

**BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA**

**In the Matter of the Accusation  
Against:**

**Michael Theodore Lardon, M.D.**

**Physician's and Surgeon's  
Certificate No. A 48664**

**Case No.: 800-2017-035372**

**Respondent.**

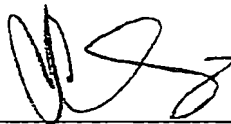
**DECISION**

**The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.**

**This Decision shall become effective at 5:00 p.m. on April 15, 2022.**

**IT IS SO ORDERED: March 16, 2022.**

**MEDICAL BOARD OF CALIFORNIA**



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**Laurie Rose Lubiano, J.D., Chair  
Panel A**

1 ROB BONTA  
Attorney General of California  
2 MATTHEW M. DAVIS  
Supervising Deputy Attorney General  
3 GIOVANNI F. MEJIA  
Deputy Attorney General  
4 State Bar No. 309951  
600 West Broadway, Suite 1800  
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6 San Diego, CA 92186-5266  
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7 Facsimile: (619) 645-2061

8 *Attorneys for Complainant*

9  
10 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
11 **DEPARTMENT OF CONSUMER AFFAIRS**  
12 **STATE OF CALIFORNIA**

13 In the Matter of the Accusation Against:

14 **MICHAEL THEODORE LARDON, M.D.**  
15 **3750 Convoy Street, Suite 318**  
**San Diego, CA 92111**

16 **Physician's and Surgeon's Certificate**  
17 **No. A 48664,**

18 Respondent.

Case No. 800-2017-035372

OAH No. 2021020353

**STIPULATED SETTLEMENT AND**  
**DISCIPLINARY ORDER**

19 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-  
20 entitled proceedings that the following matters are true:

21 **PARTIES**

22 1. William Prasifka (Complainant) is the Executive Director of the Medical Board of  
23 California (Board). He brought this action solely in his official capacity and is represented in this  
24 matter by Rob Bonta, Attorney General of the State of California, by Giovanni F. Mejia, Deputy  
25 Attorney General.

26 2. Respondent Michael Theodore Lardon, M.D. (Respondent) is represented in this  
27 proceeding by attorney Robert W. Frank, Esq. whose address is: Neil, Dymott, Frank, McCabe &  
28 Hudson APLC, 110 West A Street, Suite 1200, San Diego, CA 92101.

3. On or about September 17, 1990, the Board issued Physician's and Surgeon's Certificate No. A 48664 to Michael Theodore Lardon, M.D. (Respondent). The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2017-035372, and will expire on May 31, 2022, unless renewed.

## JURISDICTION

4. Accusation No. 800-2017-035372 was filed before the Board, and is currently pending against Respondent. The Accusation and all other statutorily required documents were properly served on Respondent on July 30, 2020. Respondent timely filed a Notice of Defense contesting the Accusation.

5. A copy of Accusation No. 800-2017-035372 is attached as exhibit A and incorporated herein by reference.

## ADVISEMENT AND WAIVERS

6. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in Accusation No. 800-2017-035372. Respondent has also carefully read, fully discussed with his counsel, and understands the effects of this Stipulated Settlement and Disciplinary Order.

7. Respondent is fully aware of his legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to confront and cross-examine the witnesses against him; the right to present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.

8. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

## CULPABILITY

9. Respondent does not contest that, at an administrative hearing, Complainant could establish a prima facie case with respect to the charges and allegations in Accusation No. 800-

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1 2017-035372, a true and correct copy of which is attached hereto as exhibit A, and that he has  
2 thereby subjected his Physician's and Surgeon's Certificate, No. A 48664 to disciplinary action.

3 10. Respondent agrees that his Physician's and Surgeon's License is subject to discipline  
4 and he agrees to be bound by the Board's probationary terms as set forth in the Disciplinary Order  
5 below.

6 11. Respondent agrees that if he ever petitions for early termination or modification of  
7 probation, or if an accusation and/or petition to revoke probation is filed against him before the  
8 Board, all of the charges and allegations contained in Accusation No. 800-2017-035372 shall be  
9 deemed true, correct and fully admitted by respondent for purposes of any such proceeding or any  
10 other licensing proceeding involving Respondent in the State of California.

### 11 CONTINGENCY

12 12. This stipulation shall be subject to approval by the Medical Board of California.  
13 Respondent understands and agrees that counsel for Complainant and the staff of the Medical  
14 Board of California may communicate directly with the Board regarding this stipulation and  
15 settlement, without notice to or participation by Respondent or his counsel. By signing the  
16 stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek  
17 to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails  
18 to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary  
19 Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal  
20 action between the parties, and the Board shall not be disqualified from further action by having  
21 considered this matter.

### 22 ADDITIONAL PROVISIONS

23 13. This Stipulated Settlement and Disciplinary Order is intended by the parties herein to  
24 be an integrated writing representing the complete, final and exclusive embodiment of the  
25 agreements of the parties in the above-entitled matter.

26 14. The parties understand and agree that Portable Document Format (PDF) and facsimile  
27 copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile  
28 signatures thereto, shall have the same force and effect as the originals.

1           15. In consideration of the foregoing admissions and stipulations, the parties agree that  
2 the Board may, without further notice or opportunity to be heard by the Respondent, issue and  
3 enter the following Disciplinary Order:

4                                   **DISCIPLINARY ORDER**

5           IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A 48664 issued  
6 to Respondent Michael Theodore Lardon, M.D. is revoked. However, the revocations are stayed  
7 and Respondent is placed on probation for three (3) years on the following terms and conditions:

8           1. **EDUCATION COURSE.** Within 60 calendar days of the effective date of this  
9 Decision, and on an annual basis thereafter, Respondent shall submit to the Board or its designee  
10 for its prior approval educational program(s) or course(s) which shall not be less than 30 hours  
11 per year, for each year of probation. The educational program(s) or course(s) shall be aimed at  
12 correcting any areas of deficient practice or knowledge and shall be Category I certified. The  
13 educational program(s) or course(s) shall be at Respondent's expense and shall be in addition to  
14 the Continuing Medical Education (CME) requirements for renewal of licensure. Following the  
15 completion of each course, the Board or its designee may administer an examination to test  
16 Respondent's knowledge of the course. Respondent shall provide proof of attendance for 55  
17 hours of CME of which 30 hours were in satisfaction of this condition.

18           2. **PRESCRIBING PRACTICES COURSE.** Within 60 calendar days of the effective  
19 date of this Decision, Respondent shall enroll in a course in prescribing practices approved in  
20 advance by the Board or its designee. Respondent shall provide the approved course provider  
21 with any information and documents that the approved course provider may deem pertinent.  
22 Respondent shall participate in and successfully complete the classroom component of the course  
23 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully  
24 complete any other component of the course within one (1) year of enrollment. The prescribing  
25 practices course shall be at Respondent's expense and shall be in addition to the Continuing  
26 Medical Education (CME) requirements for renewal of licensure.

27           A prescribing practices course taken after the acts that gave rise to the charges in the  
28 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board

1 or its designee, be accepted towards the fulfillment of this condition if the course would have  
2 been approved by the Board or its designee had the course been taken after the effective date of  
3 this Decision.

4 Respondent shall submit a certification of successful completion to the Board or its  
5 designee not later than 15 calendar days after successfully completing the course, or not later than  
6 15 calendar days after the effective date of the Decision, whichever is later.

7 3. MEDICAL RECORD KEEPING COURSE. Within 60 calendar days of the effective  
8 date of this Decision, Respondent shall enroll in a course in medical record keeping approved in  
9 advance by the Board or its designee. Respondent shall provide the approved course provider  
10 with any information and documents that the approved course provider may deem pertinent.  
11 Respondent shall participate in and successfully complete the classroom component of the course  
12 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully  
13 complete any other component of the course within one (1) year of enrollment. The medical  
14 record keeping course shall be at Respondent's expense and shall be in addition to the Continuing  
15 Medical Education (CME) requirements for renewal of licensure.

16 A medical record keeping course taken after the acts that gave rise to the charges in the  
17 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board  
18 or its designee, be accepted towards the fulfillment of this condition if the course would have  
19 been approved by the Board or its designee had the course been taken after the effective date of  
20 this Decision.

21 Respondent shall submit a certification of successful completion to the Board or its  
22 designee not later than 15 calendar days after successfully completing the course, or not later than  
23 15 calendar days after the effective date of the Decision, whichever is later.

24 4. MONITORING - PRACTICE. Within 30 calendar days of the effective date of this  
25 Decision, Respondent shall submit to the Board or its designee for prior approval as a practice  
26 monitor(s), the name and qualifications of one or more licensed physicians and surgeons whose  
27 licenses are valid and in good standing, and who are preferably American Board of Medical  
28 Specialties (ABMS) certified. A monitor shall have no prior or current business or personal

1 relationship with Respondent, or other relationship that could reasonably be expected to  
2 compromise the ability of the monitor to render fair and unbiased reports to the Board, including  
3 but not limited to any form of bartering, shall be in Respondent's field of practice, and must agree  
4 to serve as Respondent's monitor. Respondent shall pay all monitoring costs.

5 The Board or its designee shall provide the approved monitor with copies of the Decision(s)  
6 and Accusation(s), and a proposed monitoring plan. Within 15 calendar days of receipt of the  
7 Decision(s), Accusation(s), and proposed monitoring plan, the monitor shall submit a signed  
8 statement that the monitor has read the Decision(s) and Accusation(s), fully understands the role  
9 of a monitor, and agrees or disagrees with the proposed monitoring plan. If the monitor disagrees  
10 with the proposed monitoring plan, the monitor shall submit a revised monitoring plan with the  
11 signed statement for approval by the Board or its designee.

12 Within 60 calendar days of the effective date of this Decision, and continuing throughout  
13 probation, Respondent's practice shall be monitored by the approved monitor. Respondent shall  
14 make all records available for immediate inspection and copying on the premises by the monitor  
15 at all times during business hours and shall retain the records for the entire term of probation.

16 If Respondent fails to obtain approval of a monitor within 60 calendar days of the effective  
17 date of this Decision, Respondent shall receive a notification from the Board or its designee to  
18 cease the practice of medicine within three (3) calendar days after being so notified. Respondent  
19 shall cease the practice of medicine until a monitor is approved to provide monitoring  
20 responsibility.

21 The monitor(s) shall submit a quarterly written report to the Board or its designee which  
22 includes an evaluation of Respondent's performance, indicating whether Respondent's practices  
23 are within the standards of practice of medicine, and whether Respondent is practicing medicine  
24 safely, billing appropriately or both. It shall be the sole responsibility of Respondent to ensure  
25 that the monitor submits the quarterly written reports to the Board or its designee within 10  
26 calendar days after the end of the preceding quarter.

27 If the monitor resigns or is no longer available, Respondent shall, within 5 calendar days of  
28 such resignation or unavailability, submit to the Board or its designee, for prior approval, the

1 name and qualifications of a replacement monitor who will be assuming that responsibility within  
2 15 calendar days. If Respondent fails to obtain approval of a replacement monitor within 60  
3 calendar days of the resignation or unavailability of the monitor, Respondent shall receive a  
4 notification from the Board or its designee to cease the practice of medicine within three (3)  
5 calendar days after being so notified. Respondent shall cease the practice of medicine until a  
6 replacement monitor is approved and assumes monitoring responsibility.

7 In lieu of a monitor, Respondent may participate in a professional enhancement program  
8 approved in advance by the Board or its designee that includes, at minimum, quarterly chart  
9 review, semi-annual practice assessment, and semi-annual review of professional growth and  
10 education. Respondent shall participate in the professional enhancement program at Respondent's  
11 expense during the term of probation.

12 5. NOTIFICATION. Within seven (7) days of the effective date of this Decision, the  
13 Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the  
14 Chief Executive Officer at every hospital where privileges or membership are extended to  
15 Respondent, at any other facility where Respondent engages in the practice of medicine,  
16 including all physician and locum tenens registries or other similar agencies, and to the Chief  
17 Executive Officer at every insurance carrier which extends malpractice insurance coverage to  
18 Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15  
19 calendar days.

20 This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

21 6. SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE  
22 NURSES. During probation, Respondent is prohibited from supervising physician assistants and  
23 advanced practice nurses.

24 7. OBEY ALL LAWS. Respondent shall obey all federal, state and local laws, all rules  
25 governing the practice of medicine in California and remain in full compliance with any court  
26 ordered criminal probation, payments, and other orders.

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1           8.    QUARTERLY DECLARATIONS. Respondent shall submit quarterly declarations  
2 under penalty of perjury on forms provided by the Board, stating whether there has been  
3 compliance with all the conditions of probation.

4           Respondent shall submit quarterly declarations not later than 10 calendar days after the end  
5 of the preceding quarter.

6           9.    GENERAL PROBATION REQUIREMENTS.

7           Compliance with Probation Unit

8           Respondent shall comply with the Board's probation unit.

9           Address Changes

10          Respondent shall, at all times, keep the Board informed of Respondent's business and  
11 residence addresses, email address (if available), and telephone number. Changes of such  
12 addresses shall be immediately communicated in writing to the Board or its designee. Under no  
13 circumstances shall a post office box serve as an address of record, except as allowed by Business  
14 and Professions Code section 2021, subdivision (b).

15          Place of Practice

16          Respondent shall not engage in the practice of medicine in Respondent's or patient's place  
17 of residence, unless the patient resides in a skilled nursing facility or other similar licensed  
18 facility.

19          License Renewal

20          Respondent shall maintain a current and renewed California physician's and surgeon's  
21 license.

22          Travel or Residence Outside California

23          Respondent shall immediately inform the Board or its designee, in writing, of travel to any  
24 areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty  
25 (30) calendar days.

26          In the event Respondent should leave the State of California to reside or to practice  
27 Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of  
28 departure and return.

1           10. INTERVIEW WITH THE BOARD OR ITS DESIGNEE. Respondent shall be  
2 available in person upon request for interviews either at Respondent's place of business or at the  
3 probation unit office, with or without prior notice throughout the term of probation.

4           11. NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or  
5 its designee in writing within 15 calendar days of any periods of non-practice lasting more than  
6 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is  
7 defined as any period of time Respondent is not practicing medicine as defined in Business and  
8 Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct  
9 patient care, clinical activity or teaching, or other activity as approved by the Board. If  
10 Respondent resides in California and is considered to be in non-practice, Respondent shall  
11 comply with all terms and conditions of probation. All time spent in an intensive training program  
12 which has been approved by the Board or its designee shall not be considered non-practice and  
13 does not relieve Respondent from complying with all the terms and conditions of probation.  
14 Practicing medicine in another state of the United States or Federal jurisdiction while on  
15 probation with the medical licensing authority of that state or jurisdiction shall not be considered  
16 non-practice. A Board-ordered suspension of practice shall not be considered as a period of non-  
17 practice.

18           In the event Respondent's period of non-practice while on probation exceeds 18 calendar  
19 months, Respondent shall successfully complete the Federation of State Medical Boards's Special  
20 Purpose Examination, or, at the Board's discretion, a clinical competence assessment program  
21 that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model  
22 Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.

23           Respondent's period of non-practice while on probation shall not exceed two (2) years.

24           Periods of non-practice will not apply to the reduction of the probationary term.

25           Periods of non-practice for a Respondent residing outside of California will relieve  
26 Respondent of the responsibility to comply with the probationary terms and conditions with the  
27 exception of this condition and the following terms and conditions of probation: Obey All Laws;

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1 General Probation Requirements; Quarterly Declarations; Abstain from the Use of Alcohol and/or  
2 Controlled Substances; and Biological Fluid Testing.

3 12. COMPLETION OF PROBATION. Respondent shall comply with all financial  
4 obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the  
5 completion of probation. Upon successful completion of probation, Respondent's certificate shall  
6 be fully restored.

7 13. VIOLATION OF PROBATION. Failure to fully comply with any term or condition  
8 of probation is a violation of probation. If Respondent violates probation in any respect, the  
9 Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and  
10 carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke Probation,  
11 or an Interim Suspension Order is filed against Respondent during probation, the Board shall have  
12 continuing jurisdiction until the matter is final, and the period of probation shall be extended until  
13 the matter is final.

14 14. LICENSE SURRENDER. Following the effective date of this Decision, if  
15 Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy  
16 the terms and conditions of probation, Respondent may request to surrender his or her license.  
17 The Board reserves the right to evaluate Respondent's request and to exercise its discretion in  
18 determining whether or not to grant the request, or to take any other action deemed appropriate  
19 and reasonable under the circumstances. Upon formal acceptance of the surrender, Respondent  
20 shall within 15 calendar days deliver Respondent's wallet and wall certificate to the Board or its  
21 designee and Respondent shall no longer practice medicine. Respondent will no longer be subject  
22 to the terms and conditions of probation. If Respondent re-applies for a medical license, the  
23 application shall be treated as a petition for reinstatement of a revoked certificate.

24 15. PROBATION MONITORING COSTS. Respondent shall pay the costs associated  
25 with probation monitoring each and every year of probation, as designated by the Board, which  
26 may be adjusted on an annual basis. Such costs shall be payable to the Medical Board of  
27 California and delivered to the Board or its designee no later than January 31 of each calendar  
28 year.

1        16. FUTURE ADMISSIONS CLAUSE. If Respondent should ever apply or reapply for a  
2 new license or certification, or petition for reinstatement of a license, by any other health care  
3 licensing action agency in the State of California, all of the charges and allegations contained in  
4 Accusation No. 800-2017-035372 shall be deemed to be true, correct, and admitted by  
5 Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or  
6 restrict license.

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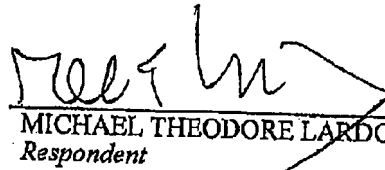
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ACCEPTANCE

I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully discussed it with my attorney, Robert W. Frank, Esq. I understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order of the Medical Board of California.

DATED: 12/29/21

  
MICHAEL THEODORE LARDON, M.D.  
*Respondent*

I have read and fully discussed with Respondent Michael Theodore Lardon, M.D. the terms and conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order. I approve its form and content.

DATED: 12-30-21

  
ROBERT W. FRANK, ESQ.  
*Attorney for Respondent*


ENDORSEMENT

The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California.

DATED: December 30, 2021

Respectfully submitted,

ROB BONTA  
Attorney General of California  
MATTHEW M. DAVIS  
Supervising Deputy Attorney General

  
GIOVANNI F. MEJIA  
Deputy Attorney General  
*Attorneys for Complainant*

SD2020301752

# Exhibit A

1 XAVIER BECERRA  
Attorney General of California  
2 MATTHEW M. DAVIS  
Supervising Deputy Attorney General  
3 GIOVANNI F. MEJIA  
Deputy Attorney General  
4 State Bar No. 309951  
600 West Broadway, Suite 1800  
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6 San Diego, CA 92186-5266  
Telephone: (619) 738-9072  
7 Facsimile: (619) 645-2061

8 *Attorneys for Complainant*

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10 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
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13 In the Matter of the Accusation Against:

Case No. 800-2017-035372

14 **Michael Theodore Lardon, M.D.**  
3750 Convoy Street, Suite 318  
15 San Diego, CA 92111

**A C C U S A T I O N**

16 **Physician's and Surgeon's Certificate**  
No. A 48664,

17 Respondent.  
18

19 **PARTIES**

20 1. William Prasifka (Complainant) brings this Accusation solely in his official capacity  
21 as the Executive Director of the Medical Board of California, Department of Consumer  
22 Affairs (Board).

23 2. On or about September 17, 1990, the Medical Board issued Physician's and  
24 Surgeon's Certificate No. A 48664 to Michael Theodore Lardon, M.D. (Respondent). The  
25 Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the  
26 charges brought herein and will expire on May 31, 2022, unless renewed.

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1 **JURISDICTION**

2 3. This Accusation is brought before the Board, under the authority of the following  
3 laws. All section references are to the Business and Professions Code (Code) unless otherwise  
4 indicated.

5 4. Section 2227, subdivision (a) of the Code states:

6 A licensee whose matter has been heard by an administrative law judge of the  
7 Medical Quality Hearing Panel as designated in Section 11371 of the Government  
8 Code, or whose default has been entered, and who is found guilty, or who has entered  
9 into a stipulation for disciplinary action with the board, may, in accordance with the  
10 provisions of this chapter:

11 (1) Have his or her license revoked upon order of the board.

12 (2) Have his or her right to practice suspended for a period not to exceed one  
13 year upon order of the board.

14 (3) Be placed on probation and be required to pay the costs of probation  
15 monitoring upon order of the board.

16 (4) Be publicly reprimanded by the board. The public reprimand may include a  
17 requirement that the licensee complete relevant educational courses approved by the  
18 board.

19 (5) Have any other action taken in relation to discipline as part of an order of  
20 probation, as the board or an administrative law judge may deem proper.

21 5. Section 2234 of the Code states, in pertinent part:

22 The board shall take action against any licensee who is charged with  
23 unprofessional conduct. In addition to other provisions of this article, unprofessional  
24 conduct includes, but is not limited to, the following:

25 (a) Violating or attempting to violate, directly or indirectly, assisting in or  
26 abetting the violation of, or conspiring to violate any provision of this chapter.

27 (b) Gross negligence.

28 (c) Repeated negligent acts. To be repeated, there must be two or more  
negligent acts or omissions. An initial negligent act or omission followed by a  
separate and distinct departure from the applicable standard of care shall constitute  
repeated negligent acts.

(1) An initial negligent diagnosis followed by an act or omission medically  
appropriate for that negligent diagnosis of the patient shall constitute a single  
negligent act.

(2) When the standard of care requires a change in the diagnosis, act, or  
omission that constitutes the negligent act described in paragraph (1), including, but  
not limited to, a reevaluation of the diagnosis or a change in treatment, and the



licensee's conduct departs from the applicable standard of care, each departure constitutes a separate and distinct breach of the standard of care.

....

6. Section 2242, subdivision (a) of the Code states:

Prescribing, dispensing, or furnishing dangerous drugs as defined in Section 4022 without an appropriate prior examination and a medical indication, constitutes unprofessional conduct. An appropriate prior examination does not require a synchronous interaction between the patient and the licensee and can be achieved through the use of telehealth, including, but not limited to, a self-screening tool or a questionnaire, provided that the licensee complies with the appropriate standard of care.

7. Section 725, subdivision (a) of the Code states:

Repeated acts of clearly excessive prescribing, furnishing, dispensing, or administering of drugs or treatment, repeated acts of clearly excessive use of diagnostic procedures, or repeated acts of clearly excessive use of diagnostic or treatment facilities as determined by the standard of the community of licensees is unprofessional conduct for a physician and surgeon, dentist, podiatrist, psychologist, physical therapist, chiropractor, optometrist, speech-language pathologist, or audiologist.

8. Section 2266 of the Code states:

The failure of a physician and surgeon to maintain adequate and accurate records relating to the provision of services to their patients constitutes unprofessional conduct.

#### **FIRST CAUSE FOR DISCIPLINE**

##### **(Gross Negligence)**

9. Respondent Michael Theodore Lardon, M.D. has subjected his Physician's and Surgeon's Certificate No. A 48664 to disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (b), of the Code in that he committed gross negligence in his care and treatment of one or more patients. The circumstances are as follows:

10. At all times pertinent to the patient care and treatment described herein, Respondent operated a private psychiatry practice in or around San Diego, California.

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*Patient A*

11. On or about April 23, 2015, "Patient A"<sup>1</sup> presented to Respondent for the first time. In his progress note for this clinical encounter, Respondent documented a medical history including, but not limited to, multiple gastrointestinal ailments, high blood pressure, hyperlipidemia, migraines, muscle spasms and pain in her upper and lower extremities. Respondent documented diagnoses including, but not limited to, major depressive disorder and chronic pain disorder, as well as a history of severe ulcer, gastrointestinal disease, chronic pain syndrome secondary to atypical fibromyalgia, migraine headaches, and C. difficile infection.

12. In his progress note for the clinical encounter with Patient A on or about April 23, 2015, Respondent further documented that Patient A was receiving pain medications from a neurologist. Respondent documented that Patient A's medications at the time included, but were not limited to, eight Percocet 10/325 mg tablets,<sup>2</sup> six tizanidine 4 mg pills,<sup>3</sup> and 1 mg to 3 mg of Klonopin<sup>4</sup> per day.

13. In or about June 2015, Patient A's then neurologist advised Patient A or Respondent that he was going to no longer practice neurology. At or shortly after this time, Respondent took over the prescribing of opioid or opiate medications to Patient A.

14. Respondent failed to adequately assess Patient A's chronic pain, fibromyalgia, muscle spasms or other pain-related symptoms or ailment—including, but not limited to, failing to adequately obtain or document vital signs, a physical examination, diagnostic workup, or review  
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<sup>1</sup> Patient true names are not used in the accusation to maintain patient confidentiality. The identity of any patient referenced herein is known to Respondent or will be disclosed to Respondent following Complainant's receipt of a duly-issued request for discovery pursuant to Government Code section 11507.6.

<sup>2</sup> Percocet is a brand name for the drug combination of oxycodone (2.5 mg, 5 mg, 7.5 mg, or 10 mg) and acetaminophen (325 mg). The "10/325" notation refers to the prescribed strength of each tablet consisting of 10 mg of oxycodone and 325 mg of acetaminophen. It is a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (b), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated, it is used for the treatment of moderate to severe pain.

<sup>3</sup> Zanaflex is a brand name for tizanidine. It is a muscle relaxant and a dangerous drug pursuant to Business and Professions Code section 4022.

<sup>4</sup> Klonopin is a brand name for clonazepam. It is a benzodiazepine, a Schedule IV controlled substance pursuant to Health and Safety Code section 11057, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section 4022.

of records from prior treatment providers, or any combination thereof—prior to initiating his chronic prescribing of high-dose opioids or opiates to Patient A.

15. Respondent failed to enter into a pain management agreement with or otherwise obtain and document adequate informed consent from Patient A at or near the outset of his prescribing of controlled substances to Patient A for chronic pain.

16. In or about July 2015 to December 8, 2015, Respondent issued to Patient A multiple prescriptions for purported monthly supplies of opioid or opiate medications including, but not limited to, prescriptions issued approximately on and for the following dates and dosages:

Date	Drug Name	Strength	Quantity
7/16/2015	Fentanyl <sup>5</sup>	25 mcg	10
7/16/2015	Percocet	10/325 mg	240
8/10/2015	Percocet	10/325 mg	240
8/10/2015	OxyContin <sup>6</sup>	20 mg	30
9/3/2015	Percocet	10/325 mg	240
9/3/2015	OxyContin	10 mg	30
9/28/2015	Oxycodone <sup>7</sup>	10 mg	240
10/19/2015	Oxycodone	10 mg	240
11/12/2015	Oxycodone	10 mg	240
12/7/2015	Oxycodone	10 mg	240

17. During this period, the California Controlled Substance Utilization Review and Evaluation System (CURES) lists prescriptions for purported 30-day supplies of 90 Klonopin 1 mg tablets issued by healthcare providers other than Respondent and filled or refilled to Patient A on or about August 17, September 18, November 12, and December 8, 2015.

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<sup>5</sup> Fentanyl is a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (c), and a dangerous drug pursuant to Business and Professions Code section 4022.

<sup>6</sup> OxyContin is a brand name for extended-release oxycodone, a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (b), and a dangerous drug pursuant to Business and Professions Code section 4022.

<sup>7</sup> Oxycodone is a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (b), and a dangerous drug pursuant to Business and Professions Code section 4022.

1 18. Commencing on or about December 7, 2015, if not earlier, Respondent took over the  
2 prescribing of Zanaflex to Patient A, on this occasion issuing her a prescription for a purported  
3 one-month supply of approximately 180 Zanaflex 4 mg pills.

4 19. Respondent failed to adequately document an assessment of Patient A or the rationale  
5 for his prescribing of Zanaflex, or the dosage prescribed, to Patient A.

6 20. On or about December 28, 2015, Respondent issued a Klonopin prescription to  
7 Patient A.

8 21. Respondent failed to adequately document a clinical assessment or rationale for his  
9 prescribing of Klonopin, or the dosage prescribed, to Patient A.

10 22. Respondent failed to adequately discuss or document discussing with Patient A the  
11 risks associated with concomitant use of opioids or opiates and benzodiazepines, or the possibility  
12 of prescribing Narcan<sup>8</sup> to Patient A.

13 23. In or about December 28, 2015 to July 2016, Respondent issued to Patient A multiple  
14 prescriptions for purported monthly supplies of oxycodone, Klonopin or Zanaflex including, but  
15 not limited to, prescriptions issued approximately on and for the following dates and dosages:

Date	Drug Name	Strength	Quantity
12/28/2015	Oxycodone	10 mg	240
12/28/2015	Klonopin	1 mg	90
1/21/2016	Oxycodone	10 mg	240
1/21/2016	Klonopin	1 mg	90
2/11/2016	Oxycodone	10 mg	240
2/11/2016	Klonopin	1 mg	90
2/11/2016	Zanaflex	4 mg	180
3/3/2016	Oxycodone	10 mg	240
3/31/2016	Oxycodone	10 mg	240
4/21/2016	Oxycodone	10 mg	240

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28 <sup>8</sup> Narcan is a brand name for naloxone and is commonly used to reverse the effects of  
opioid or opiate overdose.

24. During this period, the CURES database lists prescriptions for purported 30-day supplies of 90 Klonopin 1 mg tablets issued by a healthcare provider other than Respondent and filled or refilled to Patient A on or about March 9, April 4, April 28 and May 21, 2016.

25. In a progress note for a clinical encounter with Patient A on or about May 12, 2016, Respondent documented that he was "going to take over writing the Klonopin [prescriptions]."

26. On or about April 28, 2016, Respondent received a "Retrospective Drug Utilization Review Program" notice from an insurance carrier advising, among other things, that Patient A had filled prescriptions issued by Respondent for purported 30-day supplies of 240 oxycodone 10 mg tablets on January 23, February 16, and March 10, 2016. The notice further stated that "[c]hronic early refills may be associated with an increased risk of medication abuse/misuse [and] [e]arly refills may also indicate that pain is not well controlled for a patient."

27. In or about May 2016 to September 2016, Respondent continued to issue to Patient A multiple prescriptions for purported monthly supplies of oxycodone, Klonopin or Zanaflex including, but not limited to, prescriptions issued approximately on and for the following dates and dosages:

Date	Drug Name	Strength	Quantity
5/12/2016	Oxycodone	10 mg	240
5/12/2016	Klonopin	1 mg	90
5/12/2016	Zanaflex	4 mg	180 (3 refills)
6/9/2016	Oxycodone	10 mg	240
6/9/2016	Klonopin	1 mg	90
6/9/2016	Zanaflex	4 mg	180 (3 refills)
6/30/2016	Oxycodone	10 mg	240
6/30/2016	Klonopin	1 mg	90
7/25/2016	Oxycodone	10 mg	240
7/25/2016	Klonopin	1 mg	90
8/11/2016	Oxycodone	10 mg	240
8/11/2016	Klonopin	1 mg	90
9/8/2016	Oxycodone	10 mg	240
9/8/2016	Klonopin	1 mg	90
9/8/2016	Zanaflex	4 mg	180 (3 refills)

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Date	Drug Name	Strength	Quantity
9/29/2016	Oxycodone	10 mg	240
9/29/2016	Klonopin	1 mg	90

28. During this period, on or about July 23, 2016, Respondent received another “Retrospective Drug Utilization Review Program” notice from an insurance carrier advising, among other things, that Patient A had filled prescriptions issued by Respondent for purported 30-day supplies of 240 oxycodone 10 mg tablets on April 2, April 25, May 18, and June 10, 2016. The notice further stated that “[c]hronic early refills may be associated with an increased risk of medication abuse/misuse [and] [e]arly refills may also indicate that pain is not well controlled for a patient.”

29. During this period, in a progress note for a clinical encounter with Patient A on or about August 11, 2016, Respondent documented that Patient A had woken up the previous weekend delirious and with a blood pressure of 60/40 mmHg. Respondent documented that paramedics were called and Patient A was taken to the hospital. Respondent documented that eventually Patient A “did leave the hospital [against medical advice] because they didn’t give her any of her pain medicine or sleep medicine.”

30. In his progress note for a clinical encounter with Patient A on or about October 24, 2016, Respondent documented that Patient A and her spouse stated that another healthcare provider had advised that Patient A would be in more pain due to a recent bout of sepsis. Respondent further documented that he was going to increase the quantities of Patient A’s prescriptions because Patient A was running out of medication at the end of the month. Respondent also documented that he was decreasing Patient A’s Klonopin prescription to 2.5 mg per day.

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31. In or about October and November 2016, Respondent increased his prescribing of the purported monthly supplies of oxycodone and Zanaflex, and decreased his prescribing of Klonopin, to Patient A. Such prescriptions during this period included, without limitation, prescriptions issued approximately on and for the following dates and dosages:

Date	Drug Name	Strength	Quantity
10/24/2016	Oxycodone	10 mg	279
10/24/2016	Klonopin	1 mg	75
10/24/2016	Zanaflex	4 mg	279
11/17/2016	Oxycodone	10 mg	279
11/17/2016	Klonopin	1 mg	60
11/17/2016	Zanaflex	4 mg	279

32. On or about November 30, 2016, Respondent received another "Retrospective Drug Utilization Review Program" notice from an insurance carrier advising, among other things, that Patient A had filled prescriptions issued by Respondent for purported 30-day supplies of 240 oxycodone 10 mg tablets on July 3, July 26, August 18 and September 10, 2016. The notice further stated that "[c]hronic early refills may be associated with an increased risk of medication abuse/misuse [and] [e]arly refills may also indicate that pain is not well controlled for a patient." On one of the pages of the notice, Respondent documented that Patient A had stated that she had a stockpile of pills and that Respondent wanted Patient A or her spouse to bring the stockpile in.

33. In a progress note for a clinical encounter with Patient A on or about December 1, 2016, Respondent documented:

[Respondent] did get a Drug Utilization Review that stated over the last 4 months [Patient A] was filling her oxycodone essentially 1 week early. [Respondent was] unclear about this...[¶]...[Respondent was] going to have [Patient A's spouse] come in [and] bring in any extra meds...."

34. In a progress note for a clinical encounter with Patient A on or about December 12, 2016, Respondent documented:

[Patient A] came in with her husband today. Essentially, had to address the issue of the oxycodone. We very carefully went through the early refills and essentially prior to increasing the number per month from #240 to #270 [Patient A] was running a deficit and getting them filled early. With that being said, none of that has happened since. We went through this very carefully with her husband here.

35. In or about the following year, Respondent continued to prescribe the increased purported monthly supplies of oxycodone and Zanaflex to Patient A, but ceased to prescribe Klonopin to Patient A for a period of multiple months before resuming in or about October 2017. Respondent's prescriptions of oxycodone, Zanaflex, and Klonopin to Patient A in or about December 2016 to December 2017 included, without limitation, prescriptions issued approximately on and for the following dates and dosages:

Date	Drug Name	Strength	Quantity
12/1/2016	Oxycodone	10 mg	279
12/1/2016	Zanaflex	4 mg	279
12/12/2016	Oxycodone	10 mg	279
12/12/2016	Zanaflex	4 mg	279
12/29/2016	Oxycodone	10 mg	279
12/29/2016	Zanaflex	4 mg	279
1/19/2017	Oxycodone	10 mg	279
1/19/2017	Zanaflex	4 mg	279
2/13/2017	Oxycodone	10 mg	279
2/13/2017	Zanaflex	4 mg	279
3/13/2017	Oxycodone	10 mg	279
3/13/2017	Zanaflex	4 mg	279
4/3/2017	Oxycodone	10 mg	279
4/3/2017	Zanaflex	4 mg	279
5/1/2017	Oxycodone	10 mg	279
5/1/2017	Zanaflex	4 mg	279
5/25/2017	Oxycodone	10 mg	279
5/25/2017	Zanaflex	4 mg	279
6/15/2017	Oxycodone	10 mg	279
6/15/2017	Zanaflex	4 mg	279
7/5/2017	Oxycodone	10 mg	279
7/5/2017	Zanaflex	4 mg	279
7/24/2017	Oxycodone	10 mg	279
7/24/2017	Zanaflex	4 mg	279
8/15/2017	Oxycodone	10 mg	279
8/15/2017	Zanaflex	4 mg	279
9/11/2017	Oxycodone	10 mg	279



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Date	Drug Name	Strength	Quantity
9/11/2017	Zanaflex	4 mg	279
10/2/2017	Oxycodone	10 mg	279
10/2/2017	Klonopin	1 mg	90
10/2/2017	Zanaflex	4 mg	279
10/25/2017	Oxycodone	10 mg	279
11/15/2017	Oxycodone	10 mg	279
11/15/2017	Klonopin	1 mg	90
11/15/2017	Zanaflex	4 mg	279
12/6/2017	Oxycodone	10 mg	279
12/6/2017	Klonopin	1 mg	90
12/6/2017	Zanaflex	4 mg	279

36. In a progress note for a clinical encounter with Patient A on or about December 6, 2017, Respondent documented asking Patient A's spouse to "cut back the oxycodone by 25% during this time to see how [Patient A] does." However, Respondent did not reduce the purported monthly supply of oxycodone he prescribed to Patient A on or about December 6, 2017.

37. Commencing on or about December 27, 2017, Respondent did begin to modify the purported monthly supplies of oxycodone, Klonopin, and Zanaflex he was prescribing to Patient A. Respondent's prescribing of such medications in or around December 27, 2017 to December 5, 2018 included, without limitation, prescriptions issued approximately on and for the following dates and dosages:

Date	Drug Name	Strength	Quantity
12/27/2017	Oxycodone	10 mg	249
12/27/2017	Klonopin	1 mg	60
12/27/2017	Zanaflex	4 mg	279
1/24/2018	Oxycodone	10 mg	249
1/24/2018	Klonopin	1 mg	45
1/24/2018	Zanaflex	4 mg	249
2/14/2018	Oxycodone	10 mg	234
2/14/2018	Klonopin	1 mg	45
2/14/2018	Zanaflex	4 mg	249
3/7/2018	Oxycodone	10 mg	234

	Date	Drug Name	Strength	Quantity
1				
2	3/7/2018	Klonopin	1 mg	45
3	3/7/2018	Zanaflex	4 mg	219
4	3/28/2018	Oxycodone	10 mg	234
5	3/28/2018	Klonopin	1 mg	30
6	3/28/2018	Zanaflex	4 mg	219
7	4/18/2018	Oxycodone	10 mg	234
8	4/18/2018	Klonopin	1 mg	30
9	4/18/2018	Zanaflex	4 mg	219
10	5/9/2018	Oxycodone	10 mg	210
11	5/9/2018	Klonopin	1 mg	30
12	5/9/2018	Zanaflex	4 mg	219
13	5/30/2018	Oxycodone	10 mg	210
14	5/30/2018	Klonopin	1 mg	30
15	5/30/2018	Zanaflex	4 mg	200
16	6/20/2018	Oxycodone	10 mg	200
17	6/20/2018	Klonopin	1 mg	30
18	6/20/2018	Zanaflex	4 mg	200
19	7/11/2018	Oxycodone	10 mg	200
20	7/11/2018	Klonopin	1 mg	30
21	7/11/2018	Zanaflex	4 mg	190

38. During this period, in his progress note for a clinical encounter with Patient A on or about April 18, 2018, Respondent documented that "[he] had planned to cut back the oxy[codone]. [Patient A's spouse] has asked [Respondent] to just cut back the Klonopin, which [Respondent] will do...." In fact, Respondent failed to reduce the amount of either the oxycodone or Klonopin prescribed to Patient A on or about April 18, 2018.

39. During this period, in a progress note for an encounter on or about May 9, 2018, Respondent documented that Patient A's spouse, without Patient A present, presented to Respondent. On or about May 9, 2018, Respondent provided prescriptions for Patient A for oxycodone, Klonopin and Zanaflex.

40. On or about July 25, 2018, Respondent received a call from Patient A and her spouse in which they represented that Patient A's medication had been stolen. In response, Respondent

1 issued to Patient A prescriptions for purported one-week supplies of approximately 50 oxycodone  
2 10 mg tablets and 50 Zanaflex 4 mg pills.

3 41. On or about August 1, 2018, Respondent issued to Patient A prescriptions for  
4 purported one-month supplies of approximately 190 oxycodone 10 mg tablets, 30 Klonopin 1 mg  
5 tablets, and 190 Zanaflex 4 mg pills.

6 42. In a progress note for an encounter on or about August 20, 2018, Respondent  
7 documented that Patient A's spouse again presented to Respondent, without Patient A present.  
8 Respondent documented that he explained to Patient A's spouse that Respondent has to see  
9 Patient A in person, but nonetheless provided temporary prescriptions, for approximately  
10 30 oxycodone 10 mg tablets, 30 Klonopin 1 mg tablets, and 30 Zanaflex 4 mg pills, that would be  
11 deducted from Patient A's purported total monthly prescriptions.

12 43. In a progress note for a clinical encounter on or about August 22, 2018, Respondent  
13 documented that Patient A presented to his office with her spouse, and that Respondent issued to  
14 Patient A prescriptions for approximately 160 oxycodone 10 mg tablets and 160 Zanaflex 4 mg  
15 pills.

16 44. In a progress note for an encounter on or about September 6, 2018, Respondent  
17 documented that Patient A's spouse again presented to Respondent, without Patient A present.  
18 Respondent documented that Patient A's spouse represented that Patient A was at another  
19 facility's emergency room for a flare up of colitis. Respondent further documented that  
20 Patient A's spouse wanted to obtain an extra week's worth of medication in anticipation of  
21 Patient A's discharge from the emergency room because Patient A had increased her usage of the  
22 oxycodone tablets to approximately 10 tablets per day and had run out of oxycodone early.  
23 Respondent documented that he did not provide the requested prescription during this encounter:

24 45. On or about September 14, 2018, Respondent issued for Patient A prescriptions for  
25 approximately 42 oxycodone 10 mg tablets and 30 Zanaflex 4 mg pills.

26 46. In a progress note for a clinical encounter on or about September 19, 2018,  
27 Respondent documented that Patient A presented to him, with her spouse present. Respondent  
28 further documented that Patient A had been discharged after a four-day hospitalization for severe

1 colitis, and that Respondent had given Patient A's spouse a short-term prescription the previous  
2 week because Patient A had run out early. Respondent documented that he advised Patient A that  
3 he was prescribing her 180 oxycodone tablets per month, which was six per day. Respondent  
4 documented that Patient A's spouse told Respondent that Patient A is taking eight oxycodone  
5 tablets per day.

6 47. In fact, on or about September 19, 2018, Respondent issued to Patient A  
7 a prescription for approximately 190 oxycodone 10 mg tablets, as well as for additional  
8 medications including, but not limited to, 30 Klonopin 1 mg tablets and 180 Zanaflex 4 mg pills.

9 48. On or about September 24, 2018, Respondent received a notification from an  
10 insurance carrier stating, among other things, that Patient A filled prescriptions from Respondent  
11 in the month of August 2018 totaling approximately 380 oxycodone 10 mg tablets, and filled a  
12 prescription issued by a health care provider other than Respondent for approximately 50  
13 oxycodone 10 mg tablets on or about September 10, 2018.

14 49. On or about October 10, 2018, Respondent issued to Patient A prescriptions for  
15 medications including, but not limited to, approximately 190 oxycodone 10 mg tablets,  
16 30 Klonopin 1 mg tablets, and 180 Zanaflex 4 mg pills.

17 50. In his progress note for a clinical encounter with Patient A on or about November 1,  
18 2018, Respondent documented that he had helped to set up an appointment with a "pain doctor."  
19 Respondent documented that the pain doctor had requested some of Patient A's medical records  
20 from Respondent but that Patient A was not willing to provide such records, or authorization for  
21 their release, until she met the pain doctor.

22 51. On or about November 1, 2018, Respondent issued to Patient A prescriptions for  
23 purported monthly supplies of medications including, but not limited to, approximately  
24 190 oxycodone 10 mg tablets, 30 Klonopin 1 mg tablets, and 180 Zanaflex 4 mg pills.

25 52. On or about December 5, 2018, Patient A presented to Respondent. In his progress  
26 note for this clinical encounter, Respondent documented that he had reviewed the CURES  
27 database, which contained entries indicating that Patient A had received Klonopin, oxycodone,

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1 and fentanyl patches from another healthcare provider on November 11, 2018. Respondent  
2 documented that he explained to Patient A that this clinical encounter would be their final one.

3 53. On or about December 5, 2018, Respondent issued to Patient A prescriptions for  
4 medications including, but not limited to, approximately 210 oxycodone 10 mg tablets,  
5 30 Klonopin 1 mg tablets, and 180 Zanaflex 4 mg pills.

6 54. At or near the outset of his prescribing of controlled substances or muscle relaxants to  
7 Patient A, Respondent failed to adequately perform or document patient evaluation, assessment  
8 and risk stratification for Patient A.

9 55. On multiple occasions during the course of his prescribing of controlled substances to  
10 Patient A, Respondent failed to adequately document details regarding the controlled substances  
11 being prescribed or the rationale for prescribing such medications, or the prescribed dosages.

12 56. During the course of his prescribing of controlled substances to Patient A,  
13 Respondent failed to adequately establish or document treatment goals and outcomes for  
14 Patient A.

15 57. During the course of Respondent's prescribing of controlled substances to Patient A,  
16 Respondent failed to adequately obtain or maintain records from other healthcare providers that  
17 had previously provided pain management treatment to Patient A, or were treating Patient A  
18 contemporaneously with Respondent.

19 58. During the course of Respondent's prescribing of controlled substances to Patient A,  
20 Respondent failed to adequately document discussions with other healthcare providers to  
21 Patient A.

22 59. During the course of Respondent's prescribing of controlled substances to Patient A,  
23 Respondent failed to adequately review or document review of the CURES database for  
24 controlled substance prescriptions filled to Patient A.

25 60. During the course of Respondent's prescribing of controlled substances to Patient A,  
26 Respondent failed to adequately review or document review of toxicology drug testing for  
27 Patient A.

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1       61. During the course of Respondent's prescribing of controlled substances to Patient A,  
2 Respondent failed to adequately conduct physical examinations of Patient A.

3       62. During the course of Respondent's prescribing of controlled substances to Patient A,  
4 Respondent failed to adequately conduct or document reassessment for the continuation, revision  
5 or termination of the controlled substances prescribed to Patient A.

6       63. During the course of Respondent's prescribing of controlled substances to Patient A,  
7 Respondent failed to adequately obtain or document vital signs for Patient A.

8       64. During the course of Respondent's prescribing of controlled substances to Patient A,  
9 Respondent failed to adequately discuss or document discussing with Patient A the risks  
10 associated with the use of opioids in combination with benzodiazepines.

11       65. During the course of Respondent's prescribing of controlled substances to Patient A,  
12 Respondent failed to adequately consider or document consideration of prescribing Narcan to  
13 Patient A.

14       66. During the course of Respondent's care and treatment of Patient A, Respondent failed  
15 to adequately assess or document assessment of the effects of his chronic prescribing of opioids,  
16 benzodiazepines, or muscle relaxants, or any combination thereof, to Patient A.

17       67. During the course of Respondent's care and treatment of Patient A, Respondent failed  
18 to adequately assess or document assessment of Patient A for aberrant medication use or  
19 substance use disorder.

20       68. During the course of Respondent's care and treatment of Patient A, Respondent  
21 prescribed chronic high-doses of oxycodone, Klonopin, and Zanaflex without adequate medical  
22 indication.

23       69. Respondent's inappropriate prescribing of chronic high doses of opioids and  
24 benzodiazepines to Patient A resulted in harm to Patient A including, but not limited to,  
25 worsening drowsiness, deterioration of cognition, cycles of vomiting and diarrhea, flares of  
26 colitis, constipation, hypotension with syncope, opioid-induced hyperanalgesia, or any  
27 combination thereof.

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70. On multiple occasions during the course of Respondent's care and treatment of Patient A, Respondent failed to adequately document the performance of a mental status examination (MSE) or the working diagnosis or diagnoses for Patient A.

71. On multiple occasions during the course of Respondent's care and treatment of Patient A, Respondent prescribed high doses of oxycodone or Klonopin during a period in which Patient A was exhibiting a decreased or low glomerular filtration rate (GFR).

72. Respondent committed gross negligence in the course of his care and treatment of Patient A including, but not limited to:

(a) Failure to maintain adequate records for Patient A.

(b) Failure to adequately perform evaluation, assessment and risk stratification of Patient A while prescribing her multiple controlled substances.

(c) Issuing one or more prescriptions without adequate medical indication or outside Respondent's scope of practice, or both.

(d) Inappropriate prescribing of opioid or opiate medications in combination with benzodiazepines to Patient A.

### Patient B

73. On multiple occasions beginning in or around April 2006,<sup>9</sup> Respondent rendered medical care and treatment to Patient B, whose medical history includes, but is not limited to, depression, dissociative identity disorder, bipolar mood disorder, post-traumatic stress disorder (PTSD), and borderline personality disorder.

74. In his progress note for a clinical encounter with Patient B on or about January 15, 2015, Respondent documented that Patient B's "[c]urrent [m]edications" included, but were not limited to, approximately 4 mg per day of Klonopin and 75 mg per day of Adderall XR.<sup>10</sup>

<sup>9</sup> Any acts or omissions by Respondent alleged herein to have occurred more than seven years prior to the filing of the accusation are pleaded for informational purposes only, and not as grounds for disciplinary action.

<sup>10</sup> Adderall XR is a brand name for an extended-release formulation of dextroamphetamine and amphetamine, a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section 4022. It is an amphetamine salts commonly used for attention-deficit/hyperactivity disorder and narcolepsy.

Respondent further documented that he increased Patient B's prescribed monthly supply of Klonopin 2 mg tablets from approximately 60 tablets to 90 tablets (i.e., from approximately 4 mg to 6 mg per day).

75. In or about January 2015 to March 2015, Respondent issued multiple prescriptions to Patient B including, but not limited to, prescriptions corresponding to approximately 75 mg per day of Adderall XR and 4 to 6 mg per day of Klonopin.

76. In his progress note for a clinical encounter with Patient B on or about March 12, 2015, Respondent documented that Patient B was scheduled for gastric bypass surgery in April 2015.

77. The CURES database lists two controlled substance prescriptions, for tramadol<sup>11</sup> and Lortab,<sup>12</sup> issued by healthcare providers other than Respondent and filled to Patient B in or about March or April 2015.

78. The CURES database lists multiple controlled substance prescriptions issued by Respondent and filled to Patient B in or about April 9, 2015 to June 15, 2015:

Date Filled	Drug Name	Strength	Quantity	Days Supply
4/9/2015	Clonazepam	2 mg	90	30
5/18/2015	Clonazepam	2 mg	90	30
5/20/2015	Adderall XR	15 mg	30	30
5/21/2015	Adderall XR	30 mg	60	30
6/15/2015	Clonazepam	2 mg	90	30

79. Respondent's medical records for Patient B contain no record of any clinical encounters with Patient B between March 13, 2015 and June 15, 2015, inclusive, or any prescriptions issued during such period.

80. On or about June 29, 2015, Patient B presented to Respondent. In his progress note for this clinical encounter, Respondent documented that it was "the first time the patient [had]

<sup>11</sup> Tramadol is a Schedule IV controlled substance pursuant to 21 C.F.R., § 1308.14 and a dangerous drug pursuant to Business and Professions Code section 4022.

<sup>12</sup> Lortab is a brand name for the drug combination of hydrocodone and acetaminophen, a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (b), and a dangerous drug pursuant to Business and Professions Code section 4022.



1 seen [him] in quite some time." Respondent further documented that she had been in the hospital,  
2 gotten septic, and had had a bowel obstruction.

3 81. In or about June 29, 2015 to January 2016, Respondent issued multiple prescriptions  
4 to Patient B including, but not limited to, prescriptions corresponding to approximately 75 mg per  
5 day of Adderall XR and 4 to 6 mg per day of Klonopin.

6 82. In or about October or November 2015, Respondent issued to Patient B a prescription  
7 for a purported one-month supply of approximately 30 Belsomra 20 mg tablets.<sup>13</sup> Patient B filled  
8 or refilled the Belsomra prescription on or about November 5, 2015, December 8, 2015, and  
9 January 23, 2016.

10 83. In his progress note for a clinical encounter with Patient B on or about February 4,  
11 2016, Respondent documented that Patient B was "having a heck of a time sleeping" and that she  
12 had taken Klonopin, Belsomra, and Zyprexa<sup>14</sup> "and not slept."

13 84. In or about February 2016 to December 2016, Respondent continued to issue  
14 prescriptions to Patient B including, but not limited to, prescriptions corresponding to  
15 approximately 75 mg per day of Adderall XR and 4 to 6 mg per day of Klonopin.

16 85. During this period, in a progress note for a clinical encounter with Patient B on or  
17 about October 20, 2016, Respondent documented that "[t]he patient [was] dealing with a lot of  
18 problems with gallstones.... She's not taking pain meds, which [Respondent was] happy about."

19 86. In fact, the CURES database lists prescriptions issued by healthcare providers other  
20 than Respondent and filled to Patient B for oxycodone HCL/acetaminophen 10/325 mg or  
21 oxycodone HCL 5 mg on or about October 15, October 28, and November 15, 2016.

22 87. In a telephone note dated January 12, 2017, Respondent documented that "[Patient B  
23 was] very agitated. She's having suicidal thoughts. She doesn't feel safe. She is willing to  
24 contract for safety." Respondent documented that he prescribed approximately 20 Zyprexa 15 mg  
25 ////

26 <sup>13</sup> Belsomra is a brand name for suvorexant, a Schedule IV controlled substance pursuant  
27 to Health and Safety Code section 11057, subdivision (d), and a dangerous drug pursuant to  
Business and Professions Code section 4022. It is commonly used to treat insomnia.

28 <sup>14</sup> Zyprexa is a brand name for olanzapine, a psychotropic agent and dangerous drug  
pursuant to Business and Professions Code section 4022.

1 pills and asked Patient B to start with taking half a pill and check in with Respondent. Respondent  
2 documented that Patient B would see her psychologist in the morning.

3 88. On or about January 12, 2017, Respondent failed to adequately perform or document  
4 an MSE or a suicide risk assessment of Patient B.

5 89. On or after January 12, 2017, Respondent failed to adequately consult or document  
6 consultation with any other healthcare provider to Patient B, or schedule a follow-up appointment  
7 with Patient B within a time frame consistent with her acute presentation on or about January 12,  
8 2017.

9 90. In or about January 2017 to December 2017, Respondent continued to issue  
10 prescriptions to Patient B including, but not limited to, prescriptions corresponding to  
11 approximately 75 mg per day of Adderall XR and 4 to 6 mg per day of Klonopin.

12 91. The CURES database lists a prescription issued by a healthcare provider other than  
13 Respondent, and filled to Patient B on or about December 15, 2017, for approximately six  
14 tramadol 50 mg tablets.

15 92. In or about January 2018 to July 2018, Respondent continued to issue prescriptions to  
16 Patient B including, but not limited to, prescriptions corresponding to approximately 75 mg per  
17 day of Adderall XR and 4 to 6 mg per day of Klonopin.

18 93. During the course of Respondent's prescribing of Klonopin to Patient B in or around  
19 January 2015 to July 2018, Respondent failed to adequately discuss or document discussing with  
20 Patient B the risks of benzodiazepine use in combination with opioids or opiates, or the  
21 possibility of prescribing Narcan to Patient B.

22 94. On multiple occasions during the course of Respondent's care and treatment of  
23 Patient B in or around January 2015 to July 2018, Respondent failed to adequately obtain or  
24 document obtaining vital signs including, but not limited to, blood pressure or heart rate from  
25 Patient B.

26 95. During the course of Respondent's prescribing of controlled substances to Patient B  
27 in or around January 2015 to July 2018, Respondent failed to adequately review or document  
28 review of the CURES database for controlled substance prescriptions filled to Patient B.

1        96. During the course of Respondent's prescribing of controlled substances to Patient B  
2 in or around January 2015 to July 2018, Respondent failed to adequately review or document  
3 review of toxicology drug testing for Patient B.

4        97. On multiple occasions during the course of Respondent's care and treatment of  
5 Patient B in or about January 2015 to July 2018, Respondent failed to adequately document a  
6 clinical encounter with Patient B including, but not limited to, failing to adequately document  
7 subjective impressions or assessments of the patient's psychiatric status, the basis for continuation  
8 or modification of treatment, a psychiatric diagnosis or diagnoses, Respondent's treatment plan,  
9 or any combination thereof.

10       98. On multiple occasions during the course of Respondent's care and treatment of  
11 Patient B in or about January 2015 to July 2018, Respondent failed to adequately perform or  
12 document an MSE during a clinical encounter with Patient B.

13       99. During the course of Respondent's care and treatment of Patient B in or around  
14 January 2015 to July 2018, Respondent failed to adequately discuss or document discussion with  
15 Patient B's psychologist regarding Patient B's mental health treatment.

16       100. During the course of Respondent's care and treatment of Patient B in or about  
17 January 2015 to July 2018, Respondent failed to adequately assess or document assessment of his  
18 ongoing chronic prescribing of Klonopin to Patient B.

19       101. On multiple occasions during the course of Respondent's care and treatment of  
20 Patient B in or around January 2015 to July 2018, Respondent increased the dosage or quantity of  
21 Klonopin prescribed to Patient B in response to an increase in one or more of the patient's PTSD  
22 symptoms. Benzodiazepines, such as Klonopin, are contraindicated for PTSD.

23       102. During the course of Respondent's prescribing of Adderall to Patient B in or around  
24 January 2015 to July 2018, Respondent failed to adequately assess or document assessment of  
25 whether his chronic, high-dose prescribing of Adderall was contributing to Patient B's complaints  
26 of insomnia.

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1 103. Respondent committed gross negligence in the course of his care and treatment of  
2 Patient B including, but not limited to, failing to adequately:

3 (a) Maintain medical records for Patient B.

4 (b) Perform evaluation, assessment and risk stratification of Patient B while  
5 prescribing her multiple controlled substances.

6 (c) Complete and document a suicide risk assessment for Patient B in or around  
7 January 2017.

8 **SECOND CAUSE FOR DISCIPLINE**

9 **(Repeated Acts of Negligence)**

10 104. Respondent Michael Theodore Lardon, M.D. has further subjected his Physician's  
11 and Surgeon's Certificate No. A 48664 to disciplinary action under sections 2227 and 2234, as  
12 defined by section 2234, subdivision (c), of the Code in that he committed repeated negligent acts  
13 in his care and treatment of one or more patients as more particularly alleged in paragraphs 9 to  
14 103, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

15 **THIRD CAUSE FOR DISCIPLINE**

16 **(Prescribing, Dispensing, or Furnishing of a Dangerous Drug without an**  
17 **Appropriate Prior Examination and a Medical Indication)**

18 105. Respondent Michael Theodore Lardon, M.D. has further subjected his Physician's  
19 and Surgeon's Certificate No. A 48664 to disciplinary action under sections 2227 and 2234, as  
20 defined by section 2242, of the Code in that he prescribed, dispensed, or furnished a dangerous  
21 drug on one or more occasions without an appropriate prior examination and medical indication  
22 as more particularly alleged in paragraphs 9 to 104, above, which are hereby incorporated by  
23 reference and realleged as if fully set forth herein.

24 **FOURTH CAUSE FOR DISCIPLINE**

25 **(Repeated Acts of Clearly Excessive Prescribing)**

26 106. Respondent Michael Theodore Lardon, M.D. has further subjected his Physician's  
27 and Surgeon's Certificate No. A 48664 to disciplinary action under sections 2227 and 2234, as  
28 defined by section 725, of the Code in that he committed repeated acts of clearly excessive

1 prescribing, furnishing, dispensing or administering of a drug or treatment as more particularly  
2 alleged in paragraphs 9 to 104, above, which are hereby incorporated by reference and realleged  
3 as if fully set forth herein.

4 **FIFTH CAUSE FOR DISCIPLINE**

5 **(Failure to Maintain Adequate and Accurate Records)**

6 107. Respondent Michael Theodore Lardon, M.D. has further subjected his Physician's  
7 and Surgeon's Certificate No. A 48664 to disciplinary action under sections 2227 and 2234, as  
8 defined by section 2266, of the Code in that he failed to maintain adequate and accurate records  
9 relating to his provision of services to one or more patients as more particularly alleged in  
10 paragraphs 9 to 104, above, which are hereby incorporated by reference and realleged as if fully  
11 set forth herein.

12 **SIXTH CAUSE FOR DISCIPLINE**

13 **(Violation of the Medical Practice Act)**

14 108. Respondent Michael Theodore Lardon, M.D. has further subjected his Physician's  
15 and Surgeon's Certificate No. A 48664 to disciplinary action under sections 2227 and 2234, as  
16 defined by section 2234, subdivision (a), of the Code in that he violated or attempted to violate,  
17 directly or indirectly, any provision of the Medical Practice Act as more particularly alleged in  
18 paragraphs 9 to 107, above, which are hereby incorporated by reference and realleged as if fully  
19 set forth herein.

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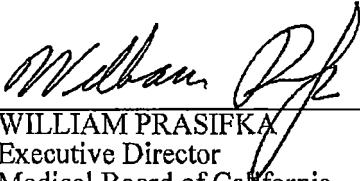
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**PRAYER**

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

1. Revoking or suspending Physician's and Surgeon's Certificate No. A 48664, issued to Respondent Michael Theodore Lardon, M.D.;
2. Revoking, suspending or denying approval of Respondent Michael Theodore Lardon, M.D.'s authority to supervise physician assistants and advanced practice nurses;
3. Ordering Respondent Michael Theodore Lardon, M.D., if placed on probation, to pay the Board the costs of probation monitoring; and
4. Taking such other and further action as deemed necessary and proper.

DATED: JUL 30 2020

  
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WILLIAM PRASIFKA  
Executive Director  
Medical Board of California  
Department of Consumer Affairs  
State of California  
*Complainant*