

BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA

In the Matter of the Accusation  
Against:

Pedro Soriano Alupay, Jr., M.D.

Physician's and Surgeon's  
Certificate No. A 40750

Respondent.

Case No.: 800-2019-056733

DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on January 13, 2023.

IT IS SO ORDERED: December 15, 2022.

MEDICAL BOARD OF CALIFORNIA



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Laurie Rose Lubiano, J.D., Chair  
Panel A

1 ROB BONTA  
Attorney General of California  
2 JUDITH T. ALVARADO  
Supervising Deputy Attorney General  
3 REBECCA L. SMITH  
Deputy Attorney General  
4 State Bar No. 179733  
300 South Spring Street, Suite 1702  
5 Los Angeles, CA 90013  
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6 Facsimile: (916) 731-2117  
*Attorneys for Complainant*  
7

8 **BEFORE THE**  
9 **MEDICAL BOARD OF CALIFORNIA**  
10 **DEPARTMENT OF CONSUMER AFFAIRS**  
11 **STATE OF CALIFORNIA**

12 In the Matter of the Accusation Against:  
13 PEDRO SORIANO ALUPAY, JR., M.D.  
16702 Valley View Avenue  
14 La Mirada, CA 90638  
15 Physician's and Surgeon's Certificate  
No. A 40750,  
16  
17 Respondent.

Case No. 800-2019-056733

OAH No. 2022060808

**STIPULATED SETTLEMENT AND  
DISCIPLINARY ORDER**

18  
19 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-  
20 entitled proceedings that the following matters are true:

21 **PARTIES**

22 1. William Prasifka (Complainant) is the Executive Director of the Medical Board of  
23 California (Board). He brought this action solely in his official capacity and is represented in this  
24 matter by Rob Bonta, Attorney General of the State of California, by Rebecca L. Smith, Deputy  
25 Attorney General.

26 2. Pedro Soriano Alupay, Jr., M.D. (Respondent) is represented in this proceeding by  
27 attorney Kevin D. Cauley, whose address is 624 South Grand Avenue 22 floor  
28 Los Angeles, California 90017.







1 or its designee, be accepted towards the fulfillment of this condition if the course would have  
2 been approved by the Board or its designee had the course been taken after the effective date of  
3 this Decision.

4 Respondent shall submit a certification of successful completion to the Board or its  
5 designee not later than fifteen (15) calendar days after successfully completing the course, or not  
6 later than fifteen (15) calendar days after the effective date of the Decision, whichever is later.

7 3. MEDICAL RECORD KEEPING COURSE. Within sixty (60) calendar days of the  
8 effective date of this Decision, Respondent shall enroll in a course in medical record keeping  
9 approved in advance by the Board or its designee. Respondent shall provide the approved course  
10 provider with any information and documents that the approved course provider may deem  
11 pertinent. Respondent shall participate in and successfully complete the classroom component of  
12 the course not later than six (6) months after Respondent's initial enrollment. Respondent shall  
13 successfully complete any other component of the course within one (1) year of enrollment. The  
14 medical record keeping course shall be at Respondent's expense and shall be in addition to the  
15 Continuing Medical Education (CME) requirements for renewal of licensure.

16 A medical record keeping course taken after the acts that gave rise to the charges in the  
17 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board  
18 or its designee, be accepted towards the fulfillment of this condition if the course would have  
19 been approved by the Board or its designee had the course been taken after the effective date of  
20 this Decision.

21 Respondent shall submit a certification of successful completion to the Board or its  
22 designee not later than fifteen (15) calendar days after successfully completing the course, or not  
23 later than fifteen (15) calendar days after the effective date of the Decision, whichever is later.

24 4. SOLO PRACTICE PROHIBITION. Respondent is prohibited from engaging in the  
25 solo practice of medicine. Prohibited solo practice includes, but is not limited to, a practice  
26 where: 1) Respondent merely shares office space with another physician but is not affiliated for  
27 purposes of providing patient care, or 2) Respondent is the sole physician practitioner at that  
28 location.

1           If Respondent fails to establish a practice with another physician or secure employment in  
2 an appropriate practice setting within sixty (60) calendar days of the effective date of this  
3 Decision, Respondent shall receive a notification from the Board or its designee to cease the  
4 practice of medicine within three (3) calendar days after being so notified. Respondent shall not  
5 resume practice until an appropriate practice setting is established.

6           If, during the course of the probation, Respondent's practice setting changes and  
7 Respondent is no longer practicing in a setting in compliance with this Decision, Respondent  
8 shall notify the Board or its designee within five (5) calendar days of the practice setting change.  
9 If Respondent fails to establish a practice with another physician or secure employment in an  
10 appropriate practice setting within sixty (60) calendar days of the practice setting change,  
11 Respondent shall receive a notification from the Board or its designee to cease the practice of  
12 medicine within three (3) calendar days after being so notified. Respondent shall not resume  
13 practice until an appropriate practice setting is established.

14           5.    NOTIFICATION. Within seven (7) days of the effective date of this Decision,  
15 Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the  
16 Chief Executive Officer at every hospital where privileges or membership are extended to  
17 Respondent, at any other facility where Respondent engages in the practice of medicine,  
18 including all physician and locum tenens registries or other similar agencies, and to the Chief  
19 Executive Officer at every insurance carrier which extends malpractice insurance coverage to  
20 Respondent. Respondent shall submit proof of compliance to the Board or its designee within  
21 fifteen (15) calendar days.

22           This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

23           6.    SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE  
24 NURSES. During probation, Respondent is prohibited from supervising physician assistants and  
25 advanced practice nurses.

26           7.    OBEY ALL LAWS. Respondent shall obey all federal, state and local laws, all rules  
27 governing the practice of medicine in California and remain in full compliance with any court  
28 ordered criminal probation, payments, and other orders.

1           8.    INVESTIGATION/ENFORCEMENT COST RECOVERY. Respondent is hereby  
2 ordered to reimburse the Board its costs of investigation and enforcement, in the amount of  
3 \$19,490.40 (nineteen thousand four hundred ninety dollars and forty cents). Costs shall be  
4 payable to the Medical Board of California. Failure to pay such costs shall be considered a  
5 violation of probation.

6           Payment must be made in full within thirty (30) calendar days of the effective date of the  
7 Order, or by a payment plan approved by the Medical Board of California. Any and all requests  
8 for a payment plan shall be submitted in writing by Respondent to the Board. Failure to comply  
9 with the payment plan shall be considered a violation of probation.

10          The filing of bankruptcy by Respondent shall not relieve Respondent of the responsibility  
11 to repay investigation and enforcement costs.

12           9.    QUARTERLY DECLARATIONS. Respondent shall submit quarterly declarations  
13 under penalty of perjury on forms provided by the Board, stating whether there has been  
14 compliance with all the conditions of probation.

15          Respondent shall submit quarterly declarations not later than ten (10) calendar days after  
16 the end of the preceding quarter.

17           10.   GENERAL PROBATION REQUIREMENTS.

18           Compliance with Probation Unit

19          Respondent shall comply with the Board's probation unit.

20           Address Changes

21          Respondent shall, at all times, keep the Board informed of Respondent's business and  
22 residence addresses, email address (if available), and telephone number. Changes of such  
23 addresses shall be immediately communicated in writing to the Board or its designee. Under no  
24 circumstances shall a post office box serve as an address of record, except as allowed by Business  
25 and Professions Code section 2021, subdivision (b).

26           Place of Practice

27          Respondent shall not engage in the practice of medicine in Respondent's or patient's place  
28 of residence, unless the patient resides in a skilled nursing facility or other similar licensed



1 facility.

2 License Renewal

3 Respondent shall maintain a current and renewed California physician's and surgeon's  
4 license.

5 Travel or Residence Outside California

6 Respondent shall immediately inform the Board or its designee, in writing, of travel to any  
7 areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty  
8 (30) calendar days.

9 In the event Respondent should leave the State of California to reside or to practice  
10 Respondent shall notify the Board or its designee in writing thirty (30) calendar days prior to the  
11 dates of departure and return.

12 11. INTERVIEW WITH THE BOARD OR ITS DESIGNEE. Respondent shall be  
13 available in person upon request for interviews either at Respondent's place of business or at the  
14 probation unit office, with or without prior notice throughout the term of probation.

15 12. NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or  
16 its designee in writing within fifteen (15) calendar days of any periods of non-practice lasting  
17 more than thirty (30) calendar days and within fifteen (15) calendar days of Respondent's return  
18 to practice. Non-practice is defined as any period of time Respondent is not practicing medicine  
19 as defined in Business and Professions Code sections 2051 and 2052 for at least forty (40) hours  
20 in a calendar month in direct patient care, clinical activity or teaching, or other activity as  
21 approved by the Board. If Respondent resides in California and is considered to be in non-  
22 practice, Respondent shall comply with all terms and conditions of probation. All time spent in  
23 an intensive training program which has been approved by the Board or its designee shall not be  
24 considered non-practice and does not relieve Respondent from complying with all the terms and  
25 conditions of probation. Practicing medicine in another state of the United States or Federal  
26 jurisdiction while on probation with the medical licensing authority of that state or jurisdiction  
27 shall not be considered non-practice. A Board-ordered suspension of practice shall not be  
28 considered as a period of non-practice.

1 In the event Respondent's period of non-practice while on probation exceeds eighteen (18)  
2 calendar months, Respondent shall successfully complete the Federation of State Medical Boards'  
3 Special Purpose Examination, or, at the Board's discretion, a clinical competence assessment  
4 program that meets the criteria of Condition 18 of the current version of the Board's "Manual of  
5 Model Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of  
6 medicine.

7 Respondent's period of non-practice while on probation shall not exceed two (2) years.

8 Periods of non-practice will not apply to the reduction of the probationary term.

9 Periods of non-practice for a Respondent residing outside of California will relieve  
10 Respondent of the responsibility to comply with the probationary terms and conditions with the  
11 exception of this condition and the following terms and conditions of probation: Obey All Laws;  
12 General Probation Requirements; Quarterly Declarations; Abstain from the Use of Alcohol and/or  
13 Controlled Substances; and Biological Fluid Testing.

14 13. COMPLETION OF PROBATION. Respondent shall comply with all financial  
15 obligations (e.g., restitution, probation costs) not later than one hundred twenty (120) calendar  
16 days prior to the completion of probation. This term does not include cost recovery, which is due  
17 within thirty (30) calendar days of the effective date of the Order, or by a payment plan approved  
18 by the Medical Board and timely satisfied. Upon successful completion of probation,  
19 Respondent's certificate shall be fully restored.

20 14. VIOLATION OF PROBATION. Failure to fully comply with any term or condition  
21 of probation is a violation of probation. If Respondent violates probation in any respect, the  
22 Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and  
23 carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke  
24 Probation, or an Interim Suspension Order is filed against Respondent during probation, the  
25 Board shall have continuing jurisdiction until the matter is final, and the period of probation shall  
26 be extended until the matter is final.

27 15. LICENSE SURRENDER. Following the effective date of this Decision, if  
28 Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy

1 the terms and conditions of probation, Respondent may request to surrender his or her license.  
2 The Board reserves the right to evaluate Respondent's request and to exercise its discretion in  
3 determining whether or not to grant the request, or to take any other action deemed appropriate  
4 and reasonable under the circumstances. Upon formal acceptance of the surrender, Respondent  
5 shall within fifteen (15) calendar days deliver Respondent's wallet and wall certificate to the  
6 Board or its designee and Respondent shall no longer practice medicine. Respondent will no  
7 longer be subject to the terms and conditions of probation. If Respondent re-applies for a medical  
8 license, the application shall be treated as a petition for reinstatement of a revoked certificate.

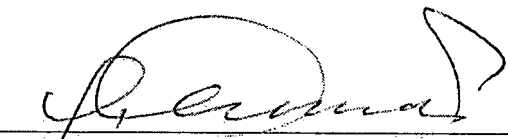
9 16. PROBATION MONITORING COSTS. Respondent shall pay the costs associated  
10 with probation monitoring each and every year of probation, as designated by the Board, which  
11 may be adjusted on an annual basis. Such costs shall be payable to the Medical Board of  
12 California and delivered to the Board or its designee no later than January 31 of each calendar  
13 year.

14 17. FUTURE ADMISSIONS CLAUSE. If Respondent should ever apply or reapply for  
15 a new license or certification, or petition for reinstatement of a license, by any other health care  
16 licensing action agency in the State of California, all of the charges and allegations contained in  
17 Accusation No. 800-2019-056733 shall be deemed to be true, correct, and admitted by  
18 Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or  
19 restrict license.

20 **ACCEPTANCE**

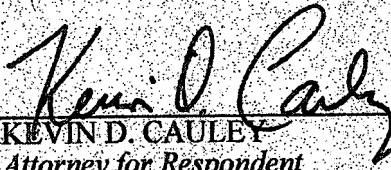
21 I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully  
22 discussed it with my attorney, Kevin D. Cauley. I understand the stipulation and the effect it will  
23 have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and  
24 Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the  
25 Decision and Order of the Medical Board of California.

26  
27 DATED: 10/24/22

  
28 PEDRO SORIANO ALUPAY, JR., M.D.  
*Respondent*

1 I have read and fully discussed with Respondent Pedro Soriano Alupay, Jr., M.D. the terms  
2 and conditions and other matters contained in the above Stipulated Settlement and Disciplinary  
3 Order. I approve its form and content.

4 DATED: 10-24-22

  
5 KEVIN D. CAULEY  
6 Attorney for Respondent

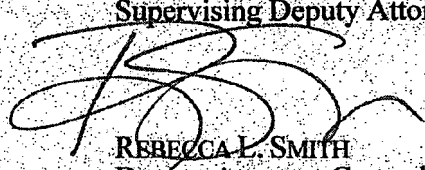
7 **ENDORSEMENT**

8 The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully  
9 submitted for consideration by the Medical Board of California.

10 DATED: 10/24/2022

11 Respectfully submitted,

12 ROB BONTA  
13 Attorney General of California  
14 JUDITH T. ALVARADO  
15 Supervising Deputy Attorney General

  
16 REBECCA L. SMITH  
17 Deputy Attorney General  
18 Attorneys for Complainant

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**Exhibit A**

**Accusation No. 800-2019-056733**

1 ROB BONTA  
Attorney General of California  
2 JUDITH T. ALVARADO  
Supervising Deputy Attorney General  
3 REBECCA L. SMITH  
Deputy Attorney General  
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8 **BEFORE THE**  
9 **MEDICAL BOARD OF CALIFORNIA**  
10 **DEPARTMENT OF CONSUMER AFFAIRS**  
**STATE OF CALIFORNIA**

11 In the Matter of the Accusation Against:

Case No. 800-2019-056733

12 **PEDRO SORIANO ALUPAY, JR., M.D.**  
16702 Valley View Avenue  
13 La Mirada, CA 90638

**A C C U S A T I O N**

14 **Physician's and Surgeon's Certificate**  
No. A 40750,

15 Respondent.

16  
17 **PARTIES**

18 1. William Prasifka (Complainant) brings this Accusation solely in his official capacity  
19 as the Executive Director of the Medical Board of California, Department of Consumer Affairs  
20 (Board).

21 2. On or about April 2, 1984, the Board issued Physician's and Surgeon's Certificate  
22 Number A 40750 to Pedro Soriano Alupay, Jr., M.D. (Respondent). The Physician's and  
23 Surgeon's Certificate was in full force and effect at all times relevant to the charges brought  
24 herein and will expire on May 31, 2023, unless renewed.

25 **JURISDICTION**

26 3. This Accusation is brought before the Board, under the authority of the following  
27 laws. All section references are to the Business and Professions Code (Code) unless otherwise  
28 indicated.

1 4. Section 2004 of the Code states:

2 The board shall have the responsibility for the following:

3 (a) The enforcement of the disciplinary and criminal provisions of the Medical  
4 Practice Act.

5 (b) The administration and hearing of disciplinary actions.

6 (c) Carrying out disciplinary actions appropriate to findings made by a panel or  
an administrative law judge.

7 (d) Suspending, revoking, or otherwise limiting certificates after the conclusion  
8 of disciplinary actions.

9 (e) Reviewing the quality of medical practice carried out by physician and  
surgeon certificate holders under the jurisdiction of the board.

10 (f) Approving undergraduate and graduate medical education programs.

11 (g) Approving clinical clerkship and special programs and hospitals for the  
12 programs in subdivision (f).

13 (h) Issuing licenses and certificates under the board's jurisdiction.

14 (i) Administering the board's continuing medical education program.

15 5. Section 2220 of the Code states:

16 Except as otherwise provided by law, the board may take action against all  
17 persons guilty of violating this chapter. The board shall enforce and administer this  
18 article as to physician and surgeon certificate holders, including those who hold  
certificates that do not permit them to practice medicine, such as, but not limited to,  
retired, inactive, or disabled status certificate holders, and the board shall have all the  
powers granted in this chapter for these purposes including, but not limited to:

19 (a) Investigating complaints from the public, from other licensees, from health  
20 care facilities, or from the board that a physician and surgeon may be guilty of  
unprofessional conduct. The board shall investigate the circumstances underlying a  
21 report received pursuant to Section 805 or 805.01 within 30 days to determine if an  
interim suspension order or temporary restraining order should be issued. The board  
22 shall otherwise provide timely disposition of the reports received pursuant to Section  
805 and Section 805.01.

23 (b) Investigating the circumstances of practice of any physician and surgeon  
24 where there have been any judgments, settlements, or arbitration awards requiring the  
physician and surgeon or his or her professional liability insurer to pay an amount in  
25 damages in excess of a cumulative total of thirty thousand dollars (\$30,000) with  
respect to any claim that injury or damage was proximately caused by the physician's  
26 and surgeon's error, negligence, or omission.

27 (c) Investigating the nature and causes of injuries from cases which shall be  
28 reported of a high number of judgments, settlements, or arbitration awards against a  
physician and surgeon.

///

1           6.     Section 2227 of the Code states:

2           (a) A licensee whose matter has been heard by an administrative law judge of  
3 the Medical Quality Hearing Panel as designated in Section 11371 of the Government  
4 Code, or whose default has been entered, and who is found guilty, or who has entered  
5 into a stipulation for disciplinary action with the board, may, in accordance with the  
6 provisions of this chapter:

7           (1) Have his or her license revoked upon order of the board.

8           (2) Have his or her right to practice suspended for a period not to exceed one  
9 year upon order of the board.

10          (3) Be placed on probation and be required to pay the costs of probation  
11 monitoring upon order of the board.

12          (4) Be publicly reprimanded by the board. The public reprimand may include a  
13 requirement that the licensee complete relevant educational courses approved by the  
14 board.

15          (5) Have any other action taken in relation to discipline as part of an order of  
16 probation, as the board or an administrative law judge may deem proper.

17          (b) Any matter heard pursuant to subdivision (a), except for warning letters,  
18 medical review or advisory conferences, professional competency examinations,  
19 continuing education activities, and cost reimbursement associated therewith that are  
20 agreed to with the board and successfully completed by the licensee, or other matters  
21 made confidential or privileged by existing law, is deemed public, and shall be made  
22 available to the public by the board pursuant to Section 803.1.

### 23                                 STATUTORY PROVISIONS

24           7.     Section 2234 of the Code, states:

25           The board shall take action against any licensee who is charged with  
26 unprofessional conduct. In addition to other provisions of this article, unprofessional  
27 conduct includes, but is not limited to, the following:

28           (a) Violating or attempting to violate, directly or indirectly, assisting in or  
abetting the violation of, or conspiring to violate any provision of this chapter.

(b) Gross negligence.

(c) Repeated negligent acts. To be repeated, there must be two or more  
negligent acts or omissions. An initial negligent act or omission followed by a  
separate and distinct departure from the applicable standard of care shall constitute  
repeated negligent acts.

(1) An initial negligent diagnosis followed by an act or omission medically  
appropriate for that negligent diagnosis of the patient shall constitute a single  
negligent act.

(2) When the standard of care requires a change in the diagnosis, act, or  
omission that constitutes the negligent act described in paragraph (1), including, but  
not limited to, a reevaluation of the diagnosis or a change in treatment, and the



licensee's conduct departs from the applicable standard of care, each departure constitutes a separate and distinct breach of the standard of care.

(d) Incompetence.

(e) The commission of any act involving dishonesty or corruption that is substantially related to the qualifications, functions, or duties of a physician and surgeon.

(f) Any action or conduct that would have warranted the denial of a certificate.

(g) The failure by a certificate holder, in the absence of good cause, to attend and participate in an interview by the board. This subdivision shall only apply to a certificate holder who is the subject of an investigation by the board.

8. Section 2266 of the Code states:

The failure of a physician and surgeon to maintain adequate and accurate records relating to the provision of services to their patients constitutes unprofessional conduct.

### **CONTROLLED SUBSTANCES/DANGEROUS DRUGS**

9. Section 4021 of the Code states:

"Controlled substance" means any substance listed in Chapter 2 (commencing with Section 11053) of Division 10 of the Health and Safety Code.

10. Section 4022 of the Code provides:

"Dangerous drug" or "dangerous device" means any drug or device unsafe for self-use in humans or animals, and includes the following:

(a) Any drug that bears the legend: "Caution: federal law prohibits dispensing without prescription," "Rx only," or words of similar import.

(b) Any device that bears the statement: "Caution: federal law restricts this device to sale by or on the order of a \_\_\_\_\_," "Rx only," or words of similar import, the blank to be filled in with the designation of the practitioner licensed to use or order use of the device.

(c) Any other drug or device that by federal or state law can be lawfully dispensed only on prescription or furnished pursuant to Section 4006.

### **DRUG DEFINITIONS**

11. As used herein, the terms below will have the following meanings:

"Acetaminophen and codeine," also known by the brand names Tylenol with Codeine No. 3 and Tylenol with Codeine No. 4, is an opioid pain reliever. It is a Schedule III controlled substance pursuant to Health and Safety Code section 11056, subdivision (e)(2) and a dangerous drug pursuant to Business and Professions Code section 4022.

1 "Carisoprodol," also known by the brand name Soma, is a muscle-relaxant.  
2 It is a Schedule IV controlled substance pursuant to Health and Safety Code section  
3 11057, subdivision (d)(18), and a dangerous drug pursuant to Code section 4022.

4 "CURES" means the Department of Justice, Bureau of Narcotics  
5 Enforcement's California Utilization, Review and Evaluation System (CURES) for  
6 the electronic monitoring of the prescribing and dispensing of Schedule II, III, IV  
7 and V controlled substances dispensed to patients in California pursuant to Health  
8 and Safety Code section 11165. The CURES database captures data from  
9 controlled substance prescriptions filled as submitted by pharmacies, hospitals, and  
10 dispensing physicians. Law enforcement and regulatory agencies use the data to  
11 assist in their efforts to control the diversion and resultant abuse of controlled  
12 substances. Prescribers and pharmacists may request a patient's history of  
13 controlled substances dispensed in accordance with guidelines developed by the  
14 Department of Justice.

15 "Gabapentin" is an anticonvulsant medication used to treat partial seizures,  
16 neuropathic pain, hot flashes, and restless legs syndrome. It can have potentially  
17 harmful effects when combined with opioids. It is a dangerous drug as defined in  
18 Code section 4022.

19 "Hydrocodone-acetaminophen," also known as Norco, is an opioid pain  
20 medication. It has a high potential for abuse. It is a Schedule II controlled  
21 substance pursuant to Health and Safety Code section 11055, subdivision (b)(1)(I),  
22 and a dangerous drug pursuant to Code section 4022.

23 "Lidocaine patch" is an anesthetic that works to decrease pain by  
24 temporarily numbing the area. It causes loss of feeling in the skin and surrounding  
25 tissues. It is a dangerous drug pursuant to Business and Professions Code section  
26 4022.

27 "Morphine milligram equivalents" (MME) or "Morphine equivalent doses"  
28 (MED), developed by the Centers for Disease Control and Prevention (CDC), are  
values that represent the potency of an opioid dose relative to morphine. MME or  
MED are intended to help clinicians make safe, appropriate decisions concerning  
opioid regimens. They are used as a gauge of the overdose potential of the amount  
of opioid prescribed. Higher dosages of opioids are associated with higher risk of  
overdose and death. Calculating the total daily dosage of opioids assists in  
minimizing the potential for prescription drug abuse/misuse and reducing the  
number of unintentional overdose deaths associated with pain medications.

"Methcarbamol" is a muscle relaxant. Like other muscle relaxers, abuse and  
dependence may occur with long-term use and lead to addictive habits. It is a  
dangerous drug as defined in Code section 4022.

"Tramadol" is a synthetic pain medication used to treat moderate to  
moderately severe pain. It is a Schedule IV controlled substance pursuant to Health  
and Safety Code section 11057, subdivision (c)(2), and a dangerous drug pursuant to  
Code section 4022.

"Tizanidine," also known by the brand name Zanaflex, is a muscle relaxant.  
Like other muscle relaxers, abuse and dependence may occur with long-term use  
and lead to addictive habits. It is a dangerous drug as defined in Code section 4022.

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COST RECOVERY

12. Section 125.3 of the Code states:

(a) Except as otherwise provided by law, in any order issued in resolution of a disciplinary proceeding before any board within the department or before the Osteopathic Medical Board, upon request of the entity bringing the proceeding, the administrative law judge may direct a licensee found to have committed a violation or violations of the licensing act to pay a sum not to exceed the reasonable costs of the investigation and enforcement of the case.

(b) In the case of a disciplined licensee that is a corporation or a partnership, the order may be made against the licensed corporate entity or licensed partnership.

(c) A certified copy of the actual costs, or a good faith estimate of costs where actual costs are not available, signed by the entity bringing the proceeding or its designated representative shall be prima facie evidence of reasonable costs of investigation and prosecution of the case. The costs shall include the amount of investigative and enforcement costs up to the date of the hearing, including, but not limited to, charges imposed by the Attorney General.

(d) The administrative law judge shall make a proposed finding of the amount of reasonable costs of investigation and prosecution of the case when requested pursuant to subdivision (a). The finding of the administrative law judge with regard to costs shall not be reviewable by the board to increase the cost award. The board may reduce or eliminate the cost award, or remand to the administrative law judge if the proposed decision fails to make a finding on costs requested pursuant to subdivision (a).

(e) If an order for recovery of costs is made and timely payment is not made as directed in the board's decision, the board may enforce the order for repayment in any appropriate court. This right of enforcement shall be in addition to any other rights the board may have as to any licensee to pay costs.

(f) In any action for recovery of costs, proof of the board's decision shall be conclusive proof of the validity of the order of payment and the terms for payment.

(g) (1) Except as provided in paragraph (2), the board shall not renew or reinstate the license of any licensee who has failed to pay all of the costs ordered under this section.

(2) Notwithstanding paragraph (1), the board may, in its discretion, conditionally renew or reinstate for a maximum of one year the license of any licensee who demonstrates financial hardship and who enters into a formal agreement with the board to reimburse the board within that one-year period for the unpaid costs.

(h) All costs recovered under this section shall be considered a reimbursement for costs incurred and shall be deposited in the fund of the board recovering the costs to be available upon appropriation by the Legislature.

(i) Nothing in this section shall preclude a board from including the recovery of the costs of investigation and enforcement of a case in any stipulated settlement.

(j) This section does not apply to any board if a specific statutory provision in

1 that board's licensing act provides for recovery of costs in an administrative  
2 disciplinary proceeding.

3 **FIRST CAUSE FOR DISCIPLINE**

4 **(Repeated Negligent Acts)**

5 13. Respondent is subject to disciplinary action under section 2234, subdivision (c), of  
6 the Code, in that he engaged in gross negligence in the care and treatment of Patients 1 and 2.<sup>1</sup>  
7 The circumstances are as follows:

8 **PATIENT 1:**

9 14. From August 18, 2014 to June 29, 2017 Respondent provided care and treatment to  
10 Patient 1, a 68 year-old male, who suffered a work-related injury to his back and shoulder on  
11 March 2, 2012. Patient 1's work-related injury was covered by the State of California Division of  
12 Workers' Compensation (CDWC). The patient was seen approximately once a month by  
13 Respondent from August 2014 to October 2015. There was an unexplained nine-month gap in  
14 the records until the patient returned on July 14, 2016. Thereafter, monthly visits resumed until  
15 the last date of service on June 29, 2017. During the periods that Respondent treated Patient 1, he  
16 documented seeing the patient on a monthly basis and submitted progress reports to CDWC.

17 15. At the time of Patient 1's first visit with Respondent on August 18, 2014, Respondent  
18 Patient 1 complained of intermittent low back pain that increased while standing or sitting for  
19 long periods. Respondent examined the patient and noted that the patient's straight leg raise was  
20 positive, he had bilateral tenderness on the lumbar spine and had limited range of motion.  
21 Respondent prescribed 120 tablets of Norco, 90 tablets of Soma, and 60 tablets of Motrin. He  
22 also recommended a lumbar epidural steroid injection. Respondent did not document patient  
23 education or instructions for opioid therapy nor did he document consent for treatment.

24 16. On September 11, 2014, Respondent noted that the patient had the same problems as  
25 the last visit and that his pain radiated more on his left extremity than right. In addition, he had  
26 multiple levels of lumbar spine disc herniation and lumbar spine radiculopathy. He noted that he  
27 would prescribe the same medications as the previous visit and instructed the patient to follow-up

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<sup>1</sup> The patients herein are referred to as Patients 1 and 2 in order to protect their privacy.

1 in four weeks. Respondent did not document patient education or instructions for opioid therapy  
2 nor did he document consent for treatment.

3 17. On October 23, 2014, Respondent noted that the patient underwent a lumbar epidural  
4 steroid injection on October 7, 2014, and that it provided relief. Respondent noted that a urine  
5 toxicology screen was performed to monitor Patient 1's compliance with his pharmaceutical  
6 treatment regimen. The results of the urine toxicology screen were not documented. Respondent  
7 prescribed 120 tablets of Norco, 90 tablets of Soma, and 60 tablets of Motrin. He instructed the  
8 patient to return in four weeks. Respondent did not document patient education or instructions  
9 for opioid therapy nor did he document consent for treatment.

10 18. Respondent continued to see Patient 1 on a monthly basis and prescribed 120 tablets  
11 of Norco and 90 tablets Soma for the patient's lower back pain until October 22, 2015. At no  
12 time did Respondent document patient education or instructions for opioid therapy or consent for  
13 treatment. Respondent's physical examinations were limited to the areas of pain.

14 19. On July 14, 2016, Patient 1 returned to see Respondent with complaints of persistent  
15 pain in the low back that radiated to the left buttock and lower extremity. Respondent did not  
16 document any explanation of the eight and half month gap in treatment. Respondent noted that  
17 the patient had difficulty performing activities of daily living due to the pain and that he used a  
18 walker for assistance. Respondent also noted that the patient has stage 4 melanoma with  
19 metastasis. Respondent prescribed Norco and Soma, recommended acupuncture therapy and  
20 instructed the patient to follow-up in 4 weeks. Respondent did not document patient education or  
21 instructions for opioid therapy nor did he document consent for treatment.

22 20. On August 11, 2016, Patient 1 was seen by Respondent in follow-up for his lower  
23 back and right shoulder pain. Respondent noted that the patient was taking Norco and Soma.  
24 Respondent documented that the patient continued to have low back pain radiating to his lower  
25 extremities. In addition, the patient had pain and tenderness in the right shoulder joint.  
26 Respondent's assessment was lumbar spine disc disease with radiculopathy, right shoulder joint  
27 arthropathy, lumbar spine paraspinal myospasms, and myalgia. Respondent prescribed 240  
28 tablets of Norco and 90 tablets of Soma, an MRI of the right shoulder, and acupuncture twice a

1 week. Respondent did not document any reason for doubling Patient 1's Norco prescription from  
2 120 tablets per month to 240 tablets per month.

3 21. Respondent continued to see Patient 1 on a monthly basis and prescribed Norco and  
4 Soma for lower back pain and shoulder pain until June 29, 2017. Respondent's physical  
5 examinations were limited to the areas of pain. On June 29, 2017, Respondent also prescribed  
6 Tramadol for pain. Respondent did not document an explanation for adding Tramadol to the  
7 patient's pain medicine regimen. At no time did Respondent document patient education or  
8 instructions for opioid therapy or consent for treatment. Respondent's physical examinations  
9 were limited to the areas of pain. On occasion, Respondent documented that urine drug tests  
10 were performed. No results for the urine drug tests were ever documented. Respondent did not  
11 ever document checking Patient 1's CURES report.

12 22. When prescribing controlled substances for long-term use for pain conditions, the  
13 standard of care requires that the physician obtain the patient's informed consent for treatment.  
14 The physician should discuss the risks and benefits of the treatment plan with the patient. Use of  
15 a pain management agreement is recommended. Patients should be counseled on opioid overdose  
16 and educated regarding overdose prevention and the danger signs of respiratory distress. A  
17 prescription for naloxone should be offered if: the patient is receiving a 90 or more morphine  
18 milligram equivalence per day; the opioid medication is being prescribed concurrently with a  
19 prescription for benzodiazepines; or if the patient presents with an increased risk of overdose,  
20 including a patient with a history of overdose, a patient with a history of substance abuse disorder,  
21 or a patient at risk for returning to high doses of opioid medications to which the patient is no  
22 longer tolerant.

23 23. Respondent failed to discuss the risks, benefits, or alternatives to opioids with Patient  
24 1 and failed to obtain the patient's consent for treatment with opioids. Patient 1's medical records  
25 do not have a signed opioid agreement or any documentation of consent being obtained for  
26 treatment with opioids. In addition, Patient 1 had an increased risk of overdose and should have  
27 been prescribed naloxone. This is a simple departure from the standard of care.

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1       24. When prescribing opioids for pain management, the standard of care requires that the  
2 physician monitor the patient's compliance with medication usage by reviewing the patient's  
3 CURES report at least every four months and consider urine drug testing. Respondent failed to  
4 appropriately monitor Patient 1's compliance with medication usage. Respondent failed to  
5 review Patient 1's CURES report. Respondent failed to document any urine drug testing results  
6 in Patient 1's medical records. This is a simple departure from the standard of care.

7       25. When treating a patient with opioids for chronic, non-cancer pain, the standard of  
8 care requires that the physician document the patient's medical history; physical examination  
9 findings; laboratory testing; consent; pain management agreements; results of risk assessment,  
10 description of treatment provided, instructions to the patient, including discussion of risks and  
11 benefits with the patient or any significant others; results of ongoing monitoring of a patient's  
12 progress (or lack of progress) in terms of pain management and functional improvement; notes on  
13 evaluations by, and consultation with, a specialist; and, any other information used to support the  
14 initiation, continuation, revision, or termination of treatment as well as the steps taken in the  
15 response to any aberrant medication use behaviors. The medical records should also include all  
16 prescription orders for opioid analgesics and other controlled substances. In addition, written  
17 instructions for proper use of all medications should be given to the patient and documented in  
18 the record. The name, telephone number, and address of the patient's pharmacy should also be  
19 recorded. Records should be up-to-date and maintained in an accessible manner so that they can  
20 be readily available for review.

21       26. Respondent failed to adequately document Patient 1's medical visits. Respondent's  
22 physical exam findings were limited and focused only on the areas of pain. Documentation of  
23 vital signs were incomplete. Respondent failed to document patient education or instructions for  
24 taking pain medication, consent for opioid therapy and urine drug screen results. This is a simple  
25 departure from the standard of care.

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1 **PATIENT 2:**

2 27. From May 1, 2019 to April 14, 2021, Respondent provided care and treatment to  
3 Patient 2, a 59-year-old male, who suffered a work-related injury to his low back on January 31,  
4 1998. Patient 2's work-related injury was covered by the CDWC. During the 2-year period that  
5 Respondent treated Patient 2, Respondent documented that he saw the patient on a monthly basis  
6 and submitted progress reports to the Division of Workers' Compensation.

7 28. At the time of Patient 2's first visit with Respondent on May 1, 2019, Respondent  
8 noted that Patient 2 transferred his care and designated Respondent as his Primary Treating  
9 Physician for his work-related injury. Patient 2 stated that he had been taking Norco and  
10 Zanaflex for his pain but ran out of medication. Respondent noted that the patient had been  
11 taking, hydrocodone at 50 MED for "several months and even years now." The medication doses  
12 were not documented. Respondent noted that CURES was obtained and did not show any  
13 abnormal activities. No CURES reports were maintained in Patient 2's medical records.  
14 Respondent noted that the patient was to sign a medication agreement "today." Patient 2's  
15 medical records do not contain any medication agreements. Respondent noted that the patient  
16 had chronic persistent severe pain on his lower back and lower extremities, and was known to  
17 have facet joint pain with previous radiofrequency ablation of the medial branches. Respondent  
18 obtained a clinical history and subjective complaints but did not perform a physical examination  
19 or take the patient's vital signs. Respondent prescribed 150 tablets of hydrocodone (10/325 mg)  
20 with instructions to take 1 tablet every four hours as needed for pain. He also prescribed 60  
21 tablets of Zanaflex (4 mg), with instruction to take 1 tablet twice a day. The patient was  
22 instructed to follow-up in 4 weeks.

23 29. Respondent next saw Patient 2 on May 29, 2019. The patient complained of pain in  
24 the lower back and legs. Respondent noted that CURES was obtained and did not show any  
25 abnormal activities. No CURES reports were maintained in Patient 2's medical records.  
26 Respondent again noted that the patient was to sign a medication agreement "today." Patient 2's  
27 medical records do not contain any medication agreements. Respondent noted that the patient  
28 had chronic persistent severe pain on his lower back and lower extremities. Respondent obtained



1 a clinical history and subjective complaints but did not perform a physical examination or take the  
2 patient's vital signs. Respondent prescribed 150 tablets of hydrocodone (10/325 mg) with  
3 instructions to take 1 tablet every four hours as needed for pain. He also prescribed 60 tablets of  
4 Zanaflex (4 mg), with instruction to take 1 tablet twice a day. The patient was instructed to  
5 follow-up in 4 weeks.

6 30. Patient 2 was next seen by Respondent on June 26, 2019. The patient stated that his  
7 low back pain was really bad and that the medication helped. Respondent noted that he would  
8 refill the patient's medications and that the patient's CURES report did not show any abnormal  
9 activities. No CURES reports were maintained in Patient 2's medical records. Respondent again  
10 noted that the patient was to sign a medication agreement "today." Patient 2's medical records do  
11 not contain any medication agreements. Respondent prescribed 150 tablets of hydrocodone  
12 (10/325 mg) with instructions to take 1 tablet every four hours as needed for pain. He also  
13 prescribed 60 tablets of Zanaflex (4 mg), with instruction to take 1 tablet twice a day. The patient  
14 was instructed to follow-up in 4 weeks.

15 31. Respondent continued to see Patient 2 on a monthly basis, prescribing 150 tablets of  
16 hydrocodone (10/325 mg) and 60 tablets of Zanaflex (4 mg).

17 32. On December 11, 2019, Patient 2 complained that he was still having some daily pain  
18 and that he had started acupuncture. Respondent added a lidocaine patch 5% to be applied to the  
19 area of pain and 90 capsules of gabapentin (300 mg) to Patient 2's medication regimen.

20 33. Respondent continued to see Patient 2 on a monthly basis, prescribing 150 tablets of  
21 hydrocodone (10/325 mg) and 60 tablets of Zanaflex (4 mg) until January 15, 2020, at which  
22 time, Respondent switched Patient 2's muscle relaxant from Zanaflex to Methcarbamol.  
23 Respondent continued to prescribe 150 tablets of hydrocodone (10/325 mg) on a monthly basis  
24 with the last prescription of 150 tablets of hydrocodone (10/325 mg) on April 14, 2021.

25 34. At every visit, Respondent sets forth in the objective findings section of his note that  
26 "[hydrocodone] does not cause any adverse reactions," that the patient's CURES report did not  
27 show any abnormal activities, and that the patient was to sign a medication agreement "today."  
28 Patient 2's medical records do not contain any medication agreements. Respondent carried over

1 the same description under the objective findings section from visit to visit. Other than  
2 documenting Patient 2's temperature on occasion, Respondent did not document Patient 2's vital  
3 signs. Respondent rarely set forth findings of a physical examination but rather described the  
4 patient's subjective complaints of pain.

5 35. When prescribing controlled substances for pain conditions, the standard of care  
6 requires that the physician obtain a medical history and perform a physical examination. The  
7 medical record should document the presence of one or more recognized medical indications for  
8 prescribing an opioid analgesic and should reflect an appropriately detailed patient evaluation.  
9 Such an evaluation should be completed before a decision is made as to whether or not to  
10 prescribe an opioid analgesic. For every patient, the initial work-up should include a systems  
11 review and relevant physical examination, as well as laboratory studies as indicated. Assessment  
12 of the patient's personal and family history of alcohol or drug abuse and relative risk for  
13 medication misuse or abuse should also be part of the initial evaluation and should be completed  
14 prior to a decision as to whether or not to prescribe opioids analgesics. This can be done through  
15 a careful clinical interview, which also should inquire into any history of physical, emotional or  
16 sexual abuse. All patients should be screened for depression and other mental health disorders as  
17 part of risk evaluation.

18 36. At the time of Patient 2's first visit with Respondent on May 1, 2019, Respondent  
19 failed to take the patient's vital signs and perform a physical examination. This is a simple  
20 departure from the standard of care.

21 37. When prescribing controlled substances for long-term use for pain conditions, the  
22 standard of care requires that the physician obtain the patient's informed consent for treatment.  
23 The physician should discuss the risks and benefits of the treatment plan with the patient.

24 38. Respondent failed to document educating Patient 2 of the risks and benefits of the  
25 pain medications being prescribed and he failed obtain a medication agreement. At every visit,  
26 Respondent documented that hydrocodone does not cause any adverse reactions, which is  
27 medically inaccurate and is a contradiction to known risks of opioids. Further, Respondent

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1 documented at every visit that the "patient will sign a medication agreement today." This is a  
2 simple departure from the standard of care.

3 39. Respondent failed to adequately document Patient 2's medical visits. Multiple chart  
4 entries are copied forward and repeated in each clinic note. Respondent documented little to no  
5 physical examination findings. Other than the patient's temperature being recorded on occasion,  
6 Respondent did not document Patient 2's vital signs. This is a simple departure from the standard  
7 of care.

8 **SECOND CAUSE FOR DISCIPLINE**

9 **(Failure to Maintain Adequate and Accurate Medical Records)**

10 40. Respondent is subject to disciplinary action under Code section 2266, in that he failed  
11 to maintain adequate and accurate records for Patients 1 and 2. Complainant refers to and, by this  
12 reference, incorporates herein, paragraphs 13 through 39, above, as though fully set forth herein.

13 **PRAYER**

14 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,  
15 and that following the hearing, the Medical Board of California issue a decision:

16 1. Revoking or suspending Physician's and Surgeon's Certificate Number A 40750,  
17 issued to Pedro Soriano Alupay, Jr., M.D.;

18 2. Revoking, suspending or denying approval of Pedro Soriano Alupay, Jr., M.D.'s  
19 authority to supervise physician assistants and advanced practice nurses;

20 3. Ordering Pedro Soriano Alupay, Jr., M.D., to pay the Board the costs of the  
21 investigation and enforcement of this case, and if placed on probation, the costs of probation  
22 monitoring;

23 4. Ordering Respondent Pedro Soriano Alupay, Jr., M.D., if placed on probation, to  
24 provide patient notification in accordance with Business and Professions Code section 2228.1;

25 and

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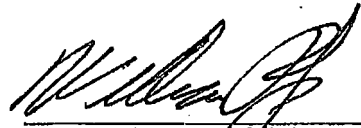
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5. Taking such other and further action as deemed necessary and proper.

DATED: MAY 25 2022



WILLIAM PRASIFKA  
Executive Director  
Medical Board of California  
Department of Consumer Affairs  
State of California  
*Complainant*

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