

**BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA**

**In the Matter of the First Amended  
Accusation Against:**

**Youmna M. Abdulhadi, M.D.**

**Physician's and Surgeon's  
Certificate No. C 55715**

**Respondent.**

**Case No.: 800-2022-085470**

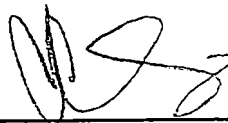
**DECISION**

**The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.**

**This Decision shall become effective at 5:00 p.m. on September 1, 2023.**

**IT IS SO ORDERED: August 3, 2023.**

**MEDICAL BOARD OF CALIFORNIA**



**Laurie Rose Lubiano, J.D., Chair  
Panel A**

1 ROB BONTA  
Attorney General of California  
2 ALEXANDRA M. ALVAREZ  
Supervising Deputy Attorney General  
3 KEITH C. SHAW  
Deputy Attorney General  
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8 *Attorneys for Complainant*

10 **BEFORE THE**  
11 **MEDICAL BOARD OF CALIFORNIA**  
12 **DEPARTMENT OF CONSUMER AFFAIRS**  
13 **STATE OF CALIFORNIA**

14 In the Matter of the First Amended Accusation  
15 Against:

16 **YOUNNA M. ABDULHADI, M.D.**  
17 **140 Boomer Pl, #307**  
**Chula Vista, CA 91910**

18 **Physician's and Surgeon's Certificate No. C**  
**55715**

19 Respondent.

Case No. 800-2022-085470

OAH No. 2022120567

**STIPULATED SETTLEMENT AND**  
**DISCIPLINARY ORDER**

21 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-  
22 entitled proceedings that the following matters are true:

23 **PARTIES**

24 1. William Prasifka (Complainant) was the Executive Director of the Medical Board of  
25 California (Board) and brought this action solely in his official capacity. Reji Varghese is  
26 presently the Interim Executive Director of the Medical Board of California and is represented in  
27 this matter by Rob Bonta, Attorney General of the State of California, by Keith C. Shaw, Deputy  
28 Attorney General.

2. Respondent Youmna M. Abdulhadi, M.D. (Respondent) is represented in this proceeding by attorney Albert W. Arena, Esq., whose address is: Arena Law Group, PC, 2732 5th Avenue, San Diego, CA 92103-63292.

3. On or about January 23, 2013, the Board issued Physician's and Surgeon's Certificate No. C 55715 to Youmna M. Abdulhadi, M.D. (Respondent). The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in First Amended Accusation No. 800-2022-085470, and will expire on October 31, 2024, unless renewed.

## JURISDICTION

4. First Amended Accusation No. 800-2022-085470 was filed before the Board, and is currently pending against Respondent. The First Amended Accusation and all other statutorily required documents were properly served on Respondent on May 2, 2023. Respondent timely filed her Notice of Defense contesting the Accusation.

5. A copy of First Amended Accusation No. 800-2022-085470 is attached as Exhibit A and incorporated herein by reference.

## ADVISEMENT AND WAIVERS

6. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in First Amended Accusation No. 800-2022-085470. Respondent has also carefully read, fully discussed with her counsel, and understands the effects of this Stipulated Settlement and Disciplinary Order.

7. Respondent is fully aware of her legal rights in this matter, including the right to a hearing on the charges and allegations in the First Amended Accusation; the right to confront and cross-examine the witnesses against her; the right to present evidence and to testify on her own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.

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8. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

## CULPABILITY

9. Respondent admits the truth of each and every charge and allegation in First Amended Accusation No. 800-2022-085470.

10. Respondent agrees that her Physician's and Surgeon's Certificate is subject to discipline and she agrees to be bound by the Board's probationary terms as set forth in the Disciplinary Order below.

## CONTINGENCY

11. This stipulation shall be subject to approval by the Medical Board of California. Respondent understands and agrees that counsel for Complainant and the staff of the Medical Board of California may communicate directly with the Board regarding this stipulation and settlement, without notice to or participation by Respondent or her counsel. By signing the stipulation, Respondent understands and agrees that she may not withdraw her agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.

12. The parties understand and agree that Portable Document Format (PDF) and facsimile copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile signatures thereto, shall have the same force and effect as the originals.

13. In consideration of the foregoing admissions and stipulations, the parties agree that the Board may, without further notice or opportunity to be heard by the Respondent, issue and enter the following Disciplinary Order:

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**DISCIPLINARY ORDER**

IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. C 55715 issued to Respondent Youmna M. Abdulhadi, M.D., is revoked. However, the revocation is stayed and Respondent is placed on probation for seven (7) years from the effective date of the Decision on the following terms and conditions:

1. **PSYCHIATRIC EVALUATION.** Within 30 calendar days of the effective date of this Decision, and on whatever periodic basis thereafter may be required by the Board or its designee, Respondent shall undergo and complete a psychiatric evaluation (and psychological testing, if deemed necessary) by a Board-appointed, board-certified psychiatrist, who shall consider any information provided by the Board or designee and any other information the psychiatrist deems relevant, and shall furnish a written evaluation report to the Board or its designee. Psychiatric evaluations conducted prior to the effective date of the Decision shall not be accepted towards the fulfillment of this requirement. Respondent shall pay the cost of all psychiatric evaluations and psychological testing.

Respondent shall comply with all restrictions or conditions recommended by the evaluating psychiatrist within 15 calendar days after being notified by the Board or its designee.

2. **PSYCHIATRIC TREATMENT.** Within 60 calendar days of the effective date of this Decision, Respondent shall submit to the Board or its designee for prior approval the name and qualifications of a California-licensed, board certified psychiatrist. Upon approval, Respondent shall undergo and continue regular psychiatric treatment, including any modifications to the frequency of psychiatric treatment, until the Board or its designee deems that no further psychiatric treatment is necessary.

The psychiatrist shall consider any information provided by the Board or its designee and any other information the psychiatrist deems relevant and shall furnish a written evaluation report to the Board or its designee. Respondent shall cooperate in providing the psychiatrist with any information and documents that the psychiatrist may deem pertinent.

Respondent shall have the treating psychiatrist submit quarterly status reports to the Board or its designee. The Board or its designee may require Respondent to undergo further psychiatric

1 evaluations by a Board-appointed board certified psychiatrist. If, prior to the completion of  
2 probation, Respondent is found to be mentally unfit to resume the practice of medicine without  
3 restrictions, the Board shall retain continuing jurisdiction over Respondent's license and the  
4 period of probation shall be extended until the Board determines that Respondent is mentally fit  
5 to resume the practice of medicine without restrictions.

6 Respondent shall pay the cost of all psychiatric treatment and psychiatric evaluations.

7 3. MONITORING - PRACTICE. Within 30 calendar days of the effective date of this  
8 Decision, Respondent shall submit to the Board or its designee for prior approval as a practice  
9 monitor, the name and qualifications of one or more licensed physicians and surgeons whose  
10 licenses are valid and in good standing, and who are preferably American Board of Medical  
11 Specialties (ABMS) certified. A monitor shall have no prior or current business or personal  
12 relationship with Respondent, or other relationship that could reasonably be expected to  
13 compromise the ability of the monitor to render fair and unbiased reports to the Board, including  
14 but not limited to any form of bartering, shall be in Respondent's field of practice, and must agree  
15 to serve as Respondent's monitor. Respondent shall pay all monitoring costs.

16 The Board or its designee shall provide the approved monitor with copies of the Decision  
17 and First Amended Accusation, and a proposed monitoring plan. Within 15 calendar days of  
18 receipt of the Decision, Accusation, and proposed monitoring plan, the monitor shall submit a  
19 signed statement that the monitor has read the Decision and First Amended Accusation, fully  
20 understands the role of a monitor, and agrees or disagrees with the proposed monitoring plan. If  
21 the monitor disagrees with the proposed monitoring plan, the monitor shall submit a revised  
22 monitoring plan with the signed statement for approval by the Board or its designee.

23 Within 60 calendar days of the effective date of this Decision, and continuing throughout  
24 probation, Respondent's practice shall be monitored by the approved monitor. Respondent shall  
25 make all records available for immediate inspection and copying on the premises by the monitor  
26 at all times during business hours and shall retain the records for the entire term of probation.

27 If Respondent fails to obtain approval of a monitor within 60 calendar days of the effective  
28 date of this Decision, Respondent shall receive a notification from the Board or its designee to

1 cease the practice of medicine within three (3) calendar days after being so notified. Respondent  
2 shall cease the practice of medicine until a monitor is approved to provide monitoring  
3 responsibility.

4 The monitor shall submit a quarterly written report to the Board or its designee which  
5 includes an evaluation of Respondent's performance, indicating whether Respondent's practices  
6 are within the standards of practice of medicine and whether Respondent is practicing medicine  
7 safely. It shall be the sole responsibility of Respondent to ensure that the monitor submits the  
8 quarterly written reports to the Board or its designee within 10 calendar days after the end of the  
9 preceding quarter.

10 If the monitor resigns or is no longer available, Respondent shall, within 5 calendar days of  
11 such resignation or unavailability, submit to the Board or its designee, for prior approval, the  
12 name and qualifications of a replacement monitor who will be assuming that responsibility within  
13 15 calendar days. If Respondent fails to obtain approval of a replacement monitor within 60  
14 calendar days of the resignation or unavailability of the monitor, Respondent shall receive a  
15 notification from the Board or its designee to cease the practice of medicine within three (3)  
16 calendar days after being so notified. Respondent shall cease the practice of medicine until a  
17 replacement monitor is approved and assumes monitoring responsibility.

18 4. SOLO PRACTICE PROHIBITION. Respondent is prohibited from engaging in the  
19 solo practice of medicine. Prohibited solo practice includes, but is not limited to, a practice  
20 where: 1) Respondent merely shares office space with another physician but is not affiliated for  
21 purposes of providing patient care, or 2) Respondent is the sole physician practitioner at that  
22 location.

23 If Respondent fails to establish a practice with another physician or secure employment in  
24 an appropriate practice setting within 60 calendar days of the effective date of this Decision,  
25 Respondent shall receive a notification from the Board or its designee to cease the practice of  
26 medicine within three (3) calendar days after being so notified. The Respondent shall not resume  
27 practice until an appropriate practice setting is established.

28 If, during the course of the probation, the Respondent's practice setting changes and the

1 Respondent is no longer practicing in a setting in compliance with this Decision, the Respondent  
2 shall notify the Board or its designee within five (5) calendar days of the practice setting change.  
3 If Respondent fails to establish a practice with another physician or secure employment in an  
4 appropriate practice setting within 60 calendar days of the practice setting change, Respondent  
5 shall receive a notification from the Board or its designee to cease the practice of medicine within  
6 three (3) calendar days after being so notified. Respondent shall not resume practice until an  
7 appropriate practice setting is established.

8 5. NOTIFICATION. Within seven (7) days of the effective date of this Decision, the  
9 Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the  
10 Chief Executive Officer at every hospital where privileges or membership are extended to  
11 Respondent, at any other facility where Respondent engages in the practice of medicine,  
12 including all physician and locum tenens registries or other similar agencies, and to the Chief  
13 Executive Officer at every insurance carrier which extends malpractice insurance coverage to  
14 Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15  
15 calendar days.

16 This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

17 6. SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE  
18 NURSES. During probation, Respondent is prohibited from supervising physician assistants and  
19 advanced practice nurses.

20 7. OBEY ALL LAWS. Respondent shall obey all federal, state and local laws, all rules  
21 governing the practice of medicine in California and remain in full compliance with any court  
22 ordered criminal probation, payments, and other orders.

23 8. INVESTIGATION/ENFORCEMENT COST RECOVERY. Respondent is hereby  
24 ordered to reimburse the Board its costs of investigation and enforcement, including, but not  
25 limited to, expert review, amended accusations, legal reviews, investigation(s), and subpoena  
26 enforcement, as applicable, in the amount of \$26,102.00 (twenty-six thousand one hundred two  
27 dollars). Costs shall be payable to the Medical Board of California. Failure to pay such costs  
28 shall be considered a violation of probation.



1 Payment must be made in full within 30 calendar days of the effective date of the Order, or  
2 by a payment plan approved by the Medical Board of California. Any and all requests for a  
3 payment plan shall be submitted in writing by respondent to the Board. Failure to comply with  
4 the payment plan shall be considered a violation of probation.

5 The filing of bankruptcy by respondent shall not relieve respondent of the responsibility to  
6 repay investigation and enforcement costs, including expert review costs.

7 9. QUARTERLY DECLARATIONS. Respondent shall submit quarterly declarations  
8 under penalty of perjury on forms provided by the Board, stating whether there has been  
9 compliance with all the conditions of probation. Respondent shall submit quarterly declarations  
10 not later than 10 calendar days after the end of the preceding quarter.

11 10. GENERAL PROBATION REQUIREMENTS.

12 Compliance with Probation Unit

13 Respondent shall comply with the Board's probation unit.

14 Address Changes

15 Respondent shall, at all times, keep the Board informed of Respondent's business and  
16 residence addresses, email address (if available), and telephone number. Changes of such  
17 addresses shall be immediately communicated in writing to the Board or its designee. Under no  
18 circumstances shall a post office box serve as an address of record, except as allowed by Business  
19 and Professions Code section 2021, subdivision (b).

20 Place of Practice

21 Respondent shall not engage in the practice of medicine in Respondent's or patient's place  
22 of residence, unless the patient resides in a skilled nursing facility or other similar licensed  
23 facility.

24 License Renewal

25 Respondent shall maintain a current and renewed California physician's and surgeon's  
26 license.

27 Travel or Residence Outside California

28 Respondent shall immediately inform the Board or its designee, in writing, of travel to any

1 areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty  
2 (30) calendar days.

3 In the event Respondent should leave the State of California to reside or to practice  
4 Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of  
5 departure and return.

6 11. INTERVIEW WITH THE BOARD OR ITS DESIGNEE. Respondent shall be  
7 available in person upon request for interviews either at Respondent's place of business or at the  
8 probation unit office, with or without prior notice throughout the term of probation.

9 12. NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or  
10 its designee in writing within 15 calendar days of any periods of non-practice lasting more than  
11 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is  
12 defined as any period of time Respondent is not practicing medicine as defined in Business and  
13 Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct  
14 patient care, clinical activity or teaching, or other activity as approved by the Board. If  
15 Respondent resides in California and is considered to be in non-practice, Respondent shall  
16 comply with all terms and conditions of probation. All time spent in an intensive training  
17 program which has been approved by the Board or its designee shall not be considered non-  
18 practice and does not relieve Respondent from complying with all the terms and conditions of  
19 probation. Practicing medicine in another state of the United States or Federal jurisdiction while  
20 on probation with the medical licensing authority of that state or jurisdiction shall not be  
21 considered non-practice. A Board-ordered suspension of practice shall not be considered as a  
22 period of non-practice.

23 In the event Respondent's period of non-practice while on probation exceeds 18 calendar  
24 months, Respondent shall successfully complete the Federation of State Medical Board's Special  
25 Purpose Examination, or, at the Board's discretion, a clinical competence assessment program  
26 that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model  
27 Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.

28 Respondent's period of non-practice while on probation shall not exceed two (2) years.

1           Periods of non-practice will not apply to the reduction of the probationary term.

2           Periods of non-practice for a Respondent residing outside of California will relieve  
3 Respondent of the responsibility to comply with the probationary terms and conditions with the  
4 exception of this condition and the following terms and conditions of probation: Obey All Laws;  
5 General Probation Requirements; Quarterly Declarations; Abstain from the Use of Alcohol and/or  
6 Controlled Substances; and Biological Fluid Testing..

7           13. COMPLETION OF PROBATION. Respondent shall comply with all financial  
8 obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the  
9 completion of probation. This term does not include cost recovery, which is due within 30  
10 calendar days of the effective date of the Order, or by a payment plan approved by the Medical  
11 Board and timely satisfied. Upon successful completion of probation, Respondent's certificate  
12 shall be fully restored.

13           14. VIOLATION OF PROBATION. Failure to fully comply with any term or condition  
14 of probation is a violation of probation. If Respondent violates probation in any respect, the  
15 Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and  
16 carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke Probation,  
17 or an Interim Suspension Order is filed against Respondent during probation, the Board shall have  
18 continuing jurisdiction until the matter is final, and the period of probation shall be extended until  
19 the matter is final.

20           15. LICENSE SURRENDER. Following the effective date of this Decision, if  
21 Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy  
22 the terms and conditions of probation, Respondent may request to surrender his license. The  
23 Board reserves the right to evaluate Respondent's request and to exercise its discretion in  
24 determining whether or not to grant the request, or to take any other action deemed appropriate  
25 and reasonable under the circumstances. Upon formal acceptance of the surrender, Respondent  
26 shall within 15 calendar days deliver Respondent's wallet and wall certificate to the Board or its  
27 designee and Respondent shall no longer practice medicine. Respondent will no longer be subject  
28 to the terms and conditions of probation. If Respondent re-applies for a medical license, the

1 application shall be treated as a petition for reinstatement of a revoked certificate.


2 16. PROBATION MONITORING COSTS. Respondent shall pay the costs associated  
3 with probation monitoring each and every year of probation, as designated by the Board, which  
4 may be adjusted on an annual basis. Such costs shall be payable to the Medical Board of  
5 California and delivered to the Board or its designee no later than January 31 of each calendar  
6 year.

7 17. FUTURE ADMISSIONS CLAUSE. If Respondent should ever apply or reapply for  
8 a new license or certification, or petition for reinstatement of a license, by any other health care  
9 licensing action agency in the State of California, all of the charges and allegations contained in  
10 First Amended Accusation No. 800-2022-085470 shall be deemed to be true, correct, and  
11 admitted by Respondent for the purpose of any Statement of Issues or any other proceeding  
12 seeking to deny or restrict license.

13 ACCEPTANCE

14 I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully  
15 discussed it with my attorney, Albert W. Arena, Esq. I understand the stipulation and the effect it  
16 will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and  
17 Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the  
18 Decision and Order of the Medical Board of California.

19 DATED: 5/26/23

  
Youmna Abdulhadi (May 26, 2023 12:46 PDT)

20 YOUNNA M. ABDULHADI, M.D.  
21 Respondent

22 I have read and fully discussed with Respondent Youmna M. Abdulhadi, M.D., the terms  
23 and conditions and other matters contained in the above Stipulated Settlement and Disciplinary  
24 Order. I approve its form and content.

25 DATED: May 26, 2023

26   
27 ALBERT W. ARENA, ESQ.  
28 Attorney for Respondent

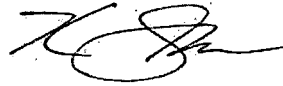
**ENDORSEMENT**

The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California.

DATED: May 26, 2023

Respectfully submitted,

ROB BONTA  
Attorney General of California  
ALEXANDRA M. ALVAREZ  
Supervising Deputy Attorney General



KEITH C. SHAW  
Deputy Attorney General  
*Attorneys for Complainant*

SD2022303906

**Exhibit A**

**First Amended Accusation No. 800-2022-085470**

1 ROB BONTA  
Attorney General of California  
2 ALEXANDRA M. ALVAREZ  
Supervising Deputy Attorney General  
3 KEITH C. SHAW  
Deputy Attorney General  
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7 Facsimile: (619) 645-2012

8 *Attorneys for Complainant*

9  
10 **BEFORE THE**  
11 **MEDICAL BOARD OF CALIFORNIA**  
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13 **STATE OF CALIFORNIA**

14 In the Matter of the First Amended Accusation  
15 Against:

Case No. 800-2022-085470

**FIRST AMENDED ACCUSATION**

16 **YOUMNA M. ABDULHADI, M.D.**  
17 **140 Boomer Place, #307**  
**Chula Vista, CA 91910**

18 **Physician's and Surgeon's Certificate**  
**No. C 55715,**

19 Respondent.

20  
21 **PARTIES**

22 1. Reji Varghese (Complainant) brings this First Amended Accusation solely in his  
23 official capacity as the Interim Executive Director of the Medical Board of California,  
24 Department of Consumer Affairs (Board).

25 2. On or about January 23, 2013, the Medical Board issued Physician's and Surgeon's  
26 Certificate No. C 55715 to Youmna M. Abdulhadi, M.D. (Respondent). The Physician's and  
27 Surgeon's Certificate was in full force and effect at all times relevant to the charges brought  
28 herein and will expire on October 31, 2024, unless renewed.

## JURISDICTION

3. This First Amended Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.

4. Section 2227 of the Code provides that a licensee who is found guilty under the Medical Practice Act may have his or her license revoked, suspended for a period not to exceed one year, placed on probation and required to pay the costs of probation monitoring, or such other action taken in relation to discipline as the Board deems proper.

5. Section 2234 of the Code, states in part:

"The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

"(a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the violation of, or conspiring to violate any provision of this chapter.

6. Section 2229 of the Code states that the protection of the public shall be the highest priority for the Board in exercising their disciplinary authority. While attempts to rehabilitate a licensee should be made when possible, Section 2229, subdivision (c), states that when rehabilitation and protection are inconsistent, protection shall be paramount.

7. Section 822 of the Code provides that if the Board determines that a licensee's ability to practice his or her profession safely is impaired because the licensee is mentally ill, or physically ill affecting competency, the Board may take action by revoking or suspending the license, placing the licensee on probation, or taking such other action as the Board in its discretion deems proper.

## COST RECOVERY

8. Section 125.3 of the Code provides, in pertinent part, that the Board may request the administrative law judge to direct a licensee found to have committed a violation or violations of the licensing act to pay a sum not to exceed the reasonable costs of the investigation and enforcement of the case, with failure of the licensee to comply subjecting the license to not being



1 renewed or reinstated. If a case settles, recovery of investigation and enforcement costs may be  
2 included in a stipulated settlement.

3 **CAUSE FOR ACTION**

4 **(Mental or Physical Impairment)**

5 9. Respondent is subject to action pursuant to Section 822 of the Code, in that her ability  
6 to practice medicine safely is impaired because she has a mental illness affecting competency.  
7 The circumstances are as follows:

8 10. Respondent and Dr. X<sup>1</sup> had previously been colleagues, but were never romantically  
9 involved or married. Beginning in approximately January 2022, Respondent began sending Dr. X  
10 inappropriate and incoherent emails and text messages that were sexual in nature. Dr. X informed  
11 Respondent that he wanted no form of contact with her and blocked her from his contacts.  
12 Respondent then sent Dr. X a prenuptial agreement even though there was never any discussion  
13 about marriage and Dr. X had repeatedly told Respondent that he wanted nothing to do with her.

14 11. In approximately January 2022, Respondent suddenly appeared at Dr. X's medical  
15 office and told office staff that she had married Dr. X and she would be seeing his patients. In  
16 response, Dr. X filed a temporary restraining order (TRO) against Respondent, which prohibited  
17 Respondent from contacting Dr. X, either directly or indirectly. Despite the TRO, Respondent  
18 continued to come to Dr. X's home, office, and message his girlfriend on social media.

19 12. In approximately February 2022, Dr. X obtained a civil harassment order (CHO)  
20 against Respondent, which prohibited Respondent from contacting Dr. X directly or indirectly,  
21 and required that she stay at least 500 yards away from Dr. X, his home, and his place of work.  
22 Around this time, Respondent also informed Dr. X that she had legally changed her last name to  
23 his last name.

24 13. On or about March 16, 2022, Respondent was served with the CHO. On or about  
25 March 17, 2022, Respondent came into Dr. X's office and demanded to see Dr. X. She forced her  
26 way past office staff and barged into Dr. X's office. She exclaimed to Dr. X, "you're my

27 <sup>1</sup> The individual listed in this document is unnamed to protect his privacy. Respondent  
28 knows the name of this individual and can confirm his identity through discovery.

1 husband,” and chased him around the office and began pushing him. Office staff intervened and  
2 Dr. X ran into the parking lot, where Respondent followed. Dr. X escaped Respondent by  
3 running back into the building and holding the door shut so that Respondent could not gain entry.

4 14. The same day, Respondent was arrested for violating the CHO. She made  
5 nonsensical statements to the officers, including that she was a machine, pledging her allegiance  
6 to the “CIA and US,” and Dr. X was her husband. Respondent had in her possession proof that  
7 she legally changed her last name to Dr. X’s last name on or about February 28, 2022. Following  
8 her arrest, Respondent continued to contact Dr. X.

9 15. Respondent was charged in San Diego County Superior Court with three  
10 misdemeanor counts of violating the CHO, pursuant to Penal Code section 273.6, subdivision (a).  
11 On or about August 15, 2022, Respondent was found to be not mentally competent to stand trial  
12 following a competency evaluation. It was determined that Respondent displays symptoms of a  
13 severe mental disorder, including delusional beliefs, disorganized thought process, and  
14 disorganized speech, with a diagnostic impression of Unspecified Schizophrenia Spectrum and  
15 other psychotic disorders. The evaluator noted that Respondent’s judgment is poor and insight  
16 into her mental illness is poor.

17 16. In an unrelated incident, on or about February 2, 2022, Respondent returned to a  
18 medical clinic that she was previously employed without any notice. Respondent told the office  
19 manager that she had purchased the clinic, even though she had not, and that she was not ready to  
20 see patients. The police were called and Respondent was escorted from the clinic. She stated  
21 upon her departure, “I’ll be back.”

22 17. On or about January 27, 2023, Respondent underwent a voluntary mental evaluation  
23 with a Board-appointed psychiatrist. On or about March 28, 2023, the Board expert concluded  
24 that Respondent is unsafe to practice medicine as a result of a mental illness affecting  
25 competency. The Board expert determined that Respondent has a diagnosis of Bipolar I disorder,  
26 with psychotic features, which impairs her ability to safely practice medicine. The expert  
27 recommended that due to the serious nature of Respondent’s bipolar disorder, she requires  
28

1 ongoing treatment, monitoring, as well as practice restrictions and conditions, to ensure that she  
2 can safely return to the practice of medicine.

3 **CAUSE FOR DISCIPLINE**

4 **(Unprofessional Conduct)**

5 18. Respondent is subject to disciplinary action under sections 2227 and 2234, as defined  
6 by section 2234, subdivision (a), of the Code, in that she engaged in unprofessional conduct, as  
7 more particularly alleged in paragraphs 10 through 16, above, which are hereby incorporated by  
8 reference and realleged as if fully set forth herein.

9 **PRAYER**

10 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,  
11 and that following the hearing, the Medical Board of California issue a decision:

12 1. Revoking or suspending Physician's and Surgeon's Certificate No. C 55715, issued to  
13 Youmna M. Abdulhadi, M.D.;

14 2. Revoking, suspending or denying approval of Youmna M. Abdulhadi, M.D.'s  
15 authority to supervise physician assistants and advanced practice nurses;

16 3. Ordering Youmna M. Abdulhadi, M.D., to pay the Board the costs of the  
17 investigation and enforcement of this case, and if placed on probation, the costs of probation  
18 monitoring;

19 4. Taking action as authorized by section 822 of the Code as the Medical Board, in its  
20 discretion, deems necessary and proper; and

21 5. Taking such other and further action as deemed necessary and proper.

22  
23 DATED: MAY 02 2023



24 REJI VARGHESE  
25 Interim Executive Director  
26 Medical Board of California  
27 Department of Consumer Affairs  
28 State of California  
Complainant

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