

BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA

In the Matter of the Accusation
Against

Scott W. Penkoff, M.D.

Physician's and Surgeon's
Certificate No. G47766

Respondent.

Case No. 800-2017-029340

DECISION

The attached Stipulated Surrender of License and Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on

December 31, 2020.

IT IS SO ORDERED September 8, 2020.

MEDICAL BOARD OF CALIFORNIA

By: 
William Prasifka
Executive Director

1 XAVIER BECERRA
Attorney General of California
2 ROBERT MCKIM BELL
Supervising Deputy Attorney General
3 CHRIS LEONG
Deputy Attorney General
4 State Bar No. 141079
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Attorneys for Complainant
8

9 **BEFORE THE**
10 **MEDICAL BOARD OF CALIFORNIA**
11 **DEPARTMENT OF CONSUMER AFFAIRS**
12 **STATE OF CALIFORNIA**

13 In the Matter of the Accusation Against:

Case No. 800-2017-029340

14 SCOTT W. PENKOFF, M.D.

OAH No. 2020010055

15 18300 Yorba Linda Blvd., Ste. 204
16 Yorba Linda, California 92886-4052

**STIPULATED SURRENDER OF
LICENSE AND ORDER**

17 Physician's Surgeon's Certificate G 47766,
18 Respondent.

19
20 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-
21 entitled proceedings that the following matters are true:

22 **PARTIES**

23 1. William Prasifka (Complainant) is the Executive Director of the Medical Board of
24 California (Board). He brought this action solely in his official capacity and is represented in this
25 matter by Xavier Becerra, Attorney General of the State of California, by Chris Leong, Deputy
26 Attorney General.

27 //

28 //

1 CULPABILITY

2 8. Respondent understands that the charges and allegations in Accusation No. 800-2017-
3 029340, if proven at a hearing, constitute cause for imposing discipline upon his Physician's and
4 Surgeon's Certificate.

5 9. For the purpose of resolving the Accusation without the expense and uncertainty of
6 further proceedings, Respondent agrees that, at a hearing, Complainant could establish a factual
7 basis for the charges in the Accusation and that those charges constitute cause for discipline.
8 Respondent hereby gives up his right to contest that cause for discipline exists based on those
9 charges.

10 10. Respondent understands that by signing this stipulation he enables the Board to issue
11 an order accepting the surrender of his Physician's and Surgeon's Certificate without further
12 process.

13 CONTINGENCY

14 11. This stipulation shall be subject to approval by the Board. Respondent understands
15 and agrees that counsel for Complainant and the staff of the Board may communicate directly
16 with the Board regarding this stipulation and surrender, without notice to or participation by
17 Respondent or his counsel. By signing the stipulation, Respondent understands and agrees that he
18 may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board
19 considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order,
20 the Stipulated Surrender and Disciplinary Order shall be of no force or effect, except for this
21 paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not
22 be disqualified from further action by having considered this matter.

23 12. The parties understand and agree that Portable Document Format (PDF) and facsimile
24 copies of this Stipulated Surrender of License and Order, including PDF and facsimile signatures
25 thereto, shall have the same force and effect as the originals.

26 13. In consideration of the foregoing admissions and stipulations, the parties agree that
27 the Board may, without further notice or formal proceeding, issue and enter the following Order:

28 //

1 **ORDER**

2 **IT IS HEREBY ORDERED THAT** Physician's and Surgeon's Certificate No. G 47766,
3 issued to Respondent Scott W. Penkoff, M.D., is surrendered and accepted by the Board.

4 1. The surrender of Respondent's Physician's and Surgeon's Certificate, to be effective
5 on December 31, 2020, and the acceptance of the surrendered license by the Board shall
6 constitute the imposition of discipline against Respondent. This stipulation constitutes a record of
7 the discipline and shall become a part of Respondent's license history with the Board.

8 2. Respondent shall lose all rights and privileges as a Physician and Surgeon in
9 California as of the effective date of the Board's Decision and Order.

10 3. Respondent shall cause to be delivered to the Board his pocket license and, if one was
11 issued, his wall certificate on or before the effective date of the Decision and Order.

12 4. If Respondent ever files an application for licensure or a petition for reinstatement in
13 the State of California, the Board shall treat it as a petition for reinstatement. Respondent must
14 comply with all the laws, regulations and procedures for reinstatement of a revoked or
15 surrendered license in effect at the time the petition is filed, and all of the charges and allegations
16 contained in Accusation No. 800-2017-029340 shall be deemed to be true, correct and admitted
17 by Respondent when the Board determines whether to grant or deny the petition.

18 5. If Respondent should ever apply or reapply for a new license or certification, or
19 petition for reinstatement of a license, by any other health care licensing agency in the State of
20 California, all of the charges and allegations contained in Accusation, No. 800-2017-029340 shall
21 be deemed to be true, correct, and admitted by Respondent for the purpose of any Statement of
22 Issues or any other proceeding seeking to deny or restrict licensure.

23 **ACCEPTANCE**

24 I have carefully read the above Stipulated Surrender of License and Order and have fully
25 discussed it with my attorney Raymond J. McMahon. I understand the stipulation and the effect
26 it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Surrender of
27 License and Order voluntarily, knowingly, and intelligently, and agree to be bound by the
28 Decision and Order of the Medical Board of California.

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DATED: 8 - 16 - 2020 Scott Penkoff
SCOTT W. PENKOFF, M.D.
Respondent

I have read and fully discussed with Respondent Scott W. Penkoff, M.D. the terms and conditions and other matters contained in this Stipulated Surrender of License and Order. I approve its form and content.

DATED: _____
RAYMOND J. MCMAHON
Attorney for Respondent

ENDORSEMENT

The foregoing Stipulated Surrender of License and Order is hereby respectfully submitted for consideration by the Medical Board of California of the Department of Consumer Affairs.

DATED: _____
Respectfully submitted,
XAVIER BECERRA
Attorney General of California
ROBERT MCKIM BELL
Supervising Deputy Attorney General



*Deputy Attorney General
Attorneys for Complainant*

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Stipulated Surrender in Penkoff - SDAG Reviewed docx

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DATED: _____
SCOTT W. PENKOFF, M.D.
Respondent

I have read and fully discussed with Respondent Scott W. Penkoff, M.D. the terms and conditions and other matters contained in this Stipulated Surrender of License and Order. I approve its form and content.

DATED: August 17, 2020 _____
RAYMOND J. MCMAHON
Attorney for Respondent

ENDORSEMENT

The foregoing Stipulated Surrender of License and Order is hereby respectfully submitted for consideration by the Medical Board of California of the Department of Consumer Affairs.

DATED: August 17, 2020

Respectfully submitted,
XAVIER BECERRA
Attorney General of California
ROBERT MCKIM BELL
Supervising Deputy Attorney General

Chris Leong
CHRIS LEONG
Deputy Attorney General
Attorneys for Complainant

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Exhibit A

Accusation No. 800-2017-029340

1 XAVIER BECERRA
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FILED
STATE OF CALIFORNIA
MEDICAL BOARD OF CALIFORNIA
SACRAMENTO *November 27 2019*
BY: Anna Logan **ANALYST**

9
10 **BEFORE THE**
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
11 **STATE OF CALIFORNIA**

12 In the Matter of the Accusation Against:
13 SCOTT W. PENKOFF, M.D.
14 19742 MacArthur Boulevard, Ste. 100
15 Irvine, California 92612
16 Physician's and Surgeon's Certificate G 47766,
17 Respondent.

Case No. 800-2017-029340

ACCUSATION

18
19 **PARTIES**

- 20 1. Christine J. Lally (Complainant) brings this Accusation solely in her official capacity
21 as the Interim Executive Director of the Medical Board of California (Board).
22 2. On June 28, 1982, the Board issued Physician's and Surgeon's Certificate Number
23 G 47766 to Scott W. Penkoff, M.D. (Respondent). That license was in full force and effect at all
24 times relevant to the charges brought herein and will expire on January 31, 2020, unless renewed.

25 **JURISDICTION**

- 26 3. This Accusation is brought before the Board under the authority of the following
27 laws. All section references are to the Business and Professions Code (Code) unless otherwise
28 indicated.

1 departs from the applicable standard of care, each departure constitutes a separate and
2 distinct breach of the standard of care.

3 (d) Incompetence.

4 (e) The commission of any act involving dishonesty or corruption which is
5 substantially related to the qualifications, functions, or duties of a physician and
6 surgeon.

7 (f) Any action or conduct that would have warranted the denial of a certificate.

8 (g) The practice of medicine from this state into another state or country without
9 meeting the legal requirements of that state or country for the practice of medicine.
10 Section 2314 shall not apply to this subdivision. This subdivision shall become
11 operative upon the implementation of the proposed registration program described in
12 Section 2052.5.

13 (h) The repeated failure by a certificate holder, in the absence of good cause, to attend
14 and participate in an interview by the Board. This subdivision shall only apply to a
15 certificate holder who is the subject of an investigation by the Board.

16 6. Section 2004 of the Code states:

17 The Board shall have the responsibility for the following:

18 (a) The enforcement of the disciplinary and criminal provisions of the Medical
19 Practice Act.

20 (b) The administration and hearing of disciplinary actions.

21 (c) Carrying out disciplinary actions appropriate to findings made by a panel or an
22 administrative law judge.

23 (d) Suspending, revoking, or otherwise limiting certificates after the conclusion of
24 disciplinary actions.

25 (e) Reviewing the quality of medical practice carried out by physician and surgeon
26 certificate holders under the jurisdiction of the Board.

27 (f) Approving undergraduate and graduate medical education programs.

28 (g) Approving clinical clerkship and special programs and hospitals for the programs
in subdivision (f).

(h) Issuing licenses and certificates under the Board's jurisdiction.

(i) Administering the Board's continuing medical education program.

7. Section 2266 of the Code states: The failure of a physician and surgeon to maintain
adequate and accurate records relating to the provision of services to their Patients constitutes
unprofessional conduct.

1 DRUGS

2 8. **Norco**, a brand name for hydrocodone with acetaminophen, is a dangerous drug
3 pursuant to Code section 4022. It is a Schedule II controlled substance as designated by Health
4 and Safety Code section 11055, subdivision (b)(1)(I).

5 9. **Soma** is a dangerous drug pursuant to section 4022 of the Code. It is not a controlled
6 substance. Its generic name is Carisprodol and it is used as a skeletal muscle relaxant.

7 10. **Oxycontin** (Oxycodone) is an opioid, i.e., a synthetic narcotic that resembles the
8 naturally occurring opiates. It is a Schedule II controlled substance, as designated by Health and
9 Safety Code section 11055, subdivision (b)(1)(M), and a close relative of morphine, heroin,
10 codeine, fentanyl, and methadone. It is a dangerous drug within the meaning of Code section
11 4022.

12 11. **Hydrocodone/APAP** (Lortab) hydrocodone and acetaminophen. Acetaminophen,
13 often abbreviated as APAP, is a peripherally acting analgesic agent found in many combination
14 products and also available by itself. This combination product is used to treat moderate to
15 moderately severe pain. In the U.S., formulations containing more than 15 mg hydrocodone per
16 dosage unit are considered Schedule II drugs. Those containing less than or equal to 15 mg per
17 dosage unit in combination with acetaminophen or another non-controlled drug are called
18 hydrocodone compounds and are considered Schedule III drugs. Hydrocodone is not available in
19 pure form in the United States due to a separate regulation. Hydrocodone is always sold
20 combined with another drug.

21 12. **Clonazepam (Klonopin)** is a dangerous drug pursuant to section 4022 of the Code.
22 It is a Schedule IV controlled substance, as designated by Health and Safety Code section 11057,
23 subdivision (d)(7). It is used in both the prophylaxis and treatment of various seizure disorders.
24 The dosage of Clonazepam should be carefully and slowly adjusted to meet the needs and
25 requirements of the individual. An initial adult dose, however, should not exceed 1.5 mg daily.
26 Adult maintenance dosage should generally not exceed 20 mg daily.

27 13. **Ultram** is a brand name for Tramadol, an effective pain reliever (analgesic), and is
28 categorized as a dangerous drug under section 4022 of the Code.

1 sleeping and denial of cough or trouble breathing. The examination included normal vital signs
2 other than a pulse of 99, tenderness over her maxillary and frontal sinuses, and normal lung
3 examination. No musculoskeletal examination was performed. Respondent diagnosed insomnia,
4 acute bronchitis, and worsening acute sinusitis. Respondent refilled Ambien CR 12.5 mg one
5 every night, #30 with 2 refills, and Percocet 10-325 #120 with no refills. He advised her to
6 continue the Cipro and to add Mucinex twice a day and to call if she did not improve within 4
7 days.

8 28. On April 2, 2013, Patient 1 was seen by another provider in the practice who refilled
9 Ambien CR and Percocet.

10 29. On September 25, 2013, Respondent received a FAX from Patient 1's insurance
11 company informing him that they were concerned about Patient 1's use of controlled substances
12 and noted she was being prescribed Zolpidem (Ambien), Lorazepam (Ativan),
13 Oxycodone/Acetaminophen (Percocet), and Carisoprodol (Soma) concurrently. There is no
14 record that the Respondent responded to the insurance company's concern regarding the patient's
15 high-risk medication use.

16 30. On October 7, 2013, Patient 1 saw a Physician's Assistant (PA) in the practice and
17 received refills for three months of Clonazepam, Propranolol, and Soma.

18 31. On October 30, 2013, Patient 1 saw another PA in the practice who diagnosed
19 Sinusitis and prescribed Augmentin, as well as prescribed Norco #40 with 1 refill for shoulder
20 pain.

21 32. On February 22, 2014, Respondent saw Patient 1 for medication refills and to
22 complete Department of Motor Vehicle (DMV) paperwork¹. At that time, she had been on Soma,
23 Propranolol, Clonazepam, and was previously prescribed Norco and Percocet. Patient 1 reported
24 increased panic attacks in the previous 6 weeks, for which Clonazepam helped. She was planning
25 to move to Northern California to attend culinary school. It was documented that she was in
26 physical therapy for a right ankle injury and was taking Soma and Hydrocodone for shoulder and

27 ¹ Patient 1 had fainted in 2013 and had restrictions on her license, but because the
28 Respondent's practice was prescribing medications, the DMV requested a form to be filled out by
Respondent.

1 ankle pain. Respondent's ROS noted panic attacks and no anxiety, depression, difficulty
2 sleeping, joint pain, joint swelling, or limitation of motion. Physical examination noted normal
3 vital signs, normal constitutional symptoms, skin, head, face, eyes, respiratory, cardiovascular,
4 and musculoskeletal exams. Of note, the psychiatric, shoulder, and ankle exams were noted as
5 normal.

6 33. On March 3, 2014, Patient 1 saw a Nurse Practitioner (NP) in the practice. The NP
7 diagnosed Bronchopneumonia and prescribed Cipro, Flonase, cough syrup, and refilled Ambien
8 CR.

9 34. On June 25, 2014, Respondent saw Patient 1 again for updates to the DMV
10 paperwork and a right wrist injury. Patient 1 reported injuring her right wrist while playing with
11 her dog two days prior and had been wearing a brace. She reported gastrointestinal upset from
12 the Norco and requested a different medication for pain. She reported that her anxiety attacks
13 were stable, and she denied any lightheadedness or fainting in the past year. The history noted a
14 limited range of motion with pain in her wrist and a bruise on the mid-ulnar area and tenderness
15 at the distal radius. The medication list for that visit included Ambien CR, Clonazepam, Norco,
16 Propranolol, and Soma, and she reported also taking Gabapentin. The examination noted vital
17 signs, a full physical including cardiovascular, respiratory, pupillary, skin, and musculoskeletal
18 examinations. Her wrist was noted to have tenderness to palpation over the wrist, restricted range
19 of motion, and pain at the wrist with motion present. Respondent diagnosed Adjustment
20 Reaction, wrist pain with possible fracture, and Herpes Simplex of the lip. He prescribed
21 Acyclovir tablets, Tramadol 50 mg 1-2 four times a day for pain, #120 with 2 refills, and Norco
22 10-325 one as needed three times a day for pain #40 with no refills. He advised Patient 1 to wear
23 a wrist splint for four weeks and ordered an X-ray, which was performed that day and was
24 normal. There was no record of the DMV form.

25 35. On June 15, 2015, Patient 1 saw a PA in the practice. This was a year after the
26 previous visit. Patient 1 reported a seizure disorder. She was prescribed Gabapentin, Norco #60,
27 Propranolol, and Tramadol #120 with 3 refills. She signed a pain contract at that visit.
28

1 36. On August 31, 2015, Respondent saw Patient 1 for refills of Norco and Adderall. She
2 reported being "bothered by her ADD in the last four months" and wanted to resume Adderall.
3 There were no questions regarding attention, concentration, distractions, or how her Attention
4 Deficit Disorder (ADD) was affecting her function. There is no symptom scale or psychiatric
5 report referred to or on file. There was no mention anywhere in the patient history of neck or back
6 pain. The medication list at that visit included Acyclovir, Clonazepam, Gabapentin, Norco,
7 Propranolol, Soma, and Tramadol. The ROS was negative, including denial of any
8 musculoskeletal pain. The physical examination included respiratory, cardiovascular, and
9 musculoskeletal examinations. Respondent noted normal vital signs and normal constitutional
10 symptoms. Of note, the spine examination was normal, as was the shoulder examination. The
11 Respondent diagnosed back pain, Adjustment reaction, Cervicalgia, and ADD. He prescribed
12 Adderall 20 mg one per day #30, Norco #60, and Soma #90 with two refills. Respondent stopped
13 the Tramadol. There was also a notation that on this visit Respondent handwrote a prescription to
14 be filled on September 29, 2018, and October 25, 2018, for the same prescription of Adderall 20
15 and Norco 10/325. Respondent ordered a drug screen that was performed that day and was
16 positive for amphetamines and benzodiazepines and negative for opiates, including Oxycodone.
17 Respondent advised Patient 1 to return in three months.

18 37. On December 30, 2015, Patient 1 saw a PA in the practice. The PA noted that there
19 was a pain contract on file and that Patient 1 stated she smoked marijuana regularly since age 18.
20 The PA increased the Gabapentin and refilled the Norco, Soma, and Adderall. A drug screen was
21 performed that day and was positive only for marijuana (THC). A CURES report was run that
22 date and signed by the PA.²

23 38. A year later, on December 22, 2016, Respondent saw Patient 1 once again for
24 medication refills of Adderall, Clonazepam, and Soma. The patient reported good control of her
25 symptoms, but no specific symptoms or complaints. A ROS was negative, including no joint
26 pain, muscle pain, and no anxiety, panic, depression, or presence of constitutional symptoms.

27 _____
28 ² Notably, none of the PA records concerning this patient were counter-signed by a
physician.

1 The examination noted normal vital signs and normal examination of her eyes, face, skin,
2 psychiatric, and neurologic examination. No musculoskeletal examination was performed. The
3 Respondent diagnosed back pain, ADD, Adjustment Reaction, and Insomnia. He prescribed
4 Clonazepam 1 mg three per day, #120 with five refills, Soma #60 with 5 refills, and Adderall 20
5 mg #30 with no refills. Patient 1 was advised she could call monthly for refills of her Adderall
6 and advised to follow up in one year.

7 39. The records include no telephone calls, no copies of the DMV reports, or the "pain
8 contract" mentioned by the PA. Respondent ran only one CURES report in July of 2012 before
9 seeing Patient 1. Respondent never noted reviewing or having Patient 1 sign a pain contract. In
10 the subject interview, Respondent denied knowledge that Patient 1 had had a DUI. He did recall
11 receiving a message from Patient 1's sister but did not return the call because she was "not on the
12 HIPAA form." None of the Physician Assistant notes are cosigned by a Physician.

13 40. A review of the CURES report printed on February 1, 2017, confirmed that Patient 1
14 was filling the above medications prescribed by the Respondent, including Soma, Norco,
15 Clonazepam, Percocet, and Ambien.

16 41. On September 6, 2018, Patient 1's sister reported to the Board having communicated
17 to Patient's 1 the Respondent regarding her sister. Patient 1's sister reported episodes of Patient 1
18 seeming "out of sorts" and of finding a bottle of #120 Clonazepam with 6 refills. In addition,
19 Patient 1 had been arrested twice for Driving Under the Influence. Patient's sister called the
20 Respondent to express her concerns about her sister and the medications she was being
21 prescribed, but Respondent never returned her calls.

22 42. On November 15, 2018, Respondent was interviewed by a Health Quality
23 Investigation Unit (HQIU) Investigator. During the interview, Respondent was asked about this
24 visit. In the interview, the Respondent stated the physical examination "came off a template,"
25 adding, "I doubt I listened to her heart and lungs that day, to be honest with you, and probably
26 didn't remove it from the template." Respondent diagnosed Adjustment Reaction and Insomnia
27 and refilled Clonazepam #60, Norco #40, and Soma #90. He advised Patient 1 that she could
28 increase her Clonazepam to three pills per day - one for panic attacks and two at night for sleep.

1 There is no documentation of any discussion with Patient 1 regarding the potential risks and side
2 effects of these medications, especially in combination. There was no record of the DMV form.

3 43. During the November 15, 2018 subject interview referred to in the paragraph above,
4 Respondent was asked about the August 31, 2015 examination:

5 Q: "What page were you reading?"

6 A: That was page 129

7 Q: 129 and what does the – the – was there any objective finding in her exam for the
8 back pain on her – her back – uh – the cervical spine or the lumbar spine?

9 A. No.

10 Q: So mainly, this pain was subjective?

11 A. Well, I didn't do an exam...."

12 **FIRST CAUSE FOR DISCIPLINE**

13 (Dishonesty)

14 44. Respondent is subject to disciplinary action under Code section 2234, subdivision (e),
15 for dishonesty. The facts and circumstances alleged in paragraphs 19 through 43 are incorporated
16 herein as if fully set forth.

17 45. Respondent was dishonest in his practice of medicine as follows: Regarding an
18 August 31, 2015 visit, Respondent documented a complete physical examination in the medical
19 record, including symptoms of back pain. In fact, he did not perform the physical examination.

20 **SECOND CAUSE FOR DISCIPLINE**

21 (Gross Negligence)

22 46. Respondent is subject to disciplinary action under Code section 2234, subdivision (b),
23 in that he was grossly negligent in the care and treatment of Patient 1. The facts and
24 circumstances as alleged in paragraphs 19 through 43, are incorporated as if fully set forth and
25 are also as follows:

26 A. **DOCUMENTATION & MEDICAL RECORDS.** Respondent's documentation of
27 medical records was inadequate and inaccurate as follows:
28

1 (1) Respondent admitted that his records were populated by a preset template and
2 were not accurate.

3 (2) Many of the ROS sections were repeated verbatim from visit to visit.

4 (3) Information in the ROS often contradicted the information in the history.

5 (4) Patient 1 was receiving pain medications, but in the ROS, Patient 1 denied any
6 joint or muscle pain.

7 (5) Respondent documented complete genitourinary and gastrointestinal review of
8 systems. This is doubtful because this was allegedly done during initial visits for mental
9 health conditions.

10 **B. PRESCRIBING OF BENZODIAZEPINES.** Respondent's prescribing of
11 Benzodiazepines constituted gross negligence as follows:

12 (1) Respondent prescribed Patient 1 Clonazepam 1 mg tablets typically #90 to 120 at
13 a time, which is enough for three or four times daily, even though he prescribed this "as
14 needed."

15 (2) Respondent failed to attempt safer alternatives such as Doxepin or Tricyclic
16 Antidepressants for Insomnia, or a Selective Serotonin Reuptake Inhibitor (SSRI) or Buspar
17 for Anxiety.

18 (3) Respondent failed to refer Patient 1 for counseling or cognitive behavioral
19 therapy or to a psychiatrist for Anxiety or panic disorders.

20 (4) Respondent failed to question Patient 1 about alcohol use or advise her to avoid
21 driving, even though he knew that she had issues with the Department of Motor Vehicles
22 (DMV).

23 (5) Respondent provided Patient 1 prescriptions and refills enough for one year and
24 did not perform adequate follow-up monitoring.

25 (6) Respondent failed to discuss or to document the risk of taking the medications,
26 including opiates and Soma.

27 ///

28

1 (7) Respondent failed to monitor Patient 1's medications appropriately. During the
2 span of his care of Patient 1, he requested only one Controlled Substance Utilization
3 Review and Evaluation System (CURES) Report.

4 (8) Respondent prescribed chronic high-dose Benzodiazepine in combination with
5 other high-risk medications under comorbid conditions, without adequate justification.

6 **C. DIAGNOSIS & TREATMENT OF ATTENTION DEFICIT DISORDER.**

7 Respondent's diagnosis and treatment of ADD constituted gross negligence as follows:

8 (1) On August 31, 2015, Respondent prescribed an ADD medication, Adderall, to
9 Patient 1 even though she never had a psychiatric evaluation.

10 (2) Respondent failed to perform evaluations to confirm the diagnosis of ADD. He
11 failed to question her or do a specific evaluation of her symptoms. He failed to complete
12 symptom report scales and failed to refer Patient 1 for an appropriate professional
13 evaluation.

14 (3) Respondent failed to offer alternatives or counsel Patient 1 regarding the risk of
15 the medication. Safer alternatives such as counseling, or other drugs such as Strattera or
16 Wellbutrin were not offered.

17 (4) Respondent failed to assess Patient 1 for her response to the medication.
18 Respondent failed to monitor Patient 1 to see if the medication he prescribed improved her
19 symptoms.

20 **THIRD CAUSE FOR DISCIPLINE**

21 (Repeated Acts of Negligence)

22 47. Respondent is subject to disciplinary action under Code section 2234, subdivision (c),
23 in that he was repeatedly negligent in the care and treatment of Patient 1. The facts and
24 circumstances as alleged in paragraphs 19 through 43, are incorporated as if fully set forth and are
25 also as follows:

26 **A. PRESCRIBING CHRONIC OPIATES.** Respondent's prescribing of opiates
27 constituted repeated acts of negligence as follows:
28

1 (1) Respondent failed to discuss and document the risk of taking the medications,
2 especially in combination with other high-risk medications, and failed to obtain a signed
3 pain management contract regarding prescribing opiates, including Percocet.

4 (2) Respondent failed to attempt to prescribe safer non-narcotic alternatives, such as
5 a Nonsteroidal Anti-Inflammatory Drug (NSAID), when he prescribed Norco to Patient 1 in
6 February 2014.

7 (3) Respondent prescribed opiates in excessive quantities. The prescribing of
8 opiates continued even though the examination findings of Patient 1 were normal.

9 (4) Respondent's prescribing of daily narcotics, including opiates, continued through
10 January 2013 without discussion or reevaluation of the shoulder pain. Respondent failed to
11 perform a musculoskeletal examination.

12 (5) In February 2014, Respondent began prescribing Patient 1 Norco, even though
13 she reported being intolerant to this medication. There was no clear medical indication for
14 this prescribing, and there was no clear diagnosis.

15 (6) Respondent failed to monitor Patient 1's medications appropriately. He only
16 requested one Controlled Substance Utilization Review and Evaluation System (CURES)
17 Report, and that was prior to the patient's first visit.

18 (7) Respondent failed to screen Patient 1 for Opiate Dependence disorder.
19 Respondent failed to respond to Patient 1's insurance company's concern regarding her
20 high-risk medication use.

21 (8) Respondent performed only one urine drug screening over several years of
22 treatment, and it was negative for opiates. Yet, Patient 1 reported taking the opiates, and
23 Respondent refilled the Norco for three months without addressing the negative toxicology
24 finding.

25 **B. TREATMENT OF SHOULDER PAIN.** Respondent's failure to evaluate and treat
26 Patient 1's shoulder pain properly constitutes negligence as follows:

1 (1) Respondent diagnosed Patient 1 with subluxation³ of the shoulder even though
2 the examination findings were not consistent with this diagnosis, and Patient 1 had no
3 evidence of shoulder subluxation on the X-ray performed in the emergency room.

4 (2) Respondent failed to examine or evaluate Patient 1's musculoskeletal complaints
5 adequately or to achieve a definitive diagnosis, yet he continued to prescribe pain
6 medications.

7 **C. PRESCRIBING SOMA FOR MUSCLE SPASMS.** Respondent's prescribing of
8 Soma for muscle spasms constitutes negligence as follows:

9 (1) Respondent prescribed Soma to Patient 1 with no clear medical indication.
10 Patient 1 did not mention spasms, and Respondent did not note any muscle spasms in his
11 medical notes regarding Patient's 1 examinations.

12 (2) Respondent failed to document or advise Patient 1 of the risk of taking Soma,
13 especially in combination with high-dose opiates. There was no medical indication to
14 prescribe Soma long-term.

15 **D. TREATMENT OF INSOMNIA AND ANXIETY.** Respondent's treatment of
16 Patient 1's insomnia and anxiety constitutes negligence as follows:

17 (1) Respondent prescribed Patient 1 Clonazepam for insomnia for at least five (5)
18 years and never offered or considered any safer medication alternatives such as Trazodone,
19 Doxepin, nor did Respondent suggest cognitive behavioral therapy.

20 (2) Respondent failed to offer treatment for anxiety such as SSRI's or Buspar and, as
21 previously stated never referred Patient 1 to counseling.

22 (3) Respondent failed to document or advise Patient 1 of the risk of taking
23 Clonazepam, especially in combination with high-dose opiates, such as Soma, and while
24 using alcohol and marijuana.

25 (4) Respondent prescribed stimulants to Patient 1, which is known to cause insomnia.

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28 ³ Incomplete or partial dislocation.

1 **FOURTH CAUSE FOR DISCIPLINE**

2 (Incompetence)

3 48. Respondent is subject to disciplinary action under Code section 2234, subdivision (d),
4 in that he was incompetent in the care and treatment of Patient 1. The facts and circumstances as
5 alleged in paragraphs 19 through 24, are incorporated as if fully set forth, and are also as follows:

6 A **FAILURE TO RECOGNIZE SUBSTANCE ABUSE**. Respondent's failure to
7 recognize Patient 1's substance abuse constitutes incompetence and a lack of knowledge.

8 B. **PRESCRIBING CONTROLLED SUBSTANCES**. Respondent prescribed high-
9 risk controlled substances, as described above, but failed to evaluate and monitor Patient 1
10 properly. Respondent failed to recognize "red flags" for abuse and misuse and allowed
11 Patient 1 to take four different classes of controlled substances (opiates, benzodiazepines,
12 muscle relaxers, and stimulants). This occurred in the context of a patient who was young,
13 who had a history of substance abuse, had issues with alcohol with at least one DUI arrest,
14 and who exhibited signs and symptoms of substance abuse.

15 C. **FAILURE TO RESPOND**. Respondent failed to respond to Patient 1's family and
16 failed to listen to or to obtain information from family members even though he was aware
17 that they called him. Respondent also failed to respond to Patient 1's insurance company,
18 who expressed concerns about Patient 1's medication use. Respondent failed to consider
19 that Patient 1 had dependence disorders.

20 D. **EVALUATION AND TREATMENT OF SHOULDER PAIN**. Respondent's
21 failure to evaluate and treat shoulder pain properly constitutes negligence as follows:

22 (1) Respondent diagnosed Patient 1 with subluxation of the shoulder even though the
23 examination findings were not consistent with this, and Patient 1 had no evidence of
24 shoulder subluxation on the x-ray performed in the emergency room.

25 (2) Respondent failed to examine or evaluate Patient 1's musculoskeletal complaints
26 adequately or to achieve a definitive diagnosis, yet he continued to prescribe pain
27 medications.
28

1 E. **PRESCRIBING SOMA FOR MUSCLE SPASM.** Respondent's prescribing of
2 Soma for muscle spasms, constitutes negligence as follows:

3 (1) Respondent prescribed Soma to Patient 1 with no clear medical indication.
4 Patient 1 did not mention spasms and Respondent did not note any muscle spasms in the
5 medical notes regarding Patient 1's examinations.

6 (2) Respondent failed to document or advise Patient 1 of the risk of taking Soma,
7 especially in combination with high-dose opiates. There was no medical indication to
8 prescribe Soma long-term.

9 F. **TREATMENT OF INSOMNIA AND ANXIETY.** Respondent's treatment of
10 Patient 1's insomnia and anxiety constitutes negligence as follows:

11 (1) Respondent prescribed Patient 1 Clonazepam for insomnia for at least five (5)
12 years yet never offered nor considered any safer medication alternatives such as Trazodone
13 or Doxepin, nor did Respondent suggest cognitive behavioral therapy.

14 (2) Respondent failed to offer treatment for anxiety such as SSRI's or Buspar and
15 never referred Patient 1 to counseling

16 (3) Respondent failed to document or advise Patient 1 of the risk of taking
17 Clonazepam, especially in combination with high-dose opiates such as Soma, or while
18 using alcohol and marijuana.

19 (4) Respondent prescribed stimulants to Patient 1, which is known to cause insomnia.

20 **FIFTH CAUSE FOR DISCIPLINE**

21 (Inadequate and Inaccurate Records)

22 49. Respondent is subject to disciplinary action under Code section 2266, for failure to
23 maintain adequate and accurate medical records. The facts and circumstances as alleged in
24 paragraphs 19 through 24, are incorporated as if fully set forth.

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1 **SIXTH CAUSE FOR DISCIPLINE**

2 (Unprofessional Conduct)

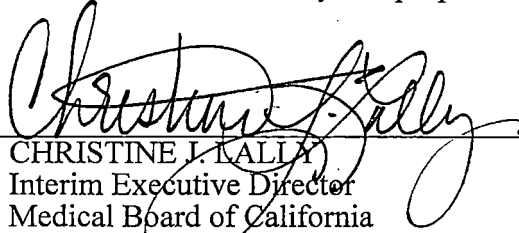
3 50. Respondent is subject to disciplinary action under Code section 2234 for
4 unprofessional conduct. The facts and circumstances, as alleged in paragraphs 19 through 24 are
5 incorporated as if fully set forth.

6 **PRAYER**

7 **WHEREFORE**, Complainant requests that a hearing be held on the matters herein alleged,
8 and that following the hearing, the Medical Board of California issue a decision:

- 9 1. Revoking or suspending Physician's and Surgeon's Certificate Number G 47766,
10 issued to Scott W. Penkoff, M.D.;
- 11 2. Revoking, suspending or denying approval of his authority to supervise physician
12 assistants and advanced practice nurses;
- 13 3. If placed on probation, ordering him to pay the Board the costs of probation
14 monitoring;
- 15 4. Taking such other and further action as deemed necessary and proper.

16
17 DATED: November 27, 2019

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19 CHRISTINE J. LALLY
20 Interim Executive Director
21 Medical Board of California
22 Department of Consumer Affairs
23 State of California

24 *Complainant*

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