BEFORE THE MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA

In the Matter of the Accusation Against:

Hyder Husain Arastu, M.D.

Physician's and Surgeon's Certificate No. A 42456

Respondent.

Case No.: 800-2020-068915

DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on December 16, 2021,

IT IS SO ORDERED: November 16, 2021.

MEDICAL BOARD OF CALIFORNIA

Laurie Rose Lubiano, J.D., Chair

Panel A

1	ROB BONTA Attorney General of California				
2	Mary Čain-Simon				
3	Supervising Deputy Attorney General HAMSA M. MURTHY				
4	Deputy Attorney General State Bar No. 274745				
5	455 Golden Gate Avenue, Suite 11000 San Francisco, CA 94102-7004				
6	Telephone: (415) 510-3495 Facsimile: (415) 703-5480				
7	E-mail: Hamsa.Murthy@doj.ca.gov Attorneys for Complainant				
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9	BEFORE THE MEDICAL BOARD OF CALIFORNIA				
10	DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA				
11					
12	In the Matter of the Accusation Against:	Case No. 800-2020-068915			
13	HYDER HUSAIN ARASTU, M.D.	OAH No. 2021040504			
14	112 Cardinal Dr. Greenville NC 27858	STIPULATED SETTLEMENT AND			
15	Greenvine No 27030	DISCIPLINARY ORDER			
16	Physician's and Surgeon's Certificate No. A 42456				
17	Respondent.				
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19					
20	IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-				
21	entitled proceedings that the following matters are true:				
22	<u>PARTIES</u>				
23	1. William Prasifka (Complainant) is the Executive Director of the Medical Board of				
24	California (Board). He brought this action solely in his official capacity and is represented in this				
25	matter by Rob Bonta, Attorney General of the State of California, by Hamsa M. Murthy, Deputy				
26	Attorney General.				
27	2. Respondent Hyder Husain Arastu, M.D. (Respondent) is represented in this				
28	proceeding by attorney Michael A. Dubin, whose business address is: 275 Battery Street, Suite				
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2000, San Francisco, CA 94111. On or about February 3, 1986, the Board issued Physician's and Surgeon's Certificate No. A 42456 to Hyder Husain Arastu, M.D. (Respondent). The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2020-68915, and will expire on January 31, 2022, unless renewed.

JURISDICTION

- 3. Accusation No. 800-2020-68915 was filed before the Board, and is currently pending against Respondent. The Accusation and all other statutorily required documents were properly served on Respondent on October 29, 2020. Respondent timely filed his Notice of Defense contesting the Accusation.
- 4. A copy of Accusation No. 800-2020-68915 is attached as Exhibit A and incorporated herein by reference.

ADVISEMENT AND WAIVERS

- 5. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in Accusation No. 800-2020-68915. Respondent has also carefully read, fully discussed with his counsel, and understands the effects of this Stipulated Settlement and Disciplinary Order.
- 6. Respondent is fully aware of his legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to confront and cross-examine the witnesses against him; the right to present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.
- 7. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

CULPABILITY

8. Respondent admits the truth of each and every charge and allegation in Accusation No. 800-2020-68915.

9. Respondent agrees that his Physician's and Surgeon's Certificate is subject to discipline and he agrees to be bound by the Board's probationary terms as set forth in the Disciplinary Order below.

CONTINGENCY

- 10. This stipulation shall be subject to approval by the Medical Board of California. Respondent understands and agrees that counsel for Complainant and the staff of the Medical Board of California may communicate directly with the Board regarding this stipulation and settlement, without notice to or participation by Respondent or his counsel. By signing the stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.
- 11. Respondent agrees that if he ever petitions for early termination or modification of probation, or if an accusation and/or petition to revoke probation is filed against him before the Board, all of the charges and allegations contained in Accusation No. 800-2020-68915 shall be deemed true, correct and fully admitted by respondent for purposes of any such proceeding or any other licensing proceeding involving Respondent in the State of California.
- 12. The parties understand and agree that Portable Document Format (PDF) and facsimile copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile signatures thereto, shall have the same force and effect as the originals.
- 13. In consideration of the foregoing admissions and stipulations, the parties agree that the Board may, without further notice or opportunity to be heard by the Respondent, issue and enter the following Disciplinary Order:

DISCIPLINARY ORDER

IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A 42456 issued to Respondent HYDER HUSAIN ARASTU, M.D. is revoked. However, the revocation is stayed

and Respondent is placed on probation for three (3) years on the following terms and conditions:

1. PRESCRIBING PRACTICES COURSE. Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a course in prescribing practices approved in advance by the Board or its designee. Respondent shall provide the approved course provider with any information and documents that the approved course provider may deem pertinent. Respondent shall participate in and successfully complete the classroom component of the course not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully complete any other component of the course within one (1) year of enrollment. The prescribing practices course shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A prescribing practices course taken after the acts that gave rise to the charges in the Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the course would have been approved by the Board or its designee had the course been taken after the effective date of this Decision.

Respondent shall submit a certification of successful completion to the Board or its designee not later than 15 calendar days after successfully completing the course, or not later than 15 calendar days after the effective date of the Decision, whichever is later.

2. <u>MEDICAL RECORD KEEPING COURSE</u>. Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a course in medical record keeping approved in advance by the Board or its designee. Respondent shall provide the approved course provider with any information and documents that the approved course provider may deem pertinent. Respondent shall participate in and successfully complete the classroom component of the course not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully complete any other component of the course within one (1) year of enrollment. The medical record keeping course shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A medical record keeping course taken after the acts that gave rise to the charges in the

Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the course would have been approved by the Board or its designee had the course been taken after the effective date of this Decision.

Respondent shall submit a certification of successful completion to the Board or its designee not later than 15 calendar days after successfully completing the course, or not later than 15 calendar days after the effective date of the Decision, whichever is later.

3. PROFESSIONALISM PROGRAM (ETHICS COURSE). Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a professionalism program, that meets the requirements of Title 16, California Code of Regulations (CCR) section 1358.1. Respondent shall participate in and successfully complete that program. Respondent shall provide any information and documents that the program may deem pertinent. Respondent shall successfully complete the classroom component of the program not later than six (6) months after Respondent's initial enrollment, and the longitudinal component of the program not later than the time specified by the program, but no later than one (1) year after attending the classroom component. The professionalism program shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A professionalism program taken after the acts that gave rise to the charges in the Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the program would have been approved by the Board or its designee had the program been taken after the effective date of this Decision.

Respondent shall submit a certification of successful completion to the Board or its designee not later than 15 calendar days after successfully completing the program or not later than 15 calendar days after the effective date of the Decision, whichever is later.

4. <u>NOTIFICATION</u>. Within seven (7) days of the effective date of this Decision, the Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the Chief Executive Officer at every hospital where privileges or membership are extended to

Respondent, at any other facility where Respondent engages in the practice of medicine, including all physician and locum tenens registries or other similar agencies, and to the Chief Executive Officer at every insurance carrier which extends malpractice insurance coverage to Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15 calendar days.

This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

5. <u>SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE</u>

<u>NURSES</u>. During probation, Respondent is prohibited from supervising physician assistants and advanced practice nurses.

- 6. <u>OBEY ALL LAWS</u>. Respondent shall obey all federal, state and local laws, all rules governing the practice of medicine in California and remain in full compliance with any court ordered criminal probation, payments, and other orders.
- 7. <u>QUARTERLY DECLARATIONS</u>. Respondent shall submit quarterly declarations under penalty of perjury on forms provided by the Board, stating whether there has been compliance with all the conditions of probation.

Respondent shall submit quarterly declarations not later than 10 calendar days after the end of the preceding quarter.

8. <u>GENERAL PROBATION REQUIREMENTS.</u>

Compliance with Probation Unit

Respondent shall comply with the Board's probation unit.

Address Changes

Respondent shall, at all times, keep the Board informed of Respondent's business and residence addresses, email address (if available), and telephone number. Changes of such addresses shall be immediately communicated in writing to the Board or its designee. Under no circumstances shall a post office box serve as an address of record, except as allowed by Business and Professions Code section 2021, subdivision (b).

Place of Practice

Respondent shall not engage in the practice of medicine in Respondent's or patient's place

of residence, unless the patient resides in a skilled nursing facility or other similar licensed facility.

License Renewal

Respondent shall maintain a current and renewed California physician's and surgeon's license.

Travel or Residence Outside California

Respondent shall immediately inform the Board or its designee, in writing, of travel to any areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty (30) calendar days.

In the event Respondent should leave the State of California to reside or to practice ,Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of departure and return.

- 9. <u>INTERVIEW WITH THE BOARD OR ITS DESIGNEE</u>. Respondent shall be available in person upon request for interviews either at Respondent's place of business or at the probation unit office, with or without prior notice throughout the term of probation.
- 10. NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or its designee in writing within 15 calendar days of any periods of non-practice lasting more than 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is defined as any period of time Respondent is not practicing medicine as defined in Business and Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct patient care, clinical activity or teaching, or other activity as approved by the Board. If Respondent resides in California and is considered to be in non-practice, Respondent shall comply with all terms and conditions of probation. All time spent in an intensive training program which has been approved by the Board or its designee shall not be considered non-practice and does not relieve Respondent from complying with all the terms and conditions of probation. Practicing medicine in another state of the United States or Federal jurisdiction while on probation with the medical licensing authority of that state or jurisdiction shall not be considered non-practice. A Board-ordered suspension of practice shall not be considered as a

period of non-practice.

In the event Respondent's period of non-practice while on probation exceeds 18 calendar months, Respondent shall successfully complete the Federation of State Medical Boards's Special Purpose Examination, or, at the Board's discretion, a clinical competence assessment program that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine. Respondent's period of non-practice while on probation shall not exceed two (2) years. Periods of non-practice will not apply to the reduction of the probationary term. Periods of non-practice for a Respondent residing outside of California will relieve Respondent of the responsibility to comply with the probationary terms and conditions with the exception of this condition and the following terms and conditions of probation: Obey All Laws; General Probation Requirements; Quarterly Declarations.

- 11. <u>COMPLETION OF PROBATION</u>. Respondent shall comply with all financial obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the completion of probation. Upon successful completion of probation, Respondent's certificate shall be fully restored.
- 12. <u>VIOLATION OF PROBATION</u>. Failure to fully comply with any term or condition of probation is a violation of probation. If Respondent violates probation in any respect, the Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke Probation, or an Interim Suspension Order is filed against Respondent during probation, the Board shall have continuing jurisdiction until the matter is final, and the period of probation shall be extended until the matter is final.
- 13. <u>LICENSE SURRENDER</u>. Following the effective date of this Decision, if Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy the terms and conditions of probation, Respondent may request to surrender his license. The Board reserves the right to evaluate Respondent's request and to exercise its discretion in determining whether or not to grant the request, or to take any other action deemed appropriate and reasonable under the

circumstances. Upon formal acceptance of the surrender, Respondent shall within 15 calendar days deliver Respondent's wallet and wall certificate to the Board or its designee and Respondent shall no longer practice medicine. Respondent will no longer be subject to the terms and conditions of probation. If Respondent re-applies for a medical license, the application shall be treated as a petition for reinstatement of a revoked certificate.

- 14. <u>PROBATION MONITORING COSTS</u>. Respondent shall pay the costs associated with probation monitoring each and every year of probation, as designated by the Board, which may be adjusted on an annual basis. Such costs shall be payable to the Medical Board of California and delivered to the Board or its designee no later than January 31 of each calendar year.
- 15. <u>FUTURE ADMISSIONS CLAUSE</u>. If Respondent should ever apply or reapply for a new license or certification, or petition for reinstatement of a license, by any other health care licensing action agency in the State of California, all of the charges and allegations contained in Accusation No. 800-2020-68915 shall be deemed to be true, correct, and admitted by Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or restrict license.

ACCEPTANCE I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully discussed it with my attorney. I understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order of the Medical Board of California. DATED: October 1, 2021 HYDER HUSAIN ARASTU, M.D. Respondent I have read and fully discussed with Respondent Hyder Husain Arastu, M.D. the terms and conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order. 12 I approve its form and content. 13 DATED: October 1, 2021 14 Attorney for Respondent 15 **ENDORSEMENT** 16 The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully 17 submitted for consideration by the Medical Board of California. 18 19 Respectfully submitted, DATED: 10-6-21 20 **ROB BONTA** Attorney General of California 21 MARY CAIN-SIMON Supervising Deputy Attorney General 22 23 24 HAMSA M. MURTHY Deputy Attorney General 25 Attorneys for Complainant

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Exhibit A

1	XAVIER BECERRA				
2	Attorney General of California MARY CAIN-SIMON Supervising Deputy Attorney General HAMSA M. MURTHY Deputy Attorney General				
3					
4	State Bar No. 274745 455 Golden Gate Avenue, Suite 11000	·			
5	San Francisco, CA 94102-7004 Telephone: (415) 510-3495				
6	Facsimile: (415) 703-5480 E-mail: Hamsa.Murthy@doj.ca.gov				
7	Attorneys for Complainant				
8	BEFOR	E THE			
9	MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS				
10	STATE OF CALIFORNIA				
11					
12	In the Matter of the Accusation Against:	Case No. 800-2020-068915			
13	Hyder Husain Arastu, M.D.	ACCUSATION			
14	112 Cardinal Dr. Greenville, NC 27858				
15	Physician's and Surgeon's Certificate				
16	No. A 42456,				
17	Respondent.	·			
18					
19					
20	PARTIES				
2122	1. William Prasifka (Complainant) brings this Accusation solely in his official capacity				
23	as the Executive Director of the Medical Board of California, Department of Consumer Affairs				
24	(Board).	and Samasan's Contificate			
25	2. On or about February 3, 1986, the Board issued Physician's and Surgeon's Certificate				
26	Number A 42456 to Hyder Husain Arastu, M.D. (Respondent). The Physician's and Surgeon's				
27	Certificate was in full force and effect at all times relevant to the charges brought herein and will				
28	expire on January 31, 2022, unless renewed.				
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IN THE MATTER OF THE ACCUSATION AGAINST: HYDER ARASTU, M.D. (Case No. 800-2020-068915)

- 3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.
- 4. Section 2227 of the Code provides that a licensee who is found guilty under the Medical Practice Act may have his or her license revoked, suspended for a period not to exceed one year, placed on probation and required to pay the costs of probation monitoring, or such other action taken in relation to discipline as the Board deems proper.
- 5. Section 2234 of the Code provides that the Board shall take action against any licensee who is charged with "unprofessional conduct," which includes but is not limited to, "[v]iolating... any provision of this chapter."
- 6. Section 2305 of the Code provides, in pertinent part, that the revocation, suspension, or other discipline, restriction, or limitation imposed by another state upon a license to practice medicine issued by that state, or the revocation, suspension, or restriction of the authority to practice medicine by any agency of the federal government, that would have been grounds for discipline in California, shall constitute grounds for disciplinary action for unprofessional conduct.

7. Section 141 of the Code provides:

- (a) For any licensee holding a license issued by a board under the jurisdiction of the department, a disciplinary action taken by another state, by any agency of the federal government, or by another country for any act substantially related to the practice regulated by the California license, may be a ground for disciplinary action by the respective state licensing board. A certified copy of the record of the disciplinary action taken against the licensee by another state, an agency of the federal government, or another country shall be conclusive evidence of the events related therein.
- (b) Nothing in this section shall preclude a board from applying a specific statutory provision in the licensing act administered by that board that provides for discipline based upon a disciplinary action taken against the licensee by another state, an agency of the federal government, or another country.

(Discipline, Restriction, or Limitation Imposed by Another State)

- 8. On June 2, 2020, the North Carolina Medical Board (North Carolina Board) entered a Consent Order against Respondent (attached herewith as Exhibit A). The North Carolina Board found that between 2013 and 2017, Respondent wrote and authorized twenty-two prescriptions for controlled substances for his colleague and his colleague's family, even though he did not have an established physician/patient relationship with any of these individuals. (Exhibit A at p. 2 of 6.) Respondent also did not properly document any of the above-referenced prescriptions. (*Ibid.*) Respondent acknowledged that his conduct constituted unprofessional conduct in North Carolina. (Exhibit A at p. 3 of 6.) The North Carolina Board suspended Respondent's license to practice medicine in North Carolina for one year, beginning on November 17, 2019, and it immediately stayed the suspension. (*Id.* at p. 4 of 6.) The North Carolina Board ordered that Respondent obey all rules and regulations involving the practice of medicine in that state, and also that Respondent meet with members of the North Carolina Board for investigative interviews as requested, among other conditions. (*Ibid.*)
- 9. Respondent's alleged conduct with respect to his prescribing of controlled substances, and the subsequent actions of the North Carolina Board, as set forth in paragraph 8, above, and Exhibits A, constitute cause for discipline in California, pursuant to section 2234 and/or section 2305 and/or section 141, subdivision (a) of the Code.

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PRAYER

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

- Revoking or suspending Physician's and Surgeon's Certificate Number A 42456, issued to Hyder Husain Arastu, M.D.;
- Revoking, suspending or denying approval of Hyder Husain Arastu, M.D.'s authority to supervise physician assistants and advanced practice nurses;
- Ordering Hyder Husain Arastu, M.D., if placed on probation, to pay the Board the costs of probation monitoring; and
 - Taking such other and further action as deemed necessary and proper.

OCT 29 2020

DATED:

Executive Director Medical Board of California Department of Consumer Affairs State of California

Complainant

Exhibit A



North Carolina Medical Board

Bryant A. Murphy, MO: President | Venkala Johnalagadda, MD: President-Elect | John W. Rusher, MD: Secretary/Treasurer

Re: Hyder Husain Arastu, M.D.

The attached six (6) pages are certified to be a true copy of Dr. Arastu's official record of the North Carolina Medical Board kept under my custody and control.

This the 20th day of July 2020.

R. David Henderson

R. David Henderson Chief Executive Officer

SEAL

BEFORE THE NORTH CAROLINA MEDICAL BOARD

In re:)	
)	
Hyder Husain Arastu, M.D.,) CONS	ENT ORDER
•)	
Respondent.)	

This matter is before the North Carolina Medical Board ("Board") regarding information provided to the Board concerning Hyder Husain Arastu, M.D. ("Dr. Arastu"). Dr. Arastu makes the following admissions and the Board makes the following findings and conclusions:

STATUTORY AUTHORITY

The Board is a body duly organized under the laws of North Carolina and is the proper party to bring this proceeding under the authority granted to it in Article 1 of Chapter 90 of the North Carolina General Statutes and the rules and regulations promulgated thereto.

FINDINGS OF FACT

Dr. Arastu was first issued a license to practice medicine by the Board on or about June 26, 1996, license number 9600808.

At all times relevant hereto, Dr. Arastu practiced radiation oncology in Greenville, North Carolina.

In March 2017, the Board received information from law enforcement that Dr. Arastu had prescribed controlled substances

to a colleague and the colleague's spouse without a documented medical reason.

During the course of the Board's investigation, it was revealed that Dr. Arastu wrote twenty-two (22) prescriptions for controlled substances to his colleague and his colleague's family members from January 2013 to January 2017. During that same time, Dr. Arastu also prescribed multiple non-controlled substances to his colleague and his colleague's spouse.

Dr. Arastu admitted to the Board that he had authorized the prescriptions for his colleague. Dr. Arastu also admitted that he did not have an established physician/patient relationship with the colleague or the colleague's family members and did not prepare any documentation or medical charting for any of the prescriptions.

Dr. Arastu has completed seven (7) hours of continuing medical education on prescribing and a three-day intensive course on controlled substance prescribing from June 10, 2019, to June 12, 2019.

At the request of the Board, Dr. Arastu completed the Professional/Problem-Based Ethics (ProBE) course, an education course offered by the Center for Personalized Education for Professionals on November 17, 2019.

CONCLUSIONS OF LAW

Dr. Arastu acknowledges that his conduct, as described above, constitutes unprofessional conduct, including, but not limited to, a departure from, or the failure to conform to, the standards of acceptable and prevailing medical practice, or the ethics of the medical profession, within the meaning of N.C. Gen. Stat. § 90-14(a)(6) which is grounds under that section of the North Carolina General Statutes for the Board to annul, suspend, revoke, condition, or limit Dr. Arastu's license to practice medicine or to deny any application he may make in the future.

PROCEDURAL STIPULATIONS

- Dr. Arastu acknowledges and agrees that the Board has jurisdiction over him and over the subject matter of this case.
- Dr. Arastu knowingly waives his right to any hearing and to any judicial review or appeal in this case.
- Dr. Arastu, with the advice of legal counsel, acknowledges that he has read and understands this Consent Order and enters into it voluntarily.
- Dr. Arastu desires to resolve this matter without the need for more formal proceedings.

The Board has determined that it is in the public interest to resolve this case as set forth below.

ORDER

NOW, THEREFORE, with Dr. Arastu's consent, it is ORDERED that:

- 1. Dr. Arastu's North Carolina license to practice medicine is hereby SUSPENDED for ONE (1) YEAR. The suspension is hereby STAYED. The suspension is set to run from November 17, 2019, the date of Dr. Arastu's completion of the ProBE course, until November 17, 2020. During the time period this Consent Order shall be in effect, Dr. Arastu shall be authorized to continue to practice medicine in accordance with the terms of his medical license as it existed prior to the entry of this Consent Order.
- 2. Dr. Arastu shall obey all laws. Likewise, he shall obey all rules and regulations involving the practice of medicine.
- 3. Dr. Arastu shall meet with the Board or members of the Board for an investigative interview at such times as requested by the Board.
- 4. Upon request, Dr. Arastu shall provide the Board with any information the Board deems necessary to verify compliance with the terms and conditions of this Consent Order.
- 5. If Dr. Arastu fails to comply with any of the terms of this Consent Order, that failure shall constitute unprofessional conduct within the meaning of N.C. Gen. Stat. § 90-14(a)(6) and shall be grounds, after any required notice and hearing, for the Board to annul, suspend, or revoke his license to practice medicine

and to deny any application he might make in the future or then have pending for a license to practice medicine.

- 6. This Consent Order shall take effect immediately upon its execution by both Dr. Arastu and the Board, and it shall continue in effect until specifically ordered otherwise by the Board.
- 7. Dr. Arastu hereby waives any requirement under any law or rule that this Consent Order be served on him.
- 8. Upon execution by Dr. Arastu and the Board, this Consent
 Order shall become a public record within the meaning of Chapter
 132 of the North Carolina General Statutes and shall be subject to
 public inspection and dissemination pursuant to the provisions
 thereof. Additionally, it will be reported to persons, entities,
 agencies, and clearinghouses as required and permitted by law
 including, but not limited to, the Federation of State Medical
 Boards and the National Practitioner Data Bank.

By Order of the North Carolina Medical Board this the 2nd day of June, 2020.

NORTH CAROLINA MEDICAL BOARD

rm

By:

Bryant A. Murphy, M.D.

President

Consented to this the 29^{th} day of MAY	, 2020.
Nag-	
Hyder Husain Arastu, M.D.	·
Alex J. Hagan	•
Counsel for Hyder Husain Arastu, M.D.	
6/1/2020 Date /	