# BEFORE THE MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA

In the Matter of the First Amended Accusation Against:

Sarah Ash Combs, M.D.

Physician's and Surgeon's Certificate No. A 125860

Respondent.

## DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on October 14, 2022.

IT IS SO ORDERED: September 14, 2022.

MEDICAL BOARD OF CALIFORNIA

Case No.: 800-2020-067207

Laurie Rose Lubiano, J.D., Chair Panel A

Pallel A

1	ROB BONTA				
2	Supervising Deputy Attorney General ROSEMARY F. LUZON Deputy Attorney General State Bar No. 221544 600 West Broadway, Suite 1800 San Diego, CA 92101 P.O. Box 85266				
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6					
7	Telephone: (619) 738-9074 Facsimile: (619) 645-2061				
8	Attorneys for Complainant				
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10	BEFORE THE MEDICAL BOARD OF CALIFORNIA				
11	DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA				
12					
13	In the Matter of the First Amended Accusation	Case No. 800-2020-067207			
14	Against:	OAH No. 2021100901			
15	SARAH ASH COMBS, M.D. 3700 10th Avenue, Apt. 3H				
16	San Diego, CA 92103	STIPULATED SETTLEMENT AND DISCIPLINARY ORDER			
17	Physician's and Surgeon's Certificate No. A 125860,				
18	Respondent.				
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21	IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-				
22	entitled proceedings that the following matters are true:				
23	<u>PARTIES</u>				
24	1. William Prasifka (Complainant) is the Executive Director of the Medical Board of				
25	California (Board). He brought this action solely in his official capacity and is represented in this				
26	matter by Rob Bonta, Attorney General of the State of California, by Rosemary F. Luzon, Deput				
27	Attorney General.				
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- 2. Respondent Sarah Ash Combs, M.D. (Respondent) is represented in this proceeding by attorney Robert W. Frank, whose address is: Neil, Dymott, Frank, McCabe & Hudson APLC, 110 West A Street, Suite 1200, San Diego, CA 92101.
- 3. On or about May 22, 2013, the Board issued Physician's and Surgeon's Certificate No. A 125860 Respondent. The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in First Amended Accusation No. 800-2020-067207. The Physician's and Surgeon's Certificate expired on December 31, 2016, and has not been renewed.

#### **JURISDICTION**

- 4. On or about March 3, 2022, First Amended Accusation No. 800-2020-067207 was filed before the Board, and is currently pending against Respondent. The First Amended Accusation and all other statutorily required documents were properly served on Respondent on or about March 3, 2022, at her address of record. Respondent timely filed her Notice of Defense contesting the First Amended Accusation.
- 5. A true and correct copy of First Amended Accusation No. 800-2020-067207 is attached as Exhibit A and incorporated herein by reference as if fully set forth herein.

#### ADVISEMENT AND WAIVERS

- 6. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in First Amended Accusation No. 800-2020-067207. Respondent has also carefully read, fully discussed with her counsel, and understands the effects of this Stipulated Settlement and Disciplinary Order.
- 7. Respondent is fully aware of her legal rights in this matter, including the right to a hearing on the charges and allegations in the First Amended Accusation; the right to confront and cross-examine the witnesses against her; the right to present evidence and to testify on her own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws, having been fully advised of same by his attorney, Robert W. Frank, Esq.

8. Having the benefit of counsel, Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

#### **CULPABILITY**

- 9. Respondent does not contest that, at an administrative hearing, Complainant could establish a *prima facie* case with respect to the charges and allegations in First Amended Accusation No. 800-2020-067207, and Respondent hereby gives up her rights to contest those charges. Respondent further agrees that she has thereby subjected her Physician's and Surgeon's Certificate No. A 125860 to disciplinary action.
- 10. Respondent agrees that if an accusation is ever filed against her before the Board, all of the charges and allegations contained in First Amended Accusation No. 800-2020-067207 shall be deemed true, correct, and fully admitted by Respondent for purposes of any such proceeding or any other licensing proceeding involving Respondent in the State of California.
- 11. Respondent agrees that her Physician's and Surgeon's Certificate No. A 125860 is subject to discipline and she agrees to be bound by the Board's imposition of discipline as set forth in the Disciplinary Order below.

#### CONTINGENCY

12. This stipulation shall be subject to approval by the Medical Board of California. Respondent understands and agrees that counsel for Complainant and the staff of the Medical Board of California may communicate directly with the Board regarding this stipulation and settlement, without notice to or participation by Respondent or her counsel. By signing the stipulation, Respondent understands and agrees that she may not withdraw her agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.

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13. This Stipulated Settlement and Disciplinary Order is intended by the parties herein to be an integrated writing representing the complete, final, and exclusive embodiment of the agreements of the parties in the above-entitled matter.

- 14. The parties understand and agree that Portable Document Format (PDF) and facsimile copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile signatures thereto, shall have the same force and effect as the originals.
- 15. In consideration of the foregoing admissions and stipulations, the parties agree that the Board may, without further notice or opportunity to be heard by the Respondent, issue and enter the following Disciplinary Order:

#### **DISCIPLINARY ORDER**

IT IS HEREBY ORDERED that Respondent Sarah Ash Combs, M.D., Physician's and Surgeon's Certificate No. A 125860, shall be and is hereby Publicly Reprimanded pursuant to California Business and Professions Code section 2227, subdivision (a), subsection (4). This Public Reprimand is issued in connection with the allegations relating to Respondent's care and treatment of Patient A, which are set forth in First Amended Accusation No. 800-2020-067207, as follows:

#### 1. <u>PUBLIC REPRIMAND</u>.

On or about January 6-7, 2016, you failed to adequately manage and document your care and treatment of Patient A, in violation of California Business and Professions Code sections 2234, subdivision (c), and 2266, as more fully described in First Amended Accusation No. 800-2020-067207, a true and copy of which is attached hereto as Exhibit A and incorporated by reference as if fully set forth herein.

2. <u>EDUCATION COURSE</u>. Within 60 calendar days of the effective date of this Decision, Respondent shall submit to the Board or its designee for its prior approval educational program(s) or course(s) which shall not be less than 40 hours. The educational program(s) or course(s) shall be aimed at correcting any areas of deficient practice or knowledge and shall be Category I certified. The educational program(s) or course(s) shall be at Respondent's expense

and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure in the State of California, if any. Following the completion of each course, the Board or its designee may administer an examination to test Respondent's knowledge of the course. Respondent shall provide proof of attendance for 40 hours of CME in satisfaction of this condition.

3. <u>INVESTIGATION/ENFORCEMENT COST RECOVERY</u>. Respondent is hereby ordered to reimburse the Board its costs of investigation and enforcement in the amount of \$7,887.50 (seven thousand eight hundred eighty-seven dollars and fifty cents). Costs shall be payable to the Medical Board of California. Failure to pay such costs shall be considered a violation of this Order.

Any and all requests for a payment plan shall be submitted in writing by Respondent to the Board.

The filing of bankruptcy by Respondent shall not relieve Respondent of the responsibility to repay investigation and enforcement costs.

- 4. <u>FAILURE TO COMPLY</u>. Any failure by Respondent to comply with the terms and conditions of the Disciplinary Order set forth above shall constitute unprofessional conduct and grounds for further disciplinary action.
- 5. <u>FUTURE ADMISSIONS CLAUSE</u>. If Respondent should ever apply or reapply for a new license or certification, or petition for reinstatement of a license, by any other health care licensing action agency in the State of California, all of the charges and allegations contained in First Amended Accusation No. 800-2020-067207 shall be deemed to be true, correct, and admitted by Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or restrict license in the State of California.

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#### **ACCEPTANCE**

I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully discussed it with my attorney, Robert W. Frank, Esq. I understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate No. A 125860. I enter into this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order of the Medical Board of California.

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DATED: June 15, 2022

SARAH ASH COMBS, M.D.

Respondent

I have read and fully discussed with Respondent Sarah Ash Combs, M.D., the terms and conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order.

I approve its form and content.

DATED.

-15-02

ROBERT W. FRANK, ESQ. Attorney for Respondent

#### **ENDORSEMENT**

The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California.

DATED:

6/15/22

Respectfully submitted,

ROB BONTA
Attorney General of California
ALEXANDRA M. ALVAREZ

Supervising Deputy Attorney General

ROSEMARY F. LUZON
Deputy Attorney General
Attorneys for Complainant

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### Exhibit A

First Amended Accusation No. 800-2020-067207

1	ROB BONTA					
2	Attorney General of California ALEXANDRA M. ALVAREZ					
3	Supervising Deputy Attorney General ROSEMARY F. LUZON					
4	Deputy Attorney General State Bar No. 221544	BEFORE THE CAL BOARD OF CALIFORNIA MENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA  I Accusation Case No. 800-2020-067207 FIRST AMENDED ACCUSATION  Ficate Respondent.  PARTIES plainant) brings this First Amended Accusation solely in his irector of the Medical Board of California, Department of				
5	600 West Broadway, Suite 1800 San Diego, CA 92101					
6	P.O. Box 85266 San Diego, CA 92186-5266					
7	Telephone: (619) 738-9074 Facsimile: (619) 645-2061	e: (619) 738-9074				
8	Attorneys for Complainant					
9	PETOD	TI PULL				
10		MEDICAL BOARD OF CALIFORNIA				
11	DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA					
12		BEFORE THE MEDICAL BOARD OF CALIFORNIA PARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA  mended Accusation I.D. H S Certificate Respondent.  PARTIES  (Complainant) brings this First Amended Accusation solely in his nive Director of the Medical Board of California, Department of 22, 2013, the Medical Board issued Physician's and Surgeon's Sarah Ash Combs, M.D. (Respondent). The Physician's and it on December 31, 2016, and has not been renewed.				
13	In the Matter of the First Amended Accusation	Case No. 800-2020-067207				
14	Against:	FIRST AMENDED ACCUSATION				
15 16	SARAH ASH COMBS, M.D. 3700 10th Avenue, Apt. 3H San Diego, CA 92103					
17	Physician's and Surgeon's Certificate No. A 125860,	,				
18	Respondent.	·				
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20	Complainant alleges:					
21	<u>PARTIES</u>					
22	William Prasifka (Complainant) bring	William Prasifka (Complainant) brings this First Amended Accusation solely in his				
23	official capacity as the Executive Director of the I	icial capacity as the Executive Director of the Medical Board of California, Department of				
24	Consumer Affairs (Board).					
25	2. On or about May 22, 2013, the Medical Board issued Physician's and Surgeon's					
26	Certificate No. A 125860 to Sarah Ash Combs, M.D. (Respondent). The Physician's and					
27	Surgeon's Certificate expired on December 31, 2016, and has not been renewed.					
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	(SARAH ASH COMBS, M.D.) FIRST AMENDED ACCUSATION CASE NO. 800-2020-067207					

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3. This First Amended Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.

Section 2220 of the Code states:

Except as otherwise provided by law, the board may take action against all persons guilty of violating this chapter. . .

Section 2227 of the Code states:

- (a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:
  - (1) Have his or her license revoked upon order of the board.
- (2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.
- (3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.
- (4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the
- (5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.

Section 2234 of the Code states: 6.

The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

(c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or omissions. An initial negligent act or omission followed by a separate and distinct departure from the applicable standard of care shall constitute repeated negligent acts.

#### FIRST CAUSE FOR DISCIPLINE

#### (Repeated Negligent Acts)

- 10. Respondent has subjected her Physician's and Surgeon's Certificate No. A 125860 to disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (c), of the Code, in that she committed repeated negligent acts in her care and treatment of Patient A, as more particularly alleged hereinafter:
- 11. On or about the night of January 6, 2016, Patient A, who was a teenager, presented at the emergency department of Rady Children's Hospital in San Diego, California. According to Patient A's father, Patient A had intentionally ingested seven tablets of Midol and 10 tablets of iron approximately one and a half hours prior to arrival.
- 12. At the time, Respondent was a board-certified pediatrician and in training for her subspecialty fellowship in pediatric emergency medicine. Respondent provided care and treatment to Patient A, alongside Dr. S.L., her direct supervisor.
- 13. Upon arrival at the emergency department, Patient A complained of dizziness, nausea, and vomiting. Patient A was ordered ondansetron for her dizziness and nausea at approximately 23:39, followed by a fluid bolus approximately two and a half hours later.
- 14. Patient A's vital signs were taken, showing a heart rate of 133 beats per minute, which was markedly tachycardic. An EKG also showed a heart rate of 108 beats per minute. However, Patient A's cardiovascular status was noted on the physical exam as follows: "Normal rate, regular rhythm and normal heart sounds."
- 15. According to the ED Provider Notes, lab tests were to be ordered, including an iron level test. However, on or about January 7, 2016, at approximately 01:55, a ferritin level test was erroneously ordered, not an iron level test.<sup>2</sup> The lab results reported the findings for "Ferritin," which were received at approximately 02:57. According to the lab results, the ferritin test showed

<sup>&</sup>lt;sup>1</sup> References to "Patient A" herein are used to protect patient privacy.

<sup>&</sup>lt;sup>2</sup> Ferritin is a protein that stores iron inside the cells. A ferritin test measures the level of ferritin in the body. Ferritin levels indicate the amount of stored iron, but they do not measure the iron outside of the cells. An iron test, in contrast, measures the amount of iron in the blood. After a suspected overdose of iron, a serum iron level is the most appropriate test to order to assess for acute toxicity.

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a level of "8" ng/mL, with a reference range of 6-70 ng/mL. There were no lab results for iron. Nevertheless, the ED Provider Notes stated: "Labs as per below, grossly WNL... Iron well below threshold." The Plan and Discharge Instructions further stated: "Your iron level here was normal."

- 16. At approximately 04:00 on or about January 7, 2016, Patient A complained of additional nausea to the ED nurse. At approximately 04:02, an additional dose of ondansetron was ordered, which was administered at 04:07. Approximately one hour later, Patient A was discharged home, with the last physician re-assessment occurring at approximately 04:12. Prior to discharge, there was no assessment done and no documentation made as to the etiology of Patient A's continuing nausea and whether or not it would persist.
- 17. Following discharge, Patient A subsequently developed severe abdominal and chest pain and returned to the emergency department later the same day. Patient A's lab results showed a hemoglobin of 11.1 g/dL. Patient A was found to be in fulminant liver failure due to iron overdose and required an emergency liver transplant.
- 18. On or about January 14, 2021, Respondent was interviewed in connection with the Board's investigation regarding her care and treatment of Patient A. Respondent stated that she intended to order a total body iron test for Patient A, not a ferritin test. When placing the order, Respondent explained that she typed the word "iron" into the electronic medical record system. According to Respondent, the system automatically defaulted to "ferritin" and, as a result, a ferritin test was ordered instead of an iron test. However, the lab test options that appeared on the screen were actually as follows, from top to bottom:

FERRITIN (IRON)

IRON

IRON + TIBC

Despite "IRON" appearing on the screen, the test for iron was not ordered.

19. At her Board interview, Respondent further stated that when she reviewed the labs, the results appeared as either "ferritin paren iron" or "iron paren ferritin." Despite the word "ferritin" appearing on the results, Respondent stated she expected that the results were

measuring what she thought she had ordered (*i.e.*, an iron level), so she "glanced past it, as you often do in the emergency room, [and] saw a normal level . . . ." According to Respondent, she presumed that the result would likely be normal given the amount of iron tablets that Patient A had reportedly ingested.

- 20. Respondent committed repeated negligent acts in her care and treatment of Patient A, which included, but were not limited to the following:
  - (i) Respondent failed to order the correct test to assess for acute iron toxicity and she failed to appropriately review and interpret the test results received;
  - (ii) Respondent failed to properly assess and document the etiology of Patient A's continuing nausea and whether or not the patient's nausea would persist; and
    - (iii) Respondent failed to properly document Patient A's tachycardia.

#### SECOND CAUSE FOR DISCIPLINE

#### (Failure to Maintain Adequate and Accurate Medical Records)

21. Respondent has subjected her Physician's and Surgeon's Certificate No. A 125860 to disciplinary action under sections 2227 and 2234, as defined by section 2266, of the Code, in that she failed to maintain adequate and accurate records regarding her care and treatment of Patient A, as more particularly alleged in paragraphs 10 through 20, above, which are hereby incorporated by reference and re-alleged as if fully set forth herein.

#### **PRAYER**

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

- 1. Revoking or suspending Physician's and Surgeon's Certificate No. A 125860, issued to Respondent Sarah Ash Combs, M.D.;
- 2. Revoking, suspending or denying approval of Respondent Sarah Ash Combs, M.D.'s authority to supervise physician assistants, pursuant to section 3527 of the Code, and advanced practice nurses;

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1	3. Ordering Respondent Sarah Ash Combs, M.D., to pay the Board the costs of the				
2	investigation and enforcement of this case, and if placed on probation, the costs of probation				
3	monitoring; and				
4	4. Taking such other and further action as deemed necessary and proper.				
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6	DATED: _	MAR 0 3 2022	- William III		
7			WILLIAM PRASIFICAL Executive Director		
8			Executive Director/ Medical Board of California Department of Consumer Affairs State of California		
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(SARAH ASH COMBS, M.D.) FIRST AMENDED ACCUSATION CASE NO. 800-2020-067207