

BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA

In the Matter of the Accusation Against:

Nizar Isa Ibrahim, M.D.

Physician's and Surgeon's
Certificate No. A 70310

Respondent.

Case No. 800-2017-034768

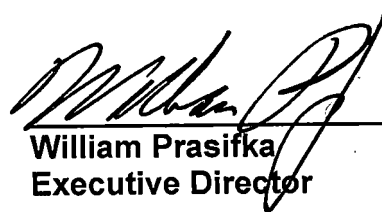
DECISION

The attached Stipulated Surrender of License and Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on April 1, 2022.

IT IS SO ORDERED March 18, 2022.

MEDICAL BOARD OF CALIFORNIA



William Prasifka
Executive Director

1 ROB BONTA
Attorney General of California
2 ALEXANDRA M. ALVAREZ
Supervising Deputy Attorney General
3 KEITH C. SHAW
Deputy Attorney General
4 State Bar No. 227029
600 West Broadway, Suite 1800
5 San Diego, CA 92101
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8 *Attorneys for Complainant*

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**BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA**

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In the Matter of the Accusation Against:

Case No. 800-2017-034768

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NIZAR ISA IBRAHIM, M.D.
24490 Sunnymead Blvd., Suite 117
Moreno Valley, CA 92553

OAH No. 2020070955

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**Physician's and Surgeon's Certificate No.
A 70310**

**STIPULATED SURRENDER OF
LICENSE AND DISCIPLINARY ORDER**

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Respondent.

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IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-entitled proceedings that the following matters are true:

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PARTIES

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1. William Prasifka (Complainant) is the Executive Director of the Medical Board of California (Board). He brought this action solely in his official capacity and is represented in this matter by Rob Bonta, Attorney General of the State of California, by Keith C. Shaw, Deputy Attorney General.

2. Nizar Isa Ibrahim, M.D. (Respondent) is represented in this proceeding by Elizabeth M. Brady, Esq., whose address is: 8880 Rio San Diego Drive, Suite 800, San Diego, CA 92108.

1 adopt this Stipulated Surrender of License, the Executive Director and/or the Board may receive
2 oral and written communications from its staff and/or the Attorney General's Office.
3 Communications pursuant to this paragraph shall not disqualify the Executive Director, the Board,
4 any member thereof, and/or any other person from future participation in this or any other matter
5 affecting or involving respondent. In the event that the Executive Director on behalf of the Board
6 does not, in his discretion, approve and adopt this Stipulated Surrender of License, with the
7 exception of this paragraph, it shall not become effective, shall be of no evidentiary value
8 whatsoever, and shall not be relied upon or introduced in any disciplinary action by either party
9 hereto. Respondent further agrees that should this Stipulated Surrender of License and Disciplinary
10 Order be rejected for any reason by the Executive Director on behalf of the Board, Respondent will
11 assert no claim that the Executive Director, the Board, or any member thereof, was prejudiced by
12 its/his review, discussion and/or consideration of this Stipulated Surrender of License and
13 Disciplinary Order, or of any matter or matters related hereto.

14 14. The parties understand and agree that Portable Document Format (PDF) and
15 facsimile copies of this Stipulated Surrender of License and Disciplinary Order, including
16 Portable Document Format (PDF) and facsimile signatures thereto, shall have the same force and
17 effect as the originals.

18 15. In consideration of the foregoing admissions and stipulations, the parties agree that
19 the Board may, without further notice or formal proceeding, issue and enter the following Order:

20 **ORDER**

21 IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A 70310, issued
22 to Respondent Nizar Isa Ibrahim, M.D., is surrendered and accepted by the Board.

23 1. The surrender of Respondent's Physician's and Surgeon's Certificate and the
24 acceptance of the surrendered license by the Board shall constitute the imposition of discipline
25 against Respondent. This stipulation constitutes a record of the discipline and shall become a part
26 of Respondent's license history with the Board.

27 2. Respondent shall lose all rights and privileges as a Physician and Surgeon in
28 California as of the effective date of the Board's Decision and Order.

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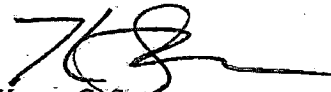
ENDORSEMENT

The foregoing Stipulated Surrender of License and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California of the Department of Consumer Affairs.

DATED: March 1, 2022

Respectfully submitted,

ROB BONTA
Attorney General of California
ALEXANDRA M. ALVAREZ
Supervising Deputy Attorney General


KEITH C. SHAW
Deputy Attorney General
Attorneys for Complainant

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Exhibit A

Accusation No. 800-2017-034768

1 XAVIER BECERRA
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2 ALEXANDRA M. ALVAREZ
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8 *Attorneys for Complainant*

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BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA

In the Matter of the Accusation Against:
NIZAR ISA IBRAHIM, M.D.
24490 Sunnymead Blvd., Suite 117
Moreno Valley, CA 92553
Physician's and Surgeon's Certificate No.
A 70310
Respondent.

Case No. 800-2017-034768

ACCUSATION

20 Complainant alleges:

21 PARTIES

- 22 1. William Prasifka (Complainant) brings this Accusation solely in his official capacity
23 as the Executive Director of the Medical Board of California, Department of Consumer Affairs
24 (Board).
25 2. On or about November 19, 1999, the Medical Board issued Physician's and Surgeon's
26 Certificate Number A 70310 to Nizar Isa Ibrahim, M.D. (Respondent). The Physician's and
27 Surgeon's Certificate was in full force and effect at all times relevant to the charges brought
28 herein and will expire on January 31, 2021, unless renewed.

JURISDICTION

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2 3. This Accusation is brought before the Board, under the authority of the following
3 laws. All section references are to the Business and Professions Code (Code) unless otherwise
4 indicated.

5 4. Section 726 of the Code states:

6 “(a) The commission of any act of sexual abuse, misconduct, or relations with a patient,
7 client, or customer constitutes unprofessional conduct and grounds for disciplinary action for any
8 person licensed under this division, under any initiative act referred to in this division.

9 “(b) This section shall not apply to consensual sexual contact between a licensee and his or
10 her spouse or person in an equivalent domestic relationship when that licensee provides medical
11 treatment, other than psychotherapeutic treatment, to his or her spouse or person in an equivalent
12 domestic relationship.”

13 5. Section 2234 of the Code, states in part:

14 “The board shall take action against any licensee who is charged with unprofessional
15 conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not
16 limited to, the following:

17 “...”

18 “(b) Gross negligence.

19 “(c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or
20 omissions. An initial negligent act or omission followed by a separate and distinct departure from
21 the applicable standard of care shall constitute repeated negligent acts.

22 “(1) An initial negligent diagnosis followed by an act or omission medically appropriate for
23 that negligent diagnosis of the patient shall constitute a single negligent act.

24 “(2) When the standard of care requires a change in the diagnosis, act, or omission that
25 constitutes the negligent act described in paragraph (1), including, but not limited to, a
26 reevaluation of the diagnosis or a change in treatment, and the licensee’s conduct departs from the
27 applicable standard of care, each departure constitutes a separate and distinct breach of the
28 standard of care.

1 met with Patient A in a patient examination room. In response to Patient A's request for a Ritalin
2 refill, Respondent interrupted her to explain that most adults diagnosed with ADD actually suffer
3 from bipolar disorder. Respondent then began asking the patient a series of inquiries related to
4 her sex life, including suggesting that she and her boyfriend should attend swinger parties to
5 "spice things up." Respondent then recommended that Patient A sample a particular strain of
6 marijuana for her bipolar disorder.³ Respondent told Patient A that he was going to prescribe her
7 medication to treat bipolar disorder, to which she responded that she was not bi-polar.
8 Respondent asked Patient A where she lived and proposed that she should move to the area of
9 Moreno Valley which is closer to where he lives because it is safer, and he even drew a map
10 showing Patient A where he lived.

11 10. Respondent asked Patient A about her bra size and whether her breasts were heavy.
12 Patient A responded that her breasts were not heavy. He directed Patient A to stand up, where he
13 proceeded to move behind her, then reached around her and grabbed her breasts with both hands
14 while squeezing softly. Respondent remarked that her breasts were not heavy as he laughed and
15 abruptly walked out of the room. Respondent did not examine any other part of her body, nor did
16 he warn Patient A that he was about to perform a breast examination. Patient A had not discussed
17 any issues or concerns with her breasts that may have prompted a breast examination. A
18 chaperone was not present in the examination room. Patient A learned that Respondent's office
19 called in a prescription for paroxetine and trazodone to treat bipolar disorder, and failed to refill
20 Ritalin and Valtrex as requested. Patient A called the office back requesting both medications,
21 but only received a prescription for Valtrex.

22 11. In an interview on or about October 6, 2017, Respondent indicated that he diagnosed
23 Patient A with bipolar disorder by asking "one simple question: have you ever been depressed in
24 the past?" Respondent explained that an individual's childhood ADD evolves into bipolar
25 disorder if that individual was previously depressed, but now is no longer depressed. Respondent
26 stated that his inquiry into Patient A's sex life was part of her history to determine bipolar
27 disorder. Respondent indicated that Patient A complained of upper back pain during a review of

28 ³ Patient A had never previously been diagnosed with bipolar disorder.

1 symptoms, so he had her stand up to perform a breast examination. Respondent explained that he
2 asked the patient if her breasts were heavy prior to conducting the breast examination, and she
3 responded they were not. However, Respondent did not document any complaint of back pain in
4 Patient A's medical notes. In fact, back pain was specifically noted as being absent in the review
5 of systems section. Moreover, there was no mention in the notes that Respondent examined
6 Patient A's breasts.

7 12. Respondent admitted that he failed to document the discussion about Patient A's
8 complaint of back pain, as well as conducting a breast examination, as he was more focused on
9 the bipolar disorder diagnosis and probably exhausted when he entered the notes. Additionally,
10 there was no documentation for the detailed discussion regarding the patient's sex life.
11 Respondent documented an extensive physical examination, including examining Patient A's
12 ears, heart, lungs, range of motion, and reflex, despite not actually performing any such
13 examination.

14 13. Respondent Nizar Isa Ibrahim, M.D., committed unprofessional conduct and is
15 subject to disciplinary action under section 2234, subdivision (b), of the Code in that
16 Respondent was grossly negligent in regards to Patient A, including but not limited to the
17 following:

- 18 a) Respondent performed an unnecessary breast examination;
- 19 b) Respondent failed to have a chaperone present during the breast examination;
- 20 c) Respondent failed to document significant portions of the patient examination,
21 including a discussion regarding sex life, complaint of back pain, and
22 conducting a breast examination; and
- 23 d) Respondent documented a comprehensive physical examination that did not
24 occur.

25 SECOND CAUSE FOR DISCIPLINE

26 (Sexual Misconduct with a Patient/Violation of Ethical Principles)

27 14. Respondent's certificate to practice medicine is subject to disciplinary action for
28 unprofessional conduct under section 726 of the Code, and a violation of ethical standards, in that

1 Respondent engaged in sexual misconduct with a patient during the time he was a physician
2 based on the following circumstances:

3 15. The allegations of Paragraphs 8 through 13, above, are incorporated herein by
4 reference as if fully set forth.

5 **THIRD CAUSE FOR DISCIPLINE**

6 (Unprofessional Conduct: Repeated Negligent Acts)

7 16. Respondent is subject to disciplinary action under section 2234, subdivision (c), of
8 the Code based on the following circumstances:

9 17. Paragraphs 8 through 13, above, are hereby realleged and incorporated by this
10 reference as if fully set forth herein.

11 **FOURTH CAUSE FOR DISCIPLINE**

12 (Incompetence)

13 18. Respondent is further subject to disciplinary action under sections 2227 and 2234, as
14 defined by section 2234, subdivision (d), of the Code, in that he demonstrated a lack of
15 knowledge in his care and treatment of Patient A, as more particularly alleged herein.

16 19. Respondent demonstrated a lack of knowledge in his care and treatment of Patient A
17 which included, but was not limited to, the following:

- 18 a) Paragraphs 8 through 13, above, are hereby incorporated by reference and realleged
19 as if fully set forth herein;
- 20 b) Respondent demonstrated a lack of knowledge in his understanding of bipolar
21 disorder, including believing that bipolar disorder can be diagnosed by asking a
22 single question whether a patient was once depressed, but is no longer depressed;
- 23 c) Respondent demonstrated a lack of knowledge regarding treatment of bipolar
24 disorder, including paroxetine and trazodone as initial therapy; and
- 25 d) Respondent demonstrated a lack of knowledge regarding his understanding of adult
26 ADHD.

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1 FIFTH CAUSE FOR DISCIPLINE

2 (Failure to Maintain Adequate and Accurate Records)

3 20. Respondent is subject to disciplinary action under section 2266 of the Code based on
4 the following circumstances:

5 21. The allegations of Paragraphs 8 through 13, above, are incorporated herein by
6 reference as if fully set forth.

7 DISCIPLINARY CONSIDERATIONS

8 22. To determine the degree of discipline, if any, to be imposed on Respondent Nizar Isa
9 Ibrahim, M.D., Complainant alleges that on or about August 24, 2005, in a prior disciplinary
10 action entitled, *In the Matter of the Accusation Against Nizar Isa Ibrahim, M.D.*, before the
11 Medical Board of California, in Case No. 18-2003-147050, Respondent's license was placed on
12 probation for five (5) years, with terms and conditions including a 30-day suspension,
13 Professional Boundaries Program, Third Party Chaperone for Female Patients, Psychiatric
14 Evaluation, Psychotherapy, Ethics Course, and Education Course for engaging in unprofessional
15 conduct, including numerous inappropriate sexual comments and behavior, with multiple female
16 patients, female medical assistants, and a female supervising registered nurse. That decision is
17 now final and is incorporated by reference as if fully set forth herein.

18 PRAYER

19 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,
20 and that following the hearing, the Medical Board of California issue a decision:

21 1. Revoking or suspending Physician's and Surgeon's Certificate No. A 70310, issued
22 to Nizar Isa Ibrahim, M.D.;

23 2. Revoking, suspending or denying approval of Nizar Isa Ibrahim, M.D.'s authority to
24 supervise physician assistants and advanced practice nurses;

25 3. Ordering Nizar Isa Ibrahim, M.D., if placed on probation, to pay the Board the costs
26 of probation monitoring; and

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4. Taking such other and further action as deemed necessary and proper.

DATED: JUN 19 2020



WILLIAM PRASKY
Executive Director
Medical Board of California
Department of Consumer Affairs
State of California
Complainant

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