

**BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA**

**In the Matter of the Accusation  
Against:**

**Bernard Michael Kirzner, M.D.**

**Physician's and Surgeon's  
Certificate No. C 35243**

**Case No.: 800-2018-043001**

**Respondent.**

**DECISION**

**The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.**

**This Decision shall become effective at 5:00 p.m. on September 30, 2022.**

**IT IS SO ORDERED: August 31, 2022.**

**MEDICAL BOARD OF CALIFORNIA**



**Laurie Rose Lubiano, J.D., Chair  
Panel A**

1 ROB BONTA  
Attorney General of California  
2 MATTHEW M. DAVIS  
Supervising Deputy Attorney General  
3 GIOVANNI F. MEJIA  
Deputy Attorney General  
4 State Bar No. 309951  
600 West Broadway, Suite 1800  
5 San Diego, CA 92101  
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6 San Diego, CA 92186-5266  
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7 Facsimile: (619) 645-2061

8 *Attorneys for Complainant*

9  
10 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
11 **DEPARTMENT OF CONSUMER AFFAIRS**  
12 **STATE OF CALIFORNIA**

13 In the Matter of the Accusation Against:

14 **BERNARD MICHAEL KIRZNER, M.D.**  
15 **6345 Balboa Blvd., Suite 245**  
**Encino, CA 91316**

16 **Physician's and Surgeon's Certificate**  
17 **No. C 35243,**

18 Respondent.

Case No. 800-2018-043001  
OAH No. 2021060877

**STIPULATED SETTLEMENT AND  
DISCIPLINARY ORDER**

19 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-  
20 entitled proceedings that the following matters are true:

21 **PARTIES**

22 1. William Prasifka (Complainant) is the Executive Director of the Medical Board of  
23 California (Board). He brought this action solely in his official capacity and is represented in this  
24 matter by Rob Bonta, Attorney General of the State of California, by Giovanni F. Mejia, Deputy  
25 Attorney General.

26 2. Respondent Bernard Michael Kirzner, M.D. (Respondent) is represented in this  
27 proceeding by attorney Gary Wittenberg, Esq., whose address is: Baranov & Wittenberg, LLP,  
28 1901 Avenue of the Stars, Suite 1750, Los Angeles, CA 90067.

3. On or about July 23, 1973, the Board issued Physician's and Surgeon's Certificate No. C 35243 to Bernard Michael Kirzner, M.D. (Respondent). The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2018-043001, and will expire on February 28, 2023, unless renewed.

## JURISDICTION

4. Accusation No. 800-2018-043001 was filed before the Board, and is currently pending against Respondent. The Accusation and all other statutorily required documents were properly served on Respondent on April 5, 2021. Respondent timely filed his Notice of Defense contesting the Accusation.

5. A copy of Accusation No. 800-2018-043001 is attached as exhibit A and incorporated herein by reference.

## ADVISEMENT AND WAIVERS

6. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in Accusation No. 800-2018-043001. Respondent has also carefully read, fully discussed with his counsel, and understands the effects of this Stipulated Settlement and Disciplinary Order.

7. Respondent is fully aware of his legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to confront and cross-examine the witnesses against him; the right to present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.

8. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

**CULPABILITY**

9. Respondent does not contest that, at an administrative hearing, Complainant could establish a *prima facie* case with respect to the charges and allegations contained in Accusation

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No. 800-2018-043001, a copy of which is attached hereto as exhibit A, and that he has thereby subjected his Physician's and Surgeon's Certificate No. C 35243 to disciplinary action.

10. Respondent agrees that his Physician's and Surgeon's Certificate is subject to discipline and he agrees to be bound by the Board's probationary terms as set forth in the Disciplinary Order below.

11. Respondent agrees that if he ever petitions for early termination or modification of probation, or if an accusation and/or petition to revoke probation is filed against him before the Board, all of the charges and allegations contained in Accusation No. 800-2018-043001 shall be deemed true, correct and fully admitted by Respondent for purposes of any such proceeding or any other licensing proceeding involving Respondent in the State of California.

#### **CONTINGENCY**

12. This stipulation shall be subject to approval by the Medical Board of California. Respondent understands and agrees that counsel for Complainant and the staff of the Medical Board of California may communicate directly with the Board regarding this stipulation and settlement, without notice to or participation by Respondent or his counsel. By signing the stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.

#### **ADDITIONAL PROVISIONS**

13. This Stipulated Settlement and Disciplinary Order is intended by the parties herein to be an integrated writing representing the complete, final and exclusive embodiment of the agreements of the parties in the above-entitled matter.

14. The parties understand and agree that Portable Document Format (PDF) and facsimile copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile signatures thereto, shall have the same force and effect as the originals.

15. In consideration of the foregoing admissions and stipulations, the parties agree that the Board may, without further notice or opportunity to be heard by the Respondent, issue and enter the following Disciplinary Order:

## DISCIPLINARY ORDER

IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. C 35243 issued to Respondent Bernard Michael Kirzner, M.D. is revoked. However, the revocations are stayed and Respondent is placed on probation for four (4) years on the following terms and conditions:

1. EDUCATION COURSE. Within 60 calendar days of the effective date of this Decision, and on an annual basis thereafter, Respondent shall submit to the Board or its designee for its prior approval educational program(s) or course(s) which shall not be less than 40 hours per year, for each year of probation. The educational program(s) or course(s) shall be aimed at correcting any areas of deficient practice or knowledge and shall be Category I certified. The educational program(s) or course(s) shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure. Following the completion of each course, the Board or its designee may administer an examination to test Respondent's knowledge of the course. Respondent shall provide proof of attendance for 65 hours of CME of which 40 hours were in satisfaction of this condition.

2. PRESCRIBING PRACTICES COURSE. Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a course in prescribing practices approved in advance by the Board or its designee. Respondent shall provide the approved course provider with any information and documents that the approved course provider may deem pertinent. Respondent shall participate in and successfully complete the classroom component of the course not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully complete any other component of the course within one (1) year of enrollment. The prescribing practices course shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A prescribing practices course taken after the acts that gave rise to the charges in the Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board

1 or its designee, be accepted towards the fulfillment of this condition if the course would have  
2 been approved by the Board or its designee had the course been taken after the effective date of  
3 this Decision.

4 Respondent shall submit a certification of successful completion to the Board or its  
5 designee not later than 15 calendar days after successfully completing the course, or not later than  
6 15 calendar days after the effective date of the Decision, whichever is later.

7 3. MEDICAL RECORD KEEPING COURSE. Within 60 calendar days of the effective  
8 date of this Decision, Respondent shall enroll in a course in medical record keeping approved in  
9 advance by the Board or its designee. Respondent shall provide the approved course provider  
10 with any information and documents that the approved course provider may deem pertinent.  
11 Respondent shall participate in and successfully complete the classroom component of the course  
12 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully  
13 complete any other component of the course within one (1) year of enrollment. The medical  
14 record keeping course shall be at Respondent's expense and shall be in addition to the Continuing  
15 Medical Education (CME) requirements for renewal of licensure.

16 A medical record keeping course taken after the acts that gave rise to the charges in the  
17 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board  
18 or its designee, be accepted towards the fulfillment of this condition if the course would have  
19 been approved by the Board or its designee had the course been taken after the effective date of  
20 this Decision.

21 Respondent shall submit a certification of successful completion to the Board or its  
22 designee not later than 15 calendar days after successfully completing the course, or not later than  
23 15 calendar days after the effective date of the Decision, whichever is later.

24 4. PROFESSIONALISM PROGRAM (ETHICS COURSE). Within 60 calendar days of  
25 the effective date of this Decision, Respondent shall enroll in a professionalism program, that  
26 meets the requirements of Title 16, California Code of Regulations (CCR) section 1358.1.  
27 Respondent shall participate in and successfully complete that program. Respondent shall provide  
28 any information and documents that the program may deem pertinent. Respondent shall

1 successfully complete the classroom component of the program not later than six (6) months after  
2 Respondent's initial enrollment, and the longitudinal component of the program not later than the  
3 time specified by the program, but no later than one (1) year after attending the classroom  
4 component. The professionalism program shall be at Respondent's expense and shall be in  
5 addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

6 A professionalism program taken after the acts that gave rise to the charges in the  
7 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board  
8 or its designee, be accepted towards the fulfillment of this condition if the program would have  
9 been approved by the Board or its designee had the program been taken after the effective date of  
10 this Decision.

11 Respondent shall submit a certification of successful completion to the Board or its  
12 designee not later than 15 calendar days after successfully completing the program or not later  
13 than 15 calendar days after the effective date of the Decision, whichever is later.

14 5. MONITORING - PRACTICE. Within 30 calendar days of the effective date of this  
15 Decision, Respondent shall submit to the Board or its designee for prior approval as a practice  
16 monitor(s), the name and qualifications of one or more licensed physicians and surgeons whose  
17 licenses are valid and in good standing, and who are preferably American Board of Medical  
18 Specialties (ABMS) certified. A monitor shall have no prior or current business or personal  
19 relationship with Respondent, or other relationship that could reasonably be expected to  
20 compromise the ability of the monitor to render fair and unbiased reports to the Board, including  
21 but not limited to any form of bartering, shall be in Respondent's field of practice, and must agree  
22 to serve as Respondent's monitor. Respondent shall pay all monitoring costs.

23 The Board or its designee shall provide the approved monitor with copies of the Decision(s)  
24 and Accusation(s), and a proposed monitoring plan. Within 15 calendar days of receipt of the  
25 Decision(s), Accusation(s), and proposed monitoring plan, the monitor shall submit a signed  
26 statement that the monitor has read the Decision(s) and Accusation(s), fully understands the role  
27 of a monitor, and agrees or disagrees with the proposed monitoring plan. If the monitor disagrees

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1 with the proposed monitoring plan, the monitor shall submit a revised monitoring plan with the  
2 signed statement for approval by the Board or its designee.

3 Within 60 calendar days of the effective date of this Decision, and continuing throughout  
4 probation, Respondent's practice shall be monitored by the approved monitor. Respondent shall  
5 make all records available for immediate inspection and copying on the premises by the monitor  
6 at all times during business hours and shall retain the records for the entire term of probation.

7 If Respondent fails to obtain approval of a monitor within 60 calendar days of the effective  
8 date of this Decision, Respondent shall receive a notification from the Board or its designee to  
9 cease the practice of medicine within three (3) calendar days after being so notified. Respondent  
10 shall cease the practice of medicine until a monitor is approved to provide monitoring  
11 responsibility.

12 The monitor(s) shall submit a quarterly written report to the Board or its designee which  
13 includes an evaluation of Respondent's performance, indicating whether Respondent's practices  
14 are within the standards of practice of medicine, and whether Respondent is practicing medicine  
15 safely, billing appropriately or both. It shall be the sole responsibility of Respondent to ensure  
16 that the monitor submits the quarterly written reports to the Board or its designee within 10  
17 calendar days after the end of the preceding quarter.

18 If the monitor resigns or is no longer available, Respondent shall, within 5 calendar days of  
19 such resignation or unavailability, submit to the Board or its designee, for prior approval, the  
20 name and qualifications of a replacement monitor who will be assuming that responsibility within  
21 15 calendar days. If Respondent fails to obtain approval of a replacement monitor within 60  
22 calendar days of the resignation or unavailability of the monitor, Respondent shall receive a  
23 notification from the Board or its designee to cease the practice of medicine within three (3)  
24 calendar days after being so notified. Respondent shall cease the practice of medicine until a  
25 replacement monitor is approved and assumes monitoring responsibility.

26 In lieu of a monitor, Respondent may participate in a professional enhancement program  
27 approved in advance by the Board or its designee that includes, at minimum, quarterly chart  
28 review, semi-annual practice assessment, and semi-annual review of professional growth and



1 education. Respondent shall participate in the professional enhancement program at Respondent's  
2 expense during the term of probation.

3 6. NOTIFICATION. Within seven (7) days of the effective date of this Decision, the  
4 Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the  
5 Chief Executive Officer at every hospital where privileges or membership are extended to  
6 Respondent, at any other facility where Respondent engages in the practice of medicine,  
7 including all physician and locum tenens registries or other similar agencies, and to the Chief  
8 Executive Officer at every insurance carrier which extends malpractice insurance coverage to  
9 Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15  
10 calendar days.

11 This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

12 7. SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE  
13 NURSES. During probation, Respondent is prohibited from supervising physician assistants and  
14 advanced practice nurses.

15 8. OBEY ALL LAWS. Respondent shall obey all federal, state and local laws, all rules  
16 governing the practice of medicine in California and remain in full compliance with any court  
17 ordered criminal probation, payments, and other orders.

18 9. INVESTIGATION/ENFORCEMENT COST RECOVERY. Respondent is hereby  
19 ordered to reimburse the Board its costs of investigation and enforcement in the amount of four  
20 thousand two hundred twenty-seven dollars and fifty cents (\$4,227.50). Costs shall be payable to  
21 the Medical Board of California. Failure to pay such costs shall be considered a violation of  
22 probation.

23 Any and all requests for a payment plan shall be submitted in writing by Respondent to the  
24 Board.

25 The filing of bankruptcy by Respondent shall not relieve Respondent of the responsibility  
26 to repay investigation and enforcement costs.

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1        10. QUARTERLY DECLARATIONS. Respondent shall submit quarterly declarations  
2 under penalty of perjury on forms provided by the Board, stating whether there has been  
3 compliance with all the conditions of probation.

4        Respondent shall submit quarterly declarations not later than 10 calendar days after the end  
5 of the preceding quarter.

6        11. GENERAL PROBATION REQUIREMENTS.

7        Compliance with Probation Unit

8        Respondent shall comply with the Board's probation unit.

9        Address Changes

10       Respondent shall, at all times, keep the Board informed of Respondent's business and  
11 residence addresses, email address (if available), and telephone number. Changes of such  
12 addresses shall be immediately communicated in writing to the Board or its designee. Under no  
13 circumstances shall a post office box serve as an address of record, except as allowed by Business  
14 and Professions Code section 2021, subdivision (b).

15       Place of Practice

16       Respondent shall not engage in the practice of medicine in Respondent's or patient's place  
17 of residence, unless the patient resides in a skilled nursing facility or other similar licensed  
18 facility.

19       License Renewal

20       Respondent shall maintain a current and renewed California physician's and surgeon's  
21 license.

22       Travel or Residence Outside California

23       Respondent shall immediately inform the Board or its designee, in writing, of travel to any  
24 areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty  
25 (30) calendar days.

26       In the event Respondent should leave the State of California to reside or to practice  
27 Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of  
28 departure and return.

1           12. INTERVIEW WITH THE BOARD OR ITS DESIGNEE. Respondent shall be  
2 available in person upon request for interviews either at Respondent's place of business or at the  
3 probation unit office, with or without prior notice throughout the term of probation.

4           13. NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or  
5 its designee in writing within 15 calendar days of any periods of non-practice lasting more than  
6 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is  
7 defined as any period of time Respondent is not practicing medicine as defined in Business and  
8 Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct  
9 patient care, clinical activity or teaching, or other activity as approved by the Board. If  
10 Respondent resides in California and is considered to be in non-practice, Respondent shall  
11 comply with all terms and conditions of probation. All time spent in an intensive training program  
12 which has been approved by the Board or its designee shall not be considered non-practice and  
13 does not relieve Respondent from complying with all the terms and conditions of probation.  
14 Practicing medicine in another state of the United States or Federal jurisdiction while on  
15 probation with the medical licensing authority of that state or jurisdiction shall not be considered  
16 non-practice. A Board-ordered suspension of practice shall not be considered as a period of non-  
17 practice.

18           In the event Respondent's period of non-practice while on probation exceeds 18 calendar  
19 months, Respondent shall successfully complete the Federation of State Medical Boards's Special  
20 Purpose Examination, or, at the Board's discretion, a clinical competence assessment program  
21 that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model  
22 Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.

23           Respondent's period of non-practice while on probation shall not exceed two (2) years.

24           Periods of non-practice will not apply to the reduction of the probationary term.

25           Periods of non-practice for a Respondent residing outside of California will relieve  
26 Respondent of the responsibility to comply with the probationary terms and conditions with the  
27 exception of this condition and the following terms and conditions of probation: Obey All Laws;

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1 General Probation Requirements; Quarterly Declarations; Abstain from the Use of Alcohol and/or  
2 Controlled Substances; and Biological Fluid Testing.

3 14. COMPLETION OF PROBATION. Respondent shall comply with all financial  
4 obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the  
5 completion of probation. Upon successful completion of probation, Respondent's certificate shall  
6 be fully restored.

7 15. VIOLATION OF PROBATION. Failure to fully comply with any term or condition  
8 of probation is a violation of probation. If Respondent violates probation in any respect, the  
9 Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and  
10 carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke Probation,  
11 or an Interim Suspension Order is filed against Respondent during probation, the Board shall have  
12 continuing jurisdiction until the matter is final, and the period of probation shall be extended until  
13 the matter is final.

14 16. LICENSE SURRENDER. Following the effective date of this Decision, if  
15 Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy  
16 the terms and conditions of probation, Respondent may request to surrender his or her license.  
17 The Board reserves the right to evaluate Respondent's request and to exercise its discretion in  
18 determining whether or not to grant the request, or to take any other action deemed appropriate  
19 and reasonable under the circumstances. Upon formal acceptance of the surrender, Respondent  
20 shall within 15 calendar days deliver Respondent's wallet and wall certificate to the Board or its  
21 designee and Respondent shall no longer practice medicine. Respondent will no longer be subject  
22 to the terms and conditions of probation. If Respondent re-applies for a medical license, the  
23 application shall be treated as a petition for reinstatement of a revoked certificate.

24 17. PROBATION MONITORING COSTS. Respondent shall pay the costs associated  
25 with probation monitoring each and every year of probation, as designated by the Board, which  
26 may be adjusted on an annual basis. Such costs shall be payable to the Medical Board of  
27 California and delivered to the Board or its designee no later than January 31 of each calendar  
28 year.

1        18. FUTURE ADMISSIONS CLAUSE. If Respondent should ever apply or reapply for a  
2 new license or certification, or petition for reinstatement of a license, by any other health care  
3 licensing action agency in the State of California, all of the charges and allegations contained in  
4 Accusation No. 800-2018-043001 shall be deemed to be true, correct, and admitted by  
5 Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or  
6 restrict license.

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1 **ACCEPTANCE**

2 I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully  
3 discussed it with my attorney, Gary Wittenberg, Esq. I understand the stipulation and the effect it  
4 will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and  
5 Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the  
6 Decision and Order of the Medical Board of California.

7  
8 DATED: 03/15/22

  
9 BERNARD MICHAEL KIRZNER, M.D.  
Respondent

10 I have read and fully discussed with Respondent Bernard Michael Kirzner, M.D. the terms  
11 and conditions and other matters contained in the above Stipulated Settlement and Disciplinary  
12 Order. I approve its form and content.

13 DATED: 3/17/22

  
14 GARY WITTENBERG, ESQ.  
Attorney for Respondent

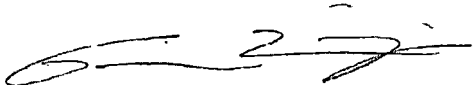
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16 **ENDORSEMENT**

17 The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully  
18 submitted for consideration by the Medical Board of California.

19  
20 DATED: March 18, 2022

Respectfully submitted,

21 ROB BONTA  
22 Attorney General of California  
23 MATTHEW M. DAVIS  
Supervising Deputy Attorney General

24   
25 GIOVANNI F. MEJIA  
26 Deputy Attorney General  
Attorneys for Complainant

27 LA2021600822  
28 83311544.docx

**Exhibit A**

**Accusation No. 800-2018-043001**

1 MATTHEW RODRIQUEZ  
Acting Attorney General of California  
2 E. A. JONES III  
Supervising Deputy Attorney General  
3 JOSHUA M. TEMPLET  
Deputy Attorney General  
4 State Bar No. 267098  
California Department of Justice  
5 300 So. Spring Street, Suite 1702  
Los Angeles, CA 90013  
6 Telephone: (213) 269-6688  
Facsimile: (916) 731-2117  
7 *Attorneys for Complainant*

8  
9 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
10 **DEPARTMENT OF CONSUMER AFFAIRS**  
11 **STATE OF CALIFORNIA**

12 In the Matter of the Accusation Against:

Case No. 800-2018-043001

13 **Bernard Michael Kirzner, M.D.**  
14 **6345 Balboa Blvd., Suite 245**  
**Encino, CA 91316-1580**

**A C C U S A T I O N**

15 **Physician's and Surgeon's Certificate**  
16 **No. C 35243,**

17 Respondent.

18  
19  
20 **PARTIES**

21 1. William Prasifka (Complainant) brings this Accusation solely in his official capacity  
22 as the Executive Director of the Medical Board of California, Department of Consumer Affairs  
23 (Board).

24 2. On or about July 23, 1973, the Medical Board issued Physician's and Surgeon's  
25 Certificate Number C 35243 to Bernard Michael Kirzner, M.D. (Respondent). The Physician's  
26 and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought  
27 herein and will expire on February 28, 2023, unless renewed.

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**JURISDICTION**

3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.

4. Section 2004 of the Code states:

The board shall have the responsibility for the following:

(a) The enforcement of the disciplinary and criminal provisions of the Medical Practice Act.

(b) The administration and hearing of disciplinary actions.

(c) Carrying out disciplinary actions appropriate to findings made by a panel or an administrative law judge.

(d) Suspending, revoking, or otherwise limiting certificates after the conclusion of disciplinary actions.

(e) Reviewing the quality of medical practice carried out by physician and surgeon certificate holders under the jurisdiction of the board.

(f) Approving undergraduate and graduate medical education programs.

(g) Approving clinical clerkship and special programs and hospitals for the programs in subdivision (f).

(h) Issuing licenses and certificates under the board's jurisdiction.

(i) Administering the board's continuing medical education program.

5. Section 2220 of the Code states:

Except as otherwise provided by law, the board may take action against all persons guilty of violating this chapter. The board shall enforce and administer this article as to physician and surgeon certificate holders, including those who hold certificates that do not permit them to practice medicine, such as, but not limited to, retired, inactive, or disabled status certificate holders, and the board shall have all the powers granted in this chapter for these purposes including, but not limited to:

(a) Investigating complaints from the public, from other licensees, from health care facilities, or from the board that a physician and surgeon may be guilty of unprofessional conduct. The board shall investigate the circumstances underlying a report received pursuant to Section 805 or 805.01 within 30 days to determine if an interim suspension order or temporary restraining order should be issued. The board shall otherwise provide timely disposition of the reports received pursuant to Section 805 and Section 805.01.

(b) Investigating the circumstances of practice of any physician and surgeon where there have been any judgments, settlements, or arbitration awards requiring the

1 physician and surgeon or his or her professional liability insurer to pay an amount in  
2 damages in excess of a cumulative total of thirty thousand dollars (\$30,000) with  
3 respect to any claim that injury or damage was proximately caused by the physician's  
4 and surgeon's error, negligence, or omission.

5 (c) Investigating the nature and causes of injuries from cases which shall be  
6 reported of a high number of judgments, settlements, or arbitration awards against a  
7 physician and surgeon.

8 6. Section 2227 of the Code provides that a licensee who is found guilty under the  
9 Medical Practice Act may have his or her license revoked, suspended for a period not to exceed  
10 one year, placed on probation and required to pay the costs of probation monitoring, or such other  
11 action taken in relation to discipline as the Board deems proper.

### 12 STATUTORY PROVISIONS

13 7. Section 2234 of the Code, states:

14 The board shall take action against any licensee who is charged with  
15 unprofessional conduct. In addition to other provisions of this article, unprofessional  
16 conduct includes, but is not limited to, the following:

17 (a) Violating or attempting to violate, directly or indirectly, assisting in or  
18 abetting the violation of, or conspiring to violate any provision of this chapter.

19 (b) Gross negligence.

20 (c) Repeated negligent acts. To be repeated, there must be two or more  
21 negligent acts or omissions. An initial negligent act or omission followed by a  
22 separate and distinct departure from the applicable standard of care shall constitute  
23 repeated negligent acts.

24 (1) An initial negligent diagnosis followed by an act or omission medically  
25 appropriate for that negligent diagnosis of the patient shall constitute a single  
26 negligent act.

27 (2) When the standard of care requires a change in the diagnosis, act, or  
28 omission that constitutes the negligent act described in paragraph (1), including, but  
not limited to, a reevaluation of the diagnosis or a change in treatment, and the  
licensee's conduct departs from the applicable standard of care, each departure  
constitutes a separate and distinct breach of the standard of care.

(d) Incompetence.

(e) The commission of any act involving dishonesty or corruption that is  
substantially related to the qualifications, functions, or duties of a physician and  
surgeon.

(f) Any action or conduct that would have warranted the denial of a certificate.

(g) The failure by a certificate holder, in the absence of good cause, to attend  
and participate in an interview by the board. This subdivision shall only apply to a  
certificate holder who is the subject of an investigation by the board.

1           8.     Section 2266 of the Code states:

2                 The failure of a physician and surgeon to maintain adequate and accurate  
3 records relating to the provision of services to their patients constitutes unprofessional  
4 conduct.

5           9.     Section 2228.1 of the Code states:

6                 (a) On and after July 1, 2019, except as otherwise provided in subdivision (c), the board  
7 shall require a licensee to provide a separate disclosure that includes the licensee's probation  
8 status, the length of the probation, the probation end date, all practice restrictions placed on the  
9 licensee by the board, the board's telephone number, and an explanation of how the patient can  
10 find further information on the licensee's probation on the licensee's profile page on the board's  
11 online license information Internet Web site, to a patient or the patient's guardian or health care  
12 surrogate before the patient's first visit following the probationary order while the licensee is on  
13 probation pursuant to a probationary order made on and after July 1, 2019, in any of the following  
14 circumstances:

15                 (1) A final adjudication by the board following an administrative hearing or admitted  
16 findings or prima facie showing in a stipulated settlement establishing any of the following:

17                         (A) The commission of any act of sexual abuse, misconduct, or relations with a patient or  
18 client as defined in Section 726 or 729.

19                         (B) Drug or alcohol abuse directly resulting in harm to patients or the extent that such use  
20 impairs the ability of the licensee to practice safely.

21                         (C) Criminal conviction directly involving harm to patient health.

22                         (D) Inappropriate prescribing resulting in harm to patients and a probationary period of five  
23 years or more.

24                 (2) An accusation or statement of issues alleged that the licensee committed any of the acts  
25 described in subparagraphs (A) to (D), inclusive, of paragraph (1), and a stipulated settlement  
26 based upon a nolo contendere or other similar compromise that does not include any prima facie  
27 showing or admission of guilt or fact but does include an express acknowledgment that the  
28 disclosure requirements of this section would serve to protect the public interest.

                       (b) A licensee required to provide a disclosure pursuant to subdivision (a) shall obtain from  
the patient, or the patient's guardian or health care surrogate, a separate, signed copy of that  
disclosure.

                       (c) A licensee shall not be required to provide a disclosure pursuant to subdivision (a) if any  
of the following applies:

                               (1) The patient is unconscious or otherwise unable to comprehend the disclosure and sign  
the copy of the disclosure pursuant to subdivision (b) and a guardian or health care surrogate is  
unavailable to comprehend the disclosure and sign the copy.

                               (2) The visit occurs in an emergency room or an urgent care facility or the visit is  
unscheduled, including consultations in inpatient facilities.

                               (3) The licensee who will be treating the patient during the visit is not known to the patient  
until immediately prior to the start of the visit.

1 (4) The licensee does not have a direct treatment relationship with the patient.

2 (d) On and after July 1, 2019, the board shall provide the following information, with  
3 respect to licensees on probation and licensees practicing under probationary licenses, in plain  
4 view on the licensee's profile page on the board's online license information Internet Web site.

5 (1) For probation imposed pursuant to a stipulated settlement, the causes alleged in the  
6 operative accusation along with a designation identifying those causes by which the licensee has  
7 expressly admitted guilt and a statement that acceptance of the settlement is not an admission of  
8 guilt.

9 (2) For probation imposed by an adjudicated decision of the board, the causes for probation  
10 stated in the final probationary order.

11 (3) For a licensee granted a probationary license, the causes by which the probationary  
12 license was imposed.

13 (4) The length of the probation and end date.

14 (5) All practice restrictions placed on the license by the board.

15 (e) Section 2314 shall not apply to this section.

#### 16 DEFINITIONS

17 10. Alprazolam (Xanax) is a Schedule IV controlled substance as designated by Health  
18 and Safety Code section 11057(d)(I) and dangerous drug as designated by Business and  
19 Professions Code section 4022. It is used to treat anxiety and panic disorders.

20 11. Duloxetine (Cymbalta) is categorized as a dangerous drug pursuant to section 4022.  
21 It is an antidepressant approved to treat mood and pain disorders.

22 12. Lamotrigine (Lamictal) is a dangerous drug as designated by Business and  
23 Professions Code section 4022. It is an antihypertensive drug.

24 13. Carisoprodol (Soma) is a Schedule IV controlled substance as designated by Health  
25 and Safety Code section 11057(d), and is a dangerous drug as designated by Code section 4022.  
26 It is used to treat muscle spasms.

27 14. Quetiapine (Seroquel) is an antipsychotic drug. It is categorized as a dangerous drug  
28 pursuant to Business and Professions Code section 4022.

15. Levomilnacipran (Fetzima) is approved to treat major depressive disorder. It is  
categorized as a dangerous drug pursuant to Business and Professions Code section 4022.

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1        16. Desyrel (trazodone) is a dangerous drug within the meaning of Business and  
2 Professions Code section 4022, and used for the treatment of depression.

3        17. Zofran (ondansetron) is used to prevent nausea and vomiting that may be the result of  
4 surgery or cancer treatment. It is categorized as a dangerous drug pursuant to Business and  
5 Professions Code section 4022.

6        18. Orphenadrin (Norflex) is a dangerous drug pursuant to Business and Professions  
7 Code section 4022. It is used as a muscle relaxant.

8        19. Catapres (clonidine) is a dangerous drug within the meaning of Business and  
9 Professions Code section 4022, and used for the treatment of hypertension.

10       20. Vistaril (hydroxyzine) is a dangerous drug pursuant to Business and Professions Code  
11 section 4022. It is a prescription medicine used to treat the symptoms of anxiety, itching or hives  
12 on the skin, and as preoperative sedation.

13       21. Belsomra (suvorexant) is a sleep medicine used to treat insomnia that has some  
14 potential for abuse. It is a Schedule IV controlled substance pursuant to Health and  
15 Safety Code section 11057, subdivision (d), and a dangerous drug pursuant to Business and  
16 Professions Code section 4022.

17       22. Venlafaxine (Effexor) is a dangerous drug under Business and Professions Code  
18 section 4022. It is used to treat depression.

19       23. Mirtazapine (Remeron) is a dangerous drug under Business and Professions Code  
20 section 4022. It is used to treat depression.

21       24. Ziprasidone (Geodon) is a dangerous drug as designated by Business and Professions  
22 Code section 4022. It is a drug used to treat schizophrenia and mania.

23       25. Guanfacine is in a class of medications called centrally acting alpha2A-adrenergic  
24 receptor agonists. Guanfacine treats high blood pressure by decreasing heart rate and relaxing the  
25 blood vessels so that blood can flow more easily through the body.

26       26. Evekeo is a central nervous system stimulant prescription medicine used for the  
27 treatment of Attention-Deficit Hyperactivity Disorder (ADHD). It is an amphetamine and  
28 dextroamphetamine sulfate, a Schedule II controlled substance as designated by Health and

1 Safety Code section 11055, subdivision (d)(1), and a dangerous drug as designated by Business  
2 and Professions Code section 4022.

3 **FACTUAL ALLEGATIONS**

4 **PATIENT 1**

5 27. In or around March 2009, Respondent commenced caring for Patient 1.<sup>1</sup> His  
6 diagnoses included major depression, recurrent, in remission; and possible bipolar with a past  
7 history of cocaine use. Respondent continued his treatment of Patient 1 for the next ten years.

8 28. On or about May 13, 2014, as noted in Respondent's chart for Patient 1, Respondent  
9 saw the patient, noting a diagnosis of Bipolar II Disorder, depression in partial remission and  
10 Panic Disorder with Agoraphobia. He prescribed the patient alprazolam. At the bottom of the  
11 chart note there is a signature with an earlier date of April 22, 2014. There was no documentation  
12 of informed consent for the prescription of alprazolam. Respondent did not seek any records or  
13 consultations with the patient's current or prior treating providers, including her psychologist.

14 29. Respondent provided to the Medical Board two sets of certified medical records for  
15 Patient 1 which contained inconsistencies; both sets contained lengthy gaps in the record of  
16 treatment of Patient 1. Both included inconsistent formatting, including typed notes; handwritten  
17 notes; note templates completed in handwriting; notes written on otherwise blank pages; notes  
18 written on other documents such as medication lists, electronic prescription records and memo  
19 pads; and multiple notes on one page. In some instances, one version contained a typewritten  
20 note while the other version for the same date included a handwritten addition which was not  
21 dated or signed. Medication reconciliation is inconsistent throughout the medical record with  
22 omissions not only of Respondent's medications but of medications prescribed concurrently by  
23 other providers.

24 30. On or about June 5, 2014, Respondent saw the patient and noted that she was in a day  
25 treatment program at "Northridge HMC Psychiatry" after overdose with medicines. Her  
26 medications were documented as clonazepam as well as Lamictal, Lexapro, Neurontin

27 ///

28 <sup>1</sup> The patients herein are referred to by number to help ensure their privacy.

1 (gabapentin) and buspirone, an anxiolytic. The chart note has a signature under the date of  
2 September 22, 2014.

3 31. The complaint filed with the Medical Board regarding Patient 1 indicated that she had  
4 a suicide attempt by alprazolam on August 19, 2014.

5 32. On or about August 19, 2014, Respondent hand wrote a note on a June 24, 2014,  
6 chart note indicating that the patient's daughter had reported the patient was taken by ambulance  
7 to the hospital for a possible overdose. Respondent noted that he refused to provide the daughter  
8 with the medications the patient was on and advised her to have the emergency room doctor call  
9 him.

10 33. On or about September 16, 2014, Respondent saw the patient and documented the  
11 circumstances of the overdose incident based on the patient's report, noting the involvement of  
12 alprazolam. He noted that the patient was able to get off alprazolam while hospitalized. He  
13 planned to increase Lamictal. He also planned to increase alprazolam for one week and wrote a  
14 prescription for it while tapering two non-controlled substances, gabapentin and buspirone. There  
15 continued to be no documentation of informed consent for the prescription of alprazolam.  
16 Respondent did not seek any records or consultations with current or prior treating providers,  
17 including her psychologist.

18 34. On or about September 19, 2014, Respondent documented that post hospitalization  
19 the patient could be prescribed a minimal amount of clonazepam.

20 35. On or about November 18, 2014, after discontinuing gabapentin, Respondent wrote a  
21 prescription for the controlled substance carisoprodol, a muscle relaxant with no psychiatric  
22 indication and not typically prescribed by a psychiatrist not specializing in pain management.  
23 Respondent did not document the initiation of this medication nor his rationale for prescribing it.  
24 There was no documentation of informed consent for the prescription of carisoprodol.

25 36. On or about March 10, 2015, carisoprodol first appears on Respondent's medication  
26 list for the patient despite having been prescribed since November 2014. Alprazolam was  
27 increased to 1 mg daily on or about February 10, 2015, but is documented on the medication list  
28 for this date as 0.5 mg, once at night "but not every night." There was no documentation of

1 informed consent for the prescription of alprazolam. Respondent did not seek any records or  
2 consultations with current treating providers, including her psychologist.

3 37. On or about June 8, 2015, Respondent documented that the patient feels "A little guilt  
4 about the benzodiazepine usage. Take medicines, but at night usually take them." The  
5 medication list for this date included clonazepam 1 mg and later added carisoprodol for neck  
6 cramps, "issues," and "Relaxing." There was no documentation of informed consent for the  
7 prescription of clonazepam or carisoprodol.

8 38. On or about September 29, 2015, Respondent typed a detailed progress note  
9 identifying a new stressor in the patient's life, the suicide by gun of her brother a month earlier.  
10 His diagnosis was noted as "Major Depressive Disorder, mild to moderate, recurrent, without  
11 psychosis."

12 39. On or about May 3, 2016, a medication list for Patient 1 included both carisoprodol  
13 and clonazepam, increased to 4 mg/day. There was no documentation of informed consent for the  
14 prescription of clonazepam or carisoprodol. Respondent did not seek any records or consultations  
15 with current treating providers, including her psychologist.

16 40. On or about July 13, 2016, a handwritten completion of a printed template  
17 documented a diagnosis of "MDD [major depressive disorder] or Bipolar II" as well as "Drug &  
18 medicine Usage Disorder" without explaining the diagnoses. Also, the patient was now  
19 prescribed the highly addictive, short acting benzodiazepine alprazolam with no mention of the  
20 longer acting benzodiazepine clonazepam. There was no documentation of informed consent for  
21 the prescription of alprazolam.

22 41. On or about January 24, 2017, Respondent's handwritten note on a printed  
23 medication list noted the continued prescription of clonazepam 1 mg 4 times a day and stated,  
24 "High stress with Bro[ther] & Ma [mother]'s estates. Trying to limit med usage despite this.  
25 Tried to convince her this is not the time to try less meds." There was no documentation of  
26 informed consent for the prescription of clonazepam. Respondent did not seek any records or  
27 consultations with current treating providers, including her psychologist.

28 ///



1        42. On or about April 25, 2017, Respondent noted in the chart a mental status change  
2 based on a phone call with Patient 1, whom he noted was "Oversedated, speech slurred. Family  
3 says hallucinating. Advised to [discontinue] Quetiapine & leave Fetzima" and call the next day.

4        43. On or about April 26, 2017, another individual noted in the chart that the patient was  
5 crying and that the family is concerned and believes the patient is hallucinating. The family was  
6 advised to lower the dosing of the medicine. Respondent did not seek any records or  
7 consultations with current treating providers, including her psychologist.

8        44. On or about May 30, 2017, Respondent noted that the patient was depressed but not  
9 suicidal and reported, "Can't use Soma or Clonazepam, doesn't do much, calming a bit, no help  
10 with mood."

11       45. On or about May 31, 2017, a handwritten note documents that the patient has decided  
12 to seek care at the Northridge hospital where she was treated before.

13       46. The complaint filed with the Medical Board regarding Patient 1 indicated that she had  
14 returned to Northridge hospital in August 2017 and was detoxified from clonazepam and  
15 carisoprodol.

16       47. On or about September 16, 2017, a typewritten note with Respondent's handwritten  
17 signature noted that the patient had called "seemingly drunk (which she denies) or overly sedated.  
18 Claims she took unknown chemical from neighbor but no alcohol or prescription drug." The note  
19 continued, "Speech slurred confused, disoriented as to date, but adamant that she just needs to  
20 sleep." The patient was advised to discontinue her most sedating drug, carisoprodol, and call the  
21 next day. Respondent noted he planned to call the patient the next day and if it did not clear  
22 during the course of the day, he would advise her to go to an urgent care for evaluation and  
23 testing.

24       48. On or about October 3, 2017, Respondent charted a completed "Young Mania Rating  
25 Scale" in which the patient was not found to be manic. The form was provided by a  
26 pharmaceutical company that made Adderall.

27       49. On or about October 10, 2017, a typed progress note with handwritten additions noted  
28 the patient was attending Northridge Hospital three times a week, "can't sleep [not taking

1 [clonazepam]," with a mental status assessed as "Attention and concentration were fair," and "No  
2 changes in treatment indicated. . . yet." Respondent did not seek any records or consultations  
3 with current or prior treating providers, including her psychologist.

4 50. On or about October 18, 2017, Respondent documented that Patient 1 was "Not  
5 depressed when on Clonazepam" and "Very anxious without Clonazepam. Worked fine  
6 ONGOING [sic]." Respondent prescribed 90 tablets of clonazepam 1 mg three times daily and  
7 wrote, "know just that there helped, just knowing that it was there." He also documented that  
8 carisoprodol had been discontinued in favor of a heating pad and chiropractor. There was no  
9 documentation of informed consent for the prescription of clonazepam.

10 51. On or about November 3, 2017, Respondent documented that the patient was  
11 continuing intensive outpatient care and is rarely taking clonazepam.

12 52. On or about November 8, 2017, Respondent prescribed sixty tablets of carisoprodol  
13 350 mg twice daily per an original script. There was no corresponding progress note noting the  
14 prescription and explaining why it was restarted after the patient discontinued it in favor of non-  
15 pharmacological pain management interventions. There was no documentation of informed  
16 consent for the prescription of clonazepam.

17 53. On or about April 30, 2018, Respondent in a handwritten note, documented that the  
18 patient was unable to stay away from prescription medications such as Vicodin or sleep  
19 medications. He noted that while she had decreased the use of benzodiazepines, their use was  
20 still a problem and that the patient had looked into an inpatient detox program at Cliffside Malibu,  
21 which he strongly encouraged.

22 54. On or about May 3, 2018, a typed note with handwritten additions, noted in type that  
23 the "family against clonazepam," "Clonazepam: need to sleep," "Denies using the  
24 [carisoprodol]." Handwritten additions included: "Unsteady gait. . . thinking concrete, unable to  
25 read medication chart and understand only one day. . . fears going to Cliffside Malibu for  
26 treatment & detox for a month. . . Delirium. 2mg/day clonazepam for 5/4 5/5 only. Admit to  
27 Cliffside Malibu."

28 ///

1        55. On or about June 8, 2018, Respondent documented that the patient had spent one  
2 month in the rehabilitation hospital, was detoxified with phenobarbital over ten days and  
3 concludes "no more clonazepam, no more [carisoprodol]." A second typewritten note of the  
4 same date documented Cliffside Malibu Discharge Medications to include Trazodone 100 mg;  
5 Zofran (ondansetron); Orphenadrin; Catapres (clonidine); Vistaril (hydroxyzine) 25 mg BID. The  
6 chart also included a May 29, 2018, note from an addiction medicine specialist with diagnoses of  
7 Sedative, hypnotic, or anxiolytic use disorder; Bipolar I disorder, severe; and Generalized anxiety  
8 disorder.

9        56. On or about June 23, 2018, Respondent in a typed note with handwritten additions,  
10 stated that his diagnosis was Bipolar II disorder not Bipolar I Disorder because he did not believe  
11 that the patient had full manic episodes; he also confirmed that she was no longer taking  
12 benzodiazepines. A second typed note for the same date documented, "Uses the clonazepam to  
13 relax, and to sleep."

14        57. On July 2, 2018, Respondent repeated the Young Mania Rating Scale that was also  
15 insignificant and this time on a different drug company preprinted form.

16        58. On or about February 15, 2019, Respondent documented that he was once again  
17 prescribing clonazepam 1 mg at bedtime for insomnia. He did not document his rationale.  
18 Respondent's chart included a CURES patient activity report document for Patient 1 which shows  
19 his prescription of clonazepam 1 mg, 30 tablets each on January 18, 2019, February 12, 2019,  
20 March 9, 2019 and April 16, 2019. The CURES report also reflected Respondent's prescription  
21 of another Schedule IV medication for insomnia for Patient 1: 30 tablets of Belsomra  
22 (suvorexant) 20 mg po on March 25, 2019, and April 26, 2019. Respondent prescribed  
23 clonazepam 1 mg twice daily on August 7, 2019, and up to three times daily (twice scheduled and  
24 a third as needed) on October 19, 2019. There was no documentation of informed consent for the  
25 prescriptions of clonazepam and suvorexant.

26        59. Respondent's prescribing practice with Patient 1 resulted in substantial harm to the  
27 patient by contributing to the development and perpetuation of a substance use disorder; by  
28 inadequately treating both a co-morbid anxiety disorder and co-morbid Sedative, Hypnotic, and

1 Anxiolytic Use Disorder; by contributing to a psychiatric emergency of a suicide attempt by  
2 overdose of alprazolam, a sedative/hypnotic/anxiolytic medication; and by contributing to a  
3 medical emergency of delirium.

4 **PATIENT 2**

5 60. On or about June 13, 2001, Respondent began treating Patient 2. Respondent's note  
6 for this visit did not document a psychiatric evaluation, psychiatric diagnosis, or mental status  
7 examination. The note details the high doses of two non-controlled psychotropic medications  
8 used for depression/anxiety and insomnia that Patient 2 was receiving, respectively, venlafaxine  
9 (Effexor) and trazadone (Desyrel), and details a supportive history for those medications.  
10 Respondent's note then stated, without an appropriate clinical basis, that Patient 2 had Attention-  
11 Deficit/Hyperactivity Disorder (ADHD) (for which a controlled substance stimulant medication is  
12 the first-line treatment.) Respondent discontinued the venlafaxine and trazadone thereafter and  
13 treated the patient for 19 years for ADHD while paying no clinical attention to depression,  
14 anxiety or insomnia. Respondent did not document an appropriate informed consent for the  
15 treatment of ADHD with controlled substances (stimulants and benzodiazepines).

16 61. Respondent provided certified medical records for Patient 2 which contained  
17 inconsistencies; lengthy gaps in the record of treatment of Patient 2; inconsistent formatting,  
18 including typed notes; handwritten notes; note templates completed in handwriting; notes written  
19 on otherwise blank page; notes written on other documents such as medication lists, electronic  
20 prescription records and memo pads; and multiple notes on one page. Typed notes frequently  
21 were not signed or dated, and were missing pages. Medication reconciliation was inconsistent  
22 throughout the medical record with omissions not only of Respondent's medications, but of  
23 medications prescribed concurrently by other providers.

24 62. On or about April 11, 2014, Respondent noted that he had obtained a mental residual  
25 functional capacity questionnaire from Patient 2 and dictated a note on it. The note's signature  
26 was typewritten as May 3, 2019, the same erroneous date on three earlier progress notes from  
27 2005. The date has a handwritten correction dated April 14, 2014, but not signed. The dictated  
28 note has no heading and no date but has the patient's name at the bottom. It states a diagnosis of

1 major depression, recurrent, moderate to severe, chronic without psychosis. It states that the  
2 diagnosis is disabling by itself and also due to chronic lowered self-esteem, energy, motivation,  
3 interest in things, loss of pleasure in things, lowered concentration or pessimism. The note  
4 indicates that virtually every antidepressant and adjunctive medication had been tried without  
5 success. Respondent did not document an appropriate informed consent for the continued  
6 treatment of ADHD with controlled substances (stimulants and benzodiazepines).

7 63. On or about February 19, 2016, in response to the Social Security Administration  
8 denying Patient 2's March 7, 2014, application for disability based on his ADHD diagnosis,  
9 Respondent wrote a note describing Patient 2's ADHD. The denial had indicated that the claim  
10 was not consistent with the medical record as a whole, in which the treatment records were  
11 insufficient to support the requested work restrictions. It noted the Respondent's opinion was  
12 quite conclusory and provided very little explanation of the evidence relied on in forming the  
13 opinion. Respondent's rebuttal in the chart cited Patient 2 circumstances that did not appear  
14 elsewhere in medical record.

15 64. On or about April 6, 2016, the next progress note is made, although Respondent was  
16 treating the patient in the meanwhile. The note is addressed to the patient and states the patient  
17 will have serious psychiatric symptoms with no relief in sight, including ADHD, serious  
18 depression, and anxiety. The note further states that the patient had been on so many ADHD  
19 medicines with either failure or side effects that the prognosis was very negative. The note also  
20 states that the three psychiatric conditions and their disabilities were likely to continue through  
21 the rest of the patient's life. Respondent did not document an appropriate informed consent for  
22 the continuing treatment of ADHD with controlled substances (stimulants and benzodiazepines).

23 65. On or about May 4, 2016, Respondent wrote an unsigned summary letter entitled,  
24 "Medical records for [Patient 2] October 31, 2014 – April 29, 2016," apparently intended to  
25 enhance the medical record for an ADHD diagnosis.

26 66. On May 6, 2016, an Adult ADHD Self-Report Scale Symptom Check List was  
27 completed.

28 ///

1        67. On or about May 10, 2016, a signed letter describing the patient's "mental  
2 impairment" was added to the chart.

3        68. On or about June 1, 2016, Respondent saw the patient. The progress note typed on a  
4 template does not document any prescribed medications for ADHD.

5        69. Between on or about July 16, 2016, and April 12, 2017, significant documentation in  
6 the chart includes: (1) a medication list dated July 6, 2016, that includes alprazolam and  
7 dextroamphetamine/amphetamine with no accompanying progress note; (2) a handwritten  
8 notation dated July 15, 2016, that includes a prescription for a further antipsychotic medication,  
9 Geodon (ziprasidone), with no explanation or accompanying progress note; (3) a handwritten note  
10 with no name dated April 12, 2017, describing the discontinuance of the non-controlled substance  
11 ADHD medication, guanfacine (approved for children ages 6-17) due to the known adverse effect  
12 of hypotension, especially applicable in adults; and (4) an April 12, 2017, typed schedule of  
13 medications, without an accompanying progress note, revealing a new Schedule II ADHD  
14 medication, Evekeo (amphetamine). Respondent did not document an appropriate informed  
15 consent for the continued treatment of ADHD with controlled substances (stimulants and  
16 benzodiazepines).

17        70. On or about July 22, 2017, Patient 2 emailed Respondent referencing two errors on a  
18 July 19, 2017, spreadsheet from Respondent listing his medications. The spreadsheet indicated  
19 the patient was taking alprazolam four times a day, morning, noon, afternoon, and bedtime.

20        71. On or about August 20, 2017, Respondent received an undated note from a pharmacy  
21 stating that a review of Respondent's prescriptions for anxiolytics or sedative agents caused  
22 concern that patients were taking more than originally prescribed, which could lead to adverse  
23 effects including drowsiness, fatigue, and impaired cognition. Respondent wrote on the note that  
24 he had repeatedly discussed sedation by multiple CNS medications with Patient 2, who had no  
25 falls, broken bones, or concussions while on the meds in the last ten years.

26        72. On or about September 6, 2017, Respondent noted that the patient got depressed and  
27 fell off his chair again so the patient increased the Xanax and Remeron, which did not help.

28        ///

1 Respondent did not document an appropriate informed consent for the continued treatment of  
2 ADHD with controlled substances (stimulants and benzodiazepines).

3 73. Between on or about February 2, 2018, and December 12, 2018, the patient's chart  
4 included: (1) handwritten notes documented on a computer printout of medications dated  
5 February 2, 2018; (2) handwritten notes with no patient name dated March 29, 2018, June 20,  
6 2018, and December 12, 2018; (3) an April 18, 2018, typed medication list with no patient name  
7 with excessive doses of controlled substances: prescriptions needed, Evekeo (amphetamine) .5  
8 mg dosage 4/day 90 day supply #360; Xanax (alprazolam) .5 mg dosage 4/day 90 day supply  
9 #360; and Xanax 1.0 mg dosage 4/day 90 day supply #360; (4) a September 26, 2018, typed,  
10 unsigned, and incomplete progress note identifying for the first time Patient 2's primary care  
11 provider; referencing the patient's brief periods of weakness in legs bilaterally; and indicating the  
12 patient is off walking for a long time; (5) a July 25, 2018, notation of balance problems and  
13 trouble with ladders and step stools; and (6) no documentation of an appropriate informed consent  
14 for the continued treatment of ADHD with controlled substances (stimulants and  
15 benzodiazepines).

16 74. Respondent's prescribing practice with Patient 2 resulted in substantial harm to the  
17 patient by contributing to the development and perpetuation of two substance use disorders (i.e.,  
18 Stimulant Use Disorder and Sedative, Hypnotic, and Anxiolytic Use Disorder); and by  
19 prioritizing the treatment of alleged ADHD without substantiating this clear psychiatric diagnosis  
20 and medical indication over the patient's co-morbidities of major depressive disorder and anxiety  
21 disorder.

#### 22 FIRST CAUSE FOR DISCIPLINE

23 (Gross Negligence)

24 75. Respondent Bernard Michael Kirzner, M.D. is subject to disciplinary action under  
25 section 2234, subdivision (b), of the Code in that he was grossly negligent in the psychiatric care  
26 and treatment of patients. The circumstances are as follows:

27 ///

28 ///

1 **PATIENT 1**

2 76. The facts and circumstances alleged in paragraphs 27 through 59 above are  
3 incorporated here as if fully set forth.

4 77. Between in or around April 2014, through in or around October 2019, Respondent  
5 was grossly negligent in failing to include in his diagnosis and treatment plan for Patient 1  
6 (including collaboration with the patient's concurrent psychotherapist) two interrelated co-morbid  
7 psychiatric disorders: (1) an anxiety disorder; and (2) a Sedative, Hypnotic, and Anxiolytic Use  
8 Disorder.

9 78. Between in or around April 2014, through in or around October 2019, Respondent  
10 was grossly negligent in failing to incorporate previous and concurrent information from medical  
11 records and providers to inform his evaluation, diagnosis, formulation and treatment planning for  
12 Patient 1.

13 79. Between in or around April 2014, through in or around October 2019, Respondent  
14 was grossly negligent in disregarding Patient 1's desire to minimize the use of controlled  
15 substances, which had the potential for acquiring and perpetuating addiction.

16 80. Between in or around April 2014, through in or around October 2019, Respondent  
17 was grossly negligent in failing to obtain and document informed consent for prescribing  
18 controlled substances and psychotropic medications with an increased risk of developing and  
19 perpetuating a substance use disorder.

20 81. Between in or around April 2014, through in or around October 2019, Respondent  
21 was grossly negligent when he prescribed sedative/hypnotic/anxiolytic benzodiazepine  
22 medication to a patient with Sedative, Hypnotic, and Anxiolytic Use Disorder after three  
23 detoxifications.

24 82. Between in or around April 2014, through in or around October 2019, Respondent  
25 was grossly negligent when he prescribed to Patient 1, a patient with a substance use disorder, a  
26 Schedule IV muscle relaxant, carisoprodol, which is outside the scope of psychiatric practice, for  
27 insomnia.

28 ///



1       83. On or about April 25 2017, and September 16, 2017, Respondent was grossly  
2 negligent when, in the face of medical and psychiatric emergencies, he failed to ensure that  
3 Patient 1 received emergency medical and psychiatric evaluations, including an assessment for a  
4 suicide attempt, in light of the patient's prior attempted suicide by medicine.

5       84. Between in or around April 2014, through in or around October 2019, Respondent  
6 was grossly negligent when he failed to maintain accurate medical records.

7 **PATIENT 2**

8       85. The facts and circumstances alleged in paragraphs 60 through 74 above are  
9 incorporated here as if fully set forth.

10       86. Between in or around April 2014, through in or around December 2019, Respondent  
11 was grossly negligent when he failed to maintain adequate and accurate medical records,  
12 including inaccurate medical record-keeping in format, chronology, signature and non-  
13 contemporaneous with the service provided and the failure to properly document medication  
14 reconciliation.

15       87. Between in or around April 2014, through in or around December 2019, Respondent  
16 was grossly negligent when he prescribed a stimulant medication without indication.

17       88. Between in or around April 2014, through in or around December 2019, Respondent  
18 was grossly negligent when he prescribed benzodiazepines for anxiety in lieu of alternative, non-  
19 addictive medications.

20       89. Between in or around April 2014, through in or around December 2019, Respondent  
21 was grossly negligent when he prescribed atypical antipsychotics without indication.

22       90. Between in or around April 2014, through in or around December 2019, Respondent  
23 was grossly negligent when he prescribed multiple controlled substances (i.e., stimulants and  
24 benzodiazepines) with the potential for psychological and physiological addiction without  
25 obtaining informed consent.

26       91. Between in or around April 2014, through in or around December 2019, Respondent  
27 was grossly negligent when he prescribed atypical antipsychotics without obtaining informed  
28 consent.

92. Between in or around April 2014, through in or around December 2019, Respondent was grossly negligent when he prescribed benzodiazepine medication, stimulant medication and antipsychotic medication without appropriate monitoring for adverse effects.

93. Between in or around April 2014, through in or around December 2019, Respondent was grossly negligent when he prescribed stimulants and benzodiazepines in unsafe combinations.

## SECOND CAUSE FOR DISCIPLINE

**(Repeated Negligent Acts)**

94. Respondent Bernard Michael Kirzner, M.D. is subject to disciplinary action under section 2234, subdivision (c), of the Code in that he engaged in repeated negligent acts in the psychiatric care and treatment of patients. The circumstances are as follows:

95. The facts and circumstances alleged in paragraphs 27 through 74 above are incorporated here as if fully set forth.

96. The allegations set forth in paragraphs 75 through 93 above are realleged here as repeated negligent acts.

### THIRD CAUSE FOR DISCIPLINE

**(Failure to Maintain Adequate Records)**

97. Respondent Bernard Michael Kirzner, M.D. is subject to disciplinary action under section 2266 of the Code in that Respondent failed to maintain adequate and accurate records of the medical services he provided to patients. The circumstances are as follows:

98. The facts and circumstances alleged in paragraphs 27 through 74 above are incorporated here as if fully set forth.

#### FOURTH CAUSE FOR DISCIPLINE

**(Unprofessional Conduct)**

99. Respondent Bernard Michael Kirzner, M.D. is subject to disciplinary action under section 2234 of the Code in that Respondent engaged in unprofessional conduct in the psychiatric care and treatment of patients. The circumstances are as follows:

• *///*

1 100. The facts and circumstances alleged in paragraphs 27 through 98 above are  
2 incorporated here as if fully set forth.

3 **PRAYER**

4 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,  
5 and that following the hearing, the Medical Board of California issue a decision:

6 1. Revoking or suspending Physician's and Surgeon's Certificate Number C 35243,  
7 issued to Bernard Michael Kirzner, M.D.;


8 2. Revoking, suspending or denying approval of Bernard Michael Kirzner, M.D.'s  
9 authority to supervise physician assistants and advanced practice nurses;

10 3. Ordering Bernard Michael Kirzner, M.D., if placed on probation, to pay the Board the  
11 costs of probation monitoring;

12 4. Ordering Bernard Michael Kirzner, M.D. to provide disclosure to his patients that  
13 includes his probation status pursuant to Business and Professions Code section 2228.1; and

14 5. Taking such other and further action as deemed necessary and proper.

15  
16 DATED: APR 05 2021

  
\_\_\_\_\_  
WILLIAM PRASIFKA  
Executive Director  
Medical Board of California  
Department of Consumer Affairs  
State of California  
Complainant

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