uterine
muscles and causes contractions that begin the process of labor. Pitocin® is a synthetic version of
oxytocin, and doctors use this IV medication for labor induction.

32. The body produces pleural fluid in small amounts to lubricate the surfaces of the
pleura. This is the thin tissue that lines the chest cavity and surrounds the lungs. Pleural effusion
is an abnormal, excessive collection of this fluid.

33. Propofol is an intravenous anesthetic used for procedural sedation, during monitored
anesthesia care, or as an induction agent for general anesthesia. It may be administered as a
concentrated single dose or an infusion, or some combination of the two.

34. Sinus tachycardia is a common condition that happens sometimes in response to
stressful situations wherein the heart beats more than 100 times per minute. It usually returns to
normal after the stressful event has passed.

35. Sepsis is the body's extreme response to an infection. It is a life-threatening medical
emergency. It happens when an infection already in the body triggers a chain reaction throughout
the body. Infections that lead to sepsis most often start in the lung, urinary tract, skin, or
gastrointestinal tract.

36. Sleep apnea is a potentially serious sleep disorder in which breathing repeatedly stops
and starts.

37. Sodium bicarbonate (SB) administration has been considered an important part of
treatment for severe metabolic acidosis (buildup of acid in the body) in cardiac arrest, because
normalization of extracellular and intracellular acid-base balance is considered a meaningful
endpoint of resuscitation.

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38. Toradol, also known as ketorolac, is a medication frequently used for pain relief after
 surgery. It is a non-steroidal anti-inflammatory drug (NSAID), which works to reduce pain by
 interfering with the body's production of hormones that influence pain.

39. Transcutaneous pacing is where an electrodes-based medical device is used to
regulate the contractility of specialized cells in the heart that are capable of producing and
transmitting electrical activity. The device helps to maintain adequate heart rate and so cardiac
output.

8 40. A peripheral nerve stimulator, also known as a train-of-four monitor, is used to assess
9 neuromuscular transmission when neuromuscular blocking agents are given to block
10 musculoskeletal activity.

11 41. Peripheral vascular disease is the reduced circulation of blood to a body part, other
12 than the brain or heart, due to a narrowed or blocked blood vessel.

42. Vasodilators are medications that dilate (open) blood vessels. They affect the muscles
in the walls of the arteries and veins, preventing the muscles from tightening and the walls from
narrowing. As a result, blood flows more easily through the vessels.

43. Zofran is used to prevent nausea and vomiting that may be caused by surgery, cancer
chemotherapy, or radiation treatment.

## FACTUAL ALLEGATIONS

44. At all times relevant to the charges brought herein, Respondent worked as an
anesthesiologist at a hospital in Bakersfield, California. Respondent was the anesthesiologist for
each of the patients discussed below who were undergoing various surgical procedures.

<u>Patient #11</u>

45. On or about December 11, 2017, Patient #1, a 47-year-old male with back pain that
radiated down into his leg, presented for back surgery. Pre-operatively, Respondent performed a
focused history and physical, and found he also had a history of high blood pressure, obstructive
sleep apnea, and high cholesterol, and determined him to be American Society of

Anesthesiologists (ASA) status 3 with a plan for general anesthesia. During the procedure,

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<sup>1</sup> The patients' names are redacted to protect their privacy.

Respondent appropriately placed the patient on ASA-standard monitors and utilized neuromuscular blockade in the setting of neuromonitoring. Respondent did not utilize train-offour monitoring to assess the depth of the neuromuscular blockade, and the patient moved during the operation. 4

#### Patient #2

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46. On or about January 17, 2019, Patient #2, a 67 year-old-male who had had back 6 surgery ten (10) days previously, presented to the hospital for an urgent removal of an 7 accumulation of blood in the area of the surgery that was compressing his spinal cord. 8 Respondent was on call that day, but was told there was another anesthesiologist available for this 9 surgery, so left the hospital. However, the other anesthesiologist became unavailable, and 10 Respondent was unable to be reached despite multiple calls and text messages. Another 11 anesthesiologist had to be found to staff this surgery. 12

Patient #3

On or about January 22, 2019, Patient #3, a 93-year-old woman with a history of 47. 14 asthma and hypertension, was admitted for surgery to repair a broken hip. Pre-operatively, 15 Respondent performed a focused history and physical, noting Patient #3 had a history of reflux 16 and diabetes. Her note includes vital signs (blood pressure averaged 110s/60s, which is low) and 17 labs and notes a weight of 43 kg. Respondent assessed Patient #3 to be ASA status 3 and planned 18 for general anesthesia. At or around the beginning of the procedure, the surgeon inquired of 19 Respondent about Patient #3's low blood pressure; Respondent was not concerned. During the 20 procedure, Patient #3 became unstable and the surgeon asked Respondent if Patient #3 had a 21 pulse, was breathing, or if there was a blood pressure. Respondent did not respond, but at some 22 point she stated "I need help." At or about 12:25,<sup>2</sup> Patient #3 went into cardiac arrest. 23 Respondent administered epinephrine 1 mg at that time, and then atropine 1 mg at or about 12:27. 24 Return of spontaneous circulation (ROSC) was noted at or about 12:27 with a rhythm of sinus 25 tachycardia. Respondent noted additional medications subsequently given included ephedrine 50 26 27

<sup>2</sup> All times referred to herein are based on the full twenty-four hours of the day (i.e. a "twenty-four-hour" clock).

mg at or about 12:26, sodium bicarbonate 5 mEq (i.e. 84 mg.) at or about 12:27, and lidocaine 1 100 mg at or about 12:28 in Patient #3's cardiac arrest flowsheet. In total, Respondent gave 2 Patient #3 five doses of ephedrine during the procedure. It is unclear if the ephedrine was 3 multiple doses noted by Respondent earlier in the procedure, or an additional dose not 4 documented by Respondent in the anesthesia data record (ADR). Respondent was unable to 5 resuscitate or care for Patient #3 and another anesthesiologist had to be called in to administer 6 medications and resuscitate her. The procedure was aborted, and Patient #3 was taken to the 7 Intensive Care Unit. 8

9 48. Respondent's ADR and notes for the beginning of the procedure on Patient #3 are
10 somewhat legible and contain standard data and explanations. However, Respondent did not
11 legibly fill out the ADR pertaining to the cardiac arrest, even retrospectively.

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Patient #4

On or about October 3, 2019, Patient #4, a 64 year-old man with a history of 49. 13 paraplegia due to a gunshot wound and recurrent bed sores, was admitted for surgical cleaning of 14 bed sores on his lower back and hip. Pre-operatively, Respondent performed a focused history 15 and physical, additionally noting several other pertinent medical issues including anemia, 16 hypertension, and anxiety and that his medications include the use of methadone. Respondent 17 noted Patient #4's vital signs (BP 126/86) and labs, and a weight of 74.5 kg. Respondent 18 assessed Patient #4 to be ASA status 4 and planned for general anesthesia. Patient #4 was placed 19 on ASA-standard monitors. Towards the end of the procedure, Patient #4's oxygen saturation 20 level decreased to 85%. Respondent then asked the surgical team to stop the procedure, and at 21 some point noted a low blood pressure and asked for a pressure bag. A code blue was called by 22 someone, but Respondent repeatedly called "we need help" without effectively communicating, 23 and appeared overwhelmed. There is no record of a cardiac arrest "code blue" situation in the 24 medical record for this procedure. Rather, it appears the code blue was called to obtain additional 25 assistance for Respondent in the operating room. Further, while Respondent wrote Zofran and 26 Pepcid on the ADR, she did not note the doses given either contemporaneously or retrospectively. 27 28 III

Additionally, Respondent did not make any notes or document Patient #4's intraoperative desaturation and what interventions were done either contemporaneously or retrospectively. Patient #5

On or about March 22, 2019, Patient #5, a 36 year-old woman, presented for 50. 4 scheduled repeat cesarean-section with bilateral tubal ligation (i.e. to get her fallopian tubes tied). 5 Pre-operatively, Respondent performed a focused history and physical, additionally noting a 6 history of gastroesophageal reflux and severe anxiety. Respondent noted Patient #5's vital signs 7 and labs and that she was noted as not taking any home medications. Respondent assessed 8 Patient #5 to be ASA status 2 and planned for spinal or general anesthesia. Anesthesia start time 9 was documented as 8:25, with in room time at 8:40. Respondent started attempting a spinal 10 around 8:45, and with the patient quite anxious, administered medication to calm her around 9:00. 11 Respondent continued attempting to place a spinal until about 9:10, when another anesthesiologist 12 arrived to help. After a few more minutes of failed attempts, at 9:15 the decision was made to 13 proceed with general anesthesia. The obstetrician arrived at 9:25 to discuss general anesthesia 14 with the patient as well. Respondent did not document the induction medications, though Patient 15 #5 was successfully intubated. Anesthesia was maintained with several appropriate medications. 16 Among those medications, Respondent listed a Pitocin drip, but did not record its administration. 17 A few of the other medications Respondent noted are illegible. 18

Patient #6

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On or about June 19, 2020, Patient #6, a 72-year-old female with a history of 51. 20 diabetes, high blood pressure, high cholesterol, heart failure, and end-stage renal disease on 21 dialysis thrice weekly, presented to the hospital for a vein graft placement in her left arm by a 22 vascular surgeon. An electrocardiogram (ECG) obtained on or about three days prior showed 23 atrial fibrillation with a heart rate of 80 beats per minute. Pre-operatively, Respondent performed 24 a focused history and physical, including lab review, noting the patient's height, weight, and 25 body-mass index as well as her glucose level and additional medical history including pleural 26 effusion, sleep apnea, and reflux. Respondent assessed the patient to be ASA status 4. She 27 recorded a plan for monitored anesthesia care. Monitors were placed and Respondent proceeded 28

with general anesthesia. Anesthesia was maintained throughout the procedure with various appropriate medications. However, while Respondent noted Zofran, Pepcid, and Toradol on the ADR, their administration is not documented. After the procedure, Patient #6 was taken to the recovery room awake with stable vital signs.

## <u>Patient #7</u>

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On or about June 18, 2020, Patient #7, an 8-year-old male, presented to the hospital 6 52. after a dog bite injury to the lip and cheek with a plan for repair the following day with a plastic 7 surgeon. Pre-operatively, Respondent performed a focused history and physical, assessed Patient 8 #7 to be ASA status 2, and planned for general anesthesia. Patient #7's height was recorded as 9 130 cm, weight as 36.5 kg, with a body mass index of 20. Anesthesia start time was noted as at 10 or around 11:00 with in-room time at or around 11:20. Monitors were placed and Respondent 11 proceeded with general anesthesia. Anesthesia was maintained throughout the procedure with 12 various medications. However, during the procedure, Respondent administered Toradol 30 mg to 13 Patient #7. After the procedure, Patient #7 was taken to the recovery room awake with stable 14 vital signs. 15

### Patient #8

53. On June 19, 2020, Patient #8, a 78-year-old man with a history of coronary artery 17 disease with stents, heart failure, diabetes, high blood pressure, high cholesterol, and repair of 18 swelling of the main blood vessel that leads away from the heart through his abdomen (abdominal 19 aortic aneurysm), presented for removal of a tumor in his right upper arm and lymph node biopsy 20 with possible skin grafting. Pre-operatively, Respondent performed a focused history and 21 physical, and noted the patient's height, weight, and body mass index. There were no labs noted. 2Ż Respondent assessed the patient to be ASA status 4 and planned for general anesthesia with 23 endotracheal tube. Monitors were placed and Respondent proceeded with general anesthesia. 24 Anesthesia was maintained throughout the procedure with various appropriate medications. 25 However, Respondent gave Patient #8 two to three other medications for which her 26 documentation is illegible, possibly including ephedrine or glycopyrrolate. After the procedure, 27 Patient #8 was taken to the recovery room awake with stable vital signs. 28

Patient #9

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54. On or about June 17, 2020, Patient #9, a 72-year-old male with a history of diabetes with resultant toe amputation, high blood pressure, heart failure, and end-stage renal disease on dialysis, presented to the hospital, having been sent there by his podiatrist. He was found to have severely low sodium and calcium levels and severely high blood sugar levels with concern for sepsis and wet gangrene, and was admitted by the hospital's on-staff physician. Additional medical history included peripheral vascular disease and hepatitis C. Patient #9 underwent urgent surgical debridement with open mid-foot amputation that day and tolerated that procedure well.

On or about June 19, 2020, a scan revealed that Patient #9 had severe enlargement of 55. 9 the left atrial and right-side chamber of his heart, globally decreased movement of his heart, that 10 the amount of blood that his heart pumped each time it beats (ejection fraction) was only about 11 36% (normal is 50% or higher), that the valves of both the right and left sides of his heart did not 12 close completely, and that his aortic valve was severely narrowed. Patient #9 was taken to the 13 operating room for heart surgery. Pre-operatively, Respondent performed a focused history and 14 physical noting Patient #9 had a height of 68 inches, weighed 76 kg, and had a body mass index 15 of 25. His vital signs were BP 112/49, heart rate 97, respirations 16, and oral temperature 36.6. 16 She assessed the patient to be ASA status 4 and planned for general anesthesia, via an 17 endotracheal tube with an arterial line (which is a tube inserted in an artery in the wrist, groin, or 18 other location to measure blood pressure). 19

56. Anesthesia start time was documented as 15:15, with in-room time at 15:30. 20 Monitors were placed and Respondent also placed an arterial line. Respondent administered 21 Versed 2 mg, and induced anesthesia with propofol 200 mg, among other medications. 22 Respondent successfully intubated the patient on the first attempt. Anesthesia was maintained 23 with various medications. About two hours into the procedure, Patient #9's blood pressures were 24 quickly decreasing and the patient had also become bradycardic. Respondent then turned off 25 anesthetic gases and opened the IV fluids, then she administered epinephrine and atropine and 26 called for help to start chest compressions. Another anesthesiologist arrived to assist. Patient 27 #9's heart stopped beating entirely and CPR was started at or around 18:24. The surgeon placed a 28

1	line in Patient #9's left common femoral vein (a large vein where the left leg meets the hip/groin	
2	area) at or around 18:26. There were seven rounds of epinephrine given, spaced mostly five	
3	minutes apart, though two doses were given seven minutes after the previous dose, with the first	
4	dose at or around 18:28 and the last dose at or around 19:00. At or around 18:44, external pacing	
5	was attempted until around 18:47 and then turned back on at or around 18:54, with it documented	
6	that Patient #9's heart was not beating. Atropine 1 mg was given at or around 18:49 and at or	
7	around 18:58. Calcium chloride 1 g was given at or around 18:36. Dopamine 160 mcg was given	
8	at or around 19:04 and at or around 19:08, Patient #9's heart was noted as not beating. Lidocaine	
9	100 mg x 2 was given and sodium bicarbonate x 2 was given five minutes apart as directed by	
10	Respondent, though precise times either was administered were not noted. The other	
11	anesthesiologist pronounced Patient #9 dead at 19:09.	
12	FIRST CAUSE FOR DISCIPLINE	
13	(Repeated Negligent Acts)	
14	57. Respondent has subjected her Physician's and Surgeon's Certificate Number A 74083	
15	to disciplinary action under sections 2227 and 2234, as defined by subdivision (c), of the Code, in	
16	that she committed repeated acts of negligence in her care and treatment of Patients #1-9. The	
17	circumstances are set forth in paragraphs 44 through 56, which are incorporated here by reference	
18	as if fully set forth. Additional circumstances are as follows:	
19	Patient #1	
20	58. The standard of care requires that all patients undergoing an anesthetic should have	
21	ASA-standard monitors, including blood pressure, heart rate, EKG, pulse oximetry, and CO2	
22	monitoring. The ASA standard also states that qualified anesthesia personnel should be present to	
23	monitor the patient and provide anesthesia care, except in limited circumstances. Patients	
24	undergoing surgery with neuromuscular blockade, especially in cases during which	
25	neuromonitoring is used, should have train-of-four monitoring.	
26	59. Respondent appropriately placed Patient #1 on ASA-standard monitors. Given that	
27	neuromuscular blockade was used in the setting of neuromonitoring, train-of-four monitoring	
28	should have been used to assess the depth of the neuromuscular blockade. This may have	
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	(GENARA TURALLO DELA ROCA, M.D.) ACCUSATION NO. 800-2020-070176	

prevented or reduced the patient moving while the surgeon was operating. Though a patient
 moving during an operation can occur without any departure from the standard of care, not
 monitoring the patient's level of neuromuscular blockade can increase the likelihood of this
 occurring. Respondent's failure to perform neuromuscular blockade monitoring constitutes
 negligence.

#### <u>Patient #2</u>

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60. The standard of care for duties for an on-call anesthesiologist may vary depending on the call description and the policy of the hospital or department or group. In this case, the on-call anesthesiologist includes a duty to answer calls from the hospital and be available to return to the hospital to anesthetize patients who may need urgent or emergent surgery. Respondent's failure to return phone calls and text messages when she was needed for Patient #2's urgent surgery constitutes negligence.

# Patient #3

The standard of care requires that all patients undergoing an anesthetic should have 61. 14 ASA-standard monitors, including blood pressure, heart rate, EKG, pulse oximetry, and CO2 15 monitoring. The ASA standard also states that qualified anesthesia personnel should be present to 16 monitor the patient and provide anesthesia care, except in limited circumstances. Respondent 17 placed Patient #3 on ASA-standard monitors and was present for the entirety of the documented 18 time. There was no documented significant hypotension in the ADR at the beginning of the 19 surgery. However, when Patient #3 became unstable, which was also noticed by the surgeon, 20 Respondent either did not respond to the surgeon's questions or address Patient #3's 21 hemodynamic instability. Respondent eventually stated "I need help," but failed to give clear 22 direction or communicate to anyone else as to what was occurring or what help she needed, to the 23 extent that another anesthesiologist was called who gave direction regarding resuscitation of the 24 patient. Respondent's failure to monitor and communicate to the surgical team when Patient #3 25 was unstable constitutes negligence. 26

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The standard of care for intra-procedural medication management is to appropriately 62. 1 choose and dose medications based on the patient's condition and monitor the patient for changes 2 that would require either intervention or adjustments in medication dosages. Starting around the 3 time of Patient #3's hypotension, Respondent documented giving five (5) doses of ephedrine, 4 although the documentation is not clear regarding the timing these doses were given. 5 Nonetheless, repeated doses of ephedrine in a patient who is rapidly declining due to 6 hemodynamic instability is not appropriate. Escalating medications to different vasopressors and 7 interventions was required, especially since Patient #3 was not appropriately responding to the 8 ephedrine. Respondent's failure to appropriately escalate medications given to Patient #3 when 9 she was hemodynamically unstable constitutes negligence. 10

The standard of care for management of cardiac arrest is to follow the most recent 63. 11 appropriate ACLS algorithm. At the time of the incident with Patient #3, the most recent ACLS 12 guidelines were from 2015. There are different algorithms to follow depending on the specific 13 arrest situation. For asystole, this involves immediate chest compressions and giving epinephrine 14 every 3-5 minutes while reassessing the patient and rhythm every 2 minutes. For non-shockable 15 rhythms, epinephrine should be given as soon as feasible. The guidelines specifically mention 16 that atropine and transcutaneous pacing have not been found to be beneficial during asystolic 17 arrests. Patient #3 arrested at or around 12:25 with a rhythm of asystole, with chest compressions 18 performed by the surgeon. Respondent administered epinephrine 1 mg at that time, and then 19 atropine 1 mg at or around 12:27. Return of spontaneous circulation was noted at or around 20 12:27, with a rhythm of sinus tachycardia. Respondent noted additional medications including 21 ephedrine 50 mg at or around 12:26, sodium bicarbonate 5 mEq at or around 12:27, and lidocaine 22 100 mg at or around 12:28 in the cardiac arrest flowsheet, though it is unclear if the ephedrine 23 was the multiple doses noted earlier or an additional dose not documented in the ADR. 24 Ephedrine is not indicated in cardiac arrest. Although routine use of bicarbonate is not 25 recommended in the asystole algorithm, it is commonly given during in-hospital cardiac arrests 26 and would have been reasonable to administer during this period. Lidocaine and atropine are not 27 indicated for asystole, though they would be reasonable to administer in the setting of ventricular 28

tachycardia and bradycardia, respectively. However, neither of these rhythms was noted in the Code Blue flowsheet or ADR for Patient #3. Respondent's administering inappropriate medications during Patient #3's cardiopulmonary arrest constitutes negligence.

The standard of care requires timely, accurate, and legible medical records. The ASA 64. 4 has also released a statement on what items should be documented in the pre-anesthesia 5 evaluation, during the anesthetic, and post-anesthesia assessment. The anesthesia data record and 6 notes provided are somewhat legible and contain all standard data and explanations, at least for 7 the beginning of the case. However, while it is common for some parts of an ADR to be difficult 8 to read without guidance from the writer, it would be important to ensure that any significant 9 events be discussed in further detail retrospectively. Furthermore, it appears that the ADR was not 10 legibly filled out after the cardiac arrest. It is understandable that the record would not be able to 11 be filled out in real time while the patient is unstable, a legible record of what happened during 12 and after any significant events is required. Respondent's records on the procedures for Patient 13 #3 lacked legibility and detailed description of significant intraoperative events which constitutes 14 negligence. 15

Patient #4

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The standard of care requires all patients undergoing an anesthetic to have ASA-17 65. standard monitors, including blood pressure, heart rate, EKG, pulse oximetry, and CO2 18 monitoring. The ASA standard also states that qualified anesthesia personnel should be present to 19 monitor the patient and provide anesthesia care, except in limited circumstances. Patient #4 was 20 placed on ASA-standard monitors and the record reflects that Respondent was present for the 21 entirety of the documented procedure time. However, towards the end of the procedure, Patient 22 #4's oxygen saturation levels dropped (hypotension), and the procedure was abandoned. 23 Respondent appropriately asked for Patient #4 to be turned supine to further assess the situation 24 and then also at some point asked for a pressure bag to administer fluids for hypotension, but 25 subsequently became overwhelmed and did not communicate with the rest of the intraoperative 26 team. Respondent's failure to monitor and communicate with the rest of the intraoperative team 27 when Patient #4 became unstable constitutes negligence. 28

Respondent's entries in the ADR and notes are mostly legible and contain standard 66. 1 data and explanations. Zofran and Pepcid were written on the ADR, but with no doses given. 2 Typically, if a medication is written into the ADR, it suggests that it was given to the patient. 3 However, given the amount of text and speed at which ADRs must be completed, there are often 4 some parts that are not clearly legible. It would also be important to ensure that any significant 5 events be documented in further detail retrospectively. There does not appear to be any 6 documentation from Respondent regarding the intraoperative desaturation and what interventions 7 were done, either contemporaneously or retrospectively, during the care and treatment of Patient 8 #4. Respondent's administration of Zofran and Pepcid without documenting the doses given 9 constitutes negligence. Respondent's failure to document the intraoperative desaturation event, 10 including what interventions were taken also constitutes negligence. 11

Patient #5

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The standard of care requires timely, accurate, and legible medical records. The ASA 67. 13 has also released a statement on what items should be documented in the pre-anesthesia 14 evaluation, during the anesthetic, and post-anesthesia assessment. The ADR and Respondent's 15 notes are mostly legible. However, there is inadequate documentation of the spinal attempts and 16 the general anesthetic. Respondent failed to document any of the induction medications and 17 multiple of the medications noted are illegible. Given the situation, Patient #5 should have 18 received a rapid sequence intubation, but there is no documentation that this was done. 19 Respondent's failure to document induction medications for general anesthesia, with a rapid 20 sequence intubation, as well as the failure to document the administration of Pitocin constitutes 21 negligence. 22

Patient #6

68. Respondent's ADR entries and notes for Patient #6 are mostly legible and for the
most part contain standard data and explanations. However, Respondent wrote Zofran, Pepcid,
and Toradol on the ADR, but with no doses given, which would be an unusual practice. Writing
a medication in the ADR suggests that it was given. However, given the amount of text and
speed at which ADRs must be completed, there may be some parts that are not clearly legible.

Respondent's administration of Zofran, Pepcid, and Toradol to Patient #6 without documenting the doses given constitutes negligence.

Patient #7

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69. The standard of care for intra-procedural medication management is to appropriately
choose and dose medications based on the patient's condition and monitor the patient for changes
that would require either intervention or adjustments in medication dosages. The dose of Toradol
(ketorolac) in a pediatric patient is 0.5 mg/kg. Thus, for a patient of 36 kg, the closest dose
should be 15-20 mg. The dose of Toradol Respondent gave to Patient #7 constitutes negligence.
Patient #8

70. Respondent's ADR entries and notes for Patient #8 are mostly legible and for the
most part contain standard data and explanations. However, there are two to three medications
which Respondent gave Patient #8, possibly including ephedrine or glycopyrrolate, which are
illegible. Respondent's illegible medication documentation constitutes negligence.

#### Patient #9

The standard of care for intra-procedural medication management is to appropriately 71. 15 choose and dose medications based on the patient's condition and monitor the patient for changes 16 that would require either intervention or adjustments in medication dosages. The induction dose 17 of propofol of 200 mg for this patient was too high. The induction dose of propofol for a normal 18 patient is 2-3 mg/kg, and with a weight of 76 kg, the dose given was over 2 mg/kg. This dose 19 should be reduced significantly in patients with co-morbidities such as severe aortic stenosis and 20 reduced ejection fraction who would be at a much higher risk of decompensation from a 21 medication that has vasodilatory and cardio-depressive effects. An alternative induction agent 22 could also have been appropriate. Respondent's failure to give Patient #9 an appropriate dose of 23 propofol constitutes negligence. 24

72. The standard of care for management of symptomatic bradycardia with a pulse is to
follow the most recent appropriate ACLS algorithm. At the time of the incident, the most recent
ACLS guidelines were from 2015. In those guidelines, the "bradycardia with a pulse" algorithm
was reaffirmed from the 2010 guidelines, and states that a patient with symptomatic bradycardia

should receive atropine 0.5 mg, which can be repeated every 3-5 minutes to a maximum dose of 3 mg. Subsequent treatment is to consider starting dopamine, epinephrine, or transcutaneous pacing. If a patient's condition changes, then the appropriate algorithm for the patient's condition should be followed.

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Bradycardia was noted in several records such as the operative note and the 73. 5 Cardiopulmonary Arrest Record, which Respondent admitted occurred. However, Respondent 6 failed to document it either in the ADR or in her notes. Respondent first attempted to treat 7. hypotension with phenylephrine and other vasopressors, such as ephedrine. Although 8 phenylephrine should be used with great caution if already concerned about bradycardia, it is 9 unclear when Patient #9 started to become bradycardic. When Patient #9 continued to 10 deteriorate, Respondent "immediately" started to give epinephrine and atropine, which would be 11 a reasonable action if the patient was hypotensive and bradycardic. However, the recorded doses 12 of atropine 1 mg x 2 occurred during the cardiopulmonary arrest and Respondent documented 13 even more doses (possibly 8 doses of 1 mg) on the ADR. Giving atropine during the arrest was 14 inappropriate timing, and giving 8 mg of it was inappropriate dosing. While there are also 15 recorded doses of dopamine 160 mcg x 2 and transcutaneous pacing attempted, it was attempted 16 when Patient #9 was in asystole, not when Patient #9 was bradycardic. The treatments for 17 symptomatic bradycardia should occur when the patient is bradycardic, and should the patient 18 progress to a different rhythm, such as asystole, that algorithm should be followed. Respondent's 19 timing and dosages of bradycardia interventions given to Patient #9 constitutes negligence. . 20

The standard of care for management of cardiac arrest is to follow the most recent 74. 21 appropriate ACLS algorithm. At the time of the incident, the most recent ACLS guidelines were 22 from 2015. There are different algorithms to follow depending on the specific arrest situation. 23 For asystole, this involves immediate chest compressions and giving epinephrine every three to 24 five minutes while reassessing the patient and rhythm every two minutes. For non-shockable 25 rhythms, epinephrine should be given as soon as feasible. The guidelines specifically mention 26 that atropine and transcutaneous pacing have not been found to be beneficial during asystolic 27 arrests. 28

Patient #9 was noted to become asystolic at 18:24, and CPR (likely chest 75. 1 compressions) was started. A total of seven rounds of epinephrine (18:28, 18:35, 18:42, 18:46, 2 18:50, 18:55, and 19:00) were given, along with atropine 1 mg (18:49, 18:58), calcium chloride 1 3 g (18:36), lidocaine 100 mg (x 2, no times noted), and sodium bicarbonate (x 2, every 5 minutes, 4 no times given). For the treatment of asystole, the doses of epinephrine given here are 5 appropriate, and the timing is as close to the algorithm as can reasonably be expected in such -6 circumstances. However, lidocaine (a treatment for ventricular arrhythmias), atropine (a 7 treatment in the bradycardia algorithm), and dopamine (a treatment in the bradycardia algorithm) 8 are not indicated for asystole. Although routine use of calcium and bicarbonate are not 9 recommended in the asystole algorithm, they are commonly given during in-hospital cardiac 10 arrests and would have been reasonable to administer during this period. Transcutaneous pacing 11 was attempted from 18:44 to 18:47, and then resumed at 18:54. While the records note consistent 12 asystole, there is a notation of "HR 124" at 18:44, which if it means a heart rate of 124 was 13 detected, would be inconsistent with the note of consistent of asystole. Transcutaneous pacing 14 has not been found to be useful for asystole. Respondent's administering ineffective medications 15 during the cardiopulmonary arrest constitutes negligence. 16 While most of the ADR is legible, and the illegible parts are not significant enough to 76. 17 be a departure from the standard of care, the lack of appropriate documentation of the 18 hemodynamic instability and subsequent cardiac arrest and attempts at resuscitation are. It is 19 understandable that during such an acute event, there would be no time to document. However, 20 the anesthesiologist would be expected to document as best as possible the events that occurred 21 within a reasonable time thereafter. The ADR would not be expected to have enough space to 22 describe the events, so an additional note would be expected. Respondent's short post-anesthesia 23 note is incomplete in describing the events and medications given to Patient #9. Additionally, 24 Respondent did not describe the bradycardia episode in the medical record. Respondent's 25 documentation in Patient #9's ADR should also have a reasonably accurate description of the 26 medications given, but it has drastically different doses of atropine compared to the 27 Cardiopulmonary Arrest Record, and no record of bicarbonate or lidocaine. While some leeway 28

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1	in accuracy given the acuity of the situation is reasonable, there should at least be some
2	description in the narrative description if not in the ADR itself. Respondent's failure to provide
3	appropriate descriptions of intraoperative events and the lack of her documentation of
4	medications administered constitutes negligence.
5	SECOND CAUSE FOR DISCIPLINE
6	(Inadequate and Inaccurate Recordkeeping)
7	77. Respondent has further subjected her Physician's and Surgeon's Certificate Number
8	A 74083 to disciplinary action under sections 2227 and 2234, as defined by section 2266 in that
9	she failed to maintain adequate and accurate medical records in her care and treatment of Patient
10	#3, Patient #4, Patient #5, Patient #6, Patient #8, and Patient #9. The circumstances are set forth
11	in paragraphs 47 through 76, above, which are incorporated here by reference as if fully set forth
12	PRAYER
13	WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged
14	and that following the hearing, the Medical Board of California issue a decision:
15	1. Revoking or suspending Physician's and Surgeon's Certificate Number A 74083,
16	issued to Genara Turallo Dela Roca, M.D.;
17	2. Revoking, suspending or denying approval of Genara Turallo Dela Roca, M.D.'s
18	authority to supervise physician assistants and advanced practice nurses;
19	3. Ordering Genara Turallo Dela Roca, M.D., to pay the Board the costs of the
20	investigation and enforcement of this case, and if placed on probation, the costs of probation
21	monitoring; and
, 22	4. Taking such other and further action as deemed necessary and proper.
23	AUG 1 4 2023
24	DATED:
25	Executive Director Medical Board of California
26	Department of Consumer Affairs State of California
27	Complainant
28	FR2023302571/95517753.docx
	21

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