

**BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA**

In the Matter of the Accusation Against:

Alex Eugene Torres, M.D.

Physician's and Surgeon's  
Certificate No. A 48298

Respondent.

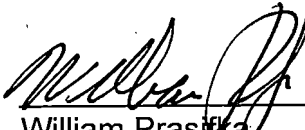
MBC File # 800-2017-036331

**ORDER CORRECTING NUNC PRO TUNC  
CLERICAL ERROR IN "LICENSE NUMBER" PORTION OF DECISION**

On its own motion, the Medical Board of California (hereafter "Board") finds that there is a clerical error in the "License Number" portion of the Decision in the above-entitled matter and that such clerical error should be corrected so that the license number will conform to the Board's issued license.

IT IS HEREBY ORDERED that the license number contained on the Decision in the above-entitled matter be and hereby is amended and corrected nunc pro tunc as of the date of entry of the decision to read as "Physician's and Surgeon's Certificate No. A 48298."

March 30, 2021

  
\_\_\_\_\_  
William Prasitka  
Executive Director

BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA

In the Matter of the Accusation Against:

Alex Eugene Torres, M.D.

Physician's and Surgeon's  
Certificate No. A 54498

Respondent.

Case No. 800-2017-036331

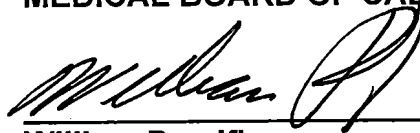
DECISION

The attached Stipulated Surrender of License and Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on March 29, 2021.

IT IS SO ORDERED March 22, 2021.

MEDICAL BOARD OF CALIFORNIA



William Prasifka  
Executive Director

1 XAVIER BECERRA  
Attorney General of California  
2 MATTHEW M. DAVIS  
Supervising Deputy Attorney General  
3 GIOVANNI F. MEJIA  
Deputy Attorney General  
4 State Bar No. 309951  
600 West Broadway, Suite 1800  
5 San Diego, CA 92101  
P.O. Box 85266  
6 San Diego, CA 92186-5266  
Telephone: (619) 738-9072  
7 Facsimile: (619) 645-2061  
8 *Attorneys for Complainant*

9  
10 **BEFORE THE**  
**MEDICAL BOARD OF CALIFORNIA**  
11 **DEPARTMENT OF CONSUMER AFFAIRS**  
**STATE OF CALIFORNIA**  
12

13 In the Matter of the Accusation Against:  
14 **ALEX EUGENE TORRES, M.D.**  
P.O. Box 60067  
15 San Diego, CA 92166-8067,  
16 **Physician's and Surgeon's Certificate**  
No. A 48298,  
17  
18 Respondent.

Case No. 800-2017-036331  
OAH No. 2020030691  
**STIPULATED SURRENDER OF  
LICENSE AND ORDER**

19 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-  
20 entitled proceedings that the following matters are true:

21 **PARTIES**

22 1. William Prasifka (Complainant) is the Executive Director of the Medical Board of  
23 California (Board). This action was previously brought by Christine J. Lally solely in her prior  
24 official capacity as Interim Executive Director of the Board. Complainant is represented in this  
25 matter by Xavier Becerra, Attorney General of the State of California, by Giovanni F. Mejia,  
26 Deputy Attorney General.

27 ///  
28 ///



1 CULPABILITY

2 8. Respondent does not contest that, at an administrative hearing, Complainant could  
3 establish a prima facie case with respect to all of the charges and allegations in Accusation  
4 No. 800-2017-036331. Respondent further agrees that his Physician's and Surgeon's Certificate  
5 No. A 48298 is subject to disciplinary action and hereby surrenders his Physician's and Surgeon's  
6 Certificate No. A 48298 for the Board's formal acceptance.

7 9. Respondent agrees that if he ever petitions for reinstatement of his Physician's and  
8 Surgeon's Certificate No. A 48298, or if an accusation or petition to revoke probation is ever filed  
9 against him before the Board, all of the charges and allegations contained in Accusation  
10 No. 800-2017-036331 shall be deemed true, correct, and fully admitted by Respondent for the  
11 purposes of any such proceeding, or any other licensing proceeding involving Respondent in the  
12 State of California or elsewhere.

13 10. Respondent understands that by signing this stipulation he enables the executive  
14 director of the Board to issue an order, on behalf of the Board, accepting the surrender of his  
15 Physician's and Surgeon's Certificate No. A 48298 without further notice or opportunity to be  
16 heard.

17 CONTINGENCY

18 11. Business and Professions Code section 2224, subdivision (b), provides, in pertinent  
19 part, that the Board "shall delegate to its executive director the authority to adopt a . . . stipulation  
20 for surrender of a license."

21 12. This Stipulated Surrender of License and Order shall be subject to approval by the  
22 executive director on behalf of the Board. The parties agree that this Stipulated Surrender of  
23 License and Order shall be submitted to the executive director for her consideration in the above-  
24 entitled matter and, further, that the executive director shall have a reasonable period of time in  
25 which to consider and act on this Stipulated Surrender of License and Order after receiving it. By  
26 signing this stipulation, Respondent fully understands and agrees that he may not withdraw his  
27 agreement or seek to rescind this stipulation prior to the time the executive director, on behalf of  
28 the Medical Board, considers and acts upon it.



ORDER

IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A 48298, issued to Respondent Alex Eugene Torres, M.D., is surrendered and accepted by the Board.

1. The surrender of Respondent's Physician's and Surgeon's Certificate and the acceptance of the surrendered license by the Board shall constitute the imposition of discipline against Respondent. This stipulation constitutes a record of the discipline and shall become a part of Respondent's license history with the Board.

2. Respondent shall lose all rights and privileges as a physician and surgeon in California as of the effective date of the Board's Decision and Order.

3. Respondent shall cause to be delivered to the Board his pocket license and, if one was issued, his wall certificate on or before the effective date of the Decision and Order.

4. With respect to the action that has been taken herein pursuant to California Business and Professions Code section 822, any future reinstatement of Respondent's Physician's and Surgeon's Certificate shall be governed by the procedures contained in Article 12.5 of Chapter 1 of Division 2 of the California Business and Professions Code. (Bus. & Prof. Code § 823.)

5. If Respondent ever files an application for licensure or a petition for reinstatement in the State of California, the Board shall treat it as a petition for reinstatement. Respondent must comply with all the laws, regulations and procedures for reinstatement of a revoked or surrendered license in effect at the time the petition is filed, and all of the charges and allegations contained in Accusation No. 800-2017-036331 shall be deemed to be true, correct and admitted by Respondent when the Board determines whether to grant or deny the petition.

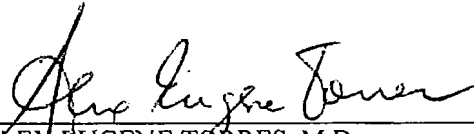
6. If Respondent should ever apply or reapply for a new license or certification, or petition for reinstatement of a license, by any other health care licensing agency in the State of California or elsewhere, all of the charges and allegations contained in Accusation No. 800-2017-036331 shall be deemed to be true, correct, and admitted by Respondent for the purpose of any Statement of Issues or any other proceeding seeking to deny or restrict licensure.

////

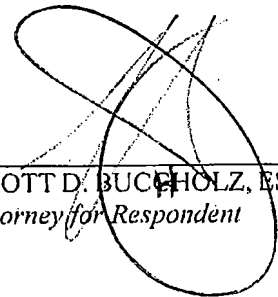
////

1 ACCEPTANCE

2 I have carefully read and fully understand this Stipulated Surrender of License and Order.  
3 I have fully discussed it with my attorneys, Scott D. Buccholz, Esq. or Christopher Freistedt,  
4 Esq., or both, and I fully understand the stipulation and the effect it will have on my Physician's  
5 and Surgeon's Certificate No. A 48298. I enter into this Stipulated Surrender of License and  
6 Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order  
7 of the Medical Board of California.

8  
9 DATED: 03/18/2021   
10 ALEX EUGENE TORRES, M.D.  
11 Respondent

12 I have read and fully discussed with Respondent Alex Eugene Torres, M.D. the terms and  
13 conditions and other matters contained in this Stipulated Surrender of License and Order. I  
14 approve its form and content.

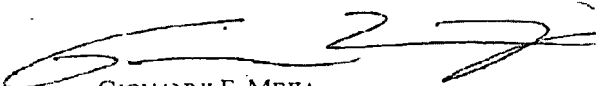
15 DATED: 3/18/2021   
16 SCOTT D. BUCCHOLZ, ESQ.  
17 Attorney for Respondent

18 ENDORSEMENT

19 The foregoing Stipulated Surrender of License and Order is hereby respectfully submitted  
20 for consideration by the Medical Board of California of the Department of Consumer Affairs.

21 DATED: March 18, 2021

22 Respectfully submitted,  
23 XAVIER BECERRA  
24 Attorney General of California  
25 MATTHEW M. DAVIS  
26 Supervising Deputy Attorney General

27   
28 GIOVANNI F. MEJIA  
Deputy Attorney General  
Attorneys for Complainant



**Exhibit A**

**Accusation No. 800-2017-036331**

FILED  
STATE OF CALIFORNIA  
MEDICAL BOARD OF CALIFORNIA  
SACRAMENTO Jan 31 20 20  
BY [Signature] ANALYST

1 XAVIER BECERRA  
Attorney General of California  
2 MATTHEW M. DAVIS  
Supervising Deputy Attorney General  
3 GIOVANNI F. MEJIA  
Deputy Attorney General  
4 State Bar No. 309951  
600 West Broadway, Suite 1800  
5 San Diego, CA 92101  
P.O. Box 85266  
6 San Diego, CA 92186-5266  
Telephone: (619) 738-9072  
7 Facsimile: (619) 645-2061

8 *Attorneys for Complainant*

9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28

BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA

In the Matter of the Accusation Against:

Case No. 800-2017-036331

**Alex Eugene Torrès, M.D.**  
P.O. Box 60067  
San Diego, CA 92166-8067

**A C C U S A T I O N**

**Physician's and Surgeon's Certificate  
No. A 48298,**

Respondent.

**PARTIES**

1. Christine J. Lally (Complainant) brings this Accusation solely in her official capacity as the Interim Executive Director of the Medical Board of California, Department of Consumer Affairs (Board).

2. On or about June 4, 1990, the Medical Board issued Physician's and Surgeon's Certificate Number A 48298 to Alex Eugene Torres, M.D. (Respondent). The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought herein, expired on November 30, 2019, and has not been renewed.

////

////

1 JURISDICTION

2 3. This Accusation is brought before the Board, under the authority of the following  
3 laws. All section references are to the Business and Professions Code (Code) unless otherwise  
4 indicated.

5 4. Section 2227 of the Code states:

6 (a) A licensee whose matter has been heard by an administrative law judge of the  
7 Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or  
8 whose default has been entered, and who is found guilty, or who has entered into a  
9 stipulation for disciplinary action with the board, may, in accordance with the provisions of  
10 this chapter:

11 (1) Have his or her license revoked upon order of the board.

12 (2) Have his or her right to practice suspended for a period not to exceed one year  
13 upon order of the board.

14 (3) Be placed on probation and be required to pay the costs of probation monitoring  
15 upon order of the board.

16 (4) Be publicly reprimanded by the board. The public reprimand may include a  
17 requirement that the licensee complete relevant educational courses approved by the board.

18 (5) Have any other action taken in relation to discipline as part of an order of  
19 probation, as the board or an administrative law judge may deem proper.

20 (b) Any matter heard pursuant to subdivision (a), except for warning letters, medical  
21 review or advisory conferences, professional competency examinations, continuing  
22 education activities, and cost reimbursement associated therewith that are agreed to with the  
23 board and successfully completed by the licensee, or other matters made confidential or  
24 privileged by existing law, is deemed public, and shall be made available to the public by  
25 the board pursuant to Section 803.1.

26 5. Section 118, subdivision (b) of the Code states:

27 The suspension, expiration, or forfeiture by operation of law of a license issued by a  
28 board in the department, or its suspension, forfeiture, or cancellation by order of the board  
or by order of a court of law, or its surrender without the written consent of the board, shall  
not, during any period in which it may be renewed, restored, reissued, or reinstated, deprive  
the board of its authority to institute or continue a disciplinary proceeding against the  
licensee upon any ground provided by law or to enter an order suspending or revoking the  
license or otherwise taking disciplinary action against the licensee on any such ground.

6. Section 2234 of the Code states, in pertinent part:

The board shall take action against any licensee who is charged with unprofessional  
conduct. In addition to other provisions of this article, unprofessional conduct includes, but  
is not limited to, the following:

////

1 (a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the  
2 violation of, or conspiring to violate any provision of this chapter.

3 ...

4 (c) Repeated negligent acts. To be repeated, there must be two or more negligent acts  
5 or omissions. An initial negligent act or omission followed by a separate and distinct  
6 departure from the applicable standard of care shall constitute repeated negligent acts.

7 (1) An initial negligent diagnosis followed by an act or omission medically  
8 appropriate for that negligent diagnosis of the patient shall constitute a single negligent act.

9 (2) When the standard of care requires a change in the diagnosis, act, or omission that  
10 constitutes the negligent act described in paragraph (1), including, but not limited to, a  
11 reevaluation of the diagnosis or a change in treatment, and the licensee's conduct departs  
12 from the applicable standard of care, each departure constitutes a separate and distinct  
13 breach of the standard of care.

14 ....

15 7. Section 2266 of the Code states: The failure of a physician and surgeon to maintain  
16 adequate and accurate records relating to the provision of services to their patients constitutes  
17 unprofessional conduct.

18 8. Unprofessional conduct under Business and Professions Code section 2234 is conduct  
19 that breaches the rules or ethical code of a profession or conduct which is unbecoming a member  
20 in good standing of a profession, and which indicates an unfitness to practice medicine. (*Shea v.*  
21 *Bd. of Medical Examiners* (1978) 81 Cal.App.3d 564, 574-75.)

22 9. Section 822 of the Code states:

23 If a licensing agency determines that its licentiate's ability to practice his or her  
24 profession safely is impaired because the licentiate is mentally ill, or physically ill affecting  
25 competency, the licensing agency may take action by any one of the following methods:

26 (a) Revoking the licentiate's certificate or license.

27 (b) Suspending the licentiate's right to practice.

28 (c) Placing the licentiate on probation.

(d) Taking such other action in relation to the licentiate as the licensing agency in its  
discretion deems proper.

The licensing agency shall not reinstate a revoked or suspended certificate or license  
until it has received competent evidence of the absence or control of the condition which  
caused its action and until it is satisfied that with due regard for the public health and safety  
the person's right to practice his or her profession may be safely reinstated.

////

1 **FIRST CAUSE FOR DISCIPLINE**

2 **(Repeated Negligent Acts)**

3 10. Respondent Alex Eugene Torres, M.D. has subjected his Physician's and Surgeon's  
4 Certificate No. A 48298 to discipline under section 2234, subdivision (c) of the Code in that he  
5 committed repeated negligent acts. The circumstances are as follows:

6 11. In or around 2017 to 2019, Respondent practiced medicine at Urgent Care & More  
7 (UCM), an urgent care clinic in or around San Diego, California.

8 ***Patient A***

9 12. On or about August 28, 2017, "Patient A"<sup>1</sup> presented to Respondent at UCM  
10 complaining of ailments or symptoms including, but not limited to, coughing, wheezing, body  
11 aches and neck pain.

12 13. In the office visit notes for this encounter, Respondent failed to adequately document  
13 the presence or lack of a fever or shortness of breath.

14 14. In the office visit notes for this encounter, Respondent failed to adequately perform  
15 an examination of Patient A's neck, or assess or document details regarding Patient A's  
16 subjective complaint of neck pain.

17 15. In the office visit notes for this encounter, Respondent documented or caused to be  
18 documented text, including misplaced words or punctuation, identical to text that appears in the  
19 medical chart of at least one other UCM patient.

20 16. During the encounter with Patient A on or about August 28, 2017, Respondent failed  
21 to establish or document Patient A's peak flow or oxygen saturation.

22 17. During the encounter with Patient A on or about August 28, 2017, Respondent  
23 ordered an injection of magnesium sulfate for Patient A without adequate medical indication.

24 18. During the encounter with Patient A on or about August 28, 2017, Respondent  
25 prescribed Flovent, a steroid inhaler, to Patient A without adequate medical indication.

26 \_\_\_\_\_  
27 <sup>1</sup> Pseudonyms are used for any patient referenced in the instant Accusation in the interests  
28 of preserving patient confidentiality. All patient identities are known to Respondent or will be  
provided by Complainant upon receipt of a duly issued request for discovery pursuant to  
Government Code section 11507.6.

1 19. During the encounter with Patient A on or about August 28, 2017, Respondent  
2 recommended, without adequate medical indication, that Patient A take vitamin D supplements  
3 for her documented diagnosis of bronchitis.

4 20. During the encounter with Patient A on or about August 28, 2017, Respondent  
5 administered a magnesium sulfate injection to himself in Patient A's presence.

6 21. Respondent committed negligence in his care and treatment of Patient A in that he  
7 failed to properly evaluate and manage Patient A's presenting complaints.

8 *Patient B*

9 22. On or about March 16, 2018, "Patient B" presented to Respondent at UCM  
10 complaining of ailments or symptoms including, but not limited to, fever, sore throat, cough, neck  
11 pain, and headache.

12 23. In the office visit notes for this encounter, Respondent documented a subjective  
13 complaint of neck pain but failed to adequately document a neck examination.

14 24. In the office visit notes for this encounter, Respondent documented or caused to be  
15 documented text, including misplaced words or punctuation, identical to text that appears in the  
16 medical chart of at least one other UCM patient.

17 25. During the encounter with Patient B on or about March 16, 2018, Respondent  
18 prescribed Qvar, an inhaled steroid medication commonly used to control asthma, and  
19 recommended vitamin D supplements to Patient B, both without adequate clinical indication.

20 26. Respondent committed negligence in his care and treatment of Patient B including,  
21 but not limited to, failing to properly evaluate and manage Patient B's upper respiratory  
22 symptoms, or produce and maintain accurate medical records.

23 *Patient C*

24 27. On or about May 19, 2018, "Patient C" presented to Respondent at UCM  
25 complaining of ailments or symptoms including, but not limited to, stomach pain and nausea.

26 28. In the office visit notes for this encounter, Respondent documented a diagnosis of  
27 personality disorder but failed to adequately establish or document a basis for such diagnosis.

28 // // //

1 29. Respondent committed negligence in his care and treatment of Patient C including,  
2 but not limited to, improperly diagnosing her with personality disorder.

3 **SECOND CAUSE FOR DISCIPLINE**

4 **(Failure to Maintain Adequate and Accurate Records)**

5 30. Respondent Alex Eugene Torres, M.D. has further subjected his Physician's and  
6 Surgeon's Certificate No. A 48298 to discipline under section 2234, as defined by section 2266,  
7 of the Code in that he failed to maintain adequate and accurate records relating to the provision of  
8 services to one or more of his patients as more particularly alleged in paragraphs 10 to 29, above,  
9 which are hereby incorporated by reference and realleged as if fully set forth herein.

10 **THIRD CAUSE FOR DISCIPLINE**

11 **(Unprofessional Conduct)**

12 31. Respondent Alex Eugene Torres, M.D. has further subjected his Physician's and  
13 Surgeon's Certificate No. A 48298 to discipline under section 2234 of the Code in that he  
14 engaged in conduct that breaches the rules or ethical code of the medical profession or conduct  
15 that was unbecoming to a member in good standing of the medical profession, and that  
16 demonstrated an unfitness to practice medicine, as more particularly alleged in paragraphs 12  
17 to 21, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

18 **FOURTH CAUSE FOR DISCIPLINE**

19 **(Violation of the Medical Practice Act)**

20 32. Respondent Alex Eugene Torres, M.D. has further subjected his Physician's and  
21 Surgeon's Certificate No. A 48298 to disciplinary action under section 2234, subdivision (a) of  
22 the Code in that he violated or attempted to violate, directly or indirectly, assisted in or abetted  
23 the violation of, or conspiring to violate any provision of the Medical Practice Act as more  
24 particularly alleged in paragraphs 10 to 31, above, which are hereby incorporated by reference  
25 and realleged as if fully set forth herein.

26 / / / /

27 / / / /

28 / / / /

1 CAUSE FOR BOARD ACTION

2 (Impairment)

3 33. Respondent Alex Eugene Torres, M.D.'s Physician's and Surgeon's Certificate  
4 No. A 48298 is further subject to Board action in that his ability to practice medicine safely is  
5 impaired because he is mentally ill, or physically ill, affecting competency. The circumstances are  
6 as follows:

7 34. Paragraphs 11 to 29, above, are hereby incorporated by reference and realleged as if  
8 fully set forth herein.

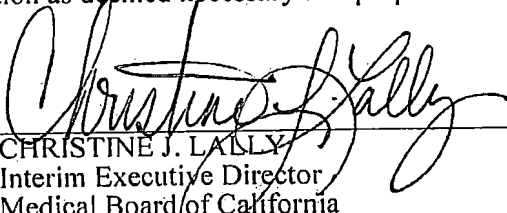
9 35. In or around December 2018, A.A., M.D. (Dr. A.) completed a mental examination of  
10 Respondent based upon information including, but not limited to, statements and documents  
11 obtained by Board investigators, a forensic psychiatric interview of Respondent, psychological  
12 testing, and a mental status examination of Respondent. Dr. A concluded that Respondent's  
13 ability to practice medicine safely is impaired due to mental illness.

14 PRAYER

15 WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,  
16 and that following the hearing, the Medical Board of California issue a decision:

- 17 1. Revoking or suspending Physician's and Surgeon's Certificate Number A 48298,  
18 issued to Respondent Alex Eugene Torres, M.D.;
- 19 2. Revoking, suspending or denying approval of Respondent Alex Eugene Torres,  
20 M.D.'s authority to supervise physician assistants and advanced practice nurses;
- 21 3. Ordering Respondent Alex Eugene Torres, M.D., if placed on probation, to pay the  
22 Board the costs of probation monitoring; and
- 23 4. Taking such other and further action as deemed necessary and proper.

24  
25 DATED: JAN 31 2020

26   
27 CHRISTINE J. LALLY  
28 Interim Executive Director  
Medical Board of California  
Department of Consumer Affairs  
State of California  
Complainant