BEFORE THE MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA

In the Matter of the Accusation Against:

Ryan Matthew Spivak, M.D.

Physician's and Surgeon's Certificate No. A 113632

Respondent.

DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on June 9, 2023.

IT IS SO ORDERED: May 11, 2023.

MEDICAL BOARD OF CALIFORNIA

Case No.: 800-2019-060028

Richard E. Thorp, M.D., Chair

Panel B

| 1 | ROB BONTA | | | |
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| 2 | Supervising Deputy Attorney General REBECCA L. SMITH Deputy Attorney General State Bar No. 179733 | | | |
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| 5 | 300 So. Spring Street, Suite 1702 Los Angeles, CA 90013 | | | |
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| 7 | Attorneys for Complainant | | | |
| 8 | BEFORE THE | | | |
| 9 | MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS | | | |
| 10 | STATE OF CALIFORNIA | | | |
| 11 | | | | |
| 12 | In the Matter of the First Amended Accusation Against: | Case No. 800-2019-060028 | | |
| 13 | RYAN MATTHEW SPIVAK, M.D. | OAH No. 2022040932 | | |
| 14 | 27509 Agoura Road, Suite 110 Agoura Hills, CA 91301 | STIPULATED SETTLEMENT AND | | |
| 15 | Physician's and Surgeon's Certificate | DISCIPLINARY ORDER | | |
| 16 | - II ' | | | |
| 17 | Respondent. | | | |
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| 19 | IT IS HEREBY STIPULATED AND AGR | EED by and between the parties to the above- | | |
| 20 | entitled proceedings that the following matters are true: | | | |
| 21 | PART | <u> TIES</u> | | |
| 22 | 1. Reji Varghese (Complainant) is the Ir | nterim Executive Director of the Medical Board | | |
| 23 | of California (Board). He brought this action solely in his official capacity and is represented in | | | |
| 24 | this matter by Rob Bonta, Attorney General of the State of California, by Rebecca L. Smith, | | | |
| 25 | Deputy Attorney General. | | | |
| 26 | 2. Ryan Matthew Spivak, M.D. (Respondent) is represented in this proceeding by | | | |
| 27 | attorney Kevin D. Cauley, whose address is 624 South Grand Avenue, 22nd Floor, Los Angeles | | | |
| 28 | California 90017-3323. | | | |

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CULPABILITY

- 9. Respondent does not contest that, at an administrative hearing, complainant could establish a prima facie case with respect to the charges and allegations in First Amended Accusation No. 800-2019-060028 and that he has thereby subjected his license to disciplinary action.
- 10. Respondent agrees that his Physician's and Surgeon's Certificate is subject to discipline and he agrees to be bound by the Board's probationary terms as set forth in the Disciplinary Order below.

RESERVATION

11. The admissions made by Respondent herein are only for the purposes of this proceeding, or any other proceedings in which the Medical Board of California or other professional licensing agency is involved, and shall not be admissible in any other criminal or civil proceeding.

CONTINGENCY

12. This stipulation shall be subject to approval by the Medical Board of California. Respondent understands and agrees that counsel for Complainant and the staff of the Medical Board of California may communicate directly with the Board regarding this stipulation and settlement, without notice to or participation by Respondent or his counsel. By signing the stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.

- 13. Respondent agrees that if he ever petitions for early termination or modification of probation, or if an accusation and/or petition to revoke probation is filed against him before the Board, all of the charges and allegations contained in First Amended Accusation No. 800-2019-060028 shall be deemed true, correct and fully admitted by respondent for purposes of any such proceeding or any other licensing proceeding involving Respondent in the State of California.
- 14. The parties understand and agree that Portable Document Format (PDF) and facsimile copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile signatures thereto, shall have the same force and effect as the originals.
- 15. In consideration of the foregoing admissions and stipulations, the parties agree that the Board may, without further notice or opportunity to be heard by the Respondent, issue and enter the following Disciplinary Order:

DISCIPLINARY ORDER

IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A 113632 issued to Respondent RYAN MATTHEW SPIVAK, M.D. is revoked. However, the revocation is stayed and Respondent is placed on probation for two (2) years to run consecutively from the conclusion of Respondent's probation term in the Board's Decision in Case No. 800-2019-061086, for a total of eleven (11) years' probation, with the following terms and conditions:

1. <u>CLINICAL DIAGNOSTIC EVALUATION – Condition Satisfied</u>. Within thirty (30) calendar days of the effective date of this Decision, and on whatever periodic basis thereafter as may be required by the Board or its designee, Respondent shall undergo and complete a clinical diagnostic evaluation, including any and all testing deemed necessary, by a Board-appointed board certified physician and surgeon. The examiner shall consider any information provided by the Board or its designee and any other information he or she deems relevant, and shall furnish a written evaluation report to the Board or its designee.

The clinical diagnostic evaluation shall be conducted by a licensed physician and surgeon who holds a valid, unrestricted license, has three (3) years' experience in providing evaluations of physicians and surgeons with substance abuse disorders, and is approved by the Board or its designee. The clinical diagnostic evaluation shall be conducted in accordance with acceptable

professional standards for conducting substance abuse clinical diagnostic evaluations. The evaluator shall not have a current or former financial, personal, or business relationship with Respondent within the last five (5) years. The evaluator shall provide an objective, unbiased, and independent evaluation. The clinical diagnostic evaluation report shall set forth, in the evaluator's opinion, whether Respondent has a substance abuse problem, whether Respondent is a threat to himself or others, and recommendations for substance abuse treatment, practice restrictions, or other recommendations related to Respondent's rehabilitation and ability to practice safely. If the evaluator determines during the evaluation process that Respondent is a threat to himself or others, the evaluator shall notify the Board within twenty-four (24) hours of such a determination.

In formulating his opinion as to whether Respondent is safe to return to either part-time or full-time practice and what restrictions or recommendations should be imposed, including participation in an inpatient or outpatient treatment program, the evaluator shall consider the following factors: Respondent's license type; Respondent's history; Respondent's documented length of sobriety (i.e., length of time that has elapsed since Respondent's last substance use); Respondent's scope and pattern of substance abuse; Respondent's treatment history, medical history and current medical condition; the nature, duration and severity of Respondent's substance abuse problem or problems; and whether Respondent is a threat to himself or the public.

For all clinical diagnostic evaluations, a final written report shall be provided to the Board no later than ten (10) days from the date the evaluator is assigned the matter. If the evaluator requests additional information or time to complete the evaluation and report, an extension may be granted, but shall not exceed thirty (30) days from the date the evaluator was originally assigned the matter.

The Board shall review the clinical diagnostic evaluation report within five (5) business days of receipt to determine whether Respondent is safe to return to either part-time or full-time practice and what restrictions or recommendations shall be imposed on Respondent based on the recommendations made by the evaluator. Respondent shall not be returned to practice until he

has at least thirty (30) days of negative biological fluid tests or biological fluid tests indicating that he has not used, consumed, ingested, or administered to himself a prohibited substance, as defined in section 1361.51, subdivision (e), of Title 16 of the California Code of Regulations.

Clinical diagnostic evaluations conducted prior to the effective date of this Decision shall not be accepted towards the fulfillment of this requirement. The cost of the clinical diagnostic evaluation, including any and all testing deemed necessary by the examiner, the Board or its designee, shall be borne by the licensee.

Respondent shall not engage in the practice of medicine until notified by the Board or its designee that he is fit to practice medicine safely. The period of time that Respondent is not practicing medicine shall not be counted toward completion of the term of probation. Respondent shall undergo biological fluid testing as required in this Decision at least two (2) times per week while awaiting the notification from the Board if he is fit to practice medicine safely.

Respondent shall comply with all restrictions or conditions recommended by the examiner conducting the clinical diagnostic evaluation within fifteen (15) calendar days after being notified by the Board or its designee.

2. <u>CONTROLLED SUBSTANCES - TOTAL RESTRICTION</u>. Respondent shall not order, prescribe, dispense, administer, furnish, or possess any controlled substances as defined in the California Uniform Controlled Substances Act.

Respondent shall not issue an oral or written recommendation or approval to a patient or a patient's primary caregiver for the possession or cultivation of marijuana for the personal medical purposes of the patient within the meaning of Health and Safety Code section 11362.5.

If Respondent forms the medical opinion, after an appropriate prior examination and a medical indication, that a patient's medical condition may benefit from the use of marijuana, Respondent shall so inform the patient and shall refer the patient to another physician who, following an appropriate prior examination and a medical indication, may independently issue a medically appropriate recommendation or approval for the possession or cultivation of marijuana for the personal medical purposes of the patient within the meaning of Health and Safety Code section 11362.5. In addition, Respondent shall inform the patient or the patient's primary

caregiver that Respondent is prohibited from issuing a recommendation or approval for the possession or cultivation of marijuana for the personal medical purposes of the patient and that the patient or the patient's primary caregiver may not rely on Respondent's statements to legally possess or cultivate marijuana for the personal medical purposes of the patient. Respondent shall fully document in the patient's chart that the patient or the patient's primary caregiver was so informed. Nothing in this condition prohibits Respondent from providing the patient or the patient's primary caregiver information about the possible medical benefits resulting from the use of marijuana.

3. <u>CONTROLLED SUBSTANCES - ABSTAIN FROM USE</u>. Respondent shall abstain completely from the personal use or possession of controlled substances as defined in the California Uniform Controlled Substances Act, dangerous drugs as defined by Business and Professions Code section 4022, and any drugs requiring a prescription. This prohibition does not apply to medications lawfully prescribed to Respondent by another practitioner for a bona fide illness or condition.

Within 15 calendar days of receiving any lawfully prescribed medications, Respondent shall notify the Board or its designee of the: issuing practitioner's name, address, and telephone number; medication name, strength, and quantity; and issuing pharmacy name, address, and telephone number.

4. <u>COMMUNITY SERVICE - FREE SERVICES – Condition Satisfied.</u> Within sixty (60) calendar days of the effective date of this Decision, Respondent shall submit to the Board or its designee for prior approval a community service plan in which Respondent shall within the first two (2) years of probation, provide forty (40) hours of free non-medical services to a community or non-profit organization. Prior to engaging in any community service, Respondent shall provide a true copy of the Decision to the chief of staff, director, office manager, program manager, officer, or the chief executive officer at every community or non-profit organization where Respondent provides non-medical community service and shall submit proof of compliance to the Board or its designee within fifteen (15) calendar days. This condition shall also apply to any change(s) in community service.

Community service performed prior to the effective date of the Decision shall not be accepted in fulfillment of this condition.

- 5. <u>EDUCATION COURSE</u>. Within sixty (60) calendar days of the effective date of this Decision, and on an annual basis thereafter, Respondent shall submit to the Board or its designee for its prior approval educational program(s) or course(s) which shall not be less than forty (40) hours per year, for each year of probation. The educational program(s) or course(s) shall be aimed at correcting any areas of deficient practice or knowledge and shall be Category I certified. The educational program(s) or course(s) shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure. Following the completion of each course, the Board or its designee may administer an examination to test Respondent's knowledge of the course. Respondent shall provide proof of attendance for sixty-five (65) hours of CME of which forty (40) hours were in satisfaction of this condition.
- 6. PRESCRIBING PRACTICES COURSE Condition Satisfied. Within sixty (60) calendar days of the effective date of this Decision, Respondent shall enroll in a course in prescribing practices approved in advance by the Board or its designee. Respondent shall provide the approved course provider with any information and documents that the approved course provider may deem pertinent. Respondent shall participate in and successfully complete the classroom component of the course not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully complete any other component of the course within one (1) year of enrollment. The prescribing practices course shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A prescribing practices course taken after the acts that gave rise to the charges in the Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the course would have been approved by the Board or its designee had the course been taken after the effective date of this Decision.

Respondent shall submit a certification of successful completion to the Board or its

designee not later than fifteen (15) calendar days after successfully completing the course, or not later than fifteen (15) calendar days after the effective date of the Decision, whichever is later.

7. MEDICAL RECORD KEEPING COURSE. Within sixty (60) calendar days of the effective date of this Decision, Respondent shall enroll in a course in medical record keeping approved in advance by the Board or its designee. Respondent shall provide the approved course provider with any information and documents that the approved course provider may deem pertinent. Respondent shall participate in and successfully complete the classroom component of the course not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully complete any other component of the course within one (1) year of enrollment. The medical record keeping course shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A medical record keeping course taken after the acts that gave rise to the charges in the First Amended Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the course would have been approved by the Board or its designee had the course been taken after the effective date of this Decision.

Respondent shall submit a certification of successful completion to the Board or its designee not later than fifteen (15) calendar days after successfully completing the course, or not later than fifteen (15) calendar days after the effective date of the Decision, whichever is later.

8. PROFESSIONALISM PROGRAM (ETHICS COURSE). Within sixty (60) calendar days of the effective date of this Decision, Respondent shall enroll in a professionalism program, that meets the requirements of Title 16, California Code of Regulations (CCR) section 1358.1. Respondent shall participate in and successfully complete that program. Respondent shall provide any information and documents that the program may deem pertinent. Respondent shall successfully complete the classroom component of the program not later than six (6) months after Respondent's initial enrollment, and the longitudinal component of the program not later than the time specified by the program, but no later than one (1) year after attending the classroom component. The professionalism program shall be at Respondent's expense and shall be in

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addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A professionalism program taken after the acts that gave rise to the charges in the First Amended Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the program would have been approved by the Board or its designee had the program been taken after the effective date of this Decision.

Respondent shall submit a certification of successful completion to the Board or its designee not later than fifteen (15) calendar days after successfully completing the program or not later than 15 calendar days after the effective date of the Decision, whichever is later.

9. <u>BIOLOGICAL FLUID TESTING</u>. Respondent shall immediately submit to biological fluid testing, at Respondent's expense, upon request of the Board or its designee. "Biological fluid testing" may include, but is not limited to, urine, blood, breathalyzer, hair follicle testing, or similar drug screening approved by the Board or its designee. Respondent shall make daily contact with the Board or its designee to determine whether biological fluid testing is required. Respondent shall be tested on the date of the notification as directed by the Board or its designee. The Board may order a Respondent to undergo a biological fluid test on any day, at any time, including weekends and holidays. Except when testing on a specific date as ordered by the Board or its designee, the scheduling of biological fluid testing shall be done on a random basis. The cost of biological fluid testing shall be borne by Respondent.

During the first year of probation, Respondent shall be subject to 52 to 104 random tests. During the second year of probation and for the duration of the probationary term, up to five (5) years, Respondent shall be subject to 36 to 104 random tests per year. Only if there has been no positive biological fluid tests in the previous five (5) consecutive years of probation, may testing be reduced to one (1) time per month. Nothing precludes the Board from increasing the number of random tests to the first-year level of frequency for any reason.

Prior to practicing medicine, Respondent shall contract with a laboratory or service, approved in advance by the Board or its designee, that will conduct random, unannounced, observed, biological fluid testing and meets all of the following standards:

(l) It employs or contracts with toxicologists that are licensed physicians and have

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knowledge of substance abuse disorders and the appropriate medical training to interpret and evaluate laboratory biological fluid test results, medical histories, and any other information relevant to biomedical information.

(m) It will not consider a toxicology screen to be negative if a positive result is obtained while practicing, even if Respondent holds a valid prescription for the substance.

Prior to changing testing locations for any reason, including during vacation or other travel, alternative testing locations must be approved by the Board and meet the requirements above.

The contract shall require that the laboratory directly notify the Board or its designee of non-negative results within one (1) business day and negative test results within seven (7) business days of the results becoming available. Respondent shall maintain this laboratory or service contract during the period of probation.

A certified copy of any laboratory test result may be received in evidence in any proceedings between the Board and Respondent.

If a biological fluid test result indicates Respondent has used, consumed, ingested, or administered to himself or herself a prohibited substance, the Board shall order Respondent to cease practice and instruct Respondent to leave any place of work where Respondent is practicing medicine or providing medical services. The Board shall immediately notify all of Respondent's employers, supervisors and work monitors, if any, that Respondent may not practice medicine or provide medical services while the cease-practice order is in effect.

A biological fluid test will not be considered negative if a positive result is obtained while practicing, even if the practitioner holds a valid prescription for the substance. If no prohibited substance use exists, the Board shall lift the cease-practice order within one (1) business day.

After the issuance of a cease-practice order, the Board shall determine whether the positive biological fluid test is in fact evidence of prohibited substance use by consulting with the specimen collector and the laboratory, communicating with the licensee, his treating physician(s), other health care provider, or group facilitator, as applicable.

For purposes of this condition, the terms "biological fluid testing" and "testing" mean the acquisition and chemical analysis of a Respondent's urine, blood, breath, or hair.

For purposes of this condition, the term "prohibited substance" means an illegal drug, a lawful drug not prescribed or ordered by an appropriately licensed health care provider for use by Respondent and approved by the Board, alcohol, or any other substance Respondent has been instructed by the Board not to use, consume, ingest, or administer to himself or herself.

If the Board confirms that a positive biological fluid test is evidence of use of a prohibited substance, Respondent has committed a major violation, as defined in section 1361.52(a), and the Board shall impose any or all of the consequences set forth in section 1361.52(b), in addition to any other terms or conditions the Board determines are necessary for public protection or to enhance Respondent's rehabilitation.

10. <u>SUBSTANCE ABUSE SUPPORT GROUP MEETINGS</u>. Within thirty (30) days of the effective date of this Decision, Respondent shall submit to the Board or its designee, for its prior approval, the name of a substance abuse support group which he shall attend for the duration of probation. Respondent shall attend substance abuse support group meetings at least once per week, or as ordered by the Board or its designee.

Respondent shall pay all substance abuse support group meeting costs.

The facilitator of the substance abuse support group meeting shall have a minimum of three (3) years' experience in the treatment and rehabilitation of substance abuse, and shall be licensed or certified by the state or nationally certified organizations. The facilitator shall not have a current or former financial, personal, or business relationship with Respondent within the last five (5) years. Respondent's previous participation in a substance abuse group support meeting led by the same facilitator does not constitute a prohibited current or former financial, personal, or business relationship.

The facilitator shall provide a signed document to the Board or its designee showing Respondent's name, the group name, the date and location of the meeting, Respondent's attendance and Respondent's level of participation and progress. The facilitator shall report any unexcused absence by Respondent from any substance abuse support group meeting to the Board, or its designee, within twenty-four (24) hours of the unexcused absence.

11. PSYCHOTHERAPY. Within sixty (60) calendar days of the effective date of this

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qualifications of a California-licensed board certified psychiatrist or a licensed psychologist who has a doctoral degree in psychology and at least five years of postgraduate experience in the diagnosis and treatment of emotional and mental disorders. Upon approval, Respondent shall undergo and continue psychotherapy treatment, including any modifications to the frequency of psychotherapy, until the Board or its designee deems that no further psychotherapy is necessary. The psychotherapist shall consider any information provided by the Board or its designee

and any other information the psychotherapist deems relevant and shall furnish a written evaluation report to the Board or its designee. Respondent shall cooperate in providing the psychotherapist any information and documents that the psychotherapist may deem pertinent.

Respondent shall have the treating psychotherapist submit quarterly status reports to the Board or its designee. The Board or its designee may require Respondent to undergo psychiatric evaluations by a Board-appointed board certified psychiatrist. If, prior to the completion of probation, Respondent is found to be mentally unfit to resume the practice of medicine without restrictions, the Board shall retain continuing jurisdiction over Respondent's license and the period of probation shall be extended until the Board determines that Respondent is mentally fit to resume the practice of medicine without restrictions.

Respondent shall pay the cost of all psychotherapy and psychiatric evaluations.

MEDICAL EVALUATION AND TREATMENT – Condition satisfied. Within thirty (30) calendar days of the effective date of this Decision, and on a periodic basis thereafter as may be required by the Board or its designee, Respondent shall undergo a medical evaluation by a Board-appointed physician who shall consider any information provided by the Board or designee and any other information the evaluating physician deems relevant and shall furnish a medical report to the Board or its designee. Respondent shall provide the evaluating physician any information and documentation that the evaluating physician may deem pertinent.

Following the evaluation, Respondent shall comply with all restrictions or conditions recommended by the evaluating physician within fifteen (15) calendar days after being notified by the Board or its designee. If Respondent is required by the Board or its designee to undergo

 medical treatment, Respondent shall within thirty (30) calendar days of the requirement notice, submit to the Board or its designee for prior approval the name and qualifications of a California licensed treating physician of Respondent's choice. Upon approval of the treating physician, Respondent shall within fifteen (15) calendar days undertake medical treatment and shall continue such treatment until further notice from the Board or its designee.

The treating physician shall consider any information provided by the Board or its designee or any other information the treating physician may deem pertinent prior to commencement of treatment. Respondent shall have the treating physician submit quarterly reports to the Board or its designee indicating whether or not Respondent is capable of practicing medicine safely. Respondent shall provide the Board or its designee with any and all medical records pertaining to treatment, the Board or its designee deems necessary.

If, prior to the completion of probation, Respondent is found to be physically incapable of resuming the practice of medicine without restrictions, the Board shall retain continuing jurisdiction over Respondent's license and the period of probation shall be extended until the Board determines that Respondent is physically capable of resuming the practice of medicine without restrictions. Respondent shall pay the cost of the medical evaluation(s) and treatment.

13. MONITORING – PRACTICE. Within thirty (30) calendar days of the effective date of this Decision, Respondent shall submit to the Board or its designee for prior approval as a practice monitor, the name and qualifications of one or more licensed physicians and surgeons whose licenses are valid and in good standing, and who are preferably American Board of Medical Specialties (ABMS) certified. A monitor shall have no prior or current business or personal relationship with Respondent, or other relationship that could reasonably be expected to compromise the ability of the monitor to render fair and unbiased reports to the Board, including but not limited to any form of bartering, shall be in Respondent's field of practice, and must agree to serve as Respondent's monitor. Respondent shall pay all monitoring costs.

The Board or its designee shall provide the approved monitor with copies of the Decision and Accusation, and a proposed monitoring plan. Within fifteen (15) calendar days of receipt of the Decision, Accusation, and proposed monitoring plan, the monitor shall submit a signed

statement that the monitor has read the Decision and Accusation, fully understands the role of a monitor, and agrees or disagrees with the proposed monitoring plan. If the monitor disagrees with the proposed monitoring plan, the monitor shall submit a revised monitoring plan with the signed statement for approval by the Board or its designee.

Within sixty (60) calendar days of the effective date of this Decision, and continuing throughout probation, Respondent's practice shall be monitored by the approved monitor. Respondent shall make all records available for immediate inspection and copying on the premises by the monitor at all times during business hours and shall retain the records for the entire term of probation.

If Respondent fails to obtain approval of a monitor within sixty (60) calendar days of the effective date of this Decision, Respondent shall receive a notification from the Board or its designee to cease the practice of medicine within three (3) calendar days after being so notified. Respondent shall cease the practice of medicine until a monitor is approved to provide monitoring responsibility.

The monitor(s) shall submit a quarterly written report to the Board or its designee which includes an evaluation of Respondent's performance, indicating whether Respondent's practices are within the standards of practice of medicine, and whether Respondent is practicing medicine safely. It shall be the sole responsibility of Respondent to ensure that the monitor submits the quarterly written reports to the Board or its designee within ten (10) calendar days after the end of the preceding quarter.

If the monitor resigns or is no longer available, Respondent shall, within five (5) calendar days of such resignation or unavailability, submit to the Board or its designee, for prior approval, the name and qualifications of a replacement monitor who will be assuming that responsibility within fifteen (15) calendar days. If Respondent fails to obtain approval of a replacement monitor within sixty (60) calendar days of the resignation or unavailability of the monitor, Respondent shall receive a notification from the Board or its designee to cease the practice of medicine within three (3) calendar days after being so notified Respondent shall cease the practice of medicine until a replacement monitor is approved and assumes monitoring responsibility.

In lieu of a monitor, Respondent may participate in a professional enhancement program approved in advance by the Board or its designee, that includes, at minimum, quarterly chart review, semi-annual practice assessment, and semi-annual review of professional growth and education. Respondent shall participate in the professional enhancement program at Respondent's expense during the term of probation.

14. WORKSITE MONITOR FOR SUBSTANCE-ABUSING LICENSEE. Within thirty (30) calendar days of the effective date of this Decision, Respondent shall submit to the Board or its designee for prior approval as a worksite monitor, the name and qualifications of one or more licensed physician and surgeon, other licensed health care professional if no physician and surgeon is available, or, as approved by the Board or its designee, a person in a position of authority who is capable of monitoring Respondent at work.

The worksite monitor shall not have a current or former financial, personal, or familial relationship with Respondent, or any other relationship that could reasonably be expected to compromise the ability of the monitor to render impartial and unbiased reports to the Board or its designee. If it is impractical for anyone but Respondent's employer to serve as the worksite monitor, this requirement may be waived by the Board or its designee, however, under no circumstances shall Respondent's worksite monitor be an employee or supervisee of the licensee.

The worksite monitor shall have an active unrestricted license with no disciplinary action within the last five (5) years, and shall sign an affirmation that he or she has reviewed the terms and conditions of Respondent's disciplinary order and agrees to monitor Respondent as set forth by the Board or its designee.

Respondent shall pay all worksite monitoring costs.

The worksite monitor shall have face-to-face contact with Respondent in the work environment on as frequent a basis as determined by the Board or its designee, but not less than once per week; interview other staff in the office regarding Respondent's behavior, if requested by the Board or its designee; and review Respondent's work attendance.

The worksite monitor shall verbally report any suspected substance abuse to the Board and Respondent's employer or supervisor within one (1) business day of occurrence. If the suspected

substance abuse does not occur during the Board's normal business hours, the verbal report shall be made to the Board or its designee within one (1) hour of the next business day. A written report that includes the date, time, and location of the suspected abuse; Respondent's actions; and any other information deemed important by the worksite monitor shall be submitted to the Board or its designee within 48 hours of the occurrence.

The worksite monitor shall complete and submit a written report monthly or as directed by the Board or its designee which shall include the following: (1) Respondent's name and Physician's and Surgeon's Certificate number; (2) the worksite monitor's name and signature; (3) the worksite monitor's license number, if applicable; (4) the location or location(s) of the worksite; (5) the dates Respondent had face-to-face contact with the worksite monitor; (6) the names of worksite staff interviewed, if applicable; (7) a report of Respondent's work attendance; (8) any change in Respondent's behavior and/or personal habits; and (9) any indicators that can lead to suspected substance abuse by Respondent. Respondent shall complete any required consent forms and execute agreements with the approved worksite monitor and the Board, or its designee, authorizing the Board, or its designee, and worksite monitor to exchange information.

If the worksite monitor resigns or is no longer available, Respondent shall, within five (5) calendar days of such resignation or unavailability, submit to the Board or its designee, for prior approval, the name and qualifications of a replacement monitor who will be assuming that responsibility within fifteen (15) calendar days. If Respondent fails to obtain approval of a replacement monitor within sixty (60) calendar days of the resignation or unavailability of the monitor, Respondent shall receive a notification from the Board or its designee to cease the practice of medicine within three (3) calendar days after being so notified. Respondent shall cease the practice of medicine until a replacement monitor is approved and assumes monitoring responsibility.

15. NOTICE OF EMPLOYER OR SUPERVISOR INFORMATION. Within seven (7) days of the effective date of this Decision, Respondent shall provide to the Board the names, physical addresses, mailing addresses, and telephone numbers of any and all employers and supervisors. Respondent shall also provide specific, written consent for the Board, Respondent's

worksite monitor, and Respondent's employers and supervisors to communicate regarding Respondent's work status, performance, and monitoring.

For purposes of this section, "supervisors" shall include the Chief of Staff and Health or Well Being Committee Chair, or equivalent, if applicable, when Respondent has medical staff privileges.

- 16. <u>VIOLATION OF PROBATION CONDITION FOR SUBSTANCE ABUSING</u>
 <u>LICENSEES</u>. Failure to fully comply with any term or condition of probation is a violation of probation.
- A. If Respondent commits a major violation of probation as defined by section 1361.52, subdivision (a), of Title 16 of the California Code of Regulations, the Board shall take one or more of the following actions:
- (1) Issue an immediate cease-practice order and order Respondent to undergo a clinical diagnostic evaluation to be conducted in accordance with section 1361.5, subdivision (c)(1), of Title 16 of the California Code of Regulations, at Respondent's expense. The cease-practice order issued by the Board or its designee shall state that Respondent must test negative for at least a month of continuous biological fluid testing before being allowed to resume practice. For purposes of determining the length of time a Respondent must test negative while undergoing continuous biological fluid testing following issuance of a cease-practice order, a month is defined as thirty calendar (30) days. Respondent may not resume the practice of medicine until notified in writing by the Board or its designee that he may do so.
 - (2) Increase the frequency of biological fluid testing.
- (3) Refer Respondent for further disciplinary action, such as suspension, revocation, or other action as determined by the Board or its designee.
- B. If Respondent commits a minor violation of probation as defined by section 1361.52, subdivision (c), of Title 16 of the California Code of Regulations, the Board shall take one or more of the following actions:
 - (1) Issue a cease-practice order;
 - (2) Order practice limitations;

- (3) Order or increase supervision of Respondent;
- (4) Order increased documentation;
- (5) Issue a citation and fine, or a warning letter;
- (6) Order Respondent to undergo a clinical diagnostic evaluation to be conducted in accordance with section 1361.5, subdivision (c)(1), of Title 16 of the California Code of Regulations, at Respondent's expense;
 - (7) Take any other action as determined by the Board or its designee.
- C. Nothing in this Decision shall be considered a limitation on the Board's authority to revoke Respondent's probation if he has violated any term or condition of probation. If Respondent violates probation in any respect, the Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke Probation, or an Interim Suspension Order is filed against Respondent during probation, the Board shall have continuing jurisdiction until the matter is final, and the period of probation shall be extended until the matter is final.
- 17. <u>NOTIFICATION</u>. Within seven (7) days of the effective date of this Decision, Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the Chief Executive Officer at every hospital where privileges or membership are extended to Respondent, at any other facility where Respondent engages in the practice of medicine, including all physician and locum tenens registries or other similar agencies, and to the Chief Executive Officer at every insurance carrier which extends malpractice insurance coverage to Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15 calendar days.

This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

- 18. <u>SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE</u>

 <u>NURSES</u>. During probation, Respondent is prohibited from supervising physician assistants and advanced practice nurses.
- 19. <u>OBEY ALL LAWS</u>. Respondent shall obey all federal, state and local laws, all rules governing the practice of medicine in California and remain in full compliance with any court

ordered criminal probation, payments, and other orders.

20. <u>INVESTIGATION/ENFORCEMENT COST RECOVERY</u>. Respondent is hereby ordered to reimburse the Board its costs of investigation and enforcement, in the amount of \$17,376.00 (seventeen thousand three hundred seventy-six dollars and no cents). Costs shall be payable to the Medical Board of California. Failure to pay such costs shall be considered a violation of probation.

Payment must be made in full within 30 calendar days of the effective date of the Order, or by a payment plan approved by the Medical Board of California. Any and all requests for a payment plan shall be submitted in writing by respondent to the Board. Failure to comply with the payment plan shall be considered a violation of probation.

The filing of bankruptcy by respondent shall not relieve respondent of the responsibility to repay investigation and enforcement costs.

21. <u>QUARTERLY DECLARATIONS</u>. Respondent shall submit quarterly declarations under penalty of perjury on forms provided by the Board, stating whether there has been compliance with all the conditions of probation.

Respondent shall submit quarterly declarations not later than 10 calendar days after the end of the preceding quarter.

22. <u>GENERAL PROBATION REQUIREMENTS</u>.

Compliance with Probation Unit

Respondent shall comply with the Board's probation unit.

Address Changes

Respondent shall, at all times, keep the Board informed of Respondent's business and residence addresses, email address (if available), and telephone number. Changes of such addresses shall be immediately communicated in writing to the Board or its designee. Under no circumstances shall a post office box serve as an address of record, except as allowed by Business and Professions Code section 2021, subdivision (b).

Place of Practice

Respondent shall not engage in the practice of medicine in Respondent's or patient's place

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of residence, unless the patient resides in a skilled nursing facility or other similar licensed facility.

License Renewal

Respondent shall maintain a current and renewed California physician's and surgeon's license.

Travel or Residence Outside California

Respondent shall immediately inform the Board or its designee, in writing, of travel to any areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty (30) calendar days.

In the event Respondent should leave the State of California to reside or to practice Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of departure and return.

- INTERVIEW WITH THE BOARD OR ITS DESIGNEE. Respondent shall be 23. available in person upon request for interviews either at Respondent's place of business or at the probation unit office, with or without prior notice throughout the term of probation.
- NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or 24. its designee in writing within 15 calendar days of any periods of non-practice lasting more than 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is defined as any period of time Respondent is not practicing medicine as defined in Business and Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct patient care, clinical activity or teaching, or other activity as approved by the Board. If Respondent resides in California and is considered to be in non-practice, Respondent shall comply with all terms and conditions of probation. All time spent in an intensive training program which has been approved by the Board or its designee shall not be considered nonpractice and does not relieve Respondent from complying with all the terms and conditions of probation. Practicing medicine in another state of the United States or Federal jurisdiction while on probation with the medical licensing authority of that state or jurisdiction shall not be considered non-practice. A Board-ordered suspension of practice shall not be considered as a

period of non-practice.

In the event Respondent's period of non-practice while on probation exceeds 18 calendar months, Respondent shall successfully complete the Federation of State Medical Boards's Special Purpose Examination, or, at the Board's discretion, a clinical competence assessment program that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.

Respondent's period of non-practice while on probation shall not exceed two (2) years.

Periods of non-practice will not apply to the reduction of the probationary term.

Periods of non-practice for a Respondent residing outside of California will relieve
Respondent of the responsibility to comply with the probationary terms and conditions with the
exception of this condition and the following terms and conditions of probation: Obey All Laws;
General Probation Requirements; Quarterly Declarations; Abstain from the Use of Alcohol and/or
Controlled Substances; and Biological Fluid Testing.

- 25. <u>COMPLETION OF PROBATION</u>. Respondent shall comply with all financial obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the completion of probation. This term does not include cost recovery, which is due within 30 calendar days of the effective date of the Order, or by a payment plan approved by the Medical Board and timely satisfied. Upon successful completion of probation, Respondent's certificate shall be fully restored.
- 26. <u>VIOLATION OF PROBATION</u>. Failure to fully comply with any term or condition of probation is a violation of probation. If Respondent violates probation in any respect, the Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke Probation, or an Interim Suspension Order is filed against Respondent during probation, the Board shall have continuing jurisdiction until the matter is final, and the period of probation shall be extended until the matter is final.
- 27. <u>LICENSE SURRENDER</u>. Following the effective date of this Decision, if Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy

the terms and conditions of probation, Respondent may request to surrender his or her license. The Board reserves the right to evaluate Respondent's request and to exercise its discretion in determining whether or not to grant the request, or to take any other action deemed appropriate and reasonable under the circumstances. Upon formal acceptance of the surrender, Respondent shall within 15 calendar days deliver Respondent's wallet and wall certificate to the Board or its designee and Respondent shall no longer practice medicine. Respondent will no longer be subject to the terms and conditions of probation. If Respondent re-applies for a medical license, the application shall be treated as a petition for reinstatement of a revoked certificate.

- 28. <u>PROBATION MONITORING COSTS</u>. Respondent shall pay the costs associated with probation monitoring each and every year of probation, as designated by the Board, which may be adjusted on an annual basis. Such costs shall be payable to the Medical Board of California and delivered to the Board or its designee no later than January 31 of each calendar year.
- 29. <u>FUTURE ADMISSIONS CLAUSE</u>. If Respondent should ever apply or reapply for a new license or certification, or petition for reinstatement of a license, by any other health care licensing action agency in the State of California, all of the charges and allegations contained in First Amended Accusation No. 800-2019-060028 shall be deemed to be true, correct, and admitted by Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or restrict license.

ACCEPTANCE

I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully discussed it with my attorney, Kevin D. Cauley. I understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order of the Medical Board of California.

DATED:

BY AN MATTHEW SPIVAK, M.D.

Resplandent

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|----|--|--|
| 1 | I have read and fully discussed with Respondent Ryan Matthew Spivak, M.D. the terms and | |
| 2 | conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order | |
| 3 | I approve its form and content. | |
| 4 | DATED: February 24, 2023 Who Cauly | |
| 5 | KEVIN D. CAULEY Attorney for Respondent | |
| 6 | | |
| 7 | ENDORSEMENT | |
| 8 | The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully | |
| 9 | submitted for consideration by the Medical Board of California. | |
| 10 | 2/24/2023 Barrett No. 18 18 18 18 18 18 18 18 18 18 18 18 18 | |
| 11 | DATED: Respectfully submitted, | |
| 12 | ROB BONTA Attorney General of California JUDITH T. ALVARADO | |
| 13 | Supervising Deputy Attorney General | |
| 14 | | |
| 15 | REBECCA L. SMITH | |
| 16 | Deputy Attorney General Attorneys for Complainant | |
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Exhibit A

First Amended Accusation No. 800-2019-060028

| 1 | ROB BONTA | | |
|------|---|--------------------------|--|
| 2 | Attorney General of California JUDITH T. ALVARADO | | |
| 3 | Supervising Deputy Attorney General REBECCA L. SMITH Deputy Attorney General State Bar No. 179733 300 South Spring Street, Suite 1702 Los Angeles, CA 90013 Telephone: (213) 269-6475 Facsimile: (916) 731-2117 | | |
| 4 | | | |
| 5 | | | |
| 6 | | | |
| 7 | Attorneys for Complainant | | |
| · | | | |
| 8 | BEFORE THE MEDICAL BOARD OF CALIFORNIA | | |
| 9 | DEPARTMENT OF CONSUMER AFFAIRS | | |
| 10 | STATE OF CALIFORNIA | | |
| 11 | | | |
| 12 | In the Matter of the First Amended Accusation Against: | Case No. 800-2019-060028 | |
| 13 | RYAN MATTHEW SPIVAK, M.D. | FIRST AMENDED ACCUSATION | |
| 14 | 27509 Agoura Road, Suite 110 Agoura Hills, California 91301 | | |
| 15 | Physician's and Surgeon's Certificate | | |
| 16 | No. A 113632, | | |
| 17 | Respondent. | | |
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| 20 | PART | TIES | |
| 21 | 1. William Prasifka (Complainant) brings this First Amended Accusation solely in his | | |
| 22 | official capacity as the Executive Director of the Medical Board of California, Department of | | |
| 23 | Consumer Affairs (Board). | | |
| 24 | 2. On or about August 11, 2010, the Board issued Physician's and Surgeon's Certificate | | |
| 25 | Number A 113632 to Ryan Matthew Spivak, M.D. (Respondent). The Physician's and Surgeon's | | |
| 26 | Certificate was in full force and effect at all times relevant to the charges brought herein and will | | |
| -27- | expire on August 31, 2024, unless renewed. | | |
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JURISDICTION

- 3. This First Amended Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.
 - 4. Section 2004 of the Code states:

The board shall have the responsibility for the following:

- (a) The enforcement of the disciplinary and criminal provisions of the Medical Practice Act.
 - (b) The administration and hearing of disciplinary actions.
- (c) Carrying out disciplinary actions appropriate to findings made by a panel or an administrative law judge.
- (d) Suspending, revoking, or otherwise limiting certificates after the conclusion of disciplinary actions.
- (e) Reviewing the quality of medical practice carried out by physician and surgeon certificate holders under the jurisdiction of the board.
 - (f) Approving undergraduate and graduate medical education programs.
- (g) Approving clinical clerkship and special programs and hospitals for the programs in subdivision (f).
 - (h) Issuing licenses and certificates under the board's jurisdiction.
 - (i) Administering the board's continuing medical education program.
- 5. Section 2227 of the Code states:
- (a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:
 - (1) Have his or her license revoked upon order of the board.
- (2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.
- (3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.
- (4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.

- (5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.
- (b) Any matter heard pursuant to subdivision (a), except for warning letters, medical review or advisory conferences, professional competency examinations, continuing education activities, and cost reimbursement associated therewith that are agreed to with the board and successfully completed by the licensee, or other matters made confidential or privileged by existing law, is deemed public, and shall be made available to the public by the board pursuant to Section 803.1.

6. Section 2234 of the Code, states:

The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

- (a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the violation of, or conspiring to violate any provision of this chapter.
 - (b) Gross negligence.
- (c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or omissions. An initial negligent act or omission followed by a separate and distinct departure from the applicable standard of care shall constitute repeated negligent acts.
- (1) An initial negligent diagnosis followed by an act or omission medically appropriate for that negligent diagnosis of the patient shall constitute a single negligent act.
- (2) When the standard of care requires a change in the diagnosis, act, or omission that constitutes the negligent act described in paragraph (1), including, but not limited to, a reevaluation of the diagnosis or a change in treatment, and the licensee's conduct departs from the applicable standard of care, each departure constitutes a separate and distinct breach of the standard of care.
 - (d) Incompetence.
- (e) The commission of any act involving dishonesty or corruption that is substantially related to the qualifications, functions, or duties of a physician and surgeon.
 - (f) Any action or conduct that would have warranted the denial of a certificate.
- (g) The failure by a certificate holder, in the absence of good cause, to attend and participate in an interview by the board. This subdivision shall only apply to a certificate holder who is the subject of an investigation by the board.

7. Section 2266 of the Code states:

The failure of a physician and surgeon to maintain adequate and accurate records relating to the provision of services to their patients constitutes unprofessional conduct.

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Section 125.3 of the Code states:

investigation and enforcement of the case.

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- (a) Except as otherwise provided by law, in any order issued in resolution of a disciplinary proceeding before any board within the department or before the Osteopathic Medical Board, upon request of the entity bringing the proceeding, the administrative law judge may direct a licensee found to have committed a violation or violations of the licensing act to pay a sum not to exceed the reasonable costs of the
- (b) In the case of a disciplined licensee that is a corporation or a partnership, the order may be made against the licensed corporate entity or licensed partnership.
- (c) A certified copy of the actual costs, or a good faith estimate of costs where actual costs are not available, signed by the entity bringing the proceeding or its designated representative shall be prima facie evidence of reasonable costs of investigation and prosecution of the case. The costs shall include the amount of investigative and enforcement costs up to the date of the hearing, including, but not limited to, charges imposed by the Attorney General.
- (d) The administrative law judge shall make a proposed finding of the amount of reasonable costs of investigation and prosecution of the case when requested pursuant to subdivision (a). The finding of the administrative law judge with regard to costs shall not be reviewable by the board to increase the cost award. The board may reduce or eliminate the cost award, or remand to the administrative law judge if the proposed decision fails to make a finding on costs requested pursuant to subdivision (a).
- (e) If an order for recovery of costs is made and timely payment is not made as directed in the board's decision, the board may enforce the order for repayment in any appropriate court. This right of enforcement shall be in addition to any other rights the board may have as to any licensee to pay costs.
- (f) In any action for recovery of costs, proof of the board's decision shall be conclusive proof of the validity of the order of payment and the terms for payment.
- (g) (1) Except as provided in paragraph (2), the board shall not renew or reinstate the license of any licensee who has failed to pay all of the costs ordered under this section.
- (2) Notwithstanding paragraph (1), the board may, in its discretion, conditionally renew or reinstate for a maximum of one year the license of any licensee who demonstrates financial hardship and who enters into a formal agreement with the board to reimburse the board within that one-year period for the unpaid costs.
- (h) All costs recovered under this section shall be considered a reimbursement for costs incurred and shall be deposited in the fund of the board recovering the costs to be available upon appropriation by the Legislature.
- (i) Nothing in this section shall preclude a board from including the recovery of the costs of investigation and enforcement of a case in any stipulated settlement.
 - (j) This section does not apply to any board if a specific statutory provision in

that board's licensing act provides for recovery of costs in an administrative disciplinary proceeding.

FIRST CAUSE FOR DISCIPLINE

(Repeated Negligent Acts)

9. Respondent is subject to disciplinary action under Code section 2234, subdivision (c), in that he engaged in repeated acts of negligence in the care and treatment of Patients 1, 2 and 3.¹ The circumstances are as follows:

Patient 1:

- 10. Patient 1, a then 47-year-old female, was referred to Respondent, a plastic and reconstructive surgeon, by her primary care physician following massive weight loss with gastrectomy.² Respondent performed a successful staged panniculectomy³ on October 12, 2018 and October 17, 2018, at St. Francis Medical Center. Approximately 2 months after the panniculectomy surgeries, Patient 1 returned to Respondent for bilateral brachioplasty.⁴
- 11. On January 8, 2019, Patient 1 presented to Respondent for a pre-operative examination and measurements for compression garments to be applied after the brachioplasty. Patient 1's bilateral arm examination demonstrated bilateral large arm pannuses with extension to the axilla. Her arm circumference was noted to be 30 centimeters. Respondent did not note asymmetry of the arms. Respondent noted that the surgery was to take place on an outpatient basis at St. Francis Medical Center. He further noted that the risks, benefits, alternatives and potential complications of the procedure were discussed with Patient 1.
- 12. On Friday, March 22, 2019, Respondent performed the bilateral brachioplasty at St. Francis Medical Center. Respondent noted that the surgical technique he utilized consisted of closing the surgical wound of each brachioplasty in three stages. Respondent completed the right

¹ For privacy purposes, the patients in this First Amended Accusation are referred to as Patients 1, 2, and 3, with the identities of the patients disclosed to Respondent in discovery.

² Gastrectomy is surgery to remove part or all of the stomach.

³ Panniculectomy is a surgery done to remove stretched out, excess fat and overhanging skin from the abdomen.

⁴ Brachioplasty, also known as an arm lift, is a surgery done to remove excess skin and fat from the area between the armpit and elbow.

arm brachioplasty. He then proceeded to the left arm, where he encountered a complication during the middle stage. The mid left arm could not be closed. Respondent noted that there was an approximate 5 x 5 cm. section that could not be closed, secondary to swelling and deficit of skin.

- 13. Respondent documented that he attempted intra-operative techniques to accomplish wound closure, including wrapping the arm for approximately thirty to forty minutes with intraoperative Kerlix and Ace bandage wraps to reduce swelling and completing a superiorly based Z-plasty.⁵ Still unable to directly close the wound, Respondent placed a wound vacuum and planned to perform a split-thickness or full-thickness skin graft to take place on Monday, March 25, 2019.
- 14. The standard of care requires that the surgeon understand the surgical operation being performed and to have a working knowledge of common solutions to address intraoperative complications.
- 15. Once Respondent determined that he was unable to resolve the closure issue after compression wrapping of the arm, surgical maneuvers should have been considered. These include aggressive undermining to mobilize the tissue to facilitate closure, or local flaps, including rotational flaps or transpositional flaps. Z-plasty was an inappropriate choice for closing the wound. Prior to excising the third serial section of the proximal arm, a rotation or transposition flap could have been designed from that excess skin to resolve the skin deficit in the second or middle section. Z-plasty will not (and did not) accomplish this.
- 16. There are also very common delayed closure techniques that involve applying traction to the wound over time. A common method is to use skin staples as anchors and then vessel loops to apply tension that can be increased at the bedside over several days, to close a challenging wound.
- 17. Respondent's failure to consider other surgical maneuvers and delayed closure techniques represents a departure from the standard of care.

⁵ Z-plasty is a plastic surgery technique that is used to improve the function and cosmetic appearance of scars. With this technique, it is possible to redirect a scar into better alignment with a natural skin fold or the lines of least skin tension. Contracted scars may be lengthened with this technique.

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18. Patient 1 was admitted as a hospital inpatient following the March 22, 2019 procedure. On March 27, 2019, Respondent performed a split thickness skin graft harvested from the patient's left upper thigh to close the left upper arm wound.⁶ Patient 1 was discharged home on March 28, 2019, with a wound vacuum.

- 19. On April 4, 2019, Patient 1 presented to Respondent's clinic for a postoperative visit. The wound vacuum was removed and Respondent noted one hundred percent (100%) skin graft take on the left arm as well as good wound healing of the right arm. Respondent also noted a left arm seroma⁷ at the elbow which was not drained at that time, secondary to the patient's request to wait until her next visit the following week.
- 20. On April 9, 2019, Patient 1 presented to Respondent's clinic for a postoperative visit. Respondent noted that evaluation of the left arm demonstrated the split-thickness skin graft site was starting to dry out a "little bit" and there was a "little bit" of dried skin slough from the split-thickness skin graft site. At the left elbow, the seroma remained present. During this visit, Patient 1 agreed to drainage of the seroma. Respondent performed an incision and drainage to the left elbow seroma, draining 100 ml. of clear serous fluid.
- 21. On April 12, 2019, Patient 1 presented to Respondent's clinic with complaints that the seroma had recurred, the area was no longer draining and it was painful. At that time, Respondent noted a recurrent seroma at the distal left upper extremity, medial side, towards the elbow. He also noted that her split-thickness skin graft site had some dry slough on it, but it appeared healthier than four days ago when it was noted as dried out. Respondent drained approximately 75 ml. of clear serous fluid at the previous incision and drainage site and placed a Penrose drain. Wound cultures from the drainage were sent to the laboratory for testing.

 $^{^6}$ Respondent's Operative Report states that the wound size was increased from 5 x 5 cm. to 8 x 9 cm. by circumferential paring of skin edges. This is an extremely large increase in wound burden, more consistent with debridement of necrotic skin flaps than paring damaged skin edges.

⁷ A seroma is a collection of fluid that builds up under the surface of the skin.

⁸ A Penrose drain is a soft, flexible rubber tube used as a surgical drain, to prevent the buildup of fluid in a surgical site.

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⁹ A Jackson-Pratt drain is a closed-suction medical device that is commonly used as a postoperative drain for collecting bodily fluids from surgical sites.

- 25. In his written summary and explanation of his care and treatment of Patient 1, Respondent characterized the patient's complication as a wound separation/wound dehiscence. In conclusion, Respondent stated: "Throughout the course of this patient's treatment in multiple surgeries, I delivered care at the highest level and always to the standard of care. Unfortunately she experienced an outcome (wound separation/dehiscence) that is a known risk for her procedure and which I had extensively reviewed the risks with her about. From the time of her wound separation I delivered standard of care throughout her postoperative course."
- 26. In medical communications, especially with other health organizations, the standard of care requires that physicians and surgeons accurately describe their patient care and treatment in a factually neutral, clear and honest manner. Respondent's failure to accurately describe his care and treatment of Patient 1 to the Quality Improvement Committee of Lakeside Community Healthcare is a departure from the standard of care.
- 27. Patient 1's wound was not closed during the first surgical procedure performed on March 22, 2019. In a subsequent procedure performed on March 27, 2019, Respondent applied a skin graft to manage the left arm wound. It is inaccurate to describe Patient 1's intraoperative complication as a wound dehiscence. Surgical wound dehiscence is the separation and/or opening of a previously closed wound. The complication from the March 22, 2019 brachioplasty procedure was the inability to close the surgical site on the left arm.

Patient 2:

- 28. Patient 2, a then 44-year-old patient, presented to Elite Body Sculpture on February 21, 2019, for a liposuction and fat transfer consultation. At that time, Patient 2 filled out a medical history form and signed a Notice of Privacy Practices form and Statement of Rights form. Patient 2's chart does not contain a consultation report of February 21, 2019.
- 29. On March 7, 2019, Patient 2 presented for Airsculpt liposuction with fat transfer to be performed by Respondent. That same day, the patient executed consents for the surgical procedure.
- 30. Respondent utilized a standardized Surgery Note form for Patient 2's procedure.

 With respect to vital signs, the pre-printed form sets forth: "Pulse oximetry should be continuous.

Blood pressure every 15 minutes. Continuous EKG monitoring on all patients with cardiac history and all patients in California. Recovery time is from procedure completion until discharge criteria are met and must be a minimum of 15 minutes. Vital signs must be recorded no less than [every] 15 minutes in recovery." On the same form, Patient 2's vital signs were recorded preoperatively at 2:25 p.m., at the start of recovery at 7:45 p.m., and at discharge at 8:15 p.m. ¹⁰ In addition, a pre-printed Pre-Operative Evaluation section on the same page set forth that the "[p]atient was seen prior to surgery. Medical history was reviewed and updated. Physical exam was completed and documented. Procedure discussed with patient to include expectations, limitations and anticipated postoperative course. Consent reviewed which addresses potential benefits, surgical risks and alternatives in detail. Consent signed after all questions answered."

- 31. The procedure started at 2:50 p.m., under local anesthesia with minimal sedation, and ended at 7:30 p.m. In the section identified as "Surgeon Narrative," Respondent documented "no issues." At the time of discharge, the patient was instructed to return in one week.
- 32. Patient 2 was next seen by Respondent on March 14, 2019, for a follow-up visit. Respondent noted that the patient was unhappy with the result to her waist. The patient was next seen on June 25, 2019, at which time Respondent documented that the patient complained of no improvement in abdomen, waist, and hip shaping and that she had minimal improvement in buttocks grafting. Upon examination, Respondent noted that Patient 2 had minimal shape improvement in waist, hips, and abdomen and some improvement in lateral buttocks with "indents." Respondent further noted that "no revisional work possible" and "will bump up to the Director of Operations to discuss accommodation."
- 33. When performing cosmetic procedures, the standard of care requires that the physician document a pre-operative consultation with the patient, including documentation of the discussions with the patient regarding the risks and benefits of the procedure, as well as,

At the time of Respondent's interview with the Board on September 8, 2020, Respondent stated that a blood pressure cuff was on the patient and regularly cycled during the procedure, but admitted that the patient's vital signs during the procedure were not documented.

alternative options. The physician must also maintain documentation of the procedure, including the patient's intra-operative and post-operative care.

- 34. Respondent failed to document a pre-operative consultation with the patient, including discussions regarding the risks and benefits of the surgical procedure. This is a simple departure from the standard of care.
- 35. When performing cosmetic procedures using oral conscious sedation, the standard of care requires documentation of baseline vital signs as well as intermittent quantitative monitoring and recording of oxygen saturation, heart and respiratory rates, and blood pressure readings. The name, dose and time of administration of all drugs administered during the procedure, including local and inhalation anesthetics, must be documented. The length of the procedure, any complications of oral sedation, and a statement of the patient's condition at the time of discharge must also be documented.
- 36. Patient 2's vital signs were recorded preoperatively at 2:25 p.m., at the start of recovery at 7:45 p.m., and at discharge at 8:15 p.m. Respondent failed to have intermittent vital signs recorded during the procedure. This is a simple departure from the standard of care.

Patient 3:

- 37. Patient 3, a then 39-year-old male patient, presented to Respondent on February 21, 2019 for a liposuction consultation. On the intake form, Patient 3 noted that he was referred by Patient 2, his sister-in-law. Patient 3 initialed a Notice of Privacy Practices form which set forth how medical information about the patient may be used and disclosed. He also signed and dated a Patient Rights & Responsibilities form which set forth that "Patients have the right to personal privacy and to privacy concerning their own medical care: patients expect that all communications, health information, and records pertaining to their care will be treated as confidential."
- 38. On March 15, 2019, Respondent performed a laser assisted tumescent liposuction on Patient 3. Respondent's Surgery Note reflects that "[p]atient was pre-medicated and

sedated as noted, remaining responsive at all times." Nitrious oxide¹¹ was used during the procedure. It was also documented that Patient 3 was under "minimal sedation" for the procedure.

- 39. In the operating room, two videos of Patient 3 were taken while he was laying on the operating table prior to the commencement of the procedure, after sedation began. Respondent sent one of the videos of Patient 3 to Patient 2, via text message. Patient 3 stated that the videos were taken without his permission and that he was extremely shocked when he learned that Respondent sent a video to his sister-in-law (Patient 2). During Respondent's September 20, 2021 interview with the Board, he stated that a video was sent to Patient 2 at Patient 3's request. There is no documentation in Patient 3's chart reflecting that Patient 3 authorized the taking of the videos prior to the procedure or authorized the transmittal of any videos to his sister-in-law.
- 40. Patients have a right to personal privacy and to privacy concerning their own medical care. The standard of care requires that the physician respect patient privacy rights. Videos were taken of Patient 3 while he was on the operating table and one of the videos was sent by Respondent to another person by text message. While Respondent states that Patient 3 requested that he send the video to his sister-in-law, the patient had been given medication which may have impaired his judgment. Respondent should have ignored the request to text message the video to the patient's sister-in-law, or he should have waited until the patient was no longer experiencing effects of medication and confirm that the patient did in fact want the video to be shared. This was a simple departure from the standard of care.

SECOND CAUSE FOR DISCIPLINE

(Failure to Maintain Adequate and Accurate Records)

41. Respondent is subject to disciplinary action under section 2266 of the Code in that he failed to maintain adequate and accurate records relating to the provision of services to Patients 1, 2, and 3. The circumstances are as follows:

¹¹ Nitrous oxide, commonly known as laughing gas, is commonly used for sedation and pain relief during tumescent liposuction.

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42. The allegations in the First Cause for Discipline above are incorporated herein by reference as if fully set forth.

DISCIPLINARY CONSIDERATIONS

- 43. To determine the degree of discipline, if any, to be imposed on Respondent, Complainant alleges that in a matter entitled In the Matter of the Accusation against Ryan Matthew Spivak, M.D., Medical Board Case No. 800-2016-020767, the Board issued a decision, effective June 30, 2017, in which Respondent's Physician's and Surgeon's Certificate was revoked, for dishonest acts, violation of drug statutes, misuse of controlled substances, illegitimate prescriptions, false/fictitious prescriptions, obtaining prescriptions by fraud/deceit, making or signing false documents, forging prescriptions for self-use, failure to report change of address, as well as unprofessional conduct. The revocation was stayed and Respondent was placed on seven years of probation, together with a partial restriction on prescribing controlled substances, as well as mandatory conditions applicable to a substance abusing licensee and other standard terms and conditions. That decision is now final and is incorporated by reference as if fully set forth herein.
- 44. To further determine the degree of discipline, if any, to be imposed on Respondent, Complainant alleges that on April 16, 2018, in proceedings entitled The People of the State of California v. Ryan M. Spivak, case number BA459131 in the Los Angeles County Superior Court, Respondent, upon his plea of no contest, was convicted of obtaining or possessing a controlled substance obtained by a nonconforming prescription in violation of Health and Safety Code section 11180, a misdemeanor.
- To further determine the degree of discipline, if any, to be imposed on Respondent, 45. Complainant alleges that in a matter entitled In the Matter of the Accusation and Petition to Revoke Probation against Ryan Matthew Spivak, M.D., Medical Board Case No. 800-2019-061086, the Board issued a decision, effective September 11, 2020, in which Respondent's Physician's and Surgeon's Certificate was revoked, for conviction of a crime and failing to comply with the following probation terms: partial restriction on prescribing controlled substances, maintaining records and access to records, and inventories of controlled substances,

| 1 | and to obey all laws. The revocation was stayed and Respondent was placed on probation for t | | |
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| 2 | (2) years to run consecutively from the conclusion of Respondent's probation term in the Board | | |
| 3 | Decision in Case No. 800-2016-020767, for a total of nine (9) years' probation, together with a | | |
| 4 | total restriction on prescribing controlled substances, as well as the mandatory conditions | | |
| 5 | applying to a substance abusing licensee and other standard terms and conditions. That decision | | |
| 6 | is now final and is incorporated by reference as if fully set forth herein. | | |
| 7 | PRAYER | | |
| 8 | WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, | | |
| 9 | and that following the hearing, the Medical Board of California issue a decision: | | |
| 10 | 1. Revoking or suspending Physician's and Surgeon's Certificate Number A 113632, | | |
| 11 | issued to Respondent Ryan Matthew Spivak, M.D.; | | |
| 12 | 2. Revoking, suspending or denying approval of Respondent Ryan Matthew Spivak, | | |
| 13 | M.D.'s authority to supervise physician assistants and advanced practice nurses; | | |
| 14 | 3. Ordering Respondent Ryan Matthew Spivak, M.D., to pay the Board the costs of the | | |
| 15 | investigation and enforcement of this case, and if placed on probation, the costs of probation | | |
| 16 | monitoring; and | | |
| 17 | 4. Taking such other and further action as deemed necessary and proper. | | |
| 18 | AUG 17 2022 1201 121 | | |
| 19 | DATED: | | |
| 20 | WILLIAM PRASIFKA Executive Director | | |
| 21 | Medical Board of California Department of Consumer Affairs State of California | | |
| 22 | Complainant | | |
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