

BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA

In the Matter of the First Amended  
Accusation Against:

Arian S. Mowlavi, M.D.

Physician's and Surgeon's  
Certificate No. A 85870

Case No.: 800-2018-048259

Respondent.

DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on October 7, 2022.

IT IS SO ORDERED: September 8, 2022.

MEDICAL BOARD OF CALIFORNIA



Richard E. Thorp, M.D., Chair  
Panel B

1 ROB BONTA  
Attorney General of California  
2 ALEXANDRA M. ALVAREZ  
Supervising Deputy Attorney General  
3 ROSEMARY F. LUZON  
Deputy Attorney General  
4 State Bar No. 221544  
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5 San Diego, CA 92101  
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6 San Diego, CA 92186-5266  
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8 *Attorneys for Complainant*

9  
10 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
11 **DEPARTMENT OF CONSUMER AFFAIRS**  
**STATE OF CALIFORNIA**

12  
13 In the Matter of the First Amended Accusation  
14 Against:

15 **ARIAN S. MOWLAVI, M.D.**  
16 **32406 South Coast Highway**  
**Laguna Beach, CA 92651**

17 **Physician's and Surgeon's Certificate**  
18 **No. A 85870,**

19 Respondent.

Case No. 800-2018-048259

OAH No. 2021100047

**STIPULATED SETTLEMENT AND  
DISCIPLINARY ORDER**

20  
21 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-  
22 entitled proceedings that the following matters are true:

23 **PARTIES**

24 1. William Prasifka (Complainant) is the Executive Director of the Medical Board of  
25 California (Board). He brought this action solely in his official capacity and is represented in this  
26 matter by Rob Bonta, Attorney General of the State of California, by Rosemary F. Luzon, Deputy  
27 Attorney General.

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1 8. Having the benefit of counsel, Respondent voluntarily, knowingly, and intelligently  
2 waives and gives up each and every right set forth above.

3 **CULPABILITY**

4 9. Respondent does not contest that, at an administrative hearing, Complainant could  
5 establish a *prima facie* case with respect to the charges and allegations in First Amended  
6 Accusation No. 800-2018-048259, and Respondent hereby gives up his rights to contest those  
7 charges. Respondent further agrees that he has thereby subjected his Physician's and Surgeon's  
8 Certificate No. A 85870 to disciplinary action.

9 10. Respondent agrees that if he ever petitions for early termination or modification of  
10 probation, or if an accusation and/or petition to revoke probation is filed against him before the  
11 Board, all of the charges and allegations contained in First Amended Accusation No. 800-2018-  
12 048259 shall be deemed true, correct, and fully admitted by Respondent for purposes of any such  
13 proceeding or any other licensing proceeding involving Respondent in the State of California.

14 11. Respondent agrees that his Physician's and Surgeon's Certificate No. A 85870 is  
15 subject to discipline and he agrees to be bound by the Board's imposition of discipline as set forth  
16 in the Disciplinary Order below.

17 **CONTINGENCY**

18 12. This stipulation shall be subject to approval by the Medical Board of California.  
19 Respondent understands and agrees that counsel for Complainant and the staff of the Medical  
20 Board of California may communicate directly with the Board regarding this stipulation and  
21 settlement, without notice to or participation by Respondent or his counsel. By signing the  
22 stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek  
23 to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails  
24 to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary  
25 Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal  
26 action between the parties, and the Board shall not be disqualified from further action by having  
27 considered this matter.

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1 13. This Stipulated Settlement and Disciplinary Order is intended by the parties herein to  
2 be an integrated writing representing the complete, final, and exclusive embodiment of the  
3 agreements of the parties in the above-entitled matter.

4 14. The parties understand and agree that Portable Document Format (PDF) and facsimile  
5 copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile  
6 signatures thereto, shall have the same force and effect as the originals.

7 15. In consideration of the foregoing admissions and stipulations, the parties agree that  
8 the Board may, without further notice or opportunity to be heard by the Respondent, issue and  
9 enter the following Disciplinary Order:

10 **DISCIPLINARY ORDER**

11 IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A 85870 issued  
12 to Respondent Arian S. Mowlavi, M.D., is revoked. However, the revocation is stayed and  
13 Respondent is placed on probation for ten (10) years from the effective date of the Decision on  
14 the following terms and conditions:

15 1. ACTUAL SUSPENSION. As part of probation, Respondent is suspended from the  
16 practice of medicine for ninety (90) days beginning on the effective date of this Decision.

17 2. EDUCATION COURSE. Within 60 calendar days of the effective date of this  
18 Decision, and on an annual basis thereafter, Respondent shall submit to the Board or its designee  
19 for its prior approval educational program(s) or course(s) which shall not be less than 40 hours  
20 per year, for each year of probation. The educational program(s) or course(s) shall be aimed at  
21 correcting any areas of deficient practice or knowledge and shall be Category I certified. The  
22 educational program(s) or course(s) shall be at Respondent's expense and shall be in addition to  
23 the Continuing Medical Education (CME) requirements for renewal of licensure. Following the  
24 completion of each course, the Board or its designee may administer an examination to test  
25 Respondent's knowledge of the course. Respondent shall provide proof of attendance for 65  
26 hours of CME of which 40 hours were in satisfaction of this condition.

27 3. MEDICAL RECORD KEEPING COURSE. Within 60 calendar days of the effective  
28 date of this Decision, Respondent shall enroll in a course in medical record keeping approved in

1 advance by the Board or its designee. Respondent shall provide the approved course provider  
2 with any information and documents that the approved course provider may deem pertinent.  
3 Respondent shall participate in and successfully complete the classroom component of the course  
4 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully  
5 complete any other component of the course within one (1) year of enrollment. The medical  
6 record keeping course shall be at Respondent's expense and shall be in addition to the Continuing  
7 Medical Education (CME) requirements for renewal of licensure.

8 A medical record keeping course taken after the acts that gave rise to the charges in the  
9 First Amended Accusation, but prior to the effective date of the Decision may, in the sole  
10 discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the  
11 course would have been approved by the Board or its designee had the course been taken after the  
12 effective date of this Decision.

13 Respondent shall submit a certification of successful completion to the Board or its  
14 designee not later than 15 calendar days after successfully completing the course, or not later than  
15 15 calendar days after the effective date of the Decision, whichever is later.

16 4. PROFESSIONALISM PROGRAM (ETHICS COURSE). Within 60 calendar days  
17 of the effective date of this Decision, Respondent shall enroll in a professionalism program, that  
18 meets the requirements of Title 16, California Code of Regulations (CCR) section 1358.1.  
19 Respondent shall participate in and successfully complete that program. Respondent shall  
20 provide any information and documents that the program may deem pertinent. Respondent shall  
21 successfully complete the classroom component of the program not later than six (6) months after  
22 Respondent's initial enrollment, and the longitudinal component of the program not later than the  
23 time specified by the program, but no later than one (1) year after attending the classroom  
24 component. The professionalism program shall be at Respondent's expense and shall be in  
25 addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

26 A professionalism program taken after the acts that gave rise to the charges in the First  
27 Amended Accusation, but prior to the effective date of the Decision may, in the sole discretion of  
28 the Board or its designee, be accepted towards the fulfillment of this condition if the program

1 would have been approved by the Board or its designee had the program been taken after the  
2 effective date of this Decision.

3 Respondent shall submit a certification of successful completion to the Board or its  
4 designee not later than 15 calendar days after successfully completing the program or not later  
5 than 15 calendar days after the effective date of the Decision, whichever is later.

6 5. CLINICAL COMPETENCE ASSESSMENT PROGRAM. Within 60 calendar days  
7 of the effective date of this Decision, Respondent shall enroll in a clinical competence assessment  
8 program approved in advance by the Board or its designee. Respondent shall successfully  
9 complete the program not later than six (6) months after Respondent's initial enrollment unless  
10 the Board or its designee agrees in writing to an extension of that time.

11 The program shall consist of a comprehensive assessment of Respondent's physical and  
12 mental health and the six general domains of clinical competence as defined by the Accreditation  
13 Council on Graduate Medical Education and American Board of Medical Specialties pertaining to  
14 Respondent's current or intended area of practice. The program shall take into account data  
15 obtained from the pre-assessment, self-report forms and interview, and the Decision, First  
16 Amended Accusation, and any other information that the Board or its designee deems relevant.  
17 The program shall require Respondent's on-site participation for a minimum of three (3) and no  
18 more than five (5) days as determined by the program for the assessment and clinical education  
19 evaluation. Respondent shall pay all expenses associated with the clinical competence  
20 assessment program.

21 At the end of the evaluation, the program will submit a report to the Board or its designee  
22 which unequivocally states whether the Respondent has demonstrated the ability to practice  
23 safely and independently. Based on Respondent's performance on the clinical competence  
24 assessment, the program will advise the Board or its designee of its recommendation(s) for the  
25 scope and length of any additional educational or clinical training, evaluation or treatment for any  
26 medical condition or psychological condition, or anything else affecting Respondent's practice of  
27 medicine. Respondent shall comply with the program's recommendations.

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1 Determination as to whether Respondent successfully completed the clinical competence  
2 assessment program is solely within the program's jurisdiction.

3 If Respondent fails to enroll, participate in, or successfully complete the clinical  
4 competence assessment program within the designated time period, Respondent shall receive a  
5 notification from the Board or its designee to cease the practice of medicine within three (3)  
6 calendar days after being so notified. The Respondent shall not resume the practice of medicine  
7 until enrollment or participation in the outstanding portions of the clinical competence assessment  
8 program have been completed. If the Respondent did not successfully complete the clinical  
9 competence assessment program, the Respondent shall not resume the practice of medicine until a  
10 final decision has been rendered on the accusation and/or a petition to revoke probation. The  
11 cessation of practice shall not apply to the reduction of the probationary time period.

12 6. MONITORING - PRACTICE. Within 30 calendar days of the effective date of this  
13 Decision, Respondent shall submit to the Board or its designee for prior approval as a practice  
14 monitor, the name and qualifications of one or more licensed physicians and surgeons whose  
15 licenses are valid and in good standing, and who are preferably American Board of Medical  
16 Specialties (ABMS) certified. A monitor shall have no prior or current business or personal  
17 relationship with Respondent, or other relationship that could reasonably be expected to  
18 compromise the ability of the monitor to render fair and unbiased reports to the Board, including  
19 but not limited to any form of bartering, shall be in Respondent's field of practice, and must agree  
20 to serve as Respondent's monitor. Respondent shall pay all monitoring costs.

21 The Board or its designee shall provide the approved monitor with copies of the Decision  
22 and First Amended Accusation, and a proposed monitoring plan. Within 15 calendar days of  
23 receipt of the Decision, First Amended Accusation, and proposed monitoring plan, the monitor  
24 shall submit a signed statement that the monitor has read the Decision and First Amended  
25 Accusation, fully understands the role of a monitor, and agrees or disagrees with the proposed  
26 monitoring plan. If the monitor disagrees with the proposed monitoring plan, the monitor shall  
27 submit a revised monitoring plan with the signed statement for approval by the Board or its  
28 designee.



1           Within 60 calendar days of the effective date of this Decision, and continuing throughout  
2 probation, Respondent's practice shall be monitored by the approved monitor. Respondent shall  
3 make all records available for immediate inspection and copying on the premises by the monitor  
4 at all times during business hours and shall retain the records for the entire term of probation.

5           If Respondent fails to obtain approval of a monitor within 60 calendar days of the effective  
6 date of this Decision, Respondent shall receive a notification from the Board or its designee to  
7 cease the practice of medicine within three (3) calendar days after being so notified. Respondent  
8 shall cease the practice of medicine until a monitor is approved to provide monitoring  
9 responsibility.

10           The monitor(s) shall submit a quarterly written report to the Board or its designee which  
11 includes an evaluation of Respondent's performance, indicating whether Respondent's practices  
12 are within the standards of practice of medicine, and whether Respondent is practicing medicine  
13 safely. It shall be the sole responsibility of Respondent to ensure that the monitor submits the  
14 quarterly written reports to the Board or its designee within 10 calendar days after the end of the  
15 preceding quarter.

16           If the monitor resigns or is no longer available, Respondent shall, within 5 calendar days of  
17 such resignation or unavailability, submit to the Board or its designee, for prior approval, the  
18 name and qualifications of a replacement monitor who will be assuming that responsibility within  
19 15 calendar days. If Respondent fails to obtain approval of a replacement monitor within 60  
20 calendar days of the resignation or unavailability of the monitor, Respondent shall receive a  
21 notification from the Board or its designee to cease the practice of medicine within three (3)  
22 calendar days after being so notified. Respondent shall cease the practice of medicine until a  
23 replacement monitor is approved and assumes monitoring responsibility.

24           In lieu of a monitor, Respondent may participate in a professional enhancement program  
25 approved in advance by the Board or its designee that includes, at minimum, quarterly chart  
26 review, semi-annual practice assessment, and semi-annual review of professional growth and  
27 education. Respondent shall participate in the professional enhancement program at Respondent's  
28 expense during the term of probation.

1           7.    PROHIBITED PRACTICE. During probation, Respondent is prohibited from  
2 performing and/or participating in VASER® liposuction surgeries/procedures until Respondent  
3 has successfully completed the clinical competence assessment program. After the effective date  
4 of this Decision, and until Respondent has successfully completed the clinical competence  
5 assessment program, all patients being treated by Respondent shall be notified that Respondent is  
6 prohibited from performing and/or participating in VASER® liposuction surgeries/procedures.  
7 Prior to Respondent's successful completion of the clinical assessment program, any new patients  
8 must be provided this notification at the time of their initial appointment.

9           Respondent shall maintain a log of all patients to whom the required oral notification was  
10 made. The log shall contain the: 1) patient's name, address and phone number; 2) patient's  
11 medical record number, if available; 3) the full name of the person making the notification; 4) the  
12 date the notification was made; and 5) a description of the notification given. Respondent shall  
13 keep this log in a separate file or ledger, in chronological order, shall make the log available for  
14 immediate inspection and copying on the premises at all times during business hours by the Board  
15 or its designee, and shall retain the log for the entire term of probation.

16           8.    NOTIFICATION. Within seven (7) days of the effective date of this Decision, the  
17 Respondent shall provide a true copy of this Decision and First Amended Accusation to the Chief  
18 of Staff or the Chief Executive Officer at every hospital where privileges or membership are  
19 extended to Respondent, at any other facility where Respondent engages in the practice of  
20 medicine, including all physician and locum tenens registries or other similar agencies, and to the  
21 Chief Executive Officer at every insurance carrier which extends malpractice insurance coverage  
22 to Respondent. Respondent shall submit proof of compliance to the Board or its designee within  
23 15 calendar days.

24           This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

25           9.    SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE  
26 NURSES. During probation, Respondent is prohibited from supervising physician assistants and  
27 advanced practice nurses.

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1           10. OBEY ALL LAWS. Respondent shall obey all federal, state and local laws, all rules  
2 governing the practice of medicine in California and remain in full compliance with any court  
3 ordered criminal probation, payments, and other orders.

4           11. INVESTIGATION/ENFORCEMENT COST RECOVERY. Respondent is hereby  
5 ordered to reimburse the Board its costs of investigation and enforcement in the amount of  
6 \$16,103.75 (sixteen thousand one hundred three dollars and seventy-five cents). Costs shall be  
7 payable to the Medical Board of California. Failure to pay such costs shall be considered a  
8 violation of probation.

9           Any and all requests for a payment plan shall be submitted in writing by Respondent to the  
10 Board.

11           The filing of bankruptcy by Respondent shall not relieve Respondent of the responsibility  
12 to repay investigation and enforcement costs.

13           12. QUARTERLY DECLARATIONS. Respondent shall submit quarterly declarations  
14 under penalty of perjury on forms provided by the Board, stating whether there has been  
15 compliance with all the conditions of probation.

16           Respondent shall submit quarterly declarations not later than 10 calendar days after the end  
17 of the preceding quarter.

18           13. GENERAL PROBATION REQUIREMENTS.

19           Compliance with Probation Unit

20           Respondent shall comply with the Board's probation unit.

21           Address Changes

22           Respondent shall, at all times, keep the Board informed of Respondent's business and  
23 residence addresses, email address (if available), and telephone number. Changes of such  
24 addresses shall be immediately communicated in writing to the Board or its designee. Under no  
25 circumstances shall a post office box serve as an address of record, except as allowed by Business  
26 and Professions Code section 2021, subdivision (b).

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1           Place of Practice

2           Respondent shall not engage in the practice of medicine in Respondent's or patient's place  
3 of residence, unless the patient resides in a skilled nursing facility or other similar licensed  
4 facility.

5           License Renewal

6           Respondent shall maintain a current and renewed California physician's and surgeon's  
7 license.

8           Travel or Residence Outside California

9           Respondent shall immediately inform the Board or its designee, in writing, of travel to any  
10 areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty  
11 (30) calendar days.

12           In the event Respondent should leave the State of California to reside or to practice,  
13 Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of  
14 departure and return.

15           14. INTERVIEW WITH THE BOARD OR ITS DESIGNEE. Respondent shall be  
16 available in person upon request for interviews either at Respondent's place of business or at the  
17 probation unit office, with or without prior notice throughout the term of probation.

18           15. NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or  
19 its designee in writing within 15 calendar days of any periods of non-practice lasting more than  
20 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is  
21 defined as any period of time Respondent is not practicing medicine as defined in Business and  
22 Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct  
23 patient care, clinical activity or teaching, or other activity as approved by the Board. If  
24 Respondent resides in California and is considered to be in non-practice, Respondent shall  
25 comply with all terms and conditions of probation. All time spent in an intensive training  
26 program which has been approved by the Board or its designee shall not be considered non-  
27 practice and does not relieve Respondent from complying with all the terms and conditions of  
28 probation. Practicing medicine in another state of the United States or Federal jurisdiction while

1 on probation with the medical licensing authority of that state or jurisdiction shall not be  
2 considered non-practice. A Board-ordered suspension of practice shall not be considered as a  
3 period of non-practice.

4 In the event Respondent's period of non-practice while on probation exceeds 18 calendar  
5 months, Respondent shall successfully complete the Federation of State Medical Boards' Special  
6 Purpose Examination, or, at the Board's discretion, a clinical competence assessment program  
7 that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model  
8 Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.

9 Respondent's period of non-practice while on probation shall not exceed two (2) years.

10 Periods of non-practice will not apply to the reduction of the probationary term.

11 Periods of non-practice for a Respondent residing outside of California will relieve  
12 Respondent of the responsibility to comply with the probationary terms and conditions with the  
13 exception of this condition and the following terms and conditions of probation: Obey All Laws;  
14 General Probation Requirements; Quarterly Declarations; Abstain from the Use of Alcohol and/or  
15 Controlled Substances; and Biological Fluid Testing.

16 16. COMPLETION OF PROBATION. Respondent shall comply with all financial  
17 obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the  
18 completion of probation. Upon successful completion of probation, Respondent's certificate shall  
19 be fully restored.

20 17. VIOLATION OF PROBATION. Failure to fully comply with any term or condition  
21 of probation is a violation of probation. If Respondent violates probation in any respect, the  
22 Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and  
23 carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke  
24 Probation, or an Interim Suspension Order is filed against Respondent during probation, the  
25 Board shall have continuing jurisdiction until the matter is final, and the period of probation shall  
26 be extended until the matter is final.

27 18. LICENSE SURRENDER. Following the effective date of this Decision, if  
28 Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy

1 the terms and conditions of probation, Respondent may request to surrender his license. The  
2 Board reserves the right to evaluate Respondent's request and to exercise its discretion in  
3 determining whether or not to grant the request, or to take any other action deemed appropriate  
4 and reasonable under the circumstances. Upon formal acceptance of the surrender, Respondent  
5 shall within 15 calendar days deliver Respondent's wallet and wall certificate to the Board or its  
6 designee and Respondent shall no longer practice medicine. Respondent will no longer be subject  
7 to the terms and conditions of probation. If Respondent re-applies for a medical license, the  
8 application shall be treated as a petition for reinstatement of a revoked certificate.

9 19. PROBATION MONITORING COSTS. Respondent shall pay the costs associated  
10 with probation monitoring each and every year of probation, as designated by the Board, which  
11 may be adjusted on an annual basis. Such costs shall be payable to the Medical Board of  
12 California and delivered to the Board or its designee no later than January 31 of each calendar  
13 year.

14 20. FUTURE ADMISSIONS CLAUSE. If Respondent should ever apply or reapply for  
15 a new license or certification, or petition for reinstatement of a license, by any other health care  
16 licensing action agency in the State of California, all of the charges and allegations contained in  
17 First Amended Accusation No. 800-2018-048259 shall be deemed to be true, correct, and  
18 admitted by Respondent for the purpose of any Statement of Issues or any other proceeding  
19 seeking to deny or restrict license.

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**ACCEPTANCE**

I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully discussed it with my attorney, Raymond J. McMahon, Esq. I understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate No. A 85870. I enter into this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order of the Medical Board of California.

DATED: 5/12/22   
ARIAN S. MOWLAVI, M.D.  
*Respondent*

I have read and fully discussed with Respondent Arian S. Mowlavi, M.D., the terms and conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order. I approve its form and content.

DATED: May 12, 2022   
RAYMOND J. MCMAHON, ESQ.  
*Attorney for Respondent*

**ENDORSEMENT**

The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California.

DATED: \_\_\_\_\_ Respectfully submitted,  
ROB BONTA ✓  
Attorney General of California  
ALEXANDRA M. ALVAREZ  
Supervising Deputy Attorney General  
  
ROSEMARY F. LUZON  
Deputy Attorney General  
*Attorneys for Complainant*

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**ACCEPTANCE**

I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully discussed it with my attorney, Raymond J. McMahon, Esq. I understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate No. A 85870. I enter into this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order of the Medical Board of California.

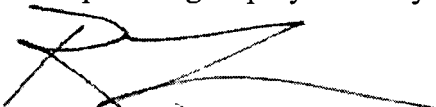
DATED: \_\_\_\_\_  
ARIAN S. MOWLAVI, M.D.  
*Respondent*

I have read and fully discussed with Respondent Arian S. Mowlavi, M.D., the terms and conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order. I approve its form and content.

DATED: \_\_\_\_\_  
RAYMOND J. MCMAHON, ESQ.  
*Attorney for Respondent*

**ENDORSEMENT**

The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California.

DATED: May 13, 2022 Respectfully submitted,  
ROB BONTA  
Attorney General of California  
ALEXANDRA M. ALVAREZ  
Supervising Deputy Attorney General  
  
ROSEMARY F. LUZON  
Deputy Attorney General  
*Attorneys for Complainant*

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8 *Attorneys for Complainant*

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11 **DEPARTMENT OF CONSUMER AFFAIRS**  
**STATE OF CALIFORNIA**  
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13 In the Matter of the First Amended Accusation  
14 Against:

Case No. 800-2018-048259

15 **ARIAN S. MOWLAVI, M.D.**  
32406 South Coast Highway  
16 Laguna Beach, CA 92651

**FIRST AMENDED ACCUSATION**

17 **Physician's and Surgeon's Certificate**  
18 **No. A 85870,**

Respondent.

19  
20 **PARTIES**

21 1. William Prasifka (Complainant) brings this First Amended Accusation solely in his  
22 official capacity as the Executive Director of the Medical Board of California, Department of  
23 Consumer Affairs (Board).

24 2. On or about February 4, 2004, the Board issued Physician's and Surgeon's Certificate  
25 No. A 85870 to Arian S. Mowlavi, M.D. (Respondent). The Physician's and Surgeon's  
26 Certificate was in full force and effect at all times relevant to the charges brought herein and will  
27 expire on February 29, 2024, unless renewed.

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1 **JURISDICTION**

2 3. This First Amended Accusation is brought before the Board, under the authority of  
3 the following laws. All section references are to the Business and Professions Code (Code)  
4 unless otherwise indicated.

5 4. Section 2220 of the Code states:

6 Except as otherwise provided by law, the board may take action against all  
7 persons guilty of violating this chapter. . .

8 5. Section 2227 of the Code states:

9 (a) A licensee whose matter has been heard by an administrative law judge of  
10 the Medical Quality Hearing Panel as designated in Section 11371 of the Government  
11 Code, or whose default has been entered, and who is found guilty, or who has entered  
into a stipulation for disciplinary action with the board, may, in accordance with the  
provisions of this chapter:

12 (1) Have his or her license revoked upon order of the board.

13 (2) Have his or her right to practice suspended for a period not to exceed one  
14 year upon order of the board.

15 (3) Be placed on probation and be required to pay the costs of probation  
monitoring upon order of the board.

16 (4) Be publicly reprimanded by the board. The public reprimand may include a  
17 requirement that the licensee complete relevant educational courses approved by the  
board.

18 (5) Have any other action taken in relation to discipline as part of an order of  
19 probation, as the board or an administrative law judge may deem proper.

20 . . .

21 6. Section 2234 of the Code states:

22 The board shall take action against any licensee who is charged with  
23 unprofessional conduct. In addition to other provisions of this article, unprofessional  
conduct includes, but is not limited to, the following:

24 (a) Violating or attempting to violate, directly or indirectly, assisting in or  
25 abetting the violation of, or conspiring to violate any provision of this chapter.

26 (b) Gross negligence.

27 . . .

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1 (e) The commission of any act involving dishonesty or corruption that is  
2 substantially related to the qualifications, functions, or duties of a physician and  
3 surgeon.

3 ...

4 7. Section 2052 of the Code states:

5 (a) Notwithstanding Section 146, any person who practices or attempts to  
6 practice, or who advertises or holds himself or herself out as practicing, any system or  
7 mode of treating the sick or afflicted in this state, or who diagnoses, treats, operates  
8 for, or prescribes for any ailment, blemish, deformity, disease, disfigurement,  
9 disorder, injury, or other physical or mental condition of any person, without having  
10 at the time of so doing a valid, unrevoked, or unsuspended certificate as provided in  
11 this chapter [Chapter 5, the Medical Practice Act], or without being authorized to  
perform the act pursuant to a certificate obtained in accordance with some other  
provision of law, is guilty of a public offense, punishable by a fine not exceeding ten  
thousand dollars (\$10,000), by imprisonment pursuant to subdivision (h) of Section  
1170 of the Penal Code, by imprisonment in a county jail not exceeding one year, or  
by both the fine and either imprisonment.

12 (b) Any person who conspires with or aids or abets another to commit any act  
13 described in subdivision (a) is guilty of a public offense, subject to the punishment  
described in that subdivision.

14 (c) The remedy provided in this section shall not preclude any other remedy  
provided by law.

15 8. Section 2264 of the Code states:

16 The employing, directly or indirectly, the aiding, or the abetting of any  
17 unlicensed person or any suspended, revoked, or unlicensed practitioner to engage in  
18 the practice of medicine or any other mode of treating the sick or afflicted which  
requires a license to practice constitutes unprofessional conduct.

19 9. Section 2261 of the Code states:

20 Knowingly making or signing any certificate or other document directly or  
21 indirectly related to the practice of medicine or podiatry which falsely represents the  
existence or nonexistence of a state of facts, constitutes unprofessional conduct.

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10. Section 651 of the Code states:

(a) It is unlawful for any person licensed under this division or under any initiative act referred to in this division to disseminate or cause to be disseminated any form of public communication containing a false, fraudulent, misleading, or deceptive statement, claim, or image for the purpose of or likely to induce, directly or indirectly, the rendering of professional services or furnishing of products in connection with the professional practice or business for which he or she is licensed. A "public communication" as used in this section includes, but is not limited to, communication by means of mail, television, radio, motion picture, newspaper, book, list or directory of healing arts practitioners, Internet, or other electronic communication.

(b) A false, fraudulent, misleading, or deceptive statement, claim, or image includes a statement or claim that does any of the following:

- (1) Contains a misrepresentation of fact.
- (2) Is likely to mislead or deceive because of a failure to disclose material facts.
- ...
- (5) Contains other representations or implications that in reasonable probability will cause an ordinarily prudent person to misunderstand or be deceived.
- ...
- (8) Includes any statement, endorsement, or testimonial that is likely to mislead or deceive because of a failure to disclose material facts.
- ...

(g) Any violation of this section by a person so licensed shall constitute good cause for revocation or suspension of his or her license or other disciplinary action.

11. Section 2216.3 of the Code states:

(a) An outpatient setting accredited pursuant to Section 1248.1 of the Health and Safety Code shall report an adverse event to the board no later than five days after the adverse event has been detected, or, if that event is an ongoing urgent or emergent threat to the welfare, health, or safety of patients, personnel, or visitors, not later than 24 hours after the adverse event has been detected. Disclosure of individually identifiable patient information shall be consistent with applicable law.

(b) For the purposes of this section, "adverse event" includes any of the following:

- (1) Surgical or other invasive procedures, including the following:
- ...

1 (F) Transfer of a patient to a hospital or emergency center for medical treatment  
2 for a period exceeding 24 hours following a scheduled procedure outside of a general  
3 acute care hospital, as defined in subdivision (a) of Section 1250 of the Health and  
4 Safety Code.

5 12. Unprofessional conduct under section 2234 of the Code is conduct which breaches  
6 the rules or ethical code of the medical profession, or conduct which is unbecoming a member in  
7 good standing of the medical profession, and which demonstrates an unfitness to practice  
8 medicine. (*Shea v. Board of Medical Examiners* (1978) 81 Cal.App.3d 564, 575.)

9 **COST RECOVERY**

10 13. Section 125.3 of the Code provides, in pertinent part, that the Board may request the  
11 administrative law judge to direct a licensee found to have committed a violation or violations of  
12 the licensing act to pay a sum not to exceed the reasonable costs of the investigation and  
13 enforcement of the case, with failure of the licensee to comply subjecting the license to not being  
14 renewed or reinstated. If a case settles, recovery of investigation and enforcement costs may be  
15 included in a stipulated settlement.

16 14. Section 125.3 of the Code states:

17 (a) Except as otherwise provided by law, in any order issued in resolution of a  
18 disciplinary proceeding before any board within the department or before the  
19 Osteopathic Medical Board, upon request of the entity bringing the proceeding, the  
20 administrative law judge may direct a licensee found to have committed a violation or  
21 violations of the licensing act to pay a sum not to exceed the reasonable costs of the  
22 investigation and enforcement of the case.

23 (b) In the case of a disciplined licensee that is a corporation or a partnership, the  
24 order may be made against the licensed corporate entity or licensed partnership.

25 (c) A certified copy of the actual costs, or a good faith estimate of costs where  
26 actual costs are not available, signed by the entity bringing the proceeding or its  
27 designated representative shall be prima facie evidence of reasonable costs of  
28 investigative and enforcement costs up to the date of the hearing, including, but not  
limited to, charges imposed by the Attorney General.

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1 (d) The administrative law judge shall make a proposed finding of the amount  
2 of reasonable costs of investigation and prosecution of the case when requested  
3 pursuant to subdivision (a). The finding of the administrative law judge with regard  
4 to costs shall not be reviewable by the board to increase the cost award. The board  
5 may reduce or eliminate the cost award, or remand to the administrative law judge if  
6 the proposed decision fails to make a finding on costs requested pursuant to  
7 subdivision (a).

8 (e) If an order for recovery of costs is made and timely payment is not made as  
9 directed in the board's decision, the board may enforce the order for repayment in any  
10 appropriate court. This right of enforcement shall be in addition to any other rights  
11 the board may have as to any licensee to pay costs.

12 (f) In any action for recovery of costs, proof of the board's decision shall be  
13 conclusive proof of the validity of the order of payment and the terms for payment.

14 (g) (1) Except as provided in paragraph (2), the board shall not renew or  
15 reinstate the license of any licensee who has failed to pay all of the costs ordered  
16 under this section.

17 (2) Notwithstanding paragraph (1), the board may, in its discretion,  
18 conditionally renew or reinstate for a maximum of one year the license of any  
19 licensee who demonstrates financial hardship and who enters into a formal agreement  
20 with the board to reimburse the board within that one-year period for the unpaid  
21 costs.

22 (h) All costs recovered under this section shall be considered a reimbursement  
23 for costs incurred and shall be deposited in the fund of the board recovering the costs  
24 to be available upon appropriation by the Legislature.

25 (i) Nothing in this section shall preclude a board from including the recovery of  
26 the costs of investigation and enforcement of a case in any stipulated settlement.

27 (j) This section does not apply to any board if a specific statutory provision in  
28 that board's licensing act provides for recovery of costs in an administrative  
disciplinary proceeding.

### FIRST CAUSE FOR DISCIPLINE

#### (Gross Negligence)

29 15. Respondent has subjected his Physician's and Surgeon's Certificate No. A 85870 to  
30 disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (b), of  
31 the Code, in that he committed gross negligence in his care and treatment of Patient A,<sup>1</sup> as more  
32 particularly alleged hereinafter:

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36 <sup>1</sup> References to "Patient A" herein are used to protect patient privacy.

1                    **Respondent's VASER® Liposuction Practice**

2                    16. Respondent is a Board-certified plastic surgeon. At all times relevant to the  
3 allegations herein, Respondent was a solo practitioner at the Laguna Surgery Institute, an  
4 outpatient surgical center located in Laguna Beach, California.

5                    17. According to Respondent, approximately 80 to 90 percent of his practice constitutes  
6 VASER® liposuction. Respondent describes VASER® liposuction as a high definition liposuction  
7 procedure involving the infusion of tumescent solution, followed by cavitation (or melting) of the  
8 fat, and then aspiration (or siphoning) of the liquid fat. According to Respondent, the VASER®  
9 procedure enables the infiltration of both the deep and superficial layers of fat, thereby leading to  
10 "stunning results" and "more high defined muscle patterns and . . . etching" than traditional  
11 liposuction.

12                    18. Respondent began utilizing the VASER® liposuction procedure in or about March  
13 2017, when he first purchased the VASER® liposuction machine. Since then, Respondent states  
14 that he has become well regarded for the VASER® liposuction procedure and has trained more  
15 than 50 surgeons on the procedure.

16                    19. Prior to August 30, 2018, Respondent performed approximately 150 to 180 VASER®  
17 liposuction cases. After August 30, 2018, Respondent performed in excess of approximately 100  
18 VASER® liposuction cases. For VASER® liposuction procedures performed at Respondent's  
19 surgical facility, surgical technicians<sup>2</sup> are present and provide assistance to Respondent during the  
20 procedures.

21                    ///

22  
23                    <sup>2</sup> Surgical technicians are also referred to as "surgical technologists," "surgical techs," or  
24 "scrub techs." Surgical technicians work in the operating room with surgeons, anesthesiologists,  
25 and nurses. Preoperatively, their tasks and duties include sterilizing the equipment and operating  
26 room; gathering, counting, and arranging the equipment and surgical tools needed during the  
27 surgery; and preparing patients for the procedure. Intraoperatively, surgical techs keep the  
28 operating room sterile; pass surgical tools to the surgeon and the surgeon's assistant; and assist in  
retracting tissues from the patient. Postoperatively, their tasks and duties include counting all of  
the tools and instruments used during the surgery; applying dressings to surgical sites; disposing  
of needles and gauze; and maintaining the sterile environment of the operating room until the  
patient is brought to the recovery room. Surgical technicians must possess a high school diploma  
(or equivalent) and complete an accredited surgical technology training program, typically lasting  
12 to 24 months.

1           20. Surgical techs assist Respondent during VASER® liposuction procedures by, *inter*  
2 *alia*, performing liposuction on patients, including surgical techs J.G. and A.J.R.

3           **Respondent's "High Definition Liposuction" Book**

4           21. Sometime after Respondent began performing VASER® liposuction procedures,  
5 Respondent authored a book entitled, "High Definition Liposuction." The book starts by  
6 describing Respondent's distinctions and credentials, awards, lectures, and articles published.  
7 The book states that Respondent "is considered one of the top body sculptors around the world,"  
8 has performed "over 15,000 procedures[,] and is "well-regarded as a world-renowned face,  
9 body, and breast sculptor because of his superior outcomes and body transformations."

10          22. The book then provides an introduction to high definition liposuction, describing it as  
11 a "Game Changer" in the body contouring arena as it allows your surgeon to precisely sculpt  
12 your body to previously unattainable results." To obtain such results, the book identifies two  
13 critical factors, one of which is "mastery in the use of VASER technology." According to the  
14 book, "Mastery requires: Understanding VASER capacity[;] Intimate knowledge of muscle  
15 anatomy[;] Appropriate training in VASER application[;] Surgical experience with VASER  
16 technology[;] Artistic approach to sculpting the body[;] 360 degree or circumferential body  
17 contouring[;] Accurate preoperative high definition markings[;] [and] Strategically sound  
18 operative plan[.]"

19          23. Thereafter, the book discusses patient selection, the second critical factor for attaining  
20 high definition liposuction results, and related considerations, including body scale and surgical  
21 algorithm and body scale case studies. A section on preoperative markings follows, along with a  
22 discussion of specific procedures for various areas of the body and complications relating to body  
23 contouring and a photo gallery of before and after body contouring cases.

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1 24. At the end of the book, Respondent's services and staff are highlighted. The book  
2 states, "To ensure optimum high definition liposuction results, it is critical to choose a surgeon  
3 that offers a full spectrum high definition liposuction body contouring center." It further states  
4 that Respondent's surgical facility offers "state of the art equipment," a state-certified operating  
5 room that provides "a safe operative and postoperative recovery center[,] and an experienced  
6 staff, including a front office coordinator, a patient coordinator, and a surgical tech.

7 25. Respondent's book does not include any statement that for VASER<sup>®</sup> liposuction  
8 procedures performed at Respondent's surgical facility, surgical techs, including surgical techs  
9 J.G. and A.J.R., also perform liposuction on patients.

10 26. Respondent's book is disseminated on his website, which includes a webpage that  
11 prominently features the book.<sup>3</sup> The webpage states, "Dr. Mowlavi's High Definition  
12 Liposuction patient guide is available with a consultation appointment. [ ] You may also  
13 purchase the book online for \$49.95 here: [www.lulu.com](http://www.lulu.com)."

14 **Patient A**

15 27. On or about August 2, 2018, Patient A had a consultation with Respondent regarding  
16 possible liposuction of the abdomen, back, flanks, and thighs as well as a breast implant  
17 replacement, a medial thigh tuck, and a tummy tuck. Respondent recommended high definition  
18 VASER<sup>®</sup> liposuction of the abdomen, back, and flanks, an abdominoplasty incision line revision  
19 (or "mini tummy tuck"), and a medial and lateral thigh tuck. In addition, Respondent  
20 recommended a right breast capsulorrhaphy with implant reposition and fat grafting to the  
21 buttocks.

22 28. On or about August 30, 2018, Patient A underwent surgery at the Laguna Surgery  
23 Institute. Respondent was the operating surgeon. Also present were Dr. E.A., the  
24 anesthesiologist; Nurse R.D., the Registered Nurse First Assist; Nurse N.R., the circulating  
25 registered nurse; surgical tech J.G.; and surgical tech A.J.R. Multiple procedures were performed  
26 during the surgery, including high definition liposuction of the abdomen, back, flanks, and lateral

27 <sup>3</sup> See [https://cosmeticplasticsurgeryinstitute.com/dr-mowlavi-high-definition-lipo-](https://cosmeticplasticsurgeryinstitute.com/dr-mowlavi-high-definition-lipo-booklet/)  
28 [booklet/](https://cosmeticplasticsurgeryinstitute.com/dr-mowlavi-high-definition-lipo-booklet/).

1 thighs; right breast implant removal, capsulorrhaphy, and replacement; mini abdominoplasty  
2 incision line revision; lateral and medial thigh tuck; and fat grafting to the buttocks and breasts.

3 29. During the surgery, surgical techs J.G. and A.J.R. assisted Respondent by, *inter alia*,  
4 performing liposuction on Patient A. Surgical tech J.G. infused the tumescent solution, and  
5 surgical tech A.J.R. removed the fat.

6 30. Patient A was discharged home at approximately 8:02 p.m. on the same day. At  
7 approximately 1:06 a.m., on or about August 31, 2018, Patient A was admitted to the hospital.  
8 According to the Emergency Department Report, Patient A suffered a syncopal episode at home  
9 after complaining of shortness of breath and collapsing. She was brought to the Emergency  
10 Department by ambulance and arrived unresponsive.

11 31. On or about August 31, 2018, Respondent saw Patient A in the intensive care unit of  
12 the hospital. The next day, on or about September 1, 2018, Respondent wrote a postoperative  
13 note documenting Patient A's hospitalization and condition. Respondent noted that Patient A  
14 decompensated at home following her surgery and suffered anoxic brain injury with a  
15 "devastating prognosis."

16 32. On or about September 2, 2018, Patient A passed away at the hospital. The final  
17 diagnosis was hemorrhage from surgical intervention leading to cardiac arrest and cerebral  
18 anoxia.

19 33. On or about September 14, 2018, Respondent submitted an "Outpatient Surgery –  
20 Patient Death Reporting Form" to the Board, advising of Patient A's death and identifying the  
21 name and location of the hospital where Patient A was transferred. Respondent failed to report  
22 Patient A's transfer and hospitalization to the Board within five days of learning of this fact.

23 34. Respondent committed gross negligence in his care and treatment of Patient A, which  
24 included, but was not limited to, the following:

25 A. Respondent allowed surgical techs J.G. and A.J.R. to perform liposuction  
26 surgery on Patient A.

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**SECOND CAUSE FOR DISCIPLINE**

**(Aiding and Abetting Unlicensed Practice of Medicine)**

35. Respondent has subjected his Physician's and Surgeon's Certificate No. A 85870 to disciplinary action under sections 2227, 2264, and 2234, subdivision (a), as defined by section 2052, subdivision (b), of the Code, in that he aided and abetted the unlicensed practice of medicine, as more particularly alleged in paragraphs 16 through 34, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

**THIRD CAUSE FOR DISCIPLINE**

**(False Representations)**

36. Respondent has subjected his Physician's and Surgeon's Certificate No. A 85870 to disciplinary action under sections 2227, 2261, 2234, subdivision (a), of the Code, in that he knowingly made a document related to the practice of medicine which falsely represents the existence or nonexistence of a state of facts, as more particularly alleged in paragraphs 16 through 34, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

**FOURTH CAUSE FOR DISCIPLINE**

**(Dissemination of Public Communication Containing False Representations)**

37. Respondent has subjected his Physician's and Surgeon's Certificate No. A 85870 to disciplinary action under sections 2227, 651, subdivisions (a), (b), and (g), and 2234, subdivision (a), of the Code, in that he disseminated or caused to be disseminated a public communication containing a false, misleading, or deceptive statement for the purpose of or with the likelihood of inducing the rendering of medical services, as more particularly alleged in paragraphs 16 through 34, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

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1 **FIFTH CAUSE FOR DISCIPLINE**

2 **(Dishonesty or Corruption)**

3 38. Respondent has subjected his Physician's and Surgeon's Certificate No. A 85870 to  
4 disciplinary action under sections 2227 and 2234, subdivision (e), of the Code, in that he engaged  
5 in an act or acts involving dishonesty that are substantially related to the qualifications, functions,  
6 or duties of a physician and surgeon, as more particularly alleged in paragraphs 16 through 34,  
7 above, which are hereby incorporated by reference and realleged as if fully set forth herein.

8 **SIXTH CAUSE FOR DISCIPLINE**

9 **(Failure to Timely Report Adverse Event)**

10 39. Respondent has subjected his Physician's and Surgeon's Certificate No. A 85870 to  
11 disciplinary action under sections 2227 and 2234, subdivision (a), as defined by section 2216.3,  
12 subdivisions (a) and (b), of the Code, in that Respondent failed to timely report an adverse event  
13 relating to Patient A to the Board after detecting the adverse event, as more particularly alleged in  
14 paragraphs 27 through 33, above, which are hereby incorporated by reference and realleged as if  
15 fully set forth herein.

16 **SEVENTH CAUSE FOR DISCIPLINE**

17 **(General Unprofessional Conduct)**

18 40. Respondent has subjected his Physician's and Surgeon's Certificate No. A 85870 to  
19 disciplinary action under sections 2227 and 2234 of the Code, in that he has engaged in conduct  
20 which breaches the rules or ethical code of the medical profession, or conduct which is  
21 unbecoming to a member in good standing of the medical profession, and which demonstrates an  
22 unfitness to practice medicine, as more particularly alleged in paragraphs 16 through 39, above,  
23 which are hereby incorporated by reference and realleged as if fully set forth herein.

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1 PRAYER

2 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,  
3 and that following the hearing, the Medical Board of California issue a decision:

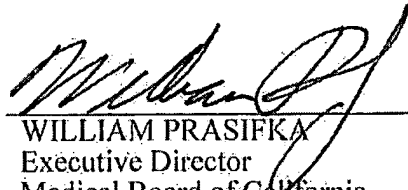
4 1. Revoking or suspending Physician's and Surgeon's Certificate No. A 85870, issued  
5 to Respondent Arian S. Mowlavi, M.D.;

6 2. Revoking, suspending or denying approval of Respondent Arian S. Mowlavi, M.D.'s  
7 authority to supervise physician assistants, pursuant to section 3527 of the Code, and advanced  
8 practice nurses;

9 3. Ordering Respondent Arian S. Mowlavi, M.D., to pay the Board the costs of the  
10 investigation and enforcement of this case, and if placed on probation, the costs of probation  
11 monitoring; and

12 4. Taking such other and further action as deemed necessary and proper.

13 DATED: FEB 03 2022

14   
15 WILLIAM PRASIFKA  
16 Executive Director  
17 Medical Board of California  
18 Department of Consumer Affairs  
19 State of California  
20 Complainant

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